

Nebraska Office of Men's Health

Screening Test Checklist

Take this checklist with you to your doctor's office. Write down when you have any of the tests below. Talk to your doctor about your test results and write them down here. Ask when you should have the test next. Write down the month and year. If you think of questions for the doctor, write them down and bring them to your next visit.

Test	Last Test (mo/yr)	Results	Next Year (mo/yr)	Questions for the Doctor
Weight (BMI)				
Cholesterol Total				
HDL (good)				
LDL (bad)				
Blood Pressure				
Colorectal Exam				
Diabetes Screening				
STDs				
HIV				



