

Fully Breastfeeding

Food Packages for Breastfeeding Women

Cheese



Canned salmon or tuna



Part BF Within Range

Whole Grain Bread or Brown Rice or Tortillas



Part BF Out of Range

Eggs



Beans & Peanut Butter



Juice



Milk



Cereal



Fruit & Vegetables



\$11



\$11



\$11

Duration

Up to 1 year postpartum
Largest Package
Longest time!!

Up to 1 year postpartum

Up to 6 months postpartum

Food Packages for Infants – 6 to 11 months old

- Issued beginning the month after the infant turns 6 months

<p>Fully Breastfeeding (Largest Package)</p> 	<p>Part BF - Within Range</p> 	<p>Part BF - Out of Range Or NOT BF</p> 
<p>Only BF (no formula)</p>	<p>BF & minimal formula</p>	<p>BF & formula</p>
<p>Baby Food Meat 31 – 2.5 oz. jars</p> 	<p>Baby Food Meat (NONE)</p>	<p>Baby Food Meat (NONE)</p>
<p>Infant Cereal 3 – 8oz. Infant cereal</p> 	<p>Infant Cereal 3 – 8oz. Infant cereal</p> 	<p>Infant Cereal 3 – 8oz. Infant cereal</p> 
<p>64 – 4 oz. Jars Fruit/Vegetable</p> 	<p>32 – 4 oz. jars Fruit/Vegetable</p> 	<p>32 – 4 oz. jars Fruit/Vegetable</p> 

At 9 months old: option to receive 1/2 of the amount of baby food jars and receive a check for fresh fruits & vegetables instead. (see 9-11 month option)

**Food Packages for Infants – 9 to 11 months Old
With Fresh Fruit and Vegetable (CVV) Option**

- Issued beginning the month after the infant turns 9 months



Fully Breastfeeding (Largest Package)

Only BF (no formula)

CVV \$4 + \$4 += \$8.00



Baby Food Meat



Infant Cereal
3 – 8oz. Infant cereal



Fruit/Vegetable Baby Food
32 – 4 oz. jars
Fruit/Vegetable



Part BF - Within Range

BF & minimal Formula

CVV - \$4.00



Baby Food Meat

NONE

Infant Cereal
3 – 8oz. Infant cereal



Fruit/Vegetable Baby Food
16 – 4 oz. jars
Fruit/Vegetable



Part BF - Out of Range Or NOT BF

BF & formula

CVV - \$4.00



Baby Food Meat

NONE

Infant Cereal
3 – 8oz. Infant cereal



Fruit/Vegetable Baby Food
16 – 4 oz. jars
Fruit/Vegetable

