

**Summary of  
AMERICAN DIABETES ASSOCIATION  
CRITERIA FOR THE DIAGNOSIS OF DIABETES**

1. A1C  $\geq$ 6.5%. the test should be performed in a laboratory using a method that is NGS{ certified and standardized to the DCCT assay. \*

OR

2. FPG  $\geq$ 126 mg/dl (7.0 mmol/l). Fasting is defined as no caloric intake for at least 8 hours. \*

OR

3. Two-hour plasma glucose  $\geq$ 200 mg/dl (11.1 mmol/l) during an OGTT. The test should be performed as described by the World Health Organization, using a glucose load containing the equivalent of 76 g anhydrous glucose dissolved in water. \*

OR

4. In a patient with classic symptoms of hyperglycemia or hyperglycemic crisis, a random plasma glucose  $\geq$ 200 mg/dl (11.1 mmol/l).

\*In the absence of unequivocal hyperglycemia, criteria 1- 3 should be confirmed by repeat testing.

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A consensus statement and algorithm for the initiation and adjustment of therapy can be found in Diabetes Care, Volume 33, Number 1, January 2010, page 193.

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