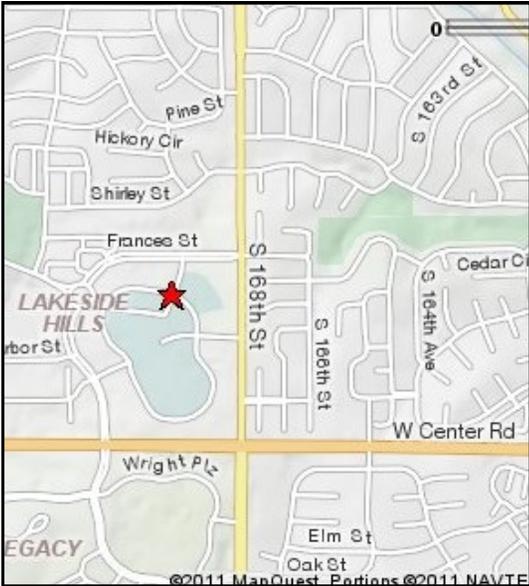


Directions

Alegent Health Lakeside Hospital

16901 Lakeside Hills Ct, Omaha, NE 68130

Enter Lakeside Hospital through the main doors, and go down the stairs. The event will take place in Conference Rooms A & B.



What do you want to Ask the Experts?

Make your notes here and bring this with you to the seminar.

14216 Dayton Circle, Suite 6
Omaha, NE 68137



Worried About Diabetes?

 American Diabetes Association.

Ask the Experts

A Patient Education Program



Tuesday, November 1, 2011

Free of charge

Seating is limited

Brought to you in conjunction with



About the *Event*

Do you ever wish you could have more time with your doctor?

Do you have questions about preventing or managing diabetes?

Join the American Diabetes Association, and Novo Nordisk for a free patient education program giving you the opportunity to interact with medical experts in the field of diabetes.

Bring your questions for our panel of experts and find out how you can better prevent or manage diabetes and live a longer, happier, healthier life.

Don't miss this unique opportunity to reach so many medical experts at one time!

PRE-REGISTRATION is recommended.

Please call 402.571.1101 ext. 6884 to reserve your seat today!

Program

Tuesday, November 1, 2011

- 6 p.m. Welcome and Opening Statements from Panel
- 6:30 p.m. Breakout Sessions with Specialists (this is your chance to ask questions of the experts)
- 8 p.m. Adjourn

Light refreshments will be served

Seating is limited & pre-registration is recommended

Call 402.571.1101 ext. 6884 or email hgoodrich@diabetes.org

Panel of *Experts*

Bring your questions Tuesday, November 1, for the following **experts** in the field of diabetes:

Certified Diabetes Educator

Tricia Jensen, CDE
Immanuel Hospital - Alegent Health

Registered Dietician

Maxine Mcelligott
The Nebraska Medical Center

Cardiology

Dr. Ioana Dumitru
UNMC

Dentist

Dr. Brett Thomsen
Thomsen Dental Group

Endocrinology

Dr. Vijay Shivaswamy
UNMC

Pharmacist

Emily Knezevich
Creighton University

Personal Trainer

Andrew Fauver, CPT
Prairie Life Fitness Center

PLUS....

A Registered Nurse, Nephrologist, Ophthalmologist, and Podiatrist!

About *Diabetes*

Diabetes is a chronic disease with no cure. It can lead to serious complications such as heart disease, stroke, blindness, kidney disease, nerve damage and amputations. Diabetes kills more Americans each year than breast cancer and AIDS combined.

Diabetes can affect children and adults, men and women, and people of all ethnic backgrounds. More than 103,000 Nebraskans (nearly 26 million Americans) have diabetes. Sadly, 25% of those who have it don't yet know it, putting them at greater risk for complications of diabetes before they are even diagnosed.



In addition, more than 79 million Americans have pre-diabetes — the precursor to type 2 diabetes.

Join the American Diabetes Association in the Movement to **Stop Diabetes in Nebraska and across the U.S.**

We are working hard to Stop Diabetes by researching a cure for all forms of this deadly disease; educating people about how they can stop the progression and complications of diabetes and, when possible, prevent type 2; and advocating for the rights of people with diabetes in schools and workplaces.

Please join the movement to Stop Diabetes by sharing your story with us at www.stopdiabetes.com.

CONTACT US

Holly Goodrich at 402.571.1101 ext. 6884
hgoodrich@diabetes.org

www.diabetes.org

