

# WIC WORDS



## Formula Update

12-1-11

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## Contract Formula - options:

### Standard Milk or Soy Based Formulas

- Enfamil Premium Infant
- Enfamil Gentlease
- Enfamil ProSobee (Soy)
- Enfamil AR

*No Physician Authorization  
needed for infants*

## Special, Medical, & Toddler Formulas:

Special, medical & toddler formulas may be provided if a documented medical condition contraindicates the use of the contract brand standard milk or soy-based formula. Examples include:

- Similac Alimentum
- Enfamil Enfacare
- EleCare Infant
- Pregestimil LIPIL
- Neocate Infant
- Similac Neosure
- Enfagrow Premium Toddler
- Enfagrow Soy Toddler
- Nutramigen LIPIL with Enflora
- Nutramigen AA
- Elecare Vanilla
- Neocate Jr.

*Physician  
Authorization  
Required*

## **NON-Contract Standard Milk & Soy Based Formulas**

WIC does not issue *any non-contract milk or soy-based standard infant formulas, even with physician authorization.*

Some examples of non-contract standard formulas that CANNOT be issued under any circumstances:

- Enfamil Newborn
- Enfamil Restful
- Similac Advance
- Similac Isomil DF
- Similac Isomil Advance
- Similac Early Shield
- Similac Sensitive RS
- Similac Go & Grow (milk or soy based)
- Nestle Good Start Supreme
- Nestle Good Start Gentle Plus
- Nestle Good Start Protect Plus
- Nestle Good Start Nourish Plus
- Nestle Good Start Soy Plus
- Nestle Good Start Soy Plus 2

**NOT Provided  
by WIC**

# Physician Authorization Form - (PAF)

Federal requirements for medical documentation impact the way we work with clients needing special formula or children needing a soy beverage. The Physician Authorization Form is used to obtain the required medical documentation from the Health Care Provider. A copy of the form is located on our website.

- **Special or Medical Formulas** - Medical documentation is federally required for women, infants and children needing a special formula from WIC. Any infant or child needing a special formula such as Nutramagin LIPIL Enflora or Similac Neosure must have a completed PAF on file. All infants, children, or women needing special formulas must have a specific qualifying condition to support the issuance.
  - Older infants (6-12 months) on specialty formula cannot be issued any infant cereal or baby foods without physician authorization. The physician must complete section B indicating if supplemental foods are appropriate for the infant. Any foods to be omitted must be indicated. It is important to make sure this section is completed, or else a Formula Only package will be given.
  - No "foods" can be issued until the PAF is completed with the appropriate foods indicated.
- **Soy Beverage (for children)** – A PAF is needed to authorize soy beverage as a milk substitute for children 13-60 months with a specific qualifying condition to support the issuance. The soy beverage food package for children will not contain any milk or cheese. The soy beverage food package cannot be issued to children without physician authorization.

**Reminder to staff:** Before sending the PAF to doctors, fill out the clinic information section, phone number, fax number, patient name, and date of birth. Physicians have indicated that this would be helpful.

## What about Soy Beverage for Women?

Soy Beverage may be issued as a milk substitute for women in the following circumstances:

1. Lactose or milk intolerance
  2. Culture or religious reasons
  3. Vegan diet being followed
- Women do not need a physician authorization form completed in order to receive a soy beverage.
  - Women's food packages with soy beverage do not contain milk or cheese. CPA staff need to visit with clients before issuing this package.
  - Soy beverage for women should not be issued for personal preference unrelated to reasons listed above.

## State Formula Approval - Required for Human Milk Fortifier

- The only formula product which requires state approval is **Enfamil Human Milk Fortifier**.
- Local Agencies are only required to call the State WIC office for issuance of Enfamil Human Milk Fortifier (after you have received the completed physician authorization form.)
- Please call Jane DeCamp at the State WIC Office if you have questions.