



# Understanding Your WIC Checks

## Regular WIC Check

- Check is used to purchase WIC approved foods ie. cereal, bread, tortillas, juice, eggs, beans, peanut butter, dairy, baby foods
- Each check defines a list of foods that can be purchased with each check
- Each check defines the quantity or size that can be purchased for each food item
- The specific dollar amount for each food item is *not listed* on the check
- Only valid checks (within date range listed on check) can be used

PARTICIPANT ID <b>654321</b>	PARTICIPANT NAME <b>TAYLOR, TRIA</b>	AGENCY/CLINIC <b>000/00</b>	NO. <b>12345678</b>	FIRST DATE TO USE June 01, 2011
	NEBRASKA WIC PROGRAM 301 CENTENNIAL MALL SQ LINCOLN, NE 68509	MoneyGram, FISC SECURITY STATE BANK HOWARD LAKE, MN 55349 75-12-48/9 19 ACCT # 804 607	NE WIC USE ONLY <b>SAMPLE - Regular WIC Check</b>	PURCHASE DATE / /
FOR PURCHASE OF AUTHORIZED WIC FOODS ONLY			12345678	LAST DATE TO USE July 01, 2011
<b>1 BOT 64 oz Juice</b> <b>36 OZ (OR LESS) Cereal</b> <b>1 16OZ Bread, Tortillas or 14-16oz Brown Rice</b> <b>2 GAL 2%, 1%, AND/OR Skim Milk</b> <b>1 DOZ Medium OR Large Eggs</b> ***** *****			F1TYPE CAT PURCHASE AMOUNT CORRECTION ONLY DOLLARS CENTS \$ NOT PAY ABLE WITHOUT VENDOR ID STAMP AUTHORIZED SIGNATURE (MUST BE SIGNED AT RETAIL COUNTER)	PAY TO THE ORDER OF
VENDOR MUST DEPOSIT WITHIN 60 DAYS FROM FIRST DATE TO USE			SIGNATURE MUST MATCH SIGNATURE ON ID FOLDER	

## Fruit and Vegetable WIC Check

- Check is used to purchase WIC approved fresh fruit and vegetables
- The specific types of fresh fruits & vegetables are not defined on the check
- This check is worth a *specific dollar amount that is listed* on each check
- The dollar amounts may vary for family members ie. \$6 or \$10
- No change can be given if the total dollar amount is not used
- The purchase price cannot be more than the dollar value listed on the check
- Remember to give tips to help clients get the most out of their fruit & vegetable check
- Only valid checks (within date range listed on check) can be used

PARTICIPANT ID <b>654321</b>	PARTICIPANT NAME <b>TAYLOR, MONICA</b>	AGENCY/CLINIC <b>000/00</b>	NO. <b>12345678</b>	FIRST DATE TO USE June 01, 2011
	NEBRASKA WIC PROGRAM 301 CENTENNIAL MALL SQ LINCOLN, NE 68509	MoneyGram, FISC SECURITY STATE BANK HOWARD LAKE, MN 55349 75-12-48/9 19 ACCT # 804 607	NE WIC USE ONLY <b>SAMPLE WIC Fruit &amp; Vegetable Check</b>	PURCHASE DATE / /
FOR PURCHASE OF AUTHORIZED WIC FOODS ONLY			12345678	LAST DATE TO USE July 01, 2011
<b>Fresh Fruits AND/OR Fresh Vegetables</b> <b>Maximum Amount \$10.00</b> ***** ***** ***** ***** *****			F1TYPE F10 PURCHASE AMOUNT CORRECTION ONLY DOLLARS CENTS \$ NOT PAY ABLE WITHOUT VENDOR ID STAMP AUTHORIZED SIGNATURE (MUST BE SIGNED AT RETAIL COUNTER)	PAY TO THE ORDER OF
VENDOR MUST DEPOSIT WITHIN 60 DAYS FROM FIRST DATE TO USE			SIGNATURE MUST MATCH SIGNATURE ON ID FOLDER	