

Active Living Task Force-State Plan Revision

1.12.11 Meeting Notes

Participants: Brian Coyle, June Ryan, Julane Hill, Bruce Rowe, Bob Rauner, Ericka Welsh, Brandon Grimm, Tamicka Bradley, Ann Fritz, Mike Heyl, David Schoenmaker, Todd Bartee, Kate Heelan, Lynette Larsen, Teresa Barry, Michelle Stryker, Andy Wessel

Agenda:

1. Introductions
2. History, Next Steps and Expectations for the AL Task Force
 - Goal:
 - Present our suggested strategies, activities, and action plans are due to the NPAO Advisory Group on February 1st.
 - Serve in an advisory capacity to the development of the state plan around physical activity and active living.
 - History:
 - Partnership meetings in September and November to discuss what is currently happening in the state regarding physical activity.
 - Brainstorming process at November had broken physical activity into 3 categories.
 - i. PA/PE in Schools
 - ii. Community Built Environment and Access
 - iii. Individual-Based and Social Support Interventions
 - Identified the top 20 activities that came from the brainstorming process and administered a survey to identify the top 5 activities within each strategy area.
 - i. In the review of the suggested activities, the 3 original categories broken out into 6 key strategies that we will discuss in a moment.
 - The PA Task Force changed its name to Active Living Task Force
 - What is being presented today is the list of the top activities in each of the 6 strategies
 - Next Steps:
 - Have a discussion today about the suggested strategies and activities.
 - Come to consensus on the strategies and activities- send out a follow up survey asking for your support and providing the opportunity to adapt language as needed.
 - The creation of action plans for each strategies and activities. I will draft the initial action plans and ask that you provide feedback on comments, insights, or issues.
 - Convene another teleconference to discuss action plans.
 - Come to consensus on action plans- possibly another survey.
 - Provided finalized documentation to the NPAO Advisory Group on February 1st.
 - Begin working on identifying current success stories relating to the confirmed strategies and activities
 - Develop a one to two page “How To Guide” for one activity under each of the strategy areas. More information to follow.
 - Continue working with the AL Task Force as the State Plan is developed, communicated, and begins implementation (as needed)

- Expectations:
 - Participate in the discussions and teleconferences as you are able to.
 - Participate and react to surveys, documents, and action plans regarding the development of the State Plan.
 - i. Action plans will be drafted and send to AL Task Force members to provide comment and feedback. Your input is very important!
 - Your feedback and questions are welcomed at any time throughout this process. If you feel lost about the expectations of this Task Force, please ask. My hope is for this group to continue working together to develop, communicate, and implement the State Plan.
3. Discussion of the Identified Strategies and Activities
- Three strategy areas becoming six strategies.
 - Themes that came about- School Based had many great ideas and enough activities to justify having an access strategy and a policy strategy
 - Community-based access broke into transportation, local planning, parks and recreation- it made more sense to be specific when it came to our targeted activities to break down into these 3 strategies. I feel that it simplifies our work and allows us to be more strategic and focused within those key areas.
 - After the survey was completed: I did some follow up interviews with people from the Department of Education regarding our school-based strategies. Also met with individuals from Nebraska Game and Parks to provide information on the planning and parks and recreation sections.
 - Please note that you will see some new activities that were not a part of the survey.
 - In conversations with partners, several of the suggested activities have become action plan items and will be worked on one or several of the broad activities.
 - Discussion
 - In Strategy #1, include and after school programs: “inclusive of physical education, in Nebraska schools, childcare, and after school facilities.”
 - Add another activity under Strategy #2 language for policy for requiring physical education as a graduation requirement for high school students.
 - Rewrite the Strategy #4 as: “Enhance the planning built environment and policies that improve access to physical activity.
 - i. Under Strategy #4, Activity #4 will read “Encourage state and local inter-agency coordination between planning, transportation, health, education, and parks and recreation departments.”
4. Other
- The State Comprehensive Outdoor Recreation Plan (SCORP) was recently released from Nebraska Game and Parks Commission. If you would like a copy (CD) version please contact Michelle Stryker at: michelle.stryker@nebraska.gov