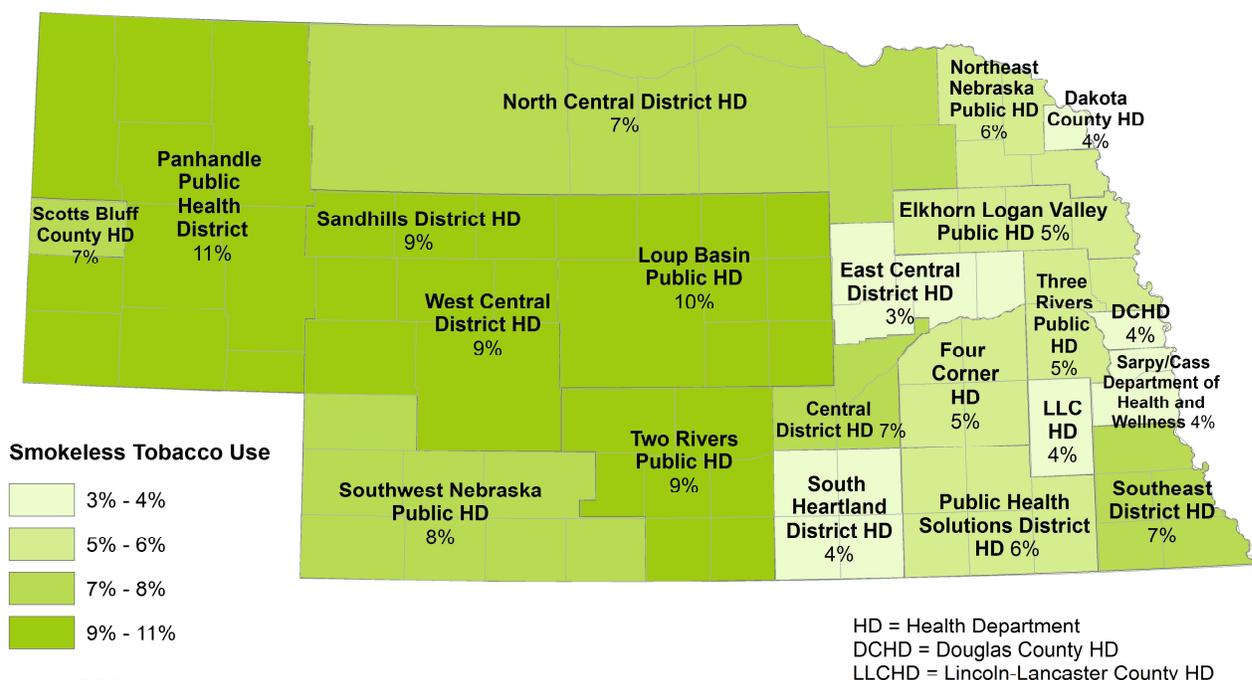


Smokeless Tobacco Use Rate by Nebraska Health District, 2013



Source: BRFSS, 2013

Smokeless tobacco is associated with many health problems. Using smokeless tobacco can lead to nicotine addiction, cancers of the mouth; esophagus; and pancreas, and is associated with diseases of the mouth.¹ According to the Nebraska Behavioral Risk Factor Surveillance System (BRFSS), 5% of adults — or more than 70,000 people — use smokeless tobacco in Nebraska.²

This map shows the adult smokeless tobacco use rate in each of Nebraska's 21 health districts. Panhandle Public Health District and Loup Basin Public Health District have the highest smokeless tobacco use rates, while East Central District Health Department has the lowest.

¹. Centers for Diseases Control and Prevention (CDC), 2014

². Nebraska BRFSS, 2013