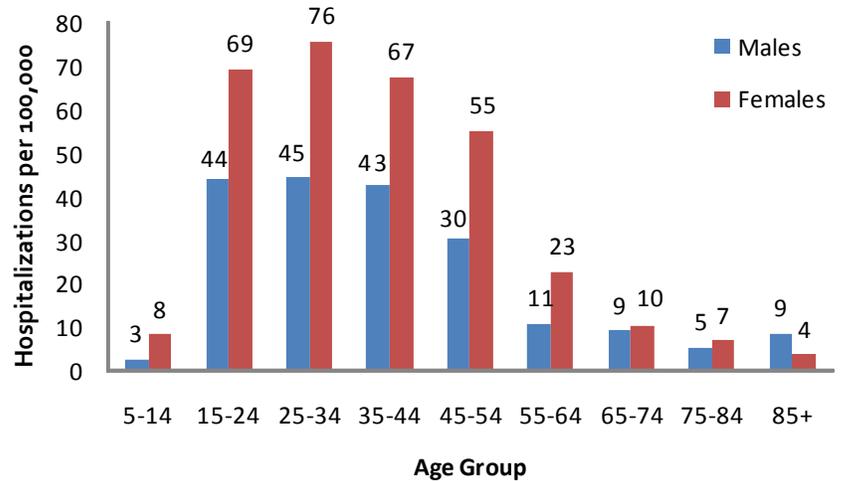


# Suicide and self-inflicted injury in Nebraska 2004-2008

## Self-inflicted injury 2004-2008

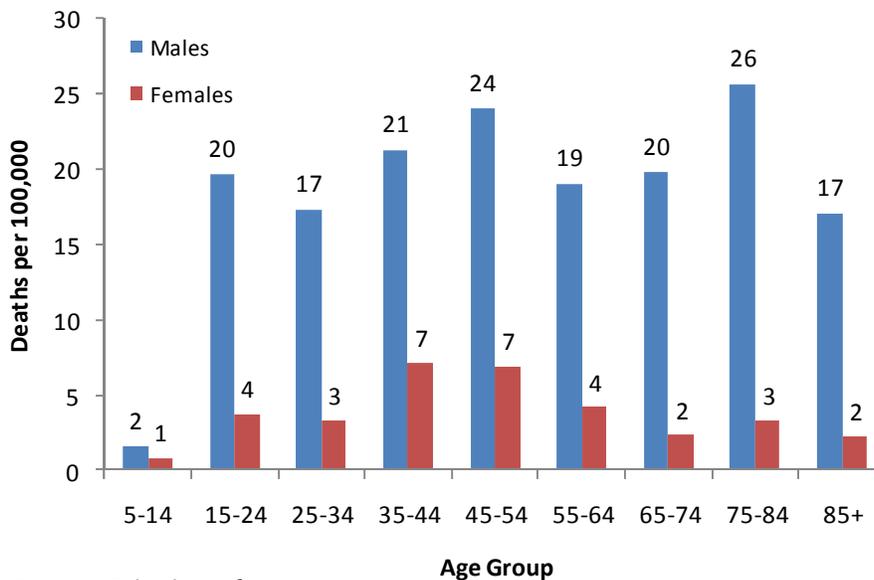
- Self-inflicted injuries were the 3rd leading cause of injury-related hospitalizations.
- The age-adjusted hospitalization rate due to self-inflicted injuries was 33.9 per 100,000 persons.
- Hospitalization rates were highest for Nebraskans ages 15-44 years—approximately 57 per 100,000.
- Overall, hospitalization rates due to self-inflicted injuries were higher among females than among males (43 per 100,000 vs. 26 per 100,000 respectively).

**Fig 1. Hospitalization rates due to self-inflicted injuries by age and gender, Nebraska, 2004-2008 (n=2,914)**



Source: NE hospital discharge, 2004-2008

**Fig 2. Suicide death rates by age and gender, Nebraska, 2004-2008 (n=882)**



Source: NE death certificates, 2004-2008

## Suicide deaths 2004-2008

- The age-adjusted suicide rate was 10.0 deaths per 100,000.
- The suicide death rate was highest among adults ages 35-54 years, with about 15 deaths per 100,000.
- Suicide death rates were higher for males than females (16.4 per 100,000 vs. 3.9 per 100,000, respectively).
- 52% of suicide deaths were caused by firearm, 26% by suffocation, 18% by poisoning, and 4% by other means.

For more information on injury in Nebraska, contact the DHHS Injury Prevention and Control Program at (402) 471-2101 or visit [www.dhhs.ne.gov/hew/hpe/Injury](http://www.dhhs.ne.gov/hew/hpe/Injury)