

WIC Program Explanation For Clients:

- WIC provides nutrition & breastfeeding education and support, supplemental foods, and referrals.
- All clients will receive a nutrition assessment to help identify their individual needs.
- WIC foods are prescribed for each individual client.
- These foods are supplemental and may not meet all of your needs. Additional foods may need to be purchased.
- You will be notified when your benefits are about to expire. WIC will reassess your situation for continued eligibility.
- WIC staff will help you achieve your nutrition and health goals for you and your family.



Rights & Responsibilities Check List:

- Everything you tell me is the truth to the best of your knowledge and may be verified.
- If you are enrolling a child or infant, you must be their legal guardian, custodial parent, or foster parent.
- All information you give us is private.
- You may only get checks from one WIC program at a time.
- You may not receive CSFP (Commodity Supplemental Food Program) while receiving WIC for the same person.
- The foods given by WIC are only for the WIC client.
- If you do not follow the WIC program rules, you may receive sanction points. If you accumulate too many sanction points you can be taken off WIC.
- Standards for eligibility for WIC are the same for everyone, regardless of race, color, national origin, age, disability or sex.
- If you feel you have been discriminated against you may file a complaint.
- If you disagree with a decision regarding your eligibility, you may request a fair hearing.
- Please be on time for all appointments. If you are unable to keep the appointment, please call the local agency number on your ID folder.
- Report address and/or phone changes at your next scheduled appointment.
- IF APPLICABLE - Presumptive eligible pregnant women found to have no nutritional risk within the first 60 days of certification will be terminated immediately and receive no additional benefits.
- You are encouraged to participate in the health assessment, referrals & nutrition education available through WIC.
- If you do not follow the rules for using your WIC checks, or sell or give away your WIC checks or foods you may be asked to repay the WIC Program the value of the WIC foods received.
- Your signature on this form allows staff from other programs to see your information for purposes of outreach, referral, and eligibility. They cannot share the information with anyone else.
- Intentionally making a false or misleading statement or intentionally misrepresenting, concealing, or withholding facts may result in paying the state agency, in cash the value of the food benefits improperly issued to you and may subject you to civil or criminal prosecution under State and Federal law.