Life Course Health Information

- Life Course Health Development: An Integrated Framework for Developing Health, Policy, and Research
  Neal Halfon, MD, MHP and Miles Hochstein, PhD
  National Center for Infancy and Early Childhood Health Policy

- Integrated Perinatal Health Framework: A Multiple Determinants Model with a Life Span Approach
  Dawn P. Misra, MHS, PhD; Bernard Guyer, MD, MPH; Adam Allston, MPH

- Racial and Ethnic Disparities in Birth Outcomes: A Life Course Perspective
  Michael Lu, MD, MPH and Neal Halfon, MD, MPH

- Life Course Health Development: A New Approach for Addressing Upstream Determinants of Health and Spending
  Neal Halfon, MD, MPH

  Neal Halfon, MD, MPH; Shirley Russ, MD, MPH; Michael Regalado, MD

- Application of a Lifecourse and Multiple Determinants Framework to Improve Maternal Health
  Holly Grason, MA and Dawn P. Misra, MHS, PhD

- Family, Maternal and Child Health Programs Life Course Initiative: The Life Course Model and Maternal, Child and Adolescent Health
  Contra Costa Health Services–Family, Maternal and Child Health Programs

- Life Course Health Development: A Framework to Guide Research Practice and Reform
  Helen M. DuPlessis, MD, MPH and Neal Halfon, MD, MPH

- Northern Manhattan Perinatal Partnership
  Mario Drummonds, MS, LCSW, MBA

- Perspective: Childhood Origins of Adult Health: A Basis for Life–Course Health Policy
  Christopher B. Forrest and Anne W. Riley

- Conference 2008—A Life–Course Perspective: Pathways for Improving Practice in Urban MCH
  CityMatch City Lights

Preconception Health

- Recommendations to Improve Preconception Health and Healthcare
  March of Dimes

- What is Preconception Care?
  Center for Disease Control and Prevention (CDC)

- Why is Preconception Care a Public Health Concern?
  Center for Disease Control and Prevention (CDC)

- What is CDC Doing to Promote Preconception Care?
  Center for Disease Control and Prevention (CDC)

- Preconception Care Questions and Answers
  Center for Disease Control and Prevention (CDC)

- Recommendations to Improve Preconception Health and Health Care
  Center for Disease Control and Prevention (CDC)

- Recommendations to Improve Preconception Health and Health Care—Summary
  Center for Disease Control and Prevention (CDC)

- Components of Preconception Health
  New York State Department of Public Health

- Preconception Care: A Guide for Optimizing Outcomes
  New York State Department of Public Health

- Managing Maternal Obesity
  New York State Department of Public Health

  CDC Select Panel on Preconceptional Care and the University of North Carolina (UNC) Center for Maternal and Infant Health

- Preconception Health: The Future of Current and Future Generations–PowerPoint
  Michael Lu, MD, MPH

- Women’s Health Now and Beyond Toolkit
  Wisconsin Division of Public Health

- Preconception Health—Looking Back, Moving Forward
  UNC Center for Maternal and Infant Health

- North Carolina Preconception Health Strategic Plan
  UNC Center for Maternal and Infant Health

- What is Preconception Health?
  Every Woman California

- Information for Men
  Every Woman California

Find all online resources at www.dhhs.ne.gov/tune
Screenings/Timelines
• Preconception Screening and Counseling Checklist
  March of Dimes
• Guidelines for Women’s Health Care—A Resource Manual
  American College of Obstetricians and Gynecologists
• Becoming a Parent
  Wisconsin Association for Perinatal Care
• Becoming a Parent: Preconception Checklist
  Wisconsin Association for Perinatal Care
• Staying Healthy at Any Age: For Women
  Agency for Healthcare, Research and Quality

Planning
• Planning is the Key
  Utah Department of Health
• Healthy Pregnancy—Before you Start Trying
  National Women’s Health Information Center
• Preconception Care: A Guide for Optimizing Pregnancy Outcomes
  American College of Obstetricians and Gynecologists/District II/NY
• You’re a Busy Teenager
  Utah Department of Health
• You’re a Busy Woman
  Utah Department of Health
• Folic Acid—You Don’t Know What You’re Missing
  Utah Department of Health
• Menstrual Cycle Knowledge Quiz
  Utah Department of Health
• No Birth Control—What Are My Pregnancy Risks?
  Utah Department of Health
• Make a Reproductive Life Plan
  Every Woman California
• Things to Think About Before Getting Pregnant
  American Academy of Family Physicians

Fact Sheets
• Alcohol
  Every Woman California
• Teeth and Gums
  Every Woman California
• Drugs
  Every Woman California
• Financial Stability
  Every Woman California
• Folic Acid
  Every Woman California
• Guide to Healthier Eating
  Every Woman California
• Healthy Relationships
  Every Woman California
• Healthy Weight
  Every Woman California
• Medical Conditions
  Every Woman California
• Mental Wellness
  Every Woman California
• Physical Activity Guidelines
  Every Woman California
• Make a Reproductive Life Plan
  Every Woman California
• Sexually Transmitted Diseases
  Every Woman California
• Smoking
  Every Woman California
• Vaccines
  Every Woman California

Curriculum
• Healthful Living—General Overview
  Public Schools of North Carolina
• Healthful Living
  –Standard Course of Study
  –Health Education Scope and Sequence
  –Physical Education Scope and Sequence
  Public Schools of North Carolina
• Healthful Living—Resources
  Public Schools of North Carolina

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