

Ideal Weight Gain

Performance Measure Percent of postpartum WIC women that achieved ideal weight gain during pregnancy.

Formula $\frac{\# \text{ of postpartum women who achieve ideal weight gain}}{\text{Total \# of clients}} \times 100$ (Based on occurrence of Risk Factors 1U & 1O – if pre-pregnancy underweight must gain 28-40 lbs, if normal weight must gain 25-35 lbs., if overweight must gain 15-25 lbs.)

Report Period Women giving birth in 2007

- Data Exclusions**
- Does not include women who were not on WIC during their pregnancy.
 - Does not include women who were enrolled in WIC as an out-state transfer or as presumptive.
 - Does not include denominators ≤ 10
 - Does not include multiple births.

State Data:

PM 3A – Ideal Weight Pregnancy – State Trends

Year	Numerator	Denominator	Percent
2007 certs	2639	7805	33.8%
2006	2677	7657	35.0%
2005	2514	7394	34.0%
2004	3012	8005	37.6%
2003	2745	8048	34.1%
2002	3222	10332	31.2%
2001	3017	9664	31.2%
2000	2587	7896	32.8%

State - Race Data:

Race	Numerator	Denominator	Percent
Asian	46	114	40.4%
Black	257	771	33.3%
Hispanic	841	2336	36.0%
Indian	42	126	33.3%
White	1395	4289	32.5%
Pac-Isl	2	6	33.3%
Mixed	56	163	34.4%

State - Total Weight Gain In Pregnancy

Total Gained in pregnancy:	numerator	denominator	percent
Too much gain	3214	7805	41.2%
Not enough	1952	7805	25.0%
Ideal weight gain	2639	7805	33.8%

Weight Categories Before Pregnancy:

Pre-preg Initial Weight Category	Numerator	Denominator	Percent
Over Weight	3510	7805	45.0%
Under Weight	475	7805	6.1%
Ideal weight	3820	7805	48.9%

Ideal Weight Gain

By Pre-Pregnancy Weight Category

Weight Categoriey	numerator	denominator	percentage
Over wt women - gaining Ideal wt	1044	3510	29.7%
Under wt women - gaining Ideal wt	207	475	43.6%
Ideal wt women - gaining Ideal wt	1388	3820	36.3%
Total with IDEAL weight gain	2639	7805	33.8%

TOO Much Weight Gain

By Pre-Pregnancy Weight Category

Weight Categoriey	numerator	denominator	percentage
Over wt women - gaining too much	1752	3510	49.9%
Under weight women - gaining too much	110	475	23.2%
Ideal weight women - gaining too much	1352	3820	35.4%
Total women gaining too much	3214	7805	41.2%