



## Housing & Health: What's the Connection?

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HUD Omaha Field Office

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## TOPICS

- \* Intent & Outcomes of Early Housing Policies
- \* Current Assessment
  - \* Location
  - \* Type
  - \* Homeownership - What's the Big Deal?
  - \* Health
- \* Platform for Progress

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## Founding Principle

### Up By Your Bootstraps

- \* Work hard, earn your way & continuously learn
- \* Be a good, productive citizen in society
- \* Give back to your community
- \* Invest and make sound money and business decisions
- \* Build wealth to pass on to future generations
- \* ??????????????

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**Early Housing Policies**

**Intent:**

- \* Provide available, affordable housing for citizens migrating north for industrial jobs and opportunity
- \* Much needed housing for growing number of people in poverty
- \* Homeownership for returning veterans of WWI and WWII
- \* Urban centric development and life style approach

The slide features the same U.S. Department of Housing and Urban Development logo in the top-left corner.

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**Early Housing Policies**

**Outcomes:**

- \* Concentrations of poverty
- \* Segregated communities
- \* Unequal education systems
- \* Limited economic development
- \* Food deserts
- \* Reduced access to quality health care
- \* Plethora of poor outcomes by groups trapped in the same socioeconomic situation

The slide features the same U.S. Department of Housing and Urban Development logo in the top-left corner.

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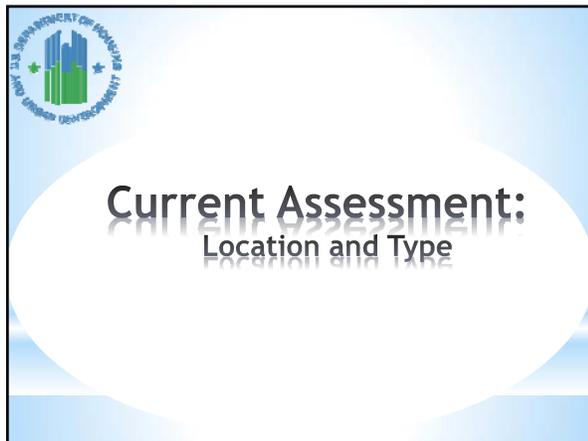
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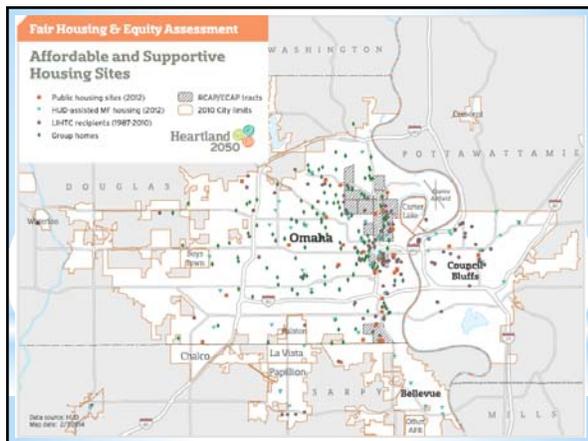
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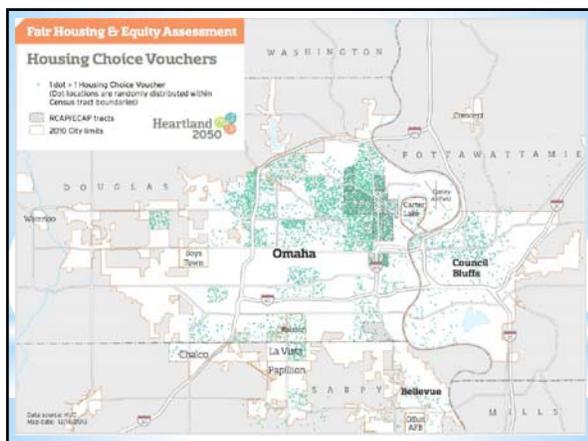
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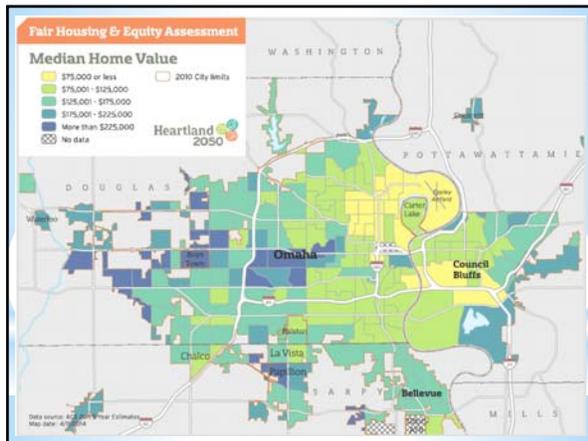
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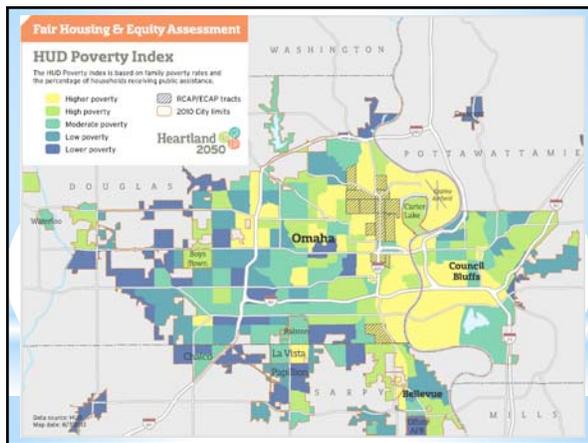
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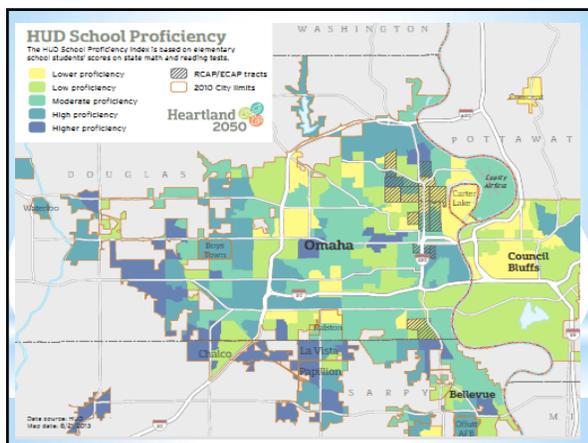
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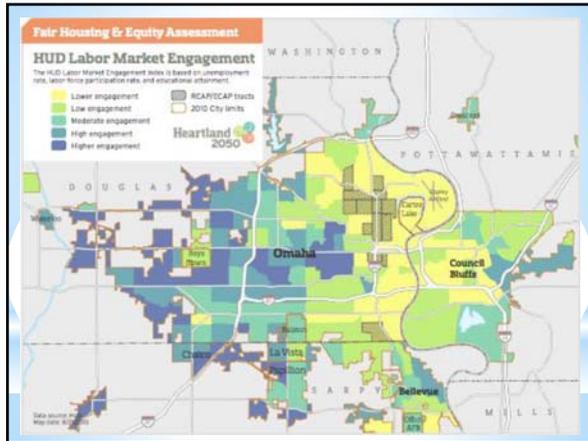
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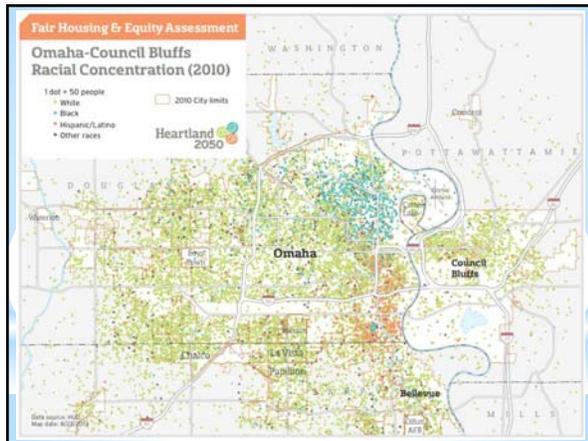
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**Current Assessment:**  
**Homeownership - What's the Big Deal?**

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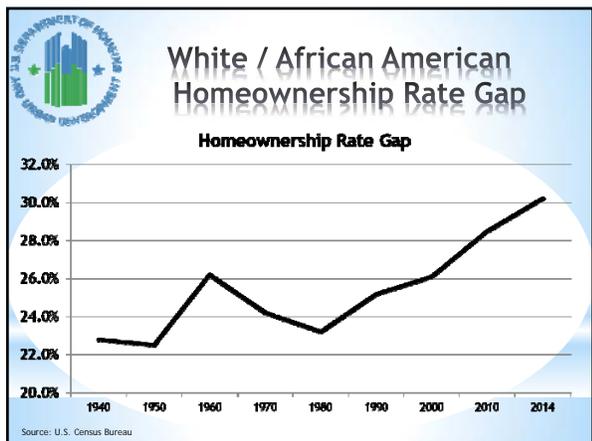
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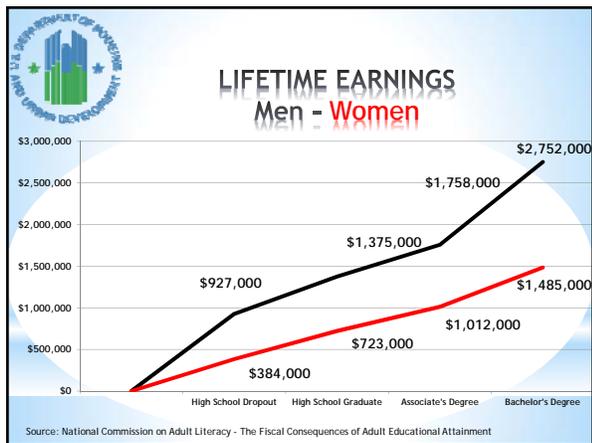
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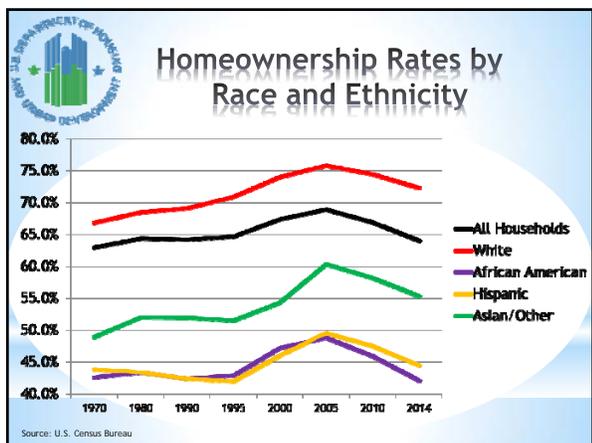
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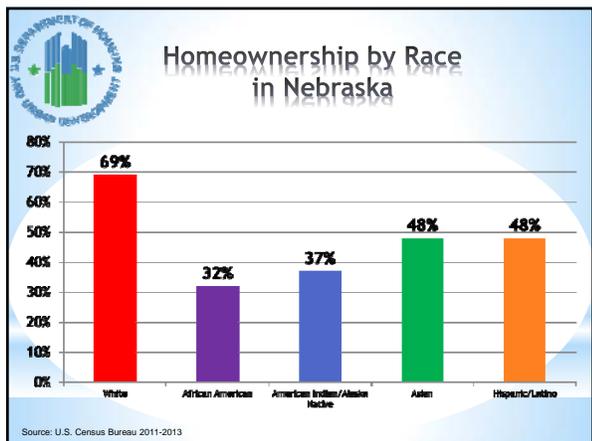
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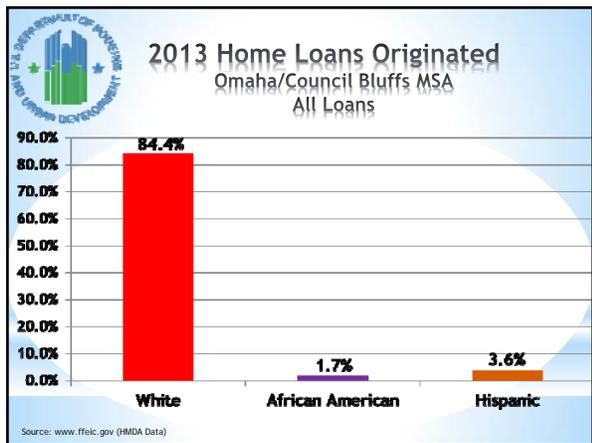
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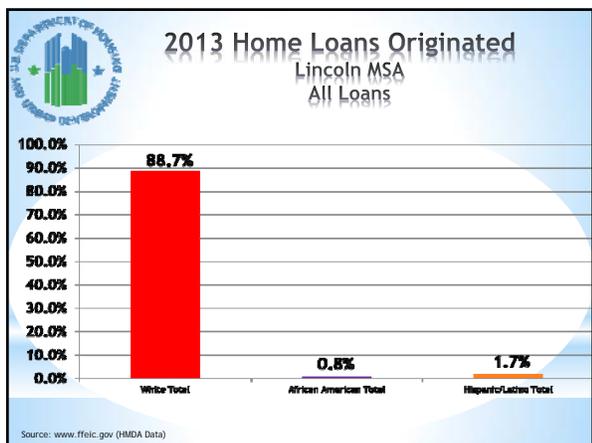
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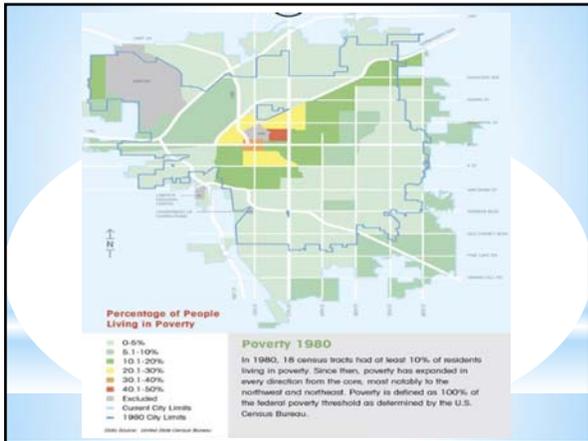
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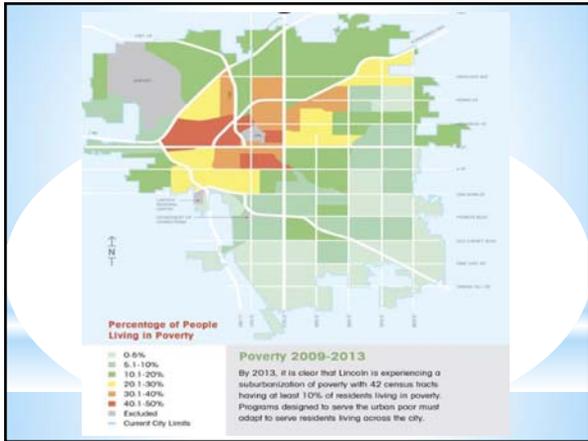
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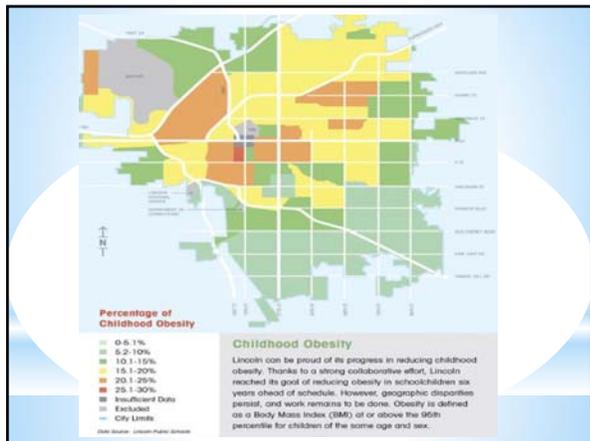
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**What Have We Learned?**

**Health implications from housing**

- \* Housing is critical determinant of health
- \* Good housing typically translates into healthier lives
- \* Homeownership being a pivotal point
- \* Poor housing equals poor health

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**What Have We Learned?**

**Health implications from poor housing**

- \* Minorities disproportionately impacted
- \* Air pollution and elevated respiratory related conditions
- \* Higher levels of tobacco use and exposure to second smoke
- \* Elevated numbers of malnutrition, diabetes, obesity and cardiovascular disease
- \* Lead based paint hazards
- \* STRESS

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## Platform for Progress

<https://www.youtube.com/watch?v=N8tu5ZQiquo>

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## Positive Outcomes

Associated with quality housing

- \* *Better Health - Healthier active lives*
- \* *Residents/Citizens Live Longer*
- \* *Reduced STRESS*
- \* *Family Stability and Security*
- \* Homeownership - Conveyance of wealth to future generations
- \* Economic Stability
- \* Feeling of accomplishment and belonging
- \* Good neighbors and stewards of the community

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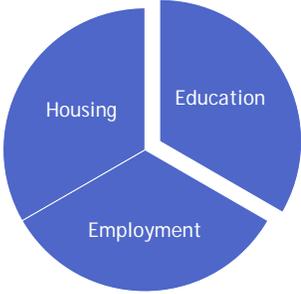
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## Adapt & Modify



A pie chart with three segments. The largest segment is labeled 'Housing', the top-right segment is labeled 'Education', and the bottom segment is labeled 'Employment'.

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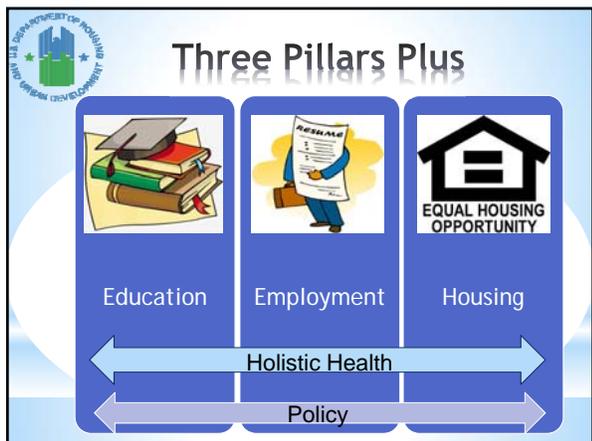
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**Pull Yourself Up By Your Bootstraps**

Local policy:

- \* Truly practices equal opportunity & access for all
- \* Provides housing choice
- \* Promotes holistic, healthy living

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**Pull Yourself Up By Your Bootstraps**

Federal policy:

- \* Eliminates 'Cliff Effect'
- \* More coordinated and succinct
- \* Holds recipients more accountable for outcomes

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## Pull Yourself Up By Your Bootstraps

Individuals:

- \*Practice active and healthy lifestyles throughout life
- \*Take more interest in and charge of health and healthy outcomes
- \*Make conscious and continuous choices, that promote health and enhance advantages of successful life outcomes

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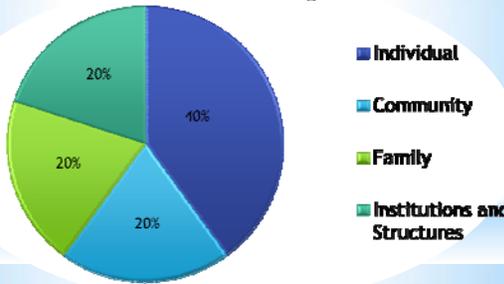
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## Individual Accountability Decision Diagram



Category	Percentage
Individual	40%
Community	20%
Family	20%
Institutions and Structures	20%

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