



Health Equity Resource Guide

Health equity is when all people have full and equal access to opportunities that enable them to lead healthy lives. Achieving health equity involves an underlying commitment to reduce—and, ultimately, eliminate—disparities in health and in its determinants, including social determinants. It is important to address health equity in its broadest terms and in a meaningful way to confront the social determinants at the root of poor health and engaging the health officials, policy-makers, researcher who are well positioned to drive change.

As part of its efforts to educate and to enhanced the understanding of health equity and health disparities, the Heartland Regional Health Equity Council’s Health Equity Committee developed a Health Equity Resource Guide that contains articles, publications, training materials that include webinars and other resources aimed at facilitating change.

National Partners for Action to End Health Disparities

National Partners for Action to End Health Disparities. [National Standards for Culturally and Linguistically Appropriate Care](#).

National Partners for Action to End Health Disparities. [National Stakeholder Strategy for Achieving Health Equity](#), April 2011.

National Partners for Action to End Health Disparities. [Regional Health Equity Councils](#).

Federal Interagency Health Equity Team (FIHET): [FIHET Equity In All Policies Webinar Series](#)

Cultural Competence and Select Populations:

Department of Health and Human Services. [National Standards for Culturally and Linguistically Appropriate Care](#), April 2011.

Healthy People 2020. [National Initiative to Improve Adolescent Health](#). (Last accessed 03/2/17).

Heartland Regional Health Equity Council. [Heartland RHEC Repository of CLAS Standards Training Materials](#).

National Academies of Sciences, Engineering, and Medicine. [Systems Practices for the Care of Socially At-Risk Populations](#), April 2016.





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National Collaborative for Health Equity. [National Collaborative for Health Equity: Community Strategies to End Racism and Support Racial Healing: The Place Matters Approach to Promoting Racial Equity](#), Feb. 2016.

US Department of Veterans Affairs, VA Office of Health Equity. [National Veteran Health Equity Report-FY2013](#), 2016.

Data and Surveys:

American Physical Therapy Association. [Physical Therapy Workforce Data](#). Last Updated Dec. 2016.

Association of American Medical Colleges. [Facts and Figures Data Series: Diversity in Medical Education: Facts and Figures 2008-16](#). Last Updated Dec. 2016.

Association of State and Territorial Health Officials (ASTHO). [ASTHO Minority Health Survey](#), 2007, 2010.

Federal Interagency Health Equity Team (FIHET). [Compendium of Publicly Available Datasets and Other Data-Related Resources](#), Dec. 2016.

Youth Health Equity Model of Practice (YHEMOP), the Pacific Southwest Regional Health Equity Council (RHEC IX), San Francisco State University's Gerontology Program. [Elderly Health Disparities: Translating Research into Practice Report](#)

Government:

California Endowment, American Public Health Association, California Department of Public Health, and the Public Health Institute. [Health in All Policies: A Guide for State and Local Governments](#).

National Academy of Medicine. [Building a Culture of Health Equity at the Federal Level](#), March 2016.

Grants and Funding:

American Nurses Association. [Title VIII Nursing Workforce Development Programs](#).

Health Resources & Services Administration. [Nursing Workforce Diversity \(NWD\) Program](#).

Nursing Community. [Nursing Workforce Development Programs in Action: Federal Dollars on the Ground](#), Sept. 2014.



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Health Information Technologies:

The National Academies of Sciences, Engineering, and Medicine. [*The Promises and Perils of Digital Strategies in Achieving Health Equity Workshop Summary*](#), 2016

Health Care Access:

National Academies of Sciences, Engineering, and Medicine. [*Achieving Health Equity via the Affordable Care Act: Promises, Provisions, and Making Reform a Reality for Diverse Patients: Workshop Summary*](#), Dec. 2015.

Healthy People 2020:

Office of Disease Prevention and Health Promotion. Healthy People 2020. [*2020 Topics and Objectives – Objectives A–Z*](#)

Public Health Professionals/Workplace:

Allen College. [*Diversity in Nursing and Healthcare: Selected Resources*](#)

American Academy of Physician Assistants (AAPA). [*AAPA Physician Assistants For Health Equity Recommended Health equity Resources*](#).

American Association of Colleges of Nursing. [*Fact Sheet: Enhancing Diversity in the Nursing Workforce*](#), 2015.

American Physical Therapy Association. [*Physical Therapy Workforce Data*](#). Last updated Dec. 2016.

Association of American Medical Colleges. [*Diversity and Inclusion*](#), updated 2017.

Association of American Medical Colleges. [*Facts and Figures Data Series: Diversity in Medical Education: Facts and Figures 2008-16*](#). Last updated Dec. 2016.

Centers For Disease Control. Division of Nutrition, Physical Activity and Obesity. [*Health Equity Resource Toolkit for State Practitioners Addressing Obesity Disparities Health Equity Resource Toolkit for State Practitioners Addressing Obesity Disparities*](#)



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Jordan J. Cohen, Barbara A. Gabriel and Charles Terrell. [*The Case for Diversity In The Health Care Workforce.*](#) Health Affairs, Sept. 2002.

National Association of County and City Health Officials, Ingham County Health Department. [*Tackling Health Inequities Through Public Health Practice: A Handbook for Action,*](#) 2016.

National Association of Chronic Disease Directors. [*Health Equity at Work: Skills Assessment of Public Health Staff,*](#) Sept. 2010.

National Conference of State Legislatures. [*Racial and Ethnic Health Disparities. Diversity In The Workforce,*](#) Aug. 2015.

Wisconsin Center for Nursing. [*Enhancing Diversity in the Nursing Workforce A Report by the Wisconsin Center for Nursing Diversity Taskforce,*](#) May 2013.

Trainings, Guides and Toolkits:

American Hospital Association. [*Equity of Care A Toolkit for Eliminating Health Care Disparities*](#)

Association of State and Territorial Health Officials (ASTHO). *Health in All Policies Toolkit* - www.astho.org/Programs/Prevention/Implementing-the-National.../HiAP-Toolkit/

Centers For Disease Control. Division of Nutrition, Physical Activity and Obesity. [*Health Equity Resource Toolkit for State Practitioners Addressing Obesity Disparities*](#) [*Health Equity Resource Toolkit for State Practitioners Addressing Obesity Disparities*](#)

Centers For Disease Control. [*Social Determinants of Equity and Social Determinants of Health*](#)

Empire State Public Health Training Center. [*Free Training on Public Health Issues concerning a variety of issues including Cultural Competency and Health Literacy*](#)

Heartland Regional Health Equity Council. [*Heart Disease Disparities Webinar,*](#) Nov. 2016.

Institute for Healthcare Improvement. [*Achieving Health Equity: A Guide for Health Care Organizations*](#)

National Association of County and City Health Officials, Ingham County Health Department. [*Tackling Health Inequities Through Public Health Practice: A Handbook for Action,*](#) 2016.



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PolicyLink. [Getting Equity Advocacy Results \(GEAR\)](#)

PolicyLink. [Equitable Development Toolkit](#)

Robert Wood Johnson Foundation and The Pew Charitable Trusts. [Health Impact Assessment: Bringing Public Health Data to Decision Making](#), Dec. 2010.

State and County Resources:

Alameda County Public Health Department, California. [Social and Health Equity \(Alameda County Public Health Department, California\)](#)

City of Richmond, California. [City of Richmond Health in All Policies Toolkit](#)

San Francisco Department of Health, California. [Program on Health, Equity and Sustainability \(San Francisco Department of Public Health, California\)](#)

City and County of Denver, Colorado. [Denver County Community Health Improvement \(Be Healthy Denver, Colorado\)](#)

Atlanta Regional Commission, Georgia. [The Atlanta's Regions Plan](#).

Louisiana Center for Health Equity, Baton Rouge. [Louisiana Center for Health Equity](#)

City of Baltimore, Maryland. [Healthy Baltimore 2015: A City Where All Residents Realize Their Full Health Potential \(Baltimore City Health Department, Maryland\)](#)

Baltimore, Maryland. [Equity Matters: Promoting Equity-in-All Policy](#)

Boston, Massachusetts. [Boston Public Health Commission: Health Equity and Social Justice \(Boston Public Health Commission, Massachusetts\)](#)

Multnomah County Health Department, Oregon. [Health Equity Initiative \(Multnomah County Health Department, Oregon\)](#)

Virginia Department of Health, Virginia. [Virginia Department of Health, Office of Minority Health and Health Equity](#)



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King County, Washington. [Equity and Social Justice Team \(King County, Washington\)](#)

Milwaukee Health Department, Wisconsin. [Center for Health Equity \(City of Milwaukee Health Department, Wisconsin\)](#)

Publications (Topics include Social Determinants of Health):

American Journal of Public Health, Environmental Justice. [Towards Environmental Justice and Health Equity: Health Disparities and Health Equity: The Issue Is Justice](#). Dec. 2011.

California Endowment, American Public Health Association, California Department of Public Health, and the Public Health Institute. [Health in All Policies: A Guide for State and Local Governments](#).

Centers for Disease Control and Prevention. [Promoting Health Equity: A Resource to Help Communities Address Social Determinants of Health](#)

Heartland Regional Health Equity Council. [Addendum: Heart Disease Disparities Report](#), April 2016.

Journal of Public Health Management & Practice. [Public Health Practice and Health Equity: Challenges and Opportunities](#). Nov. 2008.

Michael Marmot, PhD and Jessica J. Allen, PhD. [Social Determinants of Health Equity](#). American Journal of Public Health. Sept. 2014

National Academies of Science, Engineering and Medicine. [Unequal Treatment: Unequal Treatment](#).

National Prevention Council, Office of the Surgeon General. [National Prevention Strategy: America's Plan for Better Health and Wellness](#), June 2011.

Marmot M; Commission on Social Determinants of Health. [Achieving health equity: from root causes to fair outcomes](#), 2007.

Robert Wood Johnson Foundation. [A New Way to Talk about the Social Determinants of Health](#), 2010.

Websites:

[Association of American Medical Colleges. Diversity and Inclusion](#)



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[Institute for Diversity in Health Management](#), an affiliate of the American Hospital Association.

[Physician Assistants for Health Equity](#)

[PolicyLink](#)

[Disparities Solutions Center](#)

[Rural Health Information Hub](#)

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