
Purpose

To provide guidance for the issuance of contract brand infant formula.

**Breastfeeding
Recommended
Infant Feeding
Method**

The Nebraska WIC Program advocates breastfeeding as the ideal method of infant feeding during the first twelve months of life. The use of iron-fortified formula is recommended when breastfeeding is discontinued or not possible

**Formula Contract
System**

- The Nebraska WIC program provides an iron-fortified milk-based and a soy-based standard infant formula. A bid/contract system is used to determine which brands of infant formulas will be used.
 - The Nebraska WIC Program contracts with a single infant formula manufacturer. Providing contract formulas to WIC infants allows the program to extend services to a larger number of families.
 - All infants participating in WIC in Nebraska will receive the contract standard milk-based or soy-based formula, unless a physician diagnoses a medical need or severe intolerance that indicates the need for a contract modified standard infant formula or special formula.
 - Non-contract formulas will not be allowed.
 - All infant formulas must meet the same federal nutrition standards (based on the Infant formula act of 1980).
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**Reported Intolerance
to Milk and Soy
Based Formulas**

If intolerance to any contract brand iron fortified milk or soy based infant formula is reported, the WIC CPA should discuss the intolerance with the parent/guardian:

- Discuss formula mixing and storage and infant feeding practices, as well as other information that may be helpful in determining the intolerance.
- If symptoms appear to be due to feeding, preparation or storage problems, provide appropriate counseling and continue to issue the contract formula.
- If a true intolerance is suspected, refer the parent/guardian to their health care provider to discuss their concerns.

Refer to the procedure “Talking About Contract and Iron Fortified Infant Formulas” in Volume III, Section D, Page 5 for additional information.

Contract Iron-Fortified Milk-Based Formula

The current standard iron-fortified milk-based formula is:

ENFAMIL LIPIL WITH IRON (Mead Johnson)

- No prescription is needed for this formula for infants.

Contract Milk Based Infant Formula	Prescription/Documentation	Issuance Procedure
<p>Enfamil LIPIL with Iron (Mead Johnson)</p>	<ul style="list-style-type: none"> • None needed for infants • Rx required for children ≥ 1 year of age • Rx valid for a maximum of 6 months 	<p>Procedure</p> <ul style="list-style-type: none"> • Standard milk based formula issued to WIC infants <p>Indications for use</p> <ul style="list-style-type: none"> • As a complete or partial substitute for human milk when breastfeeding is discontinued or not possible • Designed for use with generally healthy infants from birth through 12 months of age

Contract Iron-Fortified Soy-Based Formula

The current standard iron-fortified soy-based formula is:

PROSOBEE LIPIL (Mead Johnson)

- No prescription is needed for this formula

Contract Soy Based Infant Formula	Prescription/ Documentation	Issuance Procedure
Enfamil ProSobee LIPIL (Mead Johnson)	<ul style="list-style-type: none"> • None needed for infants • Rx required for children \geq 1 year of age • Rx valid for a maximum of 6 months 	<p>Procedure</p> <ul style="list-style-type: none"> • Standard soy-based formula issued to WIC infants if soy formula is indicated <p>Indications for use</p> <ul style="list-style-type: none"> • Where sensitivity to lactose may be suspected due to GI symptoms including; moderate to severe spitting up, diarrhea, abdominal cramping, bloating, excessive gas and/or fussiness • For management of galactosemia, primary lactase deficiency, or recovery phase of secondary lactose intolerance • Intolerance to milk protein • Not recommended for dietary management of documented clinical allergic reactions to soy protein formula.

Contract Iron-Fortified Milk-Based Lactose Reduced Formula

The current standard iron-fortified milk-based, lactose reduced formula is:

ENFAMIL LACTOFREE LIPIL (Mead Johnson)

- No prescription is needed for this formula.

Contract milk-based, lactose-free formula	Prescription/ Documentation	Issuance Procedure
Enfamil LactoFree LIPIL (Mead Johnson)	<ul style="list-style-type: none"> • None needed for infants • Rx required for children \geq 1 year of age • Rx valid for a maximum of 6 months 	<p>Procedure</p> <ul style="list-style-type: none"> • Standard lactose reduced formula issued to WIC infants if a lactose reduced formula is indicated <p>Indications for use</p> <ul style="list-style-type: none"> • When sensitivity to lactose may be suspected due to GI symptoms including; moderate to severe spitting up, diarrhea, abdominal cramping, bloating, excessive gas and/or fussiness

Contract Iron-Fortified Milk-Based Formula with Added Rice Starch

The current modified standard iron-fortified milk-based formula with added rice starch is:

ENFAMIL A.R. LIPIL (Mead Johnson)

- **A prescription is required for this formula.**
- This formula meets the definition of standard milk based iron fortified infant formula, however has been modified with the addition of rice starch, causing it to thicken as it comes in contact with stomach acid.
- Enfamil AR Lipil has a nutrient profile similar to routine infant formulas
- This formula contains added rice starch for thickening, has a viscosity in the bottle of 10 times that of routine formula, and is designed to flow freely through a standard nipple.

Contract milk-based, formula with added rice starch	Prescription/Documentation	Issuance Procedure
<p>Enfamil AR LIPIL with Iron (Mead Johnson)</p>	<ul style="list-style-type: none"> • Prescription Required for infants • Rx required for children ≥ 1 year of age • Rx valid for a maximum of 6 months 	<p>Procedure</p> <ul style="list-style-type: none"> • Modified standard formula issued to WIC infants if an added rice starch formula is indicated • Issued only with appropriate prescription <p>Indications for use</p> <ul style="list-style-type: none"> • May be useful for infants with uncomplicated gastroesophageal reflux (GER), who spit up frequently or otherwise need a thickened formula • As an alternative to thickening the formula with the addition of rice cereal to the bottle • Not recommended for use in pre-term infants as they may be at increased risk of developing gastrointestinal complications.

Contract Iron-Fortified Milk-Based Formula with Partially Hydrolyzed Proteins

The current modified standard iron-fortified milk-based formula with partially broken down proteins is:

ENFAMIL GENTLEASE LIPIL (Mead Johnson)

- No prescription is needed for this formula.

Contract milk-based, partially hydrolyzed formula	Prescription/Documentation	Issuance Procedure
<p>Enfamil Gentlease LIPIL (Mead Johnson)</p>	<ul style="list-style-type: none"> • None needed for infants • Rx required for children \geq 1 year of age • Rx valid for a maximum of 6 months 	<p>Procedure</p> <ul style="list-style-type: none"> • Modified standard partially hydrolyzed formula issued to WIC infants if a hydrolysate is indicated <p>Indications for use</p> <ul style="list-style-type: none"> • Indicated for infants with fussiness or gas. Contains DHA and ARA and a reduced level of lactose.