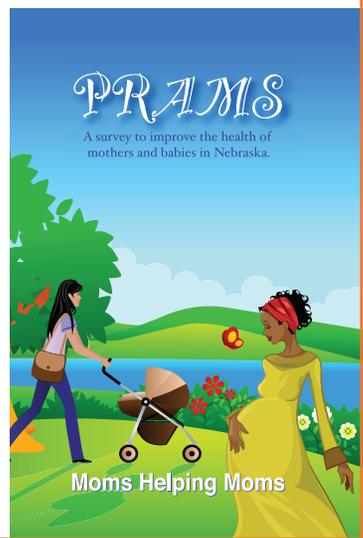


NAME	PHONE NUMBER
Voices of Hope –Nebraska Domestic Violence Hotline	1-800-876-6238
Women, Infants and Children Program (WIC) Provides free food and nutrition information to help keep pregnant women, infants and children under five healthy and strong.	1-800-942-1171
NATIONAL NUMBERS	
Asthma & Allergy Foundation of America	1-800-727-8462
Children and Adults with Attention Deficit/Hyperactivity Disorder (CHADD) Will help you find local information	1-800-233-4050
Depression After Delivery	1-800-944-4773
Down's Syndrome Congress Answers questions from parents for assistance with health concerns. Refers to local area. 24 hours/day, 7 days/week	1-800-232-6372
National Eating Disorders Association Information and Referral	1-800-931-2237
National Immunization Information Hotline Center for Disease Control	1-800-232-4636
National Runaway Switchboard	1-800-621-4000
National SIDS/Infant Death Resource Center	1-866-866-7437

If you find any numbers to be incorrect, please call 402-471-8370 in the Lincoln area or toll free at 1-877-873-1876 so we can find the current number for you. Thank You!

www.dhhs.ne.gov/prams



Revised 7/2012

PRAMS

Pregnancy Risk Assessment Monitoring System



Resource Directory

For Your Family's Health

NAME	PHONE NUMBER
NEBRASKA NUMBERS	
Abuse/Neglect Hotline for Adults & Children	1-800-652-1999
Arthritis Foundation-Nebraska Chapter	1-800-642-5292
Boys Town Hotline For boys or girls feeling abused, confused, thinking about suicide or running away; or for parents seeking help.	1-800-448-3000
Cancer HelpLink	1-800-999-5465
Catholic Social Services Emergency and referral services and refugee assistance.	Lincoln 1-800-981-8242 Hastings 1-888-826-9629
Cedars Youth/Family Crisis	402-437-8888
Child Support Hotline	1-877-631-9973
Childcare Toll Free Number Lists of childcare providers across the state; compliance reviews; information on subsidies for low-income families.	1-800-600-1289
Childhood Lead Poisoning Prevention Program	1-888-242-1100
Commodity Supplemental Food Program (CSFP) Provides free food and nutrition information to help keep pregnant women, infants and children up to 6 years of age and seniors healthy and strong.	1-800-942-1171
Cystic Fibrosis Foundation	Nebraska 402-330-6164 National 1-800-344-4823
Epilepsy Foundation of Nebraska, Iowa & North Central Illinois	1-800-221-2689
Every Woman Matters A breast and cervical cancer screening program for women 40 years and older.	1-800-532-2227
Healthy Mothers, Healthy Babies Helpline Assist families to access information about health care providers and practitioners who provide health care services under Title V and Title XIX, and other relevant health information.	1-800-862-1889
Hotline for Disability Services	1-800-742-7594 V/TTY
Kidney Foundation of Nebraska, Inc.	1-800-642-1255
Kids Connection A children's health insurance program that provides health coverage to uninsured children and children with minimal insurance across the state.	1-800-383-4278
Leukemia and Lymphoma Society	1-888-847-4974

NAME	PHONE NUMBER
March of Dimes Pregnancy and Newborn Health Education Center Email: askus@marchofdimes.com	402-496-7111
Medicaid Central Office –Nebraska A general number that directs you to a specific contact person. Call your local office for eligibility questions.	402-471-3121 1-800-430-3244
Multiple Sclerosis Society – Nebraska	1-800-344-4867
Muscular Dystrophy University of Nebraska Medical Center	1-800-656-3937
Nebraska Alcohol and Drug Helpline	1-800-821-4357
Nebraska ChildFind Hotline for children with special health care needs.	1-888-806-6287
Nebraska Commission for the Deaf and Hard of Hearing	1-800-545-6244 V/TTY
Nebraska Diabetes Prevention & Control Program (Ask for the Diabetes section)	1-800-745-9311
Nebraska Easter Seal Society Helps the mentally and physically disabled. Offers information and financial resources.	1-800-650-9880
Nebraska Family Helpline Website: www.answers4families.org	1-888-866-8660
Nebraska Family Support Network Helps families with children with behavioral, mental or emotional disabilities; gives support & referral assistance.	1-800-245-6081
Nebraska HIV/AIDS Hotline	1-800-782-2437
Nebraska Reproductive Health Website: www.dhhs.ne.gov/publichealth/pages/reproductivehealth.aspx	402-471-3980
Nebraska SIDS Foundation	402-935-1911
Nebraska Tobacco Quitline Assists you in quitting smoking via telephone coaching and support.	1-800-QUIT-NOW (1-800-784-8669)
Parent Training and Information for Families of Children with Disabilities (PTI)	1-800-284-8520 V/TTY
The Poison Center Children's Memorial Hospital	1-800-955-9119
Spina Bifida Association – Nebraska	1-800-526-0017
Suicide Prevention in Nebraska	1-800-784-2433
2-1-1 Human Services in Nebraska Assists you in finding Health and Human Service agencies and programs across the state.	211
United Cerebral Palsy of Nebraska	1-800-729-2556