

# Nutrition and Health Risks

*You have the unique opportunity to notice signs of problems that can impact the health and well-being of our clients. Here are some examples of what you might see or hear and good ways to respond.*

## What you might hear or see...

## What you should say or do...

Child over two drinking from a bottle

Pass the information on to the CPA

Bottle that looks like it contains something other than milk or water

Pass the information on to the CPA

Breastfeeding mom complaining of pain or discomfort

“It sounds like you could benefit from a visit with our breastfeeding specialist”  
– Make an internal referral

Anything that seems unusual or odd about a client’s behavior

Pass the information on to the CPA

Problems at home

- ❖ Eviction
- ❖ Abuse

“There are several resources in the community that might be able to help with that problem.”  
- Make an internal referral

**NOTE: WIC staff are required to report any possible abuse using the toll-free hotline. Talk to your supervisor about your local agency policy.**

**Abuse/Neglect Hotline – Nebraska DHHS  
1-800-652-1999**