

NPAO Advisory Group Summary Sheet

Purpose of the Advisory Group: To formalize stakeholder involvement, communication, and shared planning focused on the implementation and application of the Nebraska Physical Activity and Nutrition State Plan (State Plan).

History: The NPAO Advisory Group was formed in April, 2009, as a charge of the Nutrition and Activity for Health Program within DHHS, per grant requirements of the Centers for Disease Control and Prevention (CDC), Division of Nutrition, Physical Activity and Obesity.

Advisory Group Tasks:

- Enhance State Plan Implementation by:
 - Developing an **implementation guide**
 - Developing a **partnership guide**
 - Revising the State Plan

Definitions:

State Plan: Released in April 2005, the five year State Plan (2005-2010) is a comprehensive, statewide plan that communicates goals and objectives aimed at improving nutrition and physical activity in a variety of settings (Community, Schools and Childcare Facilities, Worksites, Healthcare) with the aim of decreasing obesity and chronic disease rates related to inactivity and poor nutrition.

Implementation Guide: An annual (or biennial) guide to communicate and implement the State Plan. The implementation guide will describe priority objectives and strategies from the State Plan to be the focus of State Plan implementation during a specified time period.

Partnership Guide: An annual (or biennial) guide to outline stakeholder involvement and coordination necessary to implement the State Plan. The partnership plan will compliment the implementation guide.

State Plan Revision: A process to review, update, and promote State Plan by the end of 2011.

State Plan Settings:

- Community
- Schools and Childcare Facilities
- Worksites
- Healthcare

CDC Priority Areas:

- Increase physical activity
- Increase consumption of fruits & vegetables
- Decrease sugar sweetened beverage consumption
- Increase breastfeeding initiation, duration, and exclusivity
- Reduce high energy dense food consumption
- Decrease television viewing