

Nebraska Tobacco Cessation Programs

Albion

Boone County Health Center

Gayla Oakley

P.O. Box 151

Albion, NE 68620

Phone: (402) 395-3149

Email: goakley@boonecohealth.org

Number of Sessions: Individualized, 6-week program

Cost: \$84

Beatrice

Beatrice Community Hospital

Deb Baumfalk

4800 Hospital Parkway

Beatrice, NE 68310

Phone: (402) 223-6566

Email: dbaumfalk@bchhc.org

Number of Sessions: Classes as needed

Cost: \$35

Broken Bow

Janet E. Dobesh, LMHP*

1032 South "E" St.

Broken Bow, NE 68822

Phone: (308) 872-2123

Email: jandobesh@gmail.com

Total Hours of Cessation Counseling: Varies

Number of Sessions: Varies

Cost: ½ hour: \$25, 8-week clinic: \$80

* Meets the minimum requirements for purposes of the [Nebraska Clean Indoor Air Act](#).

Cambridge

TriValley Health System – Cardiopulmonary Services*

Keith Luedders, Director of Cardiopulmonary, Diagnostics & Sleep Disorders

1305 US 6 & 34

P.O. Box 488

Cambridge, NE 69022

Phone: (308) 697-1159

Email: dircp@trivalleyhealth.com

Website: www.Trivalleyhealth.com

Total Hours of Cessation Counseling: 20

Number of Sessions: 20

Cost: individual counseling: \$53.50

Columbus

Columbus Community Hospital*

Mary Jo Burkhardt, RN, BSN, Certified Diabetes Educator

4600 38th St.

Columbus, NE 68601

Phone: (402) 562-3322

Total Hours of Cessation Counseling: 2

Number of Sessions: 3

Cost: \$100

Fremont

Fremont Area Medical Center*

Jill Gossett

450 East 23rd, Health Park Plaza, 3rd Fl.

Fremont, NE 68025

Phone: (402) 727-3439

Email: jgossett@famc.org

Additional Information: Class locations are flexible

Total Hours of Cessation Counseling: 4

Number of Sessions: 4

Cost: \$40

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Grand Island

Shannon Frink

Phone: (308) 381-3678

Email: 1221Dietitian@hy-vee.com

Number of Sessions: Varies, 5 sessions all start after 5:30 p.m.

Cost: \$50

Hastings

Central Community College*

Jessica Sorge, MA, LIMHP, LADC

550 S. Technical Blvd.

Hastings, NE 68901

Phone: (402) 461-2425

Email: jessicasorge@cccneb.edu

Additional Information: Classes will be announced

Cost: Free

Mary Lanning Memorial Hospital*

Becky Sullivan, MS

715 N. Saint Joseph

Hastings, NE 68901

Phone: (402) 460-5852

Email: bsullivan@marylanning.org

Website: www.marylanning.org

Total Hours of Cessation Counseling: Group: 8-12 hours, Individual: 4-6 hours

Number of Sessions: 6-8

Cost: Group: \$65, Individual: \$99

Kearney

Good Samaritan Cancer Center

Kim Burr

P.O. Box 1990

Kearney, NE 68848

Phone: (308) 856-7291 or 1-800-277-4306

NoSmoke@catholicealth.net

Number of Sessions: Group programs as announced, individual consults and sessions available by appointment. Focused on cancer patients and survivors.

Cost: Free

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Lincoln

BryanLGH Medical Center – Life Point

Jodi Sudik

7501 S 27th

Lincoln, NE 68506

Phone: (402) 481-6312

Number of Sessions: Individual consultation to determine personalized program. Call for additional information. No group programs.

Cost: Varied

University of Nebraska Medical Center College of Dentistry*

Peter J. Giannini, DDS, MS

Brian M. Lange, PhD

40th and Holdrege Streets

Lincoln, NE 68583-0240

Phone: (402) 472-4160

Email: pgiannini@unmc.edu

Website: http://www.unmc.edu/dentistry/tobacco_cessation.htm

Additional Information: Individual counseling is available.

Total Hours of Cessation Counseling: 30 minutes

Cost: \$66

Neligh

Antelope Memorial Hospital*

Chris Miller, CRT

102 W. 9th

Neligh, NE 68756

Phone: (402) 887-6265

Email: cmiller@amhne.org

Number of Sessions: Based on individual need.

Cost: To be determined

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Omaha

Alegent Health*

Ken Saunders, PharmD, TTS
Hospital & Ambulatory Care Pharmacist
Adjunct Clinical Assistant Professor
Omaha, NE 68116
Phone: (402) 651-6724
Email: kensaunderspharmd@yahoo.com
Additional Information: Class locations are flexible.
Total Hours of Cessation Counseling: 4
Number of Sessions: 4
Cost: \$100 per participant for groups of two or more, \$125 individual

American Lung Association (ALA)*

Lisa Fuchs
8990 W. Dodge Rd, Ste. 226
Omaha, NE 68114
Phone: (402) 502-4950
Email: tobaccofreeu@gmail.com
Website: www.breathehealthy.org
Additional Information: Freedom from Smoking Web-based Program
Total Hours of Cessation Counseling: 16 (Need a minimum of 10 to hold a class.)
Number of Sessions: 8 – held weekly
Cost: \$100

Charles Drew Health Center*

Tiffany White Welchen
2915 Grant St.
Omaha, NE 68111
Phone: (402) 451-3553, Ext. 2259
Website: www.charlesdrewhcomaha.org
Additional Information: Individual counseling is available.
Total Hours of Cessation Counseling: 8
Number of Sessions: 8
Cost: Free to Charles Drew patients

Creighton University School of Medicine*

Shavonne Washington-Krauth, MA
3006 Webster St.
Omaha, NE 68131
Phone: (402) 280-5287
Email: shavonnewashington@creighton.edu
Total Hours of Cessation Counseling: 8 (group), 1 (individual)
Number of Sessions: 8 (group), individual sessions vary based on need.
Cost: \$75 for group class, \$35 per session for individual counseling

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Omaha – continued

Kurt V. Gold, MD, PC*

7919 Wakeley Plaza

Omaha, NE 68114

Phone: (402) 933-2016

Email: kgoldmd@qwestoffice.net

Additional Information: Individual and group counseling is available. Schedule sessions with the front desk.

Total Hours of Cessation Counseling: As needed

Number of Sessions: As needed

Cost: \$30 per session

Methodist Hospital - Quit Smart

Ann Burch

8303 Dodge St.

Omaha, NE 68114

Phone: (402) 354-5237

Number of Sessions: Three individual sessions, with follow-up

Cost: \$40

The Nebraska Medical Center

Tom Klingemann

989200 Nebraska Medical Center

Omaha, NE 68198-9200

Phone: (402) 559-8757

Number of Sessions: Meet one-on-one with a trained pharmacist, 4-5 times, 30-40 minutes each session.

Cost: \$75

Tobacco Free U

Lisa Fuchs

Certified Tobacco Treatment Specialist

15087 Birch St.

Omaha, NE 68116

Phone: (402) 960-2903

Email: tobaccofreeu@gmail.com

Additional Information: Individual counseling is available.

Cost: Contact for fees

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Pender

Pender Community Hospital

Alicia Kratke, RRT

100 Hospital Drive

Pender, NE 68047

Phone : (402) 385-4059

Email: Alicia.kratke@mercyhealth.com

Number of Sessions: Group Counseling, 8 session class, each session will be 1 hour and 30 minutes

Cost: \$100

West Point

St. Francis Memorial Hospital

Craig Clause

430 N. Monitor St.

West Point, NE 68788

Phone: (402) 372-2404

Number of Sessions: Individualized, 1-3 sessions

Cost: \$30.00 per session

York

York General Healthcare Services

Sandy Dorcmus

Joan Manning

2222 Lincoln Ave.

York, NE 68467

Phone: (402) 362-0470

Email: Joanie.manning@yorkgeneral.org

Additional information: Individual counseling is available.

Total Hours of Cessation Counseling: 1 hour per month

Cost: \$33.50

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