Nebraska Tobacco Cessation Programs

Albion

Boone County Health Center
Gayla Oakley
P.O. Box 151
Albion, NE 68620
Phone: (402) 395-3149
Email: goakley@boonecohealth.org
Number of Sessions: Individualized, 6-week program
Cost: $84

Beatrice

Beatrice Community Hospital
Deb Baumfalk
4800 Hospital Parkway
Beatrice, NE 68310
Phone: (402) 223-6566
Email: dbaumfalk@bchhc.org
Number of Sessions: Classes as needed
Cost: $35

Broken Bow

Janet E. Dobesh, LMHP*
1032 South “E” St.
Broken Bow, NE 68822
Phone: (308) 872-2123
Email: jandobesh@gmail.com
Total Hours of Cessation Counseling: Varies
Number of Sessions: Varies
Cost: ½ hour: $25, 8-week clinic: $80

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Cambridge

TriValley Health System – Cardiopulmonary Services*
Keith Luedders, Director of Cardiopulmonary, Diagnostics & Sleep Disorders
1305 US 6 & 34
P.O. Box 488
Cambridge, NE 69022
Phone: (308) 697-1159
Email: dircp@trivalleyhealth.com
Website: www.Trivalleyhealth.com
Total Hours of Cessation Counseling: 20
Number of Sessions: 20
Cost: individual counseling: $53.50

Columbus

Columbus Community Hospital*
Mary Jo Burkhardt, RN, BSN, Certified Diabetes Educator
4600 38th St.
Columbus, NE 68601
Phone: (402) 562-3322
Total Hours of Cessation Counseling: 2
Number of Sessions: 3
Cost: $100

Fremont

Fremont Area Medical Center*
Jill Gossett
450 East 23rd, Health Park Plaza, 3rd Fl.
Fremont, NE 68025
Phone: (402) 727-3439
Email: jgossett@famc.org
Additional Information: Class locations are flexible
Total Hours of Cessation Counseling: 4
Number of Sessions: 4
Cost: $40

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Grand Island

Shannon Frink  
Phone: (308) 381-3678  
Email: 1221Dietitian@hy-vee.com  
Number of Sessions: Varies, 5 sessions all start after 5:30 p.m.  
Cost: $50

Hastings

Central Community College*  
Jessica Sorge, MA, LIMHP, LADC  
550 S. Technical Blvd.  
Hastings, NE 68901  
Phone: (402) 461-2425  
Email: jessicasorge@cccneb.edu  
Additional Information: Classes will be announced  
Cost: Free

Mary Lanning Memorial Hospital*  
Becky Sullivan, MS  
715 N. Saint Joseph  
Hastings, NE 68901  
Phone: (402) 460-5852  
Email: bsullivan@marylanning.org  
Website: www.marylanning.org  
Total Hours of Cessation Counseling: Group: 8-12 hours, Individual: 4-6 hours  
Number of Sessions: 6-8  

Kearney

Good Samaritan Cancer Center  
Kim Burr  
P.O. Box 1990  
Kearney, NE 68848  
Phone: (308) 856-7291 or 1-800-277-4306  
NoSmoke@catholichealth.net  
Number of Sessions: Group programs as announced, individual consults and sessions available by appointment. Focused on cancer patients and survivors.  
Cost: Free

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Lincoln

BryanLGH Medical Center – Life Point
Jodi Sudik
7501 S 27th
Lincoln, NE 68506
Phone: (402) 481-6312
Number of Sessions: Individual consultation to determine personalized program. Call for additional information. No group programs.
Cost: Varied

University of Nebraska Medical Center College of Dentistry*
Peter J. Giannini, DDS, MS
Brian M. Lange, PhD
40th and Holdrege Streets
Lincoln, NE 68583-0240
Phone: (402) 472-4160
Email: pgiannini@unmc.edu
Website: http://www.unmc.edu/dentistry/tobacco_cessation.htm
Additional Information: Individual counseling is available.
Total Hours of Cessation Counseling: 30 minutes
Cost: $66

Neligh

Antelope Memorial Hospital*
Chris Miller, CRT
102 W. 9th
Neligh, NE 68756
Phone: (402) 887-6265
Email: cmiller@amhne.org
Number of Sessions: Based on individual need.
Cost: To be determined

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Omaha

Alegent Health*
Ken Saunders, PharmD, TTS
Hospital & Ambulatory Care Pharmacist
Adjunct Clinical Assistant Professor
Omaha, NE 68116
Phone: (402) 651-6724
Email: kensaunderspharmd@yahoo.com
Additional Information: Class locations are flexible.
Total Hours of Cessation Counseling: 4
Number of Sessions: 4
Cost: $100 per participant for groups of two or more, $125 individual

American Lung Association (ALA)*
Lisa Fuchs
8990 W. Dodge Rd, Ste. 226
Omaha, NE 68114
Phone: (402) 502-4950
Email: tobaccoffeeu@gmail.com
Website: www.breathehealthy.org
Additional Information: Freedom from Smoking Web-based Program
Total Hours of Cessation Counseling: 16 (Need a minimum of 10 to hold a class.)
Number of Sessions: 8 – held weekly
Cost: $100

Charles Drew Health Center*
Tiffany White Welchen
2915 Grant St.
Omaha, NE 68111
Phone: (402) 451-3553, Ext. 2259
Website: www.charlesdrewhcomaha.org
Additional Information: Individual counseling is available.
Total Hours of Cessation Counseling: 8
Number of Sessions: 8
Cost: Free to Charles Drew patients

Creighton University School of Medicine*
Shavonne Washington-Krauth, MA
3006 Webster St.
Omaha, NE 68131
Phone: (402) 280-5287
Email: shavonnewashington@creighton.edu
Total Hours of Cessation Counseling: 8 (group), 1 (individual)
Number of Sessions: 8 (group), individual sessions vary based on need.
Cost: $75 for group class, $35 per session for individual counseling

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Omaha – continued

Kurt V. Gold, MD, PC*
7919 Wakeley Plaza
Omaha, NE 68114
Phone: (402) 933-2016
Email: kgoldmd@qwestoffice.net
Additional Information: Individual and group counseling is available. Schedule sessions with the front desk.
Total Hours of Cessation Counseling: As needed
Number of Sessions: As needed
Cost: $30 per session

Methodist Hospital - Quit Smart
Ann Burch
8303 Dodge St.
Omaha, NE 68114
Phone: (402) 354-5237
Number of Sessions: Three individual sessions, with follow-up
Cost: $40

The Nebraska Medical Center
Tom Klingemann
989200 Nebraska Medical Center
Omaha, NE 68198-9200
Phone: (402) 559-8757
Number of Sessions: Meet one-on-one with a trained pharmacist, 4-5 times, 30-40 minutes each session.
Cost: $75

Tobacco Free U
Lisa Fuchs
Certified Tobacco Treatment Specialist
15087 Birch St.
Omaha, NE 68116
Phone: (402) 960-2903
Email: tobac coffreeu@gmail.com
Additional Information: Individual counseling is available.
Cost: Contact for fees

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Pender

Pender Community Hospital
Alicia Kratke, RRT
100 Hospital Drive
Pender, NE 68047
Phone: (402) 385-4059
Email: Alicia.kratke@mercyhealth.com
Number of Sessions: Group Counseling, 8 session class, each session will be 1 hour and 30 minutes
Cost: $100

West Point

St. Francis Memorial Hospital
Craig Clause
430 N. Monitor St.
West Point, NE 68788
Phone: (402) 372-2404
Number of Sessions: Individualized, 1-3 sessions
Cost: $30.00 per session

York

York General Healthcare Services
Sandy Dorcmus
Joan Manning
2222 Lincoln Ave.
York, NE 68467
Phone: (402) 362-0470
Email: Joanie.manning@yorkgeneral.org
Additional information: Individual counseling is available.
Total Hours of Cessation Counseling: 1 hour per month
Cost: $33.50

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