

N-MIECHV

NEBRASKA'S STATE HOME VISITING PROGRAMS

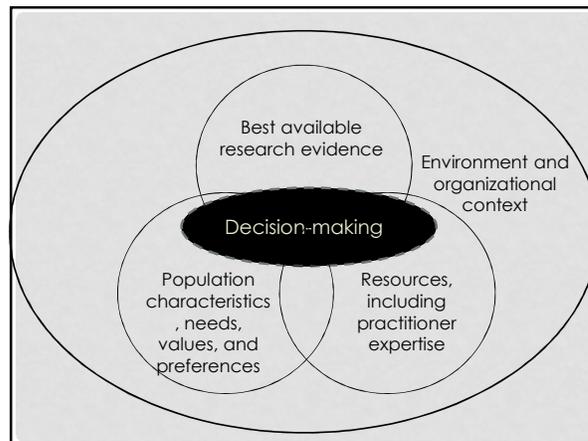


OBJECTIVES

- Examine developments in home visiting in Nebraska
 - Federally-funded home visiting
 - State-funded home visiting
 - MCH Title V home visiting
 - Local investment in home visiting
- Identify opportunities and challenges in sustainability and replication

WHAT WORKS? IMPLICATIONS OF EVIDENCE-BASED MODELS

- What do we expect to happen?
- What will be measured?
- What degree of measurement proves effectiveness?
- Is the effective intervention acceptable and affordable?
- Is the intervention adaptable for diverse clientele?



ACA HOME VISITING "N-MIECHV"

- Evidence-based home visiting: selection of a prescribed model
- Within a comprehensive system of early childhood services, resources, and supports
- Supported by an engaged local community
- Serving a high-risk target population (not "universal" home visiting)
- With sustained services from prenatal to age 5

ACA HOME VISITING "N-MIECHV"

- Benchmark measurement required
- Implementation with fidelity
- Integrated data system
- Local advisory group
- Staff training
- Continuous quality improvement

MIECHV PRESCRIBED BENCHMARKS

- Improved maternal and newborn health;
- Prevention of child injuries, child abuse, neglect, or maltreatment, and reduction of emergency department visits;
- Improvement in school readiness and achievement;
- Reduction in crime or domestic violence;
- Improvements in family economic self-sufficiency; and
- Improvements in the coordination and referrals for other community resources and supports.

EVIDENCE-BASED REVIEWS

Supplee, L. and T. Adirim. American Psychological Association. Evidence-based home visiting to enhance child health and child development and to support families. American Psychological Assoc. July 2012.

<http://www.apa.org/pi/families/resources/newsletter/2012/07/home-visiting.aspx>

Home Visiting Evidence of Effectiveness

<http://homvee.acf.hhs.gov/>

Ten evidence-based practices for home visiting programs.

<http://www.state.ia.us/earlychildhood/docs/EvidenceBasedHomeVisitingTool.pdf>

N-MIECHV: THE PROCESS

- Identification of priority locations (counties) in Nebraska
- Needs assessment and prioritization of at-risk groups
- Locally-driven process of matching priorities to interventions
- Identification of home visiting's "fit" with existing services and resources for all families – creating safe, stable, and nurturing environments for children

STATE-FUNDED PROJECTS

- State general funds
- Recent changes in administrative authority to join state-funded projects with N-MIECHV model
- Moving state funded programs into evidence-based, data-driven practice
 - Transitions in data methods to measure benchmarks
 - Evidence-based models and curricula, implemented with fidelity
 - Adoption of CQI practices

ADDITIONAL RESOURCES FOR HOME VISITING

- MCH Title V (federal funds)
- Local investment
- Other models

CONSIDERATIONS IN SCALING UP

- EBHV is not a universal, one-size fits all solution
- How to address stigma, and "normalize" family support?
- Data on effectiveness without intrusion
- What are the needed capacities and competencies of home visiting with high risk families?
 - Mental health
 - Substance use
 - Trauma-informed care

SUSTAINABILITY AND REPLICATION

- Cost!!
- The role of Medicaid managed care
- Shifting our health investments to early in life
- Building efficiencies and capacities
- Local investment

COMMUNITY NURSING IMPLICATIONS OF HOME VISITING

- Need a flexible, responsive balance of nursing assessment, education, coaching, and problem-solving
- Home visiting is one aspect of communities supporting healthy childhood
- Normalizing home visiting and family support for all young families would reduce stigma.
- As nurses, we can help articulate and embrace the opportunity to support young families with prevention-oriented services
- The most effective prevention is intensive, comprehensive, and sustained.
 - (Lisbeth Schorr: Within Our Reach)

MORE RESOURCES

- <http://mchb.hrsa.gov/programs/homevisiting/>
- <http://homvee.acf.hhs.gov/Default.aspx>
- <http://supportingebhv.org/resources/miechv-home-visiting-program>
- http://www.mdrc.org/publications/MIECHV_EB_Models_Crosswalk_to_Benchmarks.pdf