What To Do If Injury Occurs?

Cut/bitten lip, cheek or tongue

- If bleeding is present, apply direct pressure to the area with gauze or cloth.
- If swelling is present, apply a cold compress.
- If bleeding can't be controlled, take child to the dentist.

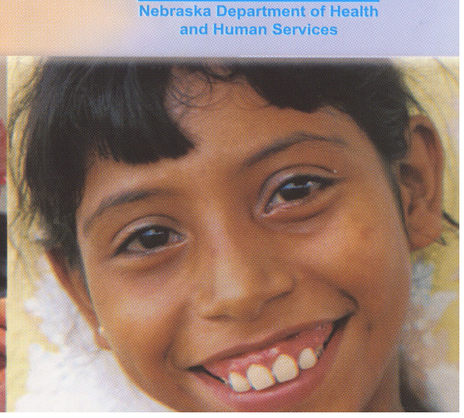
Broken Tooth

- Clean injured area with warm water.
- Have child bite down on folded gauze over broken tooth.
- If swelling is present, apply cold compress.
- Take the child to the dentist. Don't forget to bring the broken tooth fragments.

Avulsed (knocked-out) tooth

- Find tooth, but do not handle the root.
- If tooth is soiled, rinse it gently in water. Do not scrub it or remove attached tissue.
- Attempt to reinsert tooth in the socket, if not possible, place tooth in cold skim milk or water.
- Take child to the dentist immediately. Don't forget to bring the tooth. Time is critical in saving the tooth.

Bleeding after baby tooth falls out

- Have child bite down on folded gauze over bleeding area for 10-15 minutes.
  - Replace gauze and repeat procedure up to 3 times.
    - If bleeding persists, take the child to the dentist.

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