100 – 200- 300
Formula Fed

100 – 0-3 months; youngest

200 – 4-5 months; middle

300 – 6-12 months; oldest

1st Digit – INFANTS

- First digit will be a number
- Number tells you 2 things
  - Status
  - Age

3rd Digit – Infants

Quantity

- F = full package (ie. 1AF)

Or

- # of Cans (ie. 8A3)

400 – 500 - 600
Some BF

400 – 0-3 months; youngest

500 – 4-5 months; middle

600 – 6-12 months; oldest

1st Digit – INFANTS

100/200/300 – formula Fed

400/500/600 – Some BF

700/800/900 – Mostly BF

2nd Digit – Infants

- Type of formula
- Is a letter
- Letter corresponds to food package cheat sheet

700 – 800 - 900
MOSTLY BF

700 – 0-3 months; youngest

800 – 4-5 months; middle

900 – 6-12 months; oldest

B =

Fully BF Baby

BFG – 0-3 mo (no food)
BF4 – 4-5 mo (no food)
BFF – 6-12 mo (+food)
BF6 – 6-12 mo (no food)

1st Digit – Women & Children

- T – Toddler
- C – Child
- P - Pregnant

- E – Fully (Exclusive) BF
- M – Mostly BF
- S – Some BF
- D – Delivered (PP)

Types of Milk Substitutions – 2nd Digit:

A – Acidophilus
B – Buttermilk
D – Dry milk
E – Evaporated milk
S – Soy Milk

1 – Standard pkg (no sub)
2 – with Cheese sub.

Exceptions:

B = Fully Breastfed Baby

2nd Digit – Women & Children

- Type of food package
- F – Full Standard package

Or

- Type of milk substitution

3rd Digit – Women & Children
1 – Standard package
2 – package with extra cheese

Food Package Numbering Cards

Coding System

Print 4 pg/ sheet (properties)
(options) reverse orderfor notebook pages