

CPA - Food Package Unit



Nebraska WIC Training Clinic:
Resources & Job Aids



12.19.12

The WIC Food Package

Nutrition Delivered

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) is a very important source of nutritious foods and nutrition education for many low-income pregnant women, new mothers, infants and children up to age five in low-income families. The program provides a monthly package of WIC checks that can be used in the grocery store to buy specific foods.

The food package today contains many of the same foods as it did when the program started in Nebraska in 1975 and was designed to supplement diets with foods rich in five nutrients known to be lacking: Vitamin A, vitamin C, calcium, iron and protein.

- Iron fortified cereals
- 100% fruit juice
- Milk
- Cheese
- Dried beans or peanut butter
- Eggs
- Iron fortified infant formula

Since the program started there has been an explosion of knowledge related to nutrition and health, as well as a growing obesity problem in this country. In 2009 the WIC food packages were revised based on the recommendations of the Institute of Medicine, the latest nutrition science, the 2005 Dietary Guidelines and the American Academy of Pediatrics. The revised food package provides more whole grains, more fiber, less saturated fat, supports breastfeeding and delays the introduction of solids for infants until 6 months of age. Changes include:

- The addition of fresh fruits and vegetables
- The addition of 100% whole wheat bread or brown rice
- The addition of baby food fruits and vegetables for all infants at 6 months
- The addition of baby food meat for breastfed babies.
- An option to substitute canned beans in place of dry beans
- An option to substitute soy beverage for milk
- And more foods for fully breastfeeding mothers and their babies

Today, WIC serves over 9.2 million nationwide. In Nebraska the average monthly participation on WIC is over 45,000.

November 2009



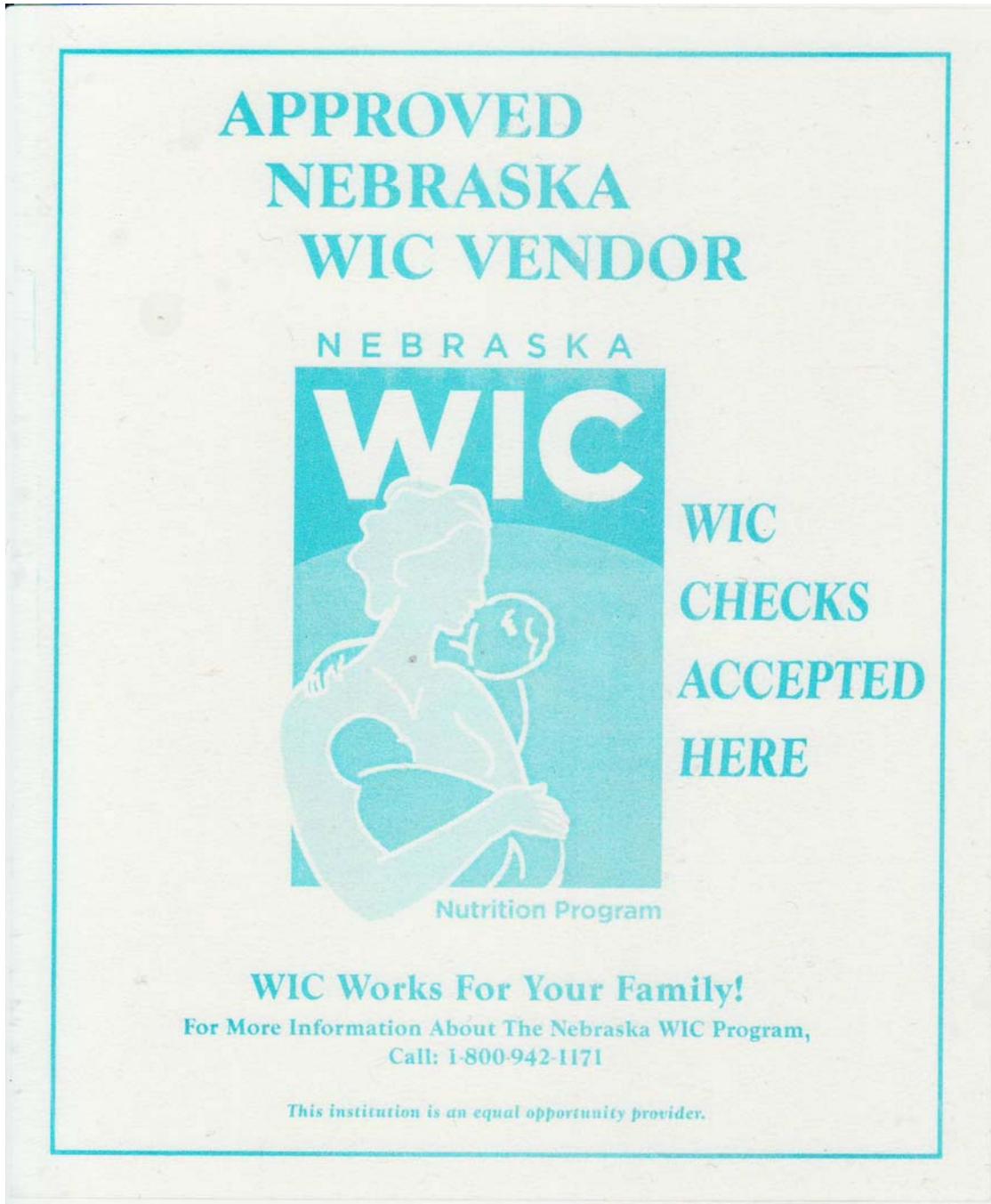
APPROVED FOOD LIST

Nebraska WIC Program

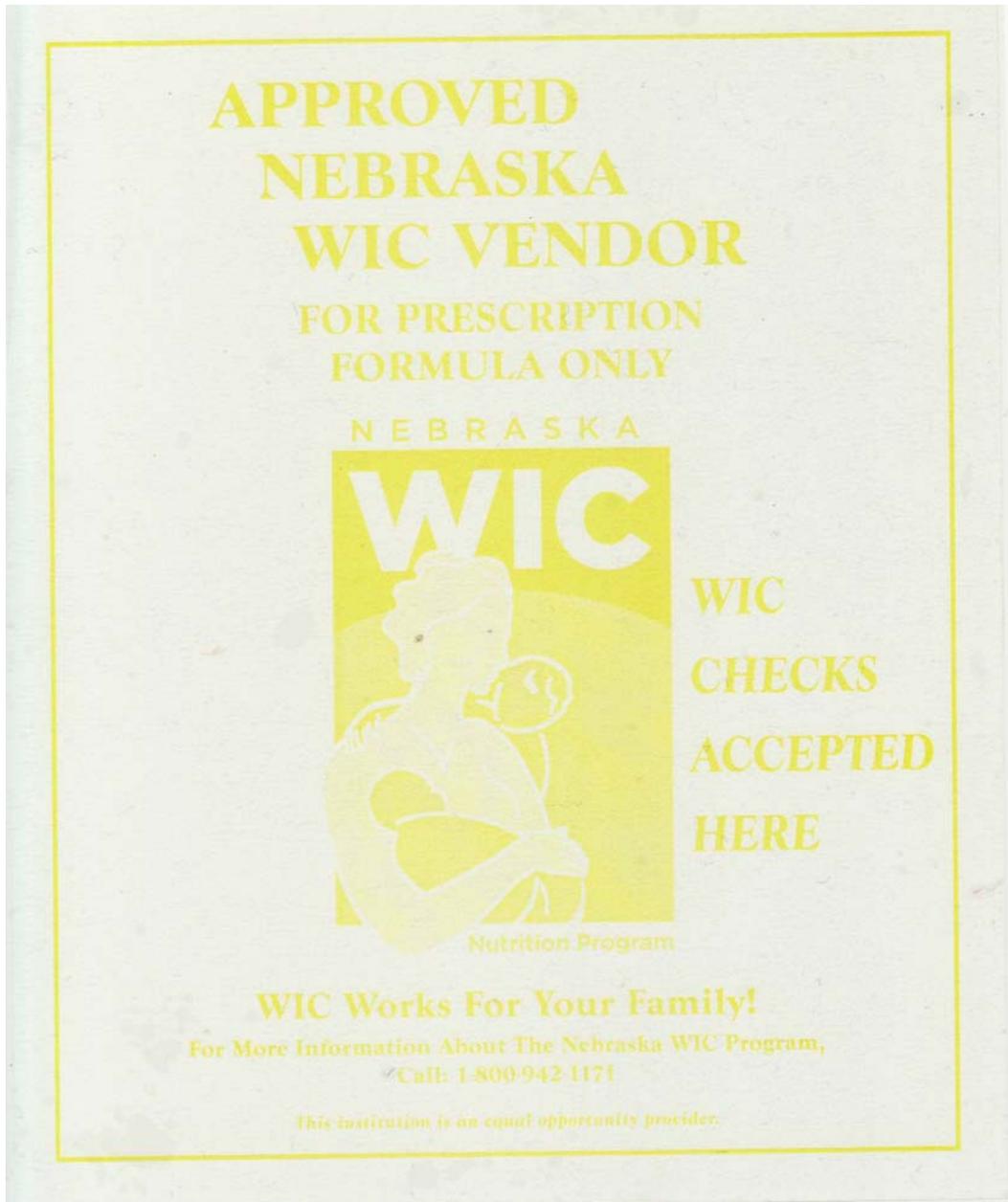
October 1, 2012 – September 30, 2015



Grocery Store – Window Sticker



Special Purchase Store / Pharmacy – Window Sticker



These stores are only authorized to accept WIC checks for “special formulas” and or “medical formulas”.

They are not authorized to accept checks for contract formulas or WIC foods.

Store Shelf Label



Sample label

Client Status Chart

F1 – Use Help Screen

	COMPUTER CODE	DEFINITION
INFANT & 1 year old	IBF	Infant Breastfed - FULLY or MOSTLY (0-12 months)
	IPB	Infant Breastfed - SOME (0-12 month)
	IFF	Infant Formula Fed - NO breastfeeding (0-12 months)
	CH1	Child 1 year (12-23 months)
CHILD	CH2	Child 2 years (24-35 months)
	CH3	Child 3-4 years (36-59 months)
PREGNANT	PGT	Pregnant teen age 17 or <
	PGW	Pregnant woman, age 18 or >
DELIVERED	BF1	Teen or woman - FULLY or MOSTLY breastfeeding an infant that is 0-12 months old.
	BF2	Woman or teen - SOME breastfeeding an infant 0-12 months old.
	PPT	Teen, age 17 or < - whose infant is less than 6 months of age & is NOT breastfeeding
	PPW	Woman - whose infant is less than 6 months old & is NOT breastfeeding

Breastfeeding Definitions

Fully Breastfeeding	Infant is fed breastmilk for <i>all feedings</i> Infant does not receive WIC formula
Mostly Breastfeeding	Infant is fed breastmilk for <i>nearly all feedings</i>
Some Breastfeeding	Infant is fed breastmilk <i>at least 1 time per day</i>

NE WIC - Basic Food Packages

Woman's Food Package - Fully Breastfeeding



Cereal - 36 ounces



Eggs - 2 dozen
(medium or large)



Juice - 3 containers
(frozen or concentrate)

At the Store - PICK 2



Peanut Butter - 18 oz jar
Dried Beans - 1 lb
Canned Beans - 4 cans

At the Store - PICK 1



100% Whole Wheat Bread - 1 lb loaf
Brown Rice - (14-16 oz bag or box)
Whole Wheat or Corn Tortillas - 16 oz



Tuna or Salmon
- 30 ounces



Fruits & Vegetables
\$10 check

Milk - 6 gallons &
Cheese - 1 lb

OR

Milk - 5 gallons &
Cheese - 2 lb



EF1



EF2

Nebraska WIC Training Clinic
Approved for
Effective 10/1/2010

Woman's Food Package - Mostly Breastfeeding



Cereal - 36 ounces



Eggs - 1 dozen
(medium or large)



Juice - 3 containers
(frozen or concentrate)

At the store - PICK 2



Peanut Butter - 18 oz jar
Dried Beans - 1 lb
Canned Beans - 4 cans

At the store - PICK 1



100% Whole Wheat Bread - 1 lb loaf
Brown Rice - (14-16 oz bag or box)
Whole Wheat or Corn Tortillas - 16oz



Fruits & Vegetables
\$10 check

Milk - 5 1/2 gallons
Cheese - NONE

OR

Milk - 4 1/2 gallons
Cheese - 1 lb



MF1



MF2

Nebraska WIC Training Clinic
Effective 10/1/2010
Tortillas added

Woman's Food Package - Some Breastfeeding



Cereal - 36 ounces



Eggs - 1 dozen
(medium or large)



Juice - 2 containers
(frozen or concentrate)

At the store - PICK 1



Peanut Butter - 18 oz jar
Dried Beans - 1 lb
Canned Beans - 4 cans



Fruits & Vegetables
\$10 check

Milk - 4 gallons
(Cheese - NONE)

OR

Milk - 3 gallons
Cheese - 1 lb



SF1



SF2

Effective 2-1-10
FV check increase to \$10 for women

Woman's Food Package - Postpartum



Cereal - 36 ounces



Eggs - 1 dozen
(medium or large)



Juice - 2 containers
(frozen or concentrate)

At the store - PICK 1



Peanut Butter - 18 oz jar
Dried Beans - 1 lb
Canned Beans - 4 cans



Fruits & Vegetables
\$10 check

Milk - 4 gallons
Cheese - NONE

OR

Milk - 3 gallons &
Cheese - 1 lb



DF1



DF2

Effective 2-1-10
FV check for women increase to \$10

Woman's Food Package - Pregnant



Cereal - 36 ounces



Eggs - 1 dozen
(medium or large)



Juice - 3 containers
(frozen or concentrate)

At the store - PICK 2



Peanut Butter - 18 oz jar
Dried Beans - 1 lb
Canned Beans - 4 cans

At the store - PICK 1



100% Whole Wheat Bread - 1 lb loaf
Brown Rice - (14-16 oz bag or box)
Whole Wheat or Corn Tortillas - 16 oz



Fruits & Vegetables
\$10 check



OR



Nebraska WIC Training Program
Effective 10/1/2010
Added Tortillas

Child's Food Package



Cereal - 36 ounces



Eggs - 1 dozen
(medium or large)



Juice - 2 bottles
(64 oz plastic)

At the store - PICK 1



Peanut Butter - 18 oz jar
Dried Beans - 1 lb
Canned Beans - 4 cans

At the store - PICK 2



100% Whole Wheat Bread - 1 lb loaf
Brown Rice - (14-16 oz bag or box)
Whole Wheat or Corn Tortillas - 16 oz



Fruits & Vegetables
\$6 check



OR



T pkg - 1 year old - whole Milk
C pkg - 2-4 year old - Skim, 1%, or 2%

Nebraska WIC Training Clinic
Effective 10/1/2010
Added Tortillas

Food Package Numbering System - For Women & Children

1 st Digit	
Status:	
T	Toddler
C	Child
P	Pregnant
E	Exclusive (Fully) BF
M	Mostly BF
S	Some BF
D	Delivered (Postpartum)

2 nd Digit	
Full package Or if need a milk alternative	
F	Full Standard package
S	Soy

3 rd Digit	
Standard package Or Package with cheese substituted for milk	
1	Standard Package - all milk (no cheese)
2	Package with cheese

Common Food Packages

Fully Breastfeeding - BF1	
6 Milk/1 Cheese	EF1
5 Milk/2 Cheese	EF2

Mostly Breastfeeding - BF1	
5 $\frac{1}{2}$ milk/0 Cheese	MF1
4 $\frac{1}{2}$ Milk/1 Cheese	MF2

Some Breastfeeding - BF2	
4 Milk/0 Cheese	SF1
3 Milk/1 Cheese	SF2

Pregnant - PGW/PGT	
5 $\frac{1}{2}$ milk/0 Cheese	PF1
4 $\frac{1}{2}$ Milk/1 Cheese	PF2

Postpartum - PPW/PPT	
4 Milk/0 Cheese	DF1
3 Milk/1 Cheese	DF2

Fully Breastfed Infants - IBF	0-3 months	4-5 month	6-12 month pkg
Fully BF - Breastmilk	BFG	BF4	BFF Cereal & Baby Food

Formula Fed Infants - IFF	Formula Only Package 0-3 months	Formula Only Package 4-5 month	6-12 month pkg with cereal & baby food
Enfamil Premium Infant 12.5 oz pwd	1AF	2AF	3AF
Enfamil Premium Infant 13 oz conc	1BF	2BF	3BF
Enfamil Prosobee 12.9 oz pwd	1HF	2HF	3HF
Enfamil Prosobee 13 oz conc	1IF	2IF	3IF
Enfamil Gentlease 12 oz pwd	1GF	2GF	3GF

Toddler 1 yr - CH1	
4 Milk/0 Cheese	TF1
3 Milk/1 Cheese	TF2

Child 2-4 yr - CH2 or CH3	
4 Milk/0 Cheese	CF1
3 Milk/1 Cheese	CF2

Food Package Numbers for Children and Women

Effective October 1, 2009

	1 year old Children	2-5 year old Children	Pregnant	<u>FULLY</u> BF	<u>MOSTLY</u> BF	<u>SOME</u> BF	Postpart
STATUS	CH1	CH2	PGW	BF1	BF1	BF2	PPW
	TODDLER	CHILDREN	PREGNANT	FULLY	MOSTLY	SOME	DELIVERED
First digit of food pkg is . . .	T	C	P	E	M	S	D
Standard	TF1	CF1	PF1	EF1	MF1	SF1	DF1
Standard 1# cheese	TF2	CF2	PF2	EF2	MF2	SF2	DF2
Acidoph	TA1	CA1	PA1	EA1	MA1	SA1	DA1
Acidoph 1# cheese	TA2	CA2	PA2	NA	MA2	SA2	DA2
Buttermilk	NA	NA	PB1	EB1	MB1	SB1	DB1
Dry	NA	NA	PD1	ED1	MD1	SD1	DD1
Evaporated	NA	NA	PE1	EE1	ME1	SE1	DE1
Lactose reduced	TL1	CL1	PL1	EL1	ML1	SL1	DL1
Lactose red 1# cheese	TL2	CL2	PL2	NA	ML2	SL2	DL2
Soy	TS1	CS1	PS1	ES1	MS1	SS1	DS1
Tailored	TT1	CT1	PT1	ET1	MT1	ST1	DS1
Pregnant with Multiples	NA	NA	PFM	NA	NA	NA	NA
Breastfeeding Multiples	NA	NA	NA	EFM	MFM	NA	NA
Some BF with infant > 6 months (no food)	NA	NA	NA	NA	NA	SNC	NA

AUGUST 2011

Nebraska WIC Contract Formula

Effective - March 1, 2011



Enfamil Premium Infant



Enfamil AR



Enfamil ProSobee (Soy)



Enfamil Gentlease

No Physician Authorization Needed

Not Provided: Standard milk or soy based formulas from other companies such as Similac, Nestles, Parent's Choice etc.

NE WIC Training Clinic

Contract Infant Formulas

IFF = Formula Fed Infants

Enfamil Premium Infant



0 - 3 mo. **Powder** - 9 cans; 1AF **Concentrate** - 31 cans; 1BF

4-5 mo. **Powder** - 10 cans; 2AF **Concentrate** - 34 cans; 2BF

6-12 mo. **Powder** - 7 cans; 3AF **Concentrate** - 24 cans; 3BF

Infant Cereal - (3) 8 oz boxes
Baby Food F/V - (32) 4 oz jars

Enfamil ProSobee



0 - 3 mo. **Powder** - 9 cans; 1HF **Concentrate** - 31 cans; 1IF

4-5 mo. **Powder** - 10 cans; 2HF **Concentrate** - 34 cans; 2IF

6-12 mo. **Powder** - 7 cans; 3HF **Concentrate** - 24 cans; 3IF

Infant Cereal - (3) 8 oz boxes
Baby Food F/V - (32) 4 oz jars

Enfamil Gentlease



0 - 3 mo. **Powder** - 9 cans; 1GF

4-5 mo. **Powder** - 10 cans; 2GF

6-12 mo. **Powder** - 7 cans; 3GF

Infant Cereal (3) 8 oz boxes
Baby Food F/V - (32) 4 oz jars

Enfamil AR



0 - 3 mo. **Powder** - 9 cans; 1KF

4-5 mo. **Powder** - 10 cans; 2KF

6-12 mo. **Powder** - 7 cans; 3KF

Infant Cereal - (3) 8 oz boxes
Baby Food F/V - (32) 4 oz jars

DRAFT Formula Reference Sheet April 2010

Formula - Manufacturer	Size of 1 Can/ Pkt	Approx Yield 1 Can/ Pkt	Description	Reasons for Issuance	Product Image
Boost Kid Essentials 1.0 w/ Probiotic Straw - Nestle	8.25 oz rtf	8.25 fl oz	30cal/oz, nutritionally complete, lactose-free, gluten-free supplement. Similar to Pediasure.	Medical conditions; failure to thrive; gluten intolerance; surgery or trauma; chronic illness.	
Boost Kid Essentials 1.5 with or w/o fiber - Nestle	8 oz rtf	8 fl oz	45cal/oz, nutritionally complete, gluten-free, lactose-free with fiber supplementation for oral or tube feeding. Contains MCT oil.	Medical condition that increases calorie needs. Oral motor feeding problems. Tube feeding.	
E 028 Splash - Nutricia	8 oz rtf	8 fl oz	30cal/oz, nutritionally complete, lactose, gluten, whey, soy and milk protein-free elemental formula containing 100% free amino acids. For oral or tube feeding. 35% of fat is MCT oil. Not intended for infants under 1 year. Similar nutrient profile to Neocate One+	Severe malabsorption; Severe food allergies, multiple protein intolerance; GI impairment; Medical condition requiring a hypoallergenic elemental formula. Normally used for children over age 1.	
Elecare or Elecare DHA/ARA - Abbott	14.1 pwd	95 fl oz	Elemental formula. Nutritionally complete hypoallergenic amino acid-based medical food with iron for oral or tube feeding. 20 cal/oz is the standard dilution for infant feeding.	Severe malabsorption; Multiple food allergies; GI impairment, or medical condition requiring a hypoallergenic formula.	
Elecare Vanilla - Abbott	14.1 pwd	64 fl oz	Nutritionally complete hypoallergenic amino-acid based medical food with iron for oral or tube feedig. 30cal/oz is the standard dilution of this product. Designed for children over 1 year of age.	Severe malabsorption; multiple food allergies; GI impairment, or medical condition requiring a hypoallergenic formula.	
Enfamil A.R. Mead Johnson	12.9 pwd	93 fl oz	20cal/oz, milk-based, iron- fortified infant formula with rice starch, DHA and ARA added. Thickening occurs when it comes in contact with stomach acid.	Contract Formula. Frequent spitting up and/or fussiness & gas due to Gastroesophageal reflux (GERD, GER, reflux)	
	32 oz rtf	32 fl oz			

Formula - Manufacturer	Size of 1 Can/ Pkt	Aprox Yield 1 Can/ Pkt	Description	Reasons for Issuance	Product Image
EnfaCare Lipil - Mead Johnson	12.8 pwd	82 fl oz	22cal/oz, iron-fortified, high protein, vitamin, and mineral formula with added DHA/ARA designed for preterm and/or low birth weight infants. 20% of fat is MCT oil. Similar to Neosure.	Premature or low birth weight infants.	
Enfamil Gentlease - Mead Johnson	12 oz pwd	88 fl oz	20cal/oz, iron-fortified, nutritionally complete infant formula with reduced lactose (25% of the lactose of a full lactose milk-based formula), partially hydrolyzed nonfat cow milk protein and whey protein concentrate with DHA and ARA.	Contract infant formula.	
Enfamil Human Milk Fortifier - Mead Johnson	.03 oz pwd		One packet added to 25mL of human milk adds 4cal/oz. One packet added to 50mL of human milk adds 2cal/oz. Comparable to Simlac Human Milk Fortifier. * Call State WIC for approval.	For breastfed, premature, low birth weight infants as a supplement to increase the level or protein, energy, calcium and phosphorus when mixed with mother's milk.	
Enfamil Lipil - Mead Johnson	12.9 pwd 13 oz conc 32 oz rtf	94 fl oz 26 fl oz 32 fl oz	20cal/oz, iron-fortified, milk-based infant formula with DHA and ARA.	Contract infant formula.	
Enfagrow Premium Next Step - Mead Johnson	24 oz pwd	171 fl oz	Milk based toddler formula. DHA, ARA, iron-fortified, gluten-free. More appropriate nutrient balance for children over 1 year of age than infant formula. For children ≥ 1 year of age.	Toddlers with no special nutritional requirements but need to remain on formula product.	
Enfagrow Gentlease Next Step - Mead Johnson	24 oz pwd		Milk based toddler formula with partially hydrolyzed milk proteins. For children ≥ 1 year of age.	Toddlers who need to remain on formula product.	

Formula - Manufacturer	Size of 1 Can/ Pkt	Approx Yield 1 Can/ Pkt	Description	Reasons for Issuance	Product Image
Enfagrow Soy Next Step - Mead Johnson	24 oz pwd	161 fl oz	22cal/oz, soy-based toddler formula. DHA, ARA, iron-fortified, gluten-free, galactose-free, sucrose-free. More appropriate nutrient balance for children over 1 year of age than infant formula. For children ≥ 1 year of age	Toddlers with lactose intolerance, galactosemia, cow's milk protein allergy.	
Enfamil Premium - Mead Johnson	12.5 oz pwd	90 fl oz	20cal/oz iron-fortified, milk-based infant formula with DHA/ARA	Contract infant formula; Infants with no special nutritional needs.	
	13 oz conc	26 fl oz			
	32 oz rtf	32 fl oz			
Enfamil ProSobee - Mead Johnson	12.9 oz pwd	92 fl oz	20cal/oz, milk-free, lactose-free, sucrose-free, iron-fortified infant formula with soy protein.	Contract infant formula; Cow's milk allergy, lactose intolerance or galactosemia.	
	13 oz conc	26 fl oz			
	32 oz rtf	32 fl oz			
Neocate One + Nutricia	2.1 oz pwd	8 fl oz	30cal/oz, nutritionally complete, gluten-free, lactose-free, whey-free, soy-free and milk protein free, hypoallergenic elemental formula containing 100% free amino acids. 35% of fat is MCT oil. For oral or tube feeding. Nutrient profile similar to E028 Splash.	Severe malabsorption. Severe food allergies, multiple protein intolerance. GI impairment; Medical condition requiring a hypoallergenic elemental formula. Normally used for children over age 1.	
Neocate Infant & Neocate Infant with DHA/ARA - Nutricia	14 oz pwd	85 fl oz	20cal/oz, nutritionally complete, lactose, sucrose, soy, and gluten-free hypoallergenic infant formula. 100% free amino acids. 5% of fat is MCT oil.	Severe allergy to cow's milk; Multiple food protein intolerance; GI impairment, or medical condition requiring a hypoallergenic formula.	
Neocate Junior - Nutricia	14 oz pwd	60 fl oz	30cal/oz, nutritionally complete, milk-free, gluten-free, lactose-free, elemental diet for oral or tube feeding. Contains 100% free amino acids. 35% of fat is MCT oil.	Severe malabsorption; Severe food allergies, multiple protein intolerance; GI impairment; Medical condition requiring a hypoallergenic elemental formula. Normally used for children over age 1.	

Formula - Manufacturer	Size of 1 Can/ Pkt	Aprox Yield 1 Can/ Pkt	Description	Reasons for Issuance	Product Image
Nutramigen AA Lipil - Mead Johnson	14.1 oz pwd	98 fl oz	20cal/oz, nutritionally complete, lactose, sucrose, soy and gluten-free, hypoallergenic formula. 100% free amino acids.	For infants with multiple food protein intolerance, cow milk allergy, soy allergy, and protein hydrolysate intolerance.	
Nutramigen Lipil - Mead Johnson	13 oz conc 32 oz rtf	26 fl oz 32 fl oz	20cal/oz, hypoallergenic casein hydrolysate, lactose-free, sucrose-free infant formula with iron. Does not contain MCT oil.	Cow's milk and/or soy allergy, intolerance or sensitivity. Intact protein sensitivity/allergy.	
Nutramigen Lipil with Enflora LGG - Mead Johnson	12.6 oz pwd	87 fl oz	20cal/oz, hypoallergenic, lactose-free, galactose-free, sucrose-free formula with iron. Contains probiotic.	Cow's milk and/or soy protein allergy, intolerance or sensitivity; intact protein sensitivity/allergy; contains probiotic LGG to aid in the management of allergy and normal functioning GI tract.	
Nutren Jr with Fiber - Nestle	250 mL rtf	250 mL	30cal/oz, nutritionally complete, gluten-free, lactose-free, low-residue, low-osmolality, oral or tube feeding supplement. 22% of fat is MCT oil.	Medical condition that increases calorie and fiber needs or for catch up growth; Oral motor feeding problems; with need for increased fiber. Tube feeding and need for increased fiber.	
Nutren Jr - Nestle	250 mL rtf	250 mL	30cal/oz, nutritionally complete, gluten-free, lactose-free, low-residue, low-osmolality, oral or tube feeding supplement. 22% of fat is MCT oil.	Medical Condition that increases calorie needs or for catch up growth; Oral motor feeding problems; Tube feeding. Normally used for children.	
PediaSure - Abbott	8 oz rtf	8 fl oz	30cal/oz, nutritionally complete, gluten-free, lactose-free supplement. Similar to Boost Kid Essentials.	Medical condition that increases calorie needs; oral motor feeding problems. Oral or tube feeding.	
PediaSure Enteral with or w/o Fiber - Abbott	8 oz rtf	8 fl oz	30cal/oz, nutritionally complete, milk-based medical food. Prepared with low-fluoride water. Gluten-free, lactose-free	Tube feeding; Medical condition that increases calorie needs; oral motor feeding problems.	

Formula - Manufacturer	Size of 1 Can/ Pkt	Approx Yield 1 Can/ Pkt	Description	Reasons for Issuance	Product Image
PediaSure with Fiber - Abbott	8 oz rtf	8 fl oz	30cal/oz, nutritionally complete, gluten-free, lactose-free supplement with fiber.	Medical condition that increases calorie needs and fiber needs; oral motor feeding problems with need for increased fiber; tube feeding and need for increased fiber.	
Peptamen Jr - Nestle	250 mL rtf	250 mL	30cal/oz, nutritionally complete, low residue, gluten-free, lactose-free, elemental diet for oral or tube feeding.	GI impairment such as in short bowel syndrome, inflammatory bowel disease, pancreatitis, cystic fibrosis.	
Peptamen Junior 1.5 - Nestle	250 mL rtf	250 mL	45cal/oz, nutritionally complete, low-residue, gluten-free, lactose-free elemental diet for oral or tube feeding. 60% of fat is MCT oil. Contains partially hydrolyzed whey protein from cow's milk.	GI impairment such as in short bowel syndrome, inflammatory bowel disease, pancreatitis, cystic fibrosis.	
Peptamen Jr with Fiber - Nestle	250 mL rtf	250 mL	30cal/oz, nutritionally complete, gluten-free, lactose-free, fiber added elemental diet for oral or tube feeding. 60% of fat is MCT oil. Contains partially hydrolyzed whey protein.	GI impairment such as in short bowel syndrome, inflammatory bowel disease, pancreatitis, cystic fibrosis and need for added fiber.	
Peptamen Jr with Prebio - Nestle	250 mL rtf	250 mL	30cal/oz, nutritionally complete, gluten-free, lactose-free, elemental diet for oral or tube feeding. 60% of fat is MCT oil. Contains partially hydrolyzed whey protein. Also contains prebiotics to support GI flora.	GI impairment such as in short bowel syndrome, inflammatory bowel disease, pancreatitis, cystic fibrosis.	
Portagen - Mead Johnson	16 oz pwd	70 fl oz	30cal/oz, not nutritionally complete, milk-protein based, lactose-free nutritional supplement. For oral or tube feeding. 87% of fat is MCT oil. Not for use as infant formula.	Chylolthorax; For children and adults who do not efficiently digest or absorb conventional fat and long chain fatty acid oxidation disorders; Medical conditions requiring high MCT oil.	
Pregestimil Lipil- Mead Johnson	16 oz pwd	112 fl oz	20cal/oz, hypoallergenic, nutritionally complete, lactose-free, sucrose-free, casein hydrolysate infant formula. 55% of fat is MCT oil. Contains DHA and ARA.	Malabsorption; allergy or sensitivity to milk and/or soy protein; allergy or sensitivity to intact protein. Appropriate for infants with galactosemia.	

Formula - Manufacturer	Size of 1 Can/ Pkt	Aprox Yield 1 Can/ Pkt	Description	Reasons for Issuance	Product Image
Pulmocare - Abbott	8 oz rtf	8 fl oz	45cal/oz, nutritionally complete, high-calorie, low-carbohydrate, gluten-free, lactose-free, low residue formula. For oral or tube feeding. 20% of fat is MCT oil.	Medical conditions such as chronic obstructive pulmonary disease, cystic fibrosis, acute respiratory failure or ventilator-dependency.	
RCF Ross Carbohydrate Free - Abbott	13 oz conc	26 fl oz	20cal/oz, carbohydrate-free, soy protein formula base, with iron. Gluten-free, lactose-free. Carbohydrate source must be added separately.	Seizure disorders requiring a ketogenic diet; inability to tolerate the type or amount of carbohydrate in milk or conventional infant formulas.	
Similac Alimentum - Abbott	16 oz pwd	115 fl oz	Casein hydrolysate, hypoallergenic infant formula with DHA and ARA added. Iron-fortified, gluten-free, lactose-free. 33% of fat is MCT oil. RTU contains sucrose & modified tapioca starch. Powder contains corn derivatives.	Cow's milk and/or soy allergy, intolerance or sensitivity. Malabsorption. Intact protein sensitivity/allergy.	
	32 oz rtf	32 fl oz			
Similac Human Milk Fortifier - Abbott	.031 oz pwd		One packet added to 25mL of human milk adds 4cal/oz. One packet added to 50mL of human milk adds 2cal/oz. Gluten-free. Similar to Enfamil Human Milk Fortifier. * Call State WIC for approval.	For breastfed, premature, low birth weight infants as a supplement to increase the level of protein, energy, calcium and phosphorus when mixed with mother's milk.	
Similac NeoSure - Abbott	12.8 oz pwd or 32 oz rtf	85 fl oz 32 fl oz	22cal/oz, iron-fortified, high protein, vitamin, and mineral formula for preterm and/or low birth weight infants. Gluten-free. Contains MCT oil. Similar to EnfaCare Lipil.	Premature or low birth weight infants.	
Similac PM 60/40 - Abbott	14.1 oz pwd	102 fl oz	20cal/oz, whey:casein (60:40) protein dominant, low-iron infant formula. Gluten-free. Lower in minerals and electrolytes.	Hypocalcemia due to hyperphosphatemia; Renal condition requiring lowered mineral level.	
Vivonex Pediatric - Nestle	1.7 oz pwd		24cal/oz, gluten-free, lactose-free, low-residue nutritionally complete elemental formula. Contains 100% free amino acids. Contains MCT oil.	GI Impairment in infants or children, ie Chron's disease, short bowel disease or intractable diarrhea.	

Formula - Manufacturer	Size of 1 Can/ Pkt	Aprox Yield 1 Can/ Pkt	Description	Reasons for Issuance	Product Image
Vivonex TEN - Nestle	2.8 oz pwd		30cal/oz, gluten-free, lactose-free, low-residue, high-nitrogen, elemental diet. Contains 100% free amino acids. Enriched with glutamine.	For persons with gastrointestinal impairment including pancreatic disorders, malabsorption, and post bowel resection surgery; Surgery or select trauma; intestinal failure.	
Vital Jr. - Abbott	8 oz rtf	8 oz	30 cal/oz, gluten-free, lactose-free, nutritionally complete, hydrolyzed whey protein for oral or tube feeding. 50% of fat is MCT oil.	Malabsorption, maldigestion, GI impairment in children requiring 100% hydrolyzed protein, or semi-elemental formula.	
Mead Johnson	https://www.mjn.com/app/iwp/HCP/guestHome				
Nestle	http://www.nestle-nutrition.com/Public/Default.aspx				
Abbott	http://abbottnutrition.com/Our-Products/Our-Products.aspx				
Neocate	http://www.neocate.com/aaa_neocate/1128-neocate-home-page.html				

Formulas in Food Package Order (Revised 03/2012)

Infant Formulas For Infant 0 - 12 Months of age		Food Pkg 3 Infant Formulas Child 12 mo or older		Food Pkg 3 Childrens Products For Child 12 mo or older	
ENFAMIL Premium Infant Powder 12.5 oz	A	ENFAMIL Premium Infant Powder 12.5 oz	A	ENFAGROW PremiumToddler Powder 24oz	A
ENFAMIL Premium Infant Conc 13oz	B	ENFAMIL Premium Infant Conc 13oz	B	ENFAGROW Soy Toddler Powder 24oz	B
ENFAMIL Premium Infant RTF 32oz	C	ENFAMIL Premium Infant RTF 32oz	C	ENFAGROW Gentlease Toddler Powd 24oz	C
ENFAMIL Gentlease Powd 12.4oz	G	ENFAMIL Gentlease Powd 12.4oz	G	BOOST Kid Essentials w/Probiotic Straw 8.25oz	D
ProSobee Powder 12.9oz	H	ProSobee Powder 12.9oz	H	BOOST Kid Essentials 1.5 fiber or not 8oz	E
ProSobee Conc 13oz	I	ProSobee Conc 13oz	I	EO28 SPLASH 8oz Tetra pack	F
ProSobee RTF 32oz	J	ProSobee RTF 32oz	J	ELECARE Jr Vanilla or Unflavored Powder 14.1oz	G
ENFAMIL AR Powder 12.9oz	K	ENFAMIL AR Powder 12.9oz	K	BRIGHT BEGINNINGS SOY 8 oz	H
ENFAMIL AR RTF 32oz	L	ENFAMIL AR RTF 32oz	L	NEOCATE ONE+ Powd 2.1oz	I
SIMILAC Alimentum Powd 16oz	O	SIMILAC Alimentum Powd 16oz	O	NEOCATE Junior Powd 14oz	J
SIMILAC Alimentum RTF 32oz	P	SIMILAC Alimentum RTF 32oz	P	NUTREN Jr w/ Fiber RTF 8.45oz	K
NUTRAMIGEN Lipil Enflora Powder 12.6oz	Q	NUTRAMIGEN Lipil Enflora Powder 12.6oz	Q	NUTREN Jr RTF 8.45oz	L
NUTRAMIGEN Lipil Conc 13OZ	R	NUTRAMIGEN LIPIL Conc 13oz	R	PEDIASURE RTF 8oz	M
NUTRAMIGEN Lipil RTF 32oz	S	NUTRAMIGEN Lipil RTF 32oz	S	PEDIASURE w/ Fiber RTF 8oz	N
PREGESTIMIL Lipil Powder 16oz	T	PREGESTIMIL Lipil Powder 16oz	T	PEDIASURE Enteral Fiber or not RTF 8oz	O
ELECARE Infant with DHA/ARA Powder 14.1oz	U	ELECARE Infant with DHA/ARA Powder 14.1oz	U	VIVONEX Pediatric Powd 1.7oz	P
NEOCATE Infant w/ or w/o DHA/ARA Powder14oz	V	NEOCATE Infant w/ or w/o DHA/ARA Powder 14oz	V	PEPTAMEN Jr RTF 250ml	Q
NUTRAMIGEN AA Lipil Powd 14.1oz	W	NUTRAMIGEN AA Lipil Powd 14.1oz	W	PEPTAMEN Jr w/Fiber RTF 250ml	R
ENFACARE Powd 12.8oz	X	SIMILAC Neosure Powd 13.1 oz	Y	PEPTAMEN Jr 1.5, 250ml	S
SIMILAC Neosure Powder 13.1 oz	Y	ENFACARE Powd 12.8oz	Z	VIVONEX TEN Powder 2.84oz	T
SIMILAC Neosure RTF 32oz	Z	RCF ROSS Carbohydrate Free Conc 13oz	4	PORTAGEN Powder 16oz	U
RCF ROSS Carbohydrate Free Conc 13oz	4	SIMILAC PM 60/40 Powder 14.1oz	5	PULMOCARE RTF 8oz	V
SIMILAC PM 60/40 Powder 14.1oz	5			PEDIASURE PEPTIDE 1.0 cal 8oz	W
SIMILAC Human Milk Fortifier	7			PEPTAMEN Jr w/Prebio 250ml	X
ENFAMIL Human Milk Fortifier	8				

NE WIC Training Clinic MARCH, 2012

Infants Formula Fed - IFF

Foods provided: 6-12 months Old



Infant Cereal - 3 (8oz) Boxes



Baby Food - fruit/vegetable puree
32 (4oz) Jars

Infant Food Package Numbers		FORMULA Feeding				SOME Breastfeeding				MOSTLY Breastfeeding			
		IFF	IFF	IFF	IFF	IPB	IPB	IPB	IPB	IBF	IBF	IBF	IBF
Formula # Cans	2nd Digit ↓	IFF 0-3 mo	IFF 4-5 mo	IFF 6-11 mo	6-11 mo Formula ONLY	IPB 0-3 mo	IPB 4-5 mo	IPB 6-11 mo	6-11 mo Formula ONLY	IBF 1-3 mo	IBF 4-5 mo	IBF 6-11 mo	6-11 mo Formula ONLY
1st Digit →		100	200	300	300	400	500	600	600	700	800	900	900
ENFAMIL PREMIUM Infant Powder 12.5oz	A	1AF 1A1 9	2AF 2A1 10	3AF 3A1 7	FAF No food 7	4AF 4A8 to 4A1 9	5AF 5A9 to 5A6 10	6AF 6A6 to 6A5 7	6AT No food 7	7AF 7A3 to 7A1 4	8AF 8A4 to 8A1 5	9AF 9A3 to 9A1 4	9AT No food 4
ENFAMIL PREMIUM Infant Conc 13oz	B	1BF 1B1 31	2BF 2B1 34	3BF 3B1 24	FBF No food 24	4BF 4B1 31	5BF 5B1 34	6BF 6B1 24	6BT No food 24	7BF 7B6, 7B3 14	8BF 8B7, 8B4 17	9BF 9B6, 9B3 12	9BT No food 12
ENFAMIL PREMIUM Infant RTF 32oz	C	1CF 1C1 26	2CF 2C1 28	3CF 3C1 20	FCF No food 20	4CF 4C1 26	5CF 5C1 28	6CF 6C1 20	6CT No food 20	7CF 7C1 12	8CF 8C1 14	9CF 9C1 10	9CT No food 10
ENFAMIL GENTLEASE Powder 12.4oz	G	1GF 1G1 9	2GF 2G1 10	3GF 3G1 7	FGF No food 7	4GF 4G8 to 4G1 9	5GF 5G9 to 5G6 10	6GF 6G6 to 6G5 7	6GT No food 7	7GF 7G3 to 7G1 4	8GF 8G4 to 8G1 5	9GF 9G3 to 9G1 4	9GT No food 4
ENFAMIL ProSobee Powder 12.9oz	H	1HF 1H1 9	2HF 2H1 10	3HF 3H1 7	FHF No food 7	4HF 4H8 to 4H1 9	5HF 5H9 to 5H6 10	6HF 6H6 6H5 7	6HT No food 7	7HF 7H3 to 7H1 4	8HF 8H4 to 8H1 5	9HF 9H3 to 9H1 4	9HT No food 4
ENFAMIL ProSobee CONC 13oz	I	1IF 31	2IF 34	3IF 24	FIF No food 24	4IF 31	5IF 34	6IF 24	6IT No food 24	7IF 14	8IF 17	9IF 12	9IT No food 12
ENFAMIL ProSobee RTF 32oz	J	1JF 26	2JF 28	3JF 20	FJF No food 20	4JF 26	5JF 28	6JF 20	6JT No food 20	7JF 12	8JF 14	9JF 10	9JT No food 10
ENFAMIL AR Powder 12.9oz	K	1KF 1K1 9	2KF 2K1 10	3KF 3K1 7	FKF No food 7	4KF 4K8 to 4K1 9	5KF 5K9 to 5K6 10	6KF 6K6 to 6K5 7	6KT No food 7	7KF 7K3 to 7K1 4	8KF 8K4 to 8K1 5	9KF 9K3 to 9K1 4	9KT No food 4
ENFAMIL AR RTF 32oz	L	1LF 26	2LF 28	3LF 20	FLF No food 20	4LF 26	5LF 28	6LF 20	6LT No food 20	7LF 12	8LF 14	9LF 10	9LT No food 10

Infant Food Package Numbers		FORMULA Feeding				SOME Breastfeeding				MOSTLY Breastfeeding			
		IFF	IFF	IFF	IFF	IPB	IPB	IPB	IPB	IBF	IBF	IBF	IBF
Formula # Cans	2nd Digit	IFF 0-3 mo	IFF 4-5 mo	IFF 6-11 mo	6-11 mo Formula ONLY	IPB 0-3 mo	IPB 4-5 mo	IPB 6-11 mo	6-11 mo Formula ONLY	IBF 1-3 mo	IBF 4-5 mo	IBF 6-11 mo	6-11 mo Formula ONLY
1st Digit →		100	200	300	300	400	500	600	600	700	800	900	900
SIMILAC ALIMENTUM Powder 16oz	O	1OF 101 7	2OF 201 8	3OF 301 6	FOF No food 6	4OF 401 7	5OF 501 8	6OF 601 6	6OT No food 6	7OF 701 3	8OF 801 4	9OF 901 3	9OT No food 3
SIMILAC ALIMENTUM RTF 32oz	P	1PF 26	2PF 28	3PF 20	FPF No food 20	4PF 26	5PF 28	6PF 20	6PT No food 20	NA	NA	NA	NA
NUTRAMIGEN with Enflora LGG Powder 12.6 oz	Q	1QF 1Q1 10	2QF 2Q1 11	3QF 3Q1 8	FQF No food 8	4QF 4Q1 10	5QF 5Q1 11	6QF 6Q1 8	6QT No food 8	7QF 7Q1 5	8QF 8Q1 6	9QF 9Q1 4	9QT No food 4
NUTRAMIGEN CONC 13oz	R	1RF 31	2RF 34	3RF 24	FRF No food 24	4RF 31	5RF 34	6RF 24	6RT No food 24	7RF 14	8RF 17	9RF 12	9RT No food 12
NUTRAMIGEN RTF 32oz	S	1SF 26	2SF 28	3SF 20	FSF No food 20	4SF 26	5SF 28	6SF 20	6ST No food 20	NA	NA	NA	NA
PREGESTIMIL Powder 16oz	T	1TF 1T1 7	2TF 2T1 8	3TF 3T1 6	FTF No food 6	4TF 4T1 7	5TF 5T1 8	6TF 6T1 6	6TT No food 6	7TF 7T1 3	8TF 8T1 4	9TF 9T1 3	9TT No food 3
ELECARE Infant Powder 14.1oz	U	1UF 1U1 9	2UF 2U1 10	3UF 3U1 7	FUF No food 7	4UF 4U1 9	5UF 5U1 10	6UF 6U1 7	6UT No food 7	7UF 7U1 4	8UF 8U1 5	9UF 9U1 4	9UT No food 4
NEOCATE Infant Powder 14oz	V	1VF 1V1 10	2VF 2V1 11	3VF 3V1 8	FVF No food 8	4VF 4V1 10	5VF 5V1 11	6VF 6V1 8	6VT No food 8	7VF 7V1 5	8VF 8V1 6	9VF 9V1 4	9VT No food 4
NUTRAMIGEN AA Powder 14.1oz	W	1WF 1W1 8	2WF 2W1 9	3WF 3W1 7	FWF No food 7	4WF 4W1 8	5WF 5W1 9	6WF 6W1 7	6WT No food 7	7WF 7W1 4	8WF 8W1 5	9WF 9W1 4	9WT No food 4

Infant Food Package Numbers		FORMULA Feeding				SOME Breastfeeding				MOSTLY Breastfeeding			
		IFF	IFF	IFF	IFF	IPB	IPB	IPB	IPB	IBF	IBF	IBF	IBF
Formula # Cans	2nd Digit ↓	IFF 0-3 mo	IFF 4-5 mo	IFF 6-11 mo	6-11 mo Formula ONLY	IPB 0-3 mo	IPB 4-5 mo	IPB 6-11 mo	6-11 mo Formula ONLY	IBF 1-3 mo	IBF 4-5 mo	IBF 6-11 mo	6-11 mo Formula ONLY
1st Digit →		100	200	300	300	400	500	600	600	700	800	900	900
ENFACARE Powder 12.8oz	X	1XF 1X1 10	2XF NA 11	3XF 3X1 8	FXF No food 8	4XF 4X1 10	5XF 5X1 11	6XF 6X1 8	6XT No food 8	7XF 7X1 5	8XF 8X1 6	9XF 9X1 4	9XT No food 4
SIMILAC Neosure Powder 13.1oz	Y	1YF 1Y1 10	2YF 2Y1 11	3YF 3Y1 8	FYF No food 8	4YF 4Y1 10	5YF 5Y1 11	6YF 6Y1 8	6YT No food 8	7YF 7Y1 5	8YF 8Y1 6	9YF 9Y1 4	9YT No food 4
SIMILAC NEOSURE RTF 32oz	Z	1ZF 26	2ZF 28	3ZF 20	FZF No food 20	4ZF 26	5ZF 28	6ZF 20	6ZT No food 20	NA	NA	NA	NA
RCF ROSS CARBOHYDRATE FREE CONC 13oz	4	14F 31	24F 34	34F 24	F4F 24	44F 31	54F 34	64F 24	64T 24	NA	NA	NA	94T
SIMILAC PM 60/40 POWDER 14.1oz	5	15F 8	25F 9	35F 6	F5F 6	45F 8	55F 9	65F 6	65T 6	NA	NA	NA	95T
SIMILAC HUMAN MILK FORTIFIER * State Approval Required *	7	NA	NA	NA	NA	47F * Approval Required *	NA	NA	NA	77F * Approval Required *	NA	NA	NA
ENFAMIL HUMAN MILK FORTIFIER * State Approval Required *	8	NA	NA	NA	NA	48F * Approval Required *	NA	NA	NA	78F * Approval Required *	NA	NA	NA

Food Packages For Breastfeeding Mothers

	Fully Breastfeeding	Mostly Breastfeeding	Some Breastfeeding
Cheese		NONE	NONE
Canned salmon or tuna		NONE	NONE
Whole Grain Bread or Brown Rice or Tortillas			NONE
Eggs			
Beans & Peanut Butter			
Juice			
Milk			
Cereal			
Fruit & Vegetables	 \$10	 \$10	 \$10

Duration

Up to 1 year postpartum

Up to 1 year postpartum

Up to 6 months postpartum

Food Packages for Breastfed Babies – 6 Months Old

	Fully Breastfeeding	Mostly Breastfeeding	Some Breastfeeding
	Only Mother's Breastmilk	Mother's Breastmilk & minimal formula	Mother's Breastmilk & formula
Baby Food (fruit & vegetable)	64 – 4 oz. jars	32 – 4 oz. jars	32 – 4 oz. jars
Baby Food (meat)	31 – 2.5 oz. jars	NONE	NONE
Baby Cereal	3 – 8oz. boxes	3 – 8 oz. boxes	3 – 8 oz. boxes



Reviewed 11/23/11
 2-1-10 F/V check for all women
 increase to \$10

Mom-Baby Pairs – Description of Food Packages	Age of Infant				
	Each month	Birth through date turns 1 month old	1 month of age through 3 months	4 through 5 months	6 through 12 months
Fully Breastfeeding <ul style="list-style-type: none"> Infant is fed breastmilk for all feedings Infant does not receive WIC formula 	BF1 Mom gets	Fully Breastfeeding food package (EF1)			
	IBF Baby gets	Mom's breastmilk No Formula (BFG)	Mom's breastmilk No Formula (BFG)	Mom's breastmilk No Formula (BF4)	Mom's Breastmilk Plus: 3 – 8 oz boxes infant cereal 64 – 4 oz jars baby food fruits & vegetables 31 – 2.5 oz jars baby food meat (BFF)
Mostly Breastfeeding <ul style="list-style-type: none"> Infant is fed breastmilk for nearly all feedings 	BF1 Mom gets	Fully Breastfeeding food package (EF1)	Mostly Breastfeeding food package (MF1)		
	IBF Baby gets	Mom's breastmilk (BFG)	Mom's breastmilk + up to 4 cans Enfamil Premium Powder	Mom's breastmilk + up to 5 cans Enfamil Premium Powder	Mom's breastmilk + up to 4 cans of Enfamil Premium 3 – 8 oz boxes infant cereal 32 – 4 oz jars baby food fruits & vegetables
Some Breastfeeding <ul style="list-style-type: none"> Infant is fed breastmilk at least 1 time per day 	BF2 Mom gets	Some Breastfeeding food package (SF1)			No Foods Receives BF support & Nutrition Ed (SNC)
	IPB Baby gets	Mom's breastmilk + up to 9 cans Enfamil Premium powder (4A3)	Mom's breastmilk + 5-9 cans Enfamil Premium powder (4AF)	Mom's breastmilk + 6-10 cans Enfamil Premium powder (5AF)	Mom's breastmilk + 5 – 7 cans Enfamil Premium 3 – 8 oz boxes infant cereal 32 – 4 oz jars baby food fruits & vegetables (6AF)
Postpartum – Formula Feeding <ul style="list-style-type: none"> Infant is fed formula for all feedings 	PPW Mom gets	Postpartum food package (DF1)			Categorically ineligible – no food package
	IFF Baby gets	9 cans Enfamil Premium powder (1AF)		10 cans Enfamil Premium powder (2AF)	7 cans Enfamil Premium powder 3 – 8 oz boxes infant cereal 32 – 4 oz jars baby food fruits & vegetables (3AF)

Changing Client's Status During A Certification Period

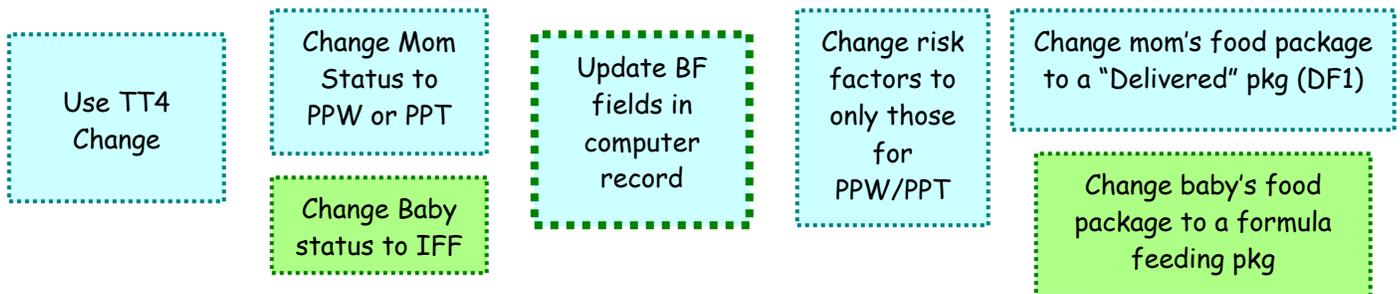
Situations Requiring Re-Certification Prior To Status Change:

- Breastfeeding woman or teen who becomes pregnant.
- Postpartum woman or teen who becomes pregnant.

Situations Where Status Can Be Changed During A Certification Period Without Recertification:

- Fully Breastfeeding, Mostly Breastfeeding or Some Breastfeeding **woman** less than six months postpartum who completely stops breastfeeding and changes to Postpartum Woman/Teen.
- Fully Breastfeeding, Mostly Breastfeeding or Some Breastfeeding **infant** who completely stops breastfeeding and changes to Formula Fed.
- Fully Breastfeeding woman and infant change to Mostly Breastfeeding
- Mostly Breastfeeding woman and infant change to Some Breastfeeding
- Some Breastfeeding woman and infant change to Mostly Breastfeeding

A BF1 or BF2 mother who stops breastfeeding and IBF or IBP infant who stops breastfeeding:



A Fully or Mostly Breastfeeding mother whose infant is breastfeeding less and getting more formula Need to change both Mother and Baby to "Some Breastfeeding" Status



A Fully Breastfeeding Mother whose infant is starting to use a minimal amount of formula. Need to change both Mother and Baby to "Mostly Breastfeeding" Status



A Some Breastfeeding Mother whose infant is breastfeeding more and getting less formula Need to change both Mother and Baby to "Mostly Breastfeeding" Status



Formula Tailoring Cheat Sheet

When to use a tailored formula package?

A tailored package should be used in situations where only a couple of cans of formula are needed:

- **Adjusting schedules** - to catch up a new baby with the rest of the family so they may have the same pick-up schedule
- **Formula Change** – in the middle of a benefit month

Tailoring Packages Available

Tailoring packages will be available for “powdered” infant formulas:

- Each tailoring package consists of “1 check” with “1 can of formula”
- Print as many checks as needed ie. 3 checks for 3 cans needed

POWDERED	IFF –Formula Tailoring Packages:	0-3 mo	4-5 mo	6-11 mo
	Enfamil Lipil (12.9 oz)	1A1	2A1	3A1
	Enfamil Gentlease (12 oz)	1G1	2G1	3G1
	Prosobee/Enfamil Soy Lipil (12.9 oz)	1H1	2H1	3H1
	Enfamil AR Lipil (12.9 oz)	1K1	2K1	3K1
	Similac Alimentum (16 oz)	1O1	2O1	3O1
	Nutramigen Lipil Enflora (12.6)	1Q1	2Q1	3Q1
	Pregestimil Lipil (16 oz)	1T1	2T1	3T1
	Elecare/Elecare DHA/ARA (14.1 oz)	1U1	2U1	3U1
	Neocate Infant/ Neocate DHA-ARA (14 oz)	1V1	2V1	3V1
	Nutramigen AA Lipil (14.1 oz)	1W1	2W1	3W1
	Enfacare Lipil (12.8 oz)	1X1	2X1	3X1

Last Digit = 1 Can

Other Options: In some cases, it may be easier to use the full formula package (and pick out individual checks to print) that include the amount of formula needed. In that case, you would mark “whole package – NO” and print the individual check that you need. That is OK.

NOT AN OPTION – Changing Status (ie. IFF to IBF) to get a different amount of formula.

STATUS		CHILDS FOOD PACKAGE 3 - Infant Products Food Pkg Numbers				
		CH1	CH1	NA	CH1	CH1
		CH2	NA	CH2	CH2	CH2
		CH3	NA	CH3	CH3	CH3
Formula # Cans	2nd Digit ↓	FORMULA ONLY (NO FOOD)	PLUS FOOD (Whole Milk)	PLUS FOOD (Reduced-fat Dairy)	Plus Food but NO DAIRY	Tailoring
1st Digit →		Y_F	Y_1	Y_2	Y_N	Y_T
ENFAMIL PREMIUM Infant Powder 12.5oz	A	YAF no food 10	YA1	YA2	YAN	YAT
ENFAMIL PREMIUM Infant Conc 13oz	B	YBF no food 35	YB1	YB2	YBN	YBT
ENFAMIL PREMIUM Infant RTF 32oz	C	YCF no food 28	YC1	YC2	YCN	YCT
ENFAMIL GENTLEASE POWDER 12.4oz	G	YGF no food 10	YG1	YG2	YGN	YGT
ENFAMIL ProSobee Powder 12.9oz	H	YHF no food 9	YH1	YH2	YHN	YHT
ENFAMIL ProSobee Conc 13oz	I	YIF no food 35	YI1	YI2	YIN	YIT
ENFAMIL ProSobee RTF 32oz	J	YJF no food 28	YJ1	YJ2	YJN	YJT
ENFAMIL AR Powder 12.9oz	K	YKF no food 9	YK1	YK2	YKN	YKT
ENFAMIL AR RTF 32oz	L	YLF no food 28	YL1	YL2	YLN	YLT
SIMILAC ALIMENTUM Powder 16oz	O	YOF no food 7	YO1	YO2	YON	YOT
SIMILAC ALIMENTUM RTF 32oz	P	YPF no food 28	YP1	YP2	YPN	YPT
NUTRAMIGEN ENFLORA Powder 12.6oz	Q	YQF no food 10	YQ1	YQ2	YQN	YQT

STATUS		CHILDS FOOD PACKAGE 3 - Infant Products Food Pkg Numbers				
		CH1	CH1	NA	CH1	CH1
		CH2	NA	CH2	CH2	CH2
		CH3	NA	CH3	CH3	CH3
Formula # Cans	2nd Digit	<u>F</u> ORMULA ONLY (NO FOOD)	PLUS FOOD (Whole Milk)	PLUS FOOD (Reduced-fat Dairy)	Plus Food but NO DAIRY	<u>T</u> ailoring
1st Digit →	↓	Y_ <u>F</u>	Y_ <u>1</u>	Y_ <u>2</u>	Y_ <u>N</u>	Y_ <u>T</u>
NUTRAMIGEN CONC 13oz	R	YRF no food 35	YR1	YR2	YRN	YRT
NUTRAMIGEN RTU 32oz	S	YSF no food 28	YS1	YS2	YSN	YST
PREGESTIMIL Powder 16oz	T	YTF no food 8	YT1	YT2	YTN	YTT
ELECARE Infant with DHA-ARA Powder 14.1oz	U	YUF no food 9	YU1	YU2	YUN	YUT
NEOCATE Infant Powder 14oz	V	YVF no food 10	YV1	YV2	YVN	YVT
NUTRAMIGEN AA Powder 14.1oz	W	YWF no food 9	YW1	YW2	YWN	YWT
SIMILAC Neosure Powder 13.1oz	Y	YYF no food 10	YY1	NA	YYN	YYT
ENFACARE Powder 12.8oz		YZF 11	YZ1	NA	YZN	YZT
RCF ROSS CARBOHYDRATE FREE CONC 13oz	4	Y4F no food 35	NA	NA	NA	Y4T
SIMILAC PM 60/40 Powder 14.1oz	5	Y5F no food 8	NA	NA	NA	Y5T

STATUS		CHILDS FOOD PACKAGE 3 - Childrens Products Food Pkg Numbers				
		CH1	CH1	NA	CH1	CH1
		CH2	NA	CH2	CH2	CH2
		CH3	NA	CH3	CH3	CH3
Formula #cans	2nd Digit	FORMULA ONLY (NO FOOD)	PLUS FOOD (Whole Milk)	PLUS FOOD (Reduced-fat Dairy)	PLUS FOOD but NO DAIRY	Tailoring
1st Digit		Z_F	Z_1	Z_2	Z_N	Z_T
ENFAGROW PREMIUM Toddler Powder 24oz	A	ZAF no food 5	ZA1	ZA2	ZAN	ZAT
ENFAGROW SOY Toddler Powder 24oz	B	ZBF no food 5	ZB1	ZB2	ZBN	ZBT
ENFAGROW Gentlease Toddler Powder 24oz	C	ZCF no food 5	ZC1	ZC2	ZCN	ZCT
BOOST KID ESSENTIALS w/ Probiotic Straw 8.25oz	D	ZDF no food 108	ZD1	ZD2	ZDN	ZDT
BOOST KID ESSENTIALS 1.5 Fiber or not 8oz	E	ZEF no food 113	ZE1	ZE2	ZEN	ZET
EO28 SPLASH 8oz Tetra pack	F	ZFF no food 113	ZF1	ZF2	ZFN	ZFT
ELECARE Jr Vanilla or Unflavored Powder 14.1oz	G	ZGF no food 14	ZG1	ZG2	ZGN	ZGT
Bright Beginnings SOY 8oz	H	ZHF no food 108	ZH1	ZH2	ZHN	ZHT
NEOCATE JUNIOR Powder 14oz	J	ZJF no food 14	ZJ1	ZJ2	ZJN	ZJT
NUTREN JR WITH FIBER RTF 8.45oz	K	ZKF no food 107	ZK1	ZK2	ZKN	ZKT
NUTREN JR RTF 8.45oz	L	ZLF no food 107	ZL1	ZL2	ZLN	ZLT

STATUS		CHILDS FOOD PACKAGE 3 - Childrens Products Food Pkg Numbers				
		CH1	CH1	NA	CH1	CH1
		CH2	NA	CH2	CH2	CH2
		CH3	NA	CH3	CH3	CH3
Formula #cans	2nd Digit	FORMULA ONLY (NO FOOD)	PLUS FOOD (Whole Milk)	PLUS FOOD (Reduced-fat Dairy)	PLUS FOOD but NO DAIRY	Tailoring
1st Digit		Z_F	Z_1	Z_2	Z_N	Z_T
PEDIASURE RTF 8oz	M	ZMF no food 108	ZM1	ZM2	ZMN	ZMT
PEDIASURE with Fiber RTF 8oz	N	ZNF no food 108	ZN1	ZN2	ZNN	ZNT
PEDIASURE ENTERAL Fiber or not RTF 8oz	O	ZOF no food 113	ZO1	ZO2	ZON	ZOT
VIVONEX PEDIATRIC Powder 1.7oz	P	ZPF no food 108	NA	NA	NA	ZPT
PEPTAMEN JR RTF 250ml	Q	ZQF no food 107	ZQ1	ZQ2	ZQN	ZQT
PEPTAMEN JR WITH FIBER RTF 250ml	R	ZRF no food 107	ZR1	ZR2	ZRN	ZRT
PEPTAMEN JR 1.5 250ml	S	ZSF no food 107	ZS1	ZS2	ZSN	ZST
VIVONEX TEN Powder 2.84oz	T	ZTF no food 90	ZT1	ZT2	ZTN	ZTT
PORTAGEN Powder 16oz	U	ZUF no food 13	ZU1	ZU2	ZUN	ZUT
PULMOCARE RTF 8oz	V	ZVF no food 113	ZV1	ZV2	ZVN	ZVT
PEDIASURE PEPTIDE 1.0 cal 8oz	W	ZWF no food 113	ZW1	ZW2	ZWN	ZWT
PEPTAMEN JR w/Prebio 250ml	X	ZXF no food 107	ZX1	ZX2	ZXN	ZXT
PEDIASURE PEPTIDE 1.5 cal 8oz	Y	ZYF no food 113	ZY1	ZY2	ZYN	ZYT
PEDIASURE 1.5 Fiber or Not 8oz	X	ZZF no food	ZZ1	ZZ2	ZZN	ZZT

STATUS		CHILDS FOOD PACKAGE 3 - Childrens Products Food Pkg Numbers				
		CH1	CH1	NA	CH1	CH1
		CH2	NA	CH2	CH2	CH2
		CH3	NA	CH3	CH3	CH3
Formula #cans	2nd Digit	FORMULA ONLY (NO FOOD)	PLUS FOOD (Whole Milk)	PLUS FOOD (Reduced-fat Dairy)	PLUS FOOD but NO DAIRY	Tailoring
1st Digit		Z_F	Z_1	Z_2	Z_N	Z_T
		113				

PEDIASURE (READY TO FEED) – Tailored Package

GLINK - Wicdev
File Edit Settings Line Transfers Help

PAGE 1 OF 1 FOOD PACKAGE CHART

GROUPING SP Women & Children with Special Diets
SUBGROUPING CS Child 2-4 years old

PEDIASURE READY TO FEED 8 OZ	X ZMT	18 6pks-Max Tailored Formula & Food
PEDIASURE READY TO FEED 8 OZ	ZMN	18 6pks Formula, Food, No Dairy
PEDIASURE READY TO FEED 8 OZ	ZM1	18 6 pks Formula & Food-Toddler
PEDIASURE READY TO FEED 8 OZ	ZM2	18 6pks Formula & Food-Child
PEDIASURE READY TO FEED 8 OZ	ZMF	18 6-packs Formula Only

FI	SEQ	TYPE	EFFECTIVE DATE	TERMINATION DATE	QTY	UNIT	F.I. TYPE DESCRIPTION
-	DIA	1	09/04/09	12/31/25	3	6PK	PediaSure Ready To Feed 8 oz
-	JUC	2	09/04/09	12/31/25			
-	CER	3	09/04/09	12/31/25			
-	PEB	4	09/04/09	12/31/25			
-	EGG	5	09/04/09	12/31/25			
-	WHM	6	09/04/09	12/31/25			
-	LFM	7	09/04/09	12/31/25			
-	F06	8	09/04/09	12/31/25			

ZMT – Tailored Package Includes Formula & Food

Max Formula Amount – 18 (6 packs)

CH2 & CH3

DIA 1: 3 - 6PK PediaSure Ready To Feed 8 oz

PRINT Formula Check – 6 X To receive max amount

Only 1 formula check is listed. The DIA formula check includes only 3 – 6pks of PediaSure. Need to print this check 6 times to receive a total of 18 (6 pks).

JUC 2: 2 BOT 64 oz Juice

PRINT ONCE = MAX Amt

CER 3: 36 OZ (OR LESS) Cereal
16 OZ Whole Wheat Brd OR 14-16 oz Brown Rice
16 OZ Whole Wheat Brd OR 14-16 oz Brown Rice

PRINT ONCE = MAX Amt

PEB 4: 1 18OZ Peanut Btr OR Beans-4 Cans OR 1 lb Dry

PRINT ONCE = MAX Amt

EGG 5: 1 DOZ Medium OR Large Eggs

PRINT ONCE = MAX Amt

WHM 6: 2 GAL Whole Milk

PRINT TWICE = MAX Amt for CH2 & CH3 is 4 gallons; only Issued WITH PAF for special formula AND whole milk

or

LFM 7: 2 GAL 2%, 1%, AND/OR Skim Milk
(only for CH2 or > NOT for CH1)

PRINT TWICE = MAX Amt for CH2 & CH3 is 4 gallons; (STANDARD Milk Check)

F06 8 : Fresh Fruits AND/OR Fresh Vegetables
Maximum Amount \$6.00

PRINT ONCE = MAX Amt

Nutren JR (Ready To Feed)

PAGE 1 OF 1		FOOD PACKAGE CHART	
GROUPING	SP	Women & Children with Special Diets	
SUBGROUPING	CS	Child 2-4 years old	
NUTREN JR W /FIBER RTF	8.45 OZ	- ZKN	Food Package III Tailored No Dairy
NUTREN JUNIOR RTF	8.45 OZ	- ZLF	107 Cans Formula Only
NUTREN JUNIOR RTF	8.45 OZ	- ZL2	107 Cans Formula & Food - Child
NUTREN JUNIOR RTF	8.45 OZ	- ZLN	107 Cans Formula, Food, No Dairy
NUTREN JUNIOR RTF	8.45 OZ	X ZLT	107 Can-Max Tailored Formula & Food

FI	SEQ	TYPE	EFFECTIVE DATE	TERMINATION DATE	QTY	UNIT	F.I. TYPE DESCRIPTION
NUT	1		09/13/09	12/31/25	24	CAN	Nutren Junior Ready To Feed 8.45 oz
REN	2		09/13/09	12/31/25			
JUC	3		09/13/09	12/31/25			
CER	4		09/13/09	12/31/25			
PEB	5		09/13/09	12/31/25			
EGG	6		09/13/09	12/31/25			
WHM	7		09/13/09	12/31/25			
LFM	8		09/13/09	12/31/25			
F06	9		09/13/09	12/31/25			

ZLT – Tailored Package Includes Formula & Food

Max Formula Amount – 107 cans

CH2 & CH3

If need max amount of formula:

NUT 1: 24 CAN Nutren Junior Ready To Feed 8.45 oz	}	Print 4 X = (96 cans)	}	= 107 cans max
REN 2: 11 CAN Nutren Junior Ready To Feed 8.45 oz	}	Print 1 X = (11cans)		
JUC 3: 2 BOT 64 oz Juice	➔	PRINT ONCE = MAX Amt for child		
CER 4: 36 OZ (OR LESS) Cereal 16 OZ Whole Wheat Brd OR 14-16 oz Brown Rice 16 OZ Whole Wheat Brd OR 14-16 oz Brown Rice	➔	PRINT ONCE = MAX Amt for child		
PEB 5: 1 18OZ Peanut Btr OR Beans-4 Cans OR 1 lb Dry	➔	PRINT ONCE = MAX Amt for child		
EGG 6: 1 DOZ Medium OR Large Eggs	➔	PRINT ONCE = MAX Amt for child		
WHM 7: 2 GAL Whole Milk	➔	PRINT TWICE = MAX Amt for CH2 & CH3 is 4 gallons; only Issued WITH PAF for special formula AND whole milk		
LFM 8: 2 GAL 2%, 1%, AND/OR Skim Milk (only for CH2 or > NOT for CH1)	➔			
F06 9: Fresh Fruits AND/OR Fresh Vegetables Maximum Amount \$6.00	➔	PRINT ONCE = MAX Amt		

OR ↕

Tailored - Food & Formula

FORMULA	Tailored Pkg CH1	Formula Max Amount	Amount formula on each check	If need max amount, print....
Enfacare Lipil Powder 12.8 oz	YZT - Food & Form	11 cans	FAB -- 5 cans BAB -- 6 cans	FAB – print 1 x BAB – print 1 x

FORMULA	Tailored Pkg Child 2-4	Formula Max Amount	Amount formula on each check	If need max amount, print....
Viovenex TEN Powder 2.84 oz	ZTT – Food & form.	90 Packets	Nex – 30 pkt Nex – 30 pkt	NEX – print 1x NEX – print 2x
Pediasure (RTF) 6 pack (8oz)	ZMT – Food & form.	18 (6 pks)	DIA – 3(6pks)	DIA – print 6x
Nutrin Jr (RTF) 8.45 oz	ZLT – Food & form.	107 cans	NUT – 24 can REN – 11 can	NUT – print 4x REN – print 1x

FOODS	Tailored Pkgs for Children	Food Max Amount	Amount Food on each check	
Juice	JUC	2 - 64 oz bottles	Same	JUC – print 1x
Cereal Bread or Rice	CER	36 oz cereal & 2 – 16 oz bread or 2 – 14-16 oz br rice	Same	CER – print 1x
Peanut butter or Beans or Dry Beans	PEB	1 – 18 oz PB or 4 cans – Beans or 1 lb – Dry Beans	Same	PEB – print 1x
Eggs	EGG	1 Dz eggs	Same	EGG – print 1x
Fresh Fruit & Veg	F06	\$6 amount F/V	Same	F06 – print 1x
Whole Milk or 2%, 1%, Skim	WHM or LFM	4 gallons or 4 gallons	2 gallons or 2 gallons	WHM – print 2x or LFM – print 2x