

Toddler & Child Model Food Package



Cereal - 36 ounces



Eggs - 1 dozen (medium or large)



Juice - 2 containers (64 oz plastic)

At the store - PICK 1



Peanut Butter: 16-18 oz jar
Dried Beans: 1 lb
Canned Beans: 4 cans

At the store - PICK 2



100% Whole Wheat Bread: 1 lb loaf
Brown Rice: (14-16 oz bag or box)
Whole Wheat or Corn Tortillas: 16 oz

\$8 Fruit & Vegetable Check



Milk - 4 gallons
(Cheese - NONE)

Standard Milk Package

OR

Milk - 3 gallons
Cheese - 1 lb
Evaporated Milk - 1 can

Standard Cheese Package

Toddler pkg: 1 year old - whole milk; Evaporated Milk
Child pkg: 2-4 year old - skim, 1% milk; Fat-free Evaporated

Model Package - Child and Toddler package options:

- Standard milk
- Standard cheese
- Lactose free
- Lactose free with cheese
- Powdered dry
- Soy milk

Model Package - 1 year olds

Toddler - Standard Milk

- 1 (Full)
 - 1 - FRESH FRUITS AND VEGETABLES MAXIMUM VALUE \$8.00
- 2 (Full)
 - 36 - (OUNCES OR LESS) CEREAL
 - 1 - (16-18 OZ) PEANUT BUTTER OR DRIED BEANS or 4 - (15-16 OZ) CANNED BEANS
 - 1 - (16-OZ) BREAD/ TORTILLAS OR (14-16) OZ BROWN RICE
 - 2 - (GALLON) WHOLEMILK
 - 1 - (64-OZ) JUICE
- 3 (Full)
 - 1 - (DOZEN) MEDIUM OR LARGE EGGS
 - 1 - (16-OZ) BREAD/ TORTILLAS OR (14-16) OZ BROWN RICE
 - 2 - (GALLON) WHOLEMILK
 - 1 - (64-OZ) JUICE

Toddler - Standard Cheese

- 1 (Full)
 - 1 - FRESH FRUITS AND VEGETABLES MAXIMUM VALUE \$8.00
- 2 (Full)
 - 1 - (16-OZ) STORE BRAND CHEESE
 - 36 - (OUNCES OR LESS) CEREAL
 - 1 - (16-18 OZ) PEANUT BUTTER OR DRIED BEANS or 4 - (15-16 OZ) CANNED BEANS
 - 1 - (16-OZ) BREAD/ TORTILLAS OR (14-16) OZ BROWN RICE
 - 2 - (GALLON) WHOLEMILK
 - 1 - (64-OZ) JUICE
- 3 (Full)
 - 1 - (DOZEN) MEDIUM OR LARGE EGGS
 - 1 - (16-OZ) BREAD/ TORTILLAS OR (14-16) OZ BROWN RICE
 - 1 - (12 OZ) EVAPORATED WHOLE MILK
 - 1 - (GALLON) WHOLEMILK
 - 1 - (64-OZ) JUICE

Model Package - 2-4 year olds

Child - Standard Milk

- 1 (Full)
 - 1 - FRESH FRUITS AND VEGETABLES MAXIMUM VALUE \$8.00
- 2 (Full)
 - 1 - (DOZEN) MEDIUM OR LARGE EGGS
 - 36 - (OUNCES OR LESS) CEREAL
 - 1 - (16-18 OZ) PEANUT BUTTER OR DRIED BEANS or 4 - (15-16 OZ) CANNED BEANS
 - 1 - (16-OZ) BREAD/ TORTILLAS OR (14-16) OZ BROWN RICE
 - 2 - (GALLON) MILK - 1% OR FAT FREE SKIM
 - 1 - (64-OZ) JUICE
- 3 (Full)
 - 1 - (16-OZ) BREAD/ TORTILLAS OR (14-16) OZ BROWN RICE
 - 2 - (GALLON) MILK - 1% OR FAT FREE SKIM
 - 1 - (64-OZ) JUICE

Child - Standard Cheese

- 1 (Full)
 - 1 - FRESH FRUITS AND VEGETABLES MAXIMUM VALUE \$8.00
- 2 (Full)
 - 36 - (OUNCES OR LESS) CEREAL
 - 1 - (16-18 OZ) PEANUT BUTTER OR DRIED BEANS or 4 - (15-16 OZ) CANNED BEANS
 - 1 - (16-OZ) BREAD/ TORTILLAS OR (14-16) OZ BROWN RICE
 - 2 - (GALLON) MILK - 1% OR FAT FREE SKIM
 - 1 - (64-OZ) JUICE
- 3 (Full)
 - 1 - (16-OZ) STORE BRAND CHEESE
 - 1 - (DOZEN) MEDIUM OR LARGE EGGS
 - 1 - (16-OZ) BREAD/ TORTILLAS OR (14-16) OZ BROWN RICE
 - 1 - (12-OZ) EVAPORATED MILK - FAT FREE
 - 1 - (GALLON) MILK - 1% OR FAT FREE SKIM
 - 1 - (64-OZ) JUICE

