Post Honey Bunches of Oats with Almonds, 14.5 oz.

NEBRASKA WIC Nutrition Program

WIC Approved?

Quaker Instant Oatmeal – Regular Flavor, 11.8 oz.

NEBRASKA WIC Nutrition Program

WIC Approved?

Tree Top 100% Apple Juice, 64-oz. bottle

NEBRASKA WIC Nutrition Program

WIC Approved?

Oroweat Oatnut Bread, 24-oz. loaf

NEBRASKA WIC Nutrition Program

WIC Approved?

Uncle Ben's Instant Brown Rice, 14-oz. box

NEBRASKA WIC Nutrition Program

WIC Approved?

Store Brand Fat-Free Evaporated Milk, 12-oz. can

NEBRASKA WIC Nutrition Program

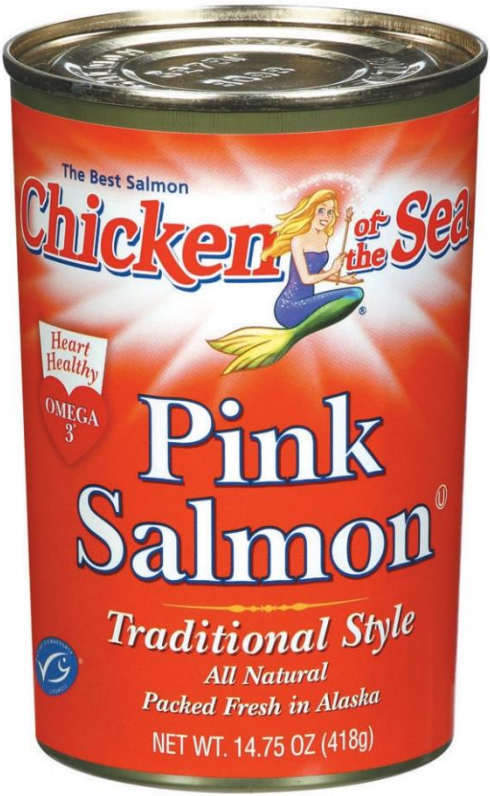
WIC Approved?

Bush’s Black Beans, 16-oz. can

NEBRASKA WIC Nutrition Program

WIC Approved?

Chicken of the Sea Pink Salmon – Oil-Packed, 14.75-oz. can



NEBRASKA WIC Nutrition Program

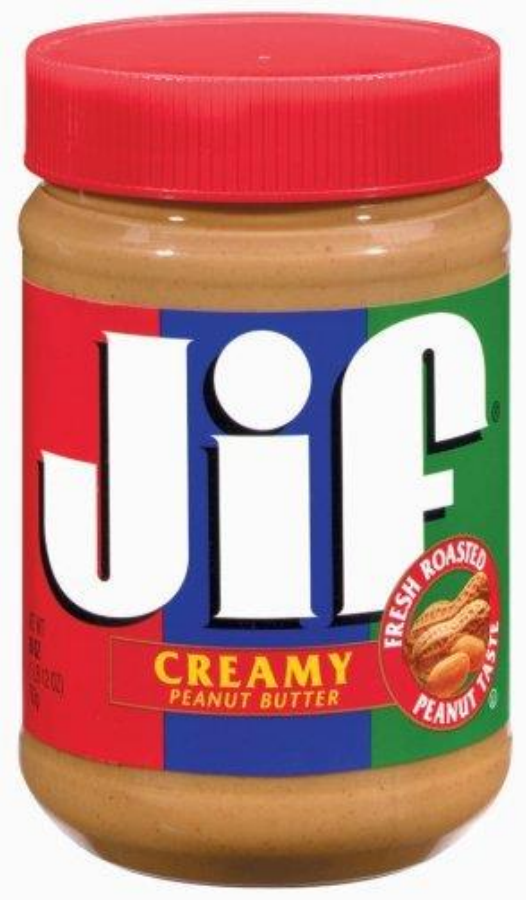
WIC Approved?

StarKist Albacore Tuna in Water, 6-oz. can

NEBRASKA WIC Nutrition Program

WIC Approved?

Jif Creamy Peanut Butter, 18-oz. container



NEBRASKA WIC Nutrition Program

WIC Approved?

Silk Original Soymilk, ½ gallon

NEBRASKA WIC Nutrition Program

WIC Approved?

Cabot Monterey Jack Cheese, 8 oz.

WIC Approved?

Eggland's Best Grade A Extra Large Eggs, 1 dozen

NEBRASKA WIC Nutrition Program

WIC Approved?

Fresh Sweet Corn, 6 ears

WIC Approved?

Fresh Ginger Root, 4 oz.

NEBRASKA WIC Nutrition Program

WIC Approved?

Fresh Red Potatoes, 10-lb. bag

NEBRASKA WIC Nutrition Program

WIC Approved?

Fresh Honeydew Melon – Wrapped, ½ melon

WIC Approved?

Dried Banana Chips, 8-oz. bag

WIC Approved?

Store Brand Skim Milk, 1 gallon

NEBRASKA WIC Nutrition Program

WIC Approved?

Gerber Bananas Infant Food, 2-Pack of 4 oz. containers

NEBRASKA WIC Nutrition Program

WIC Approved?

Nature's Goodness Chicken Infant Meat, 2.5-oz. jar

NEBRASKA WIC Nutrition Program

WIC Approved?

Gerber Cereal Blend with Apples and Bananas, 6-oz. jar

NEBRASKA WIC Nutrition Program

WIC Approved?

General Mills Dora the Explorer Cereal, 18 oz. box

NEBRASKA WIC Nutrition Program

WIC Approved?

Old Orchard 100% Grape Juice, 12-oz. frozen juice concentrate

NEBRASKA WIC Nutrition Program

WIC Approved?

Mission Whole Wheat Tortillas, 16 oz. package

NEBRASKA WIC Nutrition Program

WIC Approved?