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UNIVERSITY OF  
**Nebraska**  
Medical Center

CENTER FOR CONTINUING EDUCATION  
986800 Nebraska Medical Center  
Omaha, NE 68198-6800

25-47-00



# Diabetes Prevention From Research to Community



Friday, September 30, 2011  
Michael F. Sorrell Center for Health Science Education  
University of Nebraska Medical Center

## Diabetes Prevention From Research to Community



- 7:15 am **Registration and Continental Breakfast**
- 7:45 am **Welcome**  
Vijay Shivaswamy, MBBS
- MODERATOR: Beth Pfeffer, RN, BSN, CDE**
- 8:00 am **KEYNOTE**  
**Pathogenesis of Type 2 Diabetes Mellitus - What It Can Teach Us About Early Intervention**  
Jack Leahy, MD
- 9:00 am **Case Based Approach to Using Newer Diabetes Medications**  
Vijay Shivaswamy, MBBS
- 10:00 am **Break**
- 10:20 am **GI Issues with Diabetes - Gastroparesis, Celiac Disease**  
Alex Hewlett, DO, MS
- 11:15 am **Maximizing Diabetes Care - Alternative Models: Group Medical Visits**  
Elaine Massaro, MS, RN, CDE
- 12:15 pm **Lunch**
- MODERATOR: Sandi Nimmo, RN, BSN, CDE**
- 1:15 pm **Diabetes: Successful Weight Loss Strategies**  
Nessie Ferguson, MA, RD, LMNT, CDE  
Cindy Polich, RD, LMNT, CDE
- 2:00 pm **Motivational Interviewing and Contingency Management: Keys to Improving Patient Adherence to Diabetes Recommendations**  
Blake Lancaster, PhD
- 2:45 pm **Break**
- 3:00 pm **Real Life Experience with Diabetes - Consumer Panel**  
Moderator: Cindy Mathiasen, RN, BSN, CDE
- 4:00 pm **Evaluation and Adjourn**



# Diabetes Prevention From Research to Community

## SYMPOSIUM OBJECTIVES

At the conclusion of this symposium, the participant should be better able to:

- Comprehend how results and recommendations from diabetes research can be applied to clinical practice.
- Recognize alternative approaches to comprehensive diabetes management.
- Incorporate behavior change approaches designed to improve diabetes self-management adherence.

## GUEST FACULTY

**Jack Leahy, MD**  
Professor of Medicine  
Chief, Division of Endocrinology, Diabetes and Metabolism  
University of Vermont Colchester Research Facility  
Colchester, VT

**Elaine Massaro, MS, RN, CDE**  
Diabetes Clinical Nurse Specialist  
Northwestern University Feinberg School of Medicine  
Chicago, IL

## SYMPOSIUM FACULTY

**Nessie Ferguson, MA, RD, LMNT, CDE**  
The Diabetes Center  
The Nebraska Medical Center  
Omaha, NE

**Cindy Mathiasen, RN, BSN, CDE**  
The Diabetes Center  
The Nebraska Medical Center  
Omaha, NE

**Alex Hewlett, DO, MS**  
Assistant Professor  
Division of Gastroenterology and Hepatology  
Department of Internal Medicine  
University of Nebraska Medical Center  
Omaha, NE

**Cindy Polich, RD, LMNT, CDE**  
The Diabetes Center  
The Nebraska Medical Center  
Omaha, NE

**Blake Lancaster, PhD**  
Assistant Professor  
Munroe-Meyer Institute  
University of Nebraska Medical Center  
Omaha, NE

**Vijay Shivaswamy, MBBS**  
Assistant Professor  
Division of Diabetes, Endocrinology and Metabolism  
Department of Internal Medicine  
University of Nebraska Medical Center  
Omaha, NE

## PLANNING COMMITTEE

**The Nebraska Medical Center**  
**The Diabetes Center**  
LuRae Croshaw, CPC, BA  
Janet Kinney, RN, BSN  
Cindy Mathiasen, RN, BSN, CDE  
Sandi Nimmo, RN, BSN, CDE  
Beth Pfeffer, RN, BSN, CDE  
Cindy Polich, RD, LMNT, CDE

**University of Nebraska Medical Center**  
**Division of Diabetes, Endocrinology and Metabolism**  
**Department of Internal Medicine**  
Cyrus DeSouza, MBBS  
Vijay Shivaswamy, MBBS

**Center for Continuing Education**  
Brenda Ram, CMP

**Employee Development**  
Jacqueline Siebels, RN-BS

## DATE

Friday, September 30, 2011

## LOCATION

Truhlsen Event Center, Room 1001  
Michael F. Sorrell Center for Health  
Science Education  
University of Nebraska Medical Center  
619 South 42nd Street  
Omaha, NE  
www.unmc.edu/eventscenter

## TARGET AUDIENCE

This symposium is intended for physicians, physician assistants, nurse practitioners, nurses, dietitians and others who work with diabetes patients.

## REGISTRATION FEE

\$120 Physicians  
\$ 95 General registration  
\$ 50 Students  
\$120 Walk-in registrations

Full payment must accompany the registration form. Walk-in registrations will be accepted based on space availability.

Registration deadline: September 16, 2011

## CANCELLATION POLICY

A refund, less \$25 processing fee, will be given if written cancellation is received on or before September 16, 2011 by the UNMC Center for Continuing Education. No refund will be given after this date.

## PARKING

Complimentary parking for non-UNMC/ The Nebraska Medical Center employees is located in the Parking Lot 15S located on 40th and Jones Streets. Campus employees should utilize their regularly assigned parking space.

## ADA

In compliance with the Americans with Disabilities Act, the UNMC Center for Continuing Education does not discriminate on the basis of disability. The Center shall provide reasonable accommodations, including auxiliary aids and services, to ensure equal access to its programs, services and activities. If you would like an auxiliary aid or service, please call 402-559-9250 by September 16, 2011 with your request.

## CREDIT

6.4 contact hours awarded.

The Nebraska Medical Center is an approved provider of continuing nursing education by the Nebraska Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

NE10-13H35-152

RD and LMNT CEU hours have been applied for.

The University of Nebraska Medical Center, Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Nebraska Medical Center, Center for Continuing Education designates this live activity for a maximum of 6.4 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## FOR MORE INFORMATION

Contact Brenda Ram at 402-559-9250 or email bram@unmc.edu.



# Diabetes Prevention From Research to Community

Register online at [unmc.edu/cce](http://unmc.edu/cce)

Name		Last 4 Digits of SSN	
Degree or Profession		Specialty	
Mailing Address <span style="float: right;"><input type="checkbox"/> Home <input type="checkbox"/> Work</span>			
City, State, ZIP			
Telephone (including area code)		Fax Number (including area code)	
Email Address			
Nursing License Number		State of Licensure	

## REGISTRATION FEE

\$120	Physicians	\$ 50	Students
\$ 95	General registration	\$120	Walk-in registrations

## PAYMENT

<input type="checkbox"/> Check or money order is enclosed (Made payable to UNMC CCE)	
<input type="checkbox"/> Charge to my <input type="checkbox"/> American Express <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa	Card Number
	Expiration Date
	Three Digit Verification Code
	Cardholder's Name
	Signature

## MAIL TO

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Telephone	402-559-4152
Toll Free	877-832-6924
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Email	conted@unmc.edu

Registration deadline: September 16, 2011

