



Basic CISM Training Coming Your Way!

July 29 & 30, 2011

Columbus Community Hospital

4600 38th Street

Columbus, NE

8:00 a.m. – 5:00 p.m. (CST)

\$75.00 for Peer (EMS, fire, law enforcement, dispatchers, nurses, EMA)

\$125.00 for Mental Health Professionals

September 24 & 25, 2011

Alegent Health Midlands Hospital

11111 South 84th Street

Papillion, NE

8:00 a.m. – 5:00 p.m. (CST)

\$75.00 for Peer (EMS, fire, law enforcement, dispatchers, nurses, EMA)

\$125.00 for Mental Health Professionals

Completion of the CISM “Basic” training is the initial requirement towards becoming a Nebraska CISM team member. Upon completion of the course, participants will be given the opportunity to submit an application to join the Nebraska CISM team.

CISM “Basic” Training Program Objectives

Upon completion of this workshop, participants will be able to:

- Define critical incident stress.
- List signs & symptoms of stress.
- Describe first responder personality profiles.
- Recognize characteristics & phases of critical incident stress.
- Discuss stress & coping strategies.
- Describe the anatomy of a debriefing.
- Discuss disaster psychology & victim response.

Continuing Education

- Workshop hours may be counted by Licensed Mental Health Practitioners
- Workshop hours may be counted by Licensed Pre-hospital Providers

Critical Incident Stress Management (CISM)

What is a Critical Incident?

A critical incident is any situation faced by emergency personnel causing unusually strong emotional reactions, which have the potential to interfere with their ability to function during or after the event.

Examples of critical incidents addressed by the Nebraska CISM Program include:

- Suicide of a first responder
- Line of duty death or serious injury of a first responder
- Injury to or death of a child
- Mass-casualty incident
- Natural disaster causing death and/or serious injury

What is Critical Incident Stress Management?

CISM is a comprehensive service designed to assist emergency responders who have experienced unusual stress related to their work. CISM is interested in promoting a helpful response throughout the entire range of a crisis experience including: the pre-crisis, acute crisis and post-crisis phases. Within the CISM program are seven core functions of response.

For questions for the classes contact Debbie Kuhn at debbie.kuhn@nebraska.gov at 800-422-3460 Ext. 21 or Julie Smithson at julie.smithson@nebraska.gov at 888-466-0669.

**A Special Thank You to Columbus Community Hospital and
Alegent Health Midlands Hospital for providing rooms for this training!**

Registration Form

Name: _____ Address: _____

City: _____ Zip: _____

Daytime Phone: _____ Evening Phone: _____

Email Address: _____

Profession: _____ Employer: _____

Registration deadlines are: July 22 for the Columbus Class and September 16 for Papillion.

Please mail registration form and check to the following:

Nebraska EMS Program
1706 24th Street
Central City, NE 68826

July 29 & 30, 2011 Columbus

September 24 & 25, 2011 Papillion

Please make checks payable to STAN (State Troopers Association of Nebraska)