

Nebraska CARES Goals and Priority Objectives for 2008

Goal 1: Eliminate Cancer Disparities for all Nebraskans

- 1.2: Evaluate barriers to cancer care and develop a plan for aggressively addressing these barriers.
- 1.3: Distribute information to the public on sources of payment for cancer care.
- 1.7: Evaluate geographic distribution of cancer services across the continuum to identify gaps in services.
- 1.8: Document an increase in availability of cancer materials for non-English speaking residents.
- 3.9: Assess cancer screening and diagnostic services to identify gaps in service. Develop an access plan.

Goal 2. Reduce Cancer Risks of People who live in Nebraska.

- 2.1: Document reduction in the number of Nebraskans who use tobacco products.
- 2.2: Partner with existing groups to support/protect tobacco elimination policies and activities.
- 2.3: Document improved overall diet of Nebraskans.
- 2.4: Increase awareness about the links between diet, physical activity and cancer.
- 2.5: Document an increase in the # of Nebraskans participating in physical activity.
- 2.6: Document modification of school and workplace policies that encourage physical activity.
- 2.7: Provide information and resources on physical activity to cancer healthcare professionals.
- 2.8 and 2.9: Increase awareness about skin cancer and sun safe behaviors.

Goal 3: Increase Early Detection and appropriate Screening for Cancer.

- 3.1: Increase professional training opportunities related to cancer screening and early detection.
- 3.2: Collaborate with partners to promote early detection and cancer screening initiatives.
- 3.3: Provide continuing professional education programs about colorectal cancer screening guidelines.
- 3.4 and 3.6: Support EWM for breast and cervical cancer screening; expand CRC demo project.
- 3.5: Disseminate simplified cancer screening guides and recommendations for providers.
- 3.7: Provide consumer education related to detecting cancer early and at a more treatable stage.
- 3.10: Demonstrated increased cancer screening through linkage with non-traditional partners.
- 3.11: Demonstrate advocacy for screening and early detection insurance initiatives.

Goal 4: Increase Access to Appropriate and Effective Cancer Treatment and Care.

- 4.1: Increase access/use of optimal cancer care for residents.
- 4.4: Identify barriers to receiving state-of-the art treatment; develop strategies to overcome the barriers.
- 4.5: Analyze the status of treatment through a review of existing databases and processes.
- 4.6: Encourage eligible hospitals/cancer treatment facilities to become accredited by the ACoS.
- 4.9: Promote policies supporting patient's access to a second opinion from a cancer specialist.
- 4.10: Ensure that payers facilitate prompt access to appropriate cancer treatment and supportive services.
- 4.13: Leverage community assets to implement a program of improved cancer treatment.

Goal 5: Increase Understanding of Cancer Survivorship and Quality of Life.

- 1.9: Increase activities to inform persons of their right to participate fully in their care.
- 4.12: Increase quality of life through appropriate pain/other symptom management and rehabilitation.
- 4.14: Facilitate informed decision making re: treatment and quality of life issues.
- 5.3: Gather and use quality of cancer care/quality of patient life evaluation data.
- 5.4: Increase awareness, availability and use of cancer patient and family support services.
- 5.5: Adopt components of CDC Lance Armstrong National Plan for Survivorship.

Goal 6: Improve Cancer Knowledge through Education and Training.

- 6.1 and 6.2: Promote public and professional continuing education programs on cancer-related topics.
- 6.3: Increase knowledge of family history significance and usefulness of screening and genetic testing.
- 6.4: Obtain/develop/distribute linguistically, culturally appropriate patient cancer education materials. 6.05: Identify and promote best practices and current cancer research to providers.