

## Basic Self-Management Education - Routine Visits Adult Patients

Date	Comments – Update Annually for All
	Lifestyle review: Tobacco use, alcohol use, stress, depression, birth control, pre-pregnancy counseling, physical activity)
	Sick day management and Urine ketone testing
	Medication administration
	Self blood glucose monitoring
	Hypoglycemia treatment
	Nutrition management
	Foot care (Separate sheet)
	Eye care (separate sheet)
	Dental Care (separate sheet)
	Nephropathy
	Neuropathy
	Dyslipidemia
	Hypertension (high blood pressure)
	Formal Self-Management Diabetes Education