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UNIVERSITY OF
Nebraska
Medical Center

CENTER FOR CONTINUING EDUCATION
986800 Nebraska Medical Center
Omaha, NE 68198-6800

CID 14912

Diabetes Update 2013



Friday, September 20, 2013
Michael F. Sorrell Center for Health Science Education
University of Nebraska Medical Center

 CENTER FOR CONTINUING
EDUCATION

 THE NEBRASKA
MEDICAL CENTER

Department of Health & Human Services
 DHHS
NEBRASKA

- 7:15 am **Registration and Continental Breakfast**
- 7:45 am **Welcome**
Brian Boerner, MD
- 8:00 am **KEYNOTE:**
**New Guidelines for Diabetes Management:
Focus on the 2012 ADA/EASD and the
2013 AACE/ACE Algorithm**
Samuel Dagogo-Jack, MD, MB, BS, MSc,
FRCP, FACP, FACE
- MODERATOR:** **Brian Lake, MSN, RN-BC**
- 9:00 am **Update on Available Treatment Options for
Diabetes and a Glimpse into the Future**
Brian Boerner, MD
- 9:45 am **Break**
- 10:00 am **Guidelines for Safe Use of Subcutaneous
Insulin Pump During Hospitalization**
Beth Pfeffer, RN, BSN, CDE
- 10:30 am **The Concept of Basal, Bolus and
Correction with Insulin Therapy**
Jenny Moeller, PA-C
- 11:00 am **Get the Facts: Recommendations
for Alcohol Use and Nutritional
Supplements: What to Tell Your Patients**
Cindy Polich, RD, LMNT, CDE
- 11:30 am **Putting Evidence-Based Guidelines to
Practice: Case Studies**
Lynn Mack, MD
Sandi Nimmo, RN, BSN, CDE
- 12:00 noon **Lunch**
- 12:45 pm **Obesity/Weight Loss Medication Overview**
Brigit Khandalavala, MD
- 1:30 pm **Surgical Treatments for Diabetes**
Corrigan McBride, MD, FACS, FASMBS
- 2:15 pm **Nutrition Management for the Pre- and
Post Bariatric Surgery Patient**
Nessie Ferguson, MA, RD, LMNT, CDE
Megan Sitz, RD, LMNT
- 3:00 pm **Patient Experiences with Bariatric Surgery**
- 3:30 pm **Closing Remarks and Evaluation**



DESCRIPTION

The 2013 Nebraska Medical Center Diabetes symposium is focused on an update of the care and treatment of patients with diabetes and the impact of obesity in this patient population. These needs include recognizing new guidelines for individualized treatment of type 2 diabetes and addressing the role of medical and surgical options for obesity management. In addition, presentations will address how specific needs of this patient population incorporate lifestyle change, nutrition therapy, and medication management into their daily lives.

unmc.edu/cce

Diabetes Update 2013

SYMPOSIUM OBJECTIVES

At the conclusion of this conference, the participant should be better able to:

- Define patient-centered approach to the management of type 2 diabetes and how age, gender, race and co-morbidities alter treatment recommendations
- Identify current oral and insulin medications for management of hyperglycemia and recommendations for implementation strategies to achieve glycemic targets
- Discuss recommendations for use of nutritional supplements, alcohol guidelines for patients with diabetes and the role of low carbohydrate diets in the management of obesity
- Define the etiology of obesity and modalities of treatment to include use of medication, nutrition and lifestyle
- Describe the role of bariatric surgery in the treatment of diabetes and metabolic disorders
- Translate evidence-based guidelines for diabetes and obesity through patient case studies

FACULTY

GUEST FACULTY

Samuel Dagogo-Jack, MD, MB, BS, MSc, FRCP, FACP, FACE

A. C. Mullins Professor in Translational Research
Professor of Medicine
Division Chief
Division of Endocrinology, Diabetes and Metabolism
Director of the Endocrinology Fellowship Training Program
Director, General Clinical Research Center
The University of Tennessee Health Science Center
Memphis, Tennessee

THE NEBRASKA MEDICAL CENTER THE BARIATRICS CENTER

Nessie Ferguson, MA, RD, LMNT, CDE
Megan Sitz, RD, LMNT

THE DIABETES CENTER

Sandy Nimmo, RN, BSN, CDE
Nurse Case Manager

Beth Pfeffer, RN, BSN, CDE
Director, Diabetes and Bariatric Services

Cindy Polich, RD, LMNT, CDE
Clinical Nutrition Therapist

PLANNING COMMITTEE

THE NEBRASKA MEDICAL CENTER THE DIABETES CENTER

Brian Lake, MSN, RN-BC
Shelly Lautenbaugh, RN, CDE
Beth Pfeffer, RN, BSN, CDE
Cindy Polich, RD, LMNT, CDE

EMPLOYEE DEVELOPMENT

Jacqueline Siebels, BSN, RN-BC

UNIVERSITY OF NEBRASKA MEDICAL CENTER DEPARTMENT OF FAMILY MEDICINE

Brigit Khandalavala, MD
Associate Professor
Medical Director, Obesity Medicine Services

DEPARTMENT OF INTERNAL MEDICINE DIVISION OF DIABETES, ENDOCRINOLOGY AND METABOLISM

Brian Boerner, MD
Assistant Professor

Lynn Mack, MD
Associate Professor

Jenny Moeller, PA-C

DEPARTMENT OF SURGERY
Corrigan McBride, MD, FACS, FASMBS
Associate Professor
Medical Director, Bariatrics Center

UNIVERSITY OF NEBRASKA MEDICAL CENTER DEPARTMENT OF INTERNAL MEDICINE

DIVISION OF DIABETES, ENDOCRINOLOGY AND METABOLISM
Brian Boerner, MD
Jenny Moeller, PA-C

CENTER FOR CONTINUING EDUCATION
Brenda Ram, CMP, CCMEP

LOCATION

The Dr. Stanley M. and Dorothy Truhlsen
Campus Event Center (Room 1001)
Michael F. Sorrell Center for Health
Science Education
University of Nebraska Medical Center
619 South 42nd Street
Omaha, NE
www.unmc.edu/eventscenter

TARGET AUDIENCE

This conference is intended for physicians, physician assistants, nurse practitioners, nurses, dietitians, and others who work with diabetes patients.

REGISTRATION FEE

\$120 Physician
\$ 95 General registration
\$ 75 The Nebraska Medical Center/
UNMC employee
\$ 35 Student
\$150 Walk-in registration

Full payment must accompany the completed registration form. Walk-in registrations will be accepted based on space availability.

Registration deadline: September 7, 2013

CANCELLATION POLICY

A refund, less \$25 processing fee, will be given if written cancellation is received on or before September 7 by the UNMC Center for Continuing Education. No refund will be given after this date.

ADA

In compliance with the Americans with Disabilities Act, the UNMC Center for Continuing Education does not discriminate on the basis of disability. The Center shall provide reasonable accommodations, including auxiliary aids and services, to ensure equal access to its activities and services. If you would like an auxiliary aid or service, please call 402-559-9250 by September 7 with your request.

CREDIT

6.75 contact hours awarded.

The Nebraska Medical Center is an approved provider of continuing nursing education by the Nebraska Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

NE10-13H35-542

You must be able to attend the entire presentation to receive contact hours. No partial credit will be provided.

RD and LMNT CEU hours have been applied for.

The University of Nebraska Medical Center, Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Nebraska Medical Center, Center for Continuing Education designates this live activity for a maximum of 6.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

FOR MORE INFORMATION

Contact Brenda Ram, CMP, CCMEP at 402-559-9250 or email bram@unmc.edu.



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Register online at unmc.edu/cce

Name		Birthdate (mm/dd)	
Degree or Profession		Specialty	
Affiliation			
Mailing Address <input type="checkbox"/> Home <input type="checkbox"/> Work			
City, State, ZIP			
Telephone (including area code)		Fax Number (including area code)	
Email Address (REQUIRED: Registration confirmation will be sent via email.)			
Nursing License Number		State of Licensure	

REGISTRATION FEE

- \$120 Physician \$ 35 Student
 \$ 95 General registration \$150 Walk-in registration
 \$ 75 The Nebraska Medical Center/UNMC employee

PAYMENT

Amount \$ _____

<input type="checkbox"/> Check or money order is enclosed (Made payable to UNMC CCE)	
<input type="checkbox"/> Charge to my	Card Number
<input type="checkbox"/> MasterCard	Expiration Date
<input type="checkbox"/> Visa	Three Digit Verification Code
	Cardholder's Name
	Signature

MAIL TO

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