

Summary Table for Elkhorn Logan Valley Public Health Department Adults 18 and Older, 2016

| Indicators | Overall | | | | | | Men | | | | | | Women | | | | | |
|---|---------|------|------|-------|------|------|------|------|------|-------|------|------|-------|------|------|-------|------|------|
| | LHD | | | State | | | LHD | | | State | | | LHD | | | State | | |
| | % | L % | U % | % | L % | U % | % | L % | U % | % | L % | U % | % | L % | U % | % | L % | U % |
| General Health Status | | | | | | | | | | | | | | | | | | |
| General health fair or poor health | 15.5 | 12.8 | 18.7 | 14.7 | 13.8 | 15.6 | 16.9 | 12.8 | 22.1 | 13.8 | 12.6 | 15.1 | 14.2 | 10.9 | 18.3 | 15.5 | 14.3 | 16.8 |
| Health Care Access | | | | | | | | | | | | | | | | | | |
| No health care coverage, 18-64 year olds | 17.5 | 13.5 | 22.5 | 14.7 | 13.6 | 16.0 | 18.8 | 13.4 | 25.7 | 15.0 | 13.3 | 16.9 | 16.1 | 10.6 | 23.8 | 14.4 | 12.9 | 16.2 |
| No personal doctor or health care provider | 21.8 | 18.3 | 25.8 | 19.1 | 18.0 | 20.2 | 29.6 | 24.1 | 35.7 | 24.5 | 22.8 | 26.2 | 14.1 | 9.9 | 19.6 | 13.8 | 12.5 | 15.2 |
| Needed to see a doctor but could not due to cost in past year | 8.6 | 6.6 | 11.2 | 12.1 | 11.2 | 13.1 | 8.3 | 5.6 | 12.1 | 10.1 | 8.9 | 11.4 | 9.0 | 6.2 | 12.8 | 14.0 | 12.7 | 15.5 |
| Chronic Disease and Clinical Risk Factors | | | | | | | | | | | | | | | | | | |
| Ever told they had a heart attack or coronary heart disease | 5.4 | 4.0 | 7.1 | 5.8 | 5.4 | 6.3 | 5.5 | 3.6 | 8.2 | 6.9 | 6.2 | 7.7 | 5.3 | 3.5 | 7.9 | 4.7 | 4.1 | 5.3 |
| Ever told they had a stroke | 3.0 | 1.9 | 4.7 | 2.8 | 2.5 | 3.2 | 3.1 | 1.7 | 5.8 | 2.6 | 2.1 | 3.1 | 2.9 | 1.5 | 5.5 | 3.0 | 2.5 | 3.6 |
| Ever told they have diabetes (excluding pregnancy) | 9.9 | 7.9 | 12.4 | 8.8 | 8.2 | 9.5 | 10.3 | 7.4 | 14.2 | 8.7 | 7.8 | 9.7 | 9.5 | 6.9 | 13.1 | 8.9 | 8.1 | 9.8 |
| Ever told they have cancer | 11.5 | 9.3 | 14.2 | 11.2 | 10.6 | 11.9 | 11.2 | 8.0 | 15.3 | 10.1 | 9.3 | 11.1 | 11.9 | 8.8 | 15.8 | 12.3 | 11.3 | 13.3 |
| Cancer Screening | | | | | | | | | | | | | | | | | | |
| Up-to-date on colon cancer screening, 50-75 year olds | 58.9 | 53.1 | 64.4 | 66.0 | 64.3 | 67.6 | 56.4 | 48.1 | 64.3 | 65.2 | 62.8 | 67.6 | 61.3 | 53.3 | 68.7 | 66.7 | 64.5 | 68.9 |
| Up-to-date on breast cancer screening, female 50-74 year olds | - | - | - | - | - | - | - | - | - | - | - | - | 73.7 | 66.2 | 80.0 | 73.4 | 71.3 | 75.4 |
| Up-to-date on cervical cancer screening, female 21-65 year olds | - | - | - | - | - | - | - | - | - | - | - | - | 78.3 | 70.4 | 84.6 | 77.7 | 75.5 | 79.8 |
| Overweight and Obesity | | | | | | | | | | | | | | | | | | |
| Obese (BMI=30+) | 32.4 | 28.6 | 36.5 | 32.0 | 30.8 | 33.2 | 35.1 | 29.4 | 41.2 | 32.6 | 30.8 | 34.3 | 29.6 | 24.7 | 35.1 | 31.4 | 29.7 | 33.1 |
| Overweight or Obese (BMI=25+) | 69.4 | 65.0 | 73.5 | 68.5 | 67.3 | 69.8 | 76.7 | 70.5 | 82.0 | 74.9 | 73.1 | 76.6 | 61.6 | 55.3 | 67.6 | 61.8 | 59.9 | 63.6 |
| High Risk Behavior | | | | | | | | | | | | | | | | | | |
| No leisure-time physical activity in past 30 days | 27.6 | 23.9 | 31.6 | 22.4 | 21.4 | 23.5 | 27.4 | 22.3 | 33.1 | 20.7 | 19.3 | 22.3 | 27.8 | 22.7 | 33.5 | 24.1 | 22.7 | 25.6 |
| Get less than 7 hours of sleep per day | 28.6 | 24.9 | 32.5 | 29.6 | 28.4 | 30.8 | 25.0 | 20.1 | 30.6 | 29.7 | 27.9 | 31.5 | 32.1 | 26.8 | 37.8 | 29.5 | 27.9 | 31.2 |
| Current cigarette smoking | 16.5 | 13.4 | 20.1 | 17.0 | 16.0 | 18.1 | 18.7 | 14.0 | 24.5 | 18.6 | 17.1 | 20.3 | 14.3 | 10.7 | 18.9 | 15.4 | 14.1 | 16.8 |
| Current smokeless tobacco use | 6.3 | 4.2 | 9.4 | 5.7 | 5.1 | 6.2 | 11.7 | 7.6 | 17.6 | 10.5 | 9.5 | 11.7 | 1.1 | 0.4 | 2.8 | 0.9 | 0.6 | 1.3 |
| Binge drank in past 30 days | 20.7 | 17.2 | 24.7 | 20.0 | 18.9 | 21.1 | 33.5 | 27.5 | 40.1 | 27.2 | 25.4 | 29.0 | 8.2 | 5.8 | 11.5 | 13.1 | 11.9 | 14.4 |
| Always wear a seatbelt when driving or riding in a car | 64.6 | 60.3 | 68.7 | 73.8 | 72.7 | 74.9 | 54.3 | 47.9 | 60.5 | 66.8 | 65.0 | 68.5 | 74.7 | 69.2 | 79.5 | 80.6 | 79.2 | 81.8 |
| Mental Health | | | | | | | | | | | | | | | | | | |
| Ever told they have depression | 17.3 | 14.2 | 21.0 | 17.8 | 16.8 | 18.8 | 12.7 | 8.7 | 18.2 | 12.1 | 10.9 | 13.4 | 21.9 | 17.4 | 27.1 | 23.4 | 21.8 | 25.0 |
| Frequent mental distress in past 30 days | 9.2 | 6.9 | 12.3 | 9.5 | 8.7 | 10.4 | 6.8 | 4.0 | 11.1 | 7.0 | 6.0 | 8.1 | 11.6 | 8.1 | 16.4 | 12.0 | 10.8 | 13.3 |
| Immunization | | | | | | | | | | | | | | | | | | |
| Had a flu vaccination in past year | 40.5 | 36.5 | 44.7 | 44.4 | 43.1 | 45.7 | 37.4 | 31.7 | 43.4 | 39.4 | 37.5 | 41.3 | 43.6 | 37.9 | 49.4 | 49.3 | 47.6 | 51.1 |
| Had a flu vaccination in past year, aged 65 years and older | 57.6 | 50.1 | 64.8 | 62.7 | 60.8 | 64.6 | 55.1 | 42.4 | 67.1 | 62.8 | 59.8 | 65.6 | 59.4 | 50.3 | 67.9 | 62.7 | 60.2 | 65.1 |
| Oral Health | | | | | | | | | | | | | | | | | | |
| Visited a dentist or dental clinic for any reason in past year | 64.8 | 60.7 | 68.7 | 68.7 | 67.5 | 69.9 | 64.6 | 58.5 | 70.2 | 65.9 | 64.1 | 67.7 | 65.0 | 59.5 | 70.2 | 71.4 | 69.8 | 73.0 |

Data reflect the four county LHD region of Burt, Cuming, Madison, and Stanton Counties

Notes (1) % reflects the weighted percentage for adults 18 and older; L% and U% reflect the lower and upper limits for the 95% confidence interval, respectively; (2) LHD=local/district health department; BMI=body mass index

Source: Behavioral Risk Factor Surveillance System, Nebraska Department of Health and Human Services; January 2018