

**Summary Table for Dakota County Health Department Adults 18 and Older, 2016**

Indicators	Overall						Men						Women					
	LHD			State			LHD			State			LHD			State		
	%	L %	U %	%	L %	U %	%	L %	U %	%	L %	U %	%	L %	U %	%	L %	U %
<b>General Health Status</b>																		
General health fair or poor health	16.0	11.7	21.5	14.7	13.8	15.6	12.4	7.2	20.3	13.8	12.6	15.1	19.6	13.4	27.7	15.5	14.3	16.8
<b>Health Care Access</b>																		
No health care coverage, 18-64 year olds	24.7	17.0	34.4	14.7	13.6	16.0	27.1	16.0	42.1	15.0	13.3	16.9	21.8	12.8	34.6	14.4	12.9	16.2
No personal doctor or health care provider	20.2	14.0	28.1	19.1	18.0	20.2	24.5	15.1	37.2	24.5	22.8	26.2	15.9	9.0	26.5	13.8	12.5	15.2
Needed to see a doctor but could not due to cost in past year	7.6	4.3	13.2	12.1	11.2	13.1	6.2	2.2	16.0	10.1	8.9	11.4	9.1	4.6	17.0	14.0	12.7	15.5
<b>Chronic Disease and Clinical Risk Factors</b>																		
Ever told they had a heart attack or coronary heart disease	4.0	2.6	6.0	5.8	5.4	6.3	3.4	1.8	6.6	6.9	6.2	7.7	4.5	2.6	7.6	4.7	4.1	5.3
Ever told they had a stroke	3.8	1.8	7.7	2.8	2.5	3.2	2.7	0.6	11.5	2.6	2.1	3.1	4.8	2.2	10.2	3.0	2.5	3.6
Ever told they have diabetes (excluding pregnancy)	10.8	7.3	15.6	8.8	8.2	9.5	11.9	6.9	19.7	8.7	7.8	9.7	9.7	5.6	16.4	8.9	8.1	9.8
Ever told they have cancer	8.3	5.7	11.8	11.2	10.6	11.9	4.3	2.2	8.3	10.1	9.3	11.1	12.1	7.9	18.2	12.3	11.3	13.3
<b>Cancer Screening</b>																		
Up-to-date on colon cancer screening, 50-75 year olds	59.9	49.7	69.3	66.0	64.3	67.6	61.6	46.9	74.4	65.2	62.8	67.6	58.4	44.3	71.2	66.7	64.5	68.9
Up-to-date on breast cancer screening, female 50-74 year olds	-	-	-	-	-	-	-	-	-	-	-	-	62.6	48.1	75.1	73.4	71.3	75.4
Up-to-date on cervical cancer screening, female 21-65 year olds	-	-	-	-	-	-	-	-	-	-	-	-	71.9	57.0	83.1	77.7	75.5	79.8
<b>Overweight and Obesity</b>																		
Obese (BMI=30+)	44.8	36.8	53.0	32.0	30.8	33.2	53.1	40.3	65.6	32.6	30.8	34.3	37.0	27.8	47.4	31.4	29.7	33.1
Overweight or Obese (BMI=25+)	73.8	66.2	80.1	68.5	67.3	69.8	81.9	69.5	90.0	74.9	73.1	76.6	66.3	56.4	75.0	61.8	59.9	63.6
<b>High Risk Behavior</b>																		
No leisure-time physical activity in past 30 days	29.8	23.6	36.8	22.4	21.4	23.5	24.6	16.5	35.1	20.7	19.3	22.3	34.8	26.5	44.2	24.1	22.7	25.6
Get less than 7 hours of sleep per day	32.1	25.3	39.8	29.6	28.4	30.8	33.8	23.3	46.1	29.7	27.9	31.5	30.4	22.3	39.9	29.5	27.9	31.2
Current cigarette smoking	18.6	13.4	25.3	17.0	16.0	18.1	20.8	12.7	32.1	18.6	17.1	20.3	16.3	10.6	24.3	15.4	14.1	16.8
Current smokeless tobacco use	6.3	3.4	11.2	5.7	5.1	6.2	10.5	5.3	19.6	10.5	9.5	11.7	1.9	0.5	7.2	0.9	0.6	1.3
Binge drank in past 30 days	13.8	8.8	21.1	20.0	18.9	21.1	22.1	13.0	35.0	27.2	25.4	29.0	5.5	2.7	10.9	13.1	11.9	14.4
Always wear a seatbelt when driving or riding in a car	80.4	72.7	86.3	73.8	72.7	74.9	70.8	57.7	81.1	66.8	65.0	68.5	90.4	84.5	94.2	80.6	79.2	81.8
<b>Mental Health</b>																		
Ever told they have depression	11.8	7.9	17.2	17.8	16.8	18.8	10.5	5.1	20.3	12.1	10.9	13.4	13.1	8.4	19.9	23.4	21.8	25.0
Frequent mental distress in past 30 days	7.9	4.8	12.8	9.5	8.7	10.4	7.4	3.2	15.9	7.0	6.0	8.1	8.5	4.7	15.1	12.0	10.8	13.3
<b>Immunization</b>																		
Had a flu vaccination in past year	38.5	31.3	46.3	44.4	43.1	45.7	27.2	17.7	39.3	39.4	37.5	41.3	50.4	40.8	60.0	49.3	47.6	51.1
Had a flu vaccination in past year, aged 65 years and older	53.6	44.6	62.2	62.7	60.8	64.6	40.7	26.8	56.3	62.8	59.8	65.6	60.0	49.4	69.8	62.7	60.2	65.1
<b>Oral Health</b>																		
Visited a dentist or dental clinic for any reason in past year	66.3	58.8	73.1	68.7	67.5	69.9	61.2	48.9	72.2	65.9	64.1	67.7	71.2	62.2	78.8	71.4	69.8	73.0

Notes (1) % reflects the weighted percentage for adults 18 and older; L% and U% reflect the lower and upper limits for the 95% confidence interval, respectively; (2) LHD=local/district health department; BMI=body mass index

Source: Behavioral Risk Factor Surveillance System, Nebraska Department of Health and Human Services; January 2018