

**Summary Table for Lincoln-Lancaster County Health Department Adults 18 and Older, 2014**

Indicators	Overall						Men						Women					
	LHD			State			LHD			State			LHD			State		
	%	L %	U %	%	L %	U %	%	L %	U %	%	L %	U %	%	L %	U %	%	L %	U %
<b>General Health Status</b>																		
General health fair or poor health	9.0	7.5	10.8	13.2	12.5	13.9	7.4	5.6	9.7	13.5	12.5	14.6	10.7	8.3	13.6	12.9	12.1	13.9
<b>Health Care Access</b>																		
No health care coverage, 18-64 year olds	15.3	12.6	18.4	15.3	14.3	16.4	16.5	12.7	21.2	17.0	15.5	18.7	14.0	10.6	18.3	13.6	12.3	15.0
No personal doctor or health care provider	24.5	21.7	27.5	20.2	19.3	21.2	30.8	26.5	35.5	27.0	25.5	28.6	18.2	14.8	22.2	13.6	12.5	14.8
Needed to see a doctor but could not due to cost in past year	12.5	10.4	14.9	11.9	11.1	12.6	9.3	6.9	12.4	10.2	9.1	11.3	15.7	12.5	19.4	13.5	12.4	14.6
<b>Chronic Disease and Clinical Risk Factors</b>																		
Ever told they had a heart attack or coronary heart disease	4.1	3.2	5.2	5.8	5.4	6.2	4.8	3.5	6.5	7.2	6.5	7.8	3.3	2.2	5.0	4.5	4.0	5.0
Ever told they had a stroke	2.0	1.5	2.8	2.6	2.4	2.9	2.1	1.4	3.2	2.7	2.3	3.1	2.0	1.2	3.2	2.6	2.2	3.0
Ever told they have diabetes (excluding pregnancy)	8.2	6.8	10.0	9.2	8.6	9.7	9.7	7.5	12.6	9.7	8.9	10.6	6.7	5.0	8.9	8.6	7.9	9.3
Ever told they have cancer	10.1	8.8	11.7	10.7	10.2	11.3	7.2	5.7	9.1	9.3	8.6	10.0	13.1	10.9	15.5	12.1	11.4	12.9
<b>Cancer Screening</b>																		
Up-to-date on colon cancer screening, 50-75 year olds	68.2	63.9	72.1	64.1	62.7	65.5	63.8	57.1	69.9	63.0	60.9	65.1	72.0	66.6	76.9	65.2	63.3	67.0
Up-to-date on breast cancer screening, female 50-74 year olds	-	-	-	-	-	-	-	-	-	-	-	-	78.5	73.2	83.0	76.1	74.5	77.7
Up-to-date on cervical cancer screening, female 21-65 year olds	-	-	-	-	-	-	-	-	-	-	-	-	78.2	73.0	82.7	81.7	80.0	83.3
<b>Overweight and Obesity</b>																		
Obese (BMI=30+)	25.4	22.9	28.2	30.3	29.3	31.3	26.6	22.8	30.7	31.7	30.2	33.2	24.2	20.8	28.0	28.7	27.4	30.1
Overweight or Obese (BMI=25+)	62.9	59.8	65.9	66.7	65.6	67.8	70.7	66.3	74.7	73.8	72.3	75.3	54.7	50.4	58.9	59.2	57.7	60.7
<b>High Risk Behavior</b>																		
No leisure-time physical activity in past 30 days	17.9	15.7	20.4	21.3	20.5	22.2	18.7	15.4	22.5	21.2	20.0	22.5	17.2	14.3	20.5	21.4	20.2	22.5
Get less than 7 hours of sleep per day	32.7	29.9	35.7	30.0	29.0	31.0	34.2	29.9	38.7	30.7	29.2	32.2	31.3	27.6	35.4	29.4	28.1	30.7
Current cigarette smoking	18.8	16.5	21.5	17.4	16.5	18.2	20.5	17.0	24.5	18.6	17.3	19.9	17.2	14.0	20.8	16.2	15.1	17.3
Current smokeless tobacco use	4.0	2.9	5.6	4.7	4.2	5.1	6.5	4.5	9.3	8.5	7.7	9.3	1.5	0.7	3.3	1.0	0.7	1.3
Binge drank in past 30 days	23.5	20.8	26.4	20.3	19.4	21.3	28.7	24.6	33.1	26.8	25.3	28.3	18.4	15.0	22.4	14.1	13.0	15.3
Always wear a seatbelt when driving or riding in a car	78.2	75.4	80.8	72.4	71.5	73.3	70.5	65.8	74.7	64.7	63.2	66.2	85.8	82.6	88.5	79.8	78.7	80.9
<b>Mental Health</b>																		
Ever told they have depression	19.5	17.2	22.1	17.7	16.9	18.6	14.9	11.7	18.7	13.0	11.8	14.2	24.1	20.8	27.7	22.3	21.1	23.5
Frequent mental distress in past 30 days	10.5	8.7	12.7	8.2	7.6	8.8	9.1	6.6	12.3	6.4	5.6	7.3	12.0	9.4	15.2	9.9	9.0	10.8
<b>Immunization</b>																		
Had a flu vaccination in past year	40.8	37.9	43.7	43.9	42.9	45.0	35.2	31.2	39.5	38.8	37.3	40.4	46.3	42.3	50.4	48.9	47.4	50.3
Had a flu vaccination in past year, aged 65 years and older	61.0	55.7	66.1	64.8	63.2	66.3	63.5	55.2	71.1	66.0	63.6	68.3	59.2	52.3	65.8	63.8	61.8	65.8
<b>Oral Health</b>																		
Visited a dentist or dental clinic for any reason in past year	69.8	66.8	72.6	66.4	65.3	67.4	66.0	61.5	70.2	63.2	61.6	64.8	73.6	69.6	77.3	69.4	68.0	70.8

Notes (1) % reflects the weighted percentage for adults 18 and older; L% and U% reflect the lower and upper limits for the 95% confidence interval, respectively; (2) LHD=local/district health department; BMI=body mass index

Source: Behavioral Risk Factor Surveillance System, Nebraska Department of Health and Human Services; September 2014