







Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>			
	West Central			State of NE			West Central			State of NE			West Central			State of NE						
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>
<b>Diabetes</b>																						
Ever told they have diabetes (excluding pregnancy) <sup>a</sup>																						
2011	711	8.7%	(6.7 - 11.1)	25,393	8.4%	(7.9 - 8.8)	NS	323	9.7%	(6.7 - 13.9)	10,222	8.6%	(7.9 - 9.3)	NS	388	7.6%	(5.4 - 10.6)	15,171	8.2%	(7.6 - 8.8)	NS	No
2012	734	8.5%	(6.3 - 11.3)	19,156	8.1%	(7.6 - 8.6)	NS	297	7.2%	(4.4 - 11.5)	7,861	8.3%	(7.6 - 9.1)	NS	437	9.7%	(6.6 - 13.9)	11,295	7.9%	(7.3 - 8.5)	NS	No
2013	854	10.6%	(8.3 - 13.4)	17,110	9.2%	(8.5 - 9.9)	NS	373	12.0%	(8.5 - 16.8)	6,968	10.1%	(9.0 - 11.2)	NS	481	9.1%	(6.6 - 12.5)	10,142	8.3%	(7.5 - 9.2)	NS	No
2014	1,094	9.1%	(7.5 - 11.1)	22,388	9.2%	(8.6 - 9.7)	NS	462	10.1%	(7.6 - 13.1)	9,598	9.7%	(8.9 - 10.6)	NS	632	8.2%	(6.1 - 10.9)	12,790	8.6%	(7.9 - 9.3)	NS	No
2015	707	11.9%	(9.4 - 15.0)	17,547	8.8%	(8.2 - 9.4)	+	313	10.7%	(7.4 - 15.1)	7,565	9.0%	(8.2 - 9.9)	NS	394	13.2%	(9.7 - 17.6)	9,982	8.6%	(7.8 - 9.3)	+	No
2016	564	12.0%	(9.3 - 15.3)	15,171	8.8%	(8.2 - 9.5)	NS	239	11.3%	(7.9 - 16.1)	6,630	8.7%	(7.8 - 9.7)	NS	325	12.6%	(8.8 - 17.6)	8,541	8.9%	(8.1 - 9.8)	NS	No
Ever told they have pre-diabetes (excluding pregnancy)																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	417	4.4%	(2.7 - 7.2)	8,549	5.5%	(4.8 - 6.3)	NS	188	5.2%	(2.6 - 10.4)	3,452	5.9%	(4.8 - 7.2)	NS	229	3.6%	(2.0 - 6.2)	5,097	5.1%	(4.1 - 6.2)	NS	No
2014	521	7.8%	(5.3 - 11.4)	11,165	5.8%	(5.1 - 6.5)	NS	219	5.9%	(2.9 - 11.4)	4,723	5.8%	(4.8 - 6.9)	NS	302	9.7%	(6.2 - 15.1)	6,442	5.7%	(4.9 - 6.7)	NS	No
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	558	5.6%	(3.5 - 8.7)	14,986	6.0%	(5.5 - 6.6)	NS	238	7.2%	(3.9 - 12.8)	6,547	5.3%	(4.6 - 6.2)	NS	320	4.0%	(2.1 - 7.6)	8,439	6.7%	(5.9 - 7.6)	NS	No
<b>Cancer</b>																						
Ever told they have skin cancer																						
2011	709	7.1%	(5.2 - 9.5)	25,359	5.6%	(5.3 - 6.0)	NS	322	6.8%	(4.6 - 9.8)	10,205	6.3%	(5.8 - 6.8)	NS	387	7.4%	(4.6 - 11.6)	15,154	5.0%	(4.6 - 5.5)	NS	No
2012	733	6.2%	(4.5 - 8.6)	19,133	5.6%	(5.2 - 6.0)	NS	297	6.8%	(4.3 - 10.5)	7,859	5.8%	(5.3 - 6.4)	NS	436	5.6%	(3.4 - 9.1)	11,274	5.4%	(4.9 - 6.0)	NS	No
2013	854	8.2%	(6.2 - 10.8)	17,087	5.9%	(5.5 - 6.3)	NS	373	8.0%	(5.5 - 11.6)	6,956	6.3%	(5.7 - 7.1)	NS	481	8.5%	(5.6 - 12.6)	10,131	5.4%	(4.9 - 6.0)	NS	No
2014	1,094	6.2%	(4.9 - 7.8)	22,370	5.7%	(5.4 - 6.1)	NS	463	7.7%	(5.6 - 10.4)	9,586	5.9%	(5.4 - 6.5)	NS	631	4.7%	(3.3 - 6.7)	12,784	5.6%	(5.1 - 6.1)	NS	No
2015	704	5.6%	(4.2 - 7.4)	17,512	6.0%	(5.6 - 6.4)	NS	311	5.5%	(3.7 - 8.2)	7,556	6.4%	(5.7 - 7.0)	NS	393	5.6%	(3.8 - 8.3)	9,956	5.6%	(5.1 - 6.2)	NS	No
2016	563	6.9%	(4.8 - 9.7)	15,150	5.5%	(5.0 - 5.9)	NS	238	8.9%	(5.7 - 13.7)	6,616	5.8%	(5.1 - 6.5)	NS	325	4.9%	(2.7 - 8.6)	8,534	5.2%	(4.6 - 5.8)	NS	No
Ever told they have cancer other than skin cancer																						
2011	711	8.0%	(6.3 - 10.2)	25,369	6.6%	(6.2 - 7.0)	NS	323	7.2%	(5.0 - 10.2)	10,219	5.0%	(4.6 - 5.5)	NS	388	8.8%	(6.3 - 12.2)	15,150	8.1%	(7.5 - 8.6)	NS	No
2012	733	7.9%	(5.9 - 10.6)	19,136	6.5%	(6.0 - 6.9)	NS	297	5.7%	(3.3 - 9.7)	7,858	5.0%	(4.5 - 5.6)	NS	436	10.1%	(7.1 - 14.2)	11,278	7.9%	(7.2 - 8.5)	NS	No
2013	852	7.7%	(6.0 - 9.9)	17,104	6.8%	(6.3 - 7.3)	NS	371	6.2%	(4.1 - 9.3)	6,965	5.6%	(5.0 - 6.4)	NS	481	9.2%	(6.6 - 12.6)	10,139	8.0%	(7.3 - 8.8)	NS	No
2014	1,095	8.0%	(6.4 - 9.9)	22,380	6.1%	(5.7 - 6.5)	NS	463	6.5%	(4.6 - 9.0)	9,590	4.6%	(4.1 - 5.1)	NS	632	9.4%	(7.0 - 12.4)	12,790	7.6%	(7.0 - 8.3)	NS	No
2015	705	8.3%	(6.4 - 10.6)	17,524	6.9%	(6.4 - 7.3)	NS	312	5.7%	(3.6 - 9.0)	7,557	5.2%	(4.6 - 5.8)	NS	393	10.7%	(8.0 - 14.3)	9,967	8.5%	(7.8 - 9.2)	NS	No
2016	564	8.5%	(6.5 - 11.2)	15,165	6.9%	(6.3 - 7.4)	NS	239	7.8%	(5.1 - 11.7)	6,629	5.5%	(4.9 - 6.2)	NS	325	9.3%	(6.4 - 13.2)	8,536	8.2%	(7.4 - 9.0)	NS	No
Ever told they have cancer (in any form)																						
2011	708	13.4%	(10.9 - 16.3)	25,315	11.2%	(10.7 - 11.7)	NS	322	11.5%	(8.6 - 15.1)	10,192	10.1%	(9.5 - 10.8)	NS	386	15.2%	(11.4 - 20.0)	15,123	12.2%	(11.5 - 12.9)	NS	No
2012	732	12.4%	(9.8 - 15.7)	19,100	10.8%	(10.3 - 11.4)	NS	297	10.7%	(7.3 - 15.4)	7,846	9.6%	(8.9 - 10.4)	NS	435	14.0%	(10.3 - 18.9)	11,254	11.9%	(11.2 - 12.7)	NS	No
2013	852	14.0%	(11.5 - 17.1)	17,062	11.4%	(10.8 - 12.1)	NS	371	11.7%	(8.6 - 15.8)	6,946	10.6%	(9.7 - 11.6)	NS	481	16.3%	(12.4 - 21.0)	10,116	12.3%	(11.4 - 13.2)	NS	No
2014	1,093	12.6%	(10.7 - 14.9)	22,338	10.7%	(10.2 - 11.2)	NS	463	12.1%	(9.5 - 15.4)	9,568	9.3%	(8.6 - 10.0)	NS	630	13.1%	(10.4 - 16.5)	12,770	12.1%	(11.4 - 12.9)	NS	No
2015	702	12.7%	(10.5 - 15.4)	17,481	11.6%	(11.0 - 12.2)	NS	310	10.1%	(7.3 - 13.9)	7,541	10.2%	(9.5 - 11.1)	NS	392	15.3%	(12.0 - 19.4)	9,940	12.9%	(12.1 - 13.8)	NS	No
2016	563	14.1%	(11.3 - 17.6)	15,132	11.2%	(10.6 - 11.9)	NS	238	15.1%	(11.0 - 20.4)	6,607	10.1%	(9.3 - 11.1)	NS	325	13.2%	(9.6 - 17.9)	8,525	12.3%	(11.3 - 13.3)	NS	No















Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>				
	West Central			State of NE			West Central			State of NE			West Central			State of NE							
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	
<b>Immunization and Infectious Disease</b>																							
Had a flu vaccination in past year, aged 18 years and older																							
2011	669	35.5%	(31.3 - 39.9)	24,156	41.1%	(40.2 - 42.0)	-	308	35.1%	(29.2 - 41.5)	9,663	35.1%	(33.8 - 36.5)	NS	361	35.9%	(30.1 - 42.1)	14,493	46.8%	(45.6 - 48.1)	-	No	
2012	726	32.9%	(28.3 - 37.9)	18,903	42.2%	(41.2 - 43.2)	-	295	26.5%	(20.3 - 33.9)	7,754	36.8%	(35.4 - 38.2)	-	431	39.1%	(32.6 - 46.0)	11,149	47.5%	(46.1 - 48.8)	-	No	
2013	804	44.2%	(39.5 - 48.9)	16,022	45.2%	(43.9 - 46.4)	NS	349	42.3%	(35.7 - 49.2)	6,506	41.2%	(39.4 - 43.1)	NS	455	46.0%	(39.5 - 52.6)	9,516	48.9%	(47.2 - 50.6)	NS	No	
2014	1,048	39.1%	(35.6 - 42.7)	21,638	43.9%	(42.9 - 45.0)	-	445	38.6%	(33.4 - 44.1)	9,262	38.8%	(37.3 - 40.4)	NS	603	39.6%	(35.0 - 44.4)	12,376	48.9%	(47.4 - 50.3)	-	No	
2015	641	40.2%	(35.7 - 44.8)	16,091	47.2%	(46.0 - 48.4)	-	286	33.1%	(27.2 - 39.5)	6,883	40.8%	(39.0 - 42.6)	NS	355	47.2%	(41.1 - 53.5)	9,208	53.4%	(51.7 - 55.0)	NS	Yes	
2016	542	34.3%	(29.9 - 39.0)	14,685	44.4%	(43.1 - 45.7)	-	228	29.5%	(23.5 - 36.3)	6,401	39.4%	(37.5 - 41.3)	-	314	39.0%	(32.7 - 45.6)	8,284	49.3%	(47.6 - 51.1)	-	No	
Had a flu vaccination in past year, aged 65 years and older <sup>h</sup>																							
2011	230	52.0%	(44.7 - 59.2)	8,185	61.8%	(60.3 - 63.3)	-	90	59.8%	(48.5 - 70.3)	2,875	59.6%	(57.1 - 62.1)	NS	140	46.5%	(37.2 - 56.0)	5,310	63.4%	(61.5 - 65.3)	-	No	
2012	303	49.5%	(41.6 - 57.4)	6,625	62.9%	(61.2 - 64.6)	-	113	41.6%	(30.2 - 54.0)	2,327	60.9%	(58.1 - 63.6)	-	190	56.2%	(46.5 - 65.4)	4,298	64.4%	(62.4 - 66.5)	NS	No	
2013	304	63.5%	(55.8 - 70.6)	5,652	66.2%	(64.2 - 68.1)	NS	116	72.0%	(61.3 - 80.7)	2,067	67.6%	(64.4 - 70.6)	NS	188	56.2%	(45.9 - 65.9)	3,585	65.0%	(62.6 - 67.4)	NS	No	
2014	382	63.7%	(58.0 - 69.1)	7,610	64.7%	(63.2 - 66.2)	NS	146	66.8%	(57.7 - 74.8)	2,971	65.9%	(63.5 - 68.3)	NS	236	61.4%	(53.9 - 68.3)	4,639	63.8%	(61.8 - 65.7)	NS	No	
2015	236	61.2%	(53.7 - 68.2)	5,578	65.2%	(63.4 - 67.0)	NS	85	66.0%	(52.6 - 77.2)	2,119	64.1%	(61.1 - 66.9)	NS	151	58.2%	(49.0 - 66.9)	3,459	66.1%	(63.9 - 68.2)	NS	No	
2016	177	55.8%	(47.4 - 64.0)	5,130	62.7%	(60.8 - 64.6)	NS	64	63.5%	(49.6 - 75.5)	1,967	62.8%	(59.8 - 65.6)	NS	113	49.8%	(39.5 - 60.1)	3,163	62.7%	(60.2 - 65.1)	-	No	
Ever had a pneumonia vaccination, aged 65 years and older <sup>h</sup>																							
2011	227	67.4%	(60.1 - 74.0)	7,997	70.3%	(68.8 - 71.7)	NS	88	66.1%	(54.5 - 76.1)	2,772	66.7%	(64.2 - 69.1)	NS	139	68.3%	(58.7 - 76.6)	5,225	72.9%	(71.2 - 74.5)	NS	No	
2012	297	60.0%	(51.4 - 68.0)	6,413	70.0%	(68.4 - 71.6)	-	110	54.1%	(40.0 - 67.5)	2,225	66.9%	(64.1 - 69.6)	NS	187	64.9%	(55.5 - 73.3)	4,188	72.3%	(70.3 - 74.1)	NS	No	
2013	294	67.1%	(59.1 - 74.3)	5,478	71.7%	(69.8 - 73.4)	NS	110	68.1%	(56.4 - 78.0)	1,970	71.5%	(68.5 - 74.3)	NS	184	66.3%	(55.2 - 76.0)	3,508	71.8%	(69.4 - 74.0)	NS	No	
2014	368	71.1%	(65.6 - 76.0)	7,372	72.3%	(70.9 - 73.7)	NS	139	72.2%	(63.4 - 79.6)	2,849	70.3%	(67.9 - 72.5)	NS	229	70.2%	(63.0 - 76.6)	4,523	73.9%	(72.1 - 75.7)	NS	No	
2015	233	70.4%	(63.0 - 76.8)	5,452	73.8%	(72.1 - 75.4)	NS	84	66.3%	(53.0 - 77.5)	2,056	70.3%	(67.4 - 73.0)	NS	149	72.9%	(64.1 - 80.1)	3,396	76.5%	(74.5 - 78.4)	NS	No	
2016	174	73.6%	(65.6 - 80.3)	5,060	75.9%	(74.2 - 77.5)	NS	62	68.3%	(54.1 - 79.8)	1,927	73.7%	(70.9 - 76.3)	NS	112	77.8%	(68.8 - 84.8)	3,133	77.6%	(75.5 - 79.7)	NS	No	
Had a tetanus vaccination since 2005																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	732	56.9%	(51.8 - 61.8)	14,650	60.2%	(58.9 - 61.5)	NS	328	63.3%	(56.2 - 69.9)	6,015	63.1%	(61.1 - 65.0)	NS	404	50.2%	(43.1 - 57.4)	8,635	57.4%	(55.6 - 59.1)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	500	61.9%	(56.8 - 66.8)	13,574	64.2%	(62.9 - 65.4)	NS	212	70.5%	(63.2 - 76.9)	5,939	67.5%	(65.5 - 69.3)	NS	288	53.6%	(46.5 - 60.5)	7,635	60.9%	(59.2 - 62.7)	NS	Yes	



Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>				
	West Central			State of NE			West Central			State of NE			West Central			State of NE							
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	
Had teeth cleaned by dentist/hygienist in past year, among those with 1+ permanent teeth																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	511	60.0%	(54.8 - 65.0)	13,764	67.4%	(66.1 - 68.6)	-	221	55.6%	(47.9 - 63.1)	6,092	63.9%	(62.0 - 65.8)	NS	290	64.5%	(57.4 - 71.0)	7,672	70.8%	(69.1 - 72.5)	NS	No	
<b>Social Context</b>																							
Housing insecurity in past year, among those who own or rent their home <sup>^</sup>																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	294	26.3%	(18.5 - 36.0)	6,089	26.6%	(25.0 - 28.3)	NS	112	21.9%	(11.3 - 38.2)	2,481	24.7%	(22.3 - 27.3)	NS	182	31.0%	(21.3 - 42.7)	3,608	28.5%	(26.3 - 30.8)	NS	No	
2013	365	29.0%	(22.6 - 36.3)	7,324	28.8%	(27.1 - 30.5)	NS	145	23.3%	(15.3 - 33.9)	2,961	25.0%	(22.5 - 27.7)	NS	220	34.3%	(25.4 - 44.6)	4,363	32.3%	(30.0 - 34.7)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	288	26.5%	(20.6 - 33.5)	7,461	28.5%	(26.8 - 30.2)	NS	124	26.4%	(18.1 - 36.7)	3,109	26.6%	(24.2 - 29.2)	NS	164	26.7%	(18.4 - 37.0)	4,352	30.3%	(28.1 - 32.5)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Food insecurity in past year <sup>^</sup>																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	325	14.9%	(9.4 - 22.8)	6,621	17.6%	(16.2 - 19.0)	NS	127	15.8%	(7.9 - 29.0)	2,684	13.9%	(12.1 - 16.0)	NS	198	13.9%	(7.7 - 23.6)	3,937	21.1%	(19.1 - 23.2)	NS	No	
2013	396	18.7%	(13.0 - 26.2)	7,828	19.0%	(17.6 - 20.6)	NS	160	10.0%	(4.8 - 19.9)	3,159	15.4%	(13.4 - 17.7)	NS	236	26.9%	(18.0 - 38.2)	4,669	22.5%	(20.5 - 24.6)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	299	16.4%	(11.7 - 22.4)	7,918	21.0%	(19.5 - 22.5)	NS	126	13.2%	(7.7 - 21.8)	3,309	17.9%	(15.8 - 20.2)	NS	173	19.7%	(12.9 - 28.9)	4,609	24.0%	(22.1 - 26.1)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
<b>Caregiving</b>																							
Provided regular care/assistance in past month to friend or family member with health issue																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	337	21.8%	(16.9 - 27.5)	7,883	24.7%	(23.2 - 26.2)	NS	155	19.4%	(13.1 - 27.8)	3,434	21.1%	(19.1 - 23.4)	NS	182	25.0%	(18.3 - 33.2)	4,449	28.0%	(25.9 - 30.2)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
<b>Cognitive Decline</b>																							
Experienced more or worsening confusion or memory loss in past year, aged 45 years and older																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	248	10.2%	(6.7 - 15.0)	5,767	9.4%	(8.4 - 10.5)	NS	104	10.7%	(5.7 - 19.2)	2,436	10.2%	(8.7 - 12.0)	NS	144	9.7%	(5.7 - 16.1)	3,331	8.6%	(7.3 - 10.2)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
<b>Inadequate Sleep</b>																							
Get less than 7 hours of sleep per day																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	842	32.9%	(28.6 - 37.5)	16,972	31.8%	(30.6 - 33.0)	NS	371	35.9%	(29.7 - 42.5)	6,927	32.6%	(30.8 - 34.4)	NS	471	30.0%	(24.3 - 36.4)	10,045	31.0%	(29.5 - 32.6)	NS	No	
2014	1,080	30.2%	(26.8 - 33.9)	22,172	30.0%	(29.0 - 31.0)	NS	456	29.5%	(24.4 - 35.1)	9,527	30.7%	(29.2 - 32.2)	NS	624	30.9%	(26.4 - 35.8)	12,645	29.4%	(28.1 - 30.7)	NS	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	559	30.9%	(26.4 - 35.8)	15,097	29.6%	(28.4 - 30.8)	NS	236	33.9%	(27.3 - 41.2)	6,610	29.7%	(27.9 - 31.5)	NS	323	28.0%	(22.2 - 34.7)	8,487	29.5%	(27.9 - 31.2)	NS	No	
Average hours of sleep per day																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	842	7.1	(6.9 - 7.2)	16,972	7.1	(7.0 - 7.1)	NS	371	7.0	(6.8 - 7.2)	6,927	7.0	(7.0 - 7.1)	NS	471	7.2	(6.9 - 7.4)	10,045	7.1	(7.0 - 7.1)	NS	No	
2014	1,080	7.1	(7.0 - 7.2)	22,172	7.1	(7.0 - 7.1)	NS	456	7.1	(6.9 - 7.3)	9,527	7.0	(7.0 - 7.1)	NS	624	7.1	(6.9 - 7.2)	12,645	7.1	(7.1 - 7.1)	NS	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	559	7.2	(7.0 - 7.3)	15,097	7.1	(7.1 - 7.1)	NS	236	7.2	(6.9 - 7.4)	6,610	7.1	(7.0 - 7.2)	NS	323	7.2	(7.0 - 7.3)	8,487	7.1	(7.1 - 7.2)	NS	No	

Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>			
	West Central			State of NE			West Central			State of NE			West Central			State of NE						
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>
<b>Occupational Safety and Health</b>																						
Work-related injury or illness in past year, among employed or recently out of work																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	226	7.4%	(3.9 - 13.5)	4,952	4.8%	(3.9 - 5.8)	NS	114	8.8%	(4.2 - 17.6)	2,246	6.1%	(4.8 - 7.7)	NS	112	5.3%	(1.5 - 16.7)	2,706	3.3%	(2.2 - 4.9)	NS	No
2014	315	6.4%	(3.8 - 10.7)	6,966	4.9%	(4.1 - 5.9)	NS	150	7.1%	(3.3 - 14.6)	3,403	5.4%	(4.4 - 6.7)	NS	165	5.6%	(2.8 - 11.2)	3,563	4.3%	(3.1 - 6.0)	NS	No
2015	232	7.5%	(4.2 - 13.0)	5,434	5.7%	(4.7 - 6.8)	NS	123	7.4%	(3.3 - 15.8)	2,727	7.1%	(5.6 - 9.0)	NS	109	7.7%	(3.6 - 15.7)	2,707	3.9%	(2.9 - 5.3)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Note: Data reflect the six county LHD region of Arthur, Hooker, Lincoln, Logan, McPherson, and Thomas Counties

Note: Data reflect both landline and cell phone responses

Note: This table is not intended to be inclusive of all BRFSS indicators; some were excluded due to small numbers at the LHD level

Note: This table excludes 2011 BRFSS optional module and state added questions data due to the data being headline only

Note: The results in this table may be slightly different than results in previously published reports and tables due differences in the software used and/or how the statistical analysis code was written; these results were analyzed using SAS and SAS-callable SUDAAN software

<sup>a</sup> Non-weighted sample size among adults 18 and older (unless different age group noted)

<sup>b</sup> Weighted mean, median, or percentage (percentages are followed by the % symbol) among adults 18 and older (unless different age group noted)

<sup>c</sup> Low and High are the lower and upper limits of the 95% confidence interval, respectively

<sup>d</sup> Symbols represent: "+" = LHD value significantly higher than the state value; "-" = LHD value significantly lower than the state value; "NS" = LHD value not statistically different than the state value; significant differences based on 95% confidence interval overlap

<sup>e</sup> Indicates whether there is a significant difference by gender within the LHD region, based on non-overlapping 95% confidence intervals; note that small sample sizes for males and females can make interpreting significance difficult due to large confidence intervals

<sup>f</sup> Reflects a Nebraska Healthy People 2020 (HP2020) measure

\* Data suppressed due to a small number of respondents (i.e., fewer than 50)

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS); January 2018

