

BRFSS Detailed Summary Table for Southwest Nebraska Public Health Department Adults 18 and Older, 2011-2016

Indicators	Overall					Men					Women					LHD Gender Diff. ^o						
	Southwest		State of NE			Southwest		State of NE			Southwest		State of NE									
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d							
General Health Status																						
General health fair or poor																						
2011	1,023	17.5%	(14.9 - 20.4)	25,347	14.3%	(13.7 - 14.9)	NS	424	20.1%	(16.1 - 24.9)	10,198	14.8%	(13.9 - 15.7)	+	599	14.9%	(12.0 - 18.4)	15,149	13.9%	(13.1 - 14.7)	NS	No
2012	868	17.4%	(13.9 - 21.5)	19,132	14.4%	(13.7 - 15.2)	NS	362	19.7%	(14.6 - 26.0)	7,855	14.6%	(13.5 - 15.7)	NS	506	15.1%	(10.7 - 21.0)	11,277	14.3%	(13.4 - 15.2)	NS	No
2013	1,006	15.7%	(12.9 - 19.0)	17,106	13.9%	(13.1 - 14.8)	NS	382	15.8%	(11.6 - 21.2)	6,963	13.4%	(12.2 - 14.7)	NS	624	15.6%	(12.2 - 19.7)	10,143	14.4%	(13.3 - 15.6)	NS	No
2014	1,155	16.7%	(14.3 - 19.5)	22,370	13.2%	(12.5 - 13.9)	+	463	17.2%	(13.5 - 21.7)	9,585	13.5%	(12.4 - 14.5)	NS	692	16.2%	(13.2 - 19.8)	12,785	12.9%	(12.0 - 13.8)	NS	No
2015	633	14.4%	(11.8 - 17.6)	17,539	13.9%	(13.1 - 14.8)	NS	311	13.7%	(10.2 - 18.2)	7,564	13.7%	(12.5 - 14.9)	NS	322	15.1%	(11.4 - 19.8)	9,975	14.2%	(13.1 - 15.3)	NS	No
2016	628	17.2%	(14.0 - 20.9)	15,166	14.7%	(13.8 - 15.6)	NS	264	18.7%	(13.9 - 24.8)	6,633	13.8%	(12.6 - 15.1)	NS	364	15.7%	(11.9 - 20.4)	8,533	15.5%	(14.3 - 16.8)	NS	No
Average number of days physical health was not good in past 30 days																						
2011	997	3.6	(3.0 - 4.1)	24,901	3.2	(3.0 - 3.3)	NS	411	3.6	(2.8 - 4.5)	10,067	2.9	(2.7 - 3.1)	NS	586	3.5	(2.8 - 4.3)	14,834	3.4	(3.2 - 3.6)	NS	No
2012	849	4.0	(3.0 - 5.0)	18,819	3.2	(3.1 - 3.4)	NS	357	3.8	(2.4 - 5.1)	7,759	2.9	(2.7 - 3.1)	NS	492	4.2	(2.7 - 5.6)	11,060	3.6	(3.4 - 3.8)	NS	No
2013	987	3.3	(2.7 - 3.9)	16,808	3.1	(2.9 - 3.3)	NS	380	3.1	(2.1 - 4.1)	6,877	2.8	(2.5 - 3.0)	NS	607	3.5	(2.8 - 4.2)	9,931	3.4	(3.2 - 3.7)	NS	No
2014	1,138	3.5	(2.9 - 4.1)	22,024	3.0	(2.9 - 3.1)	NS	459	3.4	(2.5 - 4.4)	9,464	2.8	(2.6 - 3.0)	NS	679	3.6	(2.9 - 4.3)	12,560	3.2	(3.0 - 3.4)	NS	No
2015	622	3.7	(3.0 - 4.4)	17,315	3.1	(3.0 - 3.3)	NS	309	3.3	(2.4 - 4.2)	7,476	2.8	(2.6 - 3.0)	NS	313	4.0	(3.0 - 5.1)	9,839	3.5	(3.3 - 3.7)	NS	No
2016	619	3.2	(2.6 - 3.8)	14,984	3.3	(3.1 - 3.5)	NS	259	2.5	(1.7 - 3.2)	6,561	2.9	(2.6 - 3.1)	NS	360	3.9	(2.9 - 4.8)	8,423	3.7	(3.4 - 4.0)	NS	No
Physical health was not good on 14 or more of the past 30 days																						
2011	997	11.4%	(9.3 - 13.9)	24,901	9.6%	(9.1 - 10.1)	NS	411	11.6%	(8.5 - 15.5)	10,067	9.0%	(8.3 - 9.8)	NS	586	11.2%	(8.5 - 14.6)	14,834	10.1%	(9.4 - 10.8)	NS	No
2012	849	13.0%	(9.7 - 17.1)	18,819	9.8%	(9.2 - 10.4)	NS	357	11.5%	(7.6 - 17.1)	7,759	8.6%	(7.8 - 9.5)	NS	492	14.4%	(9.6 - 21.0)	11,060	11.0%	(10.1 - 11.8)	NS	No
2013	987	9.9%	(7.7 - 12.6)	16,808	9.2%	(8.5 - 9.9)	NS	380	8.2%	(5.3 - 12.5)	6,877	7.9%	(7.0 - 8.9)	NS	607	11.4%	(8.4 - 15.3)	9,931	10.4%	(9.4 - 11.5)	NS	No
2014	1,138	11.5%	(9.4 - 13.9)	22,024	9.0%	(8.4 - 9.6)	NS	459	11.5%	(8.5 - 15.5)	9,464	8.3%	(7.4 - 9.1)	NS	679	11.4%	(8.9 - 14.6)	12,560	9.7%	(9.0 - 10.5)	NS	No
2015	622	11.6%	(9.1 - 14.6)	17,315	9.6%	(9.0 - 10.3)	NS	309	9.9%	(6.8 - 14.1)	7,476	8.6%	(7.7 - 9.6)	NS	313	13.3%	(9.7 - 17.9)	9,839	10.7%	(9.8 - 11.6)	NS	No
2016	619	10.4%	(8.1 - 13.3)	14,984	9.8%	(9.1 - 10.6)	NS	259	7.6%	(4.8 - 11.9)	6,561	8.4%	(7.4 - 9.4)	NS	360	13.2%	(9.8 - 17.6)	8,423	11.2%	(10.2 - 12.3)	NS	No
Average number of days mental health was not good in past 30 days																						
2011	1,008	3.0	(2.4 - 3.5)	25,036	3.1	(2.9 - 3.2)	NS	418	2.2	(1.4 - 3.1)	10,097	2.5	(2.3 - 2.7)	NS	590	3.6	(2.8 - 4.4)	14,939	3.6	(3.4 - 3.8)	NS	No
2012	853	3.0	(2.1 - 3.8)	18,935	3.0	(2.9 - 3.2)	NS	353	3.2	(1.9 - 4.5)	7,786	2.6	(2.4 - 2.8)	NS	500	2.8	(1.6 - 3.9)	11,149	3.5	(3.3 - 3.7)	NS	No
2013	994	2.8	(2.2 - 3.5)	16,889	3.0	(2.8 - 3.1)	NS	381	3.0	(1.9 - 4.1)	6,889	2.3	(2.1 - 2.6)	NS	613	2.7	(2.0 - 3.3)	10,000	3.5	(3.3 - 3.8)	NS	No
2014	1,138	2.5	(2.0 - 3.0)	22,132	2.8	(2.6 - 2.9)	NS	457	1.8	(1.1 - 2.6)	9,483	2.3	(2.1 - 2.5)	NS	681	3.1	(2.4 - 3.8)	12,649	3.3	(3.1 - 3.5)	NS	No
2015	625	2.6	(2.0 - 3.2)	17,369	2.9	(2.7 - 3.1)	NS	305	2.3	(1.5 - 3.1)	7,491	2.3	(2.1 - 2.6)	NS	320	2.9	(2.1 - 3.8)	9,878	3.5	(3.2 - 3.7)	NS	No
2016	621	2.4	(1.7 - 3.1)	15,035	3.2	(3.0 - 3.4)	NS	259	1.4	(0.8 - 1.9)	6,568	2.4	(2.1 - 2.6)	-	362	3.4	(2.2 - 4.6)	8,467	4.0	(3.6 - 4.3)	NS	Yes
Mental health was not good on 14 or more of the past 30 days (i.e., frequent mental distress)																						
2011	1,008	8.6%	(6.6 - 11.1)	25,036	9.2%	(8.7 - 9.7)	NS	418	5.6%	(3.3 - 9.5)	10,097	7.7%	(7.0 - 8.4)	NS	590	11.4%	(8.6 - 15.1)	14,939	10.7%	(9.9 - 11.5)	NS	No
2012	853	9.6%	(6.8 - 13.3)	18,935	9.0%	(8.4 - 9.7)	NS	353	10.9%	(6.7 - 17.2)	7,786	7.4%	(6.6 - 8.3)	NS	500	8.3%	(5.1 - 13.2)	11,149	10.6%	(9.7 - 11.5)	NS	No
2013	994	9.0%	(6.6 - 12.0)	16,889	8.9%	(8.2 - 9.6)	NS	381	10.8%	(6.9 - 16.4)	6,889	6.8%	(5.9 - 7.9)	NS	613	7.2%	(5.0 - 10.2)	10,000	10.9%	(9.8 - 12.0)	NS	No
2014	1,138	7.8%	(5.9 - 10.1)	22,132	8.2%	(7.6 - 8.8)	NS	457	5.8%	(3.6 - 9.3)	9,483	6.4%	(5.6 - 7.3)	NS	681	9.6%	(7.0 - 13.1)	12,649	9.9%	(9.0 - 10.8)	NS	No
2015	625	7.9%	(5.9 - 10.6)	17,369	8.9%	(8.2 - 9.6)	NS	305	6.9%	(4.3 - 10.8)	7,491	6.9%	(6.0 - 7.9)	NS	320	8.9%	(6.0 - 13.1)	9,878	10.8%	(9.8 - 11.9)	NS	No
2016	621	8.0%	(5.6 - 11.3)	15,035	9.5%	(8.7 - 10.4)	NS	259	3.5%	(1.8 - 6.5)	6,568	7.0%	(6.0 - 8.1)	NS	362	12.3%	(8.2 - 18.2)	8,467	12.0%	(10.8 - 13.3)	NS	Yes
Average days poor physical or mental health limited usual activities in past 30 days																						
2011	1,012	2.2	(1.7 - 2.7)	25,183	1.9	(1.8 - 2.0)	NS	417	2.2	(1.4 - 3.0)	10,136	1.7	(1.6 - 1.9)	NS	595	2.2	(1.7 - 2.8)	15,047	2.0	(1.9 - 2.1)	NS	No
2012	859	2.4	(1.5 - 3.3)	19,022	2.0	(1.8 - 2.1)	NS	360	2.3	(1.1 - 3.5)	7,819	1.7	(1.5 - 1.9)	NS	499	2.4	(1.1 - 3.8)	11,203	2.2	(2.0 - 2.4)	NS	No
2013	1,000	2.0	(1.5 - 2.6)	16,986	1.9	(1.7 - 2.0)	NS	383	2.1	(1.1 - 3.1)	6,936	1.7	(1.5 - 1.9)	NS	617	2.0	(1.4 - 2.6)	10,050	2.0	(1.9 - 2.2)	NS	No
2014	1,146	1.9	(1.5 - 2.3)	22,228	1.8	(1.7 - 1.9)	NS	461	1.7	(1.1 - 2.2)	9,541	1.6	(1.5 - 1.8)	NS	685	2.1	(1.6 - 2.6)	12,687	1.9	(1.8 - 2.1)	NS	No
2015	629	2.3	(1.7 - 2.9)	17,430	1.9	(1.7 - 2.0)	NS	310	2.0	(1.2 - 2.7)	7,529	1.6	(1.4 - 1.8)	NS	319	2.6	(1.7 - 3.4)	9,901	2.1	(1.9 - 2.3)	NS	No
2016	623	2.1	(1.5 - 2.8)	15,084	2.0	(1.8 - 2.2)	NS	262	1.5	(0.8 - 2.3)	6,592	1.7	(1.5 - 1.9)	NS	361	2.7	(1.7 - 3.7)	8,492	2.3	(2.1 - 2.6)	NS	No
Poor physical or mental health limited usual activities on 14 or more of the past 30 days																						
2011	1,012	7.3%	(5.6 - 9.4)	25,183	5.8%	(5.4 - 6.2)	NS	417	7.2%	(4.7 - 10.9)	10,136	5.4%	(4.8 - 6.0)	NS	595	7.3%	(5.3 - 10.0)	15,047	6.2%	(5.7 - 6.8)	NS	No
2012	859	8.2%	(5.4 - 12.3)	19,022	6.4%	(5.9 - 6.9)	NS	360	7.8%	(4.4 - 13.5)	7,819	5.3%	(4.7 - 6.0)	NS	499	8.5%	(4.6 - 15.3)	11,203	7.4%	(6.7 - 8.2)	NS	No
2013	1,000	6.4%	(4.6 - 8.9)	16,986	5.8%	(5.3 - 6.4)	NS	383	6.8%	(4.1 - 11.3)	6,936	5.2%	(4.4 - 6.1)	NS	617	6.1%	(4.1 - 8.9)	10,050	6.5%	(5.7 - 7.3)	NS	No
2014	1,146	6.5%	(5.1 - 8.4)	22,228	5.8%	(5.4 - 6.4)	NS	461	5.9%	(4.0 - 8.7)	9,541	5.3%	(4.6 - 6.1)	NS	685	7.2%	(5.2 - 9.9)	12,687	6.4%	(5.7 - 7.1)	NS	No
2015	629	7.8%	(5.8 - 10.4)	17,430	5.9%	(5.4 - 6.4)	NS	310	7.1%	(4.5 - 11.0)	7,529	5.1%	(4.5 - 5.9)	NS	319	8.4%	(5.7 - 12.3)	9,901	6.6%	(6.0 - 7.3)	NS	No
2016	623	7.2%	(5.1 - 10.1)	15,084	6.2%	(5.6 - 6.8)	NS	262	5.0%	(2.8 - 8.7)	6,592	4.9%	(4.2 - 5.7)	NS	361	9.5%	(6.2 - 14.3)	8,492	7.4%	(6.6 - 8.5)	NS	No

Indicators	Overall							Men							Women							LHD Gender Diff. ^e
	Southwest			State of NE			Sig ^d	Southwest			State of NE			Sig ^d	Southwest			State of NE			Sig ^d	
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		
Heart Disease and Stroke																						
Ever told they had a heart attack																						
2011	1,014	6.6%	(5.2 - 8.3)	25,292	4.3%	(4.0 - 4.7)	+	421	8.8%	(6.5 - 11.9)	10,194	5.7%	(5.2 - 6.3)	+	593	4.4%	(3.1 - 6.4)	15,098	2.9%	(2.6 - 3.3)	NS	Yes
2012	868	7.9%	(5.9 - 10.5)	19,102	4.1%	(3.7 - 4.4)	+	362	12.5%	(8.8 - 17.3)	7,842	5.3%	(4.8 - 6.0)	+	506	3.5%	(2.2 - 5.6)	11,260	2.9%	(2.5 - 3.2)	NS	Yes
2013	1,000	5.8%	(4.2 - 8.0)	17,035	4.0%	(3.6 - 4.4)	NS	378	8.1%	(5.2 - 12.4)	6,925	5.2%	(4.6 - 5.9)	NS	622	3.6%	(2.3 - 5.3)	10,110	2.9%	(2.4 - 3.4)	NS	No
2014	1,154	4.4%	(3.3 - 6.0)	22,309	3.8%	(3.5 - 4.2)	NS	464	5.9%	(3.9 - 8.7)	9,541	5.1%	(4.6 - 5.6)	NS	690	3.1%	(1.9 - 4.9)	12,768	2.6%	(2.3 - 3.0)	NS	No
2015	630	6.5%	(4.8 - 8.8)	17,455	3.9%	(3.5 - 4.3)	+	308	8.8%	(6.0 - 12.9)	7,530	5.3%	(4.7 - 6.0)	NS	322	4.3%	(2.6 - 7.0)	9,925	2.5%	(2.2 - 2.9)	NS	No
2016	625	6.9%	(5.0 - 9.5)	15,111	4.0%	(3.6 - 4.4)	+	263	8.7%	(5.7 - 13.1)	6,598	5.0%	(4.4 - 5.6)	+	362	5.2%	(3.1 - 8.5)	8,513	3.0%	(2.6 - 3.6)	NS	No
Ever told they have coronary heart disease																						
2011	1,003	6.1%	(4.8 - 7.7)	25,121	3.9%	(3.6 - 4.2)	+	415	7.5%	(5.4 - 10.2)	10,110	4.8%	(4.4 - 5.3)	+	588	4.8%	(3.4 - 6.8)	15,011	3.1%	(2.7 - 3.4)	NS	No
2012	859	5.4%	(4.0 - 7.3)	18,998	3.9%	(3.6 - 4.3)	NS	357	7.3%	(4.9 - 10.8)	7,796	4.9%	(4.4 - 5.5)	NS	502	3.6%	(2.3 - 5.6)	11,192	3.0%	(2.6 - 3.4)	NS	No
2013	992	6.5%	(4.9 - 8.6)	16,942	4.1%	(3.7 - 4.5)	+	372	8.9%	(6.1 - 12.9)	6,884	5.1%	(4.5 - 5.8)	+	620	4.3%	(2.9 - 6.2)	10,058	3.0%	(2.6 - 3.6)	NS	No
2014	1,138	5.1%	(3.8 - 6.7)	22,202	3.9%	(3.6 - 4.3)	NS	458	6.6%	(4.5 - 9.5)	9,509	4.8%	(4.3 - 5.4)	NS	680	3.6%	(2.3 - 5.6)	12,693	3.1%	(2.7 - 3.5)	NS	No
2015	627	5.5%	(3.9 - 7.7)	17,403	4.0%	(3.6 - 4.3)	NS	307	7.3%	(4.7 - 11.1)	7,503	5.0%	(4.4 - 5.7)	NS	320	3.8%	(2.3 - 6.2)	9,900	2.9%	(2.6 - 3.3)	NS	No
2016	622	6.2%	(4.4 - 8.7)	15,078	3.8%	(3.4 - 4.2)	+	260	6.8%	(4.0 - 11.3)	6,590	4.4%	(3.9 - 5.0)	NS	362	5.6%	(3.6 - 8.6)	8,488	3.1%	(2.7 - 3.7)	NS	No
Ever told they had a heart attack or coronary heart disease																						
2011	1,006	10.0%	(8.3 - 12.1)	25,158	6.4%	(6.0 - 6.7)	+	417	13.1%	(10.2 - 16.6)	10,143	8.0%	(7.4 - 8.7)	+	589	7.1%	(5.3 - 9.6)	15,015	4.8%	(4.4 - 5.2)	+	Yes
2012	861	9.9%	(7.8 - 12.7)	18,998	6.2%	(5.8 - 6.6)	+	358	14.2%	(10.3 - 19.2)	7,806	7.8%	(7.1 - 8.5)	+	503	5.9%	(4.1 - 8.4)	11,192	4.6%	(4.2 - 5.1)	NS	Yes
2013	995	10.1%	(8.0 - 12.8)	16,935	6.2%	(5.7 - 6.7)	+	376	13.9%	(10.0 - 18.9)	6,882	7.7%	(7.0 - 8.6)	+	619	6.6%	(4.9 - 8.9)	10,053	4.7%	(4.1 - 5.3)	NS	Yes
2014	1,139	7.6%	(6.0 - 9.5)	22,180	6.0%	(5.6 - 6.4)	NS	459	9.7%	(7.1 - 12.9)	9,493	7.4%	(6.8 - 8.1)	NS	680	5.6%	(3.9 - 7.8)	12,687	4.6%	(4.1 - 5.0)	NS	No
2015	628	8.9%	(6.9 - 11.5)	17,383	5.8%	(5.4 - 6.3)	+	307	11.3%	(8.1 - 15.6)	7,503	7.5%	(6.7 - 8.3)	NS	321	6.5%	(4.4 - 9.7)	9,880	4.3%	(3.9 - 4.8)	NS	No
2016	620	10.0%	(7.6 - 12.9)	15,021	5.8%	(5.4 - 6.3)	+	260	11.1%	(7.6 - 16.1)	6,558	6.9%	(6.2 - 7.7)	NS	360	8.8%	(6.1 - 12.5)	8,463	4.7%	(4.1 - 5.3)	+	No
Ever told they had a stroke																						
2011	1,022	3.6%	(2.6 - 4.9)	25,355	2.6%	(2.4 - 2.9)	NS	423	3.1%	(2.0 - 5.0)	10,209	2.4%	(2.1 - 2.8)	NS	599	4.0%	(2.6 - 6.1)	15,146	2.8%	(2.5 - 3.2)	NS	No
2012	868	2.4%	(1.4 - 3.9)	19,118	2.4%	(2.2 - 2.7)	NS	362	2.2%	(0.9 - 5.0)	7,851	2.7%	(2.3 - 3.1)	NS	506	2.5%	(1.4 - 4.6)	11,267	2.2%	(1.9 - 2.6)	NS	No
2013	1,003	3.2%	(2.1 - 4.9)	17,080	2.5%	(2.2 - 2.8)	NS	380	3.5%	(2.0 - 6.2)	6,954	2.2%	(1.9 - 2.6)	NS	623	2.9%	(1.5 - 5.4)	10,126	2.6%	(2.4 - 3.3)	NS	No
2014	1,155	2.8%	(1.9 - 4.2)	22,359	2.6%	(2.4 - 2.9)	NS	463	3.6%	(2.0 - 6.3)	9,576	2.7%	(2.3 - 3.1)	NS	692	2.0%	(1.3 - 3.2)	12,783	2.8%	(2.2 - 3.0)	NS	No
2015	630	1.5%	(0.7 - 2.9)	17,509	2.5%	(2.3 - 2.9)	NS	310	1.7%	(0.7 - 4.2)	7,550	2.7%	(2.2 - 3.1)	NS	320	1.3%	(0.5 - 3.5)	9,959	2.4%	(2.1 - 2.8)	NS	No
2016	628	2.7%	(1.7 - 4.5)	15,154	2.8%	(2.5 - 3.2)	NS	264	2.6%	(1.2 - 5.8)	6,627	2.6%	(2.1 - 3.1)	NS	364	2.9%	(1.6 - 5.1)	8,527	3.0%	(2.5 - 3.6)	NS	No
Blood Pressure and Cholesterol																						
Had blood pressure checked in past year																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	444	85.8%	(79.8 - 90.3)	7,804	84.6%	(83.1 - 86.0)	NS	168	81.9%	(70.8 - 89.5)	3,150	81.2%	(78.8 - 83.4)	NS	276	89.2%	(82.3 - 93.6)	4,654	87.8%	(85.8 - 89.5)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	282	87.2%	(81.6 - 91.2)	7,947	88.0%	(86.6 - 89.2)	NS	129	85.2%	(76.2 - 91.2)	3,461	85.2%	(83.1 - 87.1)	NS	153	89.0%	(81.4 - 93.8)	4,486	90.6%	(88.8 - 92.2)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Ever told they have high blood pressure (excluding pregnancy) ^a																						
2011	1,023	33.9%	(30.5 - 37.4)	25,356	28.5%	(27.8 - 29.3)	+	423	37.0%	(31.6 - 42.7)	10,212	30.3%	(29.1 - 31.5)	+	600	30.8%	(26.9 - 35.1)	15,144	26.9%	(25.9 - 27.9)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	1,006	34.1%	(30.4 - 37.9)	17,085	30.3%	(29.2 - 31.4)	NS	383	35.7%	(29.8 - 42.2)	6,956	32.5%	(30.8 - 34.1)	NS	623	32.5%	(28.2 - 37.0)	10,129	28.2%	(26.9 - 29.6)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	632	35.6%	(31.7 - 39.8)	17,515	29.9%	(28.9 - 30.9)	+	310	39.9%	(34.1 - 46.1)	7,546	32.6%	(31.1 - 34.2)	NS	322	31.4%	(26.2 - 37.1)	9,969	27.2%	(26.0 - 28.5)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Currently taking blood pressure medication, among those ever told they have high BP																						
2011	424	78.4%	(72.2 - 83.5)	9,505	77.9%	(76.5 - 79.2)	NS	180	69.4%	(59.6 - 77.8)	3,877	72.0%	(69.8 - 74.1)	NS	244	88.6%	(83.4 - 92.4)	5,628	84.2%	(82.5 - 85.7)	NS	Yes
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	432	81.1%	(74.0 - 86.5)	6,747	78.5%	(76.6 - 80.3)	NS	172	74.7%	(62.8 - 83.7)	2,828	73.1%	(70.2 - 75.9)	NS	260	87.8%	(81.4 - 92.1)	3,919	84.5%	(82.3 - 86.4)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	261	82.3%	(75.9 - 87.2)	6,685	77.8%	(75.9 - 79.6)	NS	139	74.6%	(64.9 - 82.3)	3,016	73.0%	(70.1 - 75.7)	NS	122	91.9%	(84.3 - 95.9)	3,669	83.4%	(80.9 - 85.6)	NS	Yes
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	

Indicators	Overall						Men						Women						LHD Gender Diff. ^e			
	Southwest			State of NE			Southwest			State of NE			Southwest			State of NE						
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d
Up-to-date on colon cancer screening, 50-75 year olds^a																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	470	54.3%	(47.7 - 60.6)	9,022	61.1%	(59.6 - 62.5)	NS	199	55.3%	(45.2 - 64.9)	3,733	58.4%	(56.1 - 60.6)	NS	271	53.2%	(45.0 - 61.3)	5,289	63.6%	(61.7 - 65.4)	-	No
2013	543	54.8%	(49.3 - 60.1)	7,979	62.8%	(61.1 - 64.4)	-	206	52.6%	(43.9 - 61.1)	3,275	61.0%	(58.5 - 63.6)	NS	337	56.8%	(50.1 - 63.2)	4,704	64.4%	(62.2 - 66.6)	NS	No
2014	572	58.6%	(53.8 - 63.3)	10,646	64.1%	(62.8 - 65.5)	NS	238	57.9%	(50.5 - 65.1)	4,681	63.0%	(61.0 - 65.1)	NS	334	59.3%	(53.2 - 65.1)	5,965	65.2%	(63.4 - 67.0)	NS	No
2015	312	53.7%	(47.5 - 59.8)	8,007	65.2%	(63.6 - 66.7)	-	161	51.7%	(43.0 - 60.3)	3,446	63.7%	(61.3 - 66.1)	-	151	55.9%	(47.1 - 64.3)	4,561	66.6%	(64.6 - 68.5)	-	No
2016	316	51.0%	(44.8 - 57.3)	7,036	66.0%	(64.3 - 67.6)	-	125	45.0%	(35.7 - 54.6)	3,073	65.2%	(62.8 - 67.6)	-	191	56.4%	(48.0 - 64.5)	3,963	66.7%	(64.5 - 68.9)	-	No
Up-to-date on breast cancer screening, female 50-74 year olds^a																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	254	72.7%	(65.2 - 79.0)	5,200	74.9%	(73.2 - 76.5)	NS	-	-	-	-	-	-	-	254	72.7%	(65.2 - 79.0)	5,200	74.9%	(73.2 - 76.5)	NS	NA
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	323	69.3%	(63.5 - 74.6)	5,904	76.1%	(74.5 - 77.7)	NS	-	-	-	-	-	-	-	323	69.3%	(63.5 - 74.6)	5,904	76.1%	(74.5 - 77.7)	NS	NA
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	184	65.4%	(57.2 - 72.8)	3,914	73.4%	(71.3 - 75.4)	NS	-	-	-	-	-	-	-	184	65.4%	(57.2 - 72.8)	3,914	73.4%	(71.3 - 75.4)	NS	NA
Up-to-date on cervical cancer screening, female 21-65 year olds^a																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	201	80.4%	(69.7 - 88.0)	5,055	83.9%	(82.5 - 85.2)	NS	-	-	-	-	-	-	-	201	80.4%	(69.7 - 88.0)	5,055	83.9%	(82.5 - 85.2)	NS	NA
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	290	71.3%	(64.4 - 77.3)	5,779	81.7%	(80.0 - 83.3)	-	-	-	-	-	-	-	-	290	71.3%	(64.4 - 77.3)	5,779	81.7%	(80.0 - 83.3)	-	NA
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	145	75.8%	(66.6 - 83.1)	3,814	77.7%	(75.5 - 79.8)	NS	-	-	-	-	-	-	-	145	75.8%	(66.6 - 83.1)	3,814	77.7%	(75.5 - 79.8)	NS	NA
Arthritis																						
Ever told they have arthritis																						
2011	1,018	30.3%	(27.2 - 33.6)	25,285	23.4%	(22.8 - 24.1)	+	421	29.1%	(24.5 - 34.2)	10,184	20.1%	(19.2 - 21.1)	+	597	31.5%	(27.5 - 35.9)	15,101	26.6%	(25.7 - 27.6)	NS	No
2012	860	31.7%	(27.4 - 36.4)	19,089	24.6%	(23.8 - 25.4)	+	359	30.9%	(24.4 - 38.3)	7,839	21.5%	(20.3 - 22.6)	+	501	32.6%	(27.1 - 38.5)	11,250	27.7%	(26.6 - 28.8)	NS	No
2013	1,004	32.5%	(28.9 - 36.4)	17,017	24.7%	(23.8 - 25.7)	+	382	29.5%	(23.8 - 35.8)	6,925	21.6%	(20.2 - 23.0)	+	622	35.5%	(31.1 - 40.2)	10,092	27.8%	(26.5 - 29.2)	+	No
2014	1,153	28.6%	(25.7 - 31.6)	22,307	24.6%	(23.8 - 25.4)	+	463	26.4%	(22.1 - 31.2)	9,560	21.6%	(20.5 - 22.8)	NS	690	30.6%	(26.9 - 34.6)	12,747	27.4%	(26.3 - 28.6)	NS	No
2015	627	30.3%	(26.6 - 34.3)	17,472	23.4%	(22.6 - 24.3)	+	311	31.7%	(26.4 - 37.5)	7,540	19.7%	(18.5 - 20.9)	+	316	28.9%	(23.8 - 34.6)	9,932	27.1%	(25.9 - 28.4)	NS	No
2016	627	28.8%	(24.9 - 33.0)	15,137	24.6%	(23.6 - 25.6)	NS	264	25.6%	(20.1 - 31.9)	6,622	21.7%	(20.3 - 23.2)	NS	363	31.9%	(26.6 - 37.8)	8,515	27.4%	(26.0 - 28.8)	NS	No
Currently have activity limitations due to arthritis, among those ever told they have arthritis^a																						
2011	375	50.1%	(44.3 - 55.9)	7,973	45.2%	(43.6 - 46.8)	NS	149	54.4%	(45.2 - 63.3)	2,711	42.6%	(40.0 - 45.2)	NS	226	46.3%	(39.0 - 53.7)	5,262	47.1%	(45.1 - 49.2)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	380	43.6%	(37.2 - 50.2)	5,460	42.4%	(40.3 - 44.6)	NS	134	43.7%	(32.8 - 55.1)	1,861	41.0%	(37.4 - 44.6)	NS	246	43.5%	(36.2 - 51.2)	3,599	43.5%	(40.8 - 46.2)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	204	40.5%	(33.4 - 48.1)	5,146	44.0%	(41.9 - 46.1)	NS	99	39.8%	(30.0 - 50.5)	1,852	41.9%	(38.6 - 45.3)	NS	105	41.2%	(31.2 - 52.0)	3,294	45.5%	(42.9 - 48.1)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Asthma																						
Ever told they have asthma																						
2011	1,024	11.0%	(8.8 - 13.7)	25,327	11.5%	(10.9 - 12.1)	NS	424	11.6%	(8.3 - 16.1)	10,194	10.5%	(9.6 - 11.3)	NS	600	10.3%	(7.7 - 13.7)	15,133	12.4%	(11.6 - 13.3)	NS	No
2012	863	8.6%	(6.1 - 12.2)	19,105	10.8%	(10.2 - 11.5)	NS	360	7.7%	(4.5 - 12.9)	7,847	9.7%	(8.8 - 10.7)	NS	503	9.5%	(5.9 - 15.0)	11,258	11.9%	(11.1 - 12.9)	NS	No
2013	1,007	12.9%	(9.8 - 16.8)	17,068	11.2%	(10.5 - 12.0)	NS	384	15.1%	(10.0 - 22.3)	6,946	9.6%	(8.6 - 10.8)	NS	623	10.7%	(7.7 - 14.7)	10,122	12.8%	(11.7 - 13.9)	NS	No
2014	1,155	13.1%	(10.7 - 15.9)	22,355	12.2%	(11.5 - 13.0)	NS	464	12.8%	(9.3 - 17.4)	9,583	10.8%	(9.8 - 11.9)	NS	691	13.4%	(10.4 - 16.9)	12,772	13.6%	(12.6 - 14.7)	NS	No
2015	633	12.4%	(9.7 - 15.8)	17,492	12.1%	(11.3 - 12.9)	NS	311	11.3%	(7.8 - 16.0)	7,554	10.7%	(9.6 - 12.0)	NS	322	13.6%	(9.7 - 18.6)	9,938	13.4%	(12.3 - 14.5)	NS	No
2016	626	10.8%	(8.2 - 14.2)	15,144	12.4%	(11.5 - 13.4)	NS	262	10.0%	(6.3 - 15.5)	6,622	10.4%	(9.2 - 11.8)	NS	364	11.6%	(8.2 - 16.1)	8,522	14.3%	(13.1 - 15.7)	NS	No
Currently have asthma																						
2011	1,023	7.0%	(5.4 - 9.1)	25,257	7.3%	(6.9 - 7.8)	NS	423	6.7%	(4.6 - 9.8)	10,170	6.0%	(5.4 - 6.7)	NS	600	7.3%	(5.1 - 10.5)	15,087	8.6%	(8.0 - 9.4)	NS	No
2012	860	6.6%	(4.4 - 9.8)	19,053	7.4%	(6.9 - 7.9)	NS	359	6.6%	(3.5 - 11.8)	7,832	6.1%	(5.4 - 6.9)	NS	501	6.6%	(3.9 - 11.2)	11,221	8.7%	(7.9 - 9.4)	NS	No
2013	1,004	7.6%	(5.1 - 11.0)	17,024	7.3%	(6.7 - 8.0)	NS	383	6.5%	(3.1 - 13.3)	6,930	5.5%	(4.8 - 6.4)	NS	621	8.5%	(5.8 - 12.4)	10,094	9.1%	(8.2 - 10.0)	NS	No
2014	1,153	9.1%	(7.2 - 11.4)	22,289	7.7%	(7.2 - 8.3)	NS	463	9.1%	(6.3 - 12.8)	9,562	6.2%	(5.5 - 7.0)	NS	690	9.1%	(6.7 - 12.3)	12,727	9.2%	(8.4 - 10.1)	NS	No
2015	632	8.6%	(6.3 - 11.6)	17,435	7.2%	(6.6 - 7.8)	NS	310	6.2%	(3.8 - 10.1)	7,533	5.4%	(4.7 - 6.2)	NS	322	10.9%	(7.4 - 15.8)	9,902	8.9%	(8.0 - 9.9)	NS	No
2016	626	7.9%	(5.7 - 10.9)	15,116	8.3%	(7.5 - 9.1)	NS	262	7.5%	(4.2 - 12.9)	6,609	6.1%	(5.2 - 7.1)	NS	364	8.3%	(5.7 - 12.0)	8,507	10.4%	(9.3 - 11.6)	NS	No

Indicators	Overall						Men						Women						LHD Gender Diff. ^e					
	Southwest			State of NE			Southwest			State of NE			Southwest			State of NE								
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		Sig ^d				
Chronic Obstructive Pulmonary Disease (COPD)																								
Ever told they have COPD																								
2011	1,017	5.9%	(4.6 - 7.6)	25,280	5.0%	(4.6 - 5.3)	NS	422	6.1%	(4.3 - 8.7)	NS	10,171	4.4%	(3.9 - 4.9)	NS	595	5.8%	(4.0 - 8.3)	NS	15,109	5.5%	(5.0 - 6.0)	NS	No
2012	863	5.8%	(4.1 - 8.1)	19,075	5.3%	(4.9 - 5.8)	NS	359	6.2%	(3.6 - 10.4)	NS	7,832	4.7%	(4.1 - 5.3)	NS	504	5.4%	(3.6 - 8.2)	NS	11,243	6.0%	(5.4 - 6.6)	NS	No
2013	1,001	7.5%	(5.7 - 9.7)	17,035	5.3%	(4.9 - 5.8)	NS	380	7.4%	(4.8 - 11.0)	NS	6,932	4.8%	(4.2 - 5.5)	NS	621	7.6%	(5.4 - 10.5)	NS	10,103	5.8%	(5.2 - 6.6)	NS	No
2014	1,153	6.3%	(4.8 - 8.3)	22,313	5.8%	(5.3 - 6.2)	NS	463	4.7%	(2.9 - 7.6)	NS	9,555	5.5%	(4.9 - 6.2)	NS	690	7.9%	(5.7 - 10.8)	NS	12,758	6.1%	(5.5 - 6.7)	NS	No
2015	630	7.1%	(5.2 - 9.5)	17,466	5.4%	(5.0 - 5.9)	NS	308	5.5%	(3.3 - 9.0)	NS	7,536	4.8%	(4.2 - 5.4)	NS	322	8.6%	(5.9 - 12.3)	NS	9,930	6.1%	(5.5 - 6.7)	NS	No
2016	625	7.0%	(5.2 - 9.4)	15,119	5.8%	(5.3 - 6.4)	NS	263	7.3%	(4.6 - 11.3)	NS	6,612	5.1%	(4.4 - 6.0)	NS	362	6.7%	(4.5 - 9.9)	NS	8,507	6.5%	(5.7 - 7.4)	NS	No
Kidney Disease																								
Ever told they have kidney disease																								
2011	1,021	2.0%	(1.3 - 3.0)	25,345	2.2%	(2.0 - 2.4)	NS	422	1.5%	(0.7 - 2.8)	NS	10,208	2.1%	(1.8 - 2.5)	NS	599	2.5%	(1.5 - 4.2)	NS	15,137	2.2%	(2.0 - 2.5)	NS	No
2012	867	2.6%	(1.6 - 4.2)	19,122	2.4%	(2.2 - 2.7)	NS	362	2.0%	(0.9 - 4.6)	NS	7,850	2.2%	(1.8 - 2.6)	NS	505	3.2%	(1.8 - 5.5)	NS	11,272	2.7%	(2.3 - 3.1)	NS	No
2013	1,006	2.8%	(1.6 - 4.9)	17,080	2.0%	(1.8 - 2.3)	NS	382	3.4%	(1.5 - 7.8)	NS	6,953	1.9%	(1.5 - 2.4)	NS	624	2.3%	(1.3 - 3.9)	NS	10,127	2.1%	(1.8 - 2.6)	NS	No
2014	1,153	3.6%	(2.6 - 4.9)	22,362	2.1%	(1.9 - 2.4)	+	462	3.1%	(1.8 - 5.1)	NS	9,586	2.0%	(1.7 - 2.4)	NS	691	4.0%	(2.6 - 6.1)	NS	12,776	2.3%	(2.0 - 2.6)	NS	No
2015	630	3.3%	(2.1 - 5.0)	17,502	2.4%	(2.1 - 2.7)	NS	310	4.8%	(2.9 - 8.0)	NS	7,550	2.2%	(1.8 - 2.7)	+	320	1.7%	(0.7 - 4.0)	NS	9,952	2.5%	(2.1 - 2.9)	NS	No
2016	624	3.4%	(2.1 - 5.5)	15,150	2.8%	(2.4 - 3.2)	NS	264	1.3%	(0.6 - 2.9)	NS	6,624	2.2%	(1.8 - 2.8)	NS	360	5.5%	(3.1 - 9.6)	NS	8,526	3.4%	(2.8 - 4.0)	NS	Yes
Tobacco & E-Cigarettes																								
Current cigarette smoking ^a																								
2011	1,020	19.6%	(16.3 - 23.5)	25,324	20.0%	(19.3 - 20.7)	NS	423	23.6%	(18.3 - 29.9)	NS	10,189	22.1%	(21.0 - 23.3)	NS	597	15.8%	(12.0 - 20.5)	NS	15,135	17.9%	(17.0 - 18.9)	NS	No
2012	860	16.5%	(12.9 - 20.8)	18,985	19.7%	(18.9 - 20.6)	NS	357	20.4%	(14.6 - 27.9)	NS	7,801	21.4%	(20.1 - 22.7)	NS	503	12.7%	(9.1 - 17.4)	NS	11,184	18.1%	(17.0 - 19.2)	NS	No
2013	982	20.9%	(17.4 - 24.9)	16,687	18.5%	(17.5 - 19.5)	NS	373	22.3%	(16.8 - 29.1)	NS	6,790	19.8%	(18.3 - 21.4)	NS	609	19.6%	(15.6 - 24.4)	NS	9,897	17.2%	(15.9 - 18.5)	NS	No
2014	1,116	16.2%	(13.6 - 19.0)	21,729	17.3%	(16.5 - 18.2)	NS	446	17.2%	(13.3 - 21.8)	NS	9,311	18.5%	(17.3 - 19.9)	NS	670	15.2%	(12.1 - 18.9)	NS	12,418	16.2%	(15.1 - 17.3)	NS	No
2015	618	18.0%	(14.6 - 22.0)	17,079	17.1%	(16.2 - 18.1)	NS	304	16.5%	(12.2 - 22.0)	NS	7,355	18.4%	(17.0 - 19.9)	NS	314	19.5%	(14.6 - 25.5)	NS	9,724	15.8%	(14.7 - 17.1)	NS	No
2016	613	17.2%	(13.8 - 21.4)	14,790	17.0%	(16.0 - 18.1)	NS	259	19.1%	(14.1 - 25.4)	NS	6,463	18.6%	(17.1 - 20.3)	NS	354	15.4%	(11.0 - 21.1)	NS	8,327	15.4%	(14.1 - 16.8)	NS	No
Attempted to quit smoking in past year, among current cigarette smokers																								
2011	147	50.3%	(39.8 - 60.8)	4,195	55.6%	(53.5 - 57.7)	NS	74	40.9%	(27.9 - 55.3)	NS	1,914	53.4%	(50.4 - 56.3)	NS	73	64.0%	(50.1 - 75.9)	NS	2,281	58.3%	(55.4 - 61.2)	NS	No
2012	124	58.8%	(45.3 - 71.1)	3,023	57.1%	(54.7 - 59.6)	NS	59	63.3%	(43.6 - 79.4)	NS	1,406	55.2%	(51.7 - 58.7)	NS	65	51.8%	(35.0 - 68.2)	NS	1,617	59.3%	(55.9 - 62.7)	NS	No
2013	167	58.7%	(48.5 - 68.3)	2,546	57.1%	(54.1 - 60.2)	NS	70	54.6%	(38.8 - 69.6)	NS	1,147	55.9%	(51.5 - 60.3)	NS	97	63.1%	(50.7 - 74.0)	NS	1,399	58.5%	(54.3 - 62.6)	NS	No
2014	168	52.0%	(43.0 - 60.9)	3,241	58.2%	(55.5 - 60.9)	NS	74	56.2%	(42.8 - 68.7)	NS	1,489	57.9%	(54.0 - 61.8)	NS	94	47.4%	(35.7 - 59.4)	NS	1,752	58.5%	(54.6 - 62.2)	NS	No
2015	92	48.7%	(37.5 - 60.0)	2,476	59.1%	(56.1 - 62.0)	NS	44	-*	-* - *	NA	1,145	59.2%	(54.8 - 63.5)	NS	48	-*	-* - *	NA	1,331	58.9%	(54.8 - 62.9)	NS	NA
2016	88	53.2%	(41.2 - 64.8)	2,181	54.6%	(51.2 - 58.0)	NS	45	-*	-* - *	NA	1,049	52.7%	(47.9 - 57.5)	NS	43	-*	-* - *	NA	1,132	56.9%	(52.1 - 61.5)	NS	NA
Current smokeless tobacco use ^a																								
2011	1,023	9.8%	(7.2 - 13.1)	25,406	5.6%	(5.2 - 6.0)	+	424	18.0%	(13.1 - 24.1)	NS	10,231	10.5%	(9.7 - 11.4)	+	599	1.9%	(0.8 - 4.1)	NS	15,175	0.8%	(0.6 - 1.0)	NS	Yes
2012	861	6.8%	(4.5 - 10.0)	19,041	5.1%	(4.6 - 5.6)	NS	358	12.7%	(8.5 - 18.5)	NS	7,828	9.5%	(8.7 - 10.5)	NS	503	1.1%	(0.2 - 6.5)	NS	11,213	0.8%	(0.6 - 1.2)	NS	Yes
2013	986	7.8%	(5.7 - 10.7)	16,732	5.3%	(4.7 - 5.9)	NS	374	15.7%	(11.3 - 21.3)	NS	6,813	10.1%	(9.0 - 11.2)	+	612	0.4%	(0.2 - 1.3)	NS	9,919	0.7%	(0.5 - 0.9)	NS	Yes
2014	1,120	7.0%	(5.2 - 9.5)	21,797	4.7%	(4.2 - 5.1)	+	448	13.4%	(9.9 - 18.0)	NS	9,340	8.5%	(7.7 - 9.3)	+	672	0.9%	(0.3 - 2.7)	NS	12,457	1.0%	(0.7 - 1.3)	NS	Yes
2015	619	8.7%	(6.5 - 11.7)	17,123	5.5%	(4.9 - 6.1)	+	303	16.8%	(12.5 - 22.1)	NS	7,372	9.9%	(8.9 - 11.1)	+	316	0.8%	(0.1 - 5.2)	NS	9,751	1.1%	(0.8 - 1.6)	NS	Yes
2016	614	11.8%	(8.8 - 15.6)	14,830	5.7%	(5.1 - 6.2)	+	259	21.2%	(15.8 - 27.8)	NS	6,478	10.5%	(9.5 - 11.7)	+	355	2.7%	(1.0 - 6.7)	NS	8,352	0.9%	(0.6 - 1.3)	NS	Yes
Has rule not allowing smoking anywhere inside their home																								
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	436	79.8%	(70.0 - 87.0)	7,750	88.7%	(87.4 - 89.8)	-	164	78.2%	(57.7 - 90.4)	NS	3,121	88.3%	(86.2 - 90.0)	NS	272	81.3%	(74.0 - 86.9)	NS	4,629	89.1%	(87.5 - 90.5)	NS	No
2014	573	86.7%	(82.1 - 90.2)	10,582	89.0%	(87.9 - 90.0)	NS	232	84.4%	(77.6 - 89.5)	NS	4,448	87.9%	(86.1 - 89.5)	NS	341	88.5%	(81.7 - 93.0)	NS	6,134	90.0%	(88.6 - 91.2)	NS	No
2015	293	85.8%	(79.7 - 90.3)	7,816	90.1%	(88.9 - 91.1)	NS	151	84.7%	(76.2 - 90.5)	NS	3,261	89.2%	(87.2 - 90.9)	NS	142	87.5%	(77.3 - 93.5)	NS	4,555	90.9%	(89.6 - 92.0)	NS	No
2016	313	89.5%	(84.7 - 92.9)	7,109	90.8%	(89.6 - 91.8)	NS	132	88.4%	(80.0 - 93.5)	NS	3,122	91.2%	(89.8 - 92.5)	NS	181	90.5%	(84.5 - 94.4)	NS	3,987	90.4%	(88.5 - 92.1)	NS	No
Lifetime e-cigarette use																								
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	614	19.3%	(15.5 - 23.8)	14,819	22.6%	(21.4 - 23.9)	NS	259	25.3%	(19.2 - 32.5)	NS	6,474	25.1%	(23.3 - 27.0)	NS	355	13.5%	(9.4 - 18.9)	NS	8,345	20.2%	(18.7 - 21.9)	NS	Yes

Indicators	Overall						Men						Women						LHD Gender Diff. ^e				
	Southwest			State of NE			Southwest			State of NE			Southwest			State of NE							
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	
Current e-cigarette use																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	614	3.0%	(1.7 - 5.3)	14,819	4.9%	(4.3 - 5.6)	NS	259	2.7%	(1.1 - 6.6)	6,474	5.3%	(4.5 - 6.4)	NS	355	3.3%	(1.6 - 6.8)	8,345	4.5%	(3.7 - 5.6)	NS	No	
Overweight and Obesity																							
Obese (BMI=30+) [^]																							
2011	986	28.4%	(25.1 - 32.0)	24,366	28.4%	(27.6 - 29.2)	NS	422	28.3%	(23.4 - 33.8)	10,102	29.2%	(28.0 - 30.4)	NS	564	28.6%	(24.4 - 33.2)	14,264	27.6%	(26.5 - 28.8)	NS	No	
2012	843	31.4%	(26.9 - 36.3)	18,385	28.6%	(27.7 - 29.6)	NS	361	32.1%	(25.5 - 39.4)	7,781	29.2%	(27.9 - 30.6)	NS	482	30.8%	(24.9 - 37.4)	10,604	28.1%	(26.8 - 29.3)	NS	No	
2013	949	29.9%	(26.0 - 34.1)	16,250	29.6%	(28.4 - 30.7)	NS	375	32.1%	(25.9 - 38.9)	6,860	30.8%	(29.1 - 32.5)	NS	574	27.7%	(23.2 - 32.7)	9,390	28.4%	(26.9 - 29.9)	NS	No	
2014	1,093	35.2%	(31.7 - 39.0)	21,130	30.2%	(29.2 - 31.3)	+	456	39.0%	(33.5 - 44.8)	9,399	31.7%	(30.2 - 33.2)	+	637	31.3%	(27.1 - 35.8)	11,731	28.7%	(27.4 - 30.1)	NS	No	
2015	583	33.3%	(29.0 - 37.9)	16,265	31.4%	(30.3 - 32.5)	NS	299	38.2%	(32.1 - 44.8)	7,323	32.9%	(31.3 - 34.6)	NS	284	27.9%	(22.3 - 34.4)	8,942	29.8%	(28.3 - 31.3)	NS	No	
2016	583	32.8%	(28.3 - 37.6)	14,173	32.0%	(30.8 - 33.2)	NS	260	35.1%	(28.4 - 42.4)	6,460	32.6%	(30.8 - 34.3)	NS	323	30.3%	(24.7 - 36.5)	7,713	31.4%	(29.7 - 33.1)	NS	No	
Overweight or Obese (BMI=25+)																							
2011	986	66.9%	(62.8 - 70.6)	24,366	64.9%	(64.0 - 65.8)	NS	422	72.7%	(66.5 - 78.1)	10,102	72.8%	(71.5 - 74.1)	NS	564	60.8%	(55.5 - 65.9)	14,264	56.8%	(55.5 - 58.1)	NS	Yes	
2012	843	66.0%	(60.6 - 71.0)	18,385	65.0%	(64.0 - 66.0)	NS	361	73.0%	(64.7 - 80.0)	7,781	72.3%	(70.8 - 73.7)	NS	482	58.8%	(51.7 - 65.6)	10,604	57.6%	(56.2 - 59.0)	NS	No	
2013	949	68.0%	(63.8 - 72.0)	16,250	65.5%	(64.2 - 66.7)	NS	375	73.8%	(66.9 - 79.7)	6,860	72.2%	(70.4 - 74.0)	NS	574	62.2%	(56.9 - 67.2)	9,390	58.5%	(56.8 - 60.2)	NS	No	
2014	1,093	72.9%	(69.5 - 76.2)	21,130	66.7%	(65.6 - 67.8)	+	456	81.8%	(76.6 - 86.1)	9,399	73.8%	(72.3 - 75.3)	+	637	63.6%	(58.9 - 68.1)	11,731	59.2%	(57.7 - 60.7)	NS	Yes	
2015	583	68.2%	(63.7 - 72.5)	16,265	67.0%	(65.8 - 68.2)	NS	299	80.1%	(74.3 - 84.8)	7,323	73.4%	(71.7 - 75.1)	NS	284	55.6%	(48.8 - 62.2)	8,942	60.2%	(58.6 - 61.9)	NS	Yes	
2016	583	67.6%	(62.7 - 72.2)	14,173	68.5%	(67.3 - 69.8)	NS	260	71.5%	(64.2 - 77.9)	6,460	74.9%	(73.1 - 76.6)	NS	323	63.3%	(56.5 - 69.6)	7,713	61.8%	(59.9 - 63.6)	NS	No	
Nutrition																							
Consumed sugar-sweetened beverages 1 or more times per day in past 30 days																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	445	32.7%	(24.8 - 41.6)	7,822	28.5%	(26.8 - 30.3)	NS	169	44.8%	(31.6 - 58.8)	3,164	35.8%	(33.1 - 38.5)	NS	276	21.7%	(15.7 - 29.2)	4,658	21.7%	(19.7 - 24.0)	NS	Yes	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Currently watching or reducing sodium or salt intake																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	447	40.4%	(34.0 - 47.2)	7,818	46.3%	(44.6 - 48.1)	NS	170	33.8%	(24.2 - 45.0)	3,165	43.4%	(40.8 - 46.0)	NS	277	46.4%	(39.2 - 53.8)	4,653	49.1%	(46.8 - 51.5)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	276	42.0%	(35.1 - 49.3)	7,892	46.8%	(45.0 - 48.5)	NS	129	38.2%	(28.9 - 48.5)	3,436	46.0%	(43.4 - 48.7)	NS	147	45.9%	(36.1 - 56.0)	4,456	47.5%	(45.2 - 49.8)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Median times per day consumed fruits																							
2011	980	1.01	(0.99 - 1.10)	24,090	1.02	(1.02 - 1.04)	NS	404	0.94	(0.77 - 0.99)	9,660	0.99	(0.99 - 1.00)	-	576	1.14	(1.05 - 1.33)	14,430	1.14	(1.13 - 1.14)	NS	Yes	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	944	1.00	(0.99 - 1.00)	15,949	1.00	(1.00 - 1.00)	NS	356	0.99	(0.72 - 1.00)	6,462	0.99	(0.99 - 1.00)	NS	588	1.05	(1.01 - 1.16)	9,487	1.07	(1.06 - 1.14)	NS	Yes	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	580	0.96	(0.94 - 0.99)	16,135	1.00	(1.00 - 1.00)	-	276	0.86	(0.67 - 0.96)	6,899	0.99	(0.98 - 1.00)	-	304	1.00	(0.96 - 1.16)	9,236	1.03	(1.02 - 1.09)	NS	Yes	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Consumed fruits less than 1 time per day																							
2011	980	40.9%	(37.0 - 45.0)	24,090	40.1%	(39.2 - 41.1)	NS	404	48.4%	(42.3 - 54.6)	9,660	46.2%	(44.8 - 47.6)	NS	576	33.8%	(28.9 - 39.0)	14,430	34.3%	(33.1 - 35.6)	NS	Yes	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	944	42.1%	(37.8 - 46.6)	15,949	39.7%	(38.5 - 41.0)	NS	356	49.1%	(42.0 - 56.2)	6,462	45.4%	(43.4 - 47.3)	NS	588	35.8%	(30.9 - 41.0)	9,487	34.4%	(32.8 - 36.1)	NS	Yes	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	580	44.1%	(39.5 - 48.9)	16,135	41.1%	(39.9 - 42.4)	NS	276	51.3%	(44.6 - 58.0)	6,899	47.4%	(45.6 - 49.3)	NS	304	37.4%	(31.2 - 44.0)	9,236	35.1%	(33.5 - 36.7)	NS	Yes	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Indicators	Overall						Men						Women						LHD Gender Diff. ^e				
	Southwest			State of NE			Southwest			State of NE			Southwest			State of NE							
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	
Median times per day consumed vegetables																							
2011	958	1.53	(1.44 - 1.60)	23,785	1.46	(1.44 - 1.50)	NS	395	1.35	(1.29 - 1.49)	9,534	1.35	(1.33 - 1.41)	NS	563	1.71	(1.58 - 1.91)	14,251	1.57	(1.57 - 1.61)	NS	Yes	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	931	1.56	(1.46 - 1.62)	15,700	1.57	(1.55 - 1.58)	NS	354	1.42	(1.28 - 1.56)	6,373	1.43	(1.42 - 1.50)	NS	577	1.70	(1.57 - 1.84)	9,327	1.70	(1.66 - 1.73)	NS	Yes	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	563	1.49	(1.41 - 1.58)	15,850	1.53	(1.50 - 1.58)	NS	272	1.38	(1.26 - 1.48)	6,786	1.42	(1.40 - 1.46)	NS	291	1.66	(1.54 - 1.80)	9,064	1.62	(1.58 - 1.69)	NS	Yes	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Consumed vegetables less than 1 time per day																							
2011	958	21.7%	(18.6 - 25.2)	23,785	26.2%	(25.4 - 27.1)	-	395	27.2%	(22.0 - 33.1)	9,534	29.7%	(28.4 - 31.0)	NS	563	16.6%	(13.2 - 20.5)	14,251	22.9%	(21.8 - 24.1)	-	Yes	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	931	21.8%	(18.2 - 25.9)	15,700	23.3%	(22.2 - 24.4)	NS	354	26.5%	(20.4 - 33.7)	6,373	26.6%	(25.0 - 28.4)	NS	577	17.5%	(13.8 - 21.9)	9,327	20.1%	(18.7 - 21.6)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	563	26.3%	(22.1 - 31.0)	15,850	24.7%	(23.7 - 25.9)	NS	272	29.7%	(23.5 - 36.7)	6,786	28.3%	(26.6 - 30.0)	NS	291	23.1%	(17.7 - 29.4)	9,064	21.4%	(20.1 - 22.8)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Physical Activity																							
No leisure-time physical activity in past 30 days [^]																							
2011	985	27.6%	(24.3 - 31.1)	24,433	26.3%	(25.5 - 27.1)	NS	406	31.2%	(25.9 - 37.0)	9,795	27.2%	(26.0 - 28.5)	NS	579	24.2%	(20.4 - 28.4)	14,638	25.4%	(24.3 - 26.5)	NS	No	
2012	865	24.0%	(20.1 - 28.4)	19,153	21.0%	(20.2 - 21.9)	NS	362	27.8%	(21.8 - 34.7)	7,865	20.4%	(19.3 - 21.7)	+	503	20.3%	(15.7 - 25.8)	11,288	21.6%	(20.5 - 22.8)	NS	No	
2013	962	29.5%	(25.7 - 33.6)	16,158	25.3%	(24.2 - 26.4)	NS	366	36.2%	(29.9 - 43.0)	6,567	26.3%	(24.7 - 28.1)	+	596	23.2%	(19.1 - 27.9)	9,591	24.3%	(22.9 - 25.8)	NS	Yes	
2014	1,156	27.2%	(24.0 - 30.7)	22,397	21.3%	(20.4 - 22.1)	+	464	30.9%	(25.7 - 36.6)	9,599	21.2%	(20.0 - 22.5)	+	692	23.7%	(20.0 - 27.8)	12,798	21.4%	(20.2 - 22.5)	NS	No	
2015	594	27.8%	(24.0 - 32.0)	16,319	25.3%	(24.3 - 26.4)	NS	287	29.2%	(23.7 - 35.4)	6,997	25.3%	(23.8 - 26.9)	NS	307	26.5%	(21.4 - 32.2)	9,322	25.4%	(24.0 - 26.8)	NS	No	
2016	628	28.6%	(24.5 - 33.1)	15,169	22.4%	(21.4 - 23.5)	+	264	27.5%	(21.4 - 34.6)	6,633	20.7%	(19.3 - 22.3)	NS	364	29.7%	(24.4 - 35.6)	8,536	24.1%	(22.7 - 25.6)	NS	No	
Met aerobic physical activity recommendation [^]																							
2011	960	52.3%	(48.3 - 56.3)	23,735	49.0%	(48.0 - 49.9)	NS	396	47.7%	(41.6 - 53.9)	9,544	47.2%	(45.8 - 48.6)	NS	564	56.7%	(51.5 - 61.6)	14,191	50.6%	(49.4 - 51.9)	NS	No	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	932	50.6%	(46.2 - 54.9)	15,730	50.1%	(48.8 - 51.4)	NS	357	45.6%	(38.8 - 52.7)	6,416	48.8%	(46.9 - 50.7)	NS	575	55.2%	(49.9 - 60.4)	9,314	51.4%	(49.7 - 53.1)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	578	51.5%	(46.8 - 56.2)	15,878	51.3%	(50.0 - 52.5)	NS	282	49.7%	(43.1 - 56.4)	6,832	51.1%	(49.2 - 53.0)	NS	296	53.3%	(46.7 - 59.8)	9,046	51.4%	(49.8 - 53.1)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Met muscle strengthening recommendation [^]																							
2011	979	24.3%	(20.6 - 28.4)	24,204	28.1%	(27.3 - 29.0)	NS	403	26.0%	(20.5 - 32.3)	9,697	32.0%	(30.6 - 33.4)	NS	576	22.7%	(18.1 - 28.1)	14,507	24.5%	(23.4 - 25.6)	NS	No	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	949	23.9%	(20.0 - 28.2)	16,021	28.4%	(27.2 - 29.6)	NS	359	29.7%	(23.1 - 37.2)	6,499	31.0%	(29.2 - 32.8)	NS	590	18.4%	(14.7 - 22.9)	9,522	26.0%	(24.5 - 27.6)	-	Yes	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	589	20.5%	(16.9 - 24.5)	16,117	31.2%	(30.1 - 32.5)	-	283	20.6%	(15.6 - 26.6)	6,893	34.9%	(33.1 - 36.8)	-	306	20.4%	(15.5 - 26.2)	9,224	27.7%	(26.2 - 29.3)	-	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Met both aerobic physical activity and muscle strengthening recommendations [^]																							
2011	953	17.5%	(14.3 - 21.4)	23,567	19.0%	(18.2 - 19.8)	NS	394	16.8%	(12.3 - 22.6)	9,477	19.7%	(18.5 - 20.9)	NS	559	18.2%	(13.8 - 23.6)	14,090	18.4%	(17.4 - 19.4)	NS	No	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	925	16.8%	(13.5 - 20.7)	15,635	18.8%	(17.8 - 19.9)	NS	354	19.6%	(14.2 - 26.4)	6,366	19.4%	(17.9 - 21.0)	NS	571	14.1%	(10.7 - 18.4)	9,269	18.2%	(16.8 - 19.6)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	575	14.2%	(11.2 - 17.9)	15,724	21.8%	(20.7 - 22.9)	-	279	13.2%	(9.2 - 18.5)	6,757	23.3%	(21.6 - 25.1)	-	296	15.3%	(11.1 - 20.7)	8,967	20.3%	(18.9 - 21.7)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Walk for at least 10 minutes at a time for any reason during a usual week																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	277	85.2%	(78.9 - 89.9)	7,895	84.6%	(83.3 - 85.8)	NS	129	82.9%	(73.4 - 89.5)	3,442	84.2%	(82.2 - 86.0)	NS	148	87.6%	(77.9 - 93.3)	4,453	85.1%	(83.4 - 86.6)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Indicators	Overall						Men						Women						LHD Gender Diff. ^e			
	Southwest			State of NE			Southwest			State of NE			Southwest			State of NE						
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d
Have access to safe places to walk in their neighborhood																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	277	79.2%	(72.3 - 84.7)	7,893	88.4%	(87.2 - 89.4)	-	129	81.4%	(72.8 - 87.7)	3,439	88.8%	(87.2 - 90.3)	NS	148	77.0%	(65.8 - 85.4)	4,454	87.9%	(86.3 - 89.3)	-	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Injury																						
Always wear a seatbelt when driving or riding in a car [^]																						
2011	978	53.6%	(49.6 - 57.6)	24,208	71.3%	(70.5 - 72.1)	-	401	40.1%	(34.4 - 46.0)	9,683	63.7%	(62.4 - 65.0)	-	577	66.2%	(60.9 - 71.1)	14,525	78.6%	(77.5 - 79.5)	-	Yes
2012	857	53.5%	(48.3 - 58.7)	18,851	69.7%	(68.7 - 70.6)	-	355	41.3%	(34.0 - 49.1)	7,731	61.7%	(60.2 - 63.2)	-	502	65.4%	(58.6 - 71.6)	11,120	77.3%	(76.1 - 78.4)	-	Yes
2013	955	56.0%	(51.6 - 60.2)	16,053	74.1%	(73.0 - 75.2)	-	360	45.5%	(38.6 - 52.6)	6,520	67.0%	(65.3 - 68.7)	-	595	65.6%	(60.5 - 70.5)	9,533	80.8%	(79.5 - 82.1)	-	Yes
2014	1,105	51.9%	(48.2 - 55.6)	21,599	72.4%	(71.5 - 73.3)	-	442	41.7%	(36.2 - 47.4)	9,241	64.7%	(63.2 - 66.2)	-	663	61.7%	(56.9 - 66.2)	12,358	79.8%	(78.7 - 80.9)	-	Yes
2015	588	58.4%	(53.7 - 63.0)	16,136	75.4%	(74.4 - 76.4)	-	282	49.2%	(42.6 - 55.9)	6,900	68.2%	(66.5 - 69.9)	-	306	67.2%	(60.6 - 73.2)	9,236	82.3%	(81.1 - 83.4)	-	Yes
2016	607	53.7%	(48.9 - 58.5)	14,628	73.8%	(72.7 - 74.9)	-	254	41.5%	(34.7 - 48.6)	6,370	66.8%	(65.0 - 68.5)	-	353	65.6%	(59.3 - 71.4)	8,258	80.6%	(79.2 - 81.8)	-	Yes
Texted while driving in past 30 days																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	427	27.0%	(20.8 - 34.4)	11,451	26.8%	(25.6 - 27.9)	NS	177	25.6%	(17.0 - 36.6)	4,757	29.2%	(27.5 - 31.0)	NS	250	28.7%	(20.3 - 38.8)	6,694	24.4%	(22.8 - 26.0)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	289	24.0%	(17.7 - 31.6)	7,620	24.9%	(23.3 - 26.6)	NS	149	27.0%	(18.2 - 38.2)	3,209	27.6%	(25.0 - 30.3)	NS	140	19.6%	(12.5 - 29.4)	4,411	22.3%	(20.3 - 24.4)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Talked on a cell phone while driving in past 30 days																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	424	72.0%	(65.3 - 77.7)	11,424	69.1%	(68.0 - 70.2)	NS	175	73.1%	(62.5 - 81.5)	4,742	71.5%	(69.9 - 73.2)	NS	249	70.7%	(62.4 - 77.8)	6,682	66.7%	(65.2 - 68.2)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	286	70.2%	(63.7 - 75.9)	7,604	67.0%	(65.3 - 68.6)	NS	148	71.1%	(62.0 - 78.7)	3,203	71.0%	(68.5 - 73.3)	NS	138	68.9%	(59.5 - 77.0)	4,401	63.1%	(60.8 - 65.2)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Had a fall in past year, aged 45 years and older																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	704	32.2%	(27.5 - 37.3)	13,738	28.8%	(27.7 - 29.9)	NS	286	33.7%	(26.5 - 41.8)	5,384	26.9%	(25.3 - 28.5)	NS	418	30.6%	(25.0 - 36.9)	8,354	30.5%	(29.1 - 31.9)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	859	29.3%	(25.8 - 33.1)	15,671	26.1%	(25.1 - 27.1)	NS	342	31.0%	(25.5 - 37.1)	6,513	24.5%	(23.0 - 26.1)	NS	517	27.7%	(23.6 - 32.3)	9,158	27.6%	(26.2 - 29.0)	NS	No
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2016	467	38.6%	(33.5 - 44.0)	10,369	29.0%	(27.7 - 30.3)	+	181	45.1%	(36.8 - 53.7)	4,333	28.1%	(26.2 - 30.1)	+	286	33.1%	(27.1 - 39.6)	6,036	29.7%	(28.0 - 31.5)	NS	No
Injured due to a fall in past year, aged 45 years and older																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	702	8.4%	(6.2 - 11.2)	13,719	9.9%	(9.2 - 10.6)	NS	285	6.6%	(4.1 - 10.5)	5,377	7.7%	(6.7 - 8.7)	NS	417	10.2%	(7.0 - 14.7)	8,342	11.8%	(10.9 - 12.9)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	857	8.0%	(6.2 - 10.2)	15,647	8.8%	(8.2 - 9.5)	NS	341	5.5%	(3.3 - 8.9)	6,502	6.8%	(6.0 - 7.7)	NS	516	10.4%	(7.9 - 13.5)	9,145	10.6%	(9.7 - 11.6)	NS	No
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2016	467	10.4%	(7.8 - 13.8)	10,367	10.1%	(9.3 - 11.0)	NS	181	10.7%	(6.9 - 16.2)	4,333	7.8%	(6.8 - 9.0)	NS	286	10.2%	(6.9 - 14.8)	6,034	12.2%	(11.0 - 13.6)	NS	No
Mental Health																						
Ever told they have depression																						
2011	1,020	13.9%	(11.6 - 16.6)	25,333	16.8%	(16.2 - 17.5)	NS	420	10.5%	(7.7 - 14.0)	10,198	11.5%	(10.7 - 12.4)	NS	600	17.2%	(13.8 - 21.2)	15,135	22.0%	(21.0 - 23.0)	NS	No
2012	864	17.2%	(13.9 - 21.2)	19,115	16.7%	(16.0 - 17.5)	NS	361	11.5%	(7.6 - 16.9)	7,853	12.4%	(11.4 - 13.5)	NS	503	22.9%	(17.7 - 29.0)	11,262	20.9%	(19.8 - 22.1)	NS	Yes
2013	1,001	21.1%	(17.8 - 24.9)	17,065	18.2%	(17.3 - 19.2)	NS	379	18.6%	(13.8 - 24.6)	6,940	12.9%	(11.6 - 14.2)	NS	622	23.6%	(19.4 - 28.4)	10,125	23.4%	(22.0 - 24.8)	NS	No
2014	1,152	18.1%	(15.4 - 21.1)	22,346	17.7%	(16.9 - 18.6)	NS	462	12.1%	(8.6 - 16.8)	9,582	13.0%	(11.8 - 14.2)	NS	690	23.8%	(20.0 - 28.1)	12,764	22.3%	(21.1 - 23.5)	NS	Yes
2015	629	17.5%	(14.4 - 21.0)	17,485	17.5%	(16.7 - 18.5)	NS	309	12.8%	(9.0 - 18.0)	7,534	12.4%	(11.3 - 13.7)	NS	320	22.1%	(17.6 - 27.3)	9,951	22.5%	(21.2 - 23.8)	NS	No
2016	625	13.5%	(10.6 - 16.9)	15,138	17.8%	(16.8 - 18.8)	NS	262	9.1%	(5.8 - 13.9)	6,609	12.1%	(10.9 - 13.4)	NS	363	17.7%	(13.4 - 23.1)	8,529	23.4%	(21.8 - 25.0)	NS	No

Indicators	Overall							Men							Women							LHD Gender Diff. ^e
	Southwest			State of NE			Sig ^d	Southwest			State of NE			Sig ^d	Southwest			State of NE			Sig ^d	
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		
Frequent Mental Distress in past 30 days																						
2011	1,008	8.6%	(6.6 - 11.1)	25,036	9.2%	(8.7 - 9.7)	NS	418	5.6%	(3.3 - 9.5)	10,097	7.7%	(7.0 - 8.4)	NS	590	11.4%	(8.6 - 15.1)	14,939	10.7%	(9.9 - 11.5)	NS	No
2012	853	9.6%	(6.8 - 13.3)	18,935	9.0%	(8.4 - 9.7)	NS	353	10.9%	(6.7 - 17.2)	7,786	7.4%	(6.6 - 8.3)	NS	500	8.3%	(5.1 - 13.2)	11,149	10.6%	(9.7 - 11.5)	NS	No
2013	994	9.0%	(6.6 - 12.0)	16,889	8.9%	(8.2 - 9.6)	NS	381	10.8%	(6.9 - 16.4)	6,889	6.8%	(5.9 - 7.9)	NS	613	7.2%	(5.0 - 10.2)	10,000	10.9%	(9.8 - 12.0)	NS	No
2014	1,138	7.8%	(5.9 - 10.1)	22,132	8.2%	(7.6 - 8.8)	NS	457	5.8%	(3.6 - 9.3)	9,483	6.4%	(5.6 - 7.3)	NS	681	9.6%	(7.0 - 13.1)	12,649	9.9%	(9.0 - 10.8)	NS	No
2015	625	7.9%	(5.9 - 10.6)	17,369	8.9%	(8.2 - 9.6)	NS	305	6.9%	(4.3 - 10.8)	7,491	6.9%	(6.0 - 7.9)	NS	320	8.9%	(6.0 - 13.1)	9,878	10.8%	(9.8 - 11.9)	NS	No
2016	621	8.0%	(5.6 - 11.3)	15,035	9.5%	(8.7 - 10.4)	NS	259	3.5%	(1.8 - 6.5)	6,568	7.0%	(6.0 - 8.1)	NS	362	12.3%	(8.2 - 18.2)	8,467	12.0%	(10.8 - 13.3)	NS	Yes
Currently taking medication or receiving treatment for a mental health condition																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	411	9.6%	(6.1 - 14.8)	6,643	11.0%	(10.0 - 12.1)	NS	168	3.3%	(1.4 - 7.3)	2,693	7.4%	(6.2 - 8.9)	NS	243	16.8%	(10.3 - 26.4)	3,950	14.5%	(12.9 - 16.2)	NS	Yes
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Symptoms of serious mental illness in past 30 days																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	405	1.2%	(0.5 - 2.7)	6,555	3.2%	(2.6 - 3.9)	NS	165	0.7%	(0.3 - 1.9)	2,657	2.5%	(1.8 - 3.7)	NS	240	1.7%	(0.5 - 5.3)	3,898	3.8%	(2.9 - 4.9)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Alcohol and Drug Use																						
Any alcohol consumption in past 30 days																						
2011	972	57.6%	(53.7 - 61.4)	24,051	61.8%	(60.9 - 62.7)	NS	396	66.0%	(60.3 - 71.3)	9,597	67.7%	(66.4 - 69.1)	NS	576	49.9%	(44.8 - 55.0)	14,454	56.2%	(55.0 - 57.4)	NS	Yes
2012	854	55.1%	(50.0 - 60.1)	18,891	61.3%	(60.3 - 62.3)	-	354	61.5%	(53.9 - 68.7)	7,749	68.7%	(67.2 - 70.1)	NS	500	48.9%	(42.0 - 55.8)	11,142	54.2%	(52.8 - 55.6)	NS	No
2013	976	51.7%	(47.4 - 55.9)	16,614	57.5%	(56.2 - 58.7)	-	370	56.5%	(49.3 - 63.3)	6,754	63.3%	(61.4 - 65.2)	NS	606	47.1%	(42.0 - 52.3)	9,860	51.8%	(50.2 - 53.5)	NS	No
2014	1,113	54.5%	(50.8 - 58.2)	21,612	59.2%	(58.1 - 60.3)	NS	445	61.0%	(55.3 - 66.5)	9,246	65.2%	(63.6 - 66.8)	NS	668	48.2%	(43.6 - 52.9)	12,366	53.4%	(52.0 - 54.9)	NS	Yes
2015	614	51.1%	(46.5 - 55.6)	16,939	57.6%	(56.4 - 58.8)	-	300	59.2%	(52.8 - 65.3)	7,282	63.8%	(62.0 - 65.5)	NS	314	43.1%	(36.9 - 49.5)	9,657	51.6%	(50.0 - 53.2)	-	Yes
2016	610	52.4%	(47.6 - 57.2)	14,723	59.8%	(58.5 - 61.0)	-	257	61.8%	(54.5 - 68.6)	6,421	68.0%	(66.1 - 69.8)	NS	353	43.2%	(37.0 - 49.6)	8,302	51.8%	(50.0 - 53.6)	-	Yes
Binge drank in past 30 days^a																						
2011	968	15.7%	(12.7 - 19.2)	23,948	22.7%	(21.9 - 23.5)	-	394	22.0%	(16.9 - 28.1)	9,533	30.2%	(28.9 - 31.5)	-	574	10.0%	(7.2 - 13.8)	14,415	15.7%	(14.7 - 16.7)	-	Yes
2012	849	21.2%	(16.5 - 26.7)	18,742	22.1%	(21.3 - 23.0)	NS	351	27.6%	(20.7 - 35.8)	7,664	29.1%	(27.6 - 30.5)	NS	498	14.9%	(9.1 - 23.4)	11,078	15.5%	(14.5 - 16.6)	NS	No
2013	968	15.1%	(12.2 - 18.6)	16,500	20.0%	(19.0 - 21.1)	-	364	17.9%	(13.4 - 23.6)	6,687	25.2%	(23.6 - 26.9)	NS	604	12.5%	(9.0 - 16.9)	9,813	15.0%	(13.8 - 16.4)	NS	No
2014	1,103	17.8%	(14.8 - 21.2)	21,443	20.3%	(19.4 - 21.3)	NS	437	22.9%	(18.0 - 28.7)	9,149	26.8%	(25.3 - 28.3)	NS	666	12.8%	(9.8 - 16.7)	12,294	14.1%	(13.0 - 15.3)	NS	Yes
2015	609	13.0%	(10.2 - 16.5)	16,832	19.5%	(18.5 - 20.5)	-	296	18.3%	(13.6 - 24.1)	7,216	26.0%	(24.4 - 27.8)	-	313	8.0%	(5.2 - 12.0)	9,616	13.1%	(12.0 - 14.3)	-	Yes
2016	606	18.0%	(14.4 - 22.3)	14,620	20.0%	(18.9 - 21.1)	NS	253	26.5%	(20.4 - 33.5)	6,367	27.2%	(25.4 - 29.0)	NS	353	9.9%	(6.4 - 15.1)	8,253	13.1%	(11.9 - 14.4)	NS	Yes
Heavy drinking in past 30 days																						
2011	964	6.6%	(4.7 - 9.2)	23,906	7.5%	(7.0 - 8.1)	NS	390	9.0%	(5.7 - 13.8)	9,514	9.2%	(8.4 - 10.2)	NS	574	4.5%	(2.8 - 7.1)	14,392	5.9%	(5.2 - 6.6)	NS	No
2012	852	7.1%	(4.4 - 11.2)	18,738	7.2%	(6.6 - 7.7)	NS	353	10.1%	(5.7 - 17.1)	7,668	8.5%	(7.7 - 9.4)	NS	499	4.1%	(1.6 - 10.1)	11,070	5.9%	(5.3 - 6.6)	NS	No
2013	967	7.4%	(5.1 - 10.6)	16,513	6.8%	(6.2 - 7.5)	NS	364	8.3%	(4.9 - 13.7)	6,698	7.3%	(6.4 - 8.3)	NS	603	6.5%	(3.9 - 10.8)	9,815	6.3%	(5.5 - 7.2)	NS	No
2014	1,106	6.5%	(4.8 - 8.8)	21,447	6.4%	(5.9 - 7.0)	NS	441	6.9%	(4.3 - 10.8)	9,158	7.5%	(6.7 - 8.5)	NS	665	6.2%	(4.2 - 9.1)	12,289	5.3%	(4.7 - 6.1)	NS	No
2015	607	4.0%	(2.5 - 6.1)	16,815	5.7%	(5.1 - 6.4)	NS	296	4.8%	(2.7 - 8.5)	7,214	7.0%	(6.0 - 8.1)	NS	311	3.2%	(1.6 - 6.1)	9,601	4.6%	(3.9 - 5.3)	NS	No
2016	606	4.8%	(3.0 - 7.5)	14,634	6.6%	(5.9 - 7.3)	NS	255	8.3%	(5.0 - 13.5)	6,376	8.0%	(7.0 - 9.1)	NS	351	1.4%	(0.5 - 3.6)	8,258	5.2%	(4.4 - 6.2)	-	Yes
Alcohol impaired driving in past 30 days																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	861	2.2%	(1.2 - 4.1)	18,895	3.4%	(3.1 - 3.8)	NS	358	3.5%	(1.7 - 7.1)	7,741	5.5%	(4.9 - 6.3)	NS	503	0.9%	(0.3 - 3.1)	11,154	1.4%	(1.1 - 1.8)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	1,109	2.2%	(1.4 - 3.5)	21,627	2.5%	(2.2 - 2.9)	NS	443	3.6%	(2.1 - 6.2)	9,242	4.2%	(3.5 - 4.9)	NS	666	0.9%	(0.4 - 2.1)	12,385	1.0%	(0.7 - 1.3)	NS	Yes
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	610	4.4%	(2.8 - 6.7)	14,666	3.4%	(2.9 - 3.9)	NS	257	8.2%	(5.2 - 12.8)	6,383	5.1%	(4.3 - 6.0)	NS	353	0.6%	(0.1 - 2.4)	8,283	1.7%	(1.3 - 2.4)	NS	Yes

Indicators	Overall						Men						Women						LHD Gender Diff. ^e				
	Southwest			State of NE			Southwest			State of NE			Southwest			State of NE							
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	
Took pain medication prescribed by doctor in past year																							
2011	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-		
2012	434	32.2%	(25.8 - 39.5)	11,767	30.2%	(29.1 - 31.4)	NS	179	27.1%	(18.3 - 38.2)	4,835	27.3%	(25.7 - 29.0)	NS	255	38.0%	(29.3 - 47.5)	6,932	33.0%	(31.5 - 34.6)	NS	No	
2013	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-		
2014	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-		
2015	297	34.4%	(28.2 - 41.2)	7,858	33.5%	(31.9 - 35.1)	NS	151	34.9%	(26.5 - 44.4)	3,283	28.9%	(26.6 - 31.4)	NS	146	33.7%	(25.1 - 43.5)	4,575	37.9%	(35.8 - 40.1)	NS	No	
2016	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-		
Had leftover pain meds after last filled script, among those who took pain meds in past year																							
2011	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-		
2012	141	49.8%	(36.9 - 62.6)	3,848	49.2%	(46.9 - 51.4)	NS	47	-*	-*	-*	1,423	43.9%	(40.4 - 47.4)	NA	94	61.6%	(45.6 - 75.4)	2,425	53.4%	(50.5 - 56.3)	NS	NA
2013	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-		
2014	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-		
2015	103	45.4%	(34.3 - 56.9)	2,684	45.7%	(42.8 - 48.7)	NS	55	43.8%	(29.2 - 59.5)	995	42.6%	(37.9 - 47.4)	NS	48	-*	-*	-*	1,689	48.0%	(44.4 - 51.7)	NA	Yes
2016	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-		
Used marijuana in past 30 days																							
2011	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-		
2012	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-		
2013	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-		
2014	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-		
2015	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-		
2016	588	2.2%	(1.2 - 4.3)	14,160	4.9%	(4.2 - 5.7)	NS	248	3.6%	(1.9 - 6.7)	6,143	7.2%	(6.0 - 8.6)	NS	340	0.9%	(0.1 - 6.4)	8,017	2.7%	(2.1 - 3.5)	NS	No	
Immunization and Infectious Disease																							
Had a flu vaccination in past year, aged 18 years and older																							
2011	978	39.6%	(35.9 - 43.4)	24,156	41.1%	(40.2 - 42.0)	NS	403	32.7%	(27.5 - 38.3)	9,663	35.1%	(33.8 - 36.5)	NS	575	46.1%	(41.1 - 51.3)	14,493	46.8%	(45.6 - 48.1)	NS	Yes	
2012	858	33.7%	(29.4 - 38.2)	18,903	42.2%	(41.2 - 43.2)	-	356	29.2%	(23.5 - 35.8)	7,754	36.8%	(35.4 - 38.2)	NS	502	38.0%	(32.0 - 44.3)	11,149	47.5%	(46.1 - 48.8)	-	No	
2013	954	39.8%	(35.8 - 43.9)	16,022	45.2%	(43.9 - 46.4)	NS	358	34.4%	(28.4 - 41.0)	6,506	41.2%	(39.4 - 43.1)	NS	596	44.7%	(39.7 - 49.8)	9,516	48.9%	(47.2 - 50.6)	NS	No	
2014	1,104	37.2%	(33.8 - 40.7)	21,638	43.9%	(42.9 - 45.0)	-	439	32.6%	(27.5 - 38.2)	9,262	38.8%	(37.3 - 40.4)	NS	665	41.5%	(37.1 - 46.0)	12,376	48.9%	(47.4 - 50.3)	-	No	
2015	591	40.7%	(36.3 - 45.4)	16,091	47.2%	(46.0 - 48.4)	-	285	36.3%	(30.3 - 42.8)	6,883	40.8%	(39.0 - 42.6)	NS	306	45.0%	(38.6 - 51.6)	9,208	53.4%	(51.7 - 55.0)	-	No	
2016	610	40.1%	(35.6 - 44.9)	14,685	44.4%	(43.1 - 45.7)	NS	256	35.4%	(28.7 - 42.6)	6,401	39.4%	(37.5 - 41.3)	NS	354	44.8%	(38.6 - 51.1)	8,284	49.3%	(47.6 - 51.1)	NS	No	
Had a flu vaccination in past year, aged 65 years and older ^a																							
2011	392	58.0%	(52.5 - 63.2)	8,185	61.8%	(60.3 - 63.3)	NS	149	59.8%	(51.1 - 67.8)	2,875	59.6%	(57.1 - 62.1)	NS	243	56.6%	(49.6 - 63.3)	5,310	63.4%	(61.5 - 65.3)	NS	No	
2012	375	58.0%	(50.6 - 65.0)	6,625	62.9%	(61.2 - 64.6)	NS	142	54.4%	(42.5 - 65.8)	2,327	60.9%	(58.1 - 63.6)	NS	233	61.8%	(53.9 - 69.1)	4,298	64.4%	(62.4 - 66.5)	NS	No	
2013	413	65.0%	(59.2 - 70.5)	5,652	66.2%	(64.2 - 68.1)	NS	144	61.8%	(51.6 - 71.1)	2,067	67.6%	(64.4 - 70.6)	NS	269	67.5%	(60.6 - 73.7)	3,585	65.0%	(62.6 - 67.4)	NS	No	
2014	445	55.4%	(49.9 - 60.8)	7,610	64.7%	(63.2 - 66.2)	-	162	51.5%	(42.5 - 60.3)	2,971	65.9%	(63.5 - 68.3)	-	283	58.5%	(51.7 - 65.0)	4,639	63.8%	(61.8 - 65.7)	NS	No	
2015	217	56.0%	(48.5 - 63.1)	5,578	65.2%	(63.4 - 67.0)	-	96	53.4%	(42.4 - 64.1)	2,119	64.1%	(61.1 - 66.9)	NS	121	57.9%	(47.9 - 67.3)	3,459	66.1%	(63.9 - 68.2)	NS	No	
2016	251	54.6%	(47.2 - 61.8)	5,130	62.7%	(60.8 - 64.6)	NS	91	53.4%	(41.0 - 65.5)	1,967	62.8%	(59.8 - 65.6)	NS	160	55.5%	(46.5 - 64.1)	3,163	62.7%	(60.2 - 65.1)	NS	No	
Ever had a pneumonia vaccination, aged 65 years and older ^a																							
2011	386	66.5%	(61.0 - 71.5)	7,997	70.3%	(68.8 - 71.7)	NS	143	65.8%	(56.9 - 73.6)	2,772	66.7%	(64.2 - 69.1)	NS	243	67.0%	(60.0 - 73.3)	5,225	72.9%	(71.2 - 74.5)	NS	No	
2012	355	70.6%	(64.3 - 76.2)	6,413	70.0%	(68.4 - 71.6)	NS	133	72.5%	(62.3 - 80.7)	2,225	66.9%	(64.1 - 69.6)	NS	222	68.8%	(60.9 - 75.8)	4,188	72.3%	(70.3 - 74.1)	NS	No	
2013	405	68.3%	(62.6 - 73.5)	5,478	71.7%	(69.8 - 73.4)	NS	138	66.5%	(56.7 - 75.1)	1,970	71.5%	(68.5 - 74.3)	NS	267	69.5%	(62.6 - 75.7)	3,508	71.8%	(69.4 - 74.0)	NS	No	
2014	437	64.9%	(59.4 - 70.0)	7,372	72.3%	(70.9 - 73.7)	-	159	64.5%	(55.4 - 72.7)	2,849	70.3%	(67.9 - 72.5)	NS	278	65.2%	(58.5 - 71.4)	4,523	73.9%	(72.1 - 75.7)	-	No	
2015	209	71.8%	(64.8 - 78.0)	5,452	73.8%	(72.1 - 75.4)	NS	90	63.0%	(51.4 - 73.4)	2,056	70.3%	(67.4 - 73.0)	NS	119	78.1%	(69.6 - 84.8)	3,396	76.5%	(74.5 - 78.4)	NS	No	
2016	249	70.1%	(63.0 - 76.2)	5,060	75.9%	(74.2 - 77.5)	NS	90	72.3%	(60.8 - 81.5)	1,927	73.7%	(70.9 - 76.3)	NS	159	68.3%	(59.3 - 76.1)	3,133	77.6%	(75.5 - 79.7)	NS	No	
Had a tetanus vaccination since 2005																							
2011	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-		
2012	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-		
2013	876	58.6%	(54.2 - 63.0)	14,650	60.2%	(58.9 - 61.5)	NS	337	63.5%	(56.4 - 70.1)	6,015	63.1%	(61.1 - 65.0)	NS	539	53.9%	(48.5 - 59.3)	8,635	57.4%	(55.6 - 59.1)	NS	No	
2014	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-		
2015	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-		
2016	577	65.1%	(60.5 - 69.5)	13,574	64.2%	(62.9 - 65.4)	NS	244	67.6%	(60.5 - 74.0)	5,939	67.5%	(65.5 - 69.3)	NS	333	62.6%	(56.5 - 68.4)	7,635	60.9%	(59.2 - 62.7)	NS	No	

Indicators	Overall							Men							Women							LHD Gender Diff. ^e		
	Southwest			State of NE			Sig ^d	Southwest			State of NE			Sig ^d	Southwest			State of NE			Sig ^d			
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)				
Ever had a shingles vaccination, aged 50 years and older																								
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	795	28.2%	(24.8 - 31.8)	14,246	27.9%	(26.9 - 28.9)	NS	316	25.4%	(20.4 - 31.1)	5,892	25.7%	(24.2 - 27.3)	NS	479	30.8%	(26.4 - 35.6)	8,354	29.8%	(28.4 - 31.3)	NS	No		
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Ever been tested for HIV, 18-64 year olds (excluding blood donation)																								
2011	574	22.0%	(17.8 - 26.8)	15,561	30.8%	(29.7 - 31.8)	-	247	20.4%	(14.5 - 28.1)	6,612	28.4%	(27.0 - 29.9)	NS	327	23.5%	(18.1 - 30.0)	8,949	33.1%	(31.7 - 34.6)	-	No		
2012	473	21.5%	(16.6 - 27.3)	11,879	30.9%	(29.8 - 32.1)	-	212	17.9%	(11.8 - 26.2)	5,254	27.9%	(26.3 - 29.5)	-	261	24.9%	(17.9 - 33.5)	6,625	34.0%	(32.4 - 35.7)	NS	No		
2013	522	21.2%	(17.0 - 26.2)	10,049	31.8%	(30.3 - 33.3)	-	206	17.9%	(12.2 - 25.5)	4,304	29.1%	(27.0 - 31.3)	-	316	24.5%	(18.8 - 31.3)	5,745	34.4%	(32.5 - 36.4)	-	No		
2014	628	20.2%	(16.7 - 24.3)	13,474	30.9%	(29.6 - 32.2)	-	263	18.3%	(13.3 - 24.7)	6,042	28.6%	(26.8 - 30.5)	-	365	22.1%	(17.5 - 27.7)	7,432	33.2%	(31.4 - 35.0)	-	No		
2015	363	21.9%	(17.4 - 27.2)	10,152	32.0%	(30.6 - 33.5)	-	183	21.9%	(16.0 - 29.2)	4,604	29.2%	(27.2 - 31.4)	NS	180	21.9%	(15.5 - 30.2)	5,548	34.9%	(32.9 - 36.9)	-	No		
2016	346	21.8%	(17.2 - 27.2)	9,145	31.9%	(30.4 - 33.5)	-	162	15.6%	(10.5 - 22.4)	4,263	28.5%	(26.4 - 30.7)	-	184	28.5%	(21.2 - 37.2)	4,882	35.4%	(33.2 - 37.6)	NS	No		
Oral Health																								
Visited a dentist or dental clinic for any reason in past year ^a																								
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	858	57.2%	(51.9 - 62.3)	19,052	67.6%	(66.6 - 68.5)	-	357	54.0%	(46.2 - 61.6)	7,827	64.2%	(62.7 - 65.6)	-	501	60.2%	(53.1 - 66.9)	11,225	70.9%	(69.6 - 72.1)	-	No		
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	1,147	58.1%	(54.4 - 61.7)	22,258	66.4%	(65.4 - 67.4)	-	458	54.6%	(48.8 - 60.3)	9,544	63.2%	(61.7 - 64.8)	-	689	61.4%	(56.7 - 65.9)	12,714	69.5%	(68.1 - 70.8)	-	No		
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	622	55.5%	(50.7 - 60.2)	15,089	68.7%	(67.5 - 69.9)	-	261	50.7%	(43.5 - 57.9)	6,597	65.9%	(64.1 - 67.7)	-	361	60.2%	(54.0 - 66.2)	8,492	71.4%	(69.8 - 73.0)	-	No		
Had any permanent teeth extracted due to tooth decay or gum disease																								
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	851	47.4%	(42.4 - 52.6)	18,824	39.8%	(38.8 - 40.8)	+	357	48.6%	(40.9 - 56.3)	7,750	39.2%	(37.7 - 40.6)	+	494	46.3%	(39.7 - 53.1)	11,074	40.4%	(39.1 - 41.7)	NS	No		
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	1,134	47.6%	(44.0 - 51.3)	22,085	39.1%	(38.1 - 40.1)	+	455	47.6%	(42.0 - 53.4)	9,490	39.4%	(37.9 - 40.9)	+	679	47.6%	(43.1 - 52.2)	12,595	38.9%	(37.5 - 40.2)	+	No		
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	624	49.5%	(44.7 - 54.3)	14,988	38.2%	(37.0 - 39.4)	+	263	48.3%	(41.2 - 55.6)	6,559	37.6%	(35.8 - 39.3)	+	361	50.6%	(44.4 - 56.9)	8,429	38.9%	(37.3 - 40.5)	+	No		
Had any permanent teeth extracted due to tooth decay or gum disease, 45-64 year olds ^a																								
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	340	54.1%	(46.7 - 61.3)	7,138	47.7%	(46.1 - 49.3)	NS	154	51.6%	(40.5 - 62.5)	3,077	48.7%	(46.3 - 51.1)	NS	186	56.6%	(47.0 - 65.7)	4,061	46.7%	(44.6 - 48.8)	NS	No		
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	421	51.1%	(45.6 - 56.6)	8,200	45.9%	(44.3 - 47.5)	NS	180	50.8%	(42.5 - 59.0)	3,631	47.5%	(45.1 - 50.0)	NS	241	51.5%	(44.3 - 58.6)	4,569	44.3%	(42.1 - 46.5)	NS	No		
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	219	55.6%	(48.1 - 62.8)	5,356	45.1%	(43.1 - 47.1)	+	94	58.8%	(47.8 - 69.0)	2,446	46.4%	(43.5 - 49.3)	NS	125	52.5%	(42.4 - 62.3)	2,910	43.8%	(41.2 - 46.5)	NS	No		
Had all permanent teeth extracted due to tooth decay or gum disease, aged 65 years and older																								
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	367	12.6%	(9.4 - 16.6)	6,502	13.4%	(12.3 - 14.5)	NS	142	9.6%	(5.9 - 15.3)	2,313	12.0%	(10.3 - 13.9)	NS	225	15.7%	(11.0 - 21.9)	4,189	14.4%	(13.0 - 16.0)	NS	No		
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	456	15.7%	(12.0 - 20.2)	7,657	14.1%	(13.0 - 15.2)	NS	172	15.0%	(9.7 - 22.4)	3,010	14.4%	(12.8 - 16.3)	NS	284	16.2%	(11.6 - 22.2)	4,647	13.8%	(12.5 - 15.2)	NS	No		
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	256	23.2%	(17.3 - 30.3)	5,179	13.2%	(11.9 - 14.6)	+	92	25.7%	(16.0 - 38.6)	1,993	10.6%	(9.0 - 12.5)	+	164	21.3%	(14.6 - 29.9)	3,186	15.3%	(13.5 - 17.3)	NS	No		
Had all permanent teeth extracted due to tooth decay or gum disease, 65-74 year olds ^a																								
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	164	10.5%	(6.6 - 16.2)	3,149	11.3%	(9.9 - 12.8)	NS	67	5.1%	(2.3 - 11.1)	1,268	9.3%	(7.5 - 11.4)	NS	97	17.0%	(10.0 - 27.5)	1,881	13.1%	(11.1 - 15.3)	NS	No		
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	231	11.1%	(7.3 - 16.4)	4,089	10.9%	(9.6 - 12.3)	NS	93	13.7%	(7.6 - 23.4)	1,804	12.0%	(9.9 - 14.4)	NS	138	8.5%	(4.8 - 14.6)	2,285	9.8%	(8.3 - 11.7)	NS	No		
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	123	23.9%	(16.2 - 33.9)	2,815	10.4%	(9.0 - 12.0)	+	42	-*	-* - *	1,168	8.8%	(6.9 - 11.2)	NA	81	24.2%	(14.4 - 37.7)	1,647	11.8%	(9.9 - 14.1)	+	NA		

Indicators	Overall						Men						Women						LHD Gender Diff. ^e				
	Southwest			State of NE			Southwest			State of NE			Southwest			State of NE							
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	
Had teeth cleaned by dentist/hygienist in past year, among those with 1+ permanent teeth																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	551	52.3%	(47.1 - 57.3)	13,764	67.4%	(66.1 - 68.6)	-	231	46.4%	(38.8 - 54.1)	6,092	63.9%	(62.0 - 65.8)	-	320	58.2%	(51.4 - 64.7)	7,672	70.8%	(69.1 - 72.5)	-	No	
Social Context																							
Housing insecurity in past year, among those who own or rent their home [^]																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	364	26.4%	(19.6 - 34.6)	6,089	26.6%	(25.0 - 28.3)	NS	152	27.3%	(17.2 - 40.3)	2,481	24.7%	(22.3 - 27.3)	NS	212	25.3%	(17.6 - 35.1)	3,608	28.5%	(26.3 - 30.8)	NS	No	
2013	410	28.1%	(20.3 - 37.4)	7,324	28.8%	(27.1 - 30.5)	NS	153	30.7%	(17.2 - 48.7)	2,961	25.0%	(22.5 - 27.7)	NS	257	25.7%	(19.1 - 33.8)	4,363	32.3%	(30.0 - 34.7)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	280	28.8%	(22.7 - 35.7)	7,461	28.5%	(26.8 - 30.2)	NS	141	22.5%	(15.2 - 32.0)	3,109	26.6%	(24.2 - 29.2)	NS	139	37.3%	(28.0 - 47.6)	4,352	30.3%	(28.1 - 32.5)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Food insecurity in past year [^]																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	411	11.4%	(7.7 - 16.6)	6,621	17.6%	(16.2 - 19.0)	NS	169	7.3%	(3.4 - 14.8)	2,684	13.9%	(12.1 - 16.0)	NS	242	16.1%	(10.3 - 24.5)	3,937	21.1%	(19.1 - 23.2)	NS	No	
2013	446	18.3%	(11.3 - 28.1)	7,828	19.0%	(17.6 - 20.6)	NS	169	21.8%	(9.9 - 41.4)	3,159	15.4%	(13.4 - 17.7)	NS	277	15.1%	(10.0 - 22.1)	4,669	22.5%	(20.5 - 24.6)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	300	18.4%	(13.7 - 24.4)	7,918	21.0%	(19.5 - 22.5)	NS	153	12.4%	(7.3 - 20.4)	3,309	17.9%	(15.8 - 20.2)	NS	147	26.7%	(18.8 - 36.4)	4,609	24.0%	(22.1 - 26.1)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Caregiving																							
Provided regular care/assistance in past month to friend or family member with health issue																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	277	32.0%	(25.5 - 39.3)	7,883	24.7%	(23.2 - 26.2)	NS	128	28.3%	(19.3 - 39.4)	3,434	21.1%	(19.1 - 23.4)	NS	149	35.6%	(26.7 - 45.7)	4,449	28.0%	(25.9 - 30.2)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Cognitive Decline																							
Experienced more or worsening confusion or memory loss in past year, aged 45 years and older																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	208	13.1%	(8.7 - 19.4)	5,767	9.4%	(8.4 - 10.5)	NS	96	12.8%	(7.0 - 22.1)	2,436	10.2%	(8.7 - 12.0)	NS	112	13.5%	(7.5 - 23.0)	3,331	8.6%	(7.3 - 10.2)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Inadequate Sleep																							
Get less than 7 hours of sleep per day																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	996	27.7%	(24.0 - 31.6)	16,972	31.8%	(30.6 - 33.0)	NS	379	27.0%	(21.4 - 33.5)	6,927	32.6%	(30.8 - 34.4)	NS	617	28.3%	(23.9 - 33.1)	10,045	31.0%	(29.5 - 32.6)	NS	No	
2014	1,146	26.3%	(23.2 - 29.7)	22,172	30.0%	(29.0 - 31.0)	NS	459	25.5%	(20.8 - 30.9)	9,527	30.7%	(29.2 - 32.2)	NS	687	27.2%	(23.3 - 31.5)	12,645	29.4%	(28.1 - 30.7)	NS	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	623	27.3%	(23.3 - 31.8)	15,097	29.6%	(28.4 - 30.8)	NS	263	26.3%	(20.7 - 32.8)	6,610	29.7%	(27.9 - 31.5)	NS	360	28.3%	(22.7 - 34.6)	8,487	29.5%	(27.9 - 31.2)	NS	No	
Average hours of sleep per day																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	996	7.2	(7.1 - 7.4)	16,972	7.1	(7.0 - 7.1)	NS	379	7.2	(7.0 - 7.4)	6,927	7.0	(7.0 - 7.1)	NS	617	7.2	(7.1 - 7.4)	10,045	7.1	(7.0 - 7.1)	NS	No	
2014	1,146	7.2	(7.1 - 7.3)	22,172	7.1	(7.0 - 7.1)	+	459	7.2	(7.1 - 7.3)	9,527	7.0	(7.0 - 7.1)	NS	687	7.2	(7.1 - 7.4)	12,645	7.1	(7.1 - 7.1)	NS	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	623	7.2	(7.1 - 7.3)	15,097	7.1	(7.1 - 7.1)	NS	263	7.2	(7.0 - 7.4)	6,610	7.1	(7.0 - 7.2)	NS	360	7.2	(7.1 - 7.4)	8,487	7.1	(7.1 - 7.2)	NS	No	

Indicators	Overall						Men						Women						LHD Gender Diff. ^e			
	Southwest			State of NE			Southwest			State of NE			Southwest			State of NE						
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d
Occupational Safety and Health																						
Work-related injury or illness in past year, among employed or recently out of work																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	286	6.5%	(3.7 - 11.2)	4,952	4.8%	(3.9 - 5.8)	NS	124	6.6%	(2.7 - 15.3)	2,246	6.1%	(4.8 - 7.7)	NS	162	6.5%	(3.3 - 12.1)	2,706	3.3%	(2.2 - 4.9)	NS	No
2014	334	6.9%	(3.8 - 12.4)	6,966	4.9%	(4.1 - 5.9)	NS	157	6.6%	(2.8 - 14.8)	3,403	5.4%	(4.4 - 6.7)	NS	177	7.4%	(3.2 - 16.2)	3,563	4.3%	(3.1 - 6.0)	NS	No
2015	194	5.9%	(2.9 - 11.8)	5,434	5.7%	(4.7 - 6.8)	NS	103	8.9%	(4.0 - 18.6)	2,727	7.1%	(5.6 - 9.0)	NS	91	2.3%	(0.5 - 10.2)	2,707	3.9%	(2.9 - 5.3)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Note: Data reflect the nine county LHD region of Chase, Dundy, Frontier, Furnas, Hayes, Hitchcock, Keith, Perkins, and Red Willow Counties

Note: Data reflect both landline and cell phone responses

Note: This table is not intended to be inclusive of all BRFSS indicators; some were excluded due to small numbers at the LHD level

Note: This table excludes 2011 BRFSS optional module and state added questions data due to the data being headline only

Note: The results in this table may be slightly different than results in previously published reports and tables due differences in the software used and/or how the statistical analysis code was written; these results were analyzed using SAS and SAS-callable SUDAAN software

^a Non-weighted sample size among adults 18 and older (unless different age group noted)

^b Weighted mean, median, or percentage (percentages are followed by the % symbol) among adults 18 and older (unless different age group noted)

^c Low and High are the lower and upper limits of the 95% confidence interval, respectively

^d Symbols represent: "+" = LHD value significantly higher than the state value; "-" = LHD value significantly lower than the state value; "NS" = LHD value not statistically different than the state value; significant differences based on 95% confidence interval overlap

^e Indicates whether there is a significant difference by gender within the LHD region, based on non-overlapping 95% confidence intervals; note that small sample sizes for males and females can make interpreting significance difficult due to large confidence intervals

^A Reflects a Nebraska Healthy People 2020 (HP2020) measure

* Data suppressed due to a small number of respondents (i.e., fewer than 50)

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS); January 2018

