

BRFSS Detailed Summary Table for Southeast District Health Department Adults 18 and Older, 2011-2016

| Indicators  | Overall        |                        |                                    |                |                  | Men                    |                                    |                |                        |                  | Women                              |                |                        |                                    |                  | LHD Gender Diff. <sup>o</sup> |                |                        |                                    |               |    |     |
|---|----------------|------------------------|------------------------------------|----------------|------------------|------------------------|------------------------------------|----------------|------------------------|------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|-------------------------------|----------------|------------------------|------------------------------------|---------------|----|-----|
|   | Southeast      |                        | State of NE                        |                | Sig <sup>d</sup> | Southeast              |                                    | State of NE    |                        | Sig <sup>d</sup> | Southeast                          |                | State of NE            |                                    | Sig <sup>d</sup> |                               |                |                        |                                    |               |    |     |
|   | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                  | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> |                  | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) |                  |                               | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) |               |    |     |
| <b>General Health Status</b>  |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| General health fair or poor   |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| 2011  | 855            | 16.1%                  | (13.4 - 19.1)                      | 25,347         | 14.3%            | (13.7 - 14.9)          | NS                                 | 327            | 17.9%                  | (13.7 - 23.0)    | 10,198                             | 14.8%          | (13.9 - 15.7)          | NS                                 | 528              | 14.3%                         | (11.3 - 18.0)  | 15,149                 | 13.9%                              | (13.1 - 14.7) | NS | No  |
| 2012  | 577            | 14.1%                  | (10.9 - 18.0)                      | 19,132         | 14.4%            | (13.7 - 15.2)          | NS                                 | 234            | 13.4%                  | (9.1 - 19.5)     | 7,855                              | 14.6%          | (13.5 - 15.7)          | NS                                 | 343              | 14.7%                         | (10.5 - 20.1)  | 11,277                 | 14.3%                              | (13.4 - 15.2) | NS | No  |
| 2013  | 571            | 13.1%                  | (10.4 - 16.5)                      | 17,106         | 13.9%            | (13.1 - 14.8)          | NS                                 | 214            | 12.9%                  | (8.9 - 18.5)     | 6,963                              | 13.4%          | (12.2 - 14.7)          | NS                                 | 357              | 13.4%                         | (10.0 - 17.6)  | 10,143                 | 14.4%                              | (13.3 - 15.6) | NS | No  |
| 2014  | 883            | 15.2%                  | (12.6 - 18.3)                      | 22,370         | 13.2%            | (12.5 - 13.9)          | NS                                 | 383            | 13.8%                  | (10.1 - 18.5)    | 9,585                              | 13.5%          | (12.4 - 14.5)          | NS                                 | 500              | 16.7%                         | (13.3 - 20.9)  | 12,785                 | 12.9%                              | (12.0 - 13.8) | NS | No  |
| 2015  | 667            | 16.2%                  | (12.7 - 20.5)                      | 17,539         | 13.9%            | (13.1 - 14.8)          | NS                                 | 280            | 13.7%                  | (9.4 - 19.7)     | 7,564                              | 13.7%          | (12.5 - 14.9)          | NS                                 | 387              | 18.7%                         | (13.5 - 25.4)  | 9,975                  | 14.2%                              | (13.1 - 15.3) | NS | No  |
| 2016  | 589            | 20.5%                  | (15.9 - 25.9)                      | 15,166         | 14.7%            | (13.8 - 15.6)          | +                                  | 251            | 22.6%                  | (15.9 - 31.1)    | 6,633                              | 13.8%          | (12.6 - 15.1)          | +                                  | 338              | 18.2%                         | (12.6 - 25.6)  | 8,533                  | 15.5%                              | (14.3 - 16.8) | NS | No  |
| Average number of days physical health was not good in past 30 days                           |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| 2011  | 828            | 3.9                    | (3.2 - 4.6)                        | 24,901         | 3.2              | (3.0 - 3.3)            | NS                                 | 321            | 4.1                    | (2.9 - 5.3)      | 10,067                             | 2.9            | (2.7 - 3.1)            | NS                                 | 507              | 3.7                           | (3.0 - 4.5)    | 14,834                 | 3.4                                | (3.2 - 3.6)   | NS | No  |
| 2012  | 566            | 3.0                    | (2.2 - 3.7)                        | 18,819         | 3.2              | (3.1 - 3.4)            | NS                                 | 230            | 2.8                    | (1.6 - 3.9)      | 7,759                              | 2.9            | (2.7 - 3.1)            | NS                                 | 336              | 3.2                           | (2.3 - 4.2)    | 11,060                 | 3.6                                | (3.4 - 3.8)   | NS | No  |
| 2013  | 558            | 3.4                    | (2.7 - 4.0)                        | 16,808         | 3.1              | (2.9 - 3.3)            | NS                                 | 210            | 3.1                    | (2.1 - 4.0)      | 6,877                              | 2.8            | (2.5 - 3.0)            | NS                                 | 348              | 3.7                           | (2.8 - 4.5)    | 9,931                  | 3.4                                | (3.2 - 3.7)   | NS | No  |
| 2014  | 866            | 3.4                    | (2.7 - 4.0)                        | 22,024         | 3.0              | (2.9 - 3.1)            | NS                                 | 379            | 2.9                    | (1.9 - 3.9)      | 9,464                              | 2.8            | (2.6 - 3.0)            | NS                                 | 487              | 3.9                           | (3.1 - 4.7)    | 12,560                 | 3.2                                | (3.0 - 3.4)   | NS | No  |
| 2015  | 654            | 3.3                    | (2.4 - 4.2)                        | 17,315         | 3.1              | (3.0 - 3.3)            | NS                                 | 274            | 2.8                    | (1.6 - 3.9)      | 7,476                              | 2.8            | (2.6 - 3.0)            | NS                                 | 380              | 3.9                           | (2.5 - 5.3)    | 9,839                  | 3.5                                | (3.3 - 3.7)   | NS | No  |
| 2016  | 581            | 4.0                    | (3.0 - 5.1)                        | 14,984         | 3.3              | (3.1 - 3.5)            | NS                                 | 249            | 4.2                    | (2.5 - 6.0)      | 6,561                              | 2.9            | (2.6 - 3.1)            | NS                                 | 332              | 3.8                           | (2.7 - 5.0)    | 8,423                  | 3.7                                | (3.4 - 4.0)   | NS | No  |
| Physical health was not good on 14 or more of the past 30 days                                |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| 2011  | 828            | 12.7%                  | (10.2 - 15.7)                      | 24,901         | 9.6%             | (9.1 - 10.1)           | +                                  | 321            | 13.8%                  | (9.8 - 19.1)     | 10,067                             | 9.0%           | (8.3 - 9.8)            | NS                                 | 507              | 11.6%                         | (9.0 - 14.9)   | 14,834                 | 10.1%                              | (9.4 - 10.8)  | NS | No  |
| 2012  | 566            | 9.5%                   | (6.9 - 13.1)                       | 18,819         | 9.8%             | (9.2 - 10.4)           | NS                                 | 230            | 8.2%                   | (4.9 - 13.4)     | 7,759                              | 8.6%           | (7.8 - 9.5)            | NS                                 | 336              | 10.9%                         | (7.1 - 16.3)   | 11,060                 | 11.0%                              | (10.1 - 11.8) | NS | No  |
| 2013  | 558            | 10.7%                  | (8.4 - 13.5)                       | 16,808         | 9.2%             | (8.5 - 9.9)            | NS                                 | 210            | 9.2%                   | (6.2 - 13.5)     | 6,877                              | 7.9%           | (7.0 - 8.9)            | NS                                 | 348              | 12.2%                         | (9.1 - 16.2)   | 9,931                  | 10.4%                              | (9.4 - 11.5)  | NS | No  |
| 2014  | 866            | 10.2%                  | (8.1 - 12.8)                       | 22,024         | 9.0%             | (8.4 - 9.6)            | NS                                 | 379            | 9.4%                   | (6.3 - 13.6)     | 9,464                              | 8.3%           | (7.4 - 9.1)            | NS                                 | 487              | 11.1%                         | (8.5 - 14.4)   | 12,560                 | 9.7%                               | (9.0 - 10.5)  | NS | No  |
| 2015  | 654            | 11.2%                  | (8.1 - 15.3)                       | 17,315         | 9.6%             | (9.0 - 10.3)           | NS                                 | 274            | 9.6%                   | (5.7 - 15.6)     | 7,476                              | 8.6%           | (7.7 - 9.6)            | NS                                 | 380              | 12.9%                         | (8.5 - 19.2)   | 9,839                  | 10.7%                              | (9.8 - 11.6)  | NS | No  |
| 2016  | 581            | 12.6%                  | (9.2 - 17.0)                       | 14,984         | 9.8%             | (9.1 - 10.6)           | NS                                 | 249            | 12.7%                  | (7.7 - 20.2)     | 6,561                              | 8.4%           | (7.4 - 9.4)            | NS                                 | 332              | 12.5%                         | (8.6 - 17.8)   | 8,423                  | 11.2%                              | (10.2 - 12.3) | NS | No  |
| Average number of days mental health was not good in past 30 days                             |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| 2011  | 838            | 3.2                    | (2.5 - 3.8)                        | 25,036         | 3.1              | (2.9 - 3.2)            | NS                                 | 325            | 2.9                    | (2.0 - 3.9)      | 10,097                             | 2.5            | (2.3 - 2.7)            | NS                                 | 513              | 3.4                           | (2.5 - 4.2)    | 14,939                 | 3.6                                | (3.4 - 3.8)   | NS | No  |
| 2012  | 570            | 2.5                    | (1.9 - 3.1)                        | 18,935         | 3.0              | (2.9 - 3.2)            | NS                                 | 230            | 1.8                    | (1.1 - 2.5)      | 7,786                              | 2.6            | (2.4 - 2.8)            | NS                                 | 340              | 3.2                           | (2.2 - 4.2)    | 11,149                 | 3.5                                | (3.3 - 3.7)   | NS | No  |
| 2013  | 563            | 2.4                    | (1.7 - 3.1)                        | 16,889         | 3.0              | (2.8 - 3.1)            | NS                                 | 213            | 2.2                    | (1.0 - 3.3)      | 6,889                              | 2.3            | (2.1 - 2.6)            | NS                                 | 350              | 2.7                           | (1.9 - 3.5)    | 10,000                 | 3.5                                | (3.3 - 3.8)   | NS | No  |
| 2014  | 872            | 2.9                    | (2.3 - 3.5)                        | 22,132         | 2.8              | (2.6 - 2.9)            | NS                                 | 380            | 2.4                    | (1.5 - 3.2)      | 9,483                              | 2.3            | (2.1 - 2.5)            | NS                                 | 492              | 3.5                           | (2.5 - 4.4)    | 12,649                 | 3.3                                | (3.1 - 3.5)   | NS | No  |
| 2015  | 659            | 2.1                    | (1.5 - 2.7)                        | 17,369         | 2.9              | (2.7 - 3.1)            | -                                  | 275            | 1.1                    | (0.5 - 1.7)      | 7,491                              | 2.3            | (2.1 - 2.6)            | -                                  | 384              | 3.1                           | (2.1 - 4.0)    | 9,878                  | 3.5                                | (3.2 - 3.7)   | NS | Yes |
| 2016  | 581            | 3.6                    | (2.6 - 4.7)                        | 15,035         | 3.2              | (3.0 - 3.4)            | NS                                 | 250            | 3.6                    | (2.0 - 5.2)      | 6,568                              | 2.4            | (2.1 - 2.6)            | NS                                 | 331              | 3.7                           | (2.4 - 4.9)    | 8,467                  | 4.0                                | (3.6 - 4.3)   | NS | No  |
| Mental health was not good on 14 or more of the past 30 days (i.e., frequent mental distress) |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| 2011  | 838            | 9.6%                   | (7.3 - 12.5)                       | 25,036         | 9.2%             | (8.7 - 9.7)            | NS                                 | 325            | 9.7%                   | (6.3 - 14.5)     | 10,097                             | 7.7%           | (7.0 - 8.4)            | NS                                 | 513              | 9.6%                          | (6.8 - 13.4)   | 14,939                 | 10.7%                              | (9.9 - 11.5)  | NS | No  |
| 2012  | 570            | 6.3%                   | (4.5 - 8.9)                        | 18,935         | 9.0%             | (8.4 - 9.7)            | NS                                 | 230            | 3.7%                   | (1.9 - 7.1)      | 7,786                              | 7.4%           | (6.6 - 8.3)            | NS                                 | 340              | 9.0%                          | (6.1 - 13.2)   | 11,149                 | 10.6%                              | (9.7 - 11.5)  | NS | No  |
| 2013  | 563            | 7.0%                   | (4.8 - 10.0)                       | 16,889         | 8.9%             | (8.2 - 9.6)            | NS                                 | 213            | 5.9%                   | (2.9 - 11.6)     | 6,889                              | 6.8%           | (5.9 - 7.9)            | NS                                 | 350              | 8.1%                          | (5.5 - 11.8)   | 10,000                 | 10.9%                              | (9.8 - 12.0)  | NS | No  |
| 2014  | 872            | 8.4%                   | (6.3 - 11.3)                       | 22,132         | 8.2%             | (7.6 - 8.8)            | NS                                 | 380            | 6.5%                   | (3.9 - 10.5)     | 9,483                              | 6.4%           | (5.6 - 7.3)            | NS                                 | 492              | 10.5%                         | (7.3 - 14.9)   | 12,649                 | 9.9%                               | (9.0 - 10.8)  | NS | No  |
| 2015  | 659            | 6.2%                   | (4.2 - 9.1)                        | 17,369         | 8.9%             | (8.2 - 9.6)            | NS                                 | 275            | 2.4%                   | (0.9 - 6.4)      | 7,491                              | 6.9%           | (6.0 - 7.9)            | NS                                 | 384              | 10.0%                         | (6.6 - 15.0)   | 9,878                  | 10.8%                              | (9.8 - 11.9)  | NS | Yes |
| 2016  | 581            | 12.1%                  | (8.8 - 16.6)                       | 15,035         | 9.5%             | (8.7 - 10.4)           | NS                                 | 250            | 12.0%                  | (7.3 - 19.2)     | 6,568                              | 7.0%           | (6.0 - 8.1)            | NS                                 | 331              | 12.3%                         | (8.0 - 18.4)   | 8,467                  | 12.0%                              | (10.8 - 13.3) | NS | No  |
| Average days poor physical or mental health limited usual activities in past 30 days          |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| 2011  | 842            | 2.3                    | (1.7 - 2.9)                        | 25,183         | 1.9              | (1.8 - 2.0)            | NS                                 | 322            | 2.7                    | (1.7 - 3.7)      | 10,136                             | 1.7            | (1.6 - 1.9)            | NS                                 | 520              | 2.0                           | (1.4 - 2.6)    | 15,047                 | 2.0                                | (1.9 - 2.1)   | NS | No  |
| 2012  | 572            | 1.9                    | (1.2 - 2.5)                        | 19,022         | 2.0              | (1.8 - 2.1)            | NS                                 | 232            | 1.7                    | (0.7 - 2.7)      | 7,819                              | 1.7            | (1.5 - 1.9)            | NS                                 | 340              | 2.1                           | (1.3 - 2.8)    | 11,203                 | 2.2                                | (2.0 - 2.4)   | NS | No  |
| 2013  | 567            | 1.9                    | (1.4 - 2.4)                        | 16,986         | 1.9              | (1.7 - 2.0)            | NS                                 | 213            | 1.9                    | (1.1 - 2.6)      | 6,936                              | 1.7            | (1.5 - 1.9)            | NS                                 | 354              | 2.0                           | (1.4 - 2.6)    | 10,050                 | 2.0                                | (1.9 - 2.2)   | NS | No  |
| 2014  | 875            | 1.7                    | (1.2 - 2.1)                        | 22,228         | 1.8              | (1.7 - 1.9)            | NS                                 | 382            | 1.2                    | (0.7 - 1.8)      | 9,541                              | 1.6            | (1.5 - 1.8)            | NS                                 | 493              | 2.1                           | (1.5 - 2.8)    | 12,687                 | 1.9                                | (1.8 - 2.1)   | NS | No  |
| 2015  | 662            | 1.9                    | (1.2 - 2.7)                        | 17,430         | 1.9              | (1.7 - 2.0)            | NS                                 | 278            | 1.4                    | (0.6 - 2.3)      | 7,529                              | 1.6            | (1.4 - 1.8)            | NS                                 | 384              | 2.4                           | (1.2 - 3.7)    | 9,901                  | 2.1                                | (1.9 - 2.3)   | NS | No  |
| 2016  | 584            | 2.5                    | (1.7 - 3.4)                        | 15,084         | 2.0              | (1.8 - 2.2)            | NS                                 | 250            | 2.8                    | (1.5 - 4.1)      | 6,592                              | 1.7            | (1.5 - 1.9)            | NS                                 | 334              | 2.3                           | (1.2 - 3.3)    | 8,492                  | 2.3                                | (2.1 - 2.6)   | NS | No  |
| Poor physical or mental health limited usual activities on 14 or more of the past 30 days     |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| 2011  | 842            | 7.7%                   | (5.7 - 10.2)                       | 25,183         | 5.8%             | (5.4 - 6.2)            | NS                                 | 322            | 8.9%                   | (5.7 - 13.7)     | 10,136                             | 5.4%           | (4.8 - 6.0)            | NS                                 | 520              | 6.5%                          | (4.5 - 9.2)    | 15,047                 | 6.2%                               | (5.7 - 6.8)   | NS | No  |
| 2012  | 572            | 5.9%                   | (3.9 - 8.9)                        | 19,022         | 6.4%             | (5.9 - 6.9)            | NS                                 | 232            | 4.7%                   | (2.2 - 9.8)      | 7,819                              | 5.3%           | (4.7 - 6.0)            | NS                                 | 340              | 7.1%                          | (4.4 - 11.3)   | 11,203                 | 7.4%                               | (6.7 - 8.2)   | NS | No  |
| 2013  | 567            | 6.3%                   | (4.6 - 8.6)                        | 16,986         | 5.8%             | (5.3 - 6.4)            | NS                                 | 213            | 6.0%                   | (3.5 - 9.9)      | 6,936                              | 5.2%           | (4.4 - 6.1)            | NS                                 | 354              | 6.7%                          | (4.5 - 9.7)    | 10,050                 | 6.5%                               | (5.7 - 7.3)   | NS | No  |
| 2014  | 875            | 5.3%                   | (3.9 - 7.2)                        | 22,228         | 5.8%             | (5.4 - 6.4)            | NS                                 | 382            | 3.9%                   | (2.2 - 6.8)      | 9,541                              | 5.3%           | (4.6 - 6.1)            | NS                                 | 493              | 6.7%                          | (4.6 - 9.6)    | 12,687                 | 6.4%                               | (5.7 - 7.1)   | NS | No  |
| 2015  | 662            | 6.0%                   | (3.8 - 9.4)                        | 17,430         | 5.9%             | (5.4 - 6.4)            | NS                                 | 278            | 3.3%                   | (1.4 - 7.4)      | 7,529                              | 5.1%           | (4.5 - 5.9)            | NS                                 | 384              | 8.8%                          | (5.2 - 14.6)   | 9,901                  | 6.6%                               | (6.0 - 7.3)   | NS | No  |
| 2016  | 584            | 8.8%                   | (6.2 - 12.6)                       | 15,084         | 6.2%             | (5.6 - 6.8)            | NS                                 | 250            | 9.6%                   | (5.8 - 15.5)     | 6,592                              | 4.9%           | (4.2 - 5.7)            | +                                  | 334              | 8.0%                          | (4.8 - 13.2)   | 8,492                  | 7.4%                               | (6.6 - 8.5)   | NS | No  |

| Indicators   | Overall        |                        |                                    |                |                        |                                    | Men              |                |                        |                                    |                |                        | Women                              |                  |                |                        |                                    |                | LHD Gender Diff. <sup>e</sup> |                        |                                    |                  |
|--|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|
|  | Southeast      |                        |                                    | State of NE    |                        |                                    | Southeast        |                |                        | State of NE                        |                |                        | Southeast                          |                  |                | State of NE            |                                    |                |                               |                        |                                    |                  |
|  | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                               | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> |
| <b>Health Care Access and Utilization</b>  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| No health care coverage, 18-64 year olds   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011   | 523            | 17.4%                  | (13.9 - 21.5)                      | 16,614         | 19.1%                  | (18.3 - 20.0)                      | NS               | 211            | 16.1%                  | (11.1 - 22.6)                      | 7,107          | 22.0%                  | (20.7 - 23.4)                      | NS               | 312            | 18.7%                  | (14.2 - 24.3)                      | 9,507          | 16.2%                         | (15.2 - 17.3)          | NS                                 | No               |
| 2012   | 331            | 14.1%                  | (10.1 - 19.4)                      | 12,310         | 18.0%                  | (17.0 - 19.0)                      | NS               | 157            | 17.1%                  | (11.0 - 25.6)                      | 5,450          | 20.3%                  | (18.8 - 21.8)                      | NS               | 174            | 10.3%                  | (6.4 - 16.3)                       | 6,860          | 15.7%                         | (14.5 - 17.0)          | NS                                 | No               |
| 2013   | 327            | 14.8%                  | (10.5 - 20.6)                      | 10,939         | 17.6%                  | (16.4 - 18.9)                      | NS               | 134            | 16.4%                  | (10.0 - 25.7)                      | 4,720          | 18.4%                  | (16.6 - 20.4)                      | NS               | 193            | 13.2%                  | (8.2 - 20.7)                       | 6,219          | 16.9%                         | (15.3 - 18.5)          | NS                                 | No               |
| 2014   | 560            | 15.2%                  | (11.2 - 20.2)                      | 14,323         | 15.3%                  | (14.3 - 16.4)                      | NS               | 252            | 20.5%                  | (14.0 - 29.0)                      | 6,443          | 17.0%                  | (15.4 - 18.7)                      | NS               | 308            | 9.5%                   | (6.1 - 14.4)                       | 7,880          | 13.5%                         | (12.3 - 14.9)          | NS                                 | No               |
| 2015   | 417            | 10.8%                  | (7.2 - 15.7)                       | 11,342         | 14.4%                  | (13.3 - 15.5)                      | NS               | 190            | 11.1%                  | (6.2 - 19.0)                       | 5,187          | 15.4%                  | (13.8 - 17.1)                      | NS               | 227            | 10.4%                  | (6.0 - 17.3)                       | 6,155          | 13.4%                         | (12.0 - 14.9)          | NS                                 | No               |
| 2016   | 348            | 10.9%                  | (7.5 - 15.6)                       | 9,749          | 14.7%                  | (13.6 - 16.0)                      | NS               | 158            | 10.0%                  | (5.5 - 17.4)                       | 4,538          | 15.0%                  | (13.3 - 16.9)                      | NS               | 190            | 11.9%                  | (7.4 - 18.5)                       | 5,211          | 14.4%                         | (12.9 - 16.2)          | NS                                 | No               |
| Has health care coverage, 18-64 year olds <sup>a</sup>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011   | 523            | 82.6%                  | (78.5 - 86.1)                      | 16,614         | 80.9%                  | (80.0 - 81.7)                      | NS               | 211            | 83.9%                  | (77.4 - 88.9)                      | 7,107          | 78.0%                  | (76.6 - 79.3)                      | NS               | 312            | 81.3%                  | (75.7 - 85.8)                      | 9,507          | 83.8%                         | (82.7 - 84.8)          | NS                                 | No               |
| 2012   | 331            | 85.9%                  | (80.6 - 89.9)                      | 12,310         | 82.0%                  | (81.0 - 83.0)                      | NS               | 157            | 82.9%                  | (74.4 - 89.0)                      | 5,450          | 79.7%                  | (78.2 - 81.2)                      | NS               | 174            | 89.7%                  | (83.7 - 93.6)                      | 6,860          | 84.3%                         | (83.0 - 85.5)          | NS                                 | No               |
| 2013   | 327            | 85.2%                  | (79.4 - 89.5)                      | 10,939         | 82.4%                  | (81.1 - 83.6)                      | NS               | 134            | 83.6%                  | (74.3 - 90.4)                      | 4,720          | 81.6%                  | (79.6 - 83.4)                      | NS               | 193            | 86.8%                  | (79.3 - 91.8)                      | 6,219          | 83.1%                         | (81.5 - 84.7)          | NS                                 | No               |
| 2014   | 560            | 84.8%                  | (79.8 - 88.8)                      | 14,323         | 84.7%                  | (83.6 - 85.7)                      | NS               | 252            | 79.5%                  | (71.0 - 86.0)                      | 6,443          | 83.0%                  | (81.3 - 84.6)                      | NS               | 308            | 90.5%                  | (85.6 - 93.9)                      | 7,880          | 86.5%                         | (85.1 - 87.7)          | NS                                 | No               |
| 2015   | 417            | 89.2%                  | (84.3 - 92.8)                      | 11,342         | 85.6%                  | (84.5 - 86.7)                      | NS               | 190            | 88.9%                  | (81.0 - 93.8)                      | 5,187          | 84.6%                  | (82.9 - 86.2)                      | NS               | 227            | 89.6%                  | (82.7 - 94.0)                      | 6,155          | 86.6%                         | (85.1 - 88.0)          | NS                                 | No               |
| 2016   | 348            | 89.1%                  | (84.4 - 92.5)                      | 9,749          | 85.3%                  | (84.0 - 86.4)                      | NS               | 158            | 90.0%                  | (82.6 - 94.5)                      | 4,538          | 85.0%                  | (83.1 - 86.7)                      | NS               | 190            | 88.1%                  | (81.5 - 92.6)                      | 5,211          | 85.6%                         | (83.8 - 87.1)          | NS                                 | No               |
| No personal doctor or health care provider   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011   | 854            | 10.1%                  | (7.7 - 13.0)                       | 25,340         | 18.4%                  | (17.6 - 19.1)                      | -                | 326            | 13.7%                  | (9.8 - 18.9)                       | 10,192         | 25.1%                  | (23.8 - 26.3)                      | -                | 528            | 6.6%                   | (4.3 - 9.9)                        | 15,148         | 12.0%                         | (11.1 - 12.8)          | -                                  | No               |
| 2012   | 576            | 12.3%                  | (8.6 - 17.1)                       | 19,132         | 17.2%                  | (16.4 - 18.1)                      | NS               | 233            | 17.7%                  | (11.5 - 26.4)                      | 7,847          | 23.7%                  | (22.3 - 25.1)                      | NS               | 343            | 6.8%                   | (3.9 - 11.5)                       | 11,285         | 11.0%                         | (10.1 - 12.0)          | NS                                 | Yes              |
| 2013   | 571            | 12.5%                  | (9.1 - 17.0)                       | 17,093         | 20.9%                  | (19.8 - 22.0)                      | -                | 213            | 17.2%                  | (11.5 - 24.8)                      | 6,956          | 27.5%                  | (25.7 - 29.4)                      | -                | 358            | 7.9%                   | (4.7 - 13.1)                       | 10,137         | 14.4%                         | (13.2 - 15.7)          | -                                  | No               |
| 2014   | 880            | 11.1%                  | (8.4 - 14.5)                       | 22,354         | 20.2%                  | (19.2 - 21.2)                      | -                | 379            | 13.4%                  | (9.2 - 19.0)                       | 9,569          | 27.0%                  | (25.5 - 28.5)                      | -                | 501            | 8.8%                   | (5.7 - 13.1)                       | 12,785         | 13.6%                         | (12.5 - 14.8)          | NS                                 | No               |
| 2015   | 664            | 10.9%                  | (7.6 - 15.4)                       | 17,509         | 19.7%                  | (18.7 - 20.8)                      | -                | 280            | 16.3%                  | (10.6 - 24.4)                      | 7,542          | 25.7%                  | (24.1 - 27.5)                      | NS               | 384            | 5.4%                   | (3.3 - 8.7)                        | 9,967          | 13.9%                         | (12.7 - 15.2)          | -                                  | Yes              |
| 2016   | 588            | 17.0%                  | (12.7 - 22.3)                      | 15,138         | 19.1%                  | (18.0 - 20.2)                      | NS               | 252            | 18.5%                  | (12.6 - 26.3)                      | 6,617          | 24.5%                  | (22.8 - 26.2)                      | NS               | 336            | 15.5%                  | (9.8 - 23.4)                       | 8,521          | 13.8%                         | (12.5 - 15.2)          | NS                                 | No               |
| Has a personal doctor or health care provider (one or more than one) <sup>a</sup>                          |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011   | 854            | 89.9%                  | (87.0 - 92.3)                      | 25,340         | 81.6%                  | (80.9 - 82.4)                      | +                | 326            | 86.3%                  | (81.1 - 90.2)                      | 10,192         | 74.9%                  | (73.7 - 76.2)                      | +                | 528            | 93.4%                  | (90.1 - 95.7)                      | 15,148         | 88.0%                         | (87.2 - 88.9)          | +                                  | No               |
| 2012   | 576            | 87.7%                  | (82.9 - 91.4)                      | 19,132         | 82.8%                  | (81.9 - 83.6)                      | NS               | 233            | 82.3%                  | (73.6 - 88.5)                      | 7,847          | 76.3%                  | (74.9 - 77.7)                      | NS               | 343            | 93.2%                  | (88.5 - 96.1)                      | 11,285         | 89.0%                         | (88.0 - 89.9)          | NS                                 | Yes              |
| 2013   | 571            | 87.5%                  | (83.0 - 90.9)                      | 17,093         | 79.1%                  | (78.0 - 80.2)                      | +                | 213            | 82.8%                  | (75.2 - 88.5)                      | 6,956          | 72.5%                  | (70.6 - 74.3)                      | +                | 358            | 92.1%                  | (86.9 - 95.3)                      | 10,137         | 85.6%                         | (84.3 - 86.8)          | +                                  | No               |
| 2014   | 880            | 88.9%                  | (85.0 - 91.6)                      | 22,354         | 79.8%                  | (78.8 - 80.8)                      | +                | 379            | 86.6%                  | (81.0 - 90.8)                      | 9,569          | 73.0%                  | (71.5 - 74.5)                      | +                | 501            | 91.2%                  | (86.7 - 94.3)                      | 12,785         | 86.4%                         | (85.2 - 87.5)          | NS                                 | No               |
| 2015   | 664            | 89.1%                  | (84.6 - 92.4)                      | 17,509         | 80.3%                  | (79.2 - 81.3)                      | +                | 280            | 83.7%                  | (75.6 - 89.4)                      | 7,542          | 74.3%                  | (72.5 - 75.9)                      | NS               | 384            | 94.6%                  | (91.3 - 96.7)                      | 9,967          | 86.1%                         | (84.8 - 87.3)          | +                                  | Yes              |
| 2016   | 588            | 83.0%                  | (77.7 - 87.3)                      | 15,138         | 80.9%                  | (79.8 - 82.0)                      | NS               | 252            | 81.5%                  | (73.7 - 87.4)                      | 6,617          | 75.5%                  | (73.8 - 77.2)                      | NS               | 336            | 84.5%                  | (76.6 - 90.2)                      | 8,521          | 86.2%                         | (84.8 - 87.5)          | NS                                 | No               |
| Has a personal doctor or health care provider (one or more than one), aged 65 years and older <sup>a</sup> |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011   | 326            | 96.4%                  | (93.4 - 98.1)                      | 8,584          | 95.7%                  | (95.1 - 96.2)                      | NS               | 113            | 97.3%                  | (92.5 - 99.1)                      | 3,033          | 94.4%                  | (93.4 - 95.3)                      | NS               | 213            | 95.8%                  | (91.1 - 98.0)                      | 5,551          | 96.6%                         | (95.9 - 97.1)          | NS                                 | No               |
| 2012   | 243            | 99.1%                  | (97.2 - 99.7)                      | 6,711          | 95.6%                  | (94.7 - 96.3)                      | +                | 76             | 97.8%                  | (92.4 - 99.4)                      | 2,368          | 93.6%                  | (91.9 - 95.0)                      | NS               | 167            | 99.7%                  | (97.8 - #####)                     | 4,343          | 97.1%                         | (96.3 - 97.7)          | +                                  | No               |
| 2013   | 238            | 92.3%                  | (85.7 - 95.9)                      | 6,015          | 93.9%                  | (92.9 - 94.8)                      | NS               | 78             | 87.5%                  | (74.3 - 94.4)                      | 2,188          | 92.3%                  | (90.4 - 93.8)                      | NS               | 160            | 96.4%                  | (91.8 - 98.4)                      | 3,827          | 95.2%                         | (93.9 - 96.2)          | NS                                 | No               |
| 2014   | 319            | 93.5%                  | (89.4 - 96.1)                      | 7,833          | 95.1%                  | (94.4 - 95.7)                      | NS               | 128            | 93.9%                  | (87.2 - 97.2)                      | 3,057          | 93.5%                  | (92.2 - 94.6)                      | NS               | 191            | 93.1%                  | (86.9 - 96.5)                      | 4,776          | 96.4%                         | (95.7 - 96.9)          | NS                                 | No               |
| 2015   | 240            | 93.4%                  | (86.4 - 96.9)                      | 6,022          | 94.8%                  | (93.9 - 95.5)                      | NS               | 86             | 89.9%                  | (74.9 - 96.4)                      | 2,297          | 93.6%                  | (92.1 - 94.8)                      | NS               | 154            | 96.2%                  | (90.9 - 98.5)                      | 3,725          | 95.7%                         | (94.6 - 96.6)          | NS                                 | No               |
| 2016   | 235            | 96.6%                  | (92.4 - 98.5)                      | 5,270          | 95.1%                  | (94.2 - 95.9)                      | NS               | 90             | 96.8%                  | (86.9 - 99.3)                      | 2,025          | 94.5%                  | (93.1 - 95.6)                      | NS               | 145            | 96.4%                  | (91.5 - 98.5)                      | 3,245          | 95.6%                         | (94.4 - 96.6)          | NS                                 | No               |
| Needed to see a doctor but could not due to cost in past year <sup>a</sup>                                 |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011   | 854            | 11.7%                  | (9.2 - 14.8)                       | 25,350         | 12.5%                  | (11.9 - 13.2)                      | NS               | 326            | 10.1%                  | (6.6 - 15.0)                       | 10,203         | 10.7%                  | (9.9 - 11.6)                       | NS               | 528            | 13.3%                  | (10.0 - 17.5)                      | 15,147         | 14.2%                         | (13.4 - 15.2)          | NS                                 | No               |
| 2012   | 576            | 9.7%                   | (6.8 - 13.6)                       | 19,144         | 12.8%                  | (12.1 - 13.6)                      | NS               | 234            | 10.6%                  | (6.4 - 17.2)                       | 7,859          | 11.1%                  | (10.0 - 12.2)                      | NS               | 342            | 8.8%                   | (5.4 - 14.0)                       | 11,285         | 14.4%                         | (13.4 - 15.5)          | NS                                 | No               |
| 2013   | 572            | 10.1%                  | (6.9 - 14.6)                       | 17,103         | 13.0%                  | (12.1 - 13.9)                      | NS               | 214            | 8.8%                   | (4.4 - 16.9)                       | 6,963          | 10.9%                  | (9.7 - 12.2)                       | NS               | 358            | 11.3%                  | (7.4 - 16.9)                       | 10,140         | 15.0%                         | (13.8 - 16.4)          | NS                                 | No               |
| 2014   | 880            | 9.5%                   | (7.2 - 12.3)                       | 22,359         | 11.8%                  | (11.1 - 12.6)                      | NS               | 381            | 7.4%                   | (4.7 - 11.4)                       | 9,588          | 10.2%                  | (9.1 - 11.3)                       | NS               | 499            | 11.6%                  | (8.3 - 15.9)                       | 12,771         | 13.4%                         | (12.4 - 14.6)          | NS                                 | No               |
| 2015   | 666            | 8.7%                   | (6.2 - 12.2)                       | 17,522         | 11.5%                  | (10.7 - 12.3)                      | NS               | 279            | 7.9%                   | (4.5 - 13.5)                       | 7,559          | 9.8%                   | (8.7 - 11.1)                       | NS               | 387            | 9.6%                   | (6.2 - 14.4)                       | 9,963          | 13.1%                         | (12.0 - 14.3)          | NS                                 | No               |
| 2016   | 586            | 12.7%                  | (9.4 - 16.9)                       | 15,156         | 12.1%                  | (11.2 - 13.1)                      | NS               | 250            | 12.6%                  | (8.1 - 19.1)                       | 6,623          | 10.1%                  | (8.9 - 11.4)                       | NS               | 336            | 12.8%                  | (8.5 - 18.8)                       | 8,533          | 14.0%                         | (12.7 - 15.5)          | NS                                 | No               |
| Had a routine checkup in past year   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011   | 846            | 59.2%                  | (55.2 - 63.1)                      | 24,983         | 57.7%                  | (56.8 - 58.7)                      | NS               | 323            | 57.2%                  | (50.9 - 63.3)                      | 10,049         | 50.6%                  | (49.2 - 52.0)                      | NS               | 523            | 61.1%                  | (55.9 - 66.0)                      | 14,934         | 64.6%                         | (63.4 - 65.8)          | NS                                 | No               |
| 2012   | 572            | 57.3%                  | (51.7 - 62.6)                      | 18,929         | 60.4%                  | (59.4 - 61.4)                      | NS               | 232            | 52.9%                  | (44.3 - 61.3)                      | 7,789          | 55.0%                  | (53.5 - 56.6)                      | NS               | 340            | 61.6%                  | (54.7 - 68.1)                      | 11,140         | 65.6%                         | (64.3 - 66.9)          | NS                                 | No               |
| 2013   | 562            | 61.2%                  | (55.8 - 66.3)                      | 16,919         | 61.6%                  | (60.4 - 62.8)                      | NS               | 212            | 54.9%                  | (46.7 - 62.8)                      | 6,899          | 56.2%                  | (54.3 - 58.1)                      | NS               | 350            | 67.5%                  | (60.8 - 73.6)                      | 10,020         | 66.8%                         | (65.3 - 68.4)          | NS                                 | No               |
| 2014   | 873            | 61.8%                  | (57.4 - 66.1)                      | 22,090         | 63.3%                  | (62.3 - 64.4)                      | NS               | 382            | 59.9%                  | (53.2 - 66.2)                      | 9,488          | 57.7%                  | (56.1 - 59.3)                      | NS               | 491            | 63.8%                  | (57.9 - 69.4)                      | 12,602         | 68.8%                         | (67.4 - 70.2)          | NS                                 | No               |
| 2015   | 659            | 65.8%                  | (60.2 - 71.1)                      | 17,331         | 63.9%                  | (62.8 - 65.1)                      | NS               | 278            | 66.4%                  | (57.8 - 74.0)                      | 7,470          | 58.7%                  | (56.9 - 60.5)                      | NS               | 381            | 65.3%                  | (57.8 - 72.1)                      | 9,861          | 69.1%                         | (67.5 - 70.6)          | NS                                 | No               |
| 2016   | 586            | 64.7%                  | (59.0 - 70.0)                      | 15,060         | 65.4%                  | (64.1 - 66.6)                      | NS               | 251            | 62.4%                  | (53.7 - 70.4)                      | 6,582          | 60.6%                  | (58.7 - 62.5)                      | NS               | 335            | 67.0%                  | (59.4 - 73.8)                      | 8,478          | 70.0%                         | (68.4 - 71.6)          | NS                                 | No               |

| Indicators  | Overall        |                        |                                    |                |                        |                                    | Men              |                |                        |                                    |                |                        | Women                              |                  |                |                        |                                    |                | LHD Gender Diff. <sup>e</sup> |                        |                                    |                  |
|---|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|
|   | Southeast      |                        |                                    | State of NE    |                        |                                    | Southeast        |                |                        | State of NE                        |                |                        | Southeast                          |                  |                | State of NE            |                                    |                |                               |                        |                                    |                  |
|   | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                               | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> |
| <b>Heart Disease and Stroke</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| Ever told they had a heart attack   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 853            | 5.9%                   | (4.2 - 8.0)                        | 25,292         | 4.3%                   | (4.0 - 4.7)                        | NS               | 327            | 7.5%                   | (4.7 - 11.8)                       | 10,194         | 5.7%                   | (5.2 - 6.3)                        | NS               | 526            | 4.3%                   | (2.9 - 6.1)                        | 15,098         | 2.9%                          | (2.6 - 3.3)            | NS                                 | No               |
| 2012  | 573            | 6.5%                   | (4.6 - 9.1)                        | 19,102         | 4.1%                   | (3.7 - 4.4)                        | +                | 234            | 7.1%                   | (4.4 - 11.2)                       | 7,842          | 5.3%                   | (4.8 - 6.0)                        | NS               | 339            | 5.9%                   | (3.6 - 9.5)                        | 11,260         | 2.9%                          | (2.5 - 3.2)            | +                                  | No               |
| 2013  | 570            | 3.7%                   | (2.4 - 5.5)                        | 17,035         | 4.0%                   | (3.6 - 4.4)                        | NS               | 213            | 5.2%                   | (3.0 - 8.7)                        | 6,925          | 5.2%                   | (4.6 - 5.9)                        | NS               | 357            | 2.1%                   | (1.1 - 4.0)                        | 10,110         | 2.9%                          | (2.4 - 3.4)            | NS                                 | No               |
| 2014  | 882            | 6.0%                   | (4.5 - 8.1)                        | 22,309         | 3.8%                   | (3.5 - 4.2)                        | +                | 382            | 6.8%                   | (4.4 - 10.4)                       | 9,541          | 5.1%                   | (4.6 - 5.6)                        | NS               | 500            | 5.2%                   | (3.6 - 7.6)                        | 12,768         | 2.6%                          | (2.3 - 3.0)            | +                                  | No               |
| 2015  | 663            | 4.2%                   | (2.7 - 6.6)                        | 17,455         | 3.9%                   | (3.5 - 4.3)                        | NS               | 279            | 5.0%                   | (2.7 - 8.9)                        | 7,530          | 5.3%                   | (4.7 - 6.0)                        | NS               | 384            | 3.4%                   | (1.6 - 7.0)                        | 9,925          | 2.5%                          | (2.2 - 2.9)            | NS                                 | No               |
| 2016  | 585            | 6.6%                   | (4.5 - 9.5)                        | 15,111         | 4.0%                   | (3.6 - 4.4)                        | +                | 250            | 7.9%                   | (4.7 - 13.1)                       | 6,598          | 5.0%                   | (4.4 - 5.6)                        | NS               | 335            | 5.2%                   | (3.2 - 8.4)                        | 8,513          | 3.0%                          | (2.6 - 3.6)            | NS                                 | No               |
| Ever told they have coronary heart disease  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 842            | 4.2%                   | (3.1 - 5.6)                        | 25,121         | 3.9%                   | (3.6 - 4.2)                        | NS               | 325            | 5.2%                   | (3.3 - 8.1)                        | 10,110         | 4.8%                   | (4.4 - 5.3)                        | NS               | 517            | 3.3%                   | (2.1 - 5.0)                        | 15,011         | 3.1%                          | (2.7 - 3.4)            | NS                                 | No               |
| 2012  | 567            | 5.1%                   | (3.5 - 7.5)                        | 18,988         | 3.9%                   | (3.6 - 4.3)                        | NS               | 229            | 5.6%                   | (3.2 - 9.5)                        | 7,796          | 4.9%                   | (4.4 - 5.5)                        | NS               | 338            | 4.7%                   | (2.7 - 8.1)                        | 11,192         | 3.0%                          | (2.6 - 3.4)            | NS                                 | No               |
| 2013  | 563            | 3.8%                   | (2.4 - 5.9)                        | 16,942         | 4.1%                   | (3.7 - 4.5)                        | NS               | 210            | 5.7%                   | (3.3 - 9.7)                        | 6,884          | 5.1%                   | (4.5 - 5.8)                        | NS               | 353            | 1.9%                   | (0.9 - 4.1)                        | 10,058         | 3.0%                          | (2.6 - 3.6)            | NS                                 | No               |
| 2014  | 878            | 5.5%                   | (4.0 - 7.7)                        | 22,202         | 3.9%                   | (3.6 - 4.3)                        | NS               | 380            | 7.7%                   | (5.0 - 11.7)                       | 9,509          | 4.8%                   | (4.3 - 5.4)                        | NS               | 498            | 3.3%                   | (2.1 - 5.2)                        | 12,693         | 3.1%                          | (2.7 - 3.5)            | NS                                 | No               |
| 2015  | 663            | 5.7%                   | (3.8 - 8.4)                        | 17,403         | 4.0%                   | (3.6 - 4.3)                        | NS               | 278            | 5.1%                   | (2.9 - 8.9)                        | 7,503          | 5.0%                   | (4.4 - 5.7)                        | NS               | 385            | 6.3%                   | (3.6 - 10.8)                       | 9,900          | 2.9%                          | (2.6 - 3.3)            | +                                  | No               |
| 2016  | 584            | 4.3%                   | (2.8 - 6.7)                        | 15,078         | 3.8%                   | (3.4 - 4.2)                        | NS               | 251            | 4.8%                   | (2.5 - 8.8)                        | 6,590          | 4.4%                   | (3.9 - 5.0)                        | NS               | 333            | 3.9%                   | (2.1 - 7.0)                        | 8,488          | 3.1%                          | (2.7 - 3.7)            | NS                                 | No               |
| Ever told they had a heart attack or coronary heart disease                         |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 842            | 8.1%                   | (6.2 - 10.5)                       | 25,158         | 6.4%                   | (6.0 - 6.7)                        | NS               | 326            | 10.5%                  | (7.2 - 15.0)                       | 10,143         | 8.0%                   | (7.4 - 8.7)                        | NS               | 516            | 5.8%                   | (4.2 - 8.0)                        | 15,015         | 4.8%                          | (4.4 - 5.2)            | NS                                 | No               |
| 2012  | 571            | 8.6%                   | (6.4 - 11.5)                       | 18,998         | 6.2%                   | (5.8 - 6.6)                        | NS               | 233            | 10.6%                  | (7.1 - 15.5)                       | 7,806          | 7.8%                   | (7.1 - 8.5)                        | NS               | 338            | 6.5%                   | (4.1 - 10.2)                       | 11,192         | 4.6%                          | (4.2 - 5.1)            | NS                                 | No               |
| 2013  | 561            | 5.9%                   | (4.1 - 8.2)                        | 16,935         | 6.2%                   | (5.7 - 6.7)                        | NS               | 209            | 8.0%                   | (5.1 - 12.4)                       | 6,882          | 7.7%                   | (7.0 - 8.6)                        | NS               | 352            | 3.7%                   | (2.2 - 6.2)                        | 10,053         | 4.6%                          | (4.1 - 5.3)            | NS                                 | No               |
| 2014  | 879            | 8.7%                   | (6.7 - 11.1)                       | 22,180         | 6.0%                   | (5.6 - 6.4)                        | +                | 381            | 10.9%                  | (7.6 - 15.4)                       | 9,493          | 7.4%                   | (6.8 - 8.1)                        | NS               | 498            | 6.4%                   | (4.6 - 8.9)                        | 12,687         | 4.6%                          | (4.1 - 5.0)            | NS                                 | No               |
| 2015  | 662            | 7.5%                   | (5.4 - 10.5)                       | 17,383         | 5.8%                   | (5.4 - 6.3)                        | NS               | 279            | 7.6%                   | (4.8 - 11.9)                       | 7,503          | 7.5%                   | (6.7 - 8.3)                        | NS               | 383            | 7.5%                   | (4.6 - 12.0)                       | 9,880          | 4.3%                          | (3.9 - 4.8)            | NS                                 | No               |
| 2016  | 580            | 7.8%                   | (5.5 - 10.8)                       | 15,021         | 5.8%                   | (5.4 - 6.3)                        | NS               | 249            | 9.0%                   | (5.5 - 14.3)                       | 6,558          | 6.9%                   | (6.2 - 7.7)                        | NS               | 331            | 6.5%                   | (4.1 - 10.1)                       | 8,463          | 4.7%                          | (4.1 - 5.3)            | NS                                 | No               |
| Ever told they had a stroke   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 851            | 3.3%                   | (2.3 - 4.6)                        | 25,355         | 2.6%                   | (2.4 - 2.9)                        | NS               | 326            | 2.8%                   | (1.6 - 4.9)                        | 10,209         | 2.4%                   | (2.1 - 2.8)                        | NS               | 525            | 3.8%                   | (2.5 - 5.6)                        | 15,146         | 2.8%                          | (2.5 - 3.2)            | NS                                 | No               |
| 2012  | 573            | 2.0%                   | (1.2 - 3.3)                        | 19,118         | 2.4%                   | (2.2 - 2.7)                        | NS               | 234            | 2.1%                   | (1.0 - 4.2)                        | 7,851          | 2.7%                   | (2.3 - 3.1)                        | NS               | 339            | 2.0%                   | (1.0 - 4.0)                        | 11,267         | 2.2%                          | (1.9 - 2.6)            | NS                                 | No               |
| 2013  | 570            | 3.0%                   | (1.9 - 4.6)                        | 17,080         | 2.5%                   | (2.2 - 2.8)                        | NS               | 213            | 3.2%                   | (1.6 - 6.4)                        | 6,954          | 2.2%                   | (1.9 - 2.6)                        | NS               | 357            | 2.8%                   | (1.5 - 5.2)                        | 10,126         | 2.8%                          | (2.4 - 3.3)            | NS                                 | No               |
| 2014  | 884            | 2.9%                   | (1.9 - 4.5)                        | 22,359         | 2.6%                   | (2.4 - 2.9)                        | NS               | 383            | 2.3%                   | (1.2 - 4.4)                        | 9,576          | 2.7%                   | (2.3 - 3.1)                        | NS               | 501            | 3.6%                   | (2.0 - 6.3)                        | 12,783         | 2.6%                          | (2.2 - 3.0)            | NS                                 | No               |
| 2015  | 664            | 5.2%                   | (3.4 - 7.8)                        | 17,509         | 2.5%                   | (2.3 - 2.9)                        | +                | 279            | 5.8%                   | (3.1 - 10.4)                       | 7,550          | 2.7%                   | (2.2 - 3.1)                        | NS               | 385            | 4.6%                   | (2.7 - 7.8)                        | 9,959          | 2.4%                          | (2.1 - 2.8)            | NS                                 | No               |
| 2016  | 590            | 2.7%                   | (1.5 - 4.9)                        | 15,154         | 2.8%                   | (2.5 - 3.2)                        | NS               | 252            | 2.8%                   | (1.1 - 7.0)                        | 6,627          | 2.6%                   | (2.1 - 3.1)                        | NS               | 338            | 2.6%                   | (1.3 - 5.3)                        | 8,527          | 3.0%                          | (2.5 - 3.6)            | NS                                 | No               |
| <b>Blood Pressure and Cholesterol</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| Had blood pressure checked in past year   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2012  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2013  | 252            | 90.5%                  | (84.5 - 94.3)                      | 7,804          | 84.6%                  | (83.1 - 86.0)                      | NS               | 94             | 87.9%                  | (76.2 - 94.3)                      | 3,150          | 81.2%                  | (78.8 - 83.4)                      | NS               | 158            | 92.5%                  | (85.5 - 96.2)                      | 4,654          | 87.8%                         | (85.8 - 89.5)          | NS                                 | No               |
| 2014  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2015  | 261            | 88.5%                  | (82.3 - 92.8)                      | 7,947          | 88.0%                  | (86.6 - 89.2)                      | NS               | 106            | 86.5%                  | (74.9 - 93.3)                      | 3,461          | 85.2%                  | (83.1 - 87.1)                      | NS               | 155            | 90.1%                  | (82.3 - 94.6)                      | 4,486          | 90.6%                         | (88.8 - 92.2)          | NS                                 | No               |
| 2016  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| Ever told they have high blood pressure (excluding pregnancy) <sup>a</sup>          |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 850            | 34.6%                  | (31.1 - 38.3)                      | 25,356         | 28.5%                  | (27.8 - 29.3)                      | +                | 325            | 33.8%                  | (28.4 - 39.6)                      | 10,212         | 30.3%                  | (29.1 - 31.5)                      | NS               | 525            | 35.4%                  | (31.0 - 40.0)                      | 15,144         | 26.9%                         | (25.9 - 27.9)          | +                                  | No               |
| 2012  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2013  | 569            | 31.7%                  | (27.5 - 36.3)                      | 17,085         | 30.3%                  | (29.2 - 31.4)                      | NS               | 212            | 33.8%                  | (27.1 - 41.2)                      | 6,956          | 32.5%                  | (30.8 - 34.1)                      | NS               | 357            | 29.6%                  | (24.6 - 35.1)                      | 10,129         | 28.2%                         | (26.9 - 29.6)          | NS                                 | No               |
| 2014  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2015  | 665            | 31.0%                  | (26.5 - 36.0)                      | 17,515         | 29.9%                  | (28.9 - 30.9)                      | NS               | 279            | 31.5%                  | (24.9 - 38.9)                      | 7,546          | 32.6%                  | (31.1 - 34.2)                      | NS               | 386            | 30.6%                  | (24.6 - 37.4)                      | 9,969          | 27.2%                         | (26.0 - 28.5)          | NS                                 | No               |
| 2016  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| Currently taking blood pressure medication, among those ever told they have high BP |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 352            | 82.1%                  | (76.4 - 86.6)                      | 9,505          | 77.9%                  | (76.5 - 79.2)                      | NS               | 132            | 78.3%                  | (68.7 - 85.6)                      | 3,877          | 72.0%                  | (69.8 - 74.1)                      | NS               | 220            | 85.5%                  | (78.9 - 90.3)                      | 5,628          | 84.2%                         | (82.5 - 85.7)          | NS                                 | No               |
| 2012  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2013  | 228            | 78.1%                  | (69.5 - 84.8)                      | 6,747          | 78.5%                  | (76.6 - 80.3)                      | NS               | 91             | 68.3%                  | (54.9 - 79.3)                      | 2,828          | 73.1%                  | (70.2 - 75.9)                      | NS               | 137            | 89.4%                  | (81.9 - 94.1)                      | 3,919          | 84.5%                         | (82.3 - 86.4)          | NS                                 | Yes              |
| 2014  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2015  | 246            | 86.2%                  | (76.4 - 92.3)                      | 6,685          | 77.8%                  | (75.9 - 79.6)                      | NS               | 104            | 88.5%                  | (78.1 - 94.3)                      | 3,016          | 73.0%                  | (70.1 - 75.7)                      | +                | 142            | 83.8%                  | (65.8 - 93.3)                      | 3,669          | 83.4%                         | (80.9 - 85.6)          | NS                                 | No               |
| 2016  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |

| Indicators  | Overall        |                        |                                    |                |                        |                                    | Men              |                |                        |                                    |                |                        | Women                              |                  |                |                        |                                    |                | LHD Gender Diff. <sup>e</sup> |                        |                                    |                  |
|---|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|
|   | Southeast      |                        |                                    | State of NE    |                        |                                    | Southeast        |                |                        | State of NE                        |                |                        | Southeast                          |                  |                | State of NE            |                                    |                |                               |                        |                                    |                  |
|   | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                               | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> |
| <b>Diabetes</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| Ever told they have diabetes (excluding pregnancy) <sup>a</sup> |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 855            | 10.7%                  | (8.8 - 13.0)                       | 25,393         | 8.4%                   | (7.9 - 8.8)                        | NS               | 327            | 10.4%                  | (7.5 - 14.3)                       | 10,222         | 8.6%                   | (7.9 - 9.3)                        | NS               | 528            | 11.0%                  | (8.7 - 13.9)                       | 15,171         | 8.2%                          | (7.6 - 8.8)            | NS                                 | No               |
| 2012  | 576            | 10.3%                  | (7.9 - 13.4)                       | 19,156         | 8.1%                   | (7.6 - 8.6)                        | NS               | 234            | 10.7%                  | (7.2 - 15.6)                       | 7,861          | 8.3%                   | (7.6 - 9.1)                        | NS               | 342            | 10.0%                  | (6.9 - 14.3)                       | 11,295         | 7.9%                          | (7.3 - 8.5)            | NS                                 | No               |
| 2013  | 571            | 8.1%                   | (6.0 - 10.7)                       | 17,110         | 9.2%                   | (8.5 - 9.9)                        | NS               | 213            | 8.7%                   | (5.6 - 13.3)                       | 6,968          | 10.1%                  | (9.0 - 11.2)                       | NS               | 358            | 7.5%                   | (5.1 - 10.7)                       | 10,142         | 8.3%                          | (7.5 - 9.2)            | NS                                 | No               |
| 2014  | 884            | 11.6%                  | (9.4 - 14.4)                       | 22,388         | 9.2%                   | (8.6 - 9.7)                        | NS               | 383            | 13.2%                  | (9.6 - 17.8)                       | 9,598          | 9.7%                   | (8.9 - 10.6)                       | NS               | 501            | 10.1%                  | (7.5 - 13.4)                       | 12,790         | 8.6%                          | (7.9 - 9.3)            | NS                                 | No               |
| 2015  | 667            | 12.0%                  | (9.0 - 15.9)                       | 17,547         | 8.8%                   | (8.2 - 9.4)                        | NS               | 280            | 13.8%                  | (8.9 - 20.6)                       | 7,565          | 9.0%                   | (8.2 - 9.9)                        | NS               | 387            | 10.3%                  | (7.3 - 14.3)                       | 9,982          | 8.6%                          | (7.8 - 9.3)            | NS                                 | No               |
| 2016  | 589            | 8.7%                   | (6.3 - 11.9)                       | 15,171         | 8.8%                   | (8.2 - 9.5)                        | NS               | 252            | 10.6%                  | (6.7 - 16.3)                       | 6,630          | 8.7%                   | (7.8 - 9.7)                        | NS               | 337            | 6.7%                   | (4.4 - 10.2)                       | 8,541          | 8.9%                          | (8.1 - 9.8)            | NS                                 | No               |
| Ever told they have pre-diabetes (excluding pregnancy)          |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2012  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2013  | 291            | 4.4%                   | (2.6 - 7.4)                        | 8,549          | 5.5%                   | (4.8 - 6.3)                        | NS               | 106            | 4.6%                   | (2.0 - 10.1)                       | 3,452          | 5.9%                   | (4.8 - 7.2)                        | NS               | 185            | 4.2%                   | (2.1 - 8.4)                        | 5,097          | 5.1%                          | (4.1 - 6.2)            | NS                                 | No               |
| 2014  | 398            | 5.0%                   | (2.9 - 8.4)                        | 11,165         | 5.8%                   | (5.1 - 6.5)                        | NS               | 173            | 6.7%                   | (3.4 - 13.1)                       | 4,723          | 5.8%                   | (4.8 - 6.9)                        | NS               | 225            | 3.2%                   | (1.4 - 7.3)                        | 6,442          | 5.7%                          | (4.9 - 6.7)            | NS                                 | No               |
| 2015  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2016  | 585            | 6.3%                   | (4.2 - 9.3)                        | 14,986         | 6.0%                   | (5.5 - 6.6)                        | NS               | 248            | 6.8%                   | (3.8 - 11.7)                       | 6,547          | 5.3%                   | (4.6 - 6.2)                        | NS               | 337            | 5.8%                   | (3.3 - 10.0)                       | 8,439          | 6.7%                          | (5.9 - 7.6)            | NS                                 | No               |
| <b>Cancer</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| Ever told they have skin cancer                                 |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 854            | 6.3%                   | (4.8 - 8.1)                        | 25,359         | 5.6%                   | (5.3 - 6.0)                        | NS               | 327            | 7.3%                   | (5.0 - 10.5)                       | 10,205         | 6.3%                   | (5.8 - 6.8)                        | NS               | 527            | 5.3%                   | (3.8 - 7.5)                        | 15,154         | 5.0%                          | (4.6 - 5.5)            | NS                                 | No               |
| 2012  | 574            | 6.2%                   | (4.5 - 8.5)                        | 19,133         | 5.6%                   | (5.2 - 6.0)                        | NS               | 232            | 6.6%                   | (4.2 - 10.1)                       | 7,859          | 5.8%                   | (5.3 - 6.4)                        | NS               | 342            | 5.8%                   | (3.6 - 9.2)                        | 11,274         | 5.4%                          | (4.9 - 6.0)            | NS                                 | No               |
| 2013  | 571            | 7.9%                   | (6.0 - 10.4)                       | 17,087         | 5.9%                   | (5.5 - 6.3)                        | NS               | 213            | 7.8%                   | (5.1 - 11.7)                       | 6,956          | 6.3%                   | (5.7 - 7.1)                        | NS               | 358            | 8.1%                   | (5.6 - 11.5)                       | 10,131         | 5.4%                          | (4.9 - 6.0)            | NS                                 | No               |
| 2014  | 882            | 7.5%                   | (5.7 - 9.8)                        | 22,370         | 5.7%                   | (5.4 - 6.1)                        | NS               | 382            | 7.3%                   | (4.8 - 10.9)                       | 9,586          | 5.9%                   | (5.4 - 6.5)                        | NS               | 500            | 7.7%                   | (5.3 - 11.2)                       | 12,784         | 5.6%                          | (5.1 - 6.1)            | NS                                 | No               |
| 2015  | 666            | 5.6%                   | (3.9 - 7.8)                        | 17,512         | 6.0%                   | (5.6 - 6.4)                        | NS               | 280            | 5.1%                   | (3.0 - 8.8)                        | 7,556          | 6.4%                   | (5.7 - 7.0)                        | NS               | 386            | 6.0%                   | (3.9 - 9.1)                        | 9,956          | 5.6%                          | (5.1 - 6.2)            | NS                                 | No               |
| 2016  | 589            | 8.2%                   | (5.9 - 11.3)                       | 15,150         | 5.5%                   | (5.0 - 5.9)                        | NS               | 252            | 8.5%                   | (5.3 - 13.6)                       | 6,616          | 5.8%                   | (5.1 - 6.5)                        | NS               | 337            | 7.9%                   | (5.1 - 12.0)                       | 8,534          | 5.2%                          | (4.6 - 5.8)            | NS                                 | No               |
| Ever told they have cancer other than skin cancer               |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 855            | 9.4%                   | (7.5 - 11.6)                       | 25,369         | 6.6%                   | (6.2 - 7.0)                        | +                | 327            | 7.7%                   | (5.2 - 11.1)                       | 10,219         | 5.0%                   | (4.6 - 5.5)                        | NS               | 528            | 11.0%                  | (8.5 - 14.1)                       | 15,150         | 8.1%                          | (7.5 - 8.6)            | NS                                 | No               |
| 2012  | 575            | 7.1%                   | (5.3 - 9.6)                        | 19,136         | 6.5%                   | (6.0 - 6.9)                        | NS               | 234            | 3.8%                   | (1.9 - 7.7)                        | 7,858          | 5.0%                   | (4.5 - 5.6)                        | NS               | 341            | 10.5%                  | (7.6 - 14.3)                       | 11,278         | 7.9%                          | (7.2 - 8.5)            | NS                                 | No               |
| 2013  | 570            | 8.2%                   | (6.0 - 11.2)                       | 17,104         | 6.8%                   | (6.3 - 7.3)                        | NS               | 213            | 7.6%                   | (4.6 - 12.3)                       | 6,965          | 5.6%                   | (5.0 - 6.4)                        | NS               | 357            | 8.9%                   | (5.9 - 13.0)                       | 10,139         | 8.0%                          | (7.3 - 8.8)            | NS                                 | No               |
| 2014  | 883            | 6.9%                   | (5.3 - 8.8)                        | 22,380         | 6.1%                   | (5.7 - 6.5)                        | NS               | 383            | 4.1%                   | (2.6 - 6.3)                        | 9,590          | 4.6%                   | (4.1 - 5.1)                        | NS               | 500            | 9.7%                   | (7.2 - 13.1)                       | 12,790         | 7.6%                          | (7.0 - 8.3)            | NS                                 | Yes              |
| 2015  | 667            | 9.1%                   | (6.6 - 12.4)                       | 17,524         | 6.9%                   | (6.4 - 7.3)                        | NS               | 280            | 5.8%                   | (3.1 - 10.7)                       | 7,557          | 5.2%                   | (4.6 - 5.8)                        | NS               | 387            | 12.5%                  | (8.6 - 17.7)                       | 9,967          | 8.5%                          | (7.8 - 9.2)            | NS                                 | No               |
| 2016  | 590            | 6.5%                   | (4.5 - 9.2)                        | 15,165         | 6.9%                   | (6.3 - 7.4)                        | NS               | 252            | 7.1%                   | (4.1 - 12.2)                       | 6,629          | 5.5%                   | (4.9 - 6.2)                        | NS               | 338            | 5.8%                   | (3.7 - 8.9)                        | 8,536          | 8.2%                          | (7.4 - 9.0)            | NS                                 | No               |
| Ever told they have cancer (in any form)                        |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 854            | 14.0%                  | (11.8 - 16.6)                      | 25,315         | 11.2%                  | (10.7 - 11.7)                      | +                | 327            | 13.3%                  | (10.1 - 17.5)                      | 10,192         | 10.1%                  | (9.5 - 10.8)                       | NS               | 527            | 14.7%                  | (11.8 - 18.0)                      | 15,123         | 12.2%                         | (11.5 - 12.9)          | NS                                 | No               |
| 2012  | 573            | 12.2%                  | (9.7 - 15.3)                       | 19,100         | 10.8%                  | (10.3 - 11.4)                      | NS               | 232            | 10.2%                  | (6.9 - 14.8)                       | 7,846          | 9.6%                   | (8.9 - 10.4)                       | NS               | 341            | 14.2%                  | (10.7 - 18.7)                      | 11,254         | 11.9%                         | (11.2 - 12.7)          | NS                                 | No               |
| 2013  | 570            | 14.4%                  | (11.5 - 17.9)                      | 17,062         | 11.4%                  | (10.8 - 12.1)                      | NS               | 213            | 13.9%                  | (9.8 - 19.3)                       | 6,946          | 10.6%                  | (9.7 - 11.6)                       | NS               | 357            | 14.9%                  | (11.1 - 19.7)                      | 10,116         | 12.3%                         | (11.4 - 13.2)          | NS                                 | No               |
| 2014  | 881            | 12.9%                  | (10.6 - 15.7)                      | 22,338         | 10.7%                  | (10.2 - 11.2)                      | NS               | 382            | 10.2%                  | (7.3 - 14.0)                       | 9,568          | 9.3%                   | (8.6 - 10.0)                       | NS               | 499            | 15.7%                  | (12.3 - 19.9)                      | 12,770         | 12.1%                         | (11.4 - 12.9)          | NS                                 | No               |
| 2015  | 666            | 13.4%                  | (10.4 - 17.0)                      | 17,481         | 11.6%                  | (11.0 - 12.2)                      | NS               | 280            | 10.9%                  | (7.1 - 16.3)                       | 7,541          | 10.2%                  | (9.5 - 11.1)                       | NS               | 386            | 15.9%                  | (11.7 - 21.3)                      | 9,940          | 12.9%                         | (12.1 - 13.8)          | NS                                 | No               |
| 2016  | 589            | 13.4%                  | (10.4 - 17.1)                      | 15,132         | 11.2%                  | (10.6 - 11.9)                      | NS               | 252            | 15.2%                  | (10.5 - 21.5)                      | 6,607          | 10.1%                  | (9.3 - 11.1)                       | NS               | 337            | 11.6%                  | (8.3 - 16.1)                       | 8,525          | 12.3%                         | (11.3 - 13.3)          | NS                                 | No               |

| Indicators   | Overall        |                        |                                    |                |                        |                                    | Men              |                |                        |                                    |                |                        | Women                              |                  |                |                        |                                    |                | LHD Gender Diff. <sup>e</sup> |                        |                                    |                  |
|--|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|
|  | Southeast      |                        |                                    | State of NE    |                        |                                    | Southeast        |                |                        | State of NE                        |                |                        | Southeast                          |                  |                | State of NE            |                                    |                |                               |                        |                                    |                  |
|  | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                               | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> |
| <b>Up-to-date on colon cancer screening, 50-75 year olds<sup>a</sup></b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2012   | 277            | 52.1%                  | (45.1 - 59.0)                      | 9,022          | 61.1%                  | (59.6 - 62.5)                      | -                | 112            | 55.5%                  | (44.4 - 66.0)                      | 3,733          | 58.4%                  | (56.1 - 60.6)                      | NS               | 165            | 49.5%                  | (40.5 - 58.5)                      | 5,289          | 63.6%                         | (61.7 - 65.4)          | -                                  | No               |
| 2013   | 256            | 63.5%                  | (56.6 - 70.0)                      | 7,979          | 62.8%                  | (61.1 - 64.4)                      | NS               | 106            | 66.5%                  | (55.9 - 75.6)                      | 3,275          | 61.0%                  | (58.5 - 63.6)                      | NS               | 150            | 60.0%                  | (51.2 - 68.2)                      | 4,704          | 64.4%                         | (62.2 - 66.6)          | NS                                 | No               |
| 2014   | 455            | 60.9%                  | (55.0 - 66.4)                      | 10,646         | 64.1%                  | (62.8 - 65.5)                      | NS               | 211            | 55.7%                  | (47.1 - 64.0)                      | 4,681          | 63.0%                  | (61.0 - 65.1)                      | NS               | 244            | 66.7%                  | (59.0 - 73.6)                      | 5,965          | 65.2%                         | (63.4 - 67.0)          | NS                                 | No               |
| 2015   | 327            | 65.4%                  | (58.5 - 71.8)                      | 8,007          | 65.2%                  | (63.6 - 66.7)                      | NS               | 145            | 66.4%                  | (55.7 - 75.6)                      | 3,446          | 63.7%                  | (61.3 - 66.1)                      | NS               | 182            | 64.3%                  | (55.3 - 72.4)                      | 4,561          | 66.6%                         | (64.6 - 68.5)          | NS                                 | No               |
| 2016   | 287            | 59.4%                  | (52.1 - 66.4)                      | 7,036          | 66.0%                  | (64.3 - 67.6)                      | NS               | 122            | 53.8%                  | (42.5 - 64.7)                      | 3,073          | 65.2%                  | (62.8 - 67.6)                      | NS               | 165            | 64.7%                  | (55.5 - 72.9)                      | 3,963          | 66.7%                         | (64.5 - 68.9)          | NS                                 | No               |
| <b>Up-to-date on breast cancer screening, female 50-74 year olds<sup>a</sup></b>                                   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2012   | 163            | 62.1%                  | (52.5 - 70.8)                      | 5,200          | 74.9%                  | (73.2 - 76.5)                      | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | 163            | 62.1%                  | (52.5 - 70.8)                      | 5,200          | 74.9%                         | (73.2 - 76.5)          | -                                  | NA               |
| 2013   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2014   | 243            | 74.4%                  | (67.4 - 80.3)                      | 5,904          | 76.1%                  | (74.5 - 77.7)                      | NS               | -              | -                      | -                                  | -              | -                      | -                                  | -                | 243            | 74.4%                  | (67.4 - 80.3)                      | 5,904          | 76.1%                         | (74.5 - 77.7)          | NS                                 | NA               |
| 2015   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2016   | 158            | 66.0%                  | (56.5 - 74.3)                      | 3,914          | 73.4%                  | (71.3 - 75.4)                      | NS               | -              | -                      | -                                  | -              | -                      | -                                  | -                | 158            | 66.0%                  | (56.5 - 74.3)                      | 3,914          | 73.4%                         | (71.3 - 75.4)          | NS                                 | NA               |
| <b>Up-to-date on cervical cancer screening, female 21-65 year olds<sup>a</sup></b>                                 |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2012   | 134            | 67.5%                  | (56.0 - 77.3)                      | 5,055          | 83.9%                  | (82.5 - 85.2)                      | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | 134            | 67.5%                  | (56.0 - 77.3)                      | 5,055          | 83.9%                         | (82.5 - 85.2)          | -                                  | NA               |
| 2013   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2014   | 225            | 81.7%                  | (75.5 - 86.6)                      | 5,779          | 81.7%                  | (80.0 - 83.3)                      | NS               | -              | -                      | -                                  | -              | -                      | -                                  | -                | 225            | 81.7%                  | (75.5 - 86.6)                      | 5,779          | 81.7%                         | (80.0 - 83.3)          | NS                                 | NA               |
| 2015   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2016   | 159            | 74.2%                  | (64.8 - 81.8)                      | 3,814          | 77.7%                  | (75.5 - 79.8)                      | NS               | -              | -                      | -                                  | -              | -                      | -                                  | -                | 159            | 74.2%                  | (64.8 - 81.8)                      | 3,814          | 77.7%                         | (75.5 - 79.8)          | NS                                 | NA               |
| <b>Arthritis</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| <b>Ever told they have arthritis</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011   | 851            | 31.7%                  | (28.3 - 35.4)                      | 25,285         | 23.4%                  | (22.8 - 24.1)                      | +                | 326            | 26.2%                  | (21.2 - 31.9)                      | 10,184         | 20.1%                  | (19.2 - 21.1)                      | +                | 525            | 37.0%                  | (32.5 - 41.8)                      | 15,101         | 26.6%                         | (25.7 - 27.6)          | +                                  | Yes              |
| 2012   | 574            | 30.2%                  | (26.0 - 34.8)                      | 19,089         | 24.6%                  | (23.8 - 25.4)                      | +                | 233            | 27.7%                  | (21.6 - 34.9)                      | 7,839          | 21.5%                  | (20.3 - 22.6)                      | NS               | 341            | 32.8%                  | (27.3 - 38.7)                      | 11,250         | 27.7%                         | (26.6 - 28.8)          | NS                                 | No               |
| 2013   | 567            | 28.5%                  | (24.5 - 33.0)                      | 17,017         | 24.7%                  | (23.8 - 25.7)                      | NS               | 212            | 24.2%                  | (18.5 - 31.1)                      | 6,925          | 21.6%                  | (20.2 - 23.0)                      | NS               | 355            | 32.9%                  | (27.6 - 38.7)                      | 10,092         | 27.8%                         | (26.5 - 29.2)          | NS                                 | No               |
| 2014   | 876            | 30.9%                  | (27.2 - 34.8)                      | 22,307         | 24.6%                  | (23.8 - 25.4)                      | +                | 381            | 26.0%                  | (20.7 - 32.1)                      | 9,560          | 21.6%                  | (20.5 - 22.8)                      | NS               | 495            | 35.8%                  | (30.9 - 41.1)                      | 12,747         | 27.4%                         | (26.3 - 28.6)          | +                                  | No               |
| 2015   | 665            | 28.4%                  | (24.1 - 33.1)                      | 17,472         | 23.4%                  | (22.6 - 24.3)                      | NS               | 279            | 24.7%                  | (18.8 - 31.9)                      | 7,540          | 19.7%                  | (18.5 - 20.9)                      | NS               | 386            | 32.2%                  | (26.3 - 38.7)                      | 9,932          | 27.1%                         | (25.9 - 28.4)          | NS                                 | No               |
| 2016   | 588            | 31.0%                  | (26.3 - 36.1)                      | 15,137         | 24.6%                  | (23.6 - 25.6)                      | +                | 252            | 27.7%                  | (21.3 - 35.1)                      | 6,622          | 21.7%                  | (20.3 - 23.2)                      | NS               | 336            | 34.4%                  | (27.9 - 41.6)                      | 8,515          | 27.4%                         | (26.0 - 28.8)          | NS                                 | No               |
| <b>Currently have activity limitations due to arthritis, among those ever told they have arthritis<sup>a</sup></b> |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011   | 308            | 51.3%                  | (44.6 - 57.9)                      | 7,973          | 45.2%                  | (43.6 - 46.8)                      | NS               | 91             | 48.5%                  | (36.5 - 60.6)                      | 2,711          | 42.6%                  | (40.0 - 45.2)                      | NS               | 217            | 53.2%                  | (45.6 - 60.5)                      | 5,262          | 47.1%                         | (45.1 - 49.2)          | NS                                 | No               |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2013   | 198            | 37.7%                  | (30.4 - 45.6)                      | 5,460          | 42.4%                  | (40.3 - 44.6)                      | NS               | 62             | 32.5%                  | (21.1 - 46.3)                      | 1,861          | 41.0%                  | (37.4 - 44.6)                      | NS               | 136            | 41.5%                  | (32.8 - 50.9)                      | 3,599          | 43.5%                         | (40.8 - 46.2)          | NS                                 | No               |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2015   | 210            | 42.2%                  | (33.6 - 51.3)                      | 5,146          | 44.0%                  | (41.9 - 46.1)                      | NS               | 72             | 39.0%                  | (25.8 - 54.1)                      | 1,852          | 41.9%                  | (38.6 - 45.3)                      | NS               | 138            | 44.8%                  | (34.3 - 55.8)                      | 3,294          | 45.5%                         | (42.9 - 48.1)          | NS                                 | No               |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| <b>Asthma</b>  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| <b>Ever told they have asthma</b>  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011   | 852            | 10.5%                  | (8.2 - 13.3)                       | 25,327         | 11.5%                  | (10.9 - 12.1)                      | NS               | 326            | 9.7%                   | (6.5 - 14.4)                       | 10,194         | 10.5%                  | (9.6 - 11.3)                       | NS               | 526            | 11.2%                  | (8.2 - 15.0)                       | 15,133         | 12.4%                         | (11.6 - 13.3)          | NS                                 | No               |
| 2012   | 574            | 8.5%                   | (6.2 - 11.7)                       | 19,105         | 10.8%                  | (10.2 - 11.5)                      | NS               | 234            | 7.9%                   | (4.8 - 12.7)                       | 7,847          | 9.7%                   | (8.8 - 10.7)                       | NS               | 340            | 9.1%                   | (6.0 - 13.7)                       | 11,258         | 11.9%                         | (11.1 - 12.9)          | NS                                 | No               |
| 2013   | 571            | 10.4%                  | (7.5 - 14.2)                       | 17,068         | 11.2%                  | (10.5 - 12.0)                      | NS               | 214            | 11.3%                  | (7.3 - 17.2)                       | 6,946          | 9.6%                   | (8.6 - 10.8)                       | NS               | 357            | 9.4%                   | (5.8 - 15.0)                       | 10,122         | 12.8%                         | (11.7 - 13.9)          | NS                                 | No               |
| 2014   | 883            | 9.6%                   | (7.4 - 12.2)                       | 22,355         | 12.2%                  | (11.5 - 13.0)                      | NS               | 383            | 7.5%                   | (4.8 - 11.5)                       | 9,583          | 10.8%                  | (9.8 - 11.9)                       | NS               | 500            | 11.6%                  | (8.6 - 15.6)                       | 12,772         | 13.6%                         | (12.6 - 14.7)          | NS                                 | No               |
| 2015   | 663            | 11.6%                  | (8.7 - 15.3)                       | 17,492         | 12.1%                  | (11.3 - 12.9)                      | NS               | 280            | 7.9%                   | (4.8 - 12.8)                       | 7,554          | 10.7%                  | (9.6 - 12.0)                       | NS               | 383            | 15.5%                  | (11.0 - 21.3)                      | 9,938          | 13.4%                         | (12.3 - 14.5)          | NS                                 | No               |
| 2016   | 590            | 11.8%                  | (8.4 - 16.4)                       | 15,144         | 12.4%                  | (11.5 - 13.4)                      | NS               | 252            | 8.2%                   | (5.0 - 13.2)                       | 6,622          | 10.4%                  | (9.2 - 11.8)                       | NS               | 338            | 15.5%                  | (9.9 - 23.4)                       | 8,522          | 14.3%                         | (13.1 - 15.7)          | NS                                 | No               |
| <b>Currently have asthma</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011   | 850            | 7.4%                   | (5.5 - 9.9)                        | 25,257         | 7.3%                   | (6.9 - 7.8)                        | NS               | 325            | 5.9%                   | (3.5 - 9.8)                        | 10,170         | 6.0%                   | (5.4 - 6.7)                        | NS               | 525            | 8.9%                   | (6.3 - 12.5)                       | 15,087         | 8.6%                          | (8.0 - 9.4)            | NS                                 | No               |
| 2012   | 572            | 5.4%                   | (3.8 - 7.8)                        | 19,053         | 7.4%                   | (6.9 - 7.9)                        | NS               | 234            | 4.9%                   | (2.8 - 8.3)                        | 7,832          | 6.1%                   | (5.4 - 6.9)                        | NS               | 338            | 6.0%                   | (3.7 - 9.7)                        | 11,221         | 8.7%                          | (7.9 - 9.4)            | NS                                 | No               |
| 2013   | 570            | 6.9%                   | (4.6 - 10.2)                       | 17,024         | 7.3%                   | (6.7 - 8.0)                        | NS               | 214            | 9.1%                   | (5.4 - 14.9)                       | 6,930          | 5.5%                   | (4.8 - 6.4)                        | NS               | 356            | 4.7%                   | (2.5 - 8.7)                        | 10,094         | 9.1%                          | (8.2 - 10.0)           | NS                                 | No               |
| 2014   | 880            | 5.9%                   | (4.4 - 8.0)                        | 22,289         | 7.7%                   | (7.2 - 8.3)                        | NS               | 382            | 5.1%                   | (3.1 - 8.2)                        | 9,562          | 6.2%                   | (5.5 - 7.0)                        | NS               | 498            | 6.8%                   | (4.6 - 9.9)                        | 12,727         | 9.2%                          | (8.4 - 10.1)           | NS                                 | No               |
| 2015   | 661            | 8.4%                   | (6.0 - 11.6)                       | 17,435         | 7.2%                   | (6.6 - 7.8)                        | NS               | 279            | 5.1%                   | (2.8 - 9.1)                        | 7,533          | 5.4%                   | (4.7 - 6.2)                        | NS               | 382            | 11.8%                  | (7.8 - 17.3)                       | 9,902          | 8.9%                          | (8.0 - 9.9)            | NS                                 | No               |
| 2016   | 589            | 8.0%                   | (5.5 - 11.5)                       | 15,116         | 8.3%                   | (7.5 - 9.1)                        | NS               | 251            | 5.6%                   | (3.1 - 10.2)                       | 6,609          | 6.1%                   | (5.2 - 7.1)                        | NS               | 338            | 10.3%                  | (6.4 - 16.2)                       | 8,507          | 10.4%                         | (9.3 - 11.6)           | NS                                 | No               |

| Indicators  | Overall        |                        |                                    |                |                        |                                    | Men              |                |                        |                                    |                |                        | Women                              |                  |                |                        |                                    |                | LHD Gender Diff. <sup>e</sup> |                        |                                    |                  |
|---|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|
|   | Southeast      |                        |                                    | State of NE    |                        |                                    | Southeast        |                |                        | State of NE                        |                |                        | Southeast                          |                  |                | State of NE            |                                    |                |                               |                        |                                    |                  |
|   | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                               | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> |
| <b>Chronic Obstructive Pulmonary Disease (COPD)</b>                     |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| Ever told they have COPD  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 850            | 6.7%                   | (5.0 - 8.9)                        | 25,280         | 5.0%                   | (4.6 - 5.3)                        | NS               | 324            | 6.6%                   | (4.2 - 10.0)                       | 10,171         | 4.4%                   | (3.9 - 4.9)                        | NS               | 526            | 6.9%                   | (4.7 - 10.0)                       | 15,109         | 5.5%                          | (5.0 - 6.0)            | NS                                 | No               |
| 2012  | 571            | 4.5%                   | (3.1 - 6.6)                        | 19,075         | 5.3%                   | (4.9 - 5.8)                        | NS               | 233            | 3.8%                   | (2.2 - 6.4)                        | 7,832          | 4.7%                   | (4.1 - 5.3)                        | NS               | 338            | 5.3%                   | (3.2 - 8.8)                        | 11,243         | 6.0%                          | (5.4 - 6.6)            | NS                                 | No               |
| 2013  | 569            | 6.6%                   | (4.6 - 9.3)                        | 17,035         | 5.3%                   | (4.9 - 5.8)                        | NS               | 213            | 7.2%                   | (4.5 - 11.3)                       | 6,932          | 4.8%                   | (4.2 - 5.5)                        | NS               | 356            | 6.0%                   | (3.5 - 10.0)                       | 10,103         | 5.8%                          | (5.2 - 6.6)            | NS                                 | No               |
| 2014  | 879            | 7.4%                   | (5.6 - 9.6)                        | 22,313         | 5.8%                   | (5.3 - 6.2)                        | NS               | 381            | 7.3%                   | (4.9 - 10.8)                       | 9,555          | 5.5%                   | (4.9 - 6.2)                        | NS               | 498            | 7.4%                   | (5.1 - 10.5)                       | 12,758         | 6.1%                          | (5.5 - 6.7)            | NS                                 | No               |
| 2015  | 664            | 6.8%                   | (4.8 - 9.6)                        | 17,466         | 5.4%                   | (5.0 - 5.9)                        | NS               | 280            | 7.1%                   | (4.1 - 11.9)                       | 7,536          | 4.8%                   | (4.2 - 5.4)                        | NS               | 384            | 6.6%                   | (4.3 - 10.1)                       | 9,930          | 6.1%                          | (5.5 - 6.7)            | NS                                 | No               |
| 2016  | 587            | 8.0%                   | (5.8 - 11.1)                       | 15,119         | 5.8%                   | (5.3 - 6.4)                        | NS               | 251            | 11.2%                  | (7.4 - 16.7)                       | 6,612          | 5.1%                   | (4.4 - 6.0)                        | +                | 336            | 4.8%                   | (2.8 - 8.1)                        | 8,507          | 6.5%                          | (5.7 - 7.4)            | NS                                 | No               |
| <b>Kidney Disease</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| Ever told they have kidney disease                                      |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 853            | 2.0%                   | (1.3 - 3.1)                        | 25,345         | 2.2%                   | (2.0 - 2.4)                        | NS               | 326            | 1.7%                   | (0.8 - 3.7)                        | 10,208         | 2.1%                   | (1.8 - 2.5)                        | NS               | 527            | 2.3%                   | (1.3 - 3.8)                        | 15,137         | 2.2%                          | (2.0 - 2.5)            | NS                                 | No               |
| 2012  | 574            | 2.5%                   | (1.5 - 4.1)                        | 19,122         | 2.4%                   | (2.2 - 2.7)                        | NS               | 234            | 1.7%                   | (0.6 - 4.4)                        | 7,850          | 2.2%                   | (1.8 - 2.6)                        | NS               | 340            | 3.4%                   | (1.9 - 5.8)                        | 11,272         | 2.7%                          | (2.3 - 3.1)            | NS                                 | No               |
| 2013  | 569            | 2.0%                   | (1.1 - 3.6)                        | 17,080         | 2.0%                   | (1.8 - 2.3)                        | NS               | 212            | 2.0%                   | (0.7 - 5.3)                        | 6,953          | 1.9%                   | (1.5 - 2.4)                        | NS               | 357            | 1.9%                   | (0.9 - 4.0)                        | 10,127         | 2.1%                          | (1.8 - 2.6)            | NS                                 | No               |
| 2014  | 879            | 3.3%                   | (2.2 - 4.9)                        | 22,362         | 2.1%                   | (1.9 - 2.4)                        | NS               | 380            | 2.6%                   | (1.3 - 5.3)                        | 9,586          | 2.0%                   | (1.7 - 2.4)                        | NS               | 499            | 4.0%                   | (2.5 - 6.3)                        | 12,776         | 2.3%                          | (2.0 - 2.6)            | NS                                 | No               |
| 2015  | 666            | 1.8%                   | (0.8 - 3.8)                        | 17,502         | 2.4%                   | (2.1 - 2.7)                        | NS               | 280            | 1.4%                   | (0.4 - 5.6)                        | 7,550          | 2.2%                   | (1.8 - 2.7)                        | NS               | 386            | 2.1%                   | (0.8 - 5.1)                        | 9,952          | 2.5%                          | (2.1 - 2.9)            | NS                                 | No               |
| 2016  | 590            | 1.9%                   | (1.1 - 3.3)                        | 15,150         | 2.8%                   | (2.4 - 3.2)                        | NS               | 252            | 1.0%                   | (0.4 - 2.7)                        | 6,624          | 2.2%                   | (1.8 - 2.8)                        | NS               | 338            | 2.9%                   | (1.6 - 5.4)                        | 8,526          | 3.4%                          | (2.8 - 4.0)            | NS                                 | No               |
| <b>Tobacco &amp; E-Cigarettes</b>                                       |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| Current cigarette smoking <sup>a</sup>                                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 854            | 20.8%                  | (17.5 - 24.6)                      | 25,324         | 20.0%                  | (19.3 - 20.7)                      | NS               | 326            | 22.2%                  | (17.1 - 28.2)                      | 10,189         | 22.1%                  | (21.0 - 23.3)                      | NS               | 528            | 19.5%                  | (15.4 - 24.4)                      | 15,135         | 17.9%                         | (17.0 - 18.9)          | NS                                 | No               |
| 2012  | 572            | 19.5%                  | (15.3 - 24.6)                      | 18,985         | 19.7%                  | (18.9 - 20.6)                      | NS               | 231            | 26.0%                  | (18.8 - 34.7)                      | 7,801          | 21.4%                  | (20.1 - 22.7)                      | NS               | 341            | 13.2%                  | (9.4 - 18.2)                       | 11,184         | 18.1%                         | (17.0 - 19.2)          | NS                                 | Yes              |
| 2013  | 555            | 16.7%                  | (13.1 - 21.1)                      | 16,687         | 18.5%                  | (17.5 - 19.5)                      | NS               | 212            | 19.7%                  | (14.0 - 27.0)                      | 6,790          | 19.8%                  | (18.3 - 21.4)                      | NS               | 343            | 13.6%                  | (9.6 - 19.0)                       | 9,897          | 17.2%                         | (15.9 - 18.5)          | NS                                 | No               |
| 2014  | 864            | 16.4%                  | (13.4 - 20.0)                      | 21,729         | 17.3%                  | (16.5 - 18.2)                      | NS               | 376            | 17.1%                  | (12.8 - 22.4)                      | 9,311          | 18.5%                  | (17.3 - 19.9)                      | NS               | 488            | 15.8%                  | (11.9 - 20.7)                      | 12,418         | 16.2%                         | (15.1 - 17.3)          | NS                                 | No               |
| 2015  | 650            | 18.3%                  | (14.3 - 23.2)                      | 17,079         | 17.1%                  | (16.2 - 18.1)                      | NS               | 270            | 18.3%                  | (12.5 - 26.0)                      | 7,355          | 18.4%                  | (17.0 - 19.9)                      | NS               | 380            | 18.4%                  | (13.0 - 25.4)                      | 9,724          | 15.8%                         | (14.7 - 17.1)          | NS                                 | No               |
| 2016  | 580            | 24.1%                  | (19.2 - 29.9)                      | 14,790         | 17.0%                  | (16.0 - 18.1)                      | +                | 248            | 28.8%                  | (21.2 - 37.8)                      | 6,463          | 18.6%                  | (17.1 - 20.3)                      | +                | 332            | 19.4%                  | (13.6 - 26.9)                      | 8,327          | 15.4%                         | (14.1 - 16.8)          | NS                                 | No               |
| Attempted to quit smoking in past year, among current cigarette smokers |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 141            | 60.1%                  | (50.6 - 68.9)                      | 4,195          | 55.6%                  | (53.5 - 57.7)                      | NS               | 61             | 58.3%                  | (44.1 - 71.3)                      | 1,914          | 53.4%                  | (50.4 - 56.3)                      | NS               | 80             | 62.0%                  | (49.4 - 73.2)                      | 2,281          | 58.3%                         | (55.4 - 61.2)          | NS                                 | No               |
| 2012  | 91             | 45.9%                  | (32.9 - 59.5)                      | 3,023          | 57.1%                  | (54.7 - 59.6)                      | NS               | 44             | -*                     | -*                                 | 1,406          | 55.2%                  | (51.7 - 58.7)                      | NA               | 47             | -*                     | -*                                 | 1,617          | 59.3%                         | (55.9 - 62.7)          | NA                                 | NA               |
| 2013  | 78             | 46.2%                  | (33.4 - 59.4)                      | 2,546          | 57.1%                  | (54.1 - 60.2)                      | NS               | 36             | -*                     | -*                                 | 1,147          | 55.9%                  | (51.5 - 60.3)                      | NA               | 42             | -*                     | -*                                 | 1,399          | 58.5%                         | (54.3 - 62.6)          | NA                                 | NA               |
| 2014  | 123            | 57.8%                  | (46.9 - 68.0)                      | 3,241          | 58.2%                  | (55.5 - 60.9)                      | NS               | 61             | 51.7%                  | (36.7 - 66.5)                      | 1,489          | 57.9%                  | (54.0 - 61.8)                      | NS               | 62             | 64.5%                  | (49.1 - 77.4)                      | 1,752          | 58.5%                         | (54.6 - 62.2)          | NS                                 | No               |
| 2015  | 98             | 46.3%                  | (32.6 - 60.6)                      | 2,476          | 59.1%                  | (56.1 - 62.0)                      | NS               | 45             | -*                     | -*                                 | 1,145          | 59.2%                  | (54.8 - 63.5)                      | NA               | 53             | 50.0%                  | (31.3 - 68.7)                      | 1,331          | 58.9%                         | (54.8 - 62.9)          | NS                                 | NA               |
| 2016  | 117            | 56.6%                  | (43.9 - 68.5)                      | 2,181          | 54.6%                  | (51.2 - 58.0)                      | NS               | 57             | 58.3%                  | (41.4 - 73.5)                      | 1,049          | 52.7%                  | (47.9 - 57.5)                      | NS               | 60             | 53.9%                  | (35.2 - 71.6)                      | 1,132          | 56.9%                         | (52.1 - 61.5)          | NS                                 | No               |
| Current smokeless tobacco use <sup>a</sup>                              |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 855            | 7.1%                   | (5.1 - 9.8)                        | 25,406         | 5.6%                   | (5.2 - 6.0)                        | NS               | 327            | 14.1%                  | (10.2 - 19.3)                      | 10,231         | 10.5%                  | (9.7 - 11.4)                       | NS               | 528            | 0.4%                   | (0.1 - 2.1)                        | 15,175         | 0.8%                          | (0.6 - 1.0)            | NS                                 | Yes              |
| 2012  | 573            | 7.2%                   | (4.5 - 11.3)                       | 19,041         | 5.1%                   | (4.6 - 5.6)                        | NS               | 232            | 13.9%                  | (8.6 - 21.5)                       | 7,828          | 9.5%                   | (8.7 - 10.5)                       | NS               | 341            | 0.6%                   | (0.2 - 1.8)                        | 11,213         | 0.8%                          | (0.6 - 1.2)            | NS                                 | Yes              |
| 2013  | 554            | 6.7%                   | (4.3 - 10.4)                       | 16,732         | 5.3%                   | (4.7 - 5.9)                        | NS               | 211            | 12.6%                  | (8.0 - 19.4)                       | 6,813          | 10.1%                  | (9.0 - 11.2)                       | NS               | 343            | 0.8%                   | (0.2 - 2.8)                        | 9,919          | 0.7%                          | (0.5 - 0.9)            | NS                                 | Yes              |
| 2014  | 868            | 7.2%                   | (5.1 - 10.0)                       | 21,797         | 4.7%                   | (4.2 - 5.1)                        | NS               | 378            | 13.6%                  | (9.7 - 18.9)                       | 9,340          | 8.5%                   | (7.7 - 9.3)                        | +                | 490            | 0.6%                   | (0.2 - 2.1)                        | 12,457         | 1.0%                          | (0.7 - 1.3)            | NS                                 | Yes              |
| 2015  | 653            | 8.8%                   | (5.7 - 13.5)                       | 17,123         | 5.5%                   | (4.9 - 6.1)                        | NS               | 271            | 16.0%                  | (10.2 - 24.2)                      | 7,372          | 9.9%                   | (8.9 - 11.1)                       | NS               | 382            | 1.8%                   | (0.4 - 7.5)                        | 9,751          | 1.1%                          | (0.8 - 1.6)            | NS                                 | Yes              |
| 2016  | 580            | 4.9%                   | (3.0 - 7.8)                        | 14,830         | 5.7%                   | (5.1 - 6.2)                        | NS               | 248            | 9.1%                   | (5.5 - 14.7)                       | 6,478          | 10.5%                  | (9.5 - 11.7)                       | NS               | 332            | 0.5%                   | (0.1 - 2.1)                        | 8,352          | 0.9%                          | (0.6 - 1.3)            | NS                                 | Yes              |
| Has rule not allowing smoking anywhere inside their home                |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2012  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2013  | 246            | 91.4%                  | (86.0 - 94.8)                      | 7,750          | 88.7%                  | (87.4 - 89.8)                      | NS               | 87             | 89.0%                  | (77.9 - 94.9)                      | 3,121          | 88.3%                  | (86.2 - 90.0)                      | NS               | 159            | 93.1%                  | (87.2 - 96.4)                      | 4,629          | 89.1%                         | (87.5 - 90.5)          | NS                                 | No               |
| 2014  | 388            | 86.9%                  | (81.1 - 91.1)                      | 10,582         | 89.0%                  | (87.9 - 90.0)                      | NS               | 170            | 86.1%                  | (76.2 - 92.3)                      | 4,448          | 87.9%                  | (86.1 - 89.5)                      | NS               | 218            | 87.6%                  | (80.5 - 92.4)                      | 6,134          | 90.0%                         | (88.6 - 91.2)          | NS                                 | No               |
| 2015  | 329            | 88.3%                  | (82.2 - 92.5)                      | 7,816          | 90.1%                  | (88.9 - 91.1)                      | NS               | 140            | 81.5%                  | (69.7 - 89.5)                      | 3,261          | 89.2%                  | (87.2 - 90.9)                      | NS               | 189            | 93.5%                  | (88.0 - 96.6)                      | 4,555          | 90.9%                         | (89.6 - 92.1)          | NS                                 | No               |
| 2016  | 281            | 89.9%                  | (85.1 - 93.3)                      | 7,109          | 90.8%                  | (89.6 - 91.8)                      | NS               | 115            | 88.3%                  | (78.9 - 93.8)                      | 3,122          | 91.2%                  | (89.8 - 92.5)                      | NS               | 166            | 91.1%                  | (85.3 - 94.8)                      | 3,987          | 90.4%                         | (88.5 - 92.0)          | NS                                 | No               |
| Lifetime e-cigarette use  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2012  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2013  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2014  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2015  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2016  | 579            | 24.3%                  | (19.2 - 30.3)                      | 14,819         | 22.6%                  | (21.4 - 23.9)                      | NS               | 248            | 26.1%                  | (18.6 - 35.2)                      | 6,474          | 25.1%                  | (23.3 - 27.0)                      | NS               | 331            | 22.6%                  | (15.9 - 30.9)                      | 8,345          | 20.2%                         | (18.7 - 21.9)          | NS                                 | No               |

| Indicators   | Overall        |                        |                                    |                |                        |                                    | Men              |                |                        |                                    |                |                        | Women                              |                  |                |                        |                                    |                | LHD Gender Diff. <sup>e</sup> |                        |                                    |                  |   |
|--|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|---|
|  | Southeast      |                        |                                    | State of NE    |                        |                                    | Southeast        |                |                        | State of NE                        |                |                        | Southeast                          |                  |                | State of NE            |                                    |                |                               |                        |                                    |                  |   |
|  | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                               | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> |   |
| Current e-cigarette use  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2013   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2016   | 579            | 2.8%                   | (1.4 - 5.3)                        | 14,819         | 4.9%                   | (4.3 - 5.6)                        | NS               | 248            | 3.8%                   | (1.7 - 8.6)                        | 6,474          | 5.3%                   | (4.5 - 6.4)                        | NS               | 331            | 1.7%                   | (0.6 - 4.7)                        | 8,345          | 4.5%                          | (3.7 - 5.6)            | NS                                 | No               |   |
| <b>Overweight and Obesity</b>  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| Obese (BMI=30+) <sup>^</sup>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | 825            | 33.8%                  | (30.1 - 37.8)                      | 24,366         | 28.4%                  | (27.6 - 29.2)                      | +                | 321            | 36.6%                  | (30.7 - 42.9)                      | 10,102         | 29.2%                  | (28.0 - 30.4)                      | +                | 504            | 31.1%                  | (26.6 - 35.9)                      | 14,264         | 27.6%                         | (26.5 - 28.8)          | NS                                 | No               |   |
| 2012   | 550            | 33.4%                  | (28.4 - 38.7)                      | 18,385         | 28.6%                  | (27.7 - 29.6)                      | NS               | 233            | 36.8%                  | (29.2 - 45.1)                      | 7,781          | 29.2%                  | (27.9 - 30.6)                      | NS               | 317            | 29.6%                  | (23.6 - 36.4)                      | 10,604         | 28.1%                         | (26.8 - 29.3)          | NS                                 | No               |   |
| 2013   | 547            | 31.8%                  | (27.2 - 36.7)                      | 16,250         | 29.6%                  | (28.4 - 30.7)                      | NS               | 214            | 29.5%                  | (23.2 - 36.8)                      | 6,860          | 30.8%                  | (29.1 - 32.5)                      | NS               | 333            | 34.2%                  | (28.0 - 41.0)                      | 9,390          | 28.4%                         | (26.9 - 29.9)          | NS                                 | No               |   |
| 2014   | 828            | 36.1%                  | (32.0 - 40.5)                      | 21,130         | 30.2%                  | (29.2 - 31.3)                      | +                | 381            | 40.7%                  | (34.5 - 47.3)                      | 9,399          | 31.7%                  | (30.2 - 33.2)                      | +                | 447            | 30.9%                  | (25.8 - 36.5)                      | 11,731         | 28.7%                         | (27.4 - 30.1)          | NS                                 | No               |   |
| 2015   | 613            | 34.3%                  | (29.3 - 39.5)                      | 16,265         | 31.4%                  | (30.3 - 32.5)                      | NS               | 273            | 37.6%                  | (30.2 - 45.7)                      | 7,323          | 32.9%                  | (31.3 - 34.6)                      | NS               | 340            | 30.4%                  | (24.4 - 37.1)                      | 8,942          | 29.8%                         | (28.3 - 31.3)          | NS                                 | No               |   |
| 2016   | 559            | 36.1%                  | (30.8 - 41.9)                      | 14,173         | 32.0%                  | (30.8 - 33.2)                      | NS               | 246            | 39.2%                  | (31.1 - 48.0)                      | 6,460          | 32.6%                  | (30.8 - 34.3)                      | NS               | 313            | 32.7%                  | (26.4 - 39.7)                      | 7,713          | 31.4%                         | (29.7 - 33.1)          | NS                                 | No               |   |
| Overweight or Obese (BMI=25+)  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | 825            | 67.0%                  | (62.9 - 70.8)                      | 24,366         | 64.9%                  | (64.0 - 65.8)                      | NS               | 321            | 75.4%                  | (69.4 - 80.6)                      | 10,102         | 72.8%                  | (71.5 - 74.1)                      | NS               | 504            | 58.7%                  | (53.4 - 63.8)                      | 14,264         | 56.8%                         | (55.5 - 58.1)          | NS                                 | Yes              |   |
| 2012   | 550            | 72.7%                  | (67.5 - 77.3)                      | 18,385         | 65.0%                  | (64.0 - 66.0)                      | +                | 233            | 80.4%                  | (72.6 - 86.4)                      | 7,781          | 72.3%                  | (70.8 - 73.7)                      | NS               | 317            | 64.2%                  | (57.2 - 70.6)                      | 10,604         | 57.6%                         | (56.2 - 59.0)          | NS                                 | Yes              |   |
| 2013   | 547            | 72.8%                  | (67.9 - 77.3)                      | 16,250         | 65.5%                  | (64.2 - 66.7)                      | +                | 214            | 80.6%                  | (73.5 - 86.1)                      | 6,860          | 72.2%                  | (70.4 - 74.0)                      | NS               | 333            | 64.5%                  | (57.6 - 70.9)                      | 9,390          | 58.5%                         | (56.8 - 60.2)          | NS                                 | Yes              |   |
| 2014   | 828            | 70.8%                  | (66.6 - 74.7)                      | 21,130         | 66.7%                  | (65.6 - 67.8)                      | NS               | 381            | 79.2%                  | (73.1 - 84.2)                      | 9,399          | 73.8%                  | (72.3 - 75.3)                      | NS               | 447            | 61.3%                  | (55.4 - 67.0)                      | 11,731         | 59.2%                         | (57.7 - 60.7)          | NS                                 | Yes              |   |
| 2015   | 613            | 65.0%                  | (58.5 - 70.9)                      | 16,265         | 67.0%                  | (65.8 - 68.2)                      | NS               | 273            | 70.6%                  | (60.8 - 78.8)                      | 7,323          | 73.4%                  | (71.7 - 75.1)                      | NS               | 340            | 58.7%                  | (50.2 - 66.7)                      | 8,942          | 60.2%                         | (58.6 - 61.9)          | NS                                 | No               |   |
| 2016   | 559            | 69.1%                  | (63.2 - 74.3)                      | 14,173         | 68.5%                  | (67.3 - 69.8)                      | NS               | 246            | 71.7%                  | (62.9 - 79.1)                      | 6,460          | 74.9%                  | (73.1 - 76.6)                      | NS               | 313            | 66.2%                  | (58.5 - 73.2)                      | 7,713          | 61.8%                         | (59.9 - 63.6)          | NS                                 | No               |   |
| <b>Nutrition</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| Consumed sugar-sweetened beverages 1 or more times per day in past 30 days |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2013   | 253            | 26.1%                  | (20.1 - 33.2)                      | 7,822          | 28.5%                  | (26.8 - 30.3)                      | NS               | 95             | 31.8%                  | (22.0 - 43.6)                      | 3,164          | 35.8%                  | (33.1 - 38.5)                      | NS               | 158            | 21.7%                  | (14.7 - 30.8)                      | 4,658          | 21.7%                         | (19.7 - 24.0)          | NS                                 | No               |   |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| Currently watching or reducing sodium or salt intake                       |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2013   | 252            | 48.9%                  | (41.8 - 56.1)                      | 7,818          | 46.3%                  | (44.6 - 48.1)                      | NS               | 95             | 44.7%                  | (33.9 - 55.9)                      | 3,165          | 43.4%                  | (40.8 - 46.0)                      | NS               | 157            | 52.2%                  | (42.9 - 61.4)                      | 4,653          | 49.1%                         | (46.8 - 51.5)          | NS                                 | No               |   |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015   | 257            | 52.1%                  | (43.5 - 60.5)                      | 7,892          | 46.8%                  | (45.0 - 48.5)                      | NS               | 103            | 52.4%                  | (39.7 - 64.8)                      | 3,436          | 46.0%                  | (43.4 - 48.7)                      | NS               | 154            | 51.8%                  | (40.5 - 62.9)                      | 4,456          | 47.5%                         | (45.2 - 49.8)          | NS                                 | No               |   |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| Median times per day consumed fruits                                       |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | 809            | 1.00                   | (0.98 - 1.10)                      | 24,090         | 1.02                   | (1.02 - 1.04)                      | NS               | 308            | 0.86                   | (0.67 - 0.95)                      | 9,660          | 0.99                   | (0.99 - 1.00)                      | -                | 501            | 1.21                   | (1.05 - 1.41)                      | 14,430         | 1.14                          | (1.13 - 1.14)          | NS                                 | Yes              |   |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2013   | 529            | 1.00                   | (0.98 - 1.08)                      | 15,949         | 1.00                   | (1.00 - 1.00)                      | NS               | 198            | 0.78                   | (0.56 - 0.98)                      | 6,462          | 0.99                   | (0.99 - 1.00)                      | -                | 331            | 1.15                   | (1.00 - 1.61)                      | 9,487          | 1.07                          | (1.06 - 1.14)          | NS                                 | Yes              |   |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015   | 609            | 0.99                   | (0.98 - 1.06)                      | 16,135         | 1.00                   | (1.00 - 1.00)                      | NS               | 253            | 0.96                   | (0.71 - 1.00)                      | 6,899          | 0.99                   | (0.98 - 1.00)                      | NS               | 356            | 1.08                   | (0.99 - 1.29)                      | 9,236          | 1.03                          | (1.02 - 1.09)          | NS                                 | No               |   |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| Consumed fruits less than 1 time per day                                   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | 809            | 41.2%                  | (37.2 - 45.4)                      | 24,090         | 40.1%                  | (39.2 - 41.1)                      | NS               | 308            | 50.0%                  | (43.5 - 56.4)                      | 9,660          | 46.2%                  | (44.8 - 47.6)                      | NS               | 501            | 33.0%                  | (28.1 - 38.1)                      | 14,430         | 34.3%                         | (33.1 - 35.6)          | NS                                 | Yes              |   |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2013   | 529            | 40.7%                  | (35.6 - 45.9)                      | 15,949         | 39.7%                  | (38.5 - 41.0)                      | NS               | 198            | 53.1%                  | (45.1 - 60.9)                      | 6,462          | 45.4%                  | (43.4 - 47.3)                      | NS               | 331            | 28.8%                  | (23.3 - 34.9)                      | 9,487          | 34.4%                         | (32.8 - 36.1)          | NS                                 | Yes              |   |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015   | 609            | 40.6%                  | (35.1 - 46.4)                      | 16,135         | 41.1%                  | (39.9 - 42.4)                      | NS               | 253            | 50.4%                  | (41.6 - 59.2)                      | 6,899          | 47.4%                  | (45.6 - 49.3)                      | NS               | 356            | 30.5%                  | (24.5 - 37.4)                      | 9,236          | 35.1%                         | (33.5 - 36.7)          | NS                                 | Yes              |   |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |

| Indicators   | Overall        |                        |                                    |                |                        |                                    | Men              |                |                        |                                    |                |                        | Women                              |                  |                |                        |                                    |                | LHD Gender Diff. <sup>e</sup> |                        |                                    |                  |   |
|--|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|---|
|  | Southeast      |                        |                                    | State of NE    |                        |                                    | Southeast        |                |                        | State of NE                        |                |                        | Southeast                          |                  |                | State of NE            |                                    |                |                               |                        |                                    |                  |   |
|  | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                               | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> |   |
| Median times per day consumed vegetables   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | 796            | 1.46                   | (1.42 - 1.57)                      | 23,785         | 1.46                   | (1.44 - 1.50)                      | NS               | 307            | 1.42                   | (1.31 - 1.50)                      | 9,534          | 1.35                   | (1.33 - 1.41)                      | NS               | 489            | 1.56                   | (1.44 - 1.64)                      | 14,251         | 1.57                          | (1.57 - 1.61)          | NS                                 | No               |   |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2013   | 527            | 1.48                   | (1.38 - 1.58)                      | 15,700         | 1.57                   | (1.55 - 1.58)                      | NS               | 197            | 1.35                   | (1.25 - 1.56)                      | 6,373          | 1.43                   | (1.42 - 1.50)                      | NS               | 330            | 1.60                   | (1.48 - 1.87)                      | 9,327          | 1.70                          | (1.66 - 1.73)          | NS                                 | No               |   |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015   | 604            | 1.56                   | (1.43 - 1.69)                      | 15,850         | 1.53                   | (1.50 - 1.58)                      | NS               | 248            | 1.35                   | (1.14 - 1.46)                      | 6,786          | 1.42                   | (1.40 - 1.46)                      | NS               | 356            | 1.80                   | (1.64 - 2.03)                      | 9,064          | 1.62                          | (1.58 - 1.69)          | NS                                 | Yes              |   |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| Consumed vegetables less than 1 time per day   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | 796            | 23.9%                  | (20.5 - 27.7)                      | 23,785         | 26.2%                  | (25.4 - 27.1)                      | NS               | 307            | 26.4%                  | (21.0 - 32.6)                      | 9,534          | 29.7%                  | (28.4 - 31.0)                      | NS               | 489            | 21.4%                  | (17.3 - 26.2)                      | 14,251         | 22.9%                         | (21.8 - 24.1)          | NS                                 | No               |   |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2013   | 527            | 29.0%                  | (24.1 - 34.4)                      | 15,700         | 23.3%                  | (22.2 - 24.4)                      | NS               | 197            | 33.2%                  | (25.6 - 41.9)                      | 6,373          | 26.6%                  | (25.0 - 28.4)                      | NS               | 330            | 24.7%                  | (19.0 - 31.5)                      | 9,327          | 20.1%                         | (18.7 - 21.6)          | NS                                 | No               |   |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015   | 604            | 22.4%                  | (17.7 - 28.0)                      | 15,850         | 24.7%                  | (23.7 - 25.9)                      | NS               | 248            | 30.7%                  | (22.7 - 40.0)                      | 6,786          | 28.3%                  | (26.6 - 30.0)                      | NS               | 356            | 14.0%                  | (10.2 - 19.1)                      | 9,064          | 21.4%                         | (20.1 - 22.8)          | -                                  | Yes              |   |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| <b>Physical Activity</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| No leisure-time physical activity in past 30 days <sup>a</sup>                           |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | 819            | 33.5%                  | (29.8 - 37.4)                      | 24,433         | 26.3%                  | (25.5 - 27.1)                      | +                | 313            | 35.7%                  | (29.9 - 42.0)                      | 9,795          | 27.2%                  | (26.0 - 28.5)                      | +                | 506            | 31.3%                  | (26.9 - 36.1)                      | 14,638         | 25.4%                         | (24.3 - 26.5)          | +                                  | No               |   |
| 2012   | 576            | 25.8%                  | (21.7 - 30.5)                      | 19,153         | 21.0%                  | (20.2 - 21.9)                      | NS               | 233            | 24.1%                  | (17.8 - 31.6)                      | 7,865          | 20.4%                  | (19.3 - 21.7)                      | NS               | 343            | 27.6%                  | (22.4 - 33.4)                      | 11,288         | 21.6%                         | (20.5 - 22.8)          | NS                                 | No               |   |
| 2013   | 538            | 25.7%                  | (21.5 - 30.3)                      | 16,158         | 25.3%                  | (24.2 - 26.4)                      | NS               | 202            | 28.7%                  | (22.1 - 36.4)                      | 6,567          | 26.3%                  | (24.7 - 28.1)                      | NS               | 336            | 22.6%                  | (17.9 - 28.2)                      | 9,591          | 24.3%                         | (22.9 - 25.8)          | NS                                 | No               |   |
| 2014   | 882            | 30.4%                  | (26.5 - 34.6)                      | 22,397         | 21.3%                  | (20.4 - 22.1)                      | +                | 381            | 32.2%                  | (26.3 - 38.7)                      | 9,599          | 21.2%                  | (20.0 - 22.5)                      | +                | 501            | 28.6%                  | (23.8 - 34.0)                      | 12,798         | 21.4%                         | (20.2 - 22.5)          | +                                  | No               |   |
| 2015   | 620            | 28.1%                  | (23.4 - 33.3)                      | 16,319         | 25.3%                  | (24.3 - 26.4)                      | NS               | 259            | 26.7%                  | (20.2 - 34.3)                      | 6,997          | 25.3%                  | (23.8 - 26.9)                      | NS               | 361            | 29.5%                  | (23.2 - 36.7)                      | 9,322          | 25.4%                         | (24.0 - 26.8)          | NS                                 | No               |   |
| 2016   | 590            | 29.0%                  | (24.4 - 34.1)                      | 15,169         | 22.4%                  | (21.4 - 23.5)                      | +                | 252            | 29.6%                  | (22.8 - 37.5)                      | 6,633          | 20.7%                  | (19.3 - 22.3)                      | +                | 338            | 28.4%                  | (22.7 - 35.0)                      | 8,536          | 24.1%                         | (22.7 - 25.6)          | NS                                 | No               |   |
| Met aerobic physical activity recommendation <sup>a</sup>                                |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | 791            | 49.0%                  | (44.9 - 53.2)                      | 23,735         | 49.0%                  | (48.0 - 49.9)                      | NS               | 307            | 46.4%                  | (40.0 - 52.9)                      | 9,544          | 47.2%                  | (45.8 - 48.6)                      | NS               | 484            | 51.7%                  | (46.5 - 56.9)                      | 14,191         | 50.6%                         | (49.4 - 51.9)          | NS                                 | No               |   |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2013   | 527            | 49.5%                  | (44.1 - 54.9)                      | 15,730         | 50.1%                  | (48.8 - 51.4)                      | NS               | 200            | 49.8%                  | (41.6 - 58.0)                      | 6,416          | 48.8%                  | (46.9 - 50.7)                      | NS               | 327            | 49.2%                  | (42.4 - 56.1)                      | 9,314          | 51.4%                         | (49.7 - 53.1)          | NS                                 | No               |   |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015   | 603            | 54.4%                  | (48.5 - 60.1)                      | 15,878         | 51.3%                  | (50.0 - 52.5)                      | NS               | 253            | 54.1%                  | (45.2 - 62.7)                      | 6,832          | 51.1%                  | (49.2 - 53.0)                      | NS               | 350            | 54.7%                  | (47.1 - 62.1)                      | 9,046          | 51.4%                         | (49.8 - 53.1)          | NS                                 | No               |   |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| Met muscle strengthening recommendation <sup>a</sup>                                     |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | 816            | 22.9%                  | (19.5 - 26.6)                      | 24,204         | 28.1%                  | (27.3 - 29.0)                      | -                | 312            | 24.0%                  | (18.8 - 30.0)                      | 9,697          | 32.0%                  | (30.6 - 33.4)                      | -                | 504            | 21.8%                  | (17.7 - 26.6)                      | 14,507         | 24.5%                         | (23.4 - 25.6)          | NS                                 | No               |   |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2013   | 530            | 24.8%                  | (19.8 - 30.5)                      | 16,021         | 28.4%                  | (27.2 - 29.6)                      | NS               | 200            | 24.3%                  | (17.0 - 33.5)                      | 6,499          | 31.0%                  | (29.2 - 32.8)                      | NS               | 330            | 25.2%                  | (19.1 - 32.5)                      | 9,522          | 26.0%                         | (24.5 - 27.6)          | NS                                 | No               |   |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015   | 610            | 27.4%                  | (21.7 - 33.8)                      | 16,117         | 31.2%                  | (30.1 - 32.5)                      | NS               | 255            | 30.7%                  | (22.5 - 40.5)                      | 6,893          | 34.9%                  | (33.1 - 36.8)                      | NS               | 355            | 23.9%                  | (16.9 - 32.7)                      | 9,224          | 27.7%                         | (26.2 - 29.3)          | NS                                 | No               |   |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| Met both aerobic physical activity and muscle strengthening recommendations <sup>a</sup> |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | 790            | 15.9%                  | (12.9 - 19.3)                      | 23,567         | 19.0%                  | (18.2 - 19.8)                      | NS               | 306            | 15.4%                  | (11.1 - 20.9)                      | 9,477          | 19.7%                  | (18.5 - 20.9)                      | NS               | 484            | 16.4%                  | (12.7 - 20.8)                      | 14,090         | 18.4%                         | (17.4 - 19.4)          | NS                                 | No               |   |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2013   | 521            | 16.4%                  | (12.1 - 21.7)                      | 15,635         | 18.8%                  | (17.8 - 19.9)                      | NS               | 198            | 15.4%                  | (9.4 - 24.3)                       | 6,366          | 19.4%                  | (17.9 - 21.0)                      | NS               | 323            | 17.3%                  | (12.0 - 24.3)                      | 9,269          | 18.2%                         | (16.8 - 19.6)          | NS                                 | No               |   |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015   | 593            | 18.5%                  | (13.5 - 24.8)                      | 15,724         | 21.8%                  | (20.7 - 22.9)                      | NS               | 249            | 19.6%                  | (13.0 - 28.6)                      | 6,757          | 23.3%                  | (21.6 - 25.1)                      | NS               | 344            | 17.3%                  | (10.7 - 26.9)                      | 8,967          | 20.3%                         | (18.9 - 21.7)          | NS                                 | No               |   |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| Walk for at least 10 minutes at a time for any reason during a usual week                |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2013   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015   | 261            | 81.5%                  | (74.5 - 86.9)                      | 7,895          | 84.6%                  | (83.3 - 85.8)                      | NS               | 106            | 74.9%                  | (62.7 - 84.1)                      | 3,442          | 84.2%                  | (82.2 - 86.0)                      | NS               | 155            | 86.6%                  | (78.1 - 92.2)                      | 4,453          | 85.1%                         | (83.4 - 86.6)          | NS                                 | No               |   |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |



| Indicators  | Overall        |                        |                                    |                |                        |                                    | Men              |                |                        |                                    |                |                        | Women                              |                  |                |                        |                                    |                | LHD Gender Diff. <sup>e</sup> |                        |                                    |                  |   |
|---|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|---|
|   | Southeast      |                        |                                    | State of NE    |                        |                                    | Southeast        |                |                        | State of NE                        |                |                        | Southeast                          |                  |                | State of NE            |                                    |                |                               |                        |                                    |                  |   |
|   | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                               | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> |   |
| Have access to safe places to walk in their neighborhood            |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2012  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2013  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2014  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015  | 261            | 74.1%                  | (66.7 - 80.4)                      | 7,893          | 88.4%                  | (87.2 - 89.4)                      | -                | 106            | 70.1%                  | (57.5 - 80.2)                      | 3,439          | 88.8%                  | (87.2 - 90.3)                      | -                | 155            | 77.2%                  | (68.0 - 84.4)                      | 4,454          | 87.9%                         | (86.3 - 89.3)          | -                                  | No               |   |
| 2016  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| <b>Injury</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| Always wear a seatbelt when driving or riding in a car <sup>^</sup> |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011  | 813            | 63.1%                  | (59.0 - 67.0)                      | 24,208         | 71.3%                  | (70.5 - 72.1)                      | -                | 310            | 52.0%                  | (45.6 - 58.3)                      | 9,683          | 63.7%                  | (62.4 - 65.0)                      | -                | 503            | 73.8%                  | (69.0 - 78.2)                      | 14,525         | 78.6%                         | (77.5 - 79.5)          | NS                                 | Yes              |   |
| 2012  | 569            | 66.5%                  | (61.2 - 71.5)                      | 18,851         | 69.7%                  | (68.7 - 70.6)                      | NS               | 230            | 56.1%                  | (47.5 - 64.4)                      | 7,731          | 61.7%                  | (60.2 - 63.2)                      | NS               | 339            | 77.0%                  | (71.0 - 82.0)                      | 11,120         | 77.3%                         | (76.1 - 78.4)          | NS                                 | Yes              |   |
| 2013  | 534            | 66.7%                  | (61.4 - 71.6)                      | 16,053         | 74.1%                  | (73.0 - 75.2)                      | -                | 202            | 60.6%                  | (52.4 - 68.2)                      | 6,520          | 67.0%                  | (65.3 - 68.7)                      | NS               | 332            | 72.8%                  | (65.9 - 78.8)                      | 9,533          | 80.8%                         | (79.5 - 82.1)          | -                                  | No               |   |
| 2014  | 864            | 60.6%                  | (56.3 - 64.8)                      | 21,599         | 72.4%                  | (71.5 - 73.3)                      | -                | 376            | 50.9%                  | (44.3 - 57.4)                      | 9,241          | 64.7%                  | (63.2 - 66.2)                      | -                | 488            | 70.5%                  | (64.9 - 75.6)                      | 12,358         | 79.8%                         | (78.7 - 80.9)          | -                                  | Yes              |   |
| 2015  | 609            | 61.0%                  | (54.8 - 66.8)                      | 16,136         | 75.4%                  | (74.4 - 76.4)                      | -                | 255            | 50.1%                  | (41.3 - 58.9)                      | 6,900          | 68.2%                  | (66.5 - 69.9)                      | -                | 354            | 72.2%                  | (63.2 - 79.6)                      | 9,236          | 82.3%                         | (81.1 - 83.4)          | -                                  | Yes              |   |
| 2016  | 570            | 61.4%                  | (55.5 - 66.9)                      | 14,628         | 73.8%                  | (72.7 - 74.9)                      | -                | 241            | 52.2%                  | (43.7 - 60.6)                      | 6,370          | 66.8%                  | (65.0 - 68.5)                      | -                | 329            | 70.6%                  | (62.9 - 77.3)                      | 8,258          | 80.6%                         | (79.2 - 81.8)          | -                                  | Yes              |   |
| Texted while driving in past 30 days                                |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2012  | 299            | 25.0%                  | (18.9 - 32.4)                      | 11,451         | 26.8%                  | (25.6 - 27.9)                      | NS               | 131            | 31.6%                  | (22.4 - 42.6)                      | 4,757          | 29.2%                  | (27.5 - 31.0)                      | NS               | 168            | 15.9%                  | (10.1 - 24.1)                      | 6,694          | 24.4%                         | (22.8 - 26.0)          | NS                                 | No               |   |
| 2013  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2014  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015  | 323            | 23.4%                  | (16.8 - 31.5)                      | 7,620          | 24.9%                  | (23.3 - 26.6)                      | NS               | 140            | 21.4%                  | (13.6 - 32.0)                      | 3,209          | 27.6%                  | (25.0 - 30.3)                      | NS               | 183            | 24.9%                  | (15.7 - 37.2)                      | 4,411          | 22.3%                         | (20.3 - 24.4)          | NS                                 | No               |   |
| 2016  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| Talked on a cell phone while driving in past 30 days                |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2012  | 298            | 66.7%                  | (59.8 - 72.9)                      | 11,424         | 69.1%                  | (68.0 - 70.2)                      | NS               | 130            | 73.2%                  | (63.1 - 81.4)                      | 4,742          | 71.5%                  | (69.9 - 73.2)                      | NS               | 168            | 57.6%                  | (48.6 - 66.1)                      | 6,682          | 66.7%                         | (65.2 - 68.2)          | NS                                 | No               |   |
| 2013  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2014  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015  | 317            | 53.2%                  | (45.4 - 60.8)                      | 7,604          | 67.0%                  | (65.3 - 68.6)                      | -                | 138            | 50.0%                  | (38.6 - 61.3)                      | 3,203          | 71.0%                  | (68.5 - 73.3)                      | -                | 179            | 55.7%                  | (45.0 - 65.8)                      | 4,401          | 63.1%                         | (60.8 - 65.2)          | NS                                 | No               |   |
| 2016  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| Had a fall in past year, aged 45 years and older                    |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2012  | 436            | 30.4%                  | (25.4 - 35.8)                      | 13,738         | 28.8%                  | (27.7 - 29.9)                      | NS               | 166            | 32.6%                  | (24.4 - 41.9)                      | 5,384          | 26.9%                  | (25.3 - 28.5)                      | NS               | 270            | 28.8%                  | (23.0 - 35.3)                      | 8,354          | 30.5%                         | (29.1 - 31.9)          | NS                                 | No               |   |
| 2013  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2014  | 651            | 28.8%                  | (24.8 - 33.2)                      | 15,671         | 26.1%                  | (25.1 - 27.1)                      | NS               | 278            | 22.8%                  | (17.3 - 29.4)                      | 6,513          | 24.5%                  | (23.0 - 26.1)                      | NS               | 373            | 34.9%                  | (29.3 - 40.9)                      | 9,158          | 27.6%                         | (26.2 - 29.0)          | +                                  | No               |   |
| 2015  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2016  | 434            | 28.5%                  | (23.6 - 34.1)                      | 10,369         | 29.0%                  | (27.7 - 30.3)                      | NS               | 181            | 30.5%                  | (22.7 - 39.4)                      | 4,333          | 28.1%                  | (26.2 - 30.1)                      | NS               | 253            | 26.8%                  | (20.9 - 33.7)                      | 6,036          | 29.7%                         | (28.0 - 31.5)          | NS                                 | No               |   |
| Injured due to a fall in past year, aged 45 years and older         |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2012  | 436            | 6.3%                   | (4.1 - 9.6)                        | 13,719         | 9.9%                   | (9.2 - 10.6)                       | NS               | 166            | 6.0%                   | (2.7 - 12.7)                       | 5,377          | 7.7%                   | (6.7 - 8.7)                        | NS               | 270            | 6.5%                   | (4.0 - 10.5)                       | 8,342          | 11.8%                         | (10.9 - 12.9)          | -                                  | No               |   |
| 2013  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2014  | 651            | 10.1%                  | (7.4 - 13.6)                       | 15,647         | 8.8%                   | (8.2 - 9.5)                        | NS               | 278            | 6.8%                   | (3.5 - 12.7)                       | 6,502          | 6.8%                   | (6.0 - 7.7)                        | NS               | 373            | 13.4%                  | (9.6 - 18.3)                       | 9,145          | 10.6%                         | (9.7 - 11.6)           | NS                                 | No               |   |
| 2015  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2016  | 434            | 7.6%                   | (5.1 - 11.1)                       | 10,367         | 10.1%                  | (9.3 - 11.0)                       | NS               | 181            | 6.3%                   | (3.1 - 12.4)                       | 4,333          | 7.8%                   | (6.8 - 9.0)                        | NS               | 253            | 8.8%                   | (5.5 - 13.7)                       | 6,034          | 12.2%                         | (11.0 - 13.6)          | NS                                 | No               |   |
| <b>Mental Health</b>  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| Ever told they have depression                                      |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011  | 849            | 19.9%                  | (16.8 - 23.4)                      | 25,333         | 16.8%                  | (16.2 - 17.5)                      | NS               | 325            | 17.1%                  | (12.7 - 22.8)                      | 10,198         | 11.5%                  | (10.7 - 12.4)                      | +                | 524            | 22.6%                  | (18.6 - 27.2)                      | 15,135         | 22.0%                         | (21.0 - 23.0)          | NS                                 | No               |   |
| 2012  | 576            | 11.9%                  | (9.2 - 15.1)                       | 19,115         | 16.7%                  | (16.0 - 17.5)                      | -                | 234            | 9.4%                   | (6.1 - 14.2)                       | 7,853          | 12.4%                  | (11.4 - 13.5)                      | NS               | 342            | 14.4%                  | (10.6 - 19.2)                      | 11,262         | 20.9%                         | (19.8 - 22.1)          | -                                  | No               |   |
| 2013  | 569            | 17.9%                  | (14.0 - 22.5)                      | 17,065         | 18.2%                  | (17.3 - 19.2)                      | NS               | 212            | 13.2%                  | (8.5 - 20.0)                       | 6,940          | 12.9%                  | (11.6 - 14.2)                      | NS               | 357            | 22.5%                  | (17.0 - 29.0)                      | 10,125         | 23.4%                         | (22.0 - 24.8)          | NS                                 | No               |   |
| 2014  | 879            | 18.4%                  | (15.2 - 22.0)                      | 22,346         | 17.7%                  | (16.9 - 18.6)                      | NS               | 383            | 11.5%                  | (8.1 - 16.2)                       | 9,582          | 13.0%                  | (11.8 - 14.2)                      | NS               | 496            | 25.4%                  | (20.5 - 30.9)                      | 12,764         | 22.3%                         | (21.1 - 23.5)          | NS                                 | Yes              |   |
| 2015  | 667            | 16.9%                  | (13.3 - 21.2)                      | 17,485         | 17.5%                  | (16.7 - 18.5)                      | NS               | 280            | 10.4%                  | (6.7 - 15.8)                       | 7,534          | 12.4%                  | (11.3 - 13.7)                      | NS               | 387            | 23.5%                  | (17.8 - 30.4)                      | 9,951          | 22.5%                         | (21.2 - 23.8)          | NS                                 | Yes              |   |
| 2016  | 588            | 19.8%                  | (15.5 - 24.8)                      | 15,138         | 17.8%                  | (16.8 - 18.8)                      | NS               | 250            | 14.1%                  | (9.3 - 20.9)                       | 6,609          | 12.1%                  | (10.9 - 13.4)                      | NS               | 338            | 25.5%                  | (19.2 - 33.1)                      | 8,529          | 23.4%                         | (21.8 - 25.0)          | NS                                 | No               |   |

| Indicators  | Overall        |                        |                                    |                |                        |                                    | Men              |                |                        |                                    |                |                        | Women                              |                  |                |                        |                                    |                | LHD Gender Diff. <sup>e</sup> |                        |                                    |                  |
|---|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|
|   | Southeast      |                        |                                    | State of NE    |                        |                                    | Southeast        |                |                        | State of NE                        |                |                        | Southeast                          |                  |                | State of NE            |                                    |                |                               |                        |                                    |                  |
|   | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                               | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> |
| <b>Frequent Mental Distress in past 30 days</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 838            | 9.6%                   | (7.3 - 12.5)                       | 25,036         | 9.2%                   | (8.7 - 9.7)                        | NS               | 325            | 9.7%                   | (6.3 - 14.5)                       | 10,097         | 7.7%                   | (7.0 - 8.4)                        | NS               | 513            | 9.6%                   | (6.8 - 13.4)                       | 14,939         | 10.7%                         | (9.9 - 11.5)           | NS                                 | No               |
| 2012  | 570            | 6.3%                   | (4.5 - 8.9)                        | 18,935         | 9.0%                   | (8.4 - 9.7)                        | NS               | 230            | 3.7%                   | (1.9 - 7.1)                        | 7,786          | 7.4%                   | (6.6 - 8.3)                        | NS               | 340            | 9.0%                   | (6.1 - 13.2)                       | 11,149         | 10.6%                         | (9.7 - 11.5)           | NS                                 | No               |
| 2013  | 563            | 7.0%                   | (4.8 - 10.0)                       | 16,889         | 8.9%                   | (8.2 - 9.6)                        | NS               | 213            | 5.9%                   | (2.9 - 11.6)                       | 6,889          | 6.8%                   | (5.9 - 7.9)                        | NS               | 350            | 8.1%                   | (5.5 - 11.8)                       | 10,000         | 10.9%                         | (9.8 - 12.0)           | NS                                 | No               |
| 2014  | 872            | 8.4%                   | (6.3 - 11.3)                       | 22,132         | 8.2%                   | (7.6 - 8.8)                        | NS               | 380            | 6.5%                   | (3.9 - 10.5)                       | 9,483          | 6.4%                   | (5.6 - 7.3)                        | NS               | 492            | 10.5%                  | (7.3 - 14.9)                       | 12,649         | 9.9%                          | (9.0 - 10.8)           | NS                                 | No               |
| 2015  | 659            | 6.2%                   | (4.2 - 9.1)                        | 17,369         | 8.9%                   | (8.2 - 9.6)                        | NS               | 275            | 2.4%                   | (0.9 - 6.4)                        | 7,491          | 6.9%                   | (6.0 - 7.9)                        | NS               | 384            | 10.0%                  | (6.6 - 15.0)                       | 9,878          | 10.8%                         | (9.8 - 11.9)           | NS                                 | Yes              |
| 2016  | 581            | 12.1%                  | (8.8 - 16.6)                       | 15,035         | 9.5%                   | (8.7 - 10.4)                       | NS               | 250            | 12.0%                  | (7.3 - 19.2)                       | 6,568          | 7.0%                   | (6.0 - 8.1)                        | NS               | 331            | 12.3%                  | (8.0 - 18.4)                       | 8,467          | 12.0%                         | (10.8 - 13.3)          | NS                                 | No               |
| <b>Currently taking medication or receiving treatment for a mental health condition</b> |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2012  | 257            | 8.0%                   | (4.9 - 12.8)                       | 6,643          | 11.0%                  | (10.0 - 12.1)                      | NS               | 96             | 5.2%                   | (2.2 - 12.2)                       | 2,693          | 7.4%                   | (6.2 - 8.9)                        | NS               | 161            | 10.7%                  | (6.0 - 18.5)                       | 3,950          | 14.5%                         | (12.9 - 16.2)          | NS                                 | No               |
| 2013  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2014  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2015  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2016  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| <b>Symptoms of serious mental illness in past 30 days</b>                               |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2012  | 247            | 3.8%                   | (1.2 - 11.2)                       | 6,555          | 3.2%                   | (2.6 - 3.9)                        | NS               | 94             | 4.7%                   | (0.9 - 22.0)                       | 2,657          | 2.5%                   | (1.8 - 3.7)                        | NS               | 153            | 2.8%                   | (1.0 - 7.6)                        | 3,898          | 3.8%                          | (2.9 - 4.9)            | NS                                 | No               |
| 2013  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2014  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2015  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2016  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| <b>Alcohol and Drug Use</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| <b>Any alcohol consumption in past 30 days</b>  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 808            | 55.3%                  | (51.2 - 59.3)                      | 24,051         | 61.8%                  | (60.9 - 62.7)                      | -                | 305            | 63.3%                  | (56.9 - 69.2)                      | 9,597          | 67.7%                  | (66.4 - 69.1)                      | NS               | 503            | 47.8%                  | (42.7 - 53.0)                      | 14,454         | 56.2%                         | (55.0 - 57.4)          | -                                  | Yes              |
| 2012  | 567            | 51.9%                  | (46.5 - 57.3)                      | 18,891         | 61.3%                  | (60.3 - 62.3)                      | -                | 230            | 66.9%                  | (58.4 - 74.4)                      | 7,749          | 68.7%                  | (67.2 - 70.1)                      | NS               | 337            | 36.9%                  | (30.7 - 43.6)                      | 11,142         | 54.2%                         | (52.8 - 55.6)          | -                                  | Yes              |
| 2013  | 552            | 56.0%                  | (50.8 - 61.1)                      | 16,614         | 57.5%                  | (56.2 - 58.7)                      | NS               | 210            | 66.4%                  | (58.5 - 73.5)                      | 6,754          | 63.3%                  | (61.4 - 65.2)                      | NS               | 342            | 45.5%                  | (39.0 - 52.3)                      | 9,860          | 51.8%                         | (50.2 - 53.5)          | NS                                 | Yes              |
| 2014  | 863            | 51.2%                  | (46.9 - 55.6)                      | 21,612         | 59.2%                  | (58.1 - 60.3)                      | -                | 376            | 60.5%                  | (53.9 - 66.7)                      | 9,246          | 65.2%                  | (63.6 - 66.8)                      | NS               | 487            | 41.8%                  | (36.4 - 47.5)                      | 12,366         | 53.4%                         | (52.0 - 54.9)          | -                                  | Yes              |
| 2015  | 648            | 51.5%                  | (45.7 - 57.2)                      | 16,939         | 57.6%                  | (56.4 - 58.8)                      | NS               | 268            | 59.6%                  | (50.6 - 68.0)                      | 7,282          | 63.8%                  | (62.0 - 65.5)                      | NS               | 380            | 43.4%                  | (36.1 - 51.0)                      | 9,657          | 51.6%                         | (50.0 - 53.2)          | NS                                 | No               |
| 2016  | 569            | 60.5%                  | (54.9 - 65.8)                      | 14,723         | 59.8%                  | (58.5 - 61.0)                      | NS               | 244            | 68.9%                  | (60.9 - 75.9)                      | 6,421          | 68.0%                  | (66.1 - 69.8)                      | NS               | 325            | 51.8%                  | (44.3 - 59.2)                      | 8,302          | 51.8%                         | (50.0 - 53.6)          | NS                                 | Yes              |
| <b>Binge drank in past 30 days<sup>a</sup></b>  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 803            | 19.6%                  | (16.2 - 23.5)                      | 23,948         | 22.7%                  | (21.9 - 23.5)                      | NS               | 301            | 27.4%                  | (21.7 - 33.8)                      | 9,533          | 30.2%                  | (28.9 - 31.5)                      | NS               | 502            | 12.4%                  | (8.9 - 17.1)                       | 14,415         | 15.7%                         | (14.7 - 16.7)          | NS                                 | Yes              |
| 2012  | 566            | 22.3%                  | (17.6 - 27.8)                      | 18,742         | 22.1%                  | (21.3 - 23.0)                      | NS               | 229            | 34.5%                  | (26.5 - 43.4)                      | 7,664          | 29.1%                  | (27.6 - 30.5)                      | NS               | 337            | 10.1%                  | (6.4 - 15.7)                       | 11,078         | 15.5%                         | (14.5 - 16.6)          | NS                                 | Yes              |
| 2013  | 547            | 17.4%                  | (13.5 - 22.1)                      | 16,500         | 20.0%                  | (19.0 - 21.1)                      | NS               | 208            | 26.4%                  | (19.7 - 34.4)                      | 6,687          | 25.2%                  | (23.6 - 26.9)                      | NS               | 339            | 8.3%                   | (5.3 - 12.7)                       | 9,813          | 15.0%                         | (13.8 - 16.4)          | -                                  | Yes              |
| 2014  | 860            | 18.3%                  | (15.0 - 22.2)                      | 21,443         | 20.3%                  | (19.4 - 21.3)                      | NS               | 373            | 27.2%                  | (21.6 - 33.6)                      | 9,149          | 26.8%                  | (25.3 - 28.3)                      | NS               | 487            | 9.4%                   | (6.2 - 13.9)                       | 12,294         | 14.1%                         | (13.0 - 15.3)          | NS                                 | Yes              |
| 2015  | 647            | 16.9%                  | (13.1 - 21.5)                      | 16,832         | 19.5%                  | (18.5 - 20.5)                      | NS               | 267            | 24.9%                  | (18.2 - 32.9)                      | 7,216          | 26.0%                  | (24.4 - 27.8)                      | NS               | 380            | 9.0%                   | (5.9 - 13.5)                       | 9,616          | 13.1%                         | (12.0 - 14.3)          | NS                                 | Yes              |
| 2016  | 564            | 20.3%                  | (15.4 - 26.3)                      | 14,620         | 20.0%                  | (18.9 - 21.1)                      | NS               | 239            | 27.1%                  | (19.3 - 36.6)                      | 6,367          | 27.2%                  | (25.4 - 29.0)                      | NS               | 325            | 13.4%                  | (8.4 - 20.6)                       | 8,253          | 13.1%                         | (11.9 - 14.4)          | NS                                 | No               |
| <b>Heavy drinking in past 30 days</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 803            | 8.1%                   | (6.0 - 11.0)                       | 23,906         | 7.5%                   | (7.0 - 8.1)                        | NS               | 301            | 11.7%                  | (7.9 - 16.8)                       | 9,514          | 9.2%                   | (8.4 - 10.2)                       | NS               | 502            | 4.9%                   | (2.9 - 8.2)                        | 14,392         | 5.9%                          | (5.2 - 6.6)            | NS                                 | No               |
| 2012  | 562            | 6.6%                   | (4.4 - 9.9)                        | 18,738         | 7.2%                   | (6.6 - 7.7)                        | NS               | 226            | 8.5%                   | (4.9 - 14.2)                       | 7,668          | 8.5%                   | (7.7 - 9.4)                        | NS               | 336            | 4.8%                   | (2.5 - 9.0)                        | 11,070         | 5.9%                          | (5.3 - 6.6)            | NS                                 | No               |
| 2013  | 548            | 6.4%                   | (4.2 - 9.8)                        | 16,513         | 6.8%                   | (6.2 - 7.5)                        | NS               | 207            | 8.3%                   | (4.5 - 14.8)                       | 6,698          | 7.3%                   | (6.4 - 8.3)                        | NS               | 341            | 4.6%                   | (2.7 - 7.8)                        | 9,815          | 6.3%                          | (5.5 - 7.2)            | NS                                 | No               |
| 2014  | 856            | 4.7%                   | (3.2 - 6.8)                        | 21,447         | 6.4%                   | (5.9 - 7.0)                        | NS               | 370            | 6.5%                   | (3.9 - 10.6)                       | 9,158          | 7.5%                   | (6.7 - 8.5)                        | NS               | 486            | 2.8%                   | (1.7 - 4.8)                        | 12,289         | 5.3%                          | (4.7 - 6.1)            | NS                                 | No               |
| 2015  | 645            | 6.5%                   | (4.3 - 9.8)                        | 16,815         | 5.7%                   | (5.1 - 6.4)                        | NS               | 267            | 11.0%                  | (6.9 - 17.2)                       | 7,214          | 7.0%                   | (6.0 - 8.1)                        | NS               | 378            | 2.1%                   | (1.1 - 4.2)                        | 9,601          | 4.6%                          | (3.9 - 5.3)            | NS                                 | Yes              |
| 2016  | 565            | 5.8%                   | (3.7 - 9.0)                        | 14,634         | 6.6%                   | (5.9 - 7.3)                        | NS               | 243            | 7.8%                   | (4.3 - 13.6)                       | 6,376          | 8.0%                   | (7.0 - 9.1)                        | NS               | 322            | 3.7%                   | (1.9 - 7.0)                        | 8,258          | 5.2%                          | (4.4 - 6.2)            | NS                                 | No               |
| <b>Alcohol impaired driving in past 30 days</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2012  | 567            | 3.5%                   | (1.7 - 7.1)                        | 18,895         | 3.4%                   | (3.1 - 3.8)                        | NS               | 229            | 6.6%                   | (3.0 - 13.5)                       | 7,741          | 5.5%                   | (4.9 - 6.3)                        | NS               | 338            | 0.5%                   | (0.1 - 2.1)                        | 11,154         | 1.4%                          | (1.1 - 1.8)            | NS                                 | Yes              |
| 2013  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2014  | 866            | 1.1%                   | (0.5 - 2.3)                        | 21,627         | 2.5%                   | (2.2 - 2.9)                        | NS               | 377            | 2.2%                   | (1.0 - 4.5)                        | 9,242          | 4.2%                   | (3.5 - 4.9)                        | NS               | 489            | 0.1%                   | (0.0 - 0.6)                        | 12,385         | 1.0%                          | (0.7 - 1.3)            | -                                  | Yes              |
| 2015  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2016  | 571            | 2.5%                   | (1.3 - 4.8)                        | 14,666         | 3.4%                   | (2.9 - 3.9)                        | NS               | 241            | 3.2%                   | (1.4 - 7.0)                        | 6,383          | 5.1%                   | (4.3 - 6.0)                        | NS               | 330            | 1.8%                   | (0.6 - 5.5)                        | 8,283          | 1.7%                          | (1.3 - 2.4)            | NS                                 | No               |

| Indicators   | Overall        |                        |                                    |                |                        |                                    | Men              |                |                        |                                    |                |                        | Women                              |                  |                |                        |                                    |                | LHD Gender Diff. <sup>e</sup> |                        |                                    |                  |  |
|--|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|--|
|  | Southeast      |                        |                                    | State of NE    |                        |                                    | Southeast        |                |                        | State of NE                        |                |                        | Southeast                          |                  |                | State of NE            |                                    |                |                               |                        |                                    |                  |  |
|  | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                               | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> |  |
| Took pain medication prescribed by doctor in past year                                       |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2012   | 305            | 34.8%                  | (28.4 - 41.9)                      | 11,767         | 30.2%                  | (29.1 - 31.4)                      | NS               | 133            | 33.8%                  | (24.8 - 44.1)                      | 4,835          | 27.3%                  | (25.7 - 29.0)                      | NS               | 172            | 36.2%                  | (27.9 - 45.5)                      | 6,932          | 33.0%                         | (31.5 - 34.6)          | NS                                 | No               |  |
| 2013   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2015   | 333            | 39.1%                  | (31.6 - 47.2)                      | 7,858          | 33.5%                  | (31.9 - 35.1)                      | NS               | 141            | 28.9%                  | (19.7 - 40.3)                      | 3,283          | 28.9%                  | (26.6 - 31.4)                      | NS               | 192            | 47.0%                  | (36.6 - 57.6)                      | 4,575          | 37.9%                         | (35.8 - 40.1)          | NS                                 | No               |  |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| Had leftover pain meds after last filled script, among those who took pain meds in past year |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2012   | 105            | 43.9%                  | (32.4 - 56.1)                      | 3,848          | 49.2%                  | (46.9 - 51.4)                      | NS               | 46             | -*                     | -* - *                             | 1,423          | 43.9%                  | (40.4 - 47.4)                      | NA               | 59             | 53.2%                  | (37.7 - 68.2)                      | 2,425          | 53.4%                         | (50.5 - 56.3)          | NS                                 | NA               |  |
| 2013   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2015   | 112            | 41.5%                  | (28.1 - 56.3)                      | 2,684          | 45.7%                  | (42.8 - 48.7)                      | NS               | 33             | -*                     | -* - *                             | 995            | 42.6%                  | (37.9 - 47.4)                      | NA               | 79             | 45.7%                  | (28.7 - 63.6)                      | 1,689          | 48.0%                         | (44.4 - 51.7)          | NS                                 | NA               |  |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| Used marijuana in past 30 days   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2013   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2015   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2016   | 551            | 3.1%                   | (1.6 - 6.2)                        | 14,160         | 4.9%                   | (4.2 - 5.7)                        | NS               | 229            | 4.0%                   | (1.6 - 9.8)                        | 6,143          | 7.2%                   | (6.0 - 8.6)                        | NS               | 322            | 2.3%                   | (0.8 - 6.4)                        | 8,017          | 2.7%                          | (2.1 - 3.5)            | NS                                 | No               |  |
| <b>Immunization and Infectious Disease</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| Had a flu vaccination in past year, aged 18 years and older                                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| 2011   | 812            | 43.8%                  | (39.8 - 47.8)                      | 24,156         | 41.1%                  | (40.2 - 42.0)                      | NS               | 308            | 33.7%                  | (28.0 - 40.0)                      | 9,663          | 35.1%                  | (33.8 - 36.5)                      | NS               | 504            | 53.3%                  | (48.2 - 58.4)                      | 14,493         | 46.8%                         | (45.6 - 48.1)          | +                                  | Yes              |  |
| 2012   | 569            | 43.7%                  | (38.5 - 49.1)                      | 18,903         | 42.2%                  | (41.2 - 43.2)                      | NS               | 230            | 37.0%                  | (29.2 - 45.6)                      | 7,754          | 36.8%                  | (35.4 - 38.2)                      | NS               | 339            | 50.4%                  | (43.8 - 57.1)                      | 11,149         | 47.5%                         | (46.1 - 48.8)          | NS                                 | No               |  |
| 2013   | 533            | 50.7%                  | (45.4 - 56.0)                      | 16,022         | 45.2%                  | (43.9 - 46.4)                      | NS               | 202            | 48.6%                  | (40.5 - 56.7)                      | 6,506          | 41.2%                  | (39.4 - 43.1)                      | NS               | 331            | 52.9%                  | (46.1 - 59.6)                      | 9,516          | 48.9%                         | (47.2 - 50.6)          | NS                                 | No               |  |
| 2014   | 866            | 47.7%                  | (43.4 - 52.0)                      | 21,638         | 43.9%                  | (42.9 - 45.0)                      | NS               | 377            | 41.1%                  | (35.0 - 47.5)                      | 9,262          | 38.8%                  | (37.3 - 40.4)                      | NS               | 489            | 54.4%                  | (48.6 - 60.0)                      | 12,376         | 48.9%                         | (47.4 - 50.3)          | NS                                 | Yes              |  |
| 2015   | 607            | 46.4%                  | (40.7 - 52.2)                      | 16,091         | 47.2%                  | (46.0 - 48.4)                      | NS               | 253            | 42.0%                  | (33.7 - 50.8)                      | 6,883          | 40.8%                  | (39.0 - 42.6)                      | NS               | 354            | 50.8%                  | (43.2 - 58.4)                      | 9,208          | 53.4%                         | (51.7 - 55.0)          | NS                                 | No               |  |
| 2016   | 575            | 43.3%                  | (37.9 - 48.9)                      | 14,685         | 44.4%                  | (43.1 - 45.7)                      | NS               | 245            | 39.7%                  | (31.9 - 48.2)                      | 6,401          | 39.4%                  | (37.5 - 41.3)                      | NS               | 330            | 47.0%                  | (39.7 - 54.4)                      | 8,284          | 49.3%                         | (47.6 - 51.1)          | NS                                 | No               |  |
| Had a flu vaccination in past year, aged 65 years and older <sup>a</sup>                     |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| 2011   | 316            | 61.1%                  | (54.9 - 66.9)                      | 8,185          | 61.8%                  | (60.3 - 63.3)                      | NS               | 107            | 51.2%                  | (40.9 - 61.4)                      | 2,875          | 59.6%                  | (57.1 - 62.1)                      | NS               | 209            | 68.5%                  | (61.3 - 74.9)                      | 5,310          | 63.4%                         | (61.5 - 65.3)          | NS                                 | No               |  |
| 2012   | 239            | 62.3%                  | (54.9 - 69.2)                      | 6,625          | 62.9%                  | (61.2 - 64.6)                      | NS               | 74             | 50.5%                  | (37.3 - 63.6)                      | 2,327          | 60.9%                  | (58.1 - 63.6)                      | NS               | 165            | 68.3%                  | (59.7 - 75.9)                      | 4,298          | 64.4%                         | (62.4 - 66.5)          | NS                                 | No               |  |
| 2013   | 223            | 68.0%                  | (60.7 - 74.5)                      | 5,652          | 66.2%                  | (64.2 - 68.1)                      | NS               | 74             | 67.8%                  | (55.1 - 78.4)                      | 2,067          | 67.6%                  | (64.4 - 70.6)                      | NS               | 149            | 68.2%                  | (59.8 - 75.6)                      | 3,585          | 65.0%                         | (62.6 - 67.4)          | NS                                 | No               |  |
| 2014   | 314            | 68.0%                  | (61.6 - 73.9)                      | 7,610          | 64.7%                  | (63.2 - 66.2)                      | NS               | 125            | 70.1%                  | (60.2 - 78.4)                      | 2,971          | 65.9%                  | (63.5 - 68.3)                      | NS               | 189            | 66.2%                  | (57.6 - 73.9)                      | 4,639          | 63.8%                         | (61.8 - 65.7)          | NS                                 | No               |  |
| 2015   | 221            | 59.3%                  | (51.0 - 67.0)                      | 5,578          | 65.2%                  | (63.4 - 67.0)                      | NS               | 78             | 53.1%                  | (39.1 - 66.6)                      | 2,119          | 64.1%                  | (61.1 - 66.9)                      | NS               | 143            | 64.0%                  | (54.5 - 72.4)                      | 3,459          | 66.1%                         | (63.9 - 68.2)          | NS                                 | No               |  |
| 2016   | 229            | 60.0%                  | (51.9 - 67.6)                      | 5,130          | 62.7%                  | (60.8 - 64.6)                      | NS               | 87             | 59.4%                  | (46.3 - 71.2)                      | 1,967          | 62.8%                  | (59.8 - 65.6)                      | NS               | 142            | 60.6%                  | (50.6 - 69.7)                      | 3,163          | 62.7%                         | (60.2 - 65.1)          | NS                                 | No               |  |
| Ever had a pneumonia vaccination, aged 65 years and older <sup>a</sup>                       |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| 2011   | 310            | 73.8%                  | (68.0 - 78.9)                      | 7,997          | 70.3%                  | (68.8 - 71.7)                      | NS               | 103            | 66.3%                  | (55.7 - 75.5)                      | 2,772          | 66.7%                  | (64.2 - 69.1)                      | NS               | 207            | 79.3%                  | (73.0 - 84.4)                      | 5,225          | 72.9%                         | (71.2 - 74.5)          | NS                                 | No               |  |
| 2012   | 233            | 66.8%                  | (59.2 - 73.6)                      | 6,413          | 70.0%                  | (68.4 - 71.6)                      | NS               | 73             | 54.1%                  | (40.4 - 67.2)                      | 2,225          | 66.9%                  | (64.1 - 69.6)                      | NS               | 160            | 73.4%                  | (65.1 - 80.3)                      | 4,188          | 72.3%                         | (70.3 - 74.1)          | NS                                 | No               |  |
| 2013   | 215            | 70.9%                  | (63.5 - 77.3)                      | 5,478          | 71.7%                  | (69.8 - 73.4)                      | NS               | 67             | 75.5%                  | (62.3 - 85.2)                      | 1,970          | 71.5%                  | (68.5 - 74.3)                      | NS               | 148            | 67.2%                  | (58.4 - 75.0)                      | 3,508          | 71.8%                         | (69.4 - 74.0)          | NS                                 | No               |  |
| 2014   | 303            | 74.0%                  | (67.8 - 79.3)                      | 7,372          | 72.3%                  | (70.9 - 73.7)                      | NS               | 118            | 71.5%                  | (60.9 - 80.1)                      | 2,849          | 70.3%                  | (67.9 - 72.5)                      | NS               | 185            | 76.1%                  | (68.7 - 82.2)                      | 4,523          | 73.9%                         | (72.1 - 75.7)          | NS                                 | No               |  |
| 2015   | 218            | 71.4%                  | (63.4 - 78.3)                      | 5,452          | 73.8%                  | (72.1 - 75.4)                      | NS               | 78             | 66.6%                  | (52.9 - 77.9)                      | 2,056          | 70.3%                  | (67.4 - 73.0)                      | NS               | 140            | 75.2%                  | (65.2 - 83.1)                      | 3,396          | 76.5%                         | (74.5 - 78.4)          | NS                                 | No               |  |
| 2016   | 227            | 72.9%                  | (64.9 - 79.6)                      | 5,060          | 75.9%                  | (74.2 - 77.5)                      | NS               | 86             | 71.1%                  | (57.5 - 81.8)                      | 1,927          | 73.7%                  | (70.9 - 76.3)                      | NS               | 141            | 74.5%                  | (65.1 - 82.1)                      | 3,133          | 77.6%                         | (75.5 - 79.7)          | NS                                 | No               |  |
| Had a tetanus vaccination since 2005   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2013   | 482            | 60.2%                  | (54.7 - 65.4)                      | 14,650         | 60.2%                  | (58.9 - 61.5)                      | NS               | 191            | 62.7%                  | (54.3 - 70.3)                      | 6,015          | 63.1%                  | (61.1 - 65.0)                      | NS               | 291            | 57.5%                  | (50.5 - 64.3)                      | 8,635          | 57.4%                         | (55.6 - 59.1)          | NS                                 | No               |  |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2015   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2016   | 539            | 64.7%                  | (58.9 - 70.0)                      | 13,574         | 64.2%                  | (62.9 - 65.4)                      | NS               | 225            | 67.3%                  | (58.0 - 75.4)                      | 5,939          | 67.5%                  | (65.5 - 69.3)                      | NS               | 314            | 62.0%                  | (54.9 - 68.7)                      | 7,635          | 60.9%                         | (59.2 - 62.7)          | NS                                 | No               |  |





| Indicators  | Overall        |                        |                                    |                |                        |                                    | Men              |                |                        |                                    |                |                        | Women                              |                  |                |                        |                                    |                | LHD Gender Diff. <sup>e</sup> |                        |                                    |                  |
|---|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|
|   | Southeast      |                        |                                    | State of NE    |                        |                                    | Southeast        |                |                        | State of NE                        |                |                        | Southeast                          |                  |                | State of NE            |                                    |                |                               |                        |                                    |                  |
|   | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                               | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> |
| <b>Occupational Safety and Health</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| Work-related injury or illness in past year, among employed or recently out of work |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2012  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2013  | 154            | 4.8%                   | (2.2 - 10.3)                       | 4,952          | 4.8%                   | (3.9 - 5.8)                        | NS               | 73             | 8.0%                   | (3.4 - 17.7)                       | 2,246          | 6.1%                   | (4.8 - 7.7)                        | NS               | 81             | 1.2%                   | (0.2 - 8.1)                        | 2,706          | 3.3%                          | (2.2 - 4.9)            | NS                                 | No               |
| 2014  | 305            | 4.2%                   | (2.2 - 8.0)                        | 6,966          | 4.9%                   | (4.1 - 5.9)                        | NS               | 149            | 3.3%                   | (1.2 - 8.3)                        | 3,403          | 5.4%                   | (4.4 - 6.7)                        | NS               | 156            | 5.4%                   | (2.2 - 12.4)                       | 3,563          | 4.3%                          | (3.1 - 6.0)            | NS                                 | No               |
| 2015  | 178            | 3.7%                   | (1.6 - 8.2)                        | 5,434          | 5.7%                   | (4.7 - 6.8)                        | NS               | 83             | 0.8%                   | (0.2 - 3.0)                        | 2,727          | 7.1%                   | (5.6 - 9.0)                        | -                | 95             | 6.3%                   | (2.5 - 14.9)                       | 2,707          | 3.9%                          | (2.9 - 5.3)            | NS                                 | No               |
| 2016  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |

Note: Data reflect the five county LHD region of Johnson, Nemaha, Otoe, Pawnee, and Richardson Counties

Note: Data reflect both landline and cell phone responses

Note: This table is not intended to be inclusive of all BRFSS indicators; some were excluded due to small numbers at the LHD level

Note: This table excludes 2011 BRFSS optional module and state added questions data due to the data being headline only

Note: The results in this table may be slightly different than results in previously published reports and tables due differences in the software used and/or how the statistical analysis code was written; these results were analyzed using SAS and SAS-callable SUDAAN software

<sup>a</sup> Non-weighted sample size among adults 18 and older (unless different age group noted)

<sup>b</sup> Weighted mean, median, or percentage (percentages are followed by the % symbol) among adults 18 and older (unless different age group noted)

<sup>c</sup> Low and High are the lower and upper limits of the 95% confidence interval, respectively

<sup>d</sup> Symbols represent: "+" = LHD value significantly higher than the state value; "-" = LHD value significantly lower than the state value; "NS" = LHD value not statistically different than the state value; significant differences based on 95% confidence interval overlap

<sup>e</sup> Indicates whether there is a significant difference by gender within the LHD region, based on non-overlapping 95% confidence intervals; note that small sample sizes for males and females can make interpreting significance difficult due to large confidence intervals

<sup>f</sup> Reflects a Nebraska Healthy People 2020 (HP2020) measure

\* Data suppressed due to a small number of respondents (i.e., fewer than 50)

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS); January 2018

