





Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>			
	Panhandle HD			State of NE			Panhandle HD			State of NE			Panhandle HD			State of NE						
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>
<b>Heart Disease and Stroke</b>																						
Ever told they had a heart attack																						
2011	2,160	5.4%	(4.4 - 6.6)	25,292	4.3%	(4.0 - 4.7)	NS	790	6.5%	(4.9 - 8.7)	10,194	5.7%	(5.2 - 6.3)	NS	1,370	4.4%	(3.4 - 5.7)	15,098	2.9%	(2.6 - 3.3)	+	No
2012	1,526	5.4%	(4.1 - 7.1)	19,102	4.1%	(3.7 - 4.4)	NS	597	6.4%	(4.4 - 9.3)	7,842	5.3%	(4.8 - 6.0)	NS	929	4.5%	(3.0 - 6.6)	11,260	2.9%	(2.5 - 3.2)	NS	No
2013	1,772	5.5%	(4.4 - 6.9)	17,035	4.0%	(3.6 - 4.4)	NS	713	7.5%	(5.6 - 9.9)	6,925	5.2%	(4.6 - 5.9)	NS	1,059	3.7%	(2.6 - 5.2)	10,110	2.9%	(2.4 - 3.4)	NS	Yes
2014	1,946	6.9%	(5.6 - 8.4)	22,309	3.8%	(3.5 - 4.2)	+	832	9.4%	(7.3 - 12.0)	9,541	5.1%	(4.6 - 5.6)	+	1,114	4.5%	(3.3 - 6.1)	12,768	2.6%	(2.3 - 3.0)	+	Yes
2015	1,549	5.6%	(4.5 - 7.1)	17,455	3.9%	(3.5 - 4.3)	+	654	7.1%	(5.2 - 9.7)	7,530	5.3%	(4.7 - 6.0)	NS	895	4.2%	(3.0 - 5.9)	9,925	2.5%	(2.2 - 2.9)	+	No
2016	1,257	4.5%	(3.4 - 5.8)	15,111	4.0%	(3.6 - 4.4)	NS	535	4.9%	(3.4 - 7.1)	6,598	5.0%	(4.4 - 5.6)	NS	722	4.0%	(2.8 - 5.7)	8,513	3.0%	(2.6 - 3.6)	NS	No
Ever told they have coronary heart disease																						
2011	2,148	5.0%	(4.0 - 6.2)	25,121	3.9%	(3.6 - 4.2)	NS	786	5.9%	(4.3 - 8.1)	10,110	4.8%	(4.4 - 5.3)	NS	1,362	4.2%	(3.1 - 5.5)	15,011	3.1%	(2.7 - 3.4)	NS	No
2012	1,516	4.9%	(3.8 - 6.5)	18,988	3.9%	(3.6 - 4.3)	NS	595	6.7%	(4.6 - 9.6)	7,796	4.9%	(4.4 - 5.5)	NS	921	3.3%	(2.3 - 4.8)	11,192	3.0%	(2.6 - 3.4)	NS	No
2013	1,768	4.8%	(3.8 - 6.0)	16,942	4.1%	(3.7 - 4.5)	NS	714	5.6%	(4.1 - 7.7)	6,884	5.1%	(4.5 - 5.8)	NS	1,054	4.0%	(2.9 - 5.4)	10,058	3.0%	(2.6 - 3.6)	NS	No
2014	1,940	4.6%	(3.7 - 5.8)	22,202	3.9%	(3.6 - 4.3)	NS	831	5.1%	(3.7 - 7.1)	9,509	4.8%	(4.3 - 5.4)	NS	1,109	4.1%	(3.1 - 5.5)	12,693	3.1%	(2.7 - 3.5)	NS	No
2015	1,540	4.4%	(3.4 - 5.6)	17,403	4.0%	(3.6 - 4.3)	NS	651	5.8%	(4.2 - 8.0)	7,503	5.0%	(4.4 - 5.7)	NS	889	3.0%	(2.0 - 4.3)	9,900	2.9%	(2.6 - 3.3)	NS	No
2016	1,257	3.1%	(2.3 - 4.2)	15,078	3.8%	(3.4 - 4.2)	NS	534	3.2%	(2.0 - 4.9)	6,590	4.4%	(3.9 - 5.0)	NS	723	3.1%	(2.1 - 4.5)	8,488	3.1%	(2.7 - 3.7)	NS	No
Ever told they had a heart attack or coronary heart disease																						
2011	2,151	8.0%	(6.7 - 9.4)	25,158	6.4%	(6.0 - 6.7)	NS	785	9.3%	(7.2 - 11.8)	10,143	8.0%	(7.4 - 8.7)	NS	1,366	6.8%	(5.4 - 8.4)	15,015	4.8%	(4.4 - 5.2)	+	No
2012	1,517	7.7%	(6.1 - 9.6)	18,998	6.2%	(5.8 - 6.6)	NS	595	9.5%	(6.9 - 12.8)	7,806	7.8%	(7.1 - 8.5)	NS	922	6.0%	(4.4 - 8.2)	11,192	4.6%	(4.2 - 5.1)	NS	No
2013	1,763	7.8%	(6.5 - 9.3)	16,935	6.2%	(5.7 - 6.7)	NS	708	9.7%	(7.6 - 12.3)	6,882	7.7%	(7.0 - 8.6)	NS	1,055	6.0%	(4.6 - 7.8)	10,053	4.7%	(4.1 - 5.3)	NS	No
2014	1,938	8.9%	(7.6 - 10.5)	22,180	6.0%	(5.6 - 6.4)	+	829	11.1%	(8.8 - 13.8)	9,493	7.4%	(6.8 - 8.1)	+	1,109	7.0%	(5.5 - 8.8)	12,687	4.6%	(4.1 - 5.0)	+	Yes
2015	1,541	7.6%	(6.3 - 9.2)	17,383	5.8%	(5.4 - 6.3)	NS	651	9.5%	(7.3 - 12.2)	7,503	7.5%	(6.7 - 8.3)	NS	890	5.9%	(4.4 - 7.8)	9,880	4.3%	(3.9 - 4.8)	NS	No
2016	1,250	5.6%	(4.5 - 7.0)	15,021	5.8%	(5.4 - 6.3)	NS	529	5.7%	(4.0 - 7.9)	6,558	6.9%	(6.2 - 7.7)	NS	721	5.6%	(4.1 - 7.5)	8,463	4.7%	(4.1 - 5.3)	NS	No
Ever told they had a stroke																						
2011	2,166	2.5%	(1.9 - 3.4)	25,355	2.6%	(2.4 - 2.9)	NS	791	2.2%	(1.3 - 3.7)	10,209	2.4%	(2.1 - 2.8)	NS	1,375	2.8%	(2.0 - 3.9)	15,146	2.8%	(2.5 - 3.2)	NS	No
2012	1,528	2.3%	(1.6 - 3.4)	19,118	2.4%	(2.2 - 2.7)	NS	597	2.2%	(1.3 - 3.8)	7,851	2.7%	(2.3 - 3.1)	NS	931	2.4%	(1.5 - 4.1)	11,267	2.2%	(1.9 - 2.6)	NS	No
2013	1,777	3.1%	(2.3 - 4.2)	17,080	2.5%	(2.2 - 2.8)	NS	718	2.8%	(1.8 - 4.4)	6,954	2.2%	(1.9 - 2.6)	NS	1,059	3.4%	(2.3 - 5.0)	10,126	2.8%	(2.4 - 3.3)	NS	No
2014	1,950	3.7%	(2.8 - 5.0)	22,359	2.6%	(2.4 - 2.9)	NS	836	4.7%	(3.0 - 7.1)	9,576	2.7%	(2.3 - 3.1)	NS	1,114	2.8%	(2.0 - 4.1)	12,783	2.6%	(2.2 - 3.0)	NS	No
2015	1,549	3.4%	(2.5 - 4.6)	17,509	2.5%	(2.3 - 2.9)	NS	651	3.6%	(2.3 - 5.6)	7,550	2.7%	(2.2 - 3.1)	NS	898	3.2%	(2.2 - 4.7)	9,959	2.4%	(2.1 - 2.8)	NS	No
2016	1,265	3.2%	(2.3 - 4.4)	15,154	2.8%	(2.5 - 3.2)	NS	540	3.2%	(1.9 - 5.3)	6,627	2.6%	(2.1 - 3.1)	NS	725	3.1%	(2.1 - 4.8)	8,527	3.0%	(2.5 - 3.6)	NS	No
<b>Blood Pressure and Cholesterol</b>																						
Had blood pressure checked in past year																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	873	86.4%	(82.8 - 89.4)	7,804	84.6%	(83.1 - 86.0)	NS	360	85.8%	(80.2 - 90.1)	3,150	81.2%	(78.8 - 83.4)	NS	513	87.0%	(82.0 - 90.8)	4,654	87.8%	(85.8 - 89.5)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	703	84.7%	(80.3 - 88.3)	7,947	88.0%	(86.6 - 89.2)	NS	319	78.2%	(70.7 - 84.3)	3,461	85.2%	(83.1 - 87.1)	NS	384	91.4%	(87.2 - 94.3)	4,486	90.6%	(88.8 - 92.2)	NS	Yes
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Ever told they have high blood pressure (excluding pregnancy) <sup>h</sup>																						
2011	2,164	33.9%	(31.4 - 36.5)	25,356	28.5%	(27.8 - 29.3)	+	791	35.9%	(31.8 - 40.1)	10,212	30.3%	(29.1 - 31.5)	+	1,373	32.1%	(29.1 - 35.2)	15,144	26.9%	(25.9 - 27.9)	+	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	1,778	35.6%	(32.6 - 38.6)	17,085	30.3%	(29.2 - 31.4)	+	719	38.9%	(34.2 - 43.8)	6,956	32.5%	(30.8 - 34.1)	+	1,059	32.4%	(28.9 - 36.2)	10,129	28.2%	(26.9 - 29.6)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	1,554	35.8%	(33.0 - 38.7)	17,515	29.9%	(28.9 - 30.9)	+	653	39.7%	(35.2 - 44.3)	7,546	32.6%	(31.1 - 34.2)	+	901	32.2%	(28.8 - 35.8)	9,969	27.2%	(26.0 - 28.5)	+	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Currently taking blood pressure medication, among those ever told they have high BP																						
2011	904	79.1%	(74.9 - 82.8)	9,505	77.9%	(76.5 - 79.2)	NS	332	74.2%	(67.5 - 80.0)	3,877	72.0%	(69.8 - 74.1)	NS	572	84.1%	(78.8 - 88.3)	5,628	84.2%	(82.5 - 85.7)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	770	78.2%	(73.2 - 82.5)	6,747	78.5%	(76.6 - 80.3)	NS	320	72.7%	(64.8 - 79.4)	2,828	73.1%	(70.2 - 75.9)	NS	450	84.4%	(78.7 - 88.8)	3,919	84.5%	(82.3 - 86.4)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	662	76.0%	(71.3 - 80.3)	6,685	77.8%	(75.9 - 79.6)	NS	300	70.1%	(62.6 - 76.6)	3,016	73.0%	(70.1 - 75.7)	NS	362	83.1%	(77.6 - 87.4)	3,669	83.4%	(80.9 - 85.6)	NS	Yes
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	

Indicators	Overall						Men						Women						LHD Gender Diff.°			
	Panhandle HD			State of NE			Panhandle HD			State of NE			Panhandle HD			State of NE						
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>
<b>Diabetes</b>																						
Ever told they have diabetes (excluding pregnancy) <sup>a</sup>																						
2011	2,169	10.8%	(9.2 - 12.6)	25,393	8.4%	(7.9 - 8.8)	+	792	11.4%	(9.1 - 14.2)	10,222	8.6%	(7.9 - 9.3)	NS	1,377	10.2%	(8.2 - 12.7)	15,171	8.2%	(7.6 - 8.8)	NS	No
2012	1,534	10.4%	(8.6 - 12.5)	19,156	8.1%	(7.6 - 8.6)	NS	601	10.9%	(8.2 - 14.3)	7,861	8.3%	(7.6 - 9.1)	NS	933	10.0%	(7.7 - 12.8)	11,295	7.9%	(7.3 - 8.5)	NS	No
2013	1,779	10.5%	(8.9 - 12.4)	17,110	9.2%	(8.5 - 9.9)	NS	720	11.2%	(8.6 - 14.4)	6,968	10.1%	(9.0 - 11.2)	NS	1,059	9.9%	(7.9 - 12.6)	10,142	8.3%	(7.5 - 9.2)	NS	No
2014	1,955	12.4%	(10.8 - 14.3)	22,388	9.2%	(8.6 - 9.7)	+	839	12.7%	(10.2 - 15.7)	9,598	9.7%	(8.9 - 10.6)	NS	1,116	12.2%	(10.1 - 14.6)	12,790	8.6%	(7.9 - 9.3)	+	No
2015	1,555	10.8%	(9.2 - 12.7)	17,547	8.8%	(8.2 - 9.4)	NS	654	10.6%	(8.2 - 13.5)	7,565	9.0%	(8.2 - 9.9)	NS	901	11.1%	(8.9 - 13.6)	9,982	8.6%	(7.8 - 9.3)	NS	No
2016	1,264	9.5%	(7.9 - 11.4)	15,171	8.8%	(8.2 - 9.5)	NS	538	8.5%	(6.4 - 11.3)	6,630	8.7%	(7.8 - 9.7)	NS	726	10.4%	(8.2 - 13.1)	8,541	8.9%	(8.1 - 9.8)	NS	No
Ever told they have pre-diabetes (excluding pregnancy)																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	833	4.5%	(3.0 - 6.7)	8,549	5.5%	(4.8 - 6.3)	NS	330	5.3%	(3.0 - 9.2)	3,452	5.9%	(4.8 - 7.2)	NS	503	3.8%	(2.2 - 6.4)	5,097	5.1%	(4.1 - 6.2)	NS	No
2014	958	5.7%	(4.2 - 7.7)	11,165	5.8%	(5.1 - 6.5)	NS	374	6.4%	(4.2 - 9.6)	4,723	5.8%	(4.8 - 6.9)	NS	584	5.1%	(3.2 - 8.0)	6,442	5.7%	(4.9 - 6.7)	NS	No
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	1,246	5.7%	(4.5 - 7.3)	14,986	6.0%	(5.5 - 6.6)	NS	532	5.5%	(3.8 - 8.1)	6,547	5.3%	(4.6 - 6.2)	NS	714	5.9%	(4.3 - 8.0)	8,439	6.7%	(5.9 - 7.6)	NS	No
<b>Cancer</b>																						
Ever told they have skin cancer																						
2011	2,166	7.6%	(6.5 - 8.9)	25,359	5.6%	(5.3 - 6.0)	+	790	8.7%	(6.9 - 10.9)	10,205	6.3%	(5.8 - 6.8)	+	1,376	6.6%	(5.4 - 8.1)	15,154	5.0%	(4.6 - 5.5)	NS	No
2012	1,529	7.8%	(6.4 - 9.5)	19,133	5.6%	(5.2 - 6.0)	+	597	8.1%	(6.0 - 10.8)	7,859	5.8%	(5.3 - 6.4)	NS	932	7.6%	(5.8 - 9.9)	11,274	5.4%	(4.9 - 6.0)	NS	No
2013	1,773	7.6%	(6.4 - 9.0)	17,087	5.9%	(5.5 - 6.3)	+	718	8.3%	(6.5 - 10.7)	6,966	6.3%	(5.7 - 7.1)	NS	1,055	7.0%	(5.5 - 8.8)	10,131	5.4%	(4.9 - 6.0)	NS	No
2014	1,952	7.9%	(6.8 - 9.2)	22,370	5.7%	(5.4 - 6.1)	+	836	9.1%	(7.3 - 11.3)	9,586	5.9%	(5.4 - 6.5)	+	1,116	6.8%	(5.5 - 8.4)	12,784	5.6%	(5.1 - 6.1)	NS	No
2015	1,550	8.5%	(7.2 - 10.0)	17,512	6.0%	(5.6 - 6.4)	+	651	9.1%	(7.1 - 11.6)	7,566	6.4%	(5.7 - 7.0)	+	899	7.9%	(6.3 - 9.8)	9,956	5.6%	(5.1 - 6.2)	+	No
2016	1,261	7.8%	(6.4 - 9.5)	15,150	5.5%	(5.0 - 5.9)	+	536	8.1%	(6.1 - 10.6)	6,616	5.8%	(5.1 - 6.5)	NS	725	7.5%	(5.6 - 9.9)	8,534	5.2%	(4.6 - 5.8)	NS	No
Ever told they have cancer other than skin cancer																						
2011	2,163	8.4%	(7.2 - 9.7)	25,369	6.6%	(6.2 - 7.0)	+	788	5.6%	(4.4 - 7.3)	10,219	5.0%	(4.6 - 5.5)	NS	1,375	10.9%	(9.1 - 13.0)	15,150	8.1%	(7.5 - 8.6)	+	Yes
2012	1,529	7.5%	(5.9 - 9.6)	19,136	6.5%	(6.0 - 6.9)	NS	599	6.0%	(4.1 - 8.6)	7,858	5.0%	(4.5 - 5.6)	NS	930	9.0%	(6.6 - 12.2)	11,278	7.9%	(7.2 - 8.5)	NS	No
2013	1,778	8.2%	(6.7 - 10.0)	17,104	6.8%	(6.3 - 7.3)	NS	720	6.4%	(4.7 - 8.5)	6,965	5.6%	(5.0 - 6.4)	NS	1,058	9.9%	(7.6 - 12.8)	10,139	8.0%	(7.3 - 8.8)	NS	No
2014	1,953	6.4%	(5.4 - 7.7)	22,380	6.1%	(5.7 - 6.5)	NS	837	6.1%	(4.6 - 8.0)	9,590	4.6%	(4.1 - 5.1)	NS	1,116	6.7%	(5.3 - 8.5)	12,790	7.6%	(7.0 - 8.3)	NS	No
2015	1,555	8.9%	(7.5 - 10.6)	17,524	6.9%	(6.4 - 7.3)	+	654	6.6%	(4.9 - 8.8)	7,567	5.2%	(4.6 - 5.8)	NS	901	11.2%	(9.0 - 13.8)	9,967	8.5%	(7.8 - 9.2)	NS	Yes
2016	1,263	8.8%	(7.3 - 10.6)	15,165	6.9%	(6.3 - 7.4)	NS	539	6.1%	(4.3 - 8.4)	6,629	5.5%	(4.9 - 6.2)	NS	724	11.4%	(9.1 - 14.3)	8,536	8.2%	(7.4 - 9.0)	+	Yes
Ever told they have cancer (in any form)																						
2011	2,160	14.1%	(12.6 - 15.8)	25,315	11.2%	(10.7 - 11.7)	+	786	12.5%	(10.3 - 15.0)	10,192	10.1%	(9.5 - 10.8)	NS	1,374	15.5%	(13.4 - 17.9)	15,123	12.2%	(11.5 - 12.9)	+	No
2012	1,524	13.7%	(11.6 - 16.1)	19,100	10.8%	(10.3 - 11.4)	+	595	12.5%	(9.7 - 15.9)	7,846	9.6%	(8.9 - 10.4)	NS	929	14.8%	(11.9 - 18.3)	11,254	11.9%	(11.2 - 12.7)	NS	No
2013	1,769	14.2%	(12.3 - 16.3)	17,062	11.4%	(10.8 - 12.1)	+	717	13.0%	(10.6 - 15.8)	6,946	10.6%	(9.7 - 11.6)	NS	1,052	15.3%	(12.6 - 18.5)	10,116	12.3%	(11.4 - 13.2)	NS	No
2014	1,948	12.9%	(11.4 - 14.6)	22,338	10.7%	(10.2 - 11.2)	+	833	13.3%	(11.0 - 16.0)	9,568	9.3%	(8.6 - 10.0)	+	1,115	12.5%	(10.6 - 14.8)	12,770	12.1%	(11.4 - 12.9)	NS	No
2015	1,549	15.4%	(13.6 - 17.5)	17,481	11.6%	(11.0 - 12.2)	+	650	13.4%	(10.9 - 16.4)	7,541	10.2%	(9.5 - 11.1)	NS	899	17.4%	(14.7 - 20.3)	9,940	12.9%	(12.1 - 13.8)	+	No
2016	1,258	14.5%	(12.5 - 16.7)	15,132	11.2%	(10.6 - 11.9)	+	535	12.6%	(10.0 - 15.7)	6,607	10.1%	(9.3 - 11.1)	NS	723	16.3%	(13.5 - 19.6)	8,525	12.3%	(11.3 - 13.3)	+	No

Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>						
	Panhandle HD			State of NE		Panhandle HD			State of NE		Panhandle HD			State of NE			Sig <sup>d</sup>					
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)							
<b>Up-to-date on colon cancer screening, 50-75 year olds<sup>a</sup></b>																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
2012	823	55.6%	(50.9 - 60.2)	9,022	61.1%	(59.6 - 62.5)	NS	338	46.0%	(38.9 - 53.2)	3,733	58.4%	(56.1 - 60.6)	-	485	63.9%	(58.1 - 69.3)	5,289	63.6%	(61.7 - 65.4)	NS	Yes
2013	890	51.8%	(47.5 - 56.1)	7,979	62.8%	(61.1 - 64.4)	-	362	52.2%	(45.6 - 58.8)	3,275	61.0%	(58.5 - 63.6)	NS	528	51.4%	(46.0 - 56.9)	4,704	64.4%	(62.2 - 66.6)	-	No
2014	979	53.0%	(49.3 - 56.7)	10,646	64.1%	(62.8 - 65.5)	-	441	53.8%	(48.3 - 59.3)	4,681	63.0%	(61.0 - 65.1)	-	538	52.3%	(47.3 - 57.3)	5,965	65.2%	(63.4 - 67.0)	-	No
2015	721	58.3%	(54.0 - 62.4)	8,007	65.2%	(63.6 - 66.7)	-	292	57.3%	(50.4 - 63.9)	3,446	63.7%	(61.3 - 66.1)	NS	429	59.1%	(53.6 - 64.3)	4,561	66.6%	(64.6 - 68.5)	-	No
2016	602	53.9%	(49.3 - 58.4)	7,036	66.0%	(64.3 - 67.6)	-	254	55.4%	(48.3 - 62.2)	3,073	65.2%	(62.8 - 67.6)	-	348	52.5%	(46.4 - 58.5)	3,963	66.7%	(64.5 - 68.9)	-	No
<b>Up-to-date on breast cancer screening, female 50-74 year olds<sup>a</sup></b>																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
2012	481	70.8%	(65.3 - 75.8)	5,200	74.9%	(73.2 - 76.5)	NS	-	-	-	-	-	-	-	481	70.8%	(65.3 - 75.8)	5,200	74.9%	(73.2 - 76.5)	NS	NA
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
2014	541	59.8%	(54.8 - 64.6)	5,904	76.1%	(74.5 - 77.7)	-	-	-	-	-	-	-	-	541	59.8%	(54.8 - 64.6)	5,904	76.1%	(74.5 - 77.7)	-	NA
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
2016	342	56.3%	(50.1 - 62.3)	3,914	73.4%	(71.3 - 75.4)	-	-	-	-	-	-	-	-	342	56.3%	(50.1 - 62.3)	3,914	73.4%	(71.3 - 75.4)	-	NA
<b>Up-to-date on cervical cancer screening, female 21-65 year olds<sup>a</sup></b>																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
2012	345	77.4%	(70.5 - 83.0)	5,055	83.9%	(82.5 - 85.2)	NS	-	-	-	-	-	-	-	345	77.4%	(70.5 - 83.0)	5,055	83.9%	(82.5 - 85.2)	NS	NA
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
2014	469	76.5%	(71.8 - 80.6)	5,779	81.7%	(80.0 - 83.3)	NS	-	-	-	-	-	-	-	469	76.5%	(71.8 - 80.6)	5,779	81.7%	(80.0 - 83.3)	NS	NA
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
2016	299	66.2%	(59.7 - 72.2)	3,814	77.7%	(75.5 - 79.8)	-	-	-	-	-	-	-	-	299	66.2%	(59.7 - 72.2)	3,814	77.7%	(75.5 - 79.8)	-	NA
<b>Arthritis</b>																						
<b>Ever told they have arthritis</b>																						
2011	2,160	27.1%	(24.9 - 29.4)	25,285	23.4%	(22.8 - 24.1)	+	788	24.1%	(20.8 - 27.7)	10,184	20.1%	(19.2 - 21.1)	NS	1,372	29.8%	(27.0 - 32.9)	15,101	26.6%	(25.7 - 27.6)	NS	No
2012	1,530	32.2%	(28.7 - 35.8)	19,089	24.6%	(23.8 - 25.4)	+	599	29.0%	(23.8 - 34.8)	7,839	21.5%	(20.3 - 22.6)	+	931	35.1%	(30.6 - 39.8)	11,250	27.7%	(26.6 - 28.8)	+	No
2013	1,770	29.8%	(27.1 - 32.6)	17,017	24.7%	(23.8 - 25.7)	+	715	26.0%	(22.1 - 30.4)	6,925	21.6%	(20.2 - 23.0)	NS	1,055	33.3%	(29.7 - 37.1)	10,092	27.8%	(26.5 - 29.2)	+	No
2014	1,946	29.4%	(27.0 - 32.0)	22,307	24.6%	(23.8 - 25.4)	+	838	27.4%	(23.9 - 31.1)	9,560	21.6%	(20.5 - 22.8)	+	1,108	31.4%	(28.1 - 34.9)	12,747	27.4%	(26.3 - 28.6)	NS	No
2015	1,549	27.6%	(25.1 - 30.2)	17,472	23.4%	(22.6 - 24.3)	+	651	24.7%	(21.1 - 28.6)	7,540	19.7%	(18.5 - 20.9)	+	898	30.4%	(27.0 - 33.9)	9,932	27.1%	(25.9 - 28.4)	NS	No
2016	1,263	26.8%	(24.2 - 29.6)	15,137	24.6%	(23.6 - 25.6)	NS	538	23.3%	(19.7 - 27.4)	6,622	21.7%	(20.3 - 23.2)	NS	725	30.2%	(26.7 - 34.0)	8,515	27.4%	(26.0 - 28.8)	NS	No
<b>Currently have activity limitations due to arthritis, among those ever told they have arthritis<sup>a</sup></b>																						
2011	759	52.1%	(47.6 - 56.7)	7,973	45.2%	(43.6 - 46.8)	+	247	51.1%	(43.2 - 58.9)	2,711	42.6%	(40.0 - 45.2)	NS	512	52.9%	(47.4 - 58.3)	5,262	47.1%	(45.1 - 49.2)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	648	44.9%	(39.7 - 50.3)	5,460	42.4%	(40.3 - 44.6)	NS	219	47.2%	(38.3 - 56.2)	1,861	41.0%	(37.4 - 44.6)	NS	429	43.3%	(37.1 - 49.7)	3,599	43.5%	(40.8 - 46.2)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	497	46.4%	(41.2 - 51.7)	5,146	44.0%	(41.9 - 46.1)	NS	188	46.3%	(37.9 - 54.8)	1,852	41.9%	(38.6 - 45.3)	NS	309	46.5%	(40.0 - 53.2)	3,294	45.5%	(42.9 - 48.1)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
<b>Asthma</b>																						
<b>Ever told they have asthma</b>																						
2011	2,163	12.2%	(10.2 - 14.4)	25,327	11.5%	(10.9 - 12.1)	NS	789	11.2%	(8.4 - 14.8)	10,194	10.5%	(9.6 - 11.3)	NS	1,374	13.0%	(10.5 - 16.0)	15,133	12.4%	(11.6 - 13.3)	NS	No
2012	1,527	10.0%	(7.9 - 12.7)	19,105	10.8%	(10.2 - 11.5)	NS	599	8.0%	(5.5 - 11.5)	7,847	9.7%	(8.8 - 10.7)	NS	928	11.9%	(8.8 - 16.1)	11,258	11.9%	(11.1 - 12.9)	NS	No
2013	1,772	13.1%	(11.0 - 15.4)	17,068	11.2%	(10.5 - 12.0)	NS	719	11.4%	(8.6 - 14.9)	6,946	9.6%	(8.6 - 10.8)	NS	1,053	14.6%	(11.8 - 18.0)	10,122	12.8%	(11.7 - 13.9)	NS	No
2014	1,949	13.2%	(11.3 - 15.4)	22,355	12.2%	(11.5 - 13.0)	NS	836	11.6%	(9.0 - 14.8)	9,583	10.8%	(9.8 - 11.9)	NS	1,113	14.7%	(12.0 - 18.0)	12,772	13.6%	(12.6 - 14.7)	NS	No
2015	1,549	11.2%	(9.4 - 13.3)	17,492	12.1%	(11.3 - 12.9)	NS	651	9.1%	(6.8 - 12.0)	7,554	10.7%	(9.6 - 12.0)	NS	898	13.1%	(10.5 - 16.3)	9,938	13.4%	(12.3 - 14.5)	NS	No
2016	1,262	11.8%	(9.9 - 14.1)	15,144	12.4%	(11.5 - 13.4)	NS	540	11.3%	(8.5 - 14.9)	6,622	10.4%	(9.2 - 11.8)	NS	722	12.3%	(9.8 - 15.5)	8,522	14.3%	(13.1 - 15.7)	NS	No
<b>Currently have asthma</b>																						
2011	2,159	8.7%	(7.1 - 10.7)	25,257	7.3%	(6.9 - 7.8)	NS	787	7.3%	(5.2 - 10.1)	10,170	6.0%	(5.4 - 6.7)	NS	1,372	10.0%	(7.8 - 12.9)	15,087	8.6%	(8.0 - 9.4)	NS	No
2012	1,525	7.5%	(5.6 - 10.1)	19,053	7.4%	(6.9 - 7.9)	NS	598	5.4%	(3.3 - 8.7)	7,832	6.1%	(5.4 - 6.9)	NS	927	9.6%	(6.6 - 13.6)	11,221	8.7%	(7.9 - 9.4)	NS	No
2013	1,767	9.0%	(7.4 - 11.0)	17,024	7.3%	(6.7 - 8.0)	NS	717	7.6%	(5.5 - 10.4)	6,930	5.5%	(4.8 - 6.4)	NS	1,050	10.4%	(8.0 - 13.3)	10,094	9.1%	(8.2 - 10.0)	NS	No
2014	1,943	9.4%	(7.7 - 11.3)	22,289	7.7%	(7.2 - 8.3)	NS	832	7.6%	(5.5 - 10.4)	9,562	6.2%	(5.5 - 7.0)	NS	1,111	11.0%	(8.7 - 13.8)	12,727	9.2%	(8.4 - 10.1)	NS	No
2015	1,546	7.7%	(6.2 - 9.4)	17,435	7.2%	(6.6 - 7.8)	NS	649	5.8%	(4.0 - 8.3)	7,533	5.4%	(4.7 - 6.2)	NS	897	9.4%	(7.3 - 12.1)	9,902	8.9%	(8.0 - 9.9)	NS	No
2016	1,260	7.3%	(5.7 - 9.2)	15,116	8.3%	(7.5 - 9.1)	NS	540	6.5%	(4.3 - 9.5)	6,609	6.1%	(5.2 - 7.1)	NS	720	8.1%	(6.0 - 10.8)	8,507	10.4%	(9.3 - 11.6)	NS	No

Indicators	Overall							Men					Women					LHD Gender Diff. <sup>e</sup>				
	Panhandle HD			State of NE			Sig <sup>d</sup>	Panhandle HD		State of NE		Sig <sup>d</sup>	Panhandle HD		State of NE		Sig <sup>d</sup>					
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)			Sig <sup>d</sup>			
<b>Chronic Obstructive Pulmonary Disease (COPD)</b>																						
Ever told they have COPD																						
2011	2,156	6.0%	(4.9 - 7.5)	25,280	5.0%	(4.6 - 5.3)	NS	787	4.4%	(3.1 - 6.2)	10,171	4.4%	(3.9 - 4.9)	NS	1,369	7.6%	(5.8 - 9.8)	15,109	5.5%	(5.0 - 6.0)	NS	No
2012	1,525	6.9%	(5.2 - 9.1)	19,075	5.3%	(4.9 - 5.8)	NS	598	6.1%	(3.8 - 9.8)	7,832	4.7%	(4.1 - 5.3)	NS	927	7.6%	(5.5 - 10.5)	11,243	6.0%	(5.4 - 6.6)	NS	No
2013	1,769	5.6%	(4.4 - 7.0)	17,035	5.3%	(4.9 - 5.8)	NS	715	4.2%	(2.9 - 6.0)	6,932	4.8%	(4.2 - 5.5)	NS	1,054	6.9%	(5.2 - 9.1)	10,103	5.8%	(5.2 - 6.6)	NS	No
2014	1,949	5.7%	(4.6 - 7.2)	22,313	5.8%	(5.3 - 6.2)	NS	836	6.4%	(4.6 - 8.9)	9,555	5.5%	(4.9 - 6.2)	NS	1,113	5.1%	(3.7 - 6.9)	12,758	6.1%	(5.5 - 6.7)	NS	No
2015	1,548	5.8%	(4.6 - 7.3)	17,466	5.4%	(5.0 - 5.9)	NS	653	5.6%	(3.9 - 7.8)	7,536	4.8%	(4.2 - 5.4)	NS	895	6.1%	(4.4 - 8.3)	9,930	6.1%	(5.5 - 6.7)	NS	No
2016	1,262	6.8%	(5.4 - 8.4)	15,119	5.8%	(5.3 - 6.4)	NS	538	5.7%	(4.0 - 8.1)	6,612	5.1%	(4.4 - 6.0)	NS	724	7.8%	(5.8 - 10.2)	8,507	6.5%	(5.7 - 7.4)	NS	No
<b>Kidney Disease</b>																						
Ever told they have kidney disease																						
2011	2,159	3.5%	(2.7 - 4.6)	25,345	2.2%	(2.0 - 2.4)	+	789	3.7%	(2.5 - 5.4)	10,208	2.1%	(1.8 - 2.5)	+	1,370	3.4%	(2.4 - 4.8)	15,137	2.2%	(2.0 - 2.5)	NS	No
2012	1,529	2.4%	(1.6 - 3.5)	19,122	2.4%	(2.2 - 2.7)	NS	600	2.3%	(1.2 - 4.2)	7,850	2.2%	(1.8 - 2.6)	NS	929	2.4%	(1.5 - 4.0)	11,272	2.7%	(2.3 - 3.1)	NS	No
2013	1,774	2.0%	(1.4 - 2.9)	17,080	2.0%	(1.8 - 2.3)	NS	718	1.7%	(1.0 - 3.0)	6,953	1.9%	(1.5 - 2.4)	NS	1,056	2.3%	(1.4 - 3.7)	10,127	2.1%	(1.8 - 2.6)	NS	No
2014	1,952	2.1%	(1.5 - 2.9)	22,362	2.1%	(1.9 - 2.4)	NS	839	2.5%	(1.4 - 4.2)	9,586	2.0%	(1.7 - 2.4)	NS	1,113	1.7%	(1.1 - 2.6)	12,776	2.3%	(2.0 - 2.6)	NS	No
2015	1,551	2.9%	(2.1 - 3.9)	17,502	2.4%	(2.1 - 2.7)	NS	652	2.4%	(1.3 - 4.2)	7,550	2.2%	(1.8 - 2.7)	NS	899	3.3%	(2.3 - 4.8)	9,952	2.5%	(2.1 - 2.9)	NS	No
2016	1,264	1.8%	(1.2 - 2.7)	15,150	2.8%	(2.4 - 3.2)	NS	539	1.7%	(0.8 - 3.3)	6,624	2.2%	(1.8 - 2.8)	NS	725	1.9%	(1.1 - 3.2)	8,526	3.4%	(2.8 - 4.0)	NS	No
<b>Tobacco &amp; E-Cigarettes</b>																						
Current cigarette smoking <sup>a</sup>																						
2011	2,161	18.3%	(16.0 - 20.7)	25,324	20.0%	(19.3 - 20.7)	NS	789	17.3%	(14.0 - 21.2)	10,189	22.1%	(21.0 - 23.3)	NS	1,372	19.2%	(16.3 - 22.4)	15,135	17.9%	(17.0 - 18.9)	NS	No
2012	1,521	19.9%	(16.7 - 23.6)	18,985	19.7%	(18.9 - 20.6)	NS	598	20.4%	(15.8 - 26.0)	7,801	21.4%	(20.1 - 22.7)	NS	923	19.5%	(15.3 - 24.6)	11,184	18.1%	(17.0 - 19.2)	NS	No
2013	1,747	20.4%	(17.7 - 23.4)	16,687	18.5%	(17.5 - 19.5)	NS	707	21.2%	(17.0 - 26.1)	6,790	19.8%	(18.3 - 21.4)	NS	1,040	19.6%	(16.3 - 23.3)	9,897	17.2%	(15.9 - 18.5)	NS	No
2014	1,905	20.6%	(18.3 - 23.1)	21,729	17.3%	(16.5 - 18.2)	+	821	22.5%	(18.9 - 26.6)	9,311	18.5%	(17.3 - 19.9)	NS	1,084	18.8%	(15.9 - 22.0)	12,418	16.2%	(15.1 - 17.3)	NS	No
2015	1,512	19.0%	(16.5 - 21.7)	17,079	17.1%	(16.2 - 18.1)	NS	635	21.2%	(17.3 - 25.6)	7,355	18.4%	(17.0 - 19.9)	NS	877	17.0%	(14.0 - 20.5)	9,724	15.8%	(14.7 - 17.1)	NS	No
2016	1,236	19.4%	(16.8 - 22.3)	14,790	17.0%	(16.0 - 18.1)	NS	525	20.3%	(16.4 - 24.8)	6,463	18.6%	(17.1 - 20.3)	NS	711	18.5%	(15.3 - 22.3)	8,327	15.4%	(14.1 - 16.8)	NS	No
Attempted to quit smoking in past year, among current cigarette smokers																						
2011	324	57.6%	(50.4 - 64.4)	4,195	55.6%	(53.5 - 57.7)	NS	121	51.5%	(40.1 - 62.7)	1,914	53.4%	(50.4 - 56.3)	NS	203	62.6%	(53.6 - 70.9)	2,281	58.3%	(55.4 - 61.2)	NS	No
2012	223	61.2%	(51.4 - 70.1)	3,023	57.1%	(54.7 - 59.6)	NS	99	64.8%	(51.3 - 76.2)	1,406	55.2%	(51.7 - 58.7)	NS	124	57.6%	(43.7 - 70.4)	1,617	59.3%	(55.9 - 62.7)	NS	No
2013	265	62.9%	(55.2 - 70.0)	2,546	57.1%	(54.1 - 60.2)	NS	108	61.7%	(49.9 - 72.4)	1,147	55.9%	(51.5 - 60.3)	NS	157	64.0%	(54.1 - 72.9)	1,399	58.5%	(54.3 - 62.6)	NS	No
2014	320	57.2%	(50.5 - 63.6)	3,241	58.2%	(55.5 - 60.9)	NS	145	61.5%	(51.8 - 70.4)	1,489	57.9%	(54.0 - 61.8)	NS	175	52.2%	(43.2 - 61.0)	1,752	58.5%	(54.6 - 62.2)	NS	No
2015	232	60.5%	(52.7 - 67.8)	2,476	59.1%	(56.1 - 62.0)	NS	111	61.2%	(49.9 - 71.5)	1,145	59.2%	(54.8 - 63.5)	NS	121	59.6%	(49.0 - 69.5)	1,331	58.9%	(54.8 - 62.9)	NS	No
2016	211	53.0%	(45.0 - 60.8)	2,181	54.6%	(51.2 - 58.0)	NS	94	55.8%	(43.8 - 67.0)	1,049	52.7%	(47.9 - 57.5)	NS	117	50.1%	(39.8 - 60.4)	1,132	56.9%	(52.1 - 61.5)	NS	No
Current smokeless tobacco use <sup>a</sup>																						
2011	2,166	8.5%	(6.9 - 10.6)	25,406	5.6%	(5.2 - 6.0)	+	792	17.2%	(13.8 - 21.1)	10,231	10.5%	(9.7 - 11.4)	+	1,374	0.6%	(0.3 - 1.1)	15,175	0.8%	(0.6 - 1.0)	NS	Yes
2012	1,526	9.7%	(7.3 - 12.9)	19,041	5.1%	(4.6 - 5.6)	+	599	18.0%	(13.4 - 23.7)	7,828	9.5%	(8.7 - 10.5)	+	927	2.0%	(0.8 - 4.9)	11,213	0.8%	(0.6 - 1.2)	NS	Yes
2013	1,749	9.0%	(7.2 - 11.2)	16,732	5.3%	(4.7 - 5.9)	+	710	18.0%	(14.4 - 22.3)	6,813	10.1%	(9.0 - 11.2)	+	1,039	0.5%	(0.2 - 1.1)	9,919	0.7%	(0.5 - 0.9)	NS	Yes
2014	1,909	6.9%	(5.5 - 8.6)	21,797	4.7%	(4.2 - 5.1)	+	822	13.0%	(10.3 - 16.3)	9,340	8.5%	(7.7 - 9.3)	+	1,087	1.1%	(0.5 - 2.4)	12,457	1.0%	(0.7 - 1.3)	NS	Yes
2015	1,516	7.6%	(6.0 - 9.6)	17,123	5.5%	(4.9 - 6.1)	NS	635	14.8%	(11.7 - 18.6)	7,372	9.9%	(8.9 - 11.1)	+	881	0.8%	(0.4 - 1.7)	9,751	1.1%	(0.8 - 1.6)	NS	Yes
2016	1,237	10.1%	(8.1 - 12.6)	14,830	5.7%	(5.1 - 6.2)	+	525	19.1%	(15.3 - 23.6)	6,478	10.5%	(9.5 - 11.7)	+	712	1.6%	(0.6 - 3.9)	8,352	0.9%	(0.6 - 1.3)	NS	Yes
Has rule not allowing smoking anywhere inside their home																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	865	88.1%	(84.9 - 90.7)	7,750	88.7%	(87.4 - 89.8)	NS	359	87.6%	(82.6 - 91.4)	3,121	88.3%	(86.2 - 90.0)	NS	506	88.6%	(84.5 - 91.7)	4,629	89.1%	(87.5 - 90.5)	NS	No
2014	911	85.4%	(82.3 - 88.0)	10,582	89.0%	(87.9 - 90.0)	NS	354	83.9%	(78.9 - 88.0)	4,448	87.9%	(86.1 - 89.5)	NS	557	86.4%	(82.4 - 89.6)	6,134	90.0%	(88.6 - 91.2)	NS	No
2015	690	88.9%	(85.6 - 91.5)	7,816	90.1%	(88.9 - 91.1)	NS	255	89.8%	(84.3 - 93.6)	3,261	89.2%	(87.2 - 90.9)	NS	435	88.2%	(83.7 - 91.6)	4,555	90.9%	(89.6 - 92.1)	NS	No
2016	578	89.3%	(85.4 - 92.2)	7,109	90.8%	(89.6 - 91.8)	NS	250	84.7%	(77.4 - 90.0)	3,122	91.2%	(89.8 - 92.5)	NS	328	93.6%	(90.6 - 95.7)	3,987	90.4%	(88.5 - 92.0)	NS	Yes
Lifetime e-cigarette use																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	1,235	23.3%	(20.4 - 26.5)	14,819	22.6%	(21.4 - 23.9)	NS	524	26.6%	(22.1 - 31.6)	6,474	25.1%	(23.3 - 27.0)	NS	711	20.1%	(16.6 - 24.2)	8,345	20.2%	(18.7 - 21.9)	NS	No

Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>			
	Panhandle HD			State of NE			Panhandle HD			State of NE			Panhandle HD			State of NE						
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>
Current e-cigarette use																						
2011	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-	
2012	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-	
2013	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-	
2014	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-	
2015	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-	
2016	1,235	3.5%	(2.4 - 5.2)	14,819	4.9%	(4.3 - 5.6)	NS	524	4.2%	(2.4 - 7.4)	6,474	5.3%	(4.5 - 6.4)	NS	711	2.9%	(1.7 - 4.7)	8,345	4.5%	(3.7 - 5.6)	NS	No
<b>Overweight and Obesity</b>																						
Obese (BMI=30+)^																						
2011	2,092	29.9%	(27.3 - 32.6)	24,366	28.4%	(27.6 - 29.2)	NS	789	31.5%	(27.5 - 35.9)	10,102	29.2%	(28.0 - 30.4)	NS	1,303	28.3%	(25.2 - 31.6)	14,264	27.6%	(26.5 - 28.8)	NS	No
2012	1,473	33.1%	(29.3 - 37.1)	18,385	28.6%	(27.7 - 29.6)	NS	595	35.2%	(29.4 - 41.5)	7,781	29.2%	(27.9 - 30.6)	NS	878	30.9%	(26.3 - 36.0)	10,604	28.1%	(26.8 - 29.3)	NS	No
2013	1,704	33.7%	(30.6 - 36.9)	16,250	29.6%	(28.4 - 30.7)	NS	715	35.8%	(31.1 - 40.8)	6,860	30.8%	(29.1 - 32.5)	NS	989	31.6%	(27.6 - 35.8)	9,390	28.4%	(26.9 - 29.9)	NS	No
2014	1,849	34.0%	(31.2 - 36.8)	21,130	30.2%	(29.2 - 31.3)	NS	820	37.2%	(33.0 - 41.5)	9,399	31.7%	(30.2 - 33.2)	NS	1,029	30.7%	(27.3 - 34.4)	11,731	28.7%	(27.4 - 30.1)	NS	No
2015	1,461	35.5%	(32.6 - 38.7)	16,265	31.4%	(30.3 - 32.5)	+	632	36.5%	(32.0 - 41.3)	7,323	32.9%	(31.3 - 34.6)	NS	829	34.6%	(30.7 - 38.6)	8,942	29.8%	(28.3 - 31.3)	NS	No
2016	1,189	31.6%	(28.5 - 34.9)	14,173	32.0%	(30.8 - 33.2)	NS	526	31.5%	(27.0 - 36.4)	6,460	32.6%	(30.8 - 34.3)	NS	663	31.7%	(27.7 - 36.0)	7,713	31.4%	(29.7 - 33.1)	NS	No
Overweight or Obese (BMI=25+)																						
2011	2,092	65.2%	(62.3 - 68.0)	24,366	64.9%	(64.0 - 65.8)	NS	789	72.2%	(67.6 - 76.3)	10,102	72.8%	(71.5 - 74.1)	NS	1,303	58.4%	(54.7 - 62.1)	14,264	56.8%	(55.5 - 58.1)	NS	Yes
2012	1,473	70.0%	(66.2 - 73.4)	18,385	65.0%	(64.0 - 66.0)	+	595	75.2%	(69.7 - 80.0)	7,781	72.3%	(70.8 - 73.7)	NS	878	64.7%	(59.6 - 69.5)	10,604	57.6%	(56.2 - 59.0)	+	Yes
2013	1,704	68.3%	(65.0 - 71.4)	16,250	65.5%	(64.2 - 66.7)	NS	715	73.2%	(68.2 - 77.6)	6,860	72.2%	(70.4 - 74.0)	NS	989	63.3%	(58.9 - 67.6)	9,390	58.5%	(56.8 - 60.2)	NS	Yes
2014	1,849	67.1%	(64.3 - 69.9)	21,130	66.7%	(65.6 - 67.8)	NS	820	75.6%	(71.6 - 79.2)	9,399	73.8%	(72.3 - 75.3)	NS	1,029	58.5%	(54.6 - 62.4)	11,731	59.2%	(57.7 - 60.7)	NS	Yes
2015	1,461	68.8%	(65.6 - 71.8)	16,265	67.0%	(65.8 - 68.2)	NS	632	73.1%	(68.3 - 77.4)	7,323	73.4%	(71.7 - 75.1)	NS	829	64.4%	(60.2 - 68.4)	8,942	60.2%	(58.6 - 61.9)	NS	No
2016	1,189	69.9%	(66.7 - 73.0)	14,173	68.5%	(67.3 - 69.8)	NS	526	74.8%	(70.0 - 79.1)	6,460	74.9%	(73.1 - 76.6)	NS	663	64.8%	(60.3 - 69.1)	7,713	61.8%	(59.9 - 63.6)	NS	Yes
<b>Nutrition</b>																						
Consumed sugar-sweetened beverages 1 or more times per day in past 30 days																						
2011	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-	
2012	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-	
2013	873	30.5%	(26.4 - 35.1)	7,822	28.5%	(26.8 - 30.3)	NS	364	36.8%	(30.5 - 43.7)	3,164	35.8%	(33.1 - 38.5)	NS	509	23.6%	(18.7 - 29.3)	4,658	21.7%	(19.7 - 24.0)	NS	Yes
2014	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-	
2015	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-	
2016	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-	
Currently watching or reducing sodium or salt intake																						
2011	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-	
2012	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-	
2013	874	47.0%	(42.6 - 51.5)	7,818	46.3%	(44.6 - 48.1)	NS	363	45.2%	(38.8 - 51.7)	3,165	43.4%	(40.8 - 46.0)	NS	511	49.0%	(43.2 - 54.8)	4,653	49.1%	(46.8 - 51.5)	NS	No
2014	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-	
2015	696	51.1%	(46.1 - 56.1)	7,892	46.8%	(45.0 - 48.5)	NS	318	48.8%	(41.5 - 56.1)	3,436	46.0%	(43.4 - 48.7)	NS	378	53.6%	(46.8 - 60.3)	4,456	47.5%	(45.2 - 49.8)	NS	No
2016	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-	
Median times per day consumed fruits																						
2011	2,052	1.02	(1.00 - 1.12)	24,090	1.02	(1.02 - 1.04)	NS	756	0.98	(0.79 - 1.02)	9,660	0.99	(0.99 - 1.00)	NS	1,296	1.14	(1.08 - 1.30)	14,430	1.14	(1.13 - 1.14)	NS	Yes
2012	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-	
2013	1,656	1.00	(0.99 - 1.04)	15,949	1.00	(1.00 - 1.00)	NS	672	0.94	(0.72 - 1.00)	6,462	0.99	(0.99 - 1.00)	NS	984	1.13	(1.03 - 1.23)	9,487	1.07	(1.06 - 1.14)	NS	Yes
2014	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-	
2015	1,431	1.00	(1.00 - 1.11)	16,135	1.00	(1.00 - 1.00)	NS	592	0.99	(0.97 - 1.09)	6,899	0.99	(0.98 - 1.00)	NS	839	1.03	(1.02 - 1.15)	9,236	1.03	(1.02 - 1.09)	NS	No
2016	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-	
Consumed fruits less than 1 time per day																						
2011	2,052	41.2%	(38.3 - 44.2)	24,090	40.1%	(39.2 - 41.1)	NS	756	48.5%	(43.8 - 53.1)	9,660	46.2%	(44.8 - 47.6)	NS	1,296	34.6%	(31.0 - 38.3)	14,430	34.3%	(33.1 - 35.6)	NS	Yes
2012	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-	
2013	1,656	42.1%	(38.8 - 45.5)	15,949	39.7%	(38.5 - 41.0)	NS	672	49.7%	(44.7 - 54.7)	6,462	45.4%	(43.4 - 47.3)	NS	984	35.1%	(30.9 - 39.6)	9,487	34.4%	(32.8 - 36.1)	NS	Yes
2014	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-	
2015	1,431	39.8%	(36.7 - 43.0)	16,135	41.1%	(39.9 - 42.4)	NS	592	43.6%	(38.7 - 48.6)	6,899	47.4%	(45.6 - 49.3)	NS	839	36.3%	(32.3 - 40.4)	9,236	35.1%	(33.5 - 36.7)	NS	No
2016	-	-	-	-	-	-		-	-	-	-	-	-		-	-	-	-	-	-	-	

Indicators	Overall						Men						Women						LHD Gender Diff. <sup>g</sup>				
	Panhandle HD			State of NE			Panhandle HD			State of NE			Panhandle HD			State of NE							
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	
<b>Median times per day consumed vegetables</b>																							
2011	2,042	1.52	(1.45 - 1.59)	23,785	1.46	(1.44 - 1.50)	NS	752	1.42	(1.31 - 1.51)	9,534	1.35	(1.33 - 1.41)	NS	1,290	1.64	(1.57 - 1.72)	14,251	1.57	(1.57 - 1.61)	NS	Yes	
2012	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-	-			
2013	1,632	1.52	(1.44 - 1.57)	15,700	1.57	(1.55 - 1.58)	NS	663	1.40	(1.32 - 1.57)	6,373	1.43	(1.42 - 1.50)	NS	969	1.57	(1.51 - 1.71)	9,327	1.70	(1.66 - 1.73)	NS	No	
2014	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-	-			
2015	1,397	1.57	(1.48 - 1.64)	15,850	1.53	(1.50 - 1.58)	NS	585	1.46	(1.39 - 1.61)	6,786	1.42	(1.40 - 1.46)	NS	812	1.61	(1.56 - 1.72)	9,064	1.62	(1.58 - 1.69)	NS	No	
2016	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-	-			
<b>Consumed vegetables less than 1 time per day</b>																							
2011	2,042	23.7%	(21.2 - 26.5)	23,785	26.2%	(25.4 - 27.1)	NS	752	26.1%	(22.2 - 30.5)	9,534	29.7%	(28.4 - 31.0)	NS	1,290	21.5%	(18.4 - 25.0)	14,251	22.9%	(21.8 - 24.1)	NS	No	
2012	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-	-			
2013	1,632	24.0%	(21.1 - 27.2)	15,700	23.3%	(22.2 - 24.4)	NS	663	27.4%	(23.0 - 32.3)	6,373	26.6%	(25.0 - 28.4)	NS	969	20.9%	(17.3 - 25.1)	9,327	20.1%	(18.7 - 21.6)	NS	No	
2014	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-	-			
2015	1,397	23.8%	(21.0 - 26.7)	15,850	24.7%	(23.7 - 25.9)	NS	585	25.2%	(21.1 - 29.9)	6,786	28.3%	(26.6 - 30.0)	NS	812	22.4%	(18.9 - 26.3)	9,064	21.4%	(20.1 - 22.8)	NS	No	
2016	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-	-			
<b>Physical Activity</b>																							
<b>No leisure-time physical activity in past 30 days<sup>h</sup></b>																							
2011	2,090	29.2%	(26.6 - 31.9)	24,433	26.3%	(25.5 - 27.1)	NS	769	31.9%	(27.8 - 36.4)	9,795	27.2%	(26.0 - 28.5)	NS	1,321	26.7%	(23.7 - 30.0)	14,638	25.4%	(24.3 - 26.5)	NS	No	
2012	1,531	21.2%	(18.4 - 24.2)	19,153	21.0%	(20.2 - 21.9)	NS	601	21.2%	(17.0 - 26.1)	7,865	20.4%	(19.3 - 21.7)	NS	930	21.2%	(17.7 - 25.1)	11,288	21.6%	(20.5 - 22.8)	NS	No	
2013	1,700	29.2%	(26.4 - 32.3)	16,158	25.3%	(24.2 - 26.4)	NS	692	33.3%	(28.8 - 38.0)	6,567	26.3%	(24.7 - 28.1)	+	1,008	25.5%	(22.0 - 29.4)	9,591	24.3%	(22.9 - 25.8)	NS	No	
2014	1,957	27.1%	(24.7 - 29.7)	22,397	21.3%	(20.4 - 22.1)	+	841	27.8%	(24.2 - 31.8)	9,599	21.2%	(20.0 - 22.5)	+	1,116	26.5%	(23.4 - 29.8)	12,798	21.4%	(20.2 - 22.5)	+	No	
2015	1,444	27.9%	(25.2 - 30.9)	16,319	25.3%	(24.3 - 26.4)	NS	604	27.6%	(23.4 - 32.1)	6,997	25.3%	(23.8 - 26.9)	NS	840	28.3%	(24.7 - 32.2)	9,322	25.4%	(24.0 - 26.8)	NS	No	
2016	1,264	24.9%	(22.2 - 27.8)	15,169	22.4%	(21.4 - 23.5)	NS	540	22.3%	(18.5 - 26.7)	6,633	20.7%	(19.3 - 22.3)	NS	724	27.4%	(23.8 - 31.4)	8,536	24.1%	(22.7 - 25.6)	NS	No	
<b>Met aerobic physical activity recommendation<sup>h</sup></b>																							
2011	2,030	48.2%	(45.3 - 51.2)	23,735	49.0%	(48.0 - 49.9)	NS	752	44.6%	(40.1 - 49.3)	9,544	47.2%	(45.8 - 48.6)	NS	1,278	51.6%	(47.9 - 55.3)	14,191	50.6%	(49.4 - 51.9)	NS	No	
2012	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-	-			
2013	1,641	48.1%	(44.8 - 51.5)	15,730	50.1%	(48.8 - 51.4)	NS	675	46.8%	(41.8 - 51.8)	6,416	48.8%	(46.9 - 50.7)	NS	966	49.4%	(44.9 - 53.8)	9,314	51.4%	(49.7 - 53.1)	NS	No	
2014	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-	-			
2015	1,408	51.3%	(48.0 - 54.6)	15,878	51.3%	(50.0 - 52.5)	NS	592	51.9%	(46.8 - 56.9)	6,832	51.1%	(49.2 - 53.0)	NS	816	50.8%	(46.5 - 55.0)	9,046	51.4%	(49.8 - 53.1)	NS	No	
2016	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-	-			
<b>Met muscle strengthening recommendation<sup>h</sup></b>																							
2011	2,079	25.6%	(23.0 - 28.4)	24,204	28.1%	(27.3 - 29.0)	NS	766	26.7%	(22.6 - 31.2)	9,697	32.0%	(30.6 - 33.4)	NS	1,313	24.6%	(21.5 - 28.0)	14,507	24.5%	(23.4 - 25.6)	NS	No	
2012	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-	-			
2013	1,682	21.8%	(19.2 - 24.7)	16,021	28.4%	(27.2 - 29.6)	-	684	25.3%	(21.1 - 30.1)	6,499	31.0%	(29.2 - 32.8)	NS	998	18.6%	(15.5 - 22.1)	9,522	26.0%	(24.5 - 27.6)	-	No	
2014	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-	-			
2015	1,424	27.1%	(24.3 - 30.2)	16,117	31.2%	(30.1 - 32.5)	NS	594	28.9%	(24.5 - 33.8)	6,893	34.9%	(33.1 - 36.8)	NS	830	25.4%	(21.9 - 29.4)	9,224	27.7%	(26.2 - 29.3)	NS	No	
2016	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-	-			
<b>Met both aerobic physical activity and muscle strengthening recommendations<sup>h</sup></b>																							
2011	2,019	18.4%	(16.1 - 21.0)	23,567	19.0%	(18.2 - 19.8)	NS	749	18.1%	(14.6 - 22.2)	9,477	19.7%	(18.5 - 20.9)	NS	1,270	18.8%	(15.9 - 22.0)	14,090	18.4%	(17.4 - 19.4)	NS	No	
2012	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-	-			
2013	1,629	14.9%	(12.7 - 17.4)	15,635	18.8%	(17.8 - 19.9)	-	669	16.4%	(13.0 - 20.5)	6,366	19.4%	(17.9 - 21.0)	NS	960	13.5%	(10.9 - 16.6)	9,269	18.2%	(16.8 - 19.6)	-	No	
2014	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-	-			
2015	1,395	18.7%	(16.2 - 21.5)	15,724	21.8%	(20.7 - 22.9)	NS	585	19.5%	(15.8 - 23.9)	6,757	23.3%	(21.6 - 25.1)	NS	810	18.0%	(14.9 - 21.6)	8,967	20.3%	(18.9 - 21.7)	NS	No	
2016	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-	-			
<b>Walk for at least 10 minutes at a time for any reason during a usual week</b>																							
2011	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-	-			
2012	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-	-			
2013	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-	-			
2014	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-	-			
2015	699	82.4%	(78.0 - 86.1)	7,895	84.6%	(83.3 - 85.8)	NS	319	79.7%	(72.3 - 85.5)	3,442	84.2%	(82.2 - 86.0)	NS	380	85.2%	(80.3 - 89.1)	4,453	85.1%	(83.4 - 86.6)	NS	No	
2016	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-	-			



Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>			
	Panhandle HD			State of NE			Panhandle HD			State of NE			Panhandle HD			State of NE						
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>
<b>Indicators</b>																						
Have access to safe places to walk in their neighborhood																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	698	82.0%	(77.4 - 85.9)	7,893	88.4%	(87.2 - 89.4)	-	319	79.7%	(72.0 - 85.8)	3,439	88.8%	(87.2 - 90.3)	-	379	84.4%	(79.2 - 88.5)	4,454	87.9%	(86.3 - 89.3)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
<b>Injury</b>																						
Always wear a seatbelt when driving or riding in a car <sup>^</sup>																						
2011	2,075	57.6%	(54.6 - 60.5)	24,208	71.3%	(70.5 - 72.1)	-	762	47.4%	(42.8 - 52.0)	9,683	63.7%	(62.4 - 65.0)	-	1,313	67.0%	(63.3 - 70.5)	14,525	78.6%	(77.5 - 79.5)	-	Yes
2012	1,512	56.4%	(52.4 - 60.3)	18,851	69.7%	(68.7 - 70.6)	-	593	45.5%	(39.5 - 51.8)	7,731	61.7%	(60.2 - 63.2)	-	919	66.5%	(61.6 - 71.1)	11,120	77.3%	(76.1 - 78.4)	-	Yes
2013	1,682	60.3%	(56.9 - 63.5)	16,053	74.1%	(73.0 - 75.2)	-	687	47.5%	(42.6 - 52.5)	6,520	67.0%	(65.3 - 68.7)	-	995	72.1%	(67.9 - 75.9)	9,533	80.8%	(79.5 - 82.1)	-	Yes
2014	1,891	60.8%	(58.0 - 63.6)	21,599	72.4%	(71.5 - 73.3)	-	812	51.7%	(47.3 - 56.0)	9,241	64.7%	(63.2 - 66.2)	-	1,079	69.5%	(65.9 - 73.0)	12,358	79.8%	(78.7 - 80.9)	-	Yes
2015	1,420	63.6%	(60.4 - 66.7)	16,136	75.4%	(74.4 - 76.4)	-	589	56.5%	(51.5 - 61.4)	6,900	68.2%	(66.5 - 69.9)	-	831	70.1%	(66.1 - 73.9)	9,236	82.3%	(81.1 - 83.4)	-	Yes
2016	1,224	60.0%	(56.6 - 63.3)	14,628	73.8%	(72.7 - 74.9)	-	520	49.7%	(44.5 - 54.8)	6,370	66.8%	(65.0 - 68.5)	-	704	69.8%	(65.5 - 73.9)	8,258	80.6%	(79.2 - 81.8)	-	Yes
Texted while driving in past 30 days																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	870	22.2%	(17.8 - 27.4)	11,451	26.8%	(25.6 - 27.9)	NS	354	29.2%	(22.2 - 37.5)	4,757	29.2%	(27.5 - 31.0)	NS	516	14.4%	(10.2 - 19.9)	6,694	24.4%	(22.8 - 26.0)	-	Yes
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	666	20.7%	(17.0 - 24.9)	7,620	24.9%	(23.3 - 26.6)	NS	248	23.3%	(17.2 - 30.8)	3,209	27.6%	(25.0 - 30.3)	NS	418	18.7%	(14.4 - 24.0)	4,411	22.3%	(20.3 - 24.4)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Talked on a cell phone while driving in past 30 days																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	871	65.9%	(61.3 - 70.3)	11,424	69.1%	(68.0 - 70.2)	NS	353	70.2%	(63.2 - 76.4)	4,742	71.5%	(69.9 - 73.2)	NS	518	61.1%	(54.9 - 67.0)	6,682	66.7%	(65.2 - 68.2)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	667	69.2%	(64.8 - 73.4)	7,604	67.0%	(65.3 - 68.6)	NS	251	71.0%	(63.4 - 77.6)	3,203	71.0%	(68.5 - 73.3)	NS	416	67.9%	(62.3 - 73.0)	4,401	63.1%	(60.8 - 65.2)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Had a fall in past year, aged 45 years and older																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	1,233	32.7%	(29.1 - 36.5)	13,738	28.8%	(27.7 - 29.9)	NS	457	32.4%	(26.8 - 38.5)	5,384	26.9%	(25.3 - 28.5)	NS	776	33.0%	(28.5 - 37.8)	8,354	30.5%	(29.1 - 31.9)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	1,463	34.4%	(31.5 - 37.4)	15,671	26.1%	(25.1 - 27.1)	+	605	35.3%	(30.9 - 40.0)	6,513	24.5%	(23.0 - 26.1)	+	858	33.7%	(30.0 - 37.6)	9,158	27.6%	(26.2 - 29.0)	+	No
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2016	904	30.1%	(26.8 - 33.7)	10,369	29.0%	(27.7 - 30.3)	NS	366	29.9%	(24.9 - 35.5)	4,333	28.1%	(26.2 - 30.1)	NS	538	30.3%	(26.1 - 34.9)	6,036	29.7%	(28.0 - 31.5)	NS	No
Injured due to a fall in past year, aged 45 years and older																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	1,233	12.0%	(9.6 - 15.0)	13,719	9.9%	(9.2 - 10.6)	NS	457	9.0%	(5.9 - 13.6)	5,377	7.7%	(6.7 - 8.7)	NS	776	14.4%	(11.0 - 18.5)	8,342	11.8%	(10.9 - 12.9)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	1,461	13.3%	(11.2 - 15.6)	15,647	8.8%	(8.2 - 9.5)	+	604	11.2%	(8.4 - 14.9)	6,502	6.8%	(6.0 - 7.7)	+	857	15.0%	(12.2 - 18.2)	9,145	10.6%	(9.7 - 11.6)	+	No
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2016	904	10.5%	(8.4 - 13.1)	10,367	10.1%	(9.3 - 11.0)	NS	366	8.4%	(5.6 - 12.4)	4,333	7.8%	(6.8 - 9.0)	NS	538	12.4%	(9.5 - 16.1)	6,034	12.2%	(11.0 - 13.6)	NS	No
<b>Mental Health</b>																						
Ever told they have depression																						
2011	2,165	19.5%	(17.2 - 21.9)	25,333	16.8%	(16.2 - 17.5)	NS	790	14.4%	(11.5 - 18.0)	10,198	11.5%	(10.7 - 12.4)	NS	1,375	24.1%	(20.9 - 27.5)	15,135	22.0%	(21.0 - 23.0)	NS	Yes
2012	1,529	17.4%	(14.6 - 20.5)	19,115	16.7%	(16.0 - 17.5)	NS	600	13.1%	(9.7 - 17.4)	7,853	12.4%	(11.4 - 13.5)	NS	929	21.4%	(17.4 - 26.0)	11,262	20.9%	(19.8 - 22.1)	NS	No
2013	1,775	19.6%	(17.1 - 22.3)	17,065	18.2%	(17.3 - 19.2)	NS	716	14.4%	(11.2 - 18.2)	6,940	12.9%	(11.6 - 14.2)	NS	1,059	24.4%	(20.9 - 28.3)	10,125	23.4%	(22.0 - 24.8)	NS	Yes
2014	1,951	18.8%	(16.7 - 21.1)	22,346	17.7%	(16.9 - 18.6)	NS	836	14.9%	(12.0 - 18.2)	9,582	13.0%	(11.8 - 14.2)	NS	1,115	22.5%	(19.6 - 25.8)	12,764	22.3%	(21.1 - 23.5)	NS	Yes
2015	1,550	18.6%	(16.3 - 21.3)	17,485	17.5%	(16.7 - 18.5)	NS	651	14.1%	(11.0 - 17.9)	7,534	12.4%	(11.3 - 13.7)	NS	899	22.9%	(19.5 - 26.6)	9,951	22.5%	(21.2 - 23.8)	NS	Yes
2016	1,263	16.8%	(14.5 - 19.4)	15,138	17.8%	(16.8 - 18.8)	NS	538	11.5%	(8.5 - 15.3)	6,609	12.1%	(10.9 - 13.4)	NS	725	22.0%	(18.6 - 25.7)	8,529	23.4%	(21.8 - 25.0)	NS	Yes

Indicators	Overall								Men								Women								LHD Gender Diff. <sup>e</sup>
	Panhandle HD			State of NE			Sig <sup>d</sup>	Panhandle HD			State of NE			Sig <sup>d</sup>	Panhandle HD			State of NE			Sig <sup>d</sup>				
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)					
<b>Frequent Mental Distress in past 30 days</b>																									
2011	2,141	10.5%	(8.7 - 12.7)	25,036	9.2%	(8.7 - 9.7)	NS	783	8.8%	(6.2 - 12.2)	10,097	7.7%	(7.0 - 8.4)	NS	1,358	12.2%	(9.8 - 15.0)	14,939	10.7%	(9.9 - 11.5)	NS	No			
2012	1,513	9.2%	(7.3 - 11.6)	18,935	9.0%	(8.4 - 9.7)	NS	597	8.8%	(6.1 - 12.6)	7,786	7.4%	(6.6 - 8.3)	NS	916	9.5%	(7.0 - 12.8)	11,149	10.6%	(9.7 - 11.5)	NS	No			
2013	1,758	10.0%	(8.2 - 12.0)	16,889	8.9%	(8.2 - 9.6)	NS	716	7.1%	(5.0 - 10.0)	6,889	6.8%	(5.9 - 7.9)	NS	1,042	12.7%	(10.1 - 15.8)	10,000	10.9%	(9.8 - 12.0)	NS	Yes			
2014	1,935	8.5%	(7.0 - 10.3)	22,132	8.2%	(7.6 - 8.8)	NS	832	6.6%	(4.7 - 9.1)	9,483	6.4%	(5.6 - 7.3)	NS	1,103	10.3%	(8.2 - 13.0)	12,649	9.9%	(9.0 - 10.8)	NS	No			
2015	1,542	12.1%	(10.1 - 14.6)	17,369	8.9%	(8.2 - 9.6)	+	652	11.0%	(8.2 - 14.7)	7,491	6.9%	(6.0 - 7.9)	+	890	13.3%	(10.5 - 16.6)	9,878	10.8%	(9.8 - 11.9)	NS	No			
2016	1,255	11.0%	(9.0 - 13.3)	15,035	9.5%	(8.7 - 10.4)	NS	536	8.8%	(6.2 - 12.4)	6,568	7.0%	(6.0 - 8.1)	NS	719	13.1%	(10.3 - 16.5)	8,467	12.0%	(10.8 - 13.3)	NS	No			
<b>Currently taking medication or receiving treatment for a mental health condition</b>																									
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
2012	576	15.1%	(11.0 - 20.4)	6,643	11.0%	(10.0 - 12.1)	NS	223	10.5%	(5.8 - 18.3)	2,693	7.4%	(6.2 - 8.9)	NS	353	19.3%	(13.4 - 27.0)	3,950	14.5%	(12.9 - 16.2)	NS	No			
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
<b>Symptoms of serious mental illness in past 30 days</b>																									
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
2012	571	4.1%	(2.2 - 7.3)	6,555	3.2%	(2.6 - 3.9)	NS	220	4.2%	(1.7 - 10.1)	2,657	2.5%	(1.8 - 3.7)	NS	351	4.0%	(1.8 - 8.4)	3,898	3.8%	(2.9 - 4.9)	NS	No			
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
<b>Alcohol and Drug Use</b>																									
<b>Any alcohol consumption in past 30 days</b>																									
2011	2,062	53.2%	(50.2 - 56.1)	24,051	61.8%	(60.9 - 62.7)	-	755	64.1%	(59.5 - 68.4)	9,597	67.7%	(66.4 - 69.1)	NS	1,307	43.2%	(39.5 - 46.9)	14,454	56.2%	(55.0 - 57.4)	-	Yes			
2012	1,515	53.4%	(49.4 - 57.3)	18,891	61.3%	(60.3 - 62.3)	-	591	60.0%	(53.8 - 65.9)	7,749	68.7%	(67.2 - 70.1)	-	924	47.2%	(42.2 - 52.3)	11,142	54.2%	(52.8 - 55.6)	-	Yes			
2013	1,736	50.6%	(47.3 - 53.9)	16,614	57.5%	(56.2 - 58.7)	-	700	59.1%	(53.9 - 64.1)	6,754	63.3%	(61.4 - 65.2)	NS	1,036	42.7%	(38.6 - 47.0)	9,860	51.8%	(50.2 - 53.5)	-	Yes			
2014	1,893	50.7%	(47.8 - 53.6)	21,612	59.2%	(58.1 - 60.3)	-	811	63.0%	(58.7 - 67.1)	9,246	65.2%	(63.6 - 66.8)	NS	1,082	39.1%	(35.5 - 42.9)	12,366	53.4%	(52.0 - 54.9)	-	Yes			
2015	1,507	52.6%	(49.4 - 55.7)	16,939	57.6%	(56.4 - 58.8)	-	630	60.6%	(55.7 - 65.2)	7,282	63.8%	(62.0 - 65.5)	NS	877	45.1%	(41.0 - 49.2)	9,657	51.6%	(50.0 - 53.2)	-	Yes			
2016	1,231	51.9%	(48.5 - 55.2)	14,723	59.8%	(58.5 - 61.0)	-	521	59.9%	(54.8 - 64.8)	6,421	68.0%	(66.1 - 69.8)	-	710	44.3%	(39.9 - 48.7)	8,302	51.8%	(50.0 - 53.6)	-	Yes			
<b>Binge drank in past 30 days<sup>a</sup></b>																									
2011	2,054	17.8%	(15.4 - 20.5)	23,948	22.7%	(21.9 - 23.5)	-	749	25.8%	(21.6 - 30.5)	9,533	30.2%	(28.9 - 31.5)	NS	1,305	10.5%	(8.2 - 13.5)	14,415	15.7%	(14.7 - 16.7)	-	Yes			
2012	1,504	18.2%	(14.9 - 22.0)	18,742	22.1%	(21.3 - 23.0)	NS	586	24.9%	(19.5 - 31.2)	7,664	29.1%	(27.6 - 30.5)	NS	918	12.0%	(8.5 - 16.6)	11,078	15.5%	(14.5 - 16.6)	NS	Yes			
2013	1,722	16.4%	(13.9 - 19.2)	16,500	20.0%	(19.0 - 21.1)	NS	692	23.5%	(19.2 - 28.3)	6,687	25.2%	(23.6 - 26.9)	NS	1,030	9.9%	(7.4 - 13.1)	9,813	15.0%	(13.8 - 16.4)	-	Yes			
2014	1,878	17.6%	(15.4 - 20.0)	21,443	20.3%	(19.4 - 21.3)	NS	802	25.8%	(22.0 - 30.0)	9,149	26.8%	(25.3 - 28.3)	NS	1,076	9.9%	(7.8 - 12.6)	12,294	14.1%	(13.0 - 15.3)	-	Yes			
2015	1,501	14.0%	(11.8 - 16.6)	16,832	19.5%	(18.5 - 20.5)	-	625	19.0%	(15.3 - 23.5)	7,216	26.0%	(24.4 - 27.8)	-	876	9.3%	(7.0 - 12.3)	9,616	13.1%	(12.0 - 14.3)	NS	Yes			
2016	1,219	19.0%	(16.3 - 22.0)	14,620	20.0%	(18.9 - 21.1)	NS	517	27.1%	(22.7 - 31.9)	6,367	27.2%	(25.4 - 29.0)	NS	702	11.2%	(8.4 - 14.9)	8,253	13.1%	(11.9 - 14.4)	NS	Yes			
<b>Heavy drinking in past 30 days</b>																									
2011	2,052	6.0%	(4.5 - 7.8)	23,906	7.5%	(7.0 - 8.1)	NS	750	9.7%	(7.0 - 13.3)	9,514	9.2%	(8.4 - 10.2)	NS	1,302	2.6%	(1.6 - 4.0)	14,392	5.9%	(5.2 - 6.6)	-	Yes			
2012	1,503	8.0%	(5.7 - 11.0)	18,738	7.2%	(6.6 - 7.7)	NS	586	11.8%	(7.8 - 17.5)	7,668	8.5%	(7.7 - 9.4)	NS	917	4.4%	(2.6 - 7.3)	11,070	5.9%	(5.3 - 6.6)	NS	Yes			
2013	1,726	5.5%	(4.2 - 7.4)	16,513	6.8%	(6.2 - 7.5)	NS	694	6.7%	(4.4 - 9.9)	6,698	7.3%	(6.4 - 8.3)	NS	1,032	4.5%	(3.0 - 6.7)	9,815	6.3%	(5.5 - 7.2)	NS	No			
2014	1,882	5.7%	(4.4 - 7.3)	21,447	6.4%	(5.9 - 7.0)	NS	808	8.0%	(5.8 - 11.0)	9,158	7.5%	(6.7 - 8.5)	NS	1,074	3.5%	(2.4 - 5.1)	12,289	5.3%	(4.7 - 6.1)	NS	Yes			
2015	1,500	4.3%	(3.1 - 5.8)	16,815	5.7%	(5.1 - 6.4)	NS	628	5.6%	(3.6 - 8.5)	7,214	7.0%	(6.0 - 8.1)	NS	872	3.0%	(1.9 - 4.6)	9,601	4.6%	(3.9 - 5.3)	NS	No			
2016	1,222	5.2%	(3.9 - 6.9)	14,634	6.6%	(5.9 - 7.3)	NS	517	7.5%	(5.3 - 10.6)	6,376	8.0%	(7.0 - 9.1)	NS	705	3.0%	(1.8 - 5.0)	8,258	5.2%	(4.4 - 6.2)	NS	Yes			
<b>Alcohol impaired driving in past 30 days</b>																									
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
2012	1,517	2.5%	(1.4 - 4.3)	18,895	3.4%	(3.1 - 3.8)	NS	597	4.5%	(2.4 - 8.3)	7,741	5.5%	(4.9 - 6.3)	NS	920	0.5%	(0.2 - 1.1)	11,154	1.4%	(1.1 - 1.8)	NS	Yes			
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
2014	1,902	2.5%	(1.7 - 3.6)	21,627	2.5%	(2.2 - 2.9)	NS	817	4.4%	(2.9 - 6.7)	9,242	4.2%	(3.5 - 4.9)	NS	1,085	0.6%	(0.3 - 1.5)	12,385	1.0%	(0.7 - 1.3)	NS	Yes			
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
2016	1,226	2.6%	(1.7 - 4.2)	14,666	3.4%	(2.9 - 3.9)	NS	519	3.9%	(2.4 - 6.5)	6,383	5.1%	(4.3 - 6.0)	NS	707	1.4%	(0.5 - 4.0)	8,283	1.7%	(1.3 - 2.4)	NS	No			

Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>				
	Panhandle HD			State of NE			Panhandle HD			State of NE			Panhandle HD			State of NE							
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	
Took pain medication prescribed by doctor in past year																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	903	36.4%	(31.5 - 41.5)	11,767	30.2%	(29.1 - 31.4)	+	361	31.8%	(25.2 - 39.4)	4,835	27.3%	(25.7 - 29.0)	NS	542	41.2%	(34.5 - 48.3)	6,932	33.0%	(31.5 - 34.6)	NS	No	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	690	38.4%	(33.7 - 43.3)	7,858	33.5%	(31.9 - 35.1)	NS	256	35.4%	(28.1 - 43.5)	3,283	28.9%	(26.6 - 31.4)	NS	434	40.5%	(34.5 - 46.8)	4,575	37.9%	(35.8 - 40.1)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Had leftover pain meds after last filled script, among those who took pain meds in past year																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	321	53.8%	(45.0 - 62.5)	3,848	49.2%	(46.9 - 51.4)	NS	118	46.0%	(33.0 - 59.5)	1,423	43.9%	(40.4 - 47.4)	NS	203	60.4%	(49.1 - 70.8)	2,425	53.4%	(50.5 - 56.3)	NS	No	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	250	43.5%	(35.4 - 52.0)	2,684	45.7%	(42.8 - 48.7)	NS	81	38.9%	(26.1 - 53.5)	995	42.6%	(37.9 - 47.4)	NS	169	46.5%	(36.5 - 56.8)	1,689	48.0%	(44.4 - 51.7)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Used marijuana in past 30 days																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	1,174	3.4%	(2.2 - 5.1)	14,160	4.9%	(4.2 - 5.7)	NS	496	4.0%	(2.4 - 6.8)	6,143	7.2%	(6.0 - 8.6)	NS	678	2.8%	(1.4 - 5.3)	8,017	2.7%	(2.1 - 3.5)	NS	No	
<b>Immunization and Infectious Disease</b>																							
Had a flu vaccination in past year, aged 18 years and older																							
2011	2,068	36.7%	(34.1 - 39.5)	24,156	41.1%	(40.2 - 42.0)	-	761	33.2%	(29.2 - 37.5)	9,663	35.1%	(33.8 - 36.5)	NS	1,307	39.9%	(36.5 - 43.5)	14,493	46.8%	(45.6 - 48.1)	-	No	
2012	1,516	35.1%	(31.5 - 38.9)	18,903	42.2%	(41.2 - 43.2)	-	594	26.9%	(22.1 - 32.3)	7,754	36.8%	(35.4 - 38.2)	-	922	42.8%	(37.9 - 47.9)	11,149	47.5%	(46.1 - 48.8)	NS	Yes	
2013	1,684	38.7%	(35.6 - 41.8)	16,022	45.2%	(43.9 - 46.4)	-	688	31.5%	(27.3 - 36.0)	6,506	41.2%	(39.4 - 43.1)	-	996	45.4%	(41.1 - 49.8)	9,516	48.9%	(47.2 - 50.6)	NS	Yes	
2014	1,897	38.9%	(36.2 - 41.7)	21,638	43.9%	(42.9 - 45.0)	-	816	34.5%	(30.6 - 38.6)	9,262	38.8%	(37.3 - 40.4)	NS	1,081	43.1%	(39.4 - 47.0)	12,376	48.9%	(47.4 - 50.3)	-	Yes	
2015	1,423	39.2%	(36.1 - 42.3)	16,091	47.2%	(46.0 - 48.4)	-	591	35.3%	(30.8 - 40.1)	6,883	40.8%	(39.0 - 42.6)	NS	832	42.7%	(38.6 - 46.8)	9,208	53.4%	(51.7 - 55.0)	-	No	
2016	1,229	34.2%	(31.2 - 37.4)	14,685	44.4%	(43.1 - 45.7)	-	522	29.3%	(25.0 - 34.0)	6,401	39.4%	(37.5 - 41.3)	-	707	39.0%	(34.9 - 43.3)	8,284	49.3%	(47.6 - 51.1)	-	Yes	
Had a flu vaccination in past year, aged 65 years and older <sup>^</sup>																							
2011	852	61.1%	(57.2 - 65.0)	8,185	61.8%	(60.3 - 63.3)	NS	290	61.0%	(54.2 - 67.4)	2,875	59.6%	(57.1 - 62.1)	NS	562	61.3%	(56.5 - 65.8)	5,310	63.4%	(61.5 - 65.3)	NS	No	
2012	651	52.7%	(47.5 - 57.8)	6,625	62.9%	(61.2 - 64.6)	-	205	49.0%	(40.3 - 57.7)	2,327	60.9%	(58.1 - 63.6)	-	446	54.9%	(48.5 - 61.2)	4,298	64.4%	(62.4 - 66.5)	-	No	
2013	695	59.4%	(54.7 - 63.9)	5,652	66.2%	(64.2 - 68.1)	-	256	54.5%	(46.8 - 62.0)	2,067	67.6%	(64.4 - 70.6)	-	439	63.0%	(57.3 - 68.4)	3,585	65.0%	(62.6 - 67.4)	NS	No	
2014	756	55.0%	(50.8 - 59.1)	7,610	64.7%	(63.2 - 66.2)	-	297	57.8%	(51.0 - 64.3)	2,971	65.9%	(63.5 - 68.3)	NS	459	52.9%	(47.5 - 58.2)	4,639	63.8%	(61.8 - 65.7)	-	No	
2015	543	53.9%	(49.0 - 58.9)	5,578	65.2%	(63.4 - 67.0)	-	204	53.5%	(45.3 - 61.5)	2,119	64.1%	(61.1 - 66.9)	NS	339	54.3%	(48.0 - 60.4)	3,459	66.1%	(63.9 - 68.2)	-	No	
2016	474	53.2%	(47.8 - 58.4)	5,130	62.7%	(60.8 - 64.6)	-	174	49.9%	(41.3 - 58.5)	1,967	62.8%	(59.8 - 65.6)	-	300	55.6%	(48.9 - 62.1)	3,163	62.7%	(60.2 - 65.1)	NS	No	
Ever had a pneumonia vaccination, aged 65 years and older <sup>^</sup>																							
2011	836	64.2%	(60.2 - 68.0)	7,997	70.3%	(68.8 - 71.7)	-	283	63.3%	(56.4 - 69.7)	2,772	66.7%	(64.2 - 69.1)	NS	553	64.9%	(60.1 - 69.3)	5,225	72.9%	(71.2 - 74.5)	-	No	
2012	632	63.3%	(58.1 - 68.3)	6,413	70.0%	(68.4 - 71.6)	-	197	59.5%	(50.4 - 68.0)	2,225	66.9%	(64.1 - 69.6)	NS	435	65.6%	(59.2 - 71.4)	4,188	72.3%	(70.3 - 74.1)	NS	No	
2013	674	63.3%	(58.6 - 67.8)	5,478	71.7%	(69.8 - 73.4)	-	246	63.2%	(55.5 - 70.4)	1,970	71.5%	(68.5 - 74.3)	NS	428	63.3%	(57.3 - 69.0)	3,508	71.8%	(69.4 - 74.0)	-	No	
2014	736	62.3%	(58.0 - 66.3)	7,372	72.3%	(70.9 - 73.7)	-	290	61.6%	(54.8 - 67.9)	2,849	70.3%	(67.9 - 72.5)	-	446	62.7%	(57.3 - 67.9)	4,523	73.9%	(72.1 - 75.7)	-	No	
2015	531	60.8%	(55.8 - 65.7)	5,452	73.8%	(72.1 - 75.4)	-	203	58.1%	(49.8 - 66.1)	2,056	70.3%	(67.4 - 73.0)	-	328	62.9%	(56.6 - 68.8)	3,396	76.5%	(74.5 - 78.4)	-	No	
2016	465	68.6%	(63.3 - 73.4)	5,060	75.9%	(74.2 - 77.5)	-	170	62.9%	(54.0 - 71.1)	1,927	73.7%	(70.9 - 76.3)	NS	295	72.7%	(66.4 - 78.2)	3,133	77.6%	(75.5 - 79.7)	NS	No	
Had a tetanus vaccination since 2005																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	1,550	53.1%	(49.7 - 56.5)	14,650	60.2%	(58.9 - 61.5)	-	642	61.7%	(56.6 - 66.4)	6,015	63.1%	(61.1 - 65.0)	NS	908	44.9%	(40.3 - 49.5)	8,635	57.4%	(55.6 - 59.1)	-	Yes	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	1,138	56.8%	(53.3 - 60.1)	13,574	64.2%	(62.9 - 65.4)	-	485	60.6%	(55.4 - 65.5)	5,939	67.5%	(65.5 - 69.3)	-	653	53.1%	(48.5 - 57.6)	7,635	60.9%	(59.2 - 62.7)	-	No	

Indicators	Overall						Men					Women					LHD Gender Diff. <sup>e</sup>						
	Panhandle HD			State of NE			Panhandle HD			State of NE		Panhandle HD			State of NE								
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>				
Ever had a shingles vaccination, aged 50 years and older																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
2014	1,363	22.4%	(20.1 - 24.9)	14,246	27.9%	(26.9 - 28.9)	-	566	23.4%	(19.7 - 27.5)	5,892	25.7%	(24.2 - 27.3)	NS	797	21.7%	(18.8 - 24.8)	8,354	29.8%	(28.4 - 31.3)	-	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Ever been tested for HIV, 18-64 year olds (excluding blood donation)																							
2011	1,183	27.5%	(24.2 - 31.0)	15,561	30.8%	(29.7 - 31.8)	NS	458	25.1%	(20.5 - 30.3)	6,612	28.4%	(27.0 - 29.9)	NS	725	29.8%	(25.4 - 34.7)	8,949	33.1%	(31.7 - 34.6)	NS	No	
2012	845	26.6%	(22.4 - 31.3)	11,879	30.9%	(29.8 - 32.1)	NS	380	24.4%	(18.5 - 31.3)	5,254	27.9%	(26.3 - 29.5)	NS	465	29.0%	(23.2 - 35.7)	6,625	34.0%	(32.4 - 35.7)	NS	No	
2013	958	30.8%	(27.0 - 34.9)	10,049	31.8%	(30.3 - 33.3)	NS	419	26.6%	(21.5 - 32.3)	4,304	29.1%	(27.0 - 31.3)	NS	539	35.1%	(29.7 - 40.9)	5,745	34.4%	(32.5 - 36.4)	NS	No	
2014	1,090	27.8%	(24.6 - 31.3)	13,474	30.9%	(29.6 - 32.2)	NS	496	26.2%	(21.6 - 31.4)	6,042	28.6%	(26.8 - 30.5)	NS	594	29.4%	(25.1 - 34.2)	7,432	33.2%	(31.4 - 35.0)	NS	No	
2015	860	31.8%	(28.1 - 35.8)	10,152	32.0%	(30.6 - 33.5)	NS	378	29.4%	(24.0 - 35.5)	4,604	29.2%	(27.2 - 31.4)	NS	482	34.2%	(29.3 - 39.6)	5,548	34.9%	(32.9 - 36.9)	NS	No	
2016	718	33.1%	(29.2 - 37.4)	9,145	31.9%	(30.4 - 33.5)	NS	337	33.1%	(27.3 - 39.3)	4,263	28.5%	(26.4 - 30.7)	NS	381	33.2%	(27.9 - 39.0)	4,882	35.4%	(33.2 - 37.6)	NS	No	
<b>Oral Health</b>																							
Visited a dentist or dental clinic for any reason in past year <sup>a</sup>																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	1,523	60.1%	(56.1 - 63.9)	19,052	67.6%	(66.6 - 68.5)	-	595	57.8%	(51.7 - 63.7)	7,827	64.2%	(62.7 - 65.6)	NS	928	62.2%	(57.1 - 67.0)	11,225	70.9%	(69.6 - 72.1)	-	No	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	1,947	56.4%	(53.5 - 59.2)	22,258	66.4%	(65.4 - 67.4)	-	836	50.5%	(46.2 - 54.8)	9,544	63.2%	(61.7 - 64.8)	-	1,111	61.9%	(58.1 - 65.5)	12,714	69.5%	(68.1 - 70.8)	-	Yes	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2016	1,255	60.3%	(57.0 - 63.5)	15,089	68.7%	(67.5 - 69.9)	-	536	56.9%	(51.9 - 61.7)	6,597	65.9%	(64.1 - 67.7)	-	719	63.6%	(59.2 - 67.8)	8,492	71.4%	(69.8 - 73.0)	-	No	
Had any permanent teeth extracted due to tooth decay or gum disease																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	1,516	47.6%	(43.7 - 51.5)	18,824	39.8%	(38.8 - 40.8)	+	593	43.2%	(37.4 - 49.2)	7,750	39.2%	(37.7 - 40.6)	NS	923	51.7%	(46.6 - 56.7)	11,074	40.4%	(39.1 - 41.7)	+	No	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	1,934	48.8%	(45.9 - 51.6)	22,085	39.1%	(38.1 - 40.1)	+	830	48.8%	(44.5 - 53.1)	9,490	39.4%	(37.9 - 40.9)	+	1,104	48.8%	(45.0 - 52.6)	12,595	38.9%	(37.5 - 40.2)	+	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2016	1,251	45.6%	(42.4 - 48.9)	14,988	38.2%	(37.0 - 39.4)	+	536	44.3%	(39.4 - 49.2)	6,559	37.6%	(35.8 - 39.3)	+	715	46.9%	(42.6 - 51.2)	8,429	38.9%	(37.3 - 40.5)	+	No	
Had any permanent teeth extracted due to tooth decay or gum disease, 45-64 year olds <sup>a</sup>																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	584	55.2%	(49.7 - 60.6)	7,138	47.7%	(46.1 - 49.3)	+	254	58.3%	(49.8 - 66.2)	3,077	48.7%	(46.3 - 51.1)	NS	330	52.4%	(45.2 - 59.5)	4,061	46.7%	(44.6 - 48.8)	NS	No	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	726	55.2%	(51.0 - 59.4)	8,200	45.9%	(44.3 - 47.5)	+	321	55.7%	(49.4 - 61.8)	3,631	47.5%	(45.1 - 50.0)	NS	405	54.8%	(49.0 - 60.4)	4,569	44.3%	(42.1 - 46.5)	+	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2016	439	50.7%	(45.5 - 56.0)	5,356	45.1%	(43.1 - 47.1)	NS	201	52.0%	(44.2 - 59.7)	2,446	46.4%	(43.5 - 49.3)	NS	238	49.4%	(42.4 - 56.5)	2,910	43.8%	(41.2 - 46.5)	NS	No	
Had all permanent teeth extracted due to tooth decay or gum disease, aged 65 years and older																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	651	15.1%	(12.0 - 18.8)	6,502	13.4%	(12.3 - 14.5)	NS	207	15.2%	(10.4 - 21.8)	2,313	12.0%	(10.3 - 13.9)	NS	444	14.9%	(11.2 - 19.7)	4,189	14.4%	(13.0 - 16.0)	NS	No	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	766	17.8%	(14.6 - 21.5)	7,657	14.1%	(13.0 - 15.2)	NS	298	17.8%	(13.0 - 23.9)	3,010	14.4%	(12.8 - 16.3)	NS	468	17.8%	(13.7 - 22.6)	4,647	13.8%	(12.5 - 15.2)	NS	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2016	473	17.4%	(13.7 - 22.0)	5,179	13.2%	(11.9 - 14.6)	NS	175	12.7%	(7.8 - 20.1)	1,993	10.6%	(9.0 - 12.5)	NS	298	21.0%	(15.9 - 27.2)	3,186	15.3%	(13.5 - 17.3)	NS	No	
Had all permanent teeth extracted due to tooth decay or gum disease, 65-74 year olds <sup>a</sup>																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	308	11.4%	(7.8 - 16.4)	3,149	11.3%	(9.9 - 12.8)	NS	104	12.4%	(6.9 - 21.3)	1,268	9.3%	(7.5 - 11.4)	NS	204	10.7%	(6.4 - 17.3)	1,881	13.1%	(11.1 - 15.3)	NS	No	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	389	14.3%	(10.3 - 19.7)	4,089	10.9%	(9.6 - 12.3)	NS	172	12.5%	(7.4 - 20.3)	1,804	12.0%	(9.9 - 14.4)	NS	217	15.9%	(10.3 - 23.8)	2,285	9.8%	(8.3 - 11.7)	NS	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2016	245	12.7%	(8.6 - 18.5)	2,815	10.4%	(9.0 - 12.0)	NS	95	9.4%	(4.3 - 19.5)	1,168	8.8%	(6.9 - 11.2)	NS	150	15.5%	(9.9 - 23.5)	1,647	11.8%	(9.9 - 14.1)	NS	No	

Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>				
	Panhandle HD			State of NE			Panhandle HD			State of NE			Panhandle HD			State of NE							
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	
Had teeth cleaned by dentist/hygienist in past year, among those with 1+ permanent teeth																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	1,126	57.7%	(54.1 - 61.1)	13,764	67.4%	(66.1 - 68.6)	-	490	52.8%	(47.5 - 58.0)	6,092	63.9%	(62.0 - 65.8)	-	636	62.5%	(57.7 - 66.9)	7,672	70.8%	(69.1 - 72.5)	-	No	
<b>Social Context</b>																							
Housing insecurity in past year, among those who own or rent their home <sup>^</sup>																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	521	26.1%	(20.4 - 32.8)	6,089	26.6%	(25.0 - 28.3)	NS	203	22.3%	(14.7 - 32.2)	2,481	24.7%	(22.3 - 27.3)	NS	318	29.5%	(21.6 - 38.8)	3,608	28.5%	(26.3 - 30.8)	NS	No	
2013	809	31.8%	(27.5 - 36.4)	7,324	28.8%	(27.1 - 30.5)	NS	338	31.8%	(25.5 - 38.7)	2,961	25.0%	(22.5 - 27.7)	NS	471	31.8%	(26.3 - 37.9)	4,363	32.3%	(30.0 - 34.7)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	648	29.3%	(25.0 - 33.9)	7,461	28.5%	(26.8 - 30.2)	NS	236	21.3%	(15.4 - 28.7)	3,109	26.6%	(24.2 - 29.2)	NS	412	35.3%	(29.6 - 41.4)	4,352	30.3%	(28.1 - 32.5)	NS	Yes	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Food insecurity in past year <sup>^</sup>																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	576	17.0%	(12.6 - 22.5)	6,621	17.6%	(16.2 - 19.0)	NS	220	13.2%	(7.9 - 21.4)	2,684	13.9%	(12.1 - 16.0)	NS	356	20.4%	(14.1 - 28.4)	3,937	21.1%	(19.1 - 23.2)	NS	No	
2013	875	21.8%	(18.2 - 25.8)	7,828	19.0%	(17.6 - 20.6)	NS	363	19.8%	(14.8 - 26.1)	3,159	15.4%	(13.4 - 17.7)	NS	512	23.9%	(19.1 - 29.4)	4,669	22.5%	(20.5 - 24.6)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	696	22.4%	(18.4 - 26.9)	7,918	21.0%	(19.5 - 22.5)	NS	257	12.8%	(8.4 - 18.9)	3,309	17.9%	(15.8 - 20.2)	NS	439	29.2%	(23.6 - 35.6)	4,609	24.0%	(22.1 - 26.1)	NS	Yes	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
<b>Caregiving</b>																							
Provided regular care/assistance in past month to friend or family member with health issue																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	696	28.8%	(24.6 - 33.4)	7,883	24.7%	(23.2 - 26.2)	NS	319	27.0%	(21.3 - 33.6)	3,434	21.1%	(19.1 - 23.4)	NS	377	30.7%	(24.8 - 37.2)	4,449	28.0%	(25.9 - 30.2)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
<b>Cognitive Decline</b>																							
Experienced more or worsening confusion or memory loss in past year, aged 45 years and older																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	542	14.1%	(10.6 - 18.6)	5,767	9.4%	(8.4 - 10.5)	+	232	18.1%	(12.2 - 25.8)	2,436	10.2%	(8.7 - 12.0)	+	310	10.8%	(7.1 - 16.0)	3,331	8.6%	(7.3 - 10.2)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
<b>Inadequate Sleep</b>																							
Get less than 7 hours of sleep per day																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	1,758	32.9%	(29.8 - 36.1)	16,972	31.8%	(30.6 - 33.0)	NS	716	33.1%	(28.5 - 38.0)	6,927	32.6%	(30.8 - 34.4)	NS	1,042	32.7%	(28.7 - 36.9)	10,045	31.0%	(29.5 - 32.6)	NS	No	
2014	1,926	31.5%	(28.9 - 34.3)	22,172	30.0%	(29.0 - 31.0)	NS	828	31.4%	(27.5 - 35.6)	9,527	30.7%	(29.2 - 32.2)	NS	1,098	31.6%	(28.1 - 35.4)	12,645	29.4%	(28.1 - 30.7)	NS	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	1,260	28.3%	(25.4 - 31.4)	15,097	29.6%	(28.4 - 30.8)	NS	537	28.4%	(24.0 - 33.2)	6,610	29.7%	(27.9 - 31.5)	NS	723	28.2%	(24.5 - 32.4)	8,487	29.5%	(27.9 - 31.2)	NS	No	
Average hours of sleep per day																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	1,758	7.1	(7.0 - 7.2)	16,972	7.1	(7.0 - 7.1)	NS	716	7.1	(6.9 - 7.3)	6,927	7.0	(7.0 - 7.1)	NS	1,042	7.1	(6.9 - 7.2)	10,045	7.1	(7.0 - 7.1)	NS	No	
2014	1,926	7.1	(7.0 - 7.2)	22,172	7.1	(7.0 - 7.1)	NS	828	7.1	(7.0 - 7.2)	9,527	7.0	(7.0 - 7.1)	NS	1,098	7.1	(7.0 - 7.3)	12,645	7.1	(7.1 - 7.1)	NS	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	1,260	7.2	(7.1 - 7.3)	15,097	7.1	(7.1 - 7.1)	NS	537	7.2	(7.0 - 7.3)	6,610	7.1	(7.0 - 7.2)	NS	723	7.2	(7.1 - 7.3)	8,487	7.1	(7.1 - 7.2)	NS	No	

Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>			
	Panhandle HD			State of NE			Panhandle HD			State of NE			Panhandle HD			State of NE						
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>
<b>Occupational Safety and Health</b>																						
Work-related injury or illness in past year, among employed or recently out of work																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	456	3.4%	(1.7 - 6.6)	4,952	4.8%	(3.9 - 5.8)	NS	203	3.4%	(1.5 - 7.7)	2,246	6.1%	(4.8 - 7.7)	NS	253	3.4%	(1.1 - 9.9)	2,706	3.3%	(2.2 - 4.9)	NS	No
2014	582	6.8%	(4.6 - 10.0)	6,966	4.9%	(4.1 - 5.9)	NS	320	8.7%	(5.5 - 13.4)	3,403	5.4%	(4.4 - 6.7)	NS	262	3.8%	(1.7 - 8.3)	3,563	4.3%	(3.1 - 6.0)	NS	No
2015	470	6.3%	(4.2 - 9.3)	5,434	5.7%	(4.7 - 6.8)	NS	254	7.3%	(4.3 - 11.9)	2,727	7.1%	(5.6 - 9.0)	NS	216	4.8%	(2.6 - 8.8)	2,707	3.9%	(2.9 - 5.3)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	

Note: Data reflect the 12 county LHD region of Banner, Box Butte, Cheyenne, Dawes, Deuel, Garden, Grant, Kimball, Morrill, Scotts Bluff, Sheridan, and Sioux Counties

Note: Data reflect both landline and cell phone responses

Note: This table is not intended to be inclusive of all BRFSS indicators; some were excluded due to small numbers at the LHD level

Note: This table excludes 2011 BRFSS optional module and state added questions data due to the data being headline only

Note: The results in this table may be slightly different than results in previously published reports and tables due differences in the software used and/or how the statistical analysis code was written; these results were analyzed using SAS and SAS-callable SUDAAN software

<sup>a</sup> Non-weighted sample size among adults 18 and older (unless different age group noted)

<sup>b</sup> Weighted mean, median, or percentage (percentages are followed by the % symbol) among adults 18 and older (unless different age group noted)

<sup>c</sup> Low and High are the lower and upper limits of the 95% confidence interval, respectively

<sup>d</sup> Symbols represent: "+" = LHD value significantly higher than the state value; "-" = LHD value significantly lower than the state value; "NS" = LHD value not statistically different than the state value; significant differences based on 95% confidence interval overlap

<sup>e</sup> Indicates whether there is a significant difference by gender within the LHD region, based on non-overlapping 95% confidence intervals; note that small sample sizes for males and females can make interpreting significance difficult due to large confidence intervals

<sup>f</sup> Reflects a Nebraska Healthy People 2020 (HP2020) measure

\* Data suppressed due to a small number of respondents (i.e., fewer than 50)

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS); January 2018

