

BRFSS Detailed Summary Table for North Central District Health Department Adults 18 and Older, 2011-2016

| Indicators | Overall | | | | | Men | | | | | Women | | | | | LHD Gender Diff. ^o | | | | | | |
|---|----------------|------------------------|---------------------------------------|----------------|------------------------|---------------------------------------|------------------|----------------|------------------------|---------------------------------------|----------------|------------------------|---------------------------------------|------------------|----------------|-------------------------------|------------------------|---------------------------------------|------------------|---------------|----|----|
| | North Central | | | State of NE | | North Central | | | State of NE | | North Central | | | State of NE | | | | | | | | |
| | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | n ^a | | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | | | |
| General Health Status | | | | | | | | | | | | | | | | | | | | | | |
| General health fair or poor | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,156 | 14.6% | (12.5 - 17.1) | 25,347 | 14.3% | (13.7 - 14.9) | NS | 474 | 13.3% | (10.3 - 17.0) | 10,198 | 14.8% | (13.9 - 15.7) | NS | 682 | 16.0% | (13.0 - 19.5) | 15,149 | 13.9% | (13.1 - 14.7) | NS | No |
| 2012 | 1,244 | 17.5% | (14.6 - 20.7) | 19,132 | 14.4% | (13.7 - 15.2) | NS | 509 | 21.3% | (16.6 - 26.9) | 7,855 | 14.6% | (13.5 - 15.7) | + | 735 | 13.7% | (10.8 - 17.3) | 11,277 | 14.3% | (13.4 - 15.2) | NS | No |
| 2013 | 1,248 | 15.4% | (13.1 - 18.1) | 17,106 | 13.9% | (13.1 - 14.8) | NS | 504 | 17.1% | (13.5 - 21.5) | 6,963 | 13.4% | (12.2 - 14.7) | NS | 744 | 13.8% | (11.0 - 17.1) | 10,143 | 14.4% | (13.3 - 15.6) | NS | No |
| 2014 | 1,439 | 13.1% | (11.2 - 15.3) | 22,370 | 13.2% | (12.5 - 13.9) | NS | 620 | 13.0% | (10.3 - 16.3) | 9,585 | 13.5% | (12.4 - 14.5) | NS | 819 | 13.3% | (10.8 - 16.2) | 12,785 | 12.9% | (12.0 - 13.8) | NS | No |
| 2015 | 1,173 | 14.3% | (11.9 - 17.1) | 17,539 | 13.9% | (13.1 - 14.8) | NS | 504 | 15.8% | (12.1 - 20.4) | 7,564 | 13.7% | (12.5 - 14.9) | NS | 669 | 12.9% | (10.0 - 16.5) | 9,975 | 14.2% | (13.1 - 15.3) | NS | No |
| 2016 | 916 | 14.5% | (12.1 - 17.2) | 15,166 | 14.7% | (13.8 - 15.6) | NS | 425 | 15.8% | (12.1 - 20.2) | 6,633 | 13.8% | (12.6 - 15.1) | NS | 491 | 13.2% | (10.3 - 16.7) | 8,533 | 15.5% | (14.3 - 16.8) | NS | No |
| Average number of days physical health was not good in past 30 days | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,130 | 3.4 | (2.9 - 3.9) | 24,901 | 3.2 | (3.0 - 3.3) | NS | 467 | 2.8 | (2.1 - 3.6) | 10,067 | 2.9 | (2.7 - 3.1) | NS | 663 | 4.0 | (3.2 - 4.8) | 14,834 | 3.4 | (3.2 - 3.6) | NS | No |
| 2012 | 1,218 | 3.2 | (2.6 - 3.9) | 18,819 | 3.2 | (3.1 - 3.4) | NS | 502 | 3.5 | (2.3 - 4.6) | 7,759 | 2.9 | (2.7 - 3.1) | NS | 716 | 3.0 | (2.3 - 3.7) | 11,060 | 3.6 | (3.4 - 3.8) | NS | No |
| 2013 | 1,220 | 3.3 | (2.8 - 3.9) | 16,808 | 3.1 | (2.9 - 3.3) | NS | 493 | 3.6 | (2.7 - 4.5) | 6,877 | 2.8 | (2.5 - 3.0) | NS | 727 | 3.1 | (2.4 - 3.7) | 9,931 | 3.4 | (3.2 - 3.7) | NS | No |
| 2014 | 1,420 | 2.7 | (2.3 - 3.1) | 22,024 | 3.0 | (2.9 - 3.1) | NS | 615 | 2.6 | (2.0 - 3.2) | 9,464 | 2.8 | (2.6 - 3.0) | NS | 805 | 2.9 | (2.3 - 3.4) | 12,560 | 3.2 | (3.0 - 3.4) | NS | No |
| 2015 | 1,159 | 3.1 | (2.5 - 3.7) | 17,315 | 3.1 | (3.0 - 3.3) | NS | 500 | 3.4 | (2.3 - 4.4) | 7,476 | 2.8 | (2.6 - 3.0) | NS | 659 | 2.8 | (2.2 - 3.4) | 9,839 | 3.5 | (3.3 - 3.7) | NS | No |
| 2016 | 907 | 3.2 | (2.6 - 3.7) | 14,984 | 3.3 | (3.1 - 3.5) | NS | 420 | 3.4 | (2.5 - 4.3) | 6,561 | 2.9 | (2.6 - 3.1) | NS | 487 | 3.0 | (2.3 - 3.7) | 8,423 | 3.7 | (3.4 - 4.0) | NS | No |
| Physical health was not good on 14 or more of the past 30 days | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,130 | 10.4% | (8.6 - 12.7) | 24,901 | 9.6% | (9.1 - 10.1) | NS | 467 | 8.6% | (6.2 - 11.8) | 10,067 | 9.0% | (8.3 - 9.8) | NS | 663 | 12.3% | (9.6 - 15.6) | 14,834 | 10.1% | (9.4 - 10.8) | NS | No |
| 2012 | 1,218 | 10.1% | (7.8 - 13.0) | 18,819 | 9.8% | (9.2 - 10.4) | NS | 502 | 10.5% | (7.0 - 15.5) | 7,759 | 8.6% | (7.8 - 9.5) | NS | 716 | 9.8% | (7.2 - 13.2) | 11,060 | 11.0% | (10.1 - 11.8) | NS | No |
| 2013 | 1,220 | 10.2% | (8.2 - 12.5) | 16,808 | 9.2% | (8.5 - 9.9) | NS | 493 | 12.1% | (9.0 - 16.1) | 6,877 | 7.9% | (7.0 - 8.9) | + | 727 | 8.3% | (6.2 - 11.0) | 9,931 | 10.4% | (9.4 - 11.5) | NS | No |
| 2014 | 1,420 | 8.4% | (6.9 - 10.2) | 22,024 | 9.0% | (8.4 - 9.6) | NS | 615 | 8.3% | (6.1 - 11.2) | 9,464 | 8.3% | (7.4 - 9.1) | NS | 805 | 8.4% | (6.5 - 10.8) | 12,560 | 9.7% | (9.0 - 10.5) | NS | No |
| 2015 | 1,159 | 8.8% | (6.8 - 11.2) | 17,315 | 9.6% | (9.0 - 10.3) | NS | 500 | 10.1% | (7.0 - 14.4) | 7,476 | 8.6% | (7.7 - 9.6) | NS | 659 | 7.4% | (5.3 - 10.3) | 9,839 | 10.7% | (9.8 - 11.6) | NS | No |
| 2016 | 907 | 9.5% | (7.5 - 11.9) | 14,984 | 9.8% | (9.1 - 10.6) | NS | 420 | 10.3% | (7.4 - 14.1) | 6,561 | 8.4% | (7.4 - 9.4) | NS | 487 | 8.7% | (6.3 - 12.0) | 8,423 | 11.2% | (10.2 - 12.3) | NS | No |
| Average number of days mental health was not good in past 30 days | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,145 | 3.0 | (2.4 - 3.6) | 25,036 | 3.1 | (2.9 - 3.2) | NS | 470 | 2.8 | (2.0 - 3.6) | 10,097 | 2.5 | (2.3 - 2.7) | NS | 675 | 3.1 | (2.3 - 4.0) | 14,939 | 3.6 | (3.4 - 3.8) | NS | No |
| 2012 | 1,235 | 2.5 | (2.0 - 3.1) | 18,935 | 3.0 | (2.9 - 3.2) | NS | 507 | 2.2 | (1.2 - 3.2) | 7,786 | 2.6 | (2.4 - 2.8) | NS | 728 | 2.9 | (2.2 - 3.5) | 11,149 | 3.5 | (3.3 - 3.7) | NS | No |
| 2013 | 1,232 | 2.5 | (2.0 - 3.0) | 16,889 | 3.0 | (2.8 - 3.1) | NS | 496 | 2.5 | (1.7 - 3.4) | 6,889 | 2.3 | (2.1 - 2.6) | NS | 736 | 2.5 | (1.8 - 3.1) | 10,000 | 3.5 | (3.3 - 3.8) | - | No |
| 2014 | 1,428 | 1.9 | (1.6 - 2.3) | 22,132 | 2.8 | (2.6 - 2.9) | - | 617 | 1.6 | (1.1 - 2.1) | 9,483 | 2.3 | (2.1 - 2.5) | NS | 811 | 2.3 | (1.8 - 2.8) | 12,649 | 3.3 | (3.1 - 3.5) | - | No |
| 2015 | 1,159 | 1.9 | (1.5 - 2.3) | 17,369 | 2.9 | (2.7 - 3.1) | - | 495 | 1.5 | (1.0 - 2.0) | 7,491 | 2.3 | (2.1 - 2.6) | - | 664 | 2.3 | (1.8 - 2.9) | 9,878 | 3.5 | (3.2 - 3.7) | - | No |
| 2016 | 902 | 1.9 | (1.5 - 2.3) | 15,035 | 3.2 | (3.0 - 3.4) | - | 416 | 1.5 | (1.0 - 2.0) | 6,568 | 2.4 | (2.1 - 2.6) | - | 486 | 2.2 | (1.6 - 2.9) | 8,467 | 4.0 | (3.6 - 4.3) | - | No |
| Mental health was not good on 14 or more of the past 30 days (i.e., frequent mental distress) | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,145 | 8.7% | (6.7 - 11.4) | 25,036 | 9.2% | (8.7 - 9.7) | NS | 470 | 8.7% | (6.0 - 12.6) | 10,097 | 7.7% | (7.0 - 8.4) | NS | 675 | 8.7% | (5.9 - 12.7) | 14,939 | 10.7% | (9.9 - 11.5) | NS | No |
| 2012 | 1,235 | 7.5% | (5.5 - 10.1) | 18,935 | 9.0% | (8.4 - 9.7) | NS | 507 | 6.8% | (4.0 - 11.2) | 7,786 | 7.4% | (6.6 - 8.3) | NS | 728 | 8.2% | (5.7 - 11.6) | 11,149 | 10.6% | (9.7 - 11.5) | NS | No |
| 2013 | 1,232 | 7.9% | (6.0 - 10.3) | 16,889 | 8.9% | (8.2 - 9.6) | NS | 496 | 8.4% | (5.6 - 12.3) | 6,889 | 6.8% | (5.9 - 7.9) | NS | 736 | 7.4% | (5.2 - 10.6) | 10,000 | 10.9% | (9.8 - 12.0) | NS | No |
| 2014 | 1,428 | 5.2% | (4.1 - 6.7) | 22,132 | 8.2% | (7.6 - 8.8) | - | 617 | 4.4% | (2.9 - 6.6) | 9,483 | 6.4% | (5.6 - 7.3) | NS | 811 | 6.1% | (4.4 - 8.3) | 12,649 | 9.9% | (9.0 - 10.8) | - | No |
| 2015 | 1,159 | 5.5% | (4.0 - 7.5) | 17,369 | 8.9% | (8.2 - 9.6) | - | 495 | 3.9% | (2.3 - 6.4) | 7,491 | 6.9% | (6.0 - 7.9) | NS | 664 | 7.1% | (4.8 - 10.4) | 9,878 | 10.8% | (9.8 - 11.9) | NS | No |
| 2016 | 902 | 6.2% | (4.5 - 8.4) | 15,035 | 9.5% | (8.7 - 10.4) | - | 416 | 4.7% | (2.9 - 7.4) | 6,568 | 7.0% | (6.0 - 8.1) | NS | 486 | 7.7% | (5.1 - 11.5) | 8,467 | 12.0% | (10.8 - 13.3) | NS | No |
| Average days poor physical or mental health limited usual activities in past 30 days | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,140 | 1.9 | (1.5 - 2.3) | 25,183 | 1.9 | (1.8 - 2.0) | NS | 468 | 1.9 | (1.2 - 2.6) | 10,136 | 1.7 | (1.6 - 1.9) | NS | 672 | 1.9 | (1.4 - 2.4) | 15,047 | 2.0 | (1.9 - 2.1) | NS | No |
| 2012 | 1,240 | 1.8 | (1.3 - 2.3) | 19,022 | 2.0 | (1.8 - 2.1) | NS | 509 | 2.1 | (1.1 - 3.0) | 7,819 | 1.7 | (1.5 - 1.9) | NS | 731 | 1.6 | (1.1 - 2.1) | 11,203 | 2.2 | (2.0 - 2.4) | NS | No |
| 2013 | 1,240 | 1.8 | (1.4 - 2.2) | 16,986 | 1.9 | (1.7 - 2.0) | NS | 502 | 2.0 | (1.3 - 2.7) | 6,936 | 1.7 | (1.5 - 1.9) | NS | 738 | 1.5 | (1.1 - 2.0) | 10,050 | 2.0 | (1.9 - 2.2) | NS | No |
| 2014 | 1,429 | 1.3 | (1.0 - 1.6) | 22,228 | 1.8 | (1.7 - 1.9) | - | 619 | 1.2 | (0.8 - 1.7) | 9,541 | 1.6 | (1.5 - 1.8) | NS | 810 | 1.4 | (1.0 - 1.8) | 12,687 | 1.9 | (1.8 - 2.1) | NS | No |
| 2015 | 1,163 | 1.7 | (1.3 - 2.2) | 17,430 | 1.9 | (1.7 - 2.0) | NS | 503 | 1.9 | (1.1 - 2.7) | 7,529 | 1.6 | (1.4 - 1.8) | NS | 660 | 1.6 | (1.1 - 2.0) | 9,901 | 2.1 | (1.9 - 2.3) | NS | No |
| 2016 | 913 | 1.9 | (1.4 - 2.3) | 15,084 | 2.0 | (1.8 - 2.2) | NS | 423 | 2.0 | (1.3 - 2.7) | 6,592 | 1.7 | (1.5 - 1.9) | NS | 490 | 1.7 | (1.2 - 2.3) | 8,492 | 2.3 | (2.1 - 2.6) | NS | No |
| Poor physical or mental health limited usual activities on 14 or more of the past 30 days | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,140 | 6.1% | (4.6 - 7.9) | 25,183 | 5.8% | (5.4 - 6.2) | NS | 468 | 6.2% | (4.1 - 9.3) | 10,136 | 5.4% | (4.8 - 6.0) | NS | 672 | 5.9% | (4.1 - 8.3) | 15,047 | 6.2% | (5.7 - 6.8) | NS | No |
| 2012 | 1,240 | 6.1% | (4.4 - 8.5) | 19,022 | 6.4% | (5.9 - 6.9) | NS | 509 | 6.4% | (3.8 - 10.6) | 7,819 | 5.3% | (4.7 - 6.0) | NS | 731 | 5.8% | (4.0 - 8.5) | 11,203 | 7.4% | (6.7 - 8.2) | NS | No |
| 2013 | 1,240 | 5.5% | (4.1 - 7.2) | 16,986 | 5.8% | (5.3 - 6.4) | NS | 502 | 6.4% | (4.3 - 9.4) | 6,936 | 5.2% | (4.4 - 6.1) | NS | 738 | 4.6% | (3.1 - 6.7) | 10,050 | 6.5% | (5.7 - 7.3) | NS | No |
| 2014 | 1,429 | 4.4% | (3.3 - 5.8) | 22,228 | 5.8% | (5.4 - 6.4) | NS | 619 | 4.5% | (2.9 - 6.8) | 9,541 | 5.3% | (4.6 - 6.1) | NS | 810 | 4.3% | (3.0 - 6.2) | 12,687 | 6.4% | (5.7 - 7.1) | NS | No |
| 2015 | 1,163 | 5.1% | (3.8 - 7.0) | 17,430 | 5.9% | (5.4 - 6.4) | NS | 503 | 5.8% | (3.6 - 9.1) | 7,529 | 5.1% | (4.5 - 5.9) | NS | 660 | 4.5% | (3.1 - 6.7) | 9,901 | 6.6% | (6.0 - 7.3) | NS | No |
| 2016 | 913 | 5.7% | (4.2 - 7.8) | 15,084 | 6.2% | (5.6 - 6.8) | NS | 423 | 6.0% | (3.9 - 9.2) | 6,592 | 4.9% | (4.2 - 5.7) | NS | 490 | 5.5% | (3.5 - 8.4) | 8,492 | 7.4% | (6.6 - 8.5) | NS | No |

| Indicators | Overall | | | | | | Men | | | | | | Women | | | | | | LHD Gender Diff. ^e | | | | |
|--|----------------|---------------------------|---------------------------------------|----------------|---------------------------|---------------------------------------|------------------|----------------|---------------------------|---------------------------------------|----------------|---------------------------|---------------------------------------|------------------|----------------|---------------------------|---------------------------------------|----------------|-------------------------------------|---------------------------|------------------|---------------------------------------|----------------|
| | North Central | | | State of NE | | | Sig ^d | North Central | | | State of NE | | | Sig ^d | North Central | | | State of NE | | | Sig ^d | | |
| | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | | mean or % ^b | | 95% C.I. ^c (Low - High) | n ^a |
| Health Care Access and Utilization | | | | | | | | | | | | | | | | | | | | | | | |
| No health care coverage, 18-64 year olds | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 721 | 17.7% | (14.6 - 21.3) | 16,614 | 19.1% | (18.3 - 20.0) | NS | 324 | 19.1% | (14.6 - 24.6) | 7,107 | 22.0% | (20.7 - 23.4) | NS | 397 | 16.1% | (12.2 - 21.0) | 9,507 | 16.2% | (15.2 - 17.3) | NS | No | |
| 2012 | 725 | 17.9% | (14.0 - 22.7) | 12,310 | 18.0% | (17.0 - 19.0) | NS | 320 | 20.5% | (14.3 - 28.4) | 5,450 | 20.3% | (18.8 - 21.8) | NS | 405 | 15.3% | (10.9 - 20.9) | 6,860 | 15.7% | (14.5 - 17.0) | NS | No | |
| 2013 | 734 | 16.4% | (13.4 - 20.0) | 10,939 | 17.6% | (16.4 - 18.9) | NS | 315 | 18.0% | (13.4 - 23.7) | 4,720 | 18.4% | (16.6 - 20.4) | NS | 419 | 14.9% | (11.1 - 19.6) | 6,219 | 16.9% | (15.3 - 18.5) | NS | No | |
| 2014 | 945 | 10.9% | (8.8 - 13.4) | 14,323 | 15.3% | (14.3 - 16.4) | - | 434 | 10.0% | (7.3 - 13.5) | 6,443 | 17.0% | (15.4 - 18.7) | - | 511 | 11.9% | (8.9 - 15.7) | 7,880 | 13.5% | (12.3 - 14.9) | NS | No | |
| 2015 | 725 | 12.7% | (9.5 - 16.8) | 11,342 | 14.4% | (13.3 - 15.5) | NS | 334 | 11.9% | (7.7 - 18.0) | 5,187 | 15.4% | (13.8 - 17.1) | NS | 391 | 13.5% | (9.1 - 19.6) | 6,155 | 13.4% | (12.0 - 14.9) | NS | No | |
| 2016 | 574 | 12.8% | (9.6 - 16.9) | 9,749 | 14.7% | (13.6 - 16.0) | NS | 282 | 11.9% | (8.1 - 17.1) | 4,538 | 15.0% | (13.3 - 16.9) | NS | 292 | 13.8% | (8.9 - 20.6) | 5,211 | 14.4% | (12.9 - 16.2) | NS | No | |
| Has health care coverage, 18-64 year olds ^a | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 721 | 82.3% | (78.7 - 85.4) | 16,614 | 80.9% | (80.0 - 81.7) | NS | 324 | 80.9% | (75.4 - 85.4) | 7,107 | 78.0% | (76.6 - 79.3) | NS | 397 | 83.9% | (79.0 - 87.8) | 9,507 | 83.8% | (82.7 - 84.8) | NS | No | |
| 2012 | 725 | 82.1% | (77.3 - 86.0) | 12,310 | 82.0% | (81.0 - 83.0) | NS | 320 | 79.5% | (71.6 - 85.7) | 5,450 | 79.7% | (78.2 - 81.2) | NS | 405 | 84.7% | (79.1 - 89.1) | 6,860 | 84.3% | (83.0 - 85.5) | NS | No | |
| 2013 | 734 | 83.6% | (80.0 - 86.6) | 10,939 | 82.4% | (81.1 - 83.6) | NS | 315 | 82.0% | (76.3 - 86.6) | 4,720 | 81.6% | (79.6 - 83.4) | NS | 419 | 85.1% | (80.4 - 89.9) | 6,219 | 83.1% | (81.5 - 84.7) | NS | No | |
| 2014 | 945 | 89.1% | (86.6 - 91.2) | 14,323 | 84.7% | (83.6 - 85.7) | + | 434 | 90.0% | (86.5 - 92.7) | 6,443 | 83.0% | (81.3 - 84.6) | + | 511 | 88.1% | (84.3 - 91.1) | 7,880 | 86.5% | (85.1 - 87.7) | NS | No | |
| 2015 | 725 | 87.3% | (83.2 - 90.5) | 11,342 | 85.6% | (84.5 - 86.7) | NS | 334 | 88.1% | (82.0 - 92.3) | 5,187 | 84.6% | (82.9 - 86.2) | NS | 391 | 86.5% | (80.4 - 90.9) | 6,155 | 86.6% | (85.1 - 88.0) | NS | No | |
| 2016 | 574 | 87.2% | (83.1 - 90.4) | 9,749 | 85.3% | (84.0 - 86.4) | NS | 282 | 88.1% | (82.9 - 91.9) | 4,538 | 85.0% | (83.1 - 86.7) | NS | 292 | 86.2% | (79.4 - 91.1) | 5,211 | 85.6% | (83.8 - 87.1) | NS | No | |
| No personal doctor or health care provider | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,156 | 14.3% | (11.8 - 17.2) | 25,340 | 18.4% | (17.6 - 19.1) | - | 473 | 19.8% | (15.7 - 24.7) | 10,192 | 25.1% | (23.8 - 26.3) | NS | 683 | 8.9% | (6.6 - 12.1) | 15,148 | 12.0% | (11.1 - 12.8) | NS | Yes | |
| 2012 | 1,241 | 12.9% | (10.0 - 16.4) | 19,132 | 17.2% | (16.4 - 18.1) | - | 506 | 18.2% | (13.3 - 24.3) | 7,847 | 23.7% | (22.3 - 25.1) | NS | 735 | 7.7% | (5.1 - 11.3) | 11,285 | 11.0% | (10.1 - 12.0) | NS | Yes | |
| 2013 | 1,247 | 16.7% | (14.0 - 19.8) | 17,093 | 20.9% | (19.8 - 22.0) | - | 503 | 23.8% | (19.4 - 28.8) | 6,956 | 27.5% | (25.7 - 29.4) | NS | 744 | 9.7% | (6.9 - 13.4) | 10,137 | 14.4% | (13.2 - 15.7) | NS | Yes | |
| 2014 | 1,438 | 17.7% | (15.3 - 20.3) | 22,354 | 20.2% | (19.2 - 21.2) | NS | 620 | 22.5% | (18.8 - 26.7) | 9,569 | 27.0% | (25.5 - 28.5) | NS | 818 | 12.9% | (10.1 - 16.3) | 12,785 | 13.6% | (12.5 - 14.8) | NS | Yes | |
| 2015 | 1,171 | 15.7% | (12.8 - 19.1) | 17,509 | 19.7% | (18.7 - 20.8) | NS | 503 | 24.4% | (19.4 - 30.2) | 7,542 | 25.7% | (24.1 - 27.5) | NS | 668 | 7.2% | (5.0 - 10.4) | 9,967 | 13.9% | (12.7 - 15.2) | - | Yes | |
| 2016 | 909 | 16.0% | (13.2 - 19.2) | 15,138 | 19.1% | (18.0 - 20.2) | NS | 420 | 24.0% | (19.4 - 29.2) | 6,617 | 24.5% | (22.8 - 26.2) | NS | 489 | 8.3% | (5.6 - 12.1) | 8,521 | 13.8% | (12.5 - 15.2) | - | Yes | |
| Has a personal doctor or health care provider (one or more than one) ^a | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,156 | 85.7% | (82.8 - 88.2) | 25,340 | 81.6% | (80.9 - 82.4) | + | 473 | 80.2% | (75.3 - 84.3) | 10,192 | 74.9% | (73.7 - 76.2) | NS | 683 | 91.1% | (87.9 - 93.4) | 15,148 | 88.0% | (87.2 - 88.9) | NS | Yes | |
| 2012 | 1,241 | 87.1% | (83.6 - 90.0) | 19,132 | 82.8% | (81.9 - 83.6) | + | 506 | 81.8% | (75.7 - 86.7) | 7,847 | 76.3% | (74.9 - 77.7) | NS | 735 | 92.3% | (88.7 - 94.9) | 11,285 | 89.0% | (88.0 - 89.9) | NS | Yes | |
| 2013 | 1,247 | 83.3% | (80.2 - 86.0) | 17,093 | 79.1% | (78.0 - 80.2) | + | 503 | 76.2% | (71.2 - 80.6) | 6,956 | 72.5% | (70.6 - 74.3) | NS | 744 | 90.3% | (86.6 - 93.1) | 10,137 | 85.6% | (84.3 - 86.8) | NS | Yes | |
| 2014 | 1,438 | 82.3% | (79.7 - 84.7) | 22,354 | 79.8% | (78.8 - 80.8) | NS | 620 | 77.5% | (73.3 - 81.2) | 9,569 | 73.0% | (71.5 - 74.5) | NS | 818 | 87.1% | (83.7 - 89.9) | 12,785 | 86.4% | (85.2 - 87.5) | NS | Yes | |
| 2015 | 1,171 | 84.3% | (80.9 - 87.2) | 17,509 | 80.3% | (79.2 - 81.3) | NS | 503 | 75.6% | (69.8 - 80.6) | 7,542 | 74.3% | (72.5 - 75.9) | NS | 668 | 92.8% | (89.6 - 95.0) | 9,967 | 86.1% | (84.8 - 87.3) | + | Yes | |
| 2016 | 909 | 84.0% | (80.8 - 86.8) | 15,138 | 80.9% | (79.8 - 82.0) | NS | 420 | 76.0% | (70.8 - 80.6) | 6,617 | 75.5% | (73.8 - 77.2) | NS | 489 | 91.7% | (87.9 - 94.4) | 8,521 | 86.2% | (84.8 - 87.5) | + | Yes | |
| Has a personal doctor or health care provider (one or more than one), aged 65 years and older ^a | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 431 | 95.4% | (92.7 - 97.1) | 8,584 | 95.7% | (95.1 - 96.2) | NS | 146 | 93.6% | (87.4 - 96.8) | 3,033 | 94.4% | (93.4 - 95.3) | NS | 285 | 96.6% | (93.8 - 98.2) | 5,551 | 96.6% | (95.9 - 97.1) | NS | No | |
| 2012 | 511 | 95.2% | (92.3 - 97.1) | 6,711 | 95.6% | (94.7 - 96.3) | NS | 187 | 93.7% | (87.5 - 96.9) | 2,368 | 93.6% | (91.9 - 95.0) | NS | 324 | 96.6% | (93.9 - 98.2) | 4,343 | 97.1% | (96.3 - 97.7) | NS | No | |
| 2013 | 503 | 95.2% | (92.5 - 97.0) | 6,015 | 93.9% | (92.9 - 94.8) | NS | 184 | 93.1% | (87.5 - 96.3) | 2,188 | 92.3% | (90.4 - 93.8) | NS | 319 | 97.1% | (94.5 - 98.5) | 3,827 | 95.2% | (93.9 - 96.2) | NS | No | |
| 2014 | 479 | 92.1% | (88.6 - 94.5) | 7,833 | 95.1% | (94.4 - 95.7) | NS | 183 | 88.7% | (82.0 - 93.2) | 3,057 | 93.5% | (92.2 - 94.6) | NS | 296 | 94.7% | (91.2 - 96.9) | 4,776 | 96.4% | (95.7 - 96.9) | NS | No | |
| 2015 | 438 | 91.4% | (84.4 - 95.4) | 6,022 | 94.8% | (93.9 - 95.5) | NS | 164 | 86.0% | (71.8 - 93.6) | 2,297 | 93.6% | (92.1 - 94.8) | NS | 274 | 96.0% | (91.9 - 98.1) | 3,725 | 95.7% | (94.6 - 96.6) | NS | No | |
| 2016 | 332 | 98.1% | (95.9 - 99.1) | 5,270 | 95.1% | (94.2 - 95.9) | NS | 141 | 97.6% | (93.0 - 99.2) | 2,025 | 94.5% | (93.1 - 95.6) | NS | 191 | 98.5% | (95.7 - 99.5) | 3,245 | 95.6% | (94.4 - 96.6) | NS | No | |
| Needed to see a doctor but could not due to cost in past year ^a | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,155 | 8.1% | (6.3 - 10.3) | 25,350 | 12.5% | (11.9 - 13.2) | - | 473 | 6.3% | (4.1 - 9.7) | 10,203 | 10.7% | (9.9 - 11.6) | - | 682 | 9.8% | (7.3 - 13.1) | 15,147 | 14.2% | (13.4 - 15.2) | - | No | |
| 2012 | 1,246 | 8.2% | (6.1 - 11.1) | 19,144 | 12.8% | (12.1 - 13.6) | - | 510 | 6.4% | (3.5 - 11.3) | 7,859 | 11.1% | (10.0 - 12.2) | NS | 736 | 10.1% | (7.3 - 13.8) | 11,285 | 14.4% | (13.4 - 15.5) | NS | No | |
| 2013 | 1,248 | 11.0% | (8.9 - 13.5) | 17,103 | 13.0% | (12.1 - 13.9) | NS | 503 | 10.1% | (7.2 - 14.1) | 6,963 | 10.9% | (9.7 - 12.2) | NS | 745 | 11.9% | (9.1 - 15.3) | 10,140 | 15.0% | (13.8 - 16.4) | NS | No | |
| 2014 | 1,437 | 8.5% | (6.8 - 10.4) | 22,359 | 11.8% | (11.1 - 12.6) | - | 623 | 7.6% | (5.4 - 10.6) | 9,588 | 10.2% | (9.1 - 11.3) | NS | 814 | 9.3% | (7.1 - 12.0) | 12,771 | 13.4% | (12.4 - 14.6) | - | No | |
| 2015 | 1,171 | 9.3% | (7.0 - 12.2) | 17,522 | 11.5% | (10.7 - 12.3) | NS | 503 | 9.2% | (5.8 - 14.3) | 7,559 | 9.8% | (8.7 - 11.1) | NS | 668 | 9.4% | (6.6 - 13.1) | 9,963 | 13.1% | (12.0 - 14.3) | NS | No | |
| 2016 | 912 | 7.9% | (5.9 - 10.4) | 15,156 | 12.1% | (11.2 - 13.1) | - | 422 | 5.7% | (3.7 - 8.8) | 6,623 | 10.1% | (8.9 - 11.4) | - | 490 | 10.0% | (6.9 - 14.2) | 8,533 | 14.0% | (12.7 - 15.5) | NS | No | |
| Had a routine checkup in past year | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,139 | 58.4% | (54.9 - 61.9) | 24,983 | 57.7% | (56.8 - 58.7) | NS | 467 | 52.9% | (47.4 - 58.2) | 10,049 | 50.6% | (49.2 - 52.0) | NS | 672 | 63.8% | (59.3 - 68.1) | 14,934 | 64.6% | (63.4 - 65.8) | NS | Yes | |
| 2012 | 1,231 | 60.9% | (56.8 - 64.9) | 18,929 | 60.4% | (59.4 - 61.4) | NS | 504 | 56.3% | (49.8 - 62.5) | 7,789 | 55.0% | (53.5 - 56.6) | NS | 727 | 65.5% | (60.2 - 70.3) | 11,140 | 65.6% | (64.3 - 66.9) | NS | No | |
| 2013 | 1,239 | 62.6% | (58.9 - 66.0) | 16,919 | 61.6% | (60.4 - 62.8) | NS | 498 | 58.7% | (53.1 - 64.0) | 6,899 | 56.2% | (54.3 - 58.1) | NS | 741 | 66.3% | (61.7 - 70.7) | 10,020 | 66.8% | (65.3 - 68.4) | NS | No | |
| 2014 | 1,413 | 64.4% | (61.4 - 67.3) | 22,090 | 63.3% | (62.3 - 64.4) | NS | 609 | 56.7% | (52.1 - 61.3) | 9,488 | 57.7% | (56.1 - 59.3) | NS | 804 | 71.9% | (68.2 - 75.4) | 12,602 | 68.8% | (67.4 - 70.2) | NS | Yes | |
| 2015 | 1,149 | 59.2% | (55.3 - 63.0) | 17,331 | 63.9% | (62.8 - 65.1) | NS | 490 | 52.6% | (46.7 - 58.4) | 7,470 | 58.7% | (56.9 - 60.5) | NS | 659 | 65.4% | (60.3 - 70.2) | 9,861 | 69.1% | (67.5 - 70.6) | NS | Yes | |
| 2016 | 907 | 63.3% | (59.3 - 67.1) | 15,060 | 65.4% | (64.1 - 66.6) | NS | 419 | 58.8% | (53.0 - 64.2) | 6,582 | 60.6% | (58.7 - 62.5) | NS | 488 | 67.7% | (62.1 - 72.9) | 8,478 | 70.0% | (68.4 - 71.6) | NS | No | |

| Indicators | Overall | | | | | Men | | | | | Women | | | | | LHD Gender Diff. ^e | | | | | | |
|---|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|---------------|----|-----|
| | North Central | | | State of NE | | North Central | | | State of NE | | North Central | | | State of NE | | | | | | | | |
| | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | n ^a | | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | | | |
| Heart Disease and Stroke | | | | | | | | | | | | | | | | | | | | | | |
| Ever told they had a heart attack | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,153 | 6.3% | (4.9 - 8.0) | 25,292 | 4.3% | (4.0 - 4.7) | + | 471 | 7.4% | (5.3 - 10.2) | 10,194 | 5.7% | (5.2 - 6.3) | NS | 682 | 5.2% | (3.6 - 7.5) | 15,098 | 2.9% | (2.6 - 3.3) | + | No |
| 2012 | 1,244 | 8.0% | (5.9 - 10.9) | 19,102 | 4.1% | (3.7 - 4.4) | + | 510 | 12.5% | (8.5 - 17.9) | 7,842 | 5.3% | (4.8 - 6.0) | + | 734 | 3.6% | (2.4 - 5.5) | 11,260 | 2.9% | (2.5 - 3.2) | NS | Yes |
| 2013 | 1,236 | 5.6% | (4.2 - 7.5) | 17,035 | 4.0% | (3.6 - 4.4) | NS | 499 | 7.6% | (5.2 - 10.9) | 6,925 | 5.2% | (4.6 - 5.9) | NS | 737 | 3.7% | (2.4 - 5.7) | 10,110 | 2.9% | (2.4 - 3.4) | NS | No |
| 2014 | 1,436 | 4.6% | (3.6 - 5.9) | 22,309 | 3.8% | (3.5 - 4.2) | NS | 620 | 5.4% | (3.8 - 7.6) | 9,541 | 5.1% | (4.6 - 5.6) | NS | 816 | 3.8% | (2.6 - 5.5) | 12,768 | 2.6% | (2.3 - 3.0) | NS | No |
| 2015 | 1,165 | 4.8% | (3.6 - 6.4) | 17,455 | 3.9% | (3.5 - 4.3) | NS | 502 | 5.7% | (3.8 - 8.5) | 7,530 | 5.3% | (4.7 - 6.0) | NS | 663 | 3.9% | (2.5 - 5.9) | 9,925 | 2.5% | (2.2 - 2.9) | NS | No |
| 2016 | 913 | 6.2% | (4.7 - 8.2) | 15,111 | 4.0% | (3.6 - 4.4) | + | 424 | 8.3% | (5.8 - 11.6) | 6,598 | 5.0% | (4.4 - 5.6) | + | 489 | 4.2% | (2.7 - 6.7) | 8,513 | 3.0% | (2.6 - 3.6) | NS | No |
| Ever told they have coronary heart disease | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,149 | 4.9% | (3.7 - 6.4) | 25,121 | 3.9% | (3.6 - 4.2) | NS | 467 | 6.4% | (4.4 - 9.1) | 10,110 | 4.8% | (4.4 - 5.3) | NS | 682 | 3.5% | (2.3 - 5.2) | 15,011 | 3.1% | (2.7 - 3.4) | NS | No |
| 2012 | 1,233 | 7.8% | (5.7 - 10.6) | 18,988 | 3.9% | (3.6 - 4.3) | + | 504 | 10.3% | (6.6 - 15.5) | 7,796 | 4.9% | (4.4 - 5.5) | + | 729 | 5.4% | (3.8 - 7.8) | 11,192 | 3.0% | (2.6 - 3.4) | + | No |
| 2013 | 1,223 | 5.6% | (4.2 - 7.4) | 16,942 | 4.1% | (3.7 - 4.5) | NS | 492 | 7.3% | (4.9 - 10.6) | 6,884 | 5.1% | (4.5 - 5.8) | NS | 731 | 4.0% | (2.7 - 5.8) | 10,058 | 3.0% | (2.6 - 3.6) | NS | No |
| 2014 | 1,427 | 4.0% | (3.1 - 5.1) | 22,202 | 3.9% | (3.6 - 4.3) | NS | 619 | 4.2% | (2.9 - 6.1) | 9,509 | 4.8% | (4.3 - 5.4) | NS | 808 | 3.8% | (2.7 - 5.3) | 12,693 | 3.1% | (2.7 - 3.5) | NS | No |
| 2015 | 1,168 | 4.6% | (3.5 - 6.2) | 17,403 | 4.0% | (3.6 - 4.3) | NS | 503 | 3.9% | (2.5 - 6.1) | 7,503 | 5.0% | (4.4 - 5.7) | NS | 665 | 5.4% | (3.6 - 7.8) | 9,900 | 2.9% | (2.6 - 3.3) | + | No |
| 2016 | 908 | 6.1% | (4.6 - 8.1) | 15,078 | 3.8% | (3.4 - 4.2) | + | 424 | 6.8% | (4.6 - 9.9) | 6,590 | 4.4% | (3.9 - 5.0) | NS | 484 | 5.5% | (3.7 - 8.1) | 8,488 | 3.1% | (2.7 - 3.7) | + | No |
| Ever told they had a heart attack or coronary heart disease | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,151 | 8.4% | (6.8 - 10.3) | 25,158 | 6.4% | (6.0 - 6.7) | + | 469 | 9.9% | (7.4 - 13.1) | 10,143 | 8.0% | (7.4 - 8.7) | NS | 682 | 6.9% | (5.0 - 9.4) | 15,015 | 4.8% | (4.4 - 5.2) | NS | No |
| 2012 | 1,236 | 11.6% | (9.1 - 14.6) | 18,998 | 6.2% | (5.8 - 6.6) | + | 507 | 15.5% | (11.3 - 21.0) | 7,806 | 7.8% | (7.1 - 8.5) | + | 729 | 7.7% | (5.7 - 10.3) | 11,192 | 4.6% | (4.2 - 5.1) | + | Yes |
| 2013 | 1,220 | 8.5% | (6.7 - 10.6) | 16,935 | 6.2% | (5.7 - 6.7) | + | 491 | 10.8% | (7.9 - 14.6) | 6,882 | 7.7% | (7.0 - 8.6) | NS | 729 | 6.2% | (4.5 - 8.5) | 10,053 | 4.7% | (4.1 - 5.3) | NS | No |
| 2014 | 1,425 | 6.7% | (5.4 - 8.2) | 22,180 | 6.0% | (5.6 - 6.4) | NS | 618 | 7.0% | (5.2 - 9.4) | 9,493 | 7.4% | (6.8 - 8.1) | NS | 807 | 6.3% | (4.8 - 8.3) | 12,687 | 4.6% | (4.1 - 5.0) | NS | No |
| 2015 | 1,163 | 7.1% | (5.6 - 9.0) | 17,383 | 5.8% | (5.4 - 6.3) | NS | 502 | 7.1% | (5.0 - 10.1) | 7,503 | 7.5% | (6.7 - 8.3) | NS | 661 | 7.1% | (5.1 - 9.7) | 9,880 | 4.3% | (3.9 - 4.8) | + | No |
| 2016 | 905 | 9.4% | (7.6 - 11.7) | 15,021 | 5.8% | (5.4 - 6.3) | + | 423 | 10.7% | (7.9 - 14.3) | 6,558 | 6.9% | (6.2 - 7.7) | + | 482 | 8.2% | (5.9 - 11.3) | 8,463 | 4.7% | (4.1 - 5.3) | + | No |
| Ever told they had a stroke | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,157 | 3.3% | (2.4 - 4.6) | 25,355 | 2.6% | (2.4 - 2.9) | NS | 474 | 2.9% | (1.6 - 5.1) | 10,209 | 2.4% | (2.1 - 2.8) | NS | 683 | 3.8% | (2.6 - 5.4) | 15,146 | 2.8% | (2.5 - 3.2) | NS | No |
| 2012 | 1,243 | 3.5% | (2.1 - 5.8) | 19,118 | 2.4% | (2.2 - 2.7) | NS | 509 | 4.7% | (2.3 - 9.2) | 7,851 | 2.7% | (2.3 - 3.1) | NS | 734 | 2.4% | (1.3 - 4.2) | 11,267 | 2.2% | (1.9 - 2.6) | NS | No |
| 2013 | 1,247 | 2.8% | (1.9 - 4.1) | 17,080 | 2.5% | (2.2 - 2.8) | NS | 504 | 2.9% | (1.6 - 5.2) | 6,954 | 2.2% | (1.9 - 2.6) | NS | 743 | 2.6% | (1.5 - 4.4) | 10,126 | 2.6% | (2.4 - 3.3) | NS | No |
| 2014 | 1,437 | 2.5% | (1.8 - 3.5) | 22,359 | 2.6% | (2.4 - 2.9) | NS | 621 | 2.6% | (1.5 - 4.3) | 9,576 | 2.7% | (2.3 - 3.1) | NS | 816 | 2.5% | (1.6 - 3.9) | 12,783 | 2.8% | (2.2 - 3.0) | NS | No |
| 2015 | 1,172 | 2.8% | (1.9 - 4.0) | 17,509 | 2.5% | (2.3 - 2.9) | NS | 505 | 3.6% | (2.2 - 5.9) | 7,550 | 2.7% | (2.2 - 3.1) | NS | 667 | 2.0% | (1.1 - 3.4) | 9,959 | 2.4% | (2.1 - 2.8) | NS | No |
| 2016 | 913 | 3.5% | (2.5 - 5.0) | 15,154 | 2.8% | (2.5 - 3.2) | NS | 424 | 4.0% | (2.5 - 6.4) | 6,627 | 2.6% | (2.1 - 3.1) | NS | 489 | 3.0% | (1.8 - 5.0) | 8,527 | 3.0% | (2.5 - 3.6) | NS | No |
| Blood Pressure and Cholesterol | | | | | | | | | | | | | | | | | | | | | | |
| Had blood pressure checked in past year | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | |
| 2013 | 589 | 81.8% | (76.5 - 86.1) | 7,804 | 84.6% | (83.1 - 86.0) | NS | 226 | 75.7% | (67.1 - 82.6) | 3,150 | 81.2% | (78.8 - 83.4) | NS | 363 | 87.6% | (80.8 - 92.2) | 4,654 | 87.8% | (85.8 - 89.5) | NS | No |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | |
| 2015 | 521 | 88.6% | (83.8 - 92.1) | 7,947 | 88.0% | (86.6 - 89.2) | NS | 222 | 86.5% | (79.2 - 91.5) | 3,461 | 85.2% | (83.1 - 87.1) | NS | 299 | 90.6% | (83.7 - 94.7) | 4,486 | 90.6% | (88.8 - 92.2) | NS | No |
| 2016 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | |
| Ever told they have high blood pressure (excluding pregnancy) ^a | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,157 | 33.8% | (30.7 - 37.0) | 25,356 | 28.5% | (27.8 - 29.3) | + | 474 | 34.9% | (30.2 - 40.0) | 10,212 | 30.3% | (29.1 - 31.5) | NS | 683 | 32.7% | (28.9 - 36.8) | 15,144 | 26.9% | (25.9 - 27.9) | + | No |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | |
| 2013 | 1,246 | 37.0% | (33.7 - 40.4) | 17,085 | 30.3% | (29.2 - 31.4) | + | 502 | 38.7% | (33.6 - 44.1) | 6,956 | 32.5% | (30.8 - 34.1) | NS | 744 | 35.3% | (31.1 - 39.7) | 10,129 | 28.2% | (26.9 - 29.6) | + | No |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | |
| 2015 | 1,173 | 35.5% | (32.1 - 39.1) | 17,515 | 29.9% | (28.9 - 30.9) | + | 504 | 37.6% | (32.3 - 43.2) | 7,546 | 32.6% | (31.1 - 34.2) | NS | 669 | 33.5% | (29.0 - 38.2) | 9,969 | 27.2% | (26.0 - 28.5) | + | No |
| 2016 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | |
| Currently taking blood pressure medication, among those ever told they have high BP | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 466 | 85.1% | (80.2 - 88.9) | 9,505 | 77.9% | (76.5 - 79.2) | + | 198 | 77.0% | (68.6 - 83.7) | 3,877 | 72.0% | (69.8 - 74.1) | NS | 268 | 93.5% | (89.6 - 96.0) | 5,628 | 84.2% | (82.5 - 85.7) | + | Yes |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | |
| 2013 | 513 | 79.2% | (73.8 - 83.8) | 6,747 | 78.5% | (76.6 - 80.3) | NS | 204 | 70.9% | (62.2 - 78.2) | 2,828 | 73.1% | (70.2 - 75.9) | NS | 309 | 88.3% | (82.2 - 92.5) | 3,919 | 84.5% | (82.3 - 86.4) | NS | Yes |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | |
| 2015 | 465 | 86.8% | (82.2 - 90.3) | 6,685 | 77.8% | (75.9 - 79.6) | + | 215 | 81.9% | (74.4 - 87.5) | 3,016 | 73.0% | (70.1 - 75.7) | NS | 250 | 92.2% | (86.9 - 95.5) | 3,669 | 83.4% | (80.9 - 85.6) | + | No |
| 2016 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | |

| Indicators | Overall | | | | | | Men | | | | | | Women | | | | | | LHD Gender Diff. ^e | | | | | |
|---|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|---|---|
| | North Central | | | State of NE | | | North Central | | | State of NE | | | North Central | | | State of NE | | | | | | | | |
| | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | | |
| Had cholesterol checked in past 5 years ^a | | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,121 | 74.1% | (70.5 - 77.4) | 24,606 | 71.8% | (71.0 - 72.7) | NS | 453 | 69.8% | (64.2 - 74.8) | 9,923 | 67.9% | (66.6 - 69.3) | NS | 668 | 78.2% | (73.4 - 82.3) | 14,683 | 75.6% | (74.5 - 76.7) | NS | No | | |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2013 | 1,217 | 74.3% | (70.8 - 77.5) | 16,649 | 74.0% | (72.8 - 75.2) | NS | 495 | 69.7% | (64.2 - 74.7) | 6,804 | 71.1% | (69.2 - 72.9) | NS | 722 | 78.8% | (74.2 - 82.8) | 9,845 | 76.9% | (75.3 - 78.4) | NS | No | | |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2015 | 1,135 | 75.5% | (71.7 - 78.9) | 16,986 | 75.1% | (73.9 - 76.2) | NS | 487 | 69.6% | (63.5 - 75.0) | 7,354 | 71.8% | (70.0 - 73.5) | NS | 648 | 81.1% | (76.4 - 85.1) | 9,632 | 78.2% | (76.8 - 79.7) | NS | Yes | | |
| 2016 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Ever told they have high cholesterol, among those who have ever had it checked ^a | | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 958 | 41.5% | (37.9 - 45.3) | 20,831 | 38.3% | (37.3 - 39.3) | NS | 358 | 42.7% | (36.9 - 48.8) | 8,015 | 40.6% | (39.1 - 42.1) | NS | 600 | 40.5% | (36.0 - 45.2) | 12,816 | 36.3% | (35.1 - 37.6) | NS | No | | |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2013 | 1,023 | 41.8% | (38.0 - 45.8) | 14,365 | 37.4% | (36.1 - 38.6) | NS | 386 | 43.4% | (37.3 - 49.6) | 5,672 | 40.0% | (38.0 - 41.9) | NS | 637 | 40.5% | (35.7 - 45.6) | 8,693 | 35.0% | (33.5 - 36.6) | NS | No | | |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2015 | 978 | 41.6% | (37.5 - 45.7) | 14,651 | 35.1% | (34.0 - 36.3) | + | 410 | 44.7% | (38.5 - 51.1) | 6,128 | 37.5% | (35.7 - 39.4) | NS | 568 | 38.8% | (33.6 - 44.3) | 8,523 | 33.0% | (31.5 - 34.5) | NS | No | | |
| 2016 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Diabetes | | | | | | | | | | | | | | | | | | | | | | | | |
| Ever told they have diabetes (excluding pregnancy) ^a | | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,158 | 9.1% | (7.4 - 11.0) | 25,393 | 8.4% | (7.9 - 8.8) | NS | 474 | 8.5% | (6.2 - 11.7) | 10,222 | 8.6% | (7.9 - 9.3) | NS | 684 | 9.5% | (7.4 - 12.2) | 15,171 | 8.2% | (7.6 - 8.8) | NS | No | | |
| 2012 | 1,246 | 9.8% | (7.6 - 12.5) | 19,156 | 8.1% | (7.6 - 8.6) | NS | 509 | 9.7% | (6.8 - 13.7) | 7,861 | 8.3% | (7.6 - 9.1) | NS | 737 | 9.8% | (6.9 - 13.8) | 11,295 | 7.9% | (7.3 - 8.5) | NS | No | | |
| 2013 | 1,248 | 9.7% | (7.9 - 11.8) | 17,110 | 9.2% | (8.5 - 9.9) | NS | 503 | 11.3% | (8.4 - 15.0) | 6,968 | 10.1% | (9.0 - 11.2) | NS | 745 | 8.0% | (6.1 - 10.6) | 10,142 | 8.3% | (7.5 - 9.2) | NS | No | | |
| 2014 | 1,440 | 10.0% | (8.4 - 11.8) | 22,388 | 9.2% | (8.6 - 9.7) | NS | 623 | 8.6% | (6.6 - 11.2) | 9,598 | 9.7% | (8.9 - 10.6) | NS | 817 | 11.3% | (9.0 - 14.0) | 12,790 | 8.6% | (7.9 - 9.3) | NS | No | | |
| 2015 | 1,175 | 10.1% | (8.0 - 12.7) | 17,547 | 8.8% | (8.2 - 9.4) | NS | 505 | 12.1% | (8.5 - 16.8) | 7,565 | 9.0% | (8.2 - 9.9) | NS | 670 | 8.2% | (6.0 - 10.9) | 9,982 | 8.6% | (7.8 - 9.3) | NS | No | | |
| 2016 | 916 | 11.5% | (9.4 - 14.1) | 15,171 | 8.8% | (8.2 - 9.5) | NS | 425 | 11.5% | (8.4 - 15.6) | 6,630 | 8.7% | (7.8 - 9.7) | NS | 491 | 11.5% | (8.7 - 15.1) | 8,541 | 8.9% | (8.1 - 9.8) | NS | No | | |
| Ever told they have pre-diabetes (excluding pregnancy) | | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2013 | 616 | 7.4% | (5.1 - 10.5) | 8,549 | 5.5% | (4.8 - 6.3) | NS | 256 | 8.5% | (5.2 - 13.5) | 3,452 | 5.9% | (4.8 - 7.2) | NS | 360 | 6.2% | (3.6 - 10.6) | 5,097 | 5.1% | (4.1 - 6.2) | NS | No | | |
| 2014 | 693 | 3.8% | (2.4 - 5.8) | 11,165 | 5.8% | (5.1 - 6.5) | NS | 295 | 3.7% | (1.8 - 7.1) | 4,723 | 5.8% | (4.8 - 6.9) | NS | 398 | 3.8% | (2.2 - 6.6) | 6,442 | 5.7% | (4.9 - 6.7) | NS | No | | |
| 2015 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2016 | 910 | 6.9% | (5.1 - 9.2) | 14,986 | 6.0% | (5.5 - 6.6) | NS | 420 | 7.2% | (4.7 - 10.9) | 6,547 | 5.3% | (4.6 - 6.2) | NS | 490 | 6.6% | (4.3 - 9.8) | 8,439 | 6.7% | (5.9 - 7.6) | NS | No | | |
| Cancer | | | | | | | | | | | | | | | | | | | | | | | | |
| Ever told they have skin cancer | | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,156 | 7.5% | (6.0 - 9.3) | 25,359 | 5.6% | (5.3 - 6.0) | + | 473 | 6.9% | (4.8 - 9.8) | 10,205 | 6.3% | (5.8 - 6.8) | NS | 683 | 8.0% | (6.1 - 10.4) | 15,154 | 5.0% | (4.6 - 5.5) | + | No | | |
| 2012 | 1,243 | 8.3% | (6.5 - 10.5) | 19,133 | 5.6% | (5.2 - 6.0) | + | 509 | 10.0% | (7.1 - 14.0) | 7,859 | 5.8% | (5.3 - 6.4) | + | 734 | 6.5% | (4.7 - 9.0) | 11,274 | 5.4% | (4.9 - 6.0) | NS | No | | |
| 2013 | 1,243 | 8.6% | (7.0 - 10.5) | 17,087 | 5.9% | (5.5 - 6.3) | + | 502 | 9.8% | (7.2 - 13.1) | 6,966 | 6.3% | (5.7 - 7.1) | + | 741 | 7.4% | (5.6 - 9.8) | 10,131 | 5.4% | (4.9 - 6.0) | NS | No | | |
| 2014 | 1,437 | 7.7% | (6.2 - 9.5) | 22,370 | 5.7% | (5.4 - 6.1) | + | 621 | 10.8% | (8.3 - 13.9) | 9,586 | 5.9% | (5.4 - 6.5) | + | 816 | 4.7% | (3.2 - 6.7) | 12,784 | 5.6% | (5.1 - 6.1) | NS | Yes | | |
| 2015 | 1,171 | 8.4% | (6.5 - 10.9) | 17,512 | 6.0% | (5.6 - 6.4) | + | 502 | 8.9% | (5.8 - 13.5) | 7,566 | 6.4% | (5.7 - 7.0) | NS | 669 | 7.9% | (5.9 - 10.6) | 9,956 | 5.6% | (5.1 - 6.2) | NS | No | | |
| 2016 | 912 | 6.4% | (4.9 - 8.4) | 15,150 | 5.5% | (5.0 - 5.9) | NS | 422 | 6.4% | (4.4 - 9.2) | 6,616 | 5.8% | (5.1 - 6.5) | NS | 490 | 6.4% | (4.3 - 9.5) | 8,534 | 5.2% | (4.6 - 5.8) | NS | No | | |
| Ever told they have cancer other than skin cancer | | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,158 | 7.8% | (6.3 - 9.7) | 25,369 | 6.6% | (6.2 - 7.0) | NS | 474 | 6.2% | (4.2 - 8.9) | 10,219 | 5.0% | (4.6 - 5.5) | NS | 684 | 9.5% | (7.4 - 12.1) | 15,150 | 8.1% | (7.5 - 8.6) | NS | No | | |
| 2012 | 1,245 | 9.4% | (7.2 - 12.1) | 19,136 | 6.5% | (6.0 - 6.9) | + | 510 | 9.8% | (6.4 - 14.7) | 7,858 | 5.0% | (4.5 - 5.6) | + | 735 | 9.1% | (6.7 - 12.1) | 11,278 | 7.9% | (7.2 - 8.5) | NS | No | | |
| 2013 | 1,248 | 8.6% | (6.8 - 10.8) | 17,104 | 6.8% | (6.3 - 7.3) | NS | 504 | 8.8% | (5.9 - 12.7) | 6,965 | 5.6% | (5.0 - 6.4) | NS | 744 | 8.4% | (6.3 - 11.1) | 10,139 | 8.0% | (7.3 - 8.8) | NS | No | | |
| 2014 | 1,442 | 6.9% | (5.6 - 8.6) | 22,380 | 6.1% | (5.7 - 6.5) | NS | 623 | 6.0% | (4.2 - 8.3) | 9,590 | 4.6% | (4.1 - 5.1) | NS | 819 | 7.9% | (6.1 - 10.2) | 12,790 | 7.6% | (7.0 - 8.3) | NS | No | | |
| 2015 | 1,174 | 8.3% | (6.5 - 10.5) | 17,524 | 6.9% | (6.4 - 7.3) | NS | 504 | 8.0% | (5.6 - 11.5) | 7,567 | 5.2% | (4.6 - 5.8) | NS | 670 | 8.5% | (6.2 - 11.7) | 9,967 | 8.5% | (7.8 - 9.2) | NS | No | | |
| 2016 | 916 | 9.3% | (7.3 - 11.6) | 15,165 | 6.9% | (6.3 - 7.4) | NS | 425 | 9.1% | (6.5 - 12.6) | 6,629 | 5.5% | (4.9 - 6.2) | + | 491 | 9.5% | (6.9 - 12.9) | 8,536 | 8.2% | (7.4 - 9.0) | NS | No | | |
| Ever told they have cancer (in any form) | | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,155 | 13.7% | (11.7 - 16.0) | 25,315 | 11.2% | (10.7 - 11.7) | NS | 473 | 12.0% | (9.2 - 15.6) | 10,192 | 10.1% | (9.5 - 10.8) | NS | 682 | 15.2% | (12.6 - 18.4) | 15,123 | 12.2% | (11.5 - 12.9) | NS | No | | |
| 2012 | 1,241 | 14.4% | (11.9 - 17.4) | 19,100 | 10.8% | (10.3 - 11.4) | + | 509 | 15.6% | (11.5 - 20.8) | 7,846 | 9.6% | (8.9 - 10.4) | + | 732 | 13.3% | (10.5 - 16.7) | 11,254 | 11.9% | (11.2 - 12.7) | NS | No | | |
| 2013 | 1,242 | 15.2% | (12.9 - 17.9) | 17,062 | 11.4% | (10.8 - 12.1) | + | 502 | 16.4% | (12.7 - 20.8) | 6,946 | 10.6% | (9.7 - 11.6) | + | 740 | 14.1% | (11.5 - 17.3) | 10,116 | 12.3% | (11.4 - 13.2) | NS | No | | |
| 2014 | 1,437 | 13.5% | (11.6 - 15.6) | 22,338 | 10.7% | (10.2 - 11.2) | + | 621 | 15.0% | (12.1 - 18.4) | 9,568 | 9.3% | (8.6 - 10.0) | + | 816 | 12.1% | (9.7 - 14.8) | 12,770 | 12.1% | (11.4 - 12.9) | NS | No | | |
| 2015 | 1,170 | 14.1% | (11.6 - 17.0) | 17,481 | 11.6% | (11.0 - 12.2) | NS | 501 | 14.2% | (10.4 - 19.1) | 7,541 | 10.2% | (9.5 - 11.1) | NS | 669 | 13.9% | (11.0 - 17.5) | 9,940 | 12.9% | (12.1 - 13.8) | NS | No | | |
| 2016 | 912 | 13.4% | (11.1 - 16.0) | 15,132 | 11.2% | (10.6 - 11.9) | NS | 422 | 13.3% | (10.1 - 17.2) | 6,607 | 10.1% | (9.3 - 11.1) | NS | 490 | 13.5% | (10.4 - 17.3) | 8,525 | 12.3% | (11.3 - 13.3) | NS | No | | |

| Indicators | Overall | | | | | | Men | | | | | | Women | | | | | | LHD Gender Diff. ^e | | | |
|--|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|
| | North Central | | | State of NE | | | North Central | | | State of NE | | | North Central | | | State of NE | | | | | | |
| | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d |
| Up-to-date on colon cancer screening, 50-75 year olds^a | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | 632 | 49.2% | (43.8 - 54.7) | 9,022 | 61.1% | (59.6 - 62.5) | - | 273 | 43.2% | (35.0 - 51.9) | 3,733 | 58.4% | (56.1 - 60.6) | - | 359 | 55.2% | (48.4 - 61.8) | 5,289 | 63.6% | (61.7 - 65.4) | NS | No |
| 2013 | 571 | 57.1% | (51.8 - 62.3) | 7,979 | 62.8% | (61.1 - 64.4) | NS | 233 | 57.0% | (48.8 - 64.8) | 3,275 | 61.0% | (58.5 - 63.6) | NS | 338 | 57.2% | (50.2 - 63.9) | 4,704 | 64.4% | (62.2 - 66.6) | NS | No |
| 2014 | 697 | 53.9% | (49.7 - 58.1) | 10,646 | 64.1% | (62.8 - 65.5) | - | 303 | 49.6% | (43.4 - 55.9) | 4,681 | 63.0% | (61.0 - 65.1) | - | 394 | 58.1% | (52.4 - 63.5) | 5,965 | 65.2% | (63.4 - 67.0) | NS | No |
| 2015 | 587 | 57.1% | (51.7 - 62.4) | 8,007 | 65.2% | (63.6 - 66.7) | - | 268 | 55.4% | (47.4 - 63.1) | 3,446 | 63.7% | (61.3 - 66.1) | NS | 319 | 59.0% | (51.6 - 65.9) | 4,561 | 66.6% | (64.6 - 68.5) | NS | No |
| 2016 | 431 | 63.6% | (58.1 - 68.9) | 7,036 | 66.0% | (64.3 - 67.6) | NS | 202 | 61.2% | (53.0 - 68.9) | 3,073 | 65.2% | (62.8 - 67.6) | NS | 229 | 66.1% | (58.6 - 72.9) | 3,963 | 66.7% | (64.5 - 68.9) | NS | No |
| Up-to-date on breast cancer screening, female 50-74 year olds^a | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | 348 | 71.2% | (64.6 - 77.0) | 5,200 | 74.9% | (73.2 - 76.5) | NS | - | - | - | - | - | - | - | 348 | 71.2% | (64.6 - 77.0) | 5,200 | 74.9% | (73.2 - 76.5) | NS | NA |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | 390 | 74.1% | (68.8 - 78.8) | 5,904 | 76.1% | (74.5 - 77.7) | NS | - | - | - | - | - | - | - | 390 | 74.1% | (68.8 - 78.8) | 5,904 | 76.1% | (74.5 - 77.7) | NS | NA |
| 2015 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2016 | 223 | 72.5% | (65.4 - 78.6) | 3,914 | 73.4% | (71.3 - 75.4) | NS | - | - | - | - | - | - | - | 223 | 72.5% | (65.4 - 78.6) | 3,914 | 73.4% | (71.3 - 75.4) | NS | NA |
| Up-to-date on cervical cancer screening, female 21-65 year olds^a | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | 300 | 76.6% | (69.2 - 82.7) | 5,055 | 83.9% | (82.5 - 85.2) | NS | - | - | - | - | - | - | - | 300 | 76.6% | (69.2 - 82.7) | 5,055 | 83.9% | (82.5 - 85.2) | NS | NA |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | 370 | 80.1% | (74.9 - 84.5) | 5,779 | 81.7% | (80.0 - 83.3) | NS | - | - | - | - | - | - | - | 370 | 80.1% | (74.9 - 84.5) | 5,779 | 81.7% | (80.0 - 83.3) | NS | NA |
| 2015 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2016 | 213 | 75.1% | (67.5 - 81.4) | 3,814 | 77.7% | (75.5 - 79.8) | NS | - | - | - | - | - | - | - | 213 | 75.1% | (67.5 - 81.4) | 3,814 | 77.7% | (75.5 - 79.8) | NS | NA |
| Arthritis | | | | | | | | | | | | | | | | | | | | | | |
| Ever told they have arthritis | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,152 | 31.9% | (28.9 - 35.1) | 25,285 | 23.4% | (22.8 - 24.1) | + | 470 | 28.8% | (24.5 - 33.7) | 10,184 | 20.1% | (19.2 - 21.1) | + | 682 | 34.9% | (30.8 - 39.2) | 15,101 | 26.6% | (25.7 - 27.6) | + | No |
| 2012 | 1,241 | 27.9% | (24.6 - 31.5) | 19,089 | 24.6% | (23.8 - 25.4) | NS | 505 | 28.4% | (23.2 - 34.3) | 7,839 | 21.5% | (20.3 - 22.6) | + | 736 | 27.4% | (23.4 - 31.7) | 11,250 | 27.7% | (26.6 - 28.8) | NS | No |
| 2013 | 1,235 | 28.1% | (25.1 - 31.2) | 17,017 | 24.7% | (23.8 - 25.7) | NS | 498 | 24.8% | (20.6 - 29.6) | 6,925 | 21.6% | (20.2 - 23.0) | NS | 737 | 31.2% | (27.3 - 35.5) | 10,092 | 27.8% | (26.5 - 29.2) | NS | No |
| 2014 | 1,433 | 27.7% | (25.1 - 30.4) | 22,307 | 24.6% | (23.8 - 25.4) | NS | 618 | 23.8% | (20.2 - 27.8) | 9,560 | 21.6% | (20.5 - 22.8) | NS | 815 | 31.4% | (27.9 - 35.2) | 12,747 | 27.4% | (26.3 - 28.6) | NS | Yes |
| 2015 | 1,168 | 25.6% | (22.6 - 28.9) | 17,472 | 23.4% | (22.6 - 24.3) | NS | 503 | 22.5% | (18.4 - 27.3) | 7,540 | 19.7% | (18.5 - 20.9) | NS | 665 | 28.6% | (24.5 - 33.2) | 9,932 | 27.1% | (25.9 - 28.4) | NS | No |
| 2016 | 915 | 29.6% | (26.3 - 33.1) | 15,137 | 24.6% | (23.6 - 25.6) | + | 424 | 31.9% | (27.1 - 37.2) | 6,622 | 21.7% | (20.3 - 23.2) | + | 491 | 27.3% | (22.9 - 32.2) | 8,515 | 27.4% | (26.0 - 28.8) | NS | No |
| Currently have activity limitations due to arthritis, among those ever told they have arthritis^a | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 413 | 48.8% | (43.1 - 54.6) | 7,973 | 45.2% | (43.6 - 46.8) | NS | 153 | 42.5% | (33.8 - 51.6) | 2,711 | 42.6% | (40.0 - 45.2) | NS | 260 | 53.9% | (46.6 - 61.0) | 5,262 | 47.1% | (45.1 - 49.2) | NS | No |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2013 | 403 | 44.6% | (38.5 - 50.9) | 5,460 | 42.4% | (40.3 - 44.6) | NS | 133 | 44.2% | (34.2 - 54.7) | 1,861 | 41.0% | (37.4 - 44.6) | NS | 270 | 44.9% | (37.5 - 52.6) | 3,599 | 43.5% | (40.8 - 46.2) | NS | No |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2015 | 338 | 47.7% | (40.7 - 54.8) | 5,146 | 44.0% | (41.9 - 46.1) | NS | 116 | 41.3% | (30.5 - 53.0) | 1,852 | 41.9% | (38.6 - 45.3) | NS | 222 | 52.4% | (43.6 - 61.0) | 3,294 | 45.5% | (42.9 - 48.1) | NS | No |
| 2016 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Asthma | | | | | | | | | | | | | | | | | | | | | | |
| Ever told they have asthma | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,156 | 10.6% | (8.5 - 13.0) | 25,327 | 11.5% | (10.9 - 12.1) | NS | 473 | 9.4% | (6.8 - 13.0) | 10,194 | 10.5% | (9.6 - 11.3) | NS | 683 | 11.6% | (8.9 - 15.2) | 15,133 | 12.4% | (11.6 - 13.3) | NS | No |
| 2012 | 1,244 | 9.8% | (7.5 - 12.8) | 19,105 | 10.8% | (10.2 - 11.5) | NS | 510 | 9.4% | (6.4 - 13.5) | 7,847 | 9.7% | (8.8 - 10.7) | NS | 734 | 10.3% | (7.0 - 14.8) | 11,258 | 11.9% | (11.1 - 12.9) | NS | No |
| 2013 | 1,244 | 10.4% | (8.5 - 12.8) | 17,068 | 11.2% | (10.5 - 12.0) | NS | 500 | 9.7% | (6.8 - 13.6) | 6,946 | 9.6% | (8.6 - 10.8) | NS | 744 | 11.2% | (8.8 - 14.2) | 10,122 | 12.8% | (11.7 - 13.9) | NS | No |
| 2014 | 1,439 | 9.3% | (7.6 - 11.3) | 22,355 | 12.2% | (11.5 - 13.0) | - | 621 | 7.2% | (5.1 - 10.1) | 9,583 | 10.8% | (9.8 - 11.9) | NS | 818 | 11.4% | (8.9 - 14.4) | 12,772 | 13.6% | (12.6 - 14.7) | NS | No |
| 2015 | 1,172 | 10.4% | (8.2 - 13.1) | 17,492 | 12.1% | (11.3 - 12.9) | NS | 505 | 8.6% | (5.9 - 12.5) | 7,554 | 10.7% | (9.6 - 12.0) | NS | 667 | 12.1% | (9.0 - 16.2) | 9,938 | 13.4% | (12.3 - 14.5) | NS | No |
| 2016 | 915 | 10.9% | (8.6 - 13.8) | 15,144 | 12.4% | (11.5 - 13.4) | NS | 424 | 11.6% | (8.0 - 16.4) | 6,622 | 10.4% | (9.2 - 11.8) | NS | 491 | 10.3% | (7.6 - 13.9) | 8,522 | 14.3% | (13.1 - 15.7) | NS | No |
| Currently have asthma | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,153 | 8.0% | (6.2 - 10.3) | 25,257 | 7.3% | (6.9 - 7.8) | NS | 473 | 7.3% | (5.0 - 10.5) | 10,170 | 6.0% | (5.4 - 6.7) | NS | 680 | 8.7% | (6.2 - 12.1) | 15,087 | 8.6% | (8.0 - 9.4) | NS | No |
| 2012 | 1,241 | 7.2% | (5.2 - 9.8) | 19,053 | 7.4% | (6.9 - 7.9) | NS | 509 | 6.5% | (4.1 - 10.1) | 7,832 | 6.1% | (5.4 - 6.9) | NS | 732 | 7.8% | (5.0 - 12.1) | 11,221 | 8.7% | (7.9 - 9.4) | NS | No |
| 2013 | 1,240 | 7.6% | (6.0 - 9.7) | 17,024 | 7.3% | (6.7 - 8.0) | NS | 498 | 6.4% | (4.1 - 9.8) | 6,930 | 5.5% | (4.8 - 6.4) | NS | 742 | 8.9% | (6.7 - 11.7) | 10,094 | 9.1% | (8.2 - 10.0) | NS | No |
| 2014 | 1,433 | 6.5% | (5.1 - 8.3) | 22,289 | 7.7% | (7.2 - 8.3) | NS | 621 | 4.7% | (2.9 - 7.3) | 9,562 | 6.2% | (5.5 - 7.0) | NS | 812 | 8.3% | (6.3 - 11.0) | 12,727 | 9.2% | (8.4 - 10.1) | NS | No |
| 2015 | 1,167 | 7.4% | (5.6 - 9.7) | 17,435 | 7.2% | (6.6 - 7.8) | NS | 503 | 5.6% | (3.6 - 8.7) | 7,533 | 5.4% | (4.7 - 6.2) | NS | 664 | 9.2% | (6.4 - 12.9) | 9,902 | 8.9% | (8.0 - 9.9) | NS | No |
| 2016 | 912 | 8.1% | (6.1 - 10.8) | 15,116 | 8.3% | (7.5 - 9.1) | NS | 424 | 8.2% | (5.1 - 12.9) | 6,609 | 6.1% | (5.2 - 7.1) | NS | 488 | 8.0% | (5.7 - 11.3) | 8,507 | 10.4% | (9.3 - 11.6) | NS | No |

| Indicators | Overall | | | | | | Men | | | | | | Women | | | | | | LHD Gender Diff. ^e | | | |
|---|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|
| | North Central | | | State of NE | | | North Central | | | State of NE | | | North Central | | | State of NE | | | | | | |
| | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d |
| Chronic Obstructive Pulmonary Disease (COPD) | | | | | | | | | | | | | | | | | | | | | | |
| Ever told they have COPD | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,154 | 5.3% | (4.0 - 7.0) | 25,280 | 5.0% | (4.6 - 5.3) | NS | 474 | 4.5% | (2.9 - 6.8) | 10,171 | 4.4% | (3.9 - 4.9) | NS | 680 | 6.0% | (4.1 - 8.7) | 15,109 | 5.5% | (5.0 - 6.0) | NS | No |
| 2012 | 1,239 | 5.2% | (3.9 - 7.1) | 19,075 | 5.3% | (4.9 - 5.8) | NS | 507 | 5.5% | (3.5 - 8.5) | 7,832 | 4.7% | (4.1 - 5.3) | NS | 732 | 5.0% | (3.4 - 7.4) | 11,243 | 6.0% | (5.4 - 6.6) | NS | No |
| 2013 | 1,243 | 6.2% | (4.8 - 8.0) | 17,035 | 5.3% | (4.9 - 5.8) | NS | 502 | 6.8% | (4.6 - 9.7) | 6,932 | 4.8% | (4.2 - 5.5) | NS | 741 | 5.7% | (4.1 - 7.9) | 10,103 | 5.8% | (5.2 - 6.6) | NS | No |
| 2014 | 1,439 | 5.2% | (4.0 - 6.7) | 22,313 | 5.8% | (5.3 - 6.2) | NS | 621 | 4.3% | (2.8 - 6.8) | 9,555 | 5.5% | (4.9 - 6.2) | NS | 818 | 6.0% | (4.4 - 8.2) | 12,758 | 6.1% | (5.5 - 6.7) | NS | No |
| 2015 | 1,166 | 5.7% | (4.3 - 7.5) | 17,466 | 5.4% | (5.0 - 5.9) | NS | 502 | 5.3% | (3.4 - 8.2) | 7,536 | 4.8% | (4.2 - 5.4) | NS | 664 | 6.0% | (4.2 - 8.7) | 9,930 | 6.1% | (5.5 - 6.7) | NS | No |
| 2016 | 912 | 4.1% | (2.8 - 6.0) | 15,119 | 5.8% | (5.3 - 6.4) | NS | 422 | 5.4% | (3.2 - 9.1) | 6,612 | 5.1% | (4.4 - 6.0) | NS | 490 | 2.8% | (1.8 - 4.5) | 8,507 | 6.5% | (5.7 - 7.4) | - | No |
| Kidney Disease | | | | | | | | | | | | | | | | | | | | | | |
| Ever told they have kidney disease | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,156 | 1.6% | (1.0 - 2.7) | 25,345 | 2.2% | (2.0 - 2.4) | NS | 474 | 1.6% | (0.6 - 3.8) | 10,208 | 2.1% | (1.8 - 2.5) | NS | 682 | 1.7% | (1.0 - 2.9) | 15,137 | 2.2% | (2.0 - 2.5) | NS | No |
| 2012 | 1,247 | 3.2% | (2.0 - 5.0) | 19,122 | 2.4% | (2.2 - 2.7) | NS | 510 | 3.9% | (2.0 - 7.5) | 7,850 | 2.2% | (1.8 - 2.6) | NS | 737 | 2.5% | (1.4 - 4.4) | 11,272 | 2.7% | (2.3 - 3.1) | NS | No |
| 2013 | 1,246 | 2.6% | (1.7 - 4.0) | 17,080 | 2.0% | (1.8 - 2.3) | NS | 502 | 3.0% | (1.6 - 5.5) | 6,953 | 1.9% | (1.5 - 2.4) | NS | 744 | 2.2% | (1.2 - 4.0) | 10,127 | 2.1% | (1.8 - 2.6) | NS | No |
| 2014 | 1,442 | 2.1% | (1.4 - 3.2) | 22,362 | 2.1% | (1.9 - 2.4) | NS | 623 | 1.6% | (0.9 - 2.9) | 9,586 | 2.0% | (1.7 - 2.4) | NS | 819 | 2.7% | (1.6 - 4.5) | 12,776 | 2.3% | (2.0 - 2.6) | NS | No |
| 2015 | 1,169 | 2.4% | (1.5 - 3.9) | 17,502 | 2.4% | (2.1 - 2.7) | NS | 502 | 2.1% | (1.1 - 4.1) | 7,550 | 2.2% | (1.8 - 2.7) | NS | 667 | 2.7% | (1.4 - 5.3) | 9,952 | 2.5% | (2.1 - 2.9) | NS | No |
| 2016 | 916 | 2.4% | (1.5 - 3.8) | 15,150 | 2.8% | (2.4 - 3.2) | NS | 425 | 1.8% | (0.8 - 4.3) | 6,624 | 2.2% | (1.8 - 2.8) | NS | 491 | 3.0% | (1.8 - 4.9) | 8,526 | 3.4% | (2.8 - 4.0) | NS | No |
| Tobacco & E-Cigarettes | | | | | | | | | | | | | | | | | | | | | | |
| Current cigarette smoking ^a | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,156 | 13.0% | (10.7 - 15.7) | 25,324 | 20.0% | (19.3 - 20.7) | - | 474 | 14.5% | (11.1 - 18.7) | 10,189 | 22.1% | (21.0 - 23.3) | - | 682 | 11.5% | (8.6 - 15.3) | 15,135 | 17.9% | (17.0 - 18.9) | - | No |
| 2012 | 1,238 | 14.0% | (11.1 - 17.5) | 18,985 | 19.7% | (18.9 - 20.6) | - | 507 | 18.1% | (13.3 - 24.2) | 7,801 | 21.4% | (20.1 - 22.7) | NS | 731 | 10.0% | (7.1 - 13.8) | 11,184 | 18.1% | (17.0 - 19.2) | - | No |
| 2013 | 1,227 | 13.3% | (10.9 - 16.3) | 16,687 | 18.5% | (17.5 - 19.5) | - | 496 | 13.9% | (10.4 - 18.5) | 6,790 | 19.8% | (18.3 - 21.4) | NS | 731 | 12.8% | (9.6 - 16.8) | 9,897 | 17.2% | (15.9 - 18.5) | NS | No |
| 2014 | 1,401 | 13.0% | (11.1 - 15.3) | 21,729 | 17.3% | (16.5 - 18.2) | - | 606 | 13.9% | (11.0 - 17.3) | 9,311 | 18.5% | (17.3 - 19.9) | NS | 795 | 12.2% | (9.7 - 15.3) | 12,418 | 16.2% | (15.1 - 17.3) | NS | No |
| 2015 | 1,141 | 15.9% | (13.1 - 19.0) | 17,079 | 17.1% | (16.2 - 18.1) | NS | 492 | 17.7% | (13.6 - 22.7) | 7,355 | 18.4% | (17.0 - 19.9) | NS | 649 | 14.1% | (10.7 - 18.3) | 9,724 | 15.8% | (14.7 - 17.1) | NS | No |
| 2016 | 894 | 13.4% | (10.9 - 16.4) | 14,790 | 17.0% | (16.0 - 18.1) | NS | 415 | 16.8% | (12.8 - 21.7) | 6,463 | 18.6% | (17.1 - 20.3) | NS | 479 | 10.2% | (7.5 - 13.8) | 8,327 | 15.4% | (14.1 - 16.8) | - | No |
| Attempted to quit smoking in past year, among current cigarette smokers | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 152 | 46.0% | (35.8 - 56.5) | 4,195 | 55.6% | (53.5 - 57.7) | NS | 71 | 36.2% | (24.3 - 50.1) | 1,914 | 53.4% | (50.4 - 56.3) | - | 81 | 58.1% | (42.7 - 72.0) | 2,281 | 58.3% | (55.4 - 61.2) | NS | No |
| 2012 | 145 | 49.9% | (37.6 - 62.2) | 3,023 | 57.1% | (54.7 - 59.6) | NS | 75 | 45.8% | (29.9 - 62.6) | 1,406 | 55.2% | (51.7 - 58.7) | - | 70 | 57.2% | (40.1 - 72.7) | 1,617 | 59.3% | (55.9 - 62.7) | NS | No |
| 2013 | 132 | 61.5% | (50.6 - 71.5) | 2,546 | 57.1% | (54.1 - 60.2) | NS | 61 | 56.8% | (41.1 - 71.2) | 1,147 | 55.9% | (51.5 - 60.3) | NS | 71 | 66.7% | (51.2 - 79.2) | 1,399 | 58.5% | (54.3 - 62.6) | NS | No |
| 2014 | 167 | 56.6% | (47.8 - 65.0) | 3,241 | 58.2% | (55.5 - 60.9) | NS | 78 | 53.4% | (41.2 - 65.3) | 1,489 | 57.9% | (54.0 - 61.8) | NS | 89 | 60.1% | (47.8 - 71.3) | 1,752 | 58.5% | (54.6 - 62.2) | NS | No |
| 2015 | 154 | 51.7% | (41.5 - 61.7) | 2,476 | 59.1% | (56.1 - 62.0) | NS | 73 | 49.1% | (35.4 - 63.0) | 1,145 | 59.2% | (54.8 - 63.5) | NS | 81 | 54.8% | (40.3 - 68.6) | 1,331 | 58.9% | (54.8 - 62.9) | NS | No |
| 2016 | 109 | 62.5% | (51.7 - 72.1) | 2,181 | 54.6% | (51.2 - 58.0) | NS | 59 | 67.3% | (53.2 - 78.9) | 1,049 | 52.7% | (47.9 - 57.5) | NS | 50 | 54.8% | (38.8 - 69.9) | 1,132 | 56.9% | (52.1 - 61.5) | NS | No |
| Current smokeless tobacco use ^a | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,159 | 8.0% | (6.1 - 10.4) | 25,406 | 5.6% | (5.2 - 6.0) | + | 474 | 15.1% | (11.5 - 19.6) | 10,231 | 10.5% | (9.7 - 11.4) | + | 685 | 1.1% | (0.4 - 2.9) | 15,175 | 0.8% | (0.6 - 1.0) | NS | Yes |
| 2012 | 1,242 | 6.8% | (4.9 - 9.5) | 19,041 | 5.1% | (4.6 - 5.6) | NS | 510 | 12.8% | (9.0 - 17.9) | 7,828 | 9.5% | (8.7 - 10.5) | + | 732 | 0.9% | (0.3 - 2.4) | 11,213 | 0.8% | (0.6 - 1.2) | NS | Yes |
| 2013 | 1,231 | 6.9% | (5.2 - 9.1) | 16,732 | 5.3% | (4.7 - 5.9) | NS | 497 | 13.8% | (10.4 - 17.9) | 6,813 | 10.1% | (9.0 - 11.2) | NS | 734 | 0.2% | (0.0 - 0.6) | 9,919 | 0.7% | (0.5 - 0.9) | NS | Yes |
| 2014 | 1,405 | 8.6% | (6.8 - 10.7) | 21,797 | 4.7% | (4.2 - 5.1) | + | 608 | 16.2% | (12.9 - 20.1) | 9,340 | 8.5% | (7.7 - 9.3) | + | 797 | 1.2% | (0.5 - 2.5) | 12,457 | 1.0% | (0.7 - 1.3) | NS | Yes |
| 2015 | 1,146 | 8.4% | (6.2 - 11.3) | 17,123 | 5.5% | (4.9 - 6.1) | + | 492 | 16.3% | (12.1 - 21.6) | 7,372 | 9.9% | (8.9 - 11.1) | + | 654 | 0.7% | (0.2 - 2.4) | 9,751 | 1.1% | (0.8 - 1.6) | NS | Yes |
| 2016 | 896 | 8.8% | (6.7 - 11.6) | 14,830 | 5.7% | (5.1 - 6.2) | + | 415 | 17.8% | (13.6 - 22.9) | 6,478 | 10.5% | (9.5 - 11.7) | + | 481 | 0.2% | (0.0 - 1.1) | 8,352 | 0.9% | (0.6 - 1.3) | NS | Yes |
| Has rule not allowing smoking anywhere inside their home | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2013 | 585 | 84.0% | (79.6 - 87.6) | 7,750 | 88.7% | (87.4 - 89.8) | NS | 223 | 83.5% | (76.6 - 88.7) | 3,121 | 88.3% | (86.2 - 90.0) | NS | 362 | 84.4% | (78.3 - 89.0) | 4,629 | 89.1% | (87.5 - 90.5) | NS | No |
| 2014 | 659 | 86.1% | (81.1 - 89.9) | 10,582 | 89.0% | (87.9 - 90.0) | NS | 282 | 85.5% | (77.8 - 90.8) | 4,448 | 87.9% | (86.1 - 89.5) | NS | 377 | 86.7% | (79.5 - 91.6) | 6,134 | 90.0% | (88.6 - 91.2) | NS | No |
| 2015 | 543 | 85.3% | (79.3 - 89.8) | 7,816 | 90.1% | (88.9 - 91.1) | NS | 230 | 84.4% | (73.5 - 91.3) | 3,261 | 89.2% | (87.2 - 90.9) | NS | 313 | 86.3% | (79.7 - 91.0) | 4,555 | 90.9% | (89.6 - 92.1) | NS | No |
| 2016 | 443 | 86.4% | (80.1 - 91.0) | 7,109 | 90.8% | (89.6 - 91.8) | NS | 212 | 85.2% | (76.6 - 91.0) | 3,122 | 91.2% | (89.8 - 92.5) | NS | 231 | 87.7% | (77.0 - 93.8) | 3,987 | 90.4% | (88.5 - 92.0) | NS | No |
| Lifetime e-cigarette use | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2015 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2016 | 895 | 14.7% | (12.1 - 17.9) | 14,819 | 22.6% | (21.4 - 23.9) | - | 415 | 18.5% | (14.2 - 23.7) | 6,474 | 25.1% | (23.3 - 27.0) | NS | 480 | 11.0% | (8.2 - 14.8) | 8,345 | 20.2% | (18.7 - 21.9) | - | No |

| Indicators | Overall | | | | | | Men | | | | | | Women | | | | | | LHD Gender Diff. ^e | | | | |
|--|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|---|
| | North Central | | | State of NE | | | North Central | | | State of NE | | | North Central | | | State of NE | | | | | | | |
| | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | |
| Current e-cigarette use | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2015 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2016 | 895 | 2.3% | (1.3 - 4.3) | 14,819 | 4.9% | (4.3 - 5.6) | - | 415 | 3.4% | (1.7 - 7.0) | 6,474 | 5.3% | (4.5 - 6.4) | NS | 480 | 1.3% | (0.4 - 3.7) | 8,345 | 4.5% | (3.7 - 5.6) | - | No | |
| Overweight and Obesity | | | | | | | | | | | | | | | | | | | | | | | |
| Obese (BMI=30+) [^] | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,109 | 32.6% | (29.3 - 36.1) | 24,366 | 28.4% | (27.6 - 29.2) | + | 467 | 35.4% | (30.4 - 40.7) | 10,102 | 29.2% | (28.0 - 30.4) | NS | 642 | 29.8% | (25.5 - 34.5) | 14,264 | 27.6% | (26.5 - 28.8) | NS | No | |
| 2012 | 1,202 | 28.3% | (24.7 - 32.3) | 18,385 | 28.6% | (27.7 - 29.6) | NS | 506 | 30.9% | (25.3 - 37.2) | 7,781 | 29.2% | (27.9 - 30.6) | NS | 696 | 25.6% | (21.2 - 30.6) | 10,604 | 28.1% | (26.8 - 29.3) | NS | No | |
| 2013 | 1,186 | 29.2% | (26.0 - 32.7) | 16,250 | 29.6% | (28.4 - 30.7) | NS | 498 | 31.4% | (26.5 - 36.7) | 6,860 | 30.8% | (29.1 - 32.5) | NS | 688 | 27.0% | (23.0 - 31.5) | 9,390 | 28.4% | (26.9 - 29.9) | NS | No | |
| 2014 | 1,375 | 31.8% | (29.0 - 34.8) | 21,130 | 30.2% | (29.2 - 31.3) | NS | 613 | 33.8% | (29.6 - 38.2) | 9,399 | 31.7% | (30.2 - 33.2) | NS | 762 | 29.8% | (26.0 - 33.8) | 11,731 | 28.7% | (27.4 - 30.1) | NS | No | |
| 2015 | 1,094 | 31.4% | (27.8 - 35.2) | 16,265 | 31.4% | (30.3 - 32.5) | NS | 492 | 34.2% | (28.9 - 39.8) | 7,323 | 32.9% | (31.3 - 34.6) | NS | 602 | 28.4% | (23.9 - 33.4) | 8,942 | 29.8% | (28.3 - 31.3) | NS | No | |
| 2016 | 861 | 34.6% | (30.9 - 38.6) | 14,173 | 32.0% | (30.8 - 33.2) | NS | 417 | 38.3% | (33.0 - 43.9) | 6,460 | 32.6% | (30.8 - 34.3) | NS | 444 | 30.7% | (25.7 - 36.2) | 7,713 | 31.4% | (29.7 - 33.1) | NS | No | |
| Overweight or Obese (BMI=25+) | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,109 | 71.4% | (68.1 - 74.6) | 24,366 | 64.9% | (64.0 - 65.8) | + | 467 | 78.2% | (73.4 - 82.3) | 10,102 | 72.8% | (71.5 - 74.1) | NS | 642 | 64.6% | (59.9 - 69.0) | 14,264 | 56.8% | (55.5 - 58.1) | + | Yes | |
| 2012 | 1,202 | 67.7% | (63.7 - 71.5) | 18,385 | 65.0% | (64.0 - 66.0) | NS | 506 | 79.0% | (73.2 - 83.7) | 7,781 | 72.3% | (70.8 - 73.7) | NS | 696 | 56.1% | (50.7 - 61.4) | 10,604 | 57.6% | (56.2 - 59.0) | NS | Yes | |
| 2013 | 1,186 | 66.5% | (62.9 - 70.0) | 16,250 | 65.5% | (64.2 - 66.7) | NS | 498 | 73.4% | (68.0 - 78.2) | 6,860 | 72.2% | (70.4 - 74.0) | NS | 688 | 59.3% | (54.4 - 64.1) | 9,390 | 58.5% | (56.8 - 60.2) | NS | Yes | |
| 2014 | 1,375 | 72.0% | (69.0 - 74.8) | 21,130 | 66.7% | (65.6 - 67.8) | + | 613 | 77.3% | (73.0 - 81.2) | 9,399 | 73.8% | (72.3 - 75.3) | NS | 762 | 66.4% | (62.3 - 70.3) | 11,731 | 59.2% | (57.7 - 60.7) | + | Yes | |
| 2015 | 1,094 | 69.3% | (65.5 - 72.9) | 16,265 | 67.0% | (65.8 - 68.2) | NS | 492 | 75.2% | (69.7 - 80.0) | 7,323 | 73.4% | (71.7 - 75.1) | NS | 602 | 63.0% | (57.7 - 68.0) | 8,942 | 60.2% | (58.6 - 61.9) | NS | Yes | |
| 2016 | 861 | 70.3% | (66.6 - 73.8) | 14,173 | 68.5% | (67.3 - 69.8) | NS | 417 | 78.6% | (73.7 - 82.8) | 6,460 | 74.9% | (73.1 - 76.6) | NS | 444 | 61.5% | (55.8 - 66.8) | 7,713 | 61.8% | (59.9 - 63.6) | NS | Yes | |
| Nutrition | | | | | | | | | | | | | | | | | | | | | | | |
| Consumed sugar-sweetened beverages 1 or more times per day in past 30 days | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2013 | 592 | 27.3% | (22.8 - 32.3) | 7,822 | 28.5% | (26.8 - 30.3) | NS | 227 | 37.3% | (29.7 - 45.5) | 3,164 | 35.8% | (33.1 - 38.5) | NS | 365 | 17.8% | (13.1 - 23.7) | 4,658 | 21.7% | (19.7 - 24.0) | NS | Yes | |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2015 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2016 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Currently watching or reducing sodium or salt intake | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2013 | 593 | 47.3% | (42.0 - 52.6) | 7,818 | 46.3% | (44.6 - 48.1) | NS | 228 | 44.3% | (36.4 - 52.5) | 3,165 | 43.4% | (40.8 - 46.0) | NS | 365 | 50.1% | (43.3 - 56.9) | 4,653 | 49.1% | (46.8 - 51.5) | NS | No | |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2015 | 518 | 45.6% | (39.3 - 52.1) | 7,892 | 46.8% | (45.0 - 48.5) | NS | 219 | 38.3% | (29.8 - 47.5) | 3,436 | 46.0% | (43.4 - 48.7) | NS | 299 | 52.5% | (43.5 - 61.4) | 4,456 | 47.5% | (45.2 - 49.8) | NS | No | |
| 2016 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Median times per day consumed fruits | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,094 | 1.00 | (1.00 - 1.11) | 24,090 | 1.02 | (1.02 - 1.04) | NS | 439 | 0.85 | (0.71 - 0.98) | 9,660 | 0.99 | (0.99 - 1.00) | - | 655 | 1.28 | (1.14 - 1.43) | 14,430 | 1.14 | (1.13 - 1.14) | NS | Yes | |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2013 | 1,164 | 0.99 | (0.98 - 1.01) | 15,949 | 1.00 | (1.00 - 1.00) | NS | 466 | 0.86 | (0.72 - 0.98) | 6,462 | 0.99 | (0.99 - 1.00) | - | 698 | 1.10 | (1.01 - 1.21) | 9,487 | 1.07 | (1.06 - 1.14) | NS | Yes | |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2015 | 1,078 | 0.99 | (0.99 - 1.01) | 16,135 | 1.00 | (1.00 - 1.00) | NS | 460 | 0.86 | (0.58 - 0.99) | 6,899 | 0.99 | (0.98 - 1.00) | NS | 618 | 1.13 | (1.00 - 1.29) | 9,236 | 1.03 | (1.02 - 1.09) | NS | Yes | |
| 2016 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Consumed fruits less than 1 time per day | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,094 | 40.7% | (37.1 - 44.4) | 24,090 | 40.1% | (39.2 - 41.1) | NS | 439 | 53.1% | (47.5 - 58.5) | 9,660 | 46.2% | (44.8 - 47.6) | NS | 655 | 29.4% | (25.1 - 34.2) | 14,430 | 34.3% | (33.1 - 35.6) | NS | Yes | |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2013 | 1,164 | 42.3% | (38.6 - 46.0) | 15,949 | 39.7% | (38.5 - 41.0) | NS | 466 | 51.2% | (45.5 - 56.8) | 6,462 | 45.4% | (43.4 - 47.3) | NS | 698 | 33.7% | (29.2 - 38.6) | 9,487 | 34.4% | (32.8 - 36.1) | NS | Yes | |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2015 | 1,078 | 42.4% | (38.5 - 46.5) | 16,135 | 41.1% | (39.9 - 42.4) | NS | 460 | 51.3% | (45.3 - 57.4) | 6,899 | 47.4% | (45.6 - 49.3) | NS | 618 | 33.8% | (28.9 - 39.0) | 9,236 | 35.1% | (33.5 - 36.7) | NS | Yes | |
| 2016 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |

| Indicators | Overall | | | | | | Men | | | | | | Women | | | | | | LHD Gender Diff. ^e | | | | |
|---|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|---|
| | North Central | | | State of NE | | | North Central | | | State of NE | | | North Central | | | State of NE | | | | | | | |
| | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | |
| Have access to safe places to walk in their neighborhood | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2015 | 518 | 80.4% | (74.4 - 85.3) | 7,893 | 88.4% | (87.2 - 89.4) | - | 219 | 80.7% | (72.4 - 87.0) | 3,439 | 88.8% | (87.2 - 90.3) | - | 299 | 80.1% | (70.9 - 87.0) | 4,454 | 87.9% | (86.3 - 89.3) | NS | No | |
| 2016 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Injury | | | | | | | | | | | | | | | | | | | | | | | |
| Always wear a seatbelt when driving or riding in a car [^] | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,105 | 48.9% | (45.3 - 52.5) | 24,208 | 71.3% | (70.5 - 72.1) | - | 443 | 34.7% | (29.7 - 40.0) | 9,683 | 63.7% | (62.4 - 65.0) | - | 662 | 62.1% | (57.5 - 66.6) | 14,525 | 78.6% | (77.5 - 79.5) | - | Yes | |
| 2012 | 1,225 | 50.6% | (46.5 - 54.8) | 18,851 | 69.7% | (68.7 - 70.6) | - | 503 | 38.6% | (32.5 - 45.1) | 7,731 | 61.7% | (60.2 - 63.2) | - | 722 | 62.4% | (57.1 - 67.4) | 11,120 | 77.3% | (76.1 - 78.4) | - | Yes | |
| 2013 | 1,177 | 52.5% | (48.8 - 56.2) | 16,053 | 74.1% | (73.0 - 75.2) | - | 473 | 42.8% | (37.4 - 48.4) | 6,520 | 67.0% | (65.3 - 68.7) | - | 704 | 61.9% | (57.0 - 66.6) | 9,533 | 80.8% | (79.5 - 82.1) | - | Yes | |
| 2014 | 1,389 | 47.5% | (44.4 - 50.6) | 21,599 | 72.4% | (71.5 - 73.3) | - | 602 | 35.2% | (31.0 - 39.6) | 9,241 | 64.7% | (63.2 - 66.2) | - | 787 | 59.6% | (55.4 - 63.6) | 12,358 | 79.8% | (78.7 - 80.9) | - | Yes | |
| 2015 | 1,077 | 52.6% | (48.6 - 56.6) | 16,136 | 75.4% | (74.4 - 76.4) | - | 454 | 41.3% | (35.5 - 47.3) | 6,900 | 68.2% | (66.5 - 69.9) | - | 623 | 63.6% | (58.4 - 68.4) | 9,236 | 82.3% | (81.1 - 83.4) | - | Yes | |
| 2016 | 885 | 54.6% | (50.6 - 58.5) | 14,628 | 73.8% | (72.7 - 74.9) | - | 407 | 43.8% | (38.2 - 49.6) | 6,370 | 66.8% | (65.0 - 68.5) | - | 478 | 64.9% | (59.3 - 70.2) | 8,258 | 80.6% | (79.2 - 81.8) | - | Yes | |
| Texted while driving in past 30 days | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | 898 | 25.4% | (20.4 - 31.1) | 11,451 | 26.8% | (25.6 - 27.9) | NS | 377 | 27.1% | (19.5 - 36.2) | 4,757 | 29.2% | (27.5 - 31.0) | NS | 521 | 23.8% | (17.8 - 31.0) | 6,694 | 24.4% | (22.8 - 26.0) | NS | No | |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2015 | 533 | 19.9% | (15.6 - 25.2) | 7,620 | 24.9% | (23.3 - 26.6) | NS | 228 | 22.3% | (15.9 - 30.3) | 3,209 | 27.6% | (25.0 - 30.3) | NS | 305 | 17.6% | (12.1 - 25.1) | 4,411 | 22.3% | (20.3 - 24.4) | NS | No | |
| 2016 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Talked on a cell phone while driving in past 30 days | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | 895 | 64.6% | (59.4 - 69.5) | 11,424 | 69.1% | (68.0 - 70.2) | NS | 375 | 67.4% | (59.5 - 74.5) | 4,742 | 71.5% | (69.9 - 73.2) | NS | 520 | 61.8% | (54.8 - 68.3) | 6,682 | 66.7% | (65.2 - 68.2) | NS | No | |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2015 | 531 | 63.3% | (57.1 - 69.1) | 7,604 | 67.0% | (65.3 - 68.6) | NS | 227 | 64.0% | (54.0 - 72.8) | 3,203 | 71.0% | (68.5 - 73.3) | NS | 304 | 62.6% | (54.8 - 69.8) | 4,401 | 63.1% | (60.8 - 65.2) | NS | No | |
| 2016 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Had a fall in past year, aged 45 years and older | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | 979 | 30.2% | (26.2 - 34.5) | 13,738 | 28.8% | (27.7 - 29.9) | NS | 393 | 33.9% | (27.5 - 41.1) | 5,384 | 26.9% | (25.3 - 28.5) | NS | 586 | 26.5% | (21.9 - 31.6) | 8,354 | 30.5% | (29.1 - 31.9) | NS | No | |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | 1,021 | 29.1% | (26.1 - 32.4) | 15,671 | 26.1% | (25.1 - 27.1) | NS | 425 | 29.2% | (24.6 - 34.2) | 6,513 | 24.5% | (23.0 - 26.1) | NS | 596 | 29.1% | (25.1 - 33.4) | 9,158 | 27.6% | (26.2 - 29.0) | NS | No | |
| 2015 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2016 | 650 | 29.2% | (25.3 - 33.4) | 10,369 | 29.0% | (27.7 - 30.3) | NS | 287 | 32.7% | (26.9 - 39.2) | 4,333 | 28.1% | (26.2 - 30.1) | NS | 363 | 26.0% | (21.0 - 31.7) | 6,036 | 29.7% | (28.0 - 31.5) | NS | No | |
| Injured due to a fall in past year, aged 45 years and older | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | 977 | 9.2% | (7.1 - 11.9) | 13,719 | 9.9% | (9.2 - 10.6) | NS | 393 | 8.0% | (5.1 - 12.1) | 5,377 | 7.7% | (6.7 - 8.7) | NS | 584 | 10.5% | (7.7 - 14.2) | 8,342 | 11.8% | (10.9 - 12.9) | NS | No | |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | 1,020 | 8.6% | (6.9 - 10.6) | 15,647 | 8.8% | (8.2 - 9.5) | NS | 424 | 6.0% | (4.0 - 8.8) | 6,502 | 6.8% | (6.0 - 7.7) | NS | 596 | 10.9% | (8.4 - 14.1) | 9,145 | 10.6% | (9.7 - 11.6) | NS | No | |
| 2015 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2016 | 650 | 6.5% | (4.9 - 8.7) | 10,367 | 10.1% | (9.3 - 11.0) | - | 287 | 5.8% | (3.6 - 9.2) | 4,333 | 7.8% | (6.8 - 9.0) | NS | 363 | 7.2% | (5.0 - 10.4) | 6,034 | 12.2% | (11.0 - 13.6) | - | No | |
| Mental Health | | | | | | | | | | | | | | | | | | | | | | | |
| Ever told they have depression | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,155 | 14.9% | (12.5 - 17.6) | 25,333 | 16.8% | (16.2 - 17.5) | NS | 473 | 11.4% | (8.4 - 15.4) | 10,198 | 11.5% | (10.7 - 12.4) | NS | 682 | 18.2% | (14.8 - 22.2) | 15,135 | 22.0% | (21.0 - 23.0) | NS | No | |
| 2012 | 1,245 | 11.0% | (8.8 - 13.7) | 19,115 | 16.7% | (16.0 - 17.5) | - | 509 | 7.2% | (4.6 - 10.9) | 7,853 | 12.4% | (11.4 - 13.5) | - | 736 | 14.7% | (11.4 - 18.8) | 11,262 | 20.9% | (19.8 - 22.1) | - | Yes | |
| 2013 | 1,247 | 12.3% | (10.2 - 14.8) | 17,065 | 18.2% | (17.3 - 19.2) | - | 503 | 9.8% | (7.0 - 13.7) | 6,940 | 12.9% | (11.6 - 14.2) | NS | 744 | 14.8% | (11.9 - 18.3) | 10,125 | 23.4% | (22.0 - 24.8) | - | No | |
| 2014 | 1,441 | 12.2% | (10.3 - 14.4) | 22,346 | 17.7% | (16.9 - 18.6) | - | 623 | 8.2% | (6.0 - 11.1) | 9,582 | 13.0% | (11.8 - 14.2) | - | 818 | 16.2% | (13.3 - 19.6) | 12,764 | 22.3% | (21.1 - 23.5) | - | Yes | |
| 2015 | 1,171 | 12.4% | (10.2 - 14.9) | 17,485 | 17.5% | (16.7 - 18.5) | - | 503 | 8.0% | (5.7 - 11.3) | 7,534 | 12.4% | (11.3 - 13.7) | NS | 668 | 16.5% | (13.1 - 20.6) | 9,951 | 22.5% | (21.2 - 23.8) | - | Yes | |
| 2016 | 913 | 11.7% | (9.5 - 14.4) | 15,138 | 17.8% | (16.8 - 18.8) | - | 423 | 10.9% | (8.0 - 14.8) | 6,609 | 12.1% | (10.9 - 13.4) | NS | 490 | 12.5% | (9.4 - 16.4) | 8,529 | 23.4% | (21.8 - 25.0) | - | No | |

| Indicators | Overall | | | | | | Men | | | | | | Women | | | | | | LHD Gender Diff. ^e | | | |
|---|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|
| | North Central | | | State of NE | | | North Central | | | State of NE | | | North Central | | | State of NE | | | | | | |
| | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d |
| Frequent Mental Distress in past 30 days | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,145 | 8.7% | (6.7 - 11.4) | 25,036 | 9.2% | (8.7 - 9.7) | NS | 470 | 8.7% | (6.0 - 12.6) | 10,097 | 7.7% | (7.0 - 8.4) | NS | 675 | 8.7% | (5.9 - 12.7) | 14,939 | 10.7% | (9.9 - 11.5) | NS | No |
| 2012 | 1,235 | 7.5% | (5.5 - 10.1) | 18,935 | 9.0% | (8.4 - 9.7) | NS | 507 | 6.8% | (4.0 - 11.2) | 7,786 | 7.4% | (6.6 - 8.3) | NS | 728 | 8.2% | (5.7 - 11.6) | 11,149 | 10.6% | (9.7 - 11.5) | NS | No |
| 2013 | 1,232 | 7.9% | (6.0 - 10.3) | 16,889 | 8.9% | (8.2 - 9.6) | NS | 496 | 8.4% | (5.6 - 12.3) | 6,889 | 6.8% | (5.9 - 7.9) | NS | 736 | 7.4% | (5.2 - 10.6) | 10,000 | 10.9% | (9.8 - 12.0) | NS | No |
| 2014 | 1,428 | 5.2% | (4.1 - 6.7) | 22,132 | 8.2% | (7.6 - 8.8) | - | 617 | 4.4% | (2.9 - 6.6) | 9,483 | 6.4% | (5.6 - 7.3) | NS | 811 | 6.1% | (4.4 - 8.3) | 12,649 | 9.9% | (9.0 - 10.8) | - | No |
| 2015 | 1,159 | 5.5% | (4.0 - 7.5) | 17,369 | 8.9% | (8.2 - 9.6) | - | 495 | 3.9% | (2.3 - 6.4) | 7,491 | 6.9% | (6.0 - 7.9) | NS | 664 | 7.1% | (4.8 - 10.4) | 9,878 | 10.8% | (9.8 - 11.9) | NS | No |
| 2016 | 902 | 6.2% | (4.5 - 8.4) | 15,035 | 9.5% | (8.7 - 10.4) | - | 416 | 4.7% | (2.9 - 7.4) | 6,568 | 7.0% | (6.0 - 8.1) | NS | 486 | 7.7% | (5.1 - 11.5) | 8,467 | 12.0% | (10.8 - 13.3) | NS | No |
| Currently taking medication or receiving treatment for a mental health condition | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | 287 | 6.8% | (4.0 - 11.2) | 6,643 | 11.0% | (10.0 - 12.1) | NS | 112 | 2.9% | (0.9 - 8.9) | 2,693 | 7.4% | (6.2 - 8.9) | NS | 175 | 10.5% | (5.9 - 18.1) | 3,950 | 14.5% | (12.9 - 16.2) | NS | No |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2015 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2016 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Symptoms of serious mental illness in past 30 days | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | 281 | 1.1% | (0.5 - 2.7) | 6,555 | 3.2% | (2.6 - 3.9) | NS | 109 | 0.7% | (0.1 - 4.9) | 2,657 | 2.5% | (1.8 - 3.7) | NS | 172 | 1.5% | (0.6 - 3.7) | 3,898 | 3.8% | (2.9 - 4.9) | NS | No |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2015 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2016 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Alcohol and Drug Use | | | | | | | | | | | | | | | | | | | | | | |
| Any alcohol consumption in past 30 days | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,100 | 56.6% | (53.0 - 60.1) | 24,051 | 61.8% | (60.9 - 62.7) | - | 439 | 64.6% | (59.2 - 69.6) | 9,597 | 67.7% | (66.4 - 69.1) | NS | 661 | 49.3% | (44.6 - 54.0) | 14,454 | 56.2% | (55.0 - 57.4) | - | Yes |
| 2012 | 1,227 | 54.3% | (50.1 - 58.5) | 18,891 | 61.3% | (60.3 - 62.3) | - | 498 | 60.6% | (53.9 - 66.9) | 7,749 | 68.7% | (67.2 - 70.1) | - | 729 | 48.2% | (43.0 - 53.5) | 11,142 | 54.2% | (52.8 - 55.6) | NS | Yes |
| 2013 | 1,226 | 55.9% | (52.3 - 59.5) | 16,614 | 57.5% | (56.2 - 58.7) | NS | 494 | 64.4% | (58.9 - 69.4) | 6,754 | 63.3% | (61.4 - 65.2) | NS | 732 | 47.7% | (42.9 - 52.5) | 9,860 | 51.8% | (50.2 - 53.5) | NS | Yes |
| 2014 | 1,395 | 54.4% | (51.3 - 57.4) | 21,612 | 59.2% | (58.1 - 60.3) | - | 603 | 60.9% | (56.3 - 65.4) | 9,246 | 65.2% | (63.6 - 66.8) | NS | 792 | 48.0% | (43.9 - 52.1) | 12,366 | 53.4% | (52.0 - 54.9) | NS | Yes |
| 2015 | 1,133 | 57.0% | (53.1 - 60.8) | 16,939 | 57.6% | (56.4 - 58.8) | NS | 487 | 62.6% | (56.6 - 68.2) | 7,282 | 63.8% | (62.0 - 65.5) | NS | 646 | 51.5% | (46.4 - 56.7) | 9,657 | 51.6% | (50.0 - 53.2) | NS | No |
| 2016 | 886 | 57.6% | (53.6 - 61.4) | 14,723 | 59.8% | (58.5 - 61.0) | NS | 409 | 67.2% | (61.7 - 72.2) | 6,421 | 68.0% | (66.1 - 69.8) | NS | 477 | 48.3% | (42.8 - 53.9) | 8,302 | 51.8% | (50.0 - 53.6) | NS | Yes |
| Binge drank in past 30 days^a | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,094 | 17.4% | (14.7 - 20.5) | 23,948 | 22.7% | (21.9 - 23.5) | - | 434 | 28.0% | (23.1 - 33.4) | 9,533 | 30.2% | (28.9 - 31.5) | NS | 660 | 8.0% | (5.7 - 11.0) | 14,415 | 15.7% | (14.7 - 16.7) | - | Yes |
| 2012 | 1,215 | 16.9% | (13.9 - 20.5) | 18,742 | 22.1% | (21.3 - 23.0) | - | 493 | 19.6% | (14.9 - 25.2) | 7,664 | 29.1% | (27.6 - 30.5) | - | 722 | 14.4% | (10.6 - 19.3) | 11,078 | 15.5% | (14.5 - 16.6) | NS | No |
| 2013 | 1,211 | 18.7% | (15.9 - 21.8) | 16,500 | 20.0% | (19.0 - 21.1) | NS | 482 | 26.4% | (21.7 - 31.8) | 6,687 | 25.2% | (23.6 - 26.9) | NS | 729 | 11.2% | (8.5 - 14.6) | 9,813 | 15.0% | (13.8 - 16.4) | NS | Yes |
| 2014 | 1,384 | 17.4% | (15.1 - 20.0) | 21,443 | 20.3% | (19.4 - 21.3) | NS | 596 | 25.7% | (21.8 - 30.1) | 9,149 | 26.8% | (25.3 - 28.3) | NS | 788 | 9.3% | (7.2 - 12.0) | 12,294 | 14.1% | (13.0 - 15.3) | - | Yes |
| 2015 | 1,129 | 19.4% | (16.3 - 22.9) | 16,832 | 19.5% | (18.5 - 20.5) | NS | 485 | 25.8% | (20.9 - 31.4) | 7,216 | 26.0% | (24.4 - 27.8) | NS | 644 | 13.2% | (9.8 - 17.5) | 9,616 | 13.1% | (12.0 - 14.3) | NS | Yes |
| 2016 | 880 | 17.5% | (14.6 - 20.8) | 14,620 | 20.0% | (18.9 - 21.1) | NS | 405 | 23.2% | (18.7 - 28.5) | 6,367 | 27.2% | (25.4 - 29.0) | NS | 475 | 12.0% | (8.7 - 16.5) | 8,253 | 13.1% | (11.9 - 14.4) | NS | Yes |
| Heavy drinking in past 30 days | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,091 | 7.0% | (5.2 - 9.3) | 23,906 | 7.5% | (7.0 - 8.1) | NS | 434 | 10.5% | (7.3 - 14.8) | 9,514 | 9.2% | (8.4 - 10.2) | NS | 657 | 3.8% | (2.4 - 6.2) | 14,392 | 5.9% | (5.2 - 6.6) | NS | Yes |
| 2012 | 1,219 | 5.0% | (3.5 - 7.1) | 18,738 | 7.2% | (6.6 - 7.7) | NS | 494 | 6.1% | (3.8 - 9.8) | 7,668 | 8.5% | (7.7 - 9.4) | NS | 725 | 3.9% | (2.3 - 6.6) | 11,070 | 5.9% | (5.3 - 6.6) | NS | No |
| 2013 | 1,216 | 6.3% | (4.7 - 8.4) | 16,513 | 6.8% | (6.2 - 7.5) | NS | 488 | 9.0% | (6.3 - 12.8) | 6,698 | 7.3% | (6.4 - 8.3) | NS | 728 | 3.7% | (2.3 - 5.9) | 9,815 | 6.3% | (5.5 - 7.2) | NS | Yes |
| 2014 | 1,383 | 4.5% | (3.4 - 6.0) | 21,447 | 6.4% | (5.9 - 7.0) | NS | 595 | 5.8% | (4.0 - 8.5) | 9,158 | 7.5% | (6.7 - 8.5) | NS | 788 | 3.2% | (2.1 - 5.0) | 12,289 | 5.3% | (4.7 - 6.1) | NS | No |
| 2015 | 1,128 | 5.7% | (4.1 - 7.7) | 16,815 | 5.7% | (5.1 - 6.4) | NS | 485 | 6.6% | (4.3 - 10.0) | 7,214 | 7.0% | (6.0 - 8.1) | NS | 643 | 4.8% | (3.0 - 7.6) | 9,601 | 4.6% | (3.9 - 5.3) | NS | No |
| 2016 | 881 | 4.6% | (3.3 - 6.5) | 14,634 | 6.6% | (5.9 - 7.3) | NS | 406 | 7.5% | (5.0 - 11.0) | 6,376 | 8.0% | (7.0 - 9.1) | NS | 475 | 1.9% | (1.0 - 3.6) | 8,258 | 5.2% | (4.4 - 6.2) | - | Yes |
| Alcohol impaired driving in past 30 days | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | 1,225 | 2.6% | (1.5 - 4.6) | 18,895 | 3.4% | (3.1 - 3.8) | NS | 499 | 4.8% | (2.5 - 8.8) | 7,741 | 5.5% | (4.9 - 6.3) | NS | 726 | 0.5% | (0.2 - 1.7) | 11,154 | 1.4% | (1.1 - 1.8) | NS | Yes |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | 1,392 | 2.6% | (1.7 - 4.1) | 21,627 | 2.5% | (2.2 - 2.9) | NS | 604 | 4.5% | (2.7 - 7.4) | 9,242 | 4.2% | (3.5 - 4.9) | NS | 788 | 0.8% | (0.4 - 1.8) | 12,385 | 1.0% | (0.7 - 1.3) | NS | Yes |
| 2015 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2016 | 885 | 2.9% | (1.7 - 4.7) | 14,666 | 3.4% | (2.9 - 3.9) | NS | 406 | 4.2% | (2.4 - 7.3) | 6,383 | 5.1% | (4.3 - 6.0) | NS | 479 | 1.6% | (0.5 - 4.7) | 8,283 | 1.7% | (1.3 - 2.4) | NS | No |

| Indicators | Overall | | | | | | Men | | | | | | Women | | | | | | LHD Gender Diff. ^e | | | | |
|--|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|---|
| | North Central | | | State of NE | | | North Central | | | State of NE | | | North Central | | | State of NE | | | | | | | |
| | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | |
| Took pain medication prescribed by doctor in past year | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | 918 | 25.1% | (20.8 - 30.0) | 11,767 | 30.2% | (29.1 - 31.4) | NS | 382 | 27.9% | (21.0 - 35.9) | 4,835 | 27.3% | (25.7 - 29.0) | NS | 536 | 22.4% | (17.7 - 27.9) | 6,932 | 33.0% | (31.5 - 34.6) | - | No | |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2015 | 542 | 29.3% | (24.3 - 34.9) | 7,858 | 33.5% | (31.9 - 35.1) | NS | 230 | 23.3% | (16.7 - 31.5) | 3,283 | 28.9% | (26.6 - 31.4) | NS | 312 | 35.2% | (28.1 - 43.0) | 4,575 | 37.9% | (35.8 - 40.1) | NS | No | |
| 2016 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Had leftover pain meds after last filled script, among those who took pain meds in past year | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | 276 | 35.6% | (26.6 - 45.6) | 3,848 | 49.2% | (46.9 - 51.4) | - | 115 | 31.5% | (19.3 - 46.9) | 1,423 | 43.9% | (40.4 - 47.4) | NS | 161 | 40.6% | (29.3 - 53.0) | 2,425 | 53.4% | (50.5 - 56.3) | NS | No | |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2015 | 168 | 53.8% | (43.2 - 64.1) | 2,684 | 45.7% | (42.8 - 48.7) | NS | 54 | 59.2% | (40.7 - 75.4) | 995 | 42.6% | (37.9 - 47.4) | NS | 114 | 50.5% | (37.7 - 63.2) | 1,689 | 48.0% | (44.4 - 51.7) | NS | No | |
| 2016 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Used marijuana in past 30 days | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2015 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2016 | 861 | 2.7% | (1.6 - 4.6) | 14,160 | 4.9% | (4.2 - 5.7) | NS | 394 | 3.5% | (1.8 - 6.4) | 6,143 | 7.2% | (6.0 - 8.6) | NS | 467 | 1.9% | (0.7 - 5.3) | 8,017 | 2.7% | (2.1 - 3.5) | NS | No | |
| Immunization and Infectious Disease | | | | | | | | | | | | | | | | | | | | | | | |
| Had a flu vaccination in past year, aged 18 years and older | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 1,103 | 39.3% | (35.9 - 42.9) | 24,156 | 41.1% | (40.2 - 42.0) | NS | 440 | 31.8% | (27.1 - 37.0) | 9,663 | 35.1% | (33.8 - 36.5) | NS | 663 | 46.2% | (41.6 - 50.9) | 14,493 | 46.8% | (45.6 - 48.1) | NS | Yes | |
| 2012 | 1,234 | 38.5% | (34.7 - 42.5) | 18,903 | 42.2% | (41.2 - 43.2) | NS | 505 | 32.9% | (27.5 - 38.7) | 7,754 | 36.8% | (35.4 - 38.2) | NS | 729 | 44.1% | (39.0 - 49.3) | 11,149 | 47.5% | (46.1 - 48.8) | NS | Yes | |
| 2013 | 1,170 | 39.9% | (36.4 - 43.5) | 16,022 | 45.2% | (43.9 - 46.4) | - | 468 | 33.6% | (28.6 - 39.0) | 6,506 | 41.2% | (39.4 - 43.1) | - | 702 | 45.9% | (41.2 - 50.8) | 9,516 | 48.9% | (47.2 - 50.6) | NS | Yes | |
| 2014 | 1,394 | 41.8% | (38.8 - 44.9) | 21,638 | 43.9% | (42.9 - 45.0) | NS | 605 | 37.0% | (32.7 - 41.5) | 9,262 | 38.8% | (37.3 - 40.4) | NS | 789 | 46.6% | (42.5 - 50.7) | 12,376 | 48.9% | (47.4 - 50.3) | NS | Yes | |
| 2015 | 1,072 | 41.8% | (38.0 - 45.7) | 16,091 | 47.2% | (46.0 - 48.4) | - | 454 | 34.7% | (29.4 - 40.4) | 6,883 | 40.8% | (39.0 - 42.6) | NS | 618 | 48.7% | (43.4 - 54.0) | 9,208 | 53.4% | (51.7 - 55.0) | NS | Yes | |
| 2016 | 886 | 36.9% | (33.3 - 40.6) | 14,685 | 44.4% | (43.1 - 45.7) | - | 408 | 32.8% | (27.8 - 38.1) | 6,401 | 39.4% | (37.5 - 41.3) | NS | 478 | 40.8% | (35.6 - 46.2) | 8,284 | 49.3% | (47.6 - 51.1) | - | No | |
| Had a flu vaccination in past year, aged 65 years and older ^h | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 414 | 53.0% | (47.3 - 58.6) | 8,185 | 61.8% | (60.3 - 63.3) | - | 138 | 49.7% | (39.9 - 59.5) | 2,875 | 59.6% | (57.1 - 62.1) | NS | 276 | 55.1% | (48.2 - 61.8) | 5,310 | 63.4% | (61.5 - 65.3) | NS | No | |
| 2012 | 506 | 54.7% | (48.5 - 60.7) | 6,625 | 62.9% | (61.2 - 64.6) | - | 185 | 55.2% | (44.8 - 65.1) | 2,327 | 60.9% | (58.1 - 63.6) | NS | 321 | 54.2% | (47.1 - 61.1) | 4,298 | 64.4% | (62.4 - 66.5) | - | No | |
| 2013 | 469 | 58.0% | (52.1 - 63.7) | 5,652 | 66.2% | (64.2 - 68.1) | - | 168 | 62.5% | (52.8 - 71.3) | 2,067 | 67.6% | (64.4 - 70.6) | NS | 301 | 54.3% | (47.0 - 61.4) | 3,585 | 65.0% | (62.6 - 67.4) | - | No | |
| 2014 | 465 | 63.5% | (58.2 - 68.4) | 7,610 | 64.7% | (63.2 - 66.2) | NS | 180 | 64.6% | (56.2 - 72.2) | 2,971 | 65.9% | (63.5 - 68.3) | NS | 285 | 62.5% | (55.7 - 68.9) | 4,639 | 63.8% | (61.8 - 65.7) | NS | No | |
| 2015 | 400 | 60.2% | (53.0 - 66.9) | 5,578 | 65.2% | (63.4 - 67.0) | NS | 147 | 58.4% | (46.0 - 69.8) | 2,119 | 64.1% | (61.1 - 66.9) | NS | 253 | 61.7% | (53.7 - 69.1) | 3,459 | 66.1% | (63.9 - 68.2) | NS | No | |
| 2016 | 326 | 53.0% | (46.5 - 59.4) | 5,130 | 62.7% | (60.8 - 64.6) | - | 137 | 53.7% | (43.6 - 63.5) | 1,967 | 62.8% | (59.8 - 65.6) | NS | 189 | 52.5% | (44.0 - 60.8) | 3,163 | 62.7% | (60.2 - 65.1) | NS | No | |
| Ever had a pneumonia vaccination, aged 65 years and older ^h | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 400 | 70.8% | (65.3 - 75.7) | 7,997 | 70.3% | (68.8 - 71.7) | NS | 135 | 71.4% | (61.6 - 79.4) | 2,772 | 66.7% | (64.2 - 69.1) | NS | 265 | 70.4% | (63.7 - 76.3) | 5,225 | 72.9% | (71.2 - 74.5) | NS | No | |
| 2012 | 494 | 68.0% | (62.0 - 73.6) | 6,413 | 70.0% | (68.4 - 71.6) | NS | 180 | 65.4% | (55.0 - 74.6) | 2,225 | 66.9% | (64.1 - 69.6) | NS | 314 | 70.3% | (63.4 - 76.4) | 4,188 | 72.3% | (70.3 - 74.1) | NS | No | |
| 2013 | 459 | 66.5% | (60.7 - 71.9) | 5,478 | 71.7% | (69.8 - 73.4) | NS | 165 | 63.2% | (53.5 - 71.9) | 1,970 | 71.5% | (68.5 - 74.3) | NS | 294 | 69.3% | (62.1 - 75.5) | 3,508 | 71.8% | (69.4 - 74.0) | NS | No | |
| 2014 | 454 | 63.7% | (58.5 - 68.6) | 7,372 | 72.3% | (70.9 - 73.7) | - | 175 | 63.5% | (55.1 - 71.2) | 2,849 | 70.3% | (67.9 - 72.5) | NS | 279 | 63.9% | (57.2 - 70.1) | 4,523 | 73.9% | (72.1 - 75.7) | - | No | |
| 2015 | 392 | 69.9% | (62.9 - 76.0) | 5,452 | 73.8% | (72.1 - 75.4) | NS | 144 | 61.8% | (49.5 - 72.7) | 2,056 | 70.3% | (67.4 - 73.0) | NS | 248 | 76.7% | (69.4 - 82.6) | 3,396 | 76.5% | (74.5 - 78.4) | NS | No | |
| 2016 | 323 | 73.1% | (67.0 - 78.5) | 5,060 | 75.9% | (74.2 - 77.5) | NS | 134 | 75.4% | (66.3 - 82.7) | 1,927 | 73.7% | (70.9 - 76.3) | NS | 189 | 71.3% | (62.8 - 78.6) | 3,133 | 77.6% | (75.5 - 79.7) | NS | No | |
| Had a tetanus vaccination since 2005 | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2013 | 1,067 | 55.7% | (51.8 - 59.5) | 14,650 | 60.2% | (58.9 - 61.5) | NS | 438 | 63.4% | (57.7 - 68.8) | 6,015 | 63.1% | (61.1 - 65.0) | NS | 629 | 48.1% | (43.0 - 53.2) | 8,635 | 57.4% | (55.6 - 59.1) | - | Yes | |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2015 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2016 | 831 | 61.5% | (57.4 - 65.5) | 13,574 | 64.2% | (62.9 - 65.4) | NS | 384 | 71.2% | (65.7 - 76.2) | 5,939 | 67.5% | (65.5 - 69.3) | NS | 447 | 52.2% | (46.4 - 57.9) | 7,635 | 60.9% | (59.2 - 62.7) | - | Yes | |

| Indicators | Overall | | | | | | Men | | | | | | Women | | | | | | LHD Gender Diff.° | | | | | |
|---|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------|------------------------|------------------|------------------------------------|----------------|------------------------|
| | North Central | | | State of NE | | | Sig ^d | North Central | | | State of NE | | | Sig ^d | North Central | | | State of NE | | | Sig ^d | | | |
| | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | | mean or % ^b | | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b |
| Ever had a shingles vaccination, aged 50 years and older | | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | 935 | 25.6% | (22.6 - 28.8) | 14,246 | 27.9% | (26.9 - 28.9) | NS | 385 | 22.6% | (18.3 - 27.5) | 5,892 | 25.7% | (24.2 - 27.3) | NS | 550 | 28.3% | (24.3 - 32.6) | 8,354 | 29.8% | (28.4 - 31.3) | NS | | No | |
| 2015 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2016 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Ever been tested for HIV, 18-64 year olds (excluding blood donation) | | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | 674 | 18.2% | (14.9 - 22.1) | 15,561 | 30.8% | (29.7 - 31.8) | - | 291 | 16.0% | (11.8 - 21.2) | 6,612 | 28.4% | (27.0 - 29.9) | - | 383 | 20.5% | (15.7 - 26.4) | 8,949 | 33.1% | (31.7 - 34.6) | - | | No | |
| 2012 | 703 | 18.5% | (14.6 - 23.1) | 11,879 | 30.9% | (29.8 - 32.1) | - | 308 | 16.8% | (11.7 - 23.6) | 5,254 | 27.9% | (26.3 - 29.5) | - | 395 | 20.1% | (14.6 - 26.9) | 6,625 | 34.0% | (32.4 - 35.7) | - | | No | |
| 2013 | 685 | 19.9% | (16.3 - 24.0) | 10,049 | 31.8% | (30.3 - 33.3) | - | 294 | 18.5% | (13.4 - 24.9) | 4,304 | 29.1% | (27.0 - 31.3) | - | 391 | 21.3% | (16.5 - 26.9) | 5,745 | 34.4% | (32.5 - 36.4) | - | | No | |
| 2014 | 898 | 19.0% | (16.1 - 22.3) | 13,474 | 30.9% | (29.6 - 32.2) | - | 415 | 16.4% | (12.5 - 21.1) | 6,042 | 28.6% | (26.8 - 30.5) | - | 483 | 21.8% | (17.7 - 26.6) | 7,432 | 33.2% | (31.4 - 35.0) | - | | No | |
| 2015 | 656 | 22.7% | (18.8 - 27.1) | 10,152 | 32.0% | (30.6 - 33.5) | - | 300 | 18.3% | (13.4 - 24.5) | 4,604 | 29.2% | (27.2 - 31.4) | - | 356 | 27.3% | (21.6 - 33.8) | 5,548 | 34.9% | (32.9 - 36.9) | NS | | No | |
| 2016 | 541 | 21.6% | (17.8 - 25.9) | 9,145 | 31.9% | (30.4 - 33.5) | - | 266 | 24.1% | (18.6 - 30.7) | 4,263 | 28.5% | (26.4 - 30.7) | NS | 275 | 18.8% | (14.1 - 24.7) | 4,882 | 35.4% | (33.2 - 37.6) | - | | No | |
| Oral Health | | | | | | | | | | | | | | | | | | | | | | | | |
| Visited a dentist or dental clinic for any reason in past year^a | | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | 1,242 | 65.2% | (61.1 - 69.1) | 19,052 | 67.6% | (66.6 - 68.5) | NS | 509 | 60.0% | (53.4 - 66.3) | 7,827 | 64.2% | (62.7 - 65.6) | NS | 733 | 70.3% | (65.4 - 74.8) | 11,225 | 70.9% | (69.6 - 72.1) | NS | | No | |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | 1,428 | 65.7% | (62.8 - 68.6) | 22,258 | 66.4% | (65.4 - 67.4) | NS | 620 | 59.1% | (54.5 - 63.5) | 9,544 | 63.2% | (61.7 - 64.8) | NS | 808 | 72.3% | (68.5 - 75.7) | 12,714 | 69.5% | (68.1 - 70.8) | NS | | Yes | |
| 2015 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2016 | 909 | 63.1% | (59.1 - 66.9) | 15,089 | 68.7% | (67.5 - 69.9) | - | 420 | 58.9% | (53.3 - 64.4) | 6,597 | 65.9% | (64.1 - 67.7) | NS | 489 | 67.1% | (61.5 - 72.2) | 8,492 | 71.4% | (69.8 - 73.0) | NS | | No | |
| Had any permanent teeth extracted due to tooth decay or gum disease | | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | 1,217 | 51.7% | (47.5 - 55.9) | 18,824 | 39.8% | (38.8 - 40.8) | + | 499 | 54.3% | (47.7 - 60.8) | 7,750 | 39.2% | (37.7 - 40.6) | + | 718 | 49.2% | (44.0 - 54.5) | 11,074 | 40.4% | (39.1 - 41.7) | + | | No | |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | 1,420 | 48.7% | (45.7 - 51.8) | 22,085 | 39.1% | (38.1 - 40.1) | + | 617 | 48.4% | (43.8 - 52.9) | 9,490 | 39.4% | (37.9 - 40.9) | + | 803 | 49.1% | (45.0 - 53.1) | 12,595 | 38.9% | (37.5 - 40.2) | + | | No | |
| 2015 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2016 | 895 | 46.1% | (42.2 - 50.0) | 14,988 | 38.2% | (37.0 - 39.4) | + | 417 | 47.1% | (41.6 - 52.7) | 6,559 | 37.6% | (35.8 - 39.3) | + | 478 | 45.0% | (39.7 - 50.5) | 8,429 | 38.9% | (37.3 - 40.5) | NS | | No | |
| Had any permanent teeth extracted due to tooth decay or gum disease, 45-64 year olds^a | | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | 470 | 55.0% | (48.7 - 61.2) | 7,138 | 47.7% | (46.1 - 49.3) | NS | 209 | 62.6% | (53.0 - 71.4) | 3,077 | 48.7% | (46.3 - 51.1) | + | 261 | 46.7% | (39.0 - 54.6) | 4,061 | 46.7% | (44.6 - 48.8) | NS | | No | |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | 560 | 50.5% | (45.7 - 55.2) | 8,200 | 45.9% | (44.3 - 47.5) | NS | 251 | 50.6% | (43.6 - 57.5) | 3,631 | 47.5% | (45.1 - 50.0) | NS | 309 | 50.4% | (44.0 - 56.8) | 4,569 | 44.3% | (42.1 - 46.5) | NS | | No | |
| 2015 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2016 | 334 | 48.1% | (41.9 - 54.3) | 5,356 | 45.1% | (43.1 - 47.1) | NS | 161 | 50.6% | (41.8 - 59.3) | 2,446 | 46.4% | (43.5 - 49.3) | NS | 173 | 45.5% | (37.0 - 54.3) | 2,910 | 43.8% | (41.2 - 46.5) | NS | | No | |
| Had all permanent teeth extracted due to tooth decay or gum disease, aged 65 years and older | | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | 495 | 15.7% | (11.4 - 21.2) | 6,502 | 13.4% | (12.3 - 14.5) | NS | 182 | 17.6% | (10.3 - 28.3) | 2,313 | 12.0% | (10.3 - 13.9) | NS | 313 | 14.1% | (10.0 - 19.4) | 4,189 | 14.4% | (13.0 - 16.0) | NS | | No | |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | 473 | 21.8% | (17.7 - 26.6) | 7,657 | 14.1% | (13.0 - 15.2) | + | 184 | 22.2% | (15.7 - 30.3) | 3,010 | 14.4% | (12.8 - 16.3) | NS | 289 | 21.5% | (16.5 - 27.6) | 4,647 | 13.8% | (12.5 - 15.2) | + | | No | |
| 2015 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2016 | 324 | 13.7% | (10.0 - 18.5) | 5,179 | 13.2% | (11.9 - 14.6) | NS | 139 | 11.8% | (6.9 - 19.5) | 1,993 | 10.6% | (9.0 - 12.5) | NS | 185 | 15.3% | (10.3 - 22.0) | 3,186 | 15.3% | (13.5 - 17.3) | NS | | No | |
| Had all permanent teeth extracted due to tooth decay or gum disease, 65-74 year olds^a | | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | 231 | 10.6% | (6.5 - 16.8) | 3,149 | 11.3% | (9.9 - 12.8) | NS | 93 | 11.5% | (5.5 - 22.6) | 1,268 | 9.3% | (7.5 - 11.4) | NS | 138 | 9.8% | (5.1 - 18.0) | 1,881 | 13.1% | (11.1 - 15.3) | NS | | No | |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | 231 | 12.8% | (8.6 - 18.8) | 4,089 | 10.9% | (9.6 - 12.3) | NS | 98 | 15.4% | (8.6 - 25.8) | 1,804 | 12.0% | (9.9 - 14.4) | NS | 133 | 10.4% | (6.0 - 17.5) | 2,285 | 9.8% | (8.3 - 11.7) | NS | | No | |
| 2015 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2016 | 169 | 7.3% | (4.1 - 12.7) | 2,815 | 10.4% | (9.0 - 12.0) | NS | 80 | 6.1% | (2.2 - 15.4) | 1,168 | 8.8% | (6.9 - 11.2) | NS | 89 | 8.7% | (4.3 - 16.6) | 1,647 | 11.8% | (9.9 - 14.1) | NS | | No | |

| Indicators | Overall | | | | | | Men | | | | | | Women | | | | | | LHD Gender Diff. ^e | | | | |
|--|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|---|
| | North Central | | | State of NE | | | North Central | | | State of NE | | | North Central | | | State of NE | | | | | | | |
| | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | |
| Had teeth cleaned by dentist/hygienist in past year, among those with 1+ permanent teeth | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2015 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2016 | 827 | 62.0% | (57.9 - 66.0) | 13,764 | 67.4% | (66.1 - 68.6) | - | 385 | 56.3% | (50.4 - 62.1) | 6,092 | 63.9% | (62.0 - 65.8) | NS | 442 | 67.6% | (61.6 - 73.0) | 7,672 | 70.8% | (69.1 - 72.5) | NS | No | |
| Social Context | | | | | | | | | | | | | | | | | | | | | | | |
| Housing insecurity in past year, among those who own or rent their home [^] | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | 248 | 19.5% | (13.8 - 26.9) | 6,089 | 26.6% | (25.0 - 28.3) | NS | 102 | 19.2% | (11.3 - 30.9) | 2,481 | 24.7% | (22.3 - 27.3) | NS | 146 | 19.8% | (12.4 - 30.0) | 3,608 | 28.5% | (26.3 - 30.8) | NS | No | |
| 2013 | 549 | 28.8% | (24.1 - 34.0) | 7,324 | 28.8% | (27.1 - 30.5) | NS | 208 | 25.7% | (19.0 - 33.9) | 2,961 | 25.0% | (22.5 - 27.7) | NS | 341 | 31.6% | (25.4 - 38.6) | 4,363 | 32.3% | (30.0 - 34.7) | NS | No | |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2015 | 520 | 27.4% | (22.1 - 33.3) | 7,461 | 28.5% | (26.8 - 30.2) | NS | 217 | 25.2% | (17.9 - 34.3) | 3,109 | 26.6% | (24.2 - 29.2) | NS | 303 | 29.3% | (22.3 - 37.5) | 4,352 | 30.3% | (28.1 - 32.5) | NS | No | |
| 2016 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Food insecurity in past year [^] | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | 286 | 10.1% | (6.1 - 16.1) | 6,621 | 17.6% | (16.2 - 19.0) | - | 113 | 10.3% | (4.6 - 21.6) | 2,684 | 13.9% | (12.1 - 16.0) | NS | 173 | 9.8% | (5.6 - 16.8) | 3,937 | 21.1% | (19.1 - 23.2) | - | No | |
| 2013 | 592 | 16.9% | (13.1 - 21.4) | 7,828 | 19.0% | (17.6 - 20.6) | NS | 227 | 16.3% | (10.8 - 23.8) | 3,159 | 15.4% | (13.4 - 17.7) | NS | 365 | 17.4% | (12.7 - 23.4) | 4,669 | 22.5% | (20.5 - 24.6) | NS | No | |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2015 | 544 | 15.3% | (11.6 - 19.9) | 7,918 | 21.0% | (19.5 - 22.5) | NS | 230 | 12.3% | (7.6 - 19.1) | 3,309 | 17.9% | (15.8 - 20.2) | NS | 314 | 18.2% | (13.0 - 24.9) | 4,609 | 24.0% | (22.1 - 26.1) | NS | No | |
| 2016 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Caregiving | | | | | | | | | | | | | | | | | | | | | | | |
| Provided regular care/assistance in past month to friend or family member with health issue | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2015 | 515 | 26.5% | (20.8 - 33.1) | 7,883 | 24.7% | (23.2 - 26.2) | NS | 218 | 23.2% | (15.9 - 32.6) | 3,434 | 21.1% | (19.1 - 23.4) | NS | 297 | 29.6% | (21.4 - 39.4) | 4,449 | 28.0% | (25.9 - 30.2) | NS | No | |
| 2016 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Cognitive Decline | | | | | | | | | | | | | | | | | | | | | | | |
| Experienced more or worsening confusion or memory loss in past year, aged 45 years and older | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2013 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2014 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2015 | 402 | 8.6% | (5.5 - 13.0) | 5,767 | 9.4% | (8.4 - 10.5) | NS | 171 | 10.3% | (5.7 - 17.9) | 2,436 | 10.2% | (8.7 - 12.0) | NS | 231 | 6.5% | (3.5 - 11.6) | 3,331 | 8.6% | (7.3 - 10.2) | NS | No | |
| 2016 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Inadequate Sleep | | | | | | | | | | | | | | | | | | | | | | | |
| Get less than 7 hours of sleep per day | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2013 | 1,240 | 27.0% | (23.9 - 30.4) | 16,972 | 31.8% | (30.6 - 33.0) | - | 500 | 26.7% | (22.1 - 31.9) | 6,927 | 32.6% | (30.8 - 34.4) | NS | 740 | 27.3% | (23.3 - 31.7) | 10,045 | 31.0% | (29.5 - 32.6) | NS | No | |
| 2014 | 1,424 | 28.8% | (26.1 - 31.7) | 22,172 | 30.0% | (29.0 - 31.0) | NS | 620 | 28.9% | (24.9 - 33.3) | 9,527 | 30.7% | (29.2 - 32.2) | NS | 804 | 28.7% | (25.0 - 32.6) | 12,645 | 29.4% | (28.1 - 30.7) | NS | No | |
| 2015 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2016 | 910 | 26.8% | (23.5 - 30.3) | 15,097 | 29.6% | (28.4 - 30.8) | NS | 422 | 28.8% | (24.0 - 34.1) | 6,610 | 29.7% | (27.9 - 31.5) | NS | 488 | 24.8% | (20.6 - 29.6) | 8,487 | 29.5% | (27.9 - 31.2) | NS | No | |
| Average hours of sleep per day | | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2013 | 1,240 | 7.3 | (7.2 - 7.4) | 16,972 | 7.1 | (7.0 - 7.1) | + | 500 | 7.3 | (7.1 - 7.4) | 6,927 | 7.0 | (7.0 - 7.1) | + | 740 | 7.2 | (7.1 - 7.3) | 10,045 | 7.1 | (7.0 - 7.1) | NS | No | |
| 2014 | 1,424 | 7.2 | (7.1 - 7.3) | 22,172 | 7.1 | (7.0 - 7.1) | + | 620 | 7.2 | (7.1 - 7.3) | 9,527 | 7.0 | (7.0 - 7.1) | NS | 804 | 7.2 | (7.1 - 7.4) | 12,645 | 7.1 | (7.1 - 7.1) | NS | No | |
| 2015 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2016 | 910 | 7.2 | (7.1 - 7.3) | 15,097 | 7.1 | (7.1 - 7.1) | NS | 422 | 7.1 | (7.0 - 7.3) | 6,610 | 7.1 | (7.0 - 7.2) | NS | 488 | 7.3 | (7.1 - 7.4) | 8,487 | 7.1 | (7.1 - 7.2) | NS | No | |

| Indicators | Overall | | | | | | Men | | | | | | Women | | | | | | LHD Gender Diff. ^e | | | |
|---|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|
| | North Central | | | State of NE | | | North Central | | | State of NE | | | North Central | | | State of NE | | | | | | |
| | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d | n ^a | mean or % ^b | 95% C.I. ^c (Low - High) | n ^a | | mean or % ^b | 95% C.I. ^c (Low - High) | Sig ^d |
| Occupational Safety and Health | | | | | | | | | | | | | | | | | | | | | | |
| Work-related injury or illness in past year, among employed or recently out of work | | | | | | | | | | | | | | | | | | | | | | |
| 2011 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2012 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2013 | 353 | 8.7% | (5.6 - 13.2) | 4,952 | 4.8% | (3.9 - 5.8) | NS | 166 | 11.9% | (7.1 - 19.2) | 2,246 | 6.1% | (4.8 - 7.7) | NS | 187 | 4.5% | (2.0 - 10.0) | 2,706 | 3.3% | (2.2 - 4.9) | NS | No |
| 2014 | 514 | 8.0% | (5.1 - 12.3) | 6,966 | 4.9% | (4.1 - 5.9) | NS | 254 | 10.7% | (6.3 - 17.5) | 3,403 | 5.4% | (4.4 - 6.7) | NS | 260 | 4.9% | (2.1 - 11.0) | 3,563 | 4.3% | (3.1 - 6.0) | NS | No |
| 2015 | 363 | 3.8% | (1.9 - 7.3) | 5,434 | 5.7% | (4.7 - 6.8) | NS | 178 | 4.7% | (1.9 - 10.9) | 2,727 | 7.1% | (5.6 - 9.0) | NS | 185 | 2.7% | (1.0 - 7.1) | 2,707 | 3.9% | (2.9 - 5.3) | NS | No |
| 2016 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |

Note: Data reflect the nine county LHD region of Antelope, Boyd, Brown, Cherry, Holt, Keya Paha, Knox, Pierce, and Rock Counties

Note: Data reflect both landline and cell phone responses

Note: This table is not intended to be inclusive of all BRFSS indicators; some were excluded due to small numbers at the LHD level

Note: This table excludes 2011 BRFSS optional module and state added questions data due to the data being headline only

Note: The results in this table may be slightly different than results in previously published reports and tables due differences in the software used and/or how the statistical analysis code was written; these results were analyzed using SAS and SAS-callable SUDAAN software

^a Non-weighted sample size among adults 18 and older (unless different age group noted)

^b Weighted mean, median, or percentage (percentages are followed by the % symbol) among adults 18 and older (unless different age group noted)

^c Low and High are the lower and upper limits of the 95% confidence interval, respectively

^d Symbols represent: "+" = LHD value significantly higher than the state value; "-" = LHD value significantly lower than the state value; "NS" = LHD value not statistically different than the state value; significant differences based on 95% confidence interval overlap

^e Indicates whether there is a significant difference by gender within the LHD region, based on non-overlapping 95% confidence intervals; note that small sample sizes for males and females can make interpreting significance difficult due to large confidence intervals

^f Reflects a Nebraska Healthy People 2020 (HP2020) measure

* Data suppressed due to a small number of respondents (i.e., fewer than 50)

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS); January 2018

