

Indicators	Overall						Men						Women						LHD Gender Diff. ^e			
	Lancaster County			State of NE			Sig ^d	Lancaster County			State of NE			Sig ^d	Lancaster County			State of NE			Sig ^d	
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b		95% C.I. ^c (Low - High)
Current e-cigarette use																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2016	1,337	5.2%	(3.9 - 7.0)	14,819	4.9%	(4.3 - 5.6)	NS	643	5.2%	(3.5 - 7.7)	6,474	5.3%	(4.5 - 6.4)	NS	694	5.2%	(3.3 - 8.0)	8,345	4.5%	(3.7 - 5.6)	NS	No
Overweight and Obesity																						
Obese (BMI=30+) [^]																						
2011	2,432	25.1%	(23.1 - 27.2)	24,366	28.4%	(27.6 - 29.2)	-	1,064	25.9%	(22.9 - 29.2)	10,102	29.2%	(28.0 - 30.4)	NS	1,368	24.2%	(21.6 - 27.0)	14,264	27.6%	(26.5 - 28.8)	NS	No
2012	1,397	24.4%	(21.9 - 27.1)	18,385	28.6%	(27.7 - 29.6)	-	646	22.6%	(19.2 - 26.5)	7,781	29.2%	(27.9 - 30.6)	-	751	26.3%	(22.7 - 30.3)	10,604	28.1%	(26.8 - 29.3)	NS	No
2013	1,573	25.2%	(22.8 - 27.7)	16,250	29.6%	(28.4 - 30.7)	-	717	25.9%	(22.4 - 29.7)	6,860	30.8%	(29.1 - 32.5)	NS	856	24.5%	(21.4 - 27.8)	9,390	28.4%	(26.9 - 29.9)	NS	No
2014	1,619	25.4%	(22.9 - 28.2)	21,130	30.2%	(29.2 - 31.3)	-	758	26.6%	(22.8 - 30.7)	9,399	31.7%	(30.2 - 33.2)	NS	861	24.2%	(20.8 - 28.0)	11,731	28.7%	(27.4 - 30.1)	NS	No
2015	1,455	29.0%	(26.2 - 32.1)	16,265	31.4%	(30.3 - 32.5)	NS	702	29.9%	(25.8 - 34.3)	7,323	32.9%	(31.3 - 34.6)	NS	753	28.1%	(24.3 - 32.4)	8,942	29.8%	(28.3 - 31.3)	NS	No
2016	1,301	27.4%	(24.6 - 30.4)	14,173	32.0%	(30.8 - 33.2)	-	649	28.0%	(24.1 - 32.2)	6,460	32.6%	(30.8 - 34.3)	NS	652	26.8%	(22.9 - 31.1)	7,713	31.4%	(29.7 - 33.1)	NS	No
Overweight or Obese (BMI=25+)																						
2011	2,432	59.2%	(56.8 - 61.6)	24,366	64.9%	(64.0 - 65.8)	-	1,064	65.9%	(62.3 - 69.3)	10,102	72.8%	(71.5 - 74.1)	-	1,368	52.4%	(49.2 - 55.7)	14,264	56.8%	(55.5 - 58.1)	NS	Yes
2012	1,397	61.4%	(58.4 - 64.3)	18,385	65.0%	(64.0 - 66.0)	NS	646	67.7%	(63.6 - 71.6)	7,781	72.3%	(70.8 - 73.7)	NS	751	54.7%	(50.5 - 58.9)	10,604	57.6%	(56.2 - 59.0)	NS	Yes
2013	1,573	59.7%	(56.7 - 62.6)	16,250	65.5%	(64.2 - 66.7)	-	717	65.3%	(60.8 - 69.5)	6,860	72.2%	(70.4 - 74.0)	-	856	53.7%	(49.7 - 57.7)	9,390	58.5%	(56.8 - 60.2)	NS	Yes
2014	1,619	62.9%	(59.8 - 65.9)	21,130	66.7%	(65.6 - 67.8)	NS	758	70.7%	(66.3 - 74.7)	9,399	73.8%	(72.3 - 75.3)	NS	861	54.7%	(50.4 - 58.9)	11,731	59.2%	(57.7 - 60.7)	NS	Yes
2015	1,455	63.4%	(60.1 - 66.5)	16,265	67.0%	(65.8 - 68.2)	NS	702	70.2%	(65.7 - 74.4)	7,323	73.4%	(71.7 - 75.1)	NS	753	56.1%	(51.5 - 60.5)	8,942	60.2%	(58.6 - 61.9)	NS	Yes
2016	1,301	63.4%	(60.1 - 66.6)	14,173	68.5%	(67.3 - 69.8)	-	649	69.7%	(65.2 - 73.8)	6,460	74.9%	(73.1 - 76.6)	NS	652	56.7%	(51.9 - 61.3)	7,713	61.8%	(59.9 - 63.6)	NS	Yes
Nutrition																						
Consumed sugar-sweetened beverages 1 or more times per day in past 30 days																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	758	30.2%	(26.2 - 34.6)	7,822	28.5%	(26.8 - 30.3)	NS	339	36.0%	(29.9 - 42.7)	3,164	35.8%	(33.1 - 38.5)	NS	419	24.0%	(19.2 - 29.4)	4,658	21.7%	(19.7 - 24.0)	NS	Yes
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Currently watching or reducing sodium or salt intake																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	753	40.4%	(36.4 - 44.5)	7,818	46.3%	(44.6 - 48.1)	-	337	37.0%	(31.3 - 43.0)	3,165	43.4%	(40.8 - 46.0)	NS	416	44.0%	(38.7 - 49.5)	4,653	49.1%	(46.8 - 51.5)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	719	47.0%	(42.3 - 51.7)	7,892	46.8%	(45.0 - 48.5)	NS	353	47.7%	(41.1 - 54.5)	3,436	46.0%	(43.4 - 48.7)	NS	366	46.3%	(39.8 - 52.9)	4,456	47.5%	(45.2 - 49.8)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Median times per day consumed fruits																						
2011	2,421	1.03	(1.01 - 1.12)	24,090	1.02	(1.02 - 1.04)	NS	1,031	0.99	(0.98 - 1.05)	9,660	0.99	(0.99 - 1.00)	NS	1,390	1.13	(1.05 - 1.25)	14,430	1.14	(1.13 - 1.14)	NS	Yes
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	1,558	1.01	(0.99 - 1.08)	15,949	1.00	(1.00 - 1.00)	NS	686	0.98	(0.97 - 1.00)	6,462	0.99	(0.99 - 1.00)	NS	872	1.11	(1.04 - 1.21)	9,487	1.07	(1.06 - 1.14)	NS	Yes
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	1,447	0.99	(0.98 - 1.07)	16,135	1.00	(1.00 - 1.00)	NS	670	0.97	(0.94 - 1.02)	6,899	0.99	(0.98 - 1.00)	NS	777	1.08	(1.01 - 1.18)	9,236	1.03	(1.02 - 1.09)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Consumed fruits less than 1 time per day																						
2011	2,421	41.0%	(38.6 - 43.4)	24,090	40.1%	(39.2 - 41.1)	NS	1,031	44.5%	(40.9 - 48.2)	9,660	46.2%	(44.8 - 47.6)	NS	1,390	37.6%	(34.5 - 40.8)	14,430	34.3%	(33.1 - 35.6)	NS	Yes
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	1,558	38.1%	(35.3 - 41.0)	15,949	39.7%	(38.5 - 41.0)	NS	686	44.1%	(39.8 - 48.6)	6,462	45.4%	(43.4 - 47.3)	NS	872	32.2%	(28.7 - 36.0)	9,487	34.4%	(32.8 - 36.1)	NS	Yes
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	1,447	37.9%	(34.8 - 41.1)	16,135	41.1%	(39.9 - 42.4)	NS	670	43.2%	(38.5 - 47.9)	6,899	47.4%	(45.6 - 49.3)	NS	777	32.8%	(28.8 - 37.1)	9,236	35.1%	(33.5 - 36.7)	NS	Yes
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	

Indicators	Overall						Men						Women						LHD Gender Diff. ^e			
	Lancaster County			State of NE			Lancaster County			State of NE			Lancaster County			State of NE						
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		Sig ^d		
Physical Activity																						
No leisure-time physical activity in past 30 days ^a																						
2011	2,438	21.0%	(19.1 - 23.1)	24,433	26.3%	(25.5 - 27.1)	-	1,040	20.7%	(17.8 - 23.9)	9,795	27.2%	(26.0 - 28.5)	-	1,398	21.4%	(18.9 - 24.0)	14,638	25.4%	(24.3 - 26.5)	-	No
2012	1,446	15.5%	(13.5 - 17.9)	19,153	21.0%	(20.2 - 21.9)	-	649	14.6%	(11.8 - 18.0)	7,865	20.4%	(19.3 - 21.7)	-	797	16.5%	(13.6 - 19.8)	11,288	21.6%	(20.5 - 22.8)	-	No
2013	1,563	19.7%	(17.5 - 22.1)	16,158	25.3%	(24.2 - 26.4)	-	691	17.6%	(14.6 - 21.1)	6,567	26.3%	(24.7 - 28.1)	-	872	21.8%	(18.7 - 25.2)	9,591	24.3%	(22.9 - 25.8)	NS	No
2014	1,706	17.9%	(15.7 - 20.4)	22,397	21.3%	(20.4 - 22.1)	-	767	18.7%	(15.4 - 22.5)	9,599	21.2%	(20.0 - 22.5)	NS	939	17.2%	(14.3 - 20.5)	12,798	21.4%	(20.2 - 22.5)	NS	No
2015	1,467	18.0%	(15.7 - 20.6)	16,319	25.3%	(24.3 - 26.4)	-	678	16.8%	(13.4 - 20.9)	6,997	25.3%	(23.8 - 26.9)	-	789	19.1%	(16.1 - 22.6)	9,322	25.4%	(24.0 - 26.8)	-	No
2016	1,368	17.6%	(15.2 - 20.1)	15,169	22.4%	(21.4 - 23.5)	-	659	14.9%	(12.0 - 18.5)	6,633	20.7%	(19.3 - 22.3)	-	709	20.2%	(16.8 - 24.1)	8,536	24.1%	(22.7 - 25.6)	NS	No
Met aerobic physical activity recommendation ^a																						
2011	2,375	52.2%	(49.8 - 54.7)	23,735	49.0%	(48.0 - 49.9)	NS	1,007	51.9%	(48.2 - 55.6)	9,544	47.2%	(45.8 - 48.6)	NS	1,368	52.5%	(49.3 - 55.7)	14,191	50.6%	(49.4 - 51.9)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
2013	1,524	53.9%	(50.8 - 56.8)	15,730	50.1%	(48.8 - 51.4)	NS	672	55.3%	(50.8 - 59.7)	6,416	48.8%	(46.9 - 50.7)	+	852	52.4%	(48.4 - 56.4)	9,314	51.4%	(49.7 - 53.1)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
2015	1,433	57.4%	(54.1 - 60.6)	15,878	51.3%	(50.0 - 52.5)	+	667	58.2%	(53.4 - 62.9)	6,832	51.1%	(49.2 - 53.0)	+	766	56.5%	(52.0 - 60.9)	9,046	51.4%	(49.8 - 53.1)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
Met muscle strengthening recommendation ^a																						
2011	2,423	33.4%	(31.1 - 35.7)	24,204	28.1%	(27.3 - 29.0)	+	1,036	39.2%	(35.6 - 42.8)	9,697	32.0%	(30.6 - 33.4)	+	1,387	27.8%	(25.0 - 30.7)	14,507	24.5%	(23.4 - 25.6)	NS	Yes
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
2013	1,557	34.1%	(31.4 - 37.0)	16,021	28.4%	(27.2 - 29.6)	+	689	37.0%	(32.8 - 41.5)	6,499	31.0%	(29.2 - 32.8)	NS	868	31.2%	(27.8 - 34.9)	9,522	26.0%	(24.5 - 27.6)	+	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
2015	1,460	35.1%	(32.1 - 38.3)	16,117	31.2%	(30.1 - 32.5)	NS	676	39.7%	(35.2 - 44.5)	6,893	34.9%	(33.1 - 36.8)	NS	784	30.7%	(26.6 - 35.1)	9,224	27.7%	(26.2 - 29.3)	NS	Yes
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
Met both aerobic physical activity and muscle strengthening recommendations ^a																						
2011	2,367	22.6%	(20.6 - 24.7)	23,567	19.0%	(18.2 - 19.8)	+	1,005	24.4%	(21.3 - 27.7)	9,477	19.7%	(18.5 - 20.9)	+	1,362	20.9%	(18.4 - 23.6)	14,090	18.4%	(17.4 - 19.4)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
2013	1,522	22.7%	(20.4 - 25.3)	15,635	18.8%	(17.8 - 19.9)	+	671	24.7%	(21.1 - 28.8)	6,366	19.4%	(17.9 - 21.0)	+	851	20.8%	(17.9 - 24.0)	9,269	18.2%	(16.8 - 19.6)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
2015	1,427	24.9%	(22.1 - 27.9)	15,724	21.8%	(20.7 - 22.9)	NS	665	26.9%	(22.9 - 31.4)	6,757	23.3%	(21.6 - 25.1)	NS	762	22.9%	(19.2 - 27.0)	8,967	20.3%	(18.9 - 21.7)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
Walk for at least 10 minutes at a time for any reason during a usual week																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
2015	717	88.0%	(84.6 - 90.7)	7,895	84.6%	(83.3 - 85.8)	NS	352	86.8%	(81.5 - 90.7)	3,442	84.2%	(82.2 - 86.0)	NS	365	89.2%	(84.6 - 92.5)	4,453	85.1%	(83.4 - 86.6)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		

Indicators	Overall						Men						Women						LHD Gender Diff. ^e			
	Lancaster County			State of NE			Lancaster County			State of NE			Lancaster County			State of NE						
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d
Indicators																						
Had teeth cleaned by dentist/hygienist in past year, among those with 1+ permanent teeth																						
2011	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2016	1,291	74.6%	(71.5 - 77.4)	13,764	67.4%	(66.1 - 68.6)	+	632	71.4%	(67.0 - 75.4)	6,092	63.9%	(62.0 - 65.8)	+	659	77.9%	(73.5 - 81.8)	7,672	70.8%	(69.1 - 72.5)	+	No
Social Context																						
Housing insecurity in past year, among those who own or rent their home ^a																						
2011	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	542	26.8%	(22.6 - 31.4)	6,089	26.6%	(25.0 - 28.3)	NS	228	28.1%	(21.8 - 35.3)	2,481	24.7%	(22.3 - 27.3)	NS	314	25.6%	(20.4 - 31.6)	3,608	28.5%	(26.3 - 30.8)	NS	No
2013	713	25.3%	(21.8 - 29.2)	7,324	28.8%	(27.1 - 30.5)	NS	318	19.6%	(14.8 - 25.4)	2,961	25.0%	(22.5 - 27.7)	NS	395	31.4%	(26.4 - 36.9)	4,363	32.3%	(30.0 - 34.7)	NS	Yes
2014	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	691	26.5%	(22.3 - 31.3)	7,461	28.5%	(26.8 - 30.2)	NS	301	25.7%	(19.4 - 33.2)	3,109	26.6%	(24.2 - 29.2)	NS	390	27.3%	(22.0 - 33.4)	4,352	30.3%	(28.1 - 32.5)	NS	No
2016	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Food insecurity in past year ^a																						
2011	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	577	20.4%	(16.8 - 24.6)	6,621	17.6%	(16.2 - 19.0)	NS	241	16.8%	(12.0 - 23.1)	2,684	13.9%	(12.1 - 16.0)	NS	336	23.6%	(18.5 - 29.6)	3,937	21.1%	(19.1 - 23.2)	NS	No
2013	754	19.6%	(16.4 - 23.1)	7,828	19.0%	(17.6 - 20.6)	NS	338	17.0%	(12.7 - 22.4)	3,159	15.4%	(13.4 - 17.7)	NS	416	22.3%	(18.1 - 27.2)	4,669	22.5%	(20.5 - 24.6)	NS	No
2014	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	715	18.9%	(15.3 - 23.0)	7,918	21.0%	(19.5 - 22.5)	NS	309	15.1%	(10.6 - 21.1)	3,309	17.9%	(15.8 - 20.2)	NS	406	22.4%	(17.4 - 28.5)	4,609	24.0%	(22.1 - 26.1)	NS	No
2016	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Caregiving																						
Provided regular care/assistance in past month to friend or family member with health issue																						
2011	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	714	20.5%	(17.1 - 24.4)	7,883	24.7%	(23.2 - 26.2)	NS	350	16.9%	(12.7 - 22.0)	3,434	21.1%	(19.1 - 23.4)	NS	364	24.2%	(19.0 - 30.3)	4,449	28.0%	(25.9 - 30.2)	NS	No
2016	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Cognitive Decline																						
Experienced more or worsening confusion or memory loss in past year, aged 45 years and older																						
2011	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	422	9.1%	(6.1 - 13.3)	5,767	9.4%	(8.4 - 10.5)	NS	196	10.3%	(5.9 - 17.3)	2,436	10.2%	(8.7 - 12.0)	NS	226	7.9%	(4.5 - 13.6)	3,331	8.6%	(7.3 - 10.2)	NS	No
2016	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Inadequate Sleep																						
Get less than 7 hours of sleep per day																						
2011	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	1,640	31.5%	(28.9 - 34.2)	16,972	31.8%	(30.6 - 33.0)	NS	724	34.4%	(30.5 - 38.6)	6,927	32.6%	(30.8 - 34.4)	NS	916	28.6%	(25.4 - 32.2)	10,045	31.0%	(29.5 - 32.6)	NS	No
2014	1,702	32.7%	(29.9 - 35.7)	22,172	30.0%	(29.0 - 31.0)	NS	768	34.2%	(29.9 - 38.7)	9,527	30.7%	(29.2 - 32.2)	NS	934	31.3%	(27.6 - 35.4)	12,645	29.4%	(28.1 - 30.7)	NS	No
2015	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2016	1,363	28.5%	(25.6 - 31.6)	15,097	29.6%	(28.4 - 30.8)	NS	657	29.3%	(25.2 - 33.8)	6,610	29.7%	(27.9 - 31.5)	NS	706	27.7%	(23.6 - 32.1)	8,487	29.5%	(27.9 - 31.2)	NS	No
Average hours of sleep per day																						
2011	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	1,640	7.1	(7.0 - 7.1)	16,972	7.1	(7.0 - 7.1)	NS	724	7.0	(6.8 - 7.1)	6,927	7.0	(7.0 - 7.1)	NS	916	7.2	(7.1 - 7.3)	10,045	7.1	(7.0 - 7.1)	NS	No
2014	1,702	7.0	(6.9 - 7.1)	22,172	7.1	(7.0 - 7.1)	NS	768	6.9	(6.8 - 7.1)	9,527	7.0	(7.0 - 7.1)	NS	934	7.0	(6.9 - 7.1)	12,645	7.1	(7.1 - 7.1)	NS	No
2015	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2016	1,363	7.1	(7.0 - 7.2)	15,097	7.1	(7.1 - 7.1)	NS	657	7.1	(6.9 - 7.2)	6,610	7.1	(7.0 - 7.2)	NS	706	7.1	(7.0 - 7.2)	8,487	7.1	(7.1 - 7.2)	NS	No

Indicators	Overall						Men						Women						LHD Gender Diff. ^e			
	Lancaster County			State of NE			Lancaster County			State of NE			Lancaster County			State of NE						
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d
Occupational Safety and Health																						
Work-related injury or illness in past year, among employed or recently out of work																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	502	3.6%	(2.1 - 6.2)	4,952	4.8%	(3.9 - 5.8)	NS	241	5.6%	(3.0 - 10.0)	2,246	6.1%	(4.8 - 7.7)	NS	261	1.4%	(0.4 - 4.1)	2,706	3.3%	(2.2 - 4.9)	NS	No
2014	558	4.9%	(3.0 - 7.9)	6,966	4.9%	(4.1 - 5.9)	NS	277	4.7%	(2.2 - 9.8)	3,403	5.4%	(4.4 - 6.7)	NS	281	5.1%	(2.8 - 9.1)	3,563	4.3%	(3.1 - 6.0)	NS	No
2015	508	4.3%	(2.5 - 7.4)	5,434	5.7%	(4.7 - 6.8)	NS	273	5.1%	(2.6 - 10.1)	2,727	7.1%	(5.6 - 9.0)	NS	235	3.2%	(1.3 - 7.6)	2,707	3.9%	(2.9 - 5.3)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Note: Data reflect both landline and cell phone responses

Note: This table is not intended to be inclusive of all BRFSS indicators; some were excluded due to small numbers at the LHD level

Note: This table excludes 2011 BRFSS optional module and state added questions data due to the data being landline only

Note: The results in this table may be slightly different than results in previously published reports and tables due differences in the software used and/or how the statistical analysis code was written; these results were analyzed using SAS and SAS-callable SUDAAN software

^a Non-weighted sample size among adults 18 and older (unless different age group noted)

^b Weighted mean, median, or percentage (percentages are followed by the % symbol) among adults 18 and older (unless different age group noted)

^c Low and High are the lower and upper limits of the 95% confidence interval, respectively

^d Symbols represent: "+" = LHD value significantly higher than the state value; "-" = LHD value significantly lower than the state value; "NS" = LHD value not statistically different than the state value; significant differences based on 95% confidence interval overlap

^e Indicates whether there is a significant difference by gender within the LHD region, based on non-overlapping 95% confidence intervals; note that small sample sizes for males and females can make interpreting significance difficult due to large confidence intervals

[^] Reflects a Nebraska Healthy People 2020 (HP2020) measure

* Data suppressed due to a small number of respondents (i.e., fewer than 50)

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS); January 2018

