

BRFSS Detailed Summary Table for East Central District Health Department Adults 18 and Older, 2011-2016

Indicators	Overall					Men					Women					LHD Gender Diff. ^o						
	East Central		State of NE		Sig ^d	East Central		State of NE		Sig ^d	East Central		State of NE		Sig ^d							
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b		95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)			n ^a	mean or % ^b	95% C.I. ^c (Low - High)			
General Health Status																						
General health fair or poor																						
2011	1,037	16.4%	(13.8 - 19.3)	25,347	14.3%	(13.7 - 14.9)	NS	385	19.0%	(14.8 - 24.1)	10,198	14.8%	(13.9 - 15.7)	NS	652	13.7%	(11.0 - 17.0)	15,149	13.9%	(13.1 - 14.7)	NS	No
2012	688	16.1%	(12.8 - 19.9)	19,132	14.4%	(13.7 - 15.2)	NS	267	15.9%	(11.5 - 21.7)	7,855	14.6%	(13.5 - 15.7)	NS	421	16.2%	(11.8 - 21.7)	11,277	14.3%	(13.4 - 15.2)	NS	No
2013	581	13.5%	(10.0 - 17.8)	17,106	13.9%	(13.1 - 14.8)	NS	243	12.7%	(8.1 - 19.3)	6,963	13.4%	(12.2 - 14.7)	NS	338	14.2%	(9.6 - 20.6)	10,143	14.4%	(13.3 - 15.6)	NS	No
2014	970	16.6%	(13.8 - 19.7)	22,370	13.2%	(12.5 - 13.9)	NS	421	16.6%	(12.6 - 21.4)	9,585	13.5%	(12.4 - 14.5)	NS	549	16.6%	(13.0 - 20.8)	12,785	12.9%	(12.0 - 13.8)	NS	No
2015	734	14.4%	(11.7 - 17.7)	17,539	13.9%	(13.1 - 14.8)	NS	357	15.3%	(11.3 - 20.3)	7,564	13.7%	(12.5 - 14.9)	NS	377	13.6%	(10.2 - 17.9)	9,975	14.2%	(13.1 - 15.3)	NS	No
2016	664	17.1%	(13.9 - 20.7)	15,166	14.7%	(13.8 - 15.6)	NS	280	18.2%	(13.3 - 24.0)	6,633	13.8%	(12.6 - 15.1)	NS	384	15.9%	(12.0 - 20.8)	8,533	15.5%	(14.3 - 16.8)	NS	No
Average number of days physical health was not good in past 30 days																						
2011	1,015	3.1	(2.6 - 3.7)	24,901	3.2	(3.0 - 3.3)	NS	381	2.7	(1.9 - 3.5)	10,067	2.9	(2.7 - 3.1)	NS	634	3.6	(2.9 - 4.3)	14,834	3.4	(3.2 - 3.6)	NS	No
2012	676	3.1	(2.4 - 3.8)	18,819	3.2	(3.1 - 3.4)	NS	264	3.3	(2.2 - 4.4)	7,759	2.9	(2.7 - 3.1)	NS	412	2.9	(2.0 - 3.8)	11,060	3.6	(3.4 - 3.8)	NS	No
2013	571	2.9	(2.1 - 3.7)	16,808	3.1	(2.9 - 3.3)	NS	238	2.5	(1.2 - 3.8)	6,877	2.8	(2.5 - 3.0)	NS	333	3.2	(2.2 - 4.2)	9,931	3.4	(3.2 - 3.7)	NS	No
2014	951	2.9	(2.4 - 3.4)	22,024	3.0	(2.9 - 3.1)	NS	415	2.3	(1.6 - 3.0)	9,464	2.8	(2.6 - 3.0)	NS	536	3.5	(2.8 - 4.3)	12,560	3.2	(3.0 - 3.4)	NS	No
2015	718	3.0	(2.4 - 3.6)	17,315	3.1	(3.0 - 3.3)	NS	349	3.0	(2.1 - 4.0)	7,476	2.8	(2.6 - 3.0)	NS	369	2.9	(2.1 - 3.7)	9,839	3.5	(3.3 - 3.7)	NS	No
2016	660	3.3	(2.6 - 4.0)	14,984	3.3	(3.1 - 3.5)	NS	278	2.9	(1.9 - 3.9)	6,561	2.9	(2.6 - 3.1)	NS	382	3.7	(2.8 - 4.6)	8,423	3.7	(3.4 - 4.0)	NS	No
Physical health was not good on 14 or more of the past 30 days																						
2011	1,015	10.6%	(8.5 - 13.0)	24,901	9.6%	(9.1 - 10.1)	NS	381	8.6%	(5.9 - 12.4)	10,067	9.0%	(8.3 - 9.8)	NS	634	12.6%	(9.8 - 16.0)	14,834	10.1%	(9.4 - 10.8)	NS	No
2012	676	8.9%	(6.6 - 11.8)	18,819	9.8%	(9.2 - 10.4)	NS	264	9.6%	(6.4 - 14.4)	7,759	8.6%	(7.8 - 9.5)	NS	412	8.1%	(5.3 - 12.0)	11,060	11.0%	(10.1 - 11.8)	NS	No
2013	571	7.7%	(5.2 - 11.4)	16,808	9.2%	(8.5 - 9.9)	NS	238	6.9%	(3.3 - 14.0)	6,877	7.9%	(7.0 - 8.9)	NS	333	8.6%	(5.7 - 12.8)	9,931	10.4%	(9.4 - 11.5)	NS	No
2014	951	9.4%	(7.5 - 11.7)	22,024	9.0%	(8.4 - 9.6)	NS	415	7.1%	(4.8 - 10.4)	9,464	8.3%	(7.4 - 9.1)	NS	536	11.7%	(9.0 - 15.1)	12,560	9.7%	(9.0 - 10.5)	NS	No
2015	718	8.9%	(6.8 - 11.5)	17,315	9.6%	(9.0 - 10.3)	NS	349	8.6%	(5.8 - 12.6)	7,476	8.6%	(7.7 - 9.6)	NS	369	9.2%	(6.4 - 13.0)	9,839	10.7%	(9.8 - 11.6)	NS	No
2016	660	11.2%	(8.6 - 14.4)	14,984	9.8%	(9.1 - 10.6)	NS	278	10.1%	(6.5 - 15.4)	6,561	8.4%	(7.4 - 9.4)	NS	382	12.3%	(9.0 - 16.6)	8,423	11.2%	(10.2 - 12.3)	NS	No
Average number of days mental health was not good in past 30 days																						
2011	1,025	2.9	(2.3 - 3.5)	25,036	3.1	(2.9 - 3.2)	NS	383	2.7	(1.7 - 3.6)	10,097	2.5	(2.3 - 2.7)	NS	642	3.2	(2.5 - 3.9)	14,939	3.6	(3.4 - 3.8)	NS	No
2012	685	2.3	(1.7 - 2.8)	18,935	3.0	(2.9 - 3.2)	-	265	1.8	(1.1 - 2.5)	7,786	2.6	(2.4 - 2.8)	NS	420	2.7	(1.9 - 3.5)	11,149	3.5	(3.3 - 3.7)	NS	No
2013	573	3.0	(2.1 - 3.9)	16,889	3.0	(2.8 - 3.1)	NS	242	2.5	(1.2 - 3.9)	6,889	2.3	(2.1 - 2.6)	NS	331	3.5	(2.2 - 4.8)	10,000	3.5	(3.3 - 3.8)	NS	No
2014	958	2.5	(2.0 - 3.0)	22,132	2.8	(2.6 - 2.9)	NS	417	2.1	(1.4 - 2.8)	9,483	2.3	(2.1 - 2.5)	NS	541	2.9	(2.2 - 3.6)	12,649	3.3	(3.1 - 3.5)	NS	No
2015	728	2.3	(1.6 - 3.0)	17,369	2.9	(2.7 - 3.1)	NS	355	2.5	(1.3 - 3.7)	7,491	2.3	(2.1 - 2.6)	NS	373	2.2	(1.5 - 2.9)	9,878	3.5	(3.2 - 3.7)	-	No
2016	664	2.4	(1.8 - 3.0)	15,035	3.2	(3.0 - 3.4)	NS	280	2.2	(1.4 - 3.0)	6,568	2.4	(2.1 - 2.6)	NS	384	2.7	(1.9 - 3.5)	8,467	4.0	(3.6 - 4.3)	-	No
Mental health was not good on 14 or more of the past 30 days (i.e., frequent mental distress)																						
2011	1,025	8.6%	(6.6 - 11.1)	25,036	9.2%	(8.7 - 9.7)	NS	383	7.4%	(4.6 - 11.6)	10,097	7.7%	(7.0 - 8.4)	NS	642	9.9%	(7.3 - 13.1)	14,939	10.7%	(9.9 - 11.5)	NS	No
2012	685	7.0%	(5.1 - 9.6)	18,935	9.0%	(8.4 - 9.7)	NS	265	5.6%	(3.3 - 9.3)	7,786	7.4%	(6.6 - 8.3)	NS	420	8.4%	(5.7 - 12.4)	11,149	10.6%	(9.7 - 11.5)	NS	No
2013	573	9.0%	(5.9 - 13.4)	16,889	8.9%	(8.2 - 9.6)	NS	242	7.3%	(3.7 - 13.8)	6,889	6.8%	(5.9 - 7.9)	NS	331	10.7%	(6.3 - 17.7)	10,000	10.9%	(9.8 - 12.0)	NS	No
2014	958	7.7%	(5.9 - 10.1)	22,132	8.2%	(7.6 - 8.8)	NS	417	6.7%	(4.2 - 10.3)	9,483	6.4%	(5.6 - 7.3)	NS	541	8.8%	(6.3 - 12.2)	12,649	9.9%	(9.0 - 10.8)	NS	No
2015	728	6.5%	(4.5 - 9.5)	17,369	8.9%	(8.2 - 9.6)	NS	355	7.4%	(4.2 - 12.7)	7,491	6.9%	(6.0 - 7.9)	NS	373	5.6%	(3.5 - 8.9)	9,878	10.8%	(9.8 - 11.9)	-	No
2016	664	6.5%	(4.7 - 9.0)	15,035	9.5%	(8.7 - 10.4)	NS	280	6.4%	(3.8 - 10.4)	6,568	7.0%	(6.0 - 8.1)	NS	384	6.7%	(4.3 - 10.2)	8,467	12.0%	(10.8 - 13.3)	-	No
Average days poor physical or mental health limited usual activities in past 30 days																						
2011	1,028	1.8	(1.4 - 2.3)	25,183	1.9	(1.8 - 2.0)	NS	383	1.6	(0.9 - 2.3)	10,136	1.7	(1.6 - 1.9)	NS	645	2.0	(1.5 - 2.6)	15,047	2.0	(1.9 - 2.1)	NS	No
2012	683	1.9	(1.4 - 2.5)	19,022	2.0	(1.8 - 2.1)	NS	263	1.9	(1.1 - 2.8)	7,819	1.7	(1.5 - 1.9)	NS	420	2.0	(1.2 - 2.7)	11,203	2.2	(2.0 - 2.4)	NS	No
2013	576	1.2	(0.8 - 1.6)	16,986	1.9	(1.7 - 2.0)	-	243	1.0	(0.4 - 1.5)	6,936	1.7	(1.5 - 1.9)	NS	333	1.5	(0.9 - 2.0)	10,050	2.0	(1.9 - 2.2)	NS	No
2014	964	1.5	(1.1 - 1.9)	22,228	1.8	(1.7 - 1.9)	NS	421	1.4	(0.8 - 2.1)	9,541	1.6	(1.5 - 1.8)	NS	543	1.6	(1.1 - 2.0)	12,687	1.9	(1.8 - 2.1)	NS	No
2015	728	1.7	(1.2 - 2.1)	17,430	1.9	(1.7 - 2.0)	NS	355	1.8	(1.1 - 2.4)	7,529	1.6	(1.4 - 1.8)	NS	373	1.6	(0.9 - 2.2)	9,901	2.1	(1.9 - 2.3)	NS	No
2016	660	1.9	(1.3 - 2.4)	15,084	2.0	(1.8 - 2.2)	NS	278	1.9	(1.0 - 2.8)	6,592	1.7	(1.5 - 1.9)	NS	382	1.8	(1.2 - 2.5)	8,492	2.3	(2.1 - 2.6)	NS	No
Poor physical or mental health limited usual activities on 14 or more of the past 30 days																						
2011	1,028	5.9%	(4.4 - 7.8)	25,183	5.8%	(5.4 - 6.2)	NS	383	5.0%	(3.0 - 8.4)	10,136	5.4%	(4.8 - 6.0)	NS	645	6.8%	(4.9 - 9.3)	15,047	6.2%	(5.7 - 6.8)	NS	No
2012	683	6.1%	(4.2 - 8.6)	19,022	6.4%	(5.9 - 6.9)	NS	263	6.7%	(4.1 - 10.9)	7,819	5.3%	(4.7 - 6.0)	NS	420	5.4%	(3.3 - 8.8)	11,203	7.4%	(6.7 - 8.2)	NS	No
2013	576	3.1%	(2.0 - 4.8)	16,986	5.8%	(5.3 - 6.4)	-	243	2.6%	(1.2 - 5.3)	6,936	5.2%	(4.4 - 6.1)	NS	333	3.6%	(2.2 - 6.1)	10,050	6.5%	(5.7 - 7.3)	NS	No
2014	964	4.3%	(3.1 - 6.0)	22,228	5.8%	(5.4 - 6.4)	NS	421	4.6%	(2.8 - 7.6)	9,541	5.3%	(4.6 - 6.1)	NS	543	4.0%	(2.6 - 6.1)	12,687	6.4%	(5.7 - 7.1)	NS	No
2015	728	5.2%	(3.7 - 7.2)	17,430	5.9%	(5.4 - 6.4)	NS	355	5.1%	(3.2 - 8.1)	7,529	5.1%	(4.5 - 5.9)	NS	373	5.2%	(3.2 - 8.3)	9,901	6.6%	(6.0 - 7.3)	NS	No
2016	660	6.1%	(4.3 - 8.6)	15,084	6.2%	(5.6 - 6.8)	NS	278	5.8%	(3.3 - 10.0)	6,592	4.9%	(4.2 - 5.7)	NS	382	6.4%	(4.1 - 9.9)	8,492	7.4%	(6.6 - 8.5)	NS	No

Indicators	Overall						Men						Women						LHD Gender Diff. ^e			
	East Central			State of NE			East Central			State of NE			East Central			State of NE						
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)		Sig ^d		
Health Care Access and Utilization																						
No health care coverage, 18-64 year olds																						
2011	652	20.0%	(16.2 - 24.4)	16,614	19.1%	(18.3 - 20.0)	NS	257	23.6%	(17.6 - 30.9)	7,107	22.0%	(20.7 - 23.4)	NS	395	15.8%	(11.9 - 20.8)	9,507	16.2%	(15.2 - 17.3)	NS	No
2012	425	23.8%	(18.4 - 30.2)	12,310	18.0%	(17.0 - 19.0)	NS	185	22.3%	(15.2 - 31.5)	5,450	20.3%	(18.8 - 21.8)	NS	240	25.3%	(17.8 - 34.7)	6,860	15.7%	(14.5 - 17.0)	+	No
2013	361	14.4%	(9.6 - 21.1)	10,939	17.6%	(16.4 - 18.9)	NS	171	15.0%	(8.2 - 25.9)	4,720	18.4%	(16.6 - 20.4)	NS	190	13.9%	(8.1 - 22.8)	6,219	16.9%	(15.3 - 18.5)	NS	No
2014	627	15.8%	(12.4 - 19.9)	14,323	15.3%	(14.3 - 16.4)	NS	289	15.1%	(10.5 - 21.3)	6,443	17.0%	(15.4 - 18.7)	NS	338	16.6%	(11.9 - 22.5)	7,880	13.5%	(12.3 - 14.9)	NS	No
2015	492	13.6%	(10.0 - 18.2)	11,342	14.4%	(13.3 - 15.5)	NS	249	13.8%	(9.0 - 20.4)	5,187	15.4%	(13.8 - 17.1)	NS	243	13.4%	(8.6 - 20.3)	6,155	13.4%	(12.0 - 14.9)	NS	No
2016	449	15.1%	(11.5 - 19.4)	9,749	14.7%	(13.6 - 16.0)	NS	211	15.2%	(10.5 - 21.6)	4,538	15.0%	(13.3 - 16.9)	NS	238	14.9%	(10.1 - 21.5)	5,211	14.4%	(12.9 - 16.2)	NS	No
Has health care coverage, 18-64 year olds ^a																						
2011	652	80.0%	(75.6 - 83.8)	16,614	80.9%	(80.0 - 81.7)	NS	257	76.4%	(69.1 - 82.4)	7,107	78.0%	(76.6 - 79.3)	NS	395	84.2%	(79.2 - 88.1)	9,507	83.8%	(82.7 - 84.8)	NS	No
2012	425	76.2%	(69.8 - 81.6)	12,310	82.0%	(81.0 - 83.0)	NS	185	77.7%	(68.5 - 84.8)	5,450	79.7%	(78.2 - 81.2)	NS	240	74.7%	(65.3 - 82.2)	6,860	84.3%	(83.0 - 85.5)	-	No
2013	361	85.6%	(78.9 - 90.4)	10,939	82.4%	(81.1 - 83.6)	NS	171	85.0%	(74.1 - 91.8)	4,720	81.6%	(79.6 - 83.4)	NS	190	86.1%	(77.2 - 91.9)	6,219	83.1%	(81.5 - 84.7)	NS	No
2014	627	84.2%	(80.1 - 87.6)	14,323	84.7%	(83.6 - 85.7)	NS	289	84.9%	(78.7 - 89.5)	6,443	83.0%	(81.3 - 84.6)	NS	338	83.4%	(77.5 - 88.1)	7,880	86.5%	(85.1 - 87.7)	NS	No
2015	492	86.4%	(81.8 - 90.0)	11,342	85.6%	(84.5 - 86.7)	NS	249	86.2%	(79.6 - 91.0)	5,187	84.6%	(82.9 - 86.2)	NS	243	86.6%	(79.7 - 91.4)	6,155	86.6%	(85.1 - 88.0)	NS	No
2016	449	84.9%	(80.6 - 88.5)	9,749	85.3%	(84.0 - 86.4)	NS	211	84.8%	(78.4 - 89.5)	4,538	85.0%	(83.1 - 86.7)	NS	238	85.1%	(78.5 - 89.9)	5,211	85.6%	(83.8 - 87.1)	NS	No
No personal doctor or health care provider																						
2011	1,038	17.8%	(14.6 - 21.6)	25,340	18.4%	(17.6 - 19.1)	NS	383	24.0%	(18.6 - 30.4)	10,192	25.1%	(23.8 - 26.3)	NS	655	11.6%	(8.7 - 15.4)	15,148	12.0%	(11.1 - 12.8)	NS	Yes
2012	689	14.0%	(10.4 - 18.7)	19,132	17.2%	(16.4 - 18.1)	NS	268	19.0%	(12.9 - 27.1)	7,847	23.7%	(22.3 - 25.1)	NS	421	9.1%	(5.8 - 13.9)	11,285	11.0%	(10.1 - 12.0)	NS	No
2013	582	17.7%	(13.0 - 23.6)	17,093	20.9%	(19.8 - 22.0)	NS	242	24.0%	(16.5 - 33.7)	6,956	27.5%	(25.7 - 29.4)	NS	340	11.3%	(6.7 - 18.5)	10,137	14.4%	(13.2 - 15.7)	NS	No
2014	970	19.7%	(16.5 - 23.3)	22,354	20.2%	(19.2 - 21.2)	NS	421	26.5%	(21.4 - 32.3)	9,569	27.0%	(25.5 - 28.5)	NS	549	12.9%	(9.5 - 17.2)	12,785	13.6%	(12.5 - 14.8)	NS	Yes
2015	731	18.4%	(15.0 - 22.3)	17,509	19.7%	(18.7 - 20.8)	NS	355	26.1%	(20.6 - 32.4)	7,542	25.7%	(24.1 - 27.5)	NS	376	10.6%	(7.4 - 15.2)	9,967	13.9%	(12.7 - 15.2)	NS	Yes
2016	664	20.0%	(16.5 - 24.1)	15,138	19.1%	(18.0 - 20.2)	NS	280	23.3%	(18.0 - 29.6)	6,617	24.5%	(22.8 - 26.2)	NS	384	16.7%	(12.3 - 22.3)	8,521	13.8%	(12.5 - 15.2)	NS	No
Has a personal doctor or health care provider (one or more than one) ^a																						
2011	1,038	82.2%	(78.4 - 85.4)	25,340	81.6%	(80.9 - 82.4)	NS	383	76.0%	(69.6 - 81.4)	10,192	74.9%	(73.7 - 76.2)	NS	655	88.4%	(84.6 - 91.3)	15,148	88.0%	(87.2 - 88.9)	NS	Yes
2012	689	86.0%	(81.3 - 89.6)	19,132	82.8%	(81.9 - 83.6)	NS	268	81.0%	(72.9 - 87.1)	7,847	76.3%	(74.9 - 77.7)	NS	421	90.9%	(86.1 - 94.2)	11,285	89.0%	(88.0 - 89.9)	NS	No
2013	582	82.3%	(76.4 - 87.0)	17,093	79.1%	(78.0 - 80.2)	NS	242	76.0%	(66.3 - 83.5)	6,956	72.5%	(70.6 - 74.3)	NS	340	88.7%	(81.5 - 93.3)	10,137	85.6%	(84.3 - 86.8)	NS	No
2014	970	80.3%	(76.7 - 83.5)	22,354	79.8%	(78.8 - 80.8)	NS	421	73.5%	(67.7 - 78.6)	9,569	73.0%	(71.5 - 74.5)	NS	549	87.1%	(82.8 - 90.5)	12,785	86.4%	(85.2 - 87.5)	NS	Yes
2015	731	81.6%	(77.7 - 85.0)	17,509	80.3%	(79.2 - 81.3)	NS	355	73.9%	(67.6 - 79.4)	7,542	74.3%	(72.5 - 75.9)	NS	376	89.4%	(84.8 - 92.6)	9,967	86.1%	(84.8 - 87.3)	NS	Yes
2016	664	80.0%	(75.9 - 83.5)	15,138	80.9%	(79.8 - 82.0)	NS	280	76.7%	(70.4 - 82.0)	6,617	75.5%	(73.8 - 77.2)	NS	384	83.3%	(77.7 - 87.7)	8,521	86.2%	(84.8 - 87.5)	NS	No
Has a personal doctor or health care provider (one or more than one), aged 65 years and older ^a																						
2011	379	94.8%	(90.8 - 97.2)	8,584	95.7%	(95.1 - 96.2)	NS	126	94.8%	(86.4 - 98.1)	3,033	94.4%	(93.4 - 95.3)	NS	253	94.9%	(89.8 - 97.5)	5,551	96.6%	(95.9 - 97.1)	NS	No
2012	263	94.5%	(87.8 - 97.6)	6,711	95.6%	(94.7 - 96.3)	NS	83	92.8%	(76.9 - 98.1)	2,368	93.6%	(91.9 - 95.0)	NS	180	95.8%	(90.1 - 98.3)	4,343	97.1%	(96.3 - 97.7)	NS	No
2013	214	95.8%	(90.1 - 98.3)	6,015	93.9%	(92.9 - 94.8)	NS	69	91.5%	(77.8 - 97.1)	2,188	92.3%	(90.4 - 93.8)	NS	145	98.5%	(94.1 - 99.6)	3,827	95.2%	(93.9 - 96.2)	NS	No
2014	337	95.4%	(92.5 - 97.2)	7,833	95.1%	(94.4 - 95.7)	NS	131	91.8%	(85.8 - 95.4)	3,057	93.5%	(92.2 - 94.6)	NS	206	98.0%	(95.0 - 99.2)	4,776	96.4%	(95.7 - 96.9)	NS	No
2015	237	98.0%	(94.5 - 99.3)	6,022	94.8%	(93.9 - 95.5)	NS	105	98.1%	(92.4 - 99.5)	2,297	93.6%	(92.1 - 94.8)	NS	132	97.9%	(91.5 - 99.5)	3,725	95.7%	(94.6 - 96.6)	NS	No
2016	215	93.3%	(88.7 - 96.1)	5,270	95.1%	(94.2 - 95.9)	NS	69	88.4%	(78.3 - 94.2)	2,025	94.5%	(93.1 - 95.6)	NS	146	96.6%	(91.9 - 98.7)	3,245	95.6%	(94.4 - 96.6)	NS	No
Needed to see a doctor but could not due to cost in past year ^a																						
2011	1,041	11.0%	(8.6 - 14.1)	25,350	12.5%	(11.9 - 13.2)	NS	387	10.6%	(7.0 - 15.8)	10,203	10.7%	(9.9 - 11.6)	NS	654	11.5%	(8.5 - 15.2)	15,147	14.2%	(13.4 - 15.2)	NS	No
2012	690	13.7%	(10.1 - 18.2)	19,144	12.8%	(12.1 - 13.6)	NS	268	14.4%	(9.0 - 22.1)	7,859	11.1%	(10.0 - 12.2)	NS	422	13.0%	(9.0 - 18.4)	11,285	14.4%	(13.4 - 15.5)	NS	No
2013	583	10.3%	(7.1 - 14.7)	17,103	13.0%	(12.1 - 13.9)	NS	243	11.9%	(6.9 - 19.6)	6,963	10.9%	(9.7 - 12.2)	NS	340	8.6%	(5.3 - 13.8)	10,140	15.0%	(13.8 - 16.4)	-	No
2014	970	10.4%	(8.2 - 13.2)	22,359	11.8%	(11.1 - 12.6)	NS	421	8.0%	(5.2 - 12.3)	9,588	10.2%	(9.1 - 11.3)	NS	549	12.8%	(9.7 - 16.8)	12,771	13.4%	(12.4 - 14.6)	NS	No
2015	733	10.3%	(7.6 - 13.9)	17,522	11.5%	(10.7 - 12.3)	NS	356	10.8%	(6.9 - 16.5)	7,559	9.8%	(8.7 - 11.1)	NS	377	9.8%	(6.5 - 14.7)	9,963	13.1%	(12.0 - 14.3)	NS	No
2016	665	10.1%	(7.6 - 13.3)	15,156	12.1%	(11.2 - 13.1)	NS	280	8.9%	(5.5 - 14.0)	6,623	10.1%	(8.9 - 11.4)	NS	385	11.4%	(8.1 - 15.6)	8,533	14.0%	(12.7 - 15.5)	NS	No
Had a routine checkup in past year																						
2011	1,021	59.0%	(55.2 - 62.8)	24,983	57.7%	(56.8 - 58.7)	NS	379	54.2%	(48.1 - 60.2)	10,049	50.6%	(49.2 - 52.0)	NS	642	64.0%	(59.4 - 68.4)	14,934	64.6%	(63.4 - 65.8)	NS	No
2012	683	57.0%	(51.8 - 62.0)	18,929	60.4%	(59.4 - 61.4)	NS	266	48.6%	(41.1 - 56.1)	7,789	55.0%	(53.5 - 56.6)	NS	417	65.6%	(58.8 - 71.8)	11,140	65.6%	(64.3 - 66.9)	NS	Yes
2013	566	62.1%	(56.4 - 67.5)	16,919	61.6%	(60.4 - 62.8)	NS	236	54.2%	(45.5 - 62.6)	6,899	56.2%	(54.3 - 58.1)	NS	330	70.0%	(62.9 - 76.2)	10,020	66.8%	(65.3 - 68.4)	NS	Yes
2014	957	62.6%	(58.8 - 66.3)	22,090	63.3%	(62.3 - 64.4)	NS	415	57.0%	(51.1 - 62.6)	9,488	57.7%	(56.1 - 59.3)	NS	542	68.2%	(63.3 - 72.8)	12,602	68.8%	(67.4 - 70.2)	NS	Yes
2015	723	58.9%	(54.5 - 63.2)	17,331	63.9%	(62.8 - 65.1)	NS	354	54.2%	(47.9 - 60.4)	7,470	58.7%	(56.9 - 60.5)	NS	369	63.7%	(57.6 - 69.4)	9,861	69.1%	(67.5 - 70.6)	NS	No
2016	662	59.5%	(54.9 - 63.9)	15,060	65.4%	(64.1 - 66.6)	-	280	52.8%	(46.1 - 59.4)	6,582	60.6%	(58.7 - 62.5)	NS	382	66.4%	(60.3 - 72.0)	8,478	70.0%	(68.4 - 71.6)	NS	Yes

Indicators	Overall					Men					Women					LHD Gender Diff. ^e						
	East Central		State of NE		Sig ^d	East Central		State of NE		Sig ^d	East Central		State of NE		Sig ^d							
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b		95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)			n ^a	mean or % ^b	95% C.I. ^c (Low - High)			
Heart Disease and Stroke																						
Ever told they had a heart attack																						
2011	1,036	5.5%	(4.0 - 7.6)	25,292	4.3%	(4.0 - 4.7)	NS	386	7.6%	(5.0 - 11.5)	10,194	5.7%	(5.2 - 6.3)	NS	650	3.4%	(2.2 - 5.1)	15,098	2.9%	(2.6 - 3.3)	NS	No
2012	687	4.5%	(3.1 - 6.5)	19,102	4.1%	(3.7 - 4.4)	NS	268	5.8%	(3.5 - 9.5)	7,842	5.3%	(4.8 - 6.0)	NS	419	3.2%	(1.8 - 5.5)	11,260	2.9%	(2.5 - 3.2)	NS	No
2013	579	3.2%	(2.0 - 5.1)	17,035	4.0%	(3.6 - 4.4)	NS	241	4.2%	(2.2 - 7.8)	6,925	5.2%	(4.6 - 5.9)	NS	338	2.1%	(1.1 - 4.1)	10,110	2.9%	(2.4 - 3.4)	NS	No
2014	966	4.1%	(3.1 - 5.6)	22,309	3.8%	(3.5 - 4.2)	NS	418	4.8%	(3.2 - 7.1)	9,541	5.1%	(4.6 - 5.6)	NS	548	3.5%	(2.2 - 5.4)	12,768	2.6%	(2.3 - 3.0)	NS	No
2015	731	5.1%	(3.6 - 7.1)	17,455	3.9%	(3.5 - 4.3)	NS	356	7.1%	(4.8 - 10.5)	7,530	5.3%	(4.7 - 6.0)	NS	375	3.1%	(1.6 - 5.7)	9,925	2.5%	(2.2 - 2.9)	NS	No
2016	664	4.0%	(2.7 - 5.8)	15,111	4.0%	(3.6 - 4.4)	NS	279	3.5%	(2.0 - 6.0)	6,598	5.0%	(4.4 - 5.6)	NS	385	4.4%	(2.6 - 7.4)	8,513	3.0%	(2.6 - 3.6)	NS	No
Ever told they have coronary heart disease																						
2011	1,021	3.8%	(2.9 - 5.1)	25,121	3.9%	(3.6 - 4.2)	NS	378	4.7%	(3.2 - 6.9)	10,110	4.8%	(4.4 - 5.3)	NS	643	3.0%	(1.9 - 4.5)	15,011	3.1%	(2.7 - 3.4)	NS	No
2012	681	3.6%	(2.4 - 5.2)	18,988	3.9%	(3.6 - 4.3)	NS	265	4.6%	(2.7 - 7.6)	7,796	4.9%	(4.4 - 5.5)	NS	416	2.5%	(1.5 - 4.3)	11,192	3.0%	(2.6 - 3.4)	NS	No
2013	575	4.3%	(2.6 - 7.1)	16,942	4.1%	(3.7 - 4.5)	NS	236	6.6%	(3.5 - 12.3)	6,884	5.1%	(4.5 - 5.8)	NS	339	2.0%	(1.0 - 3.9)	10,058	3.0%	(2.6 - 3.6)	NS	No
2014	963	3.7%	(2.6 - 5.1)	22,202	3.9%	(3.6 - 4.3)	NS	420	4.7%	(3.1 - 7.0)	9,509	4.8%	(4.3 - 5.4)	NS	543	2.6%	(1.5 - 4.5)	12,693	3.1%	(2.7 - 3.5)	NS	No
2015	728	4.7%	(3.3 - 6.6)	17,403	4.0%	(3.6 - 4.3)	NS	352	6.0%	(3.9 - 9.3)	7,503	5.0%	(4.4 - 5.7)	NS	376	3.3%	(1.8 - 5.9)	9,900	2.9%	(2.6 - 3.3)	NS	No
2016	662	3.7%	(2.6 - 5.4)	15,078	3.8%	(3.4 - 4.2)	NS	279	4.5%	(2.7 - 7.3)	6,590	4.4%	(3.9 - 5.0)	NS	383	3.0%	(1.6 - 5.3)	8,488	3.1%	(2.7 - 3.7)	NS	No
Ever told they had a heart attack or coronary heart disease																						
2011	1,024	7.7%	(6.0 - 9.9)	25,158	6.4%	(6.0 - 6.7)	NS	382	10.3%	(7.3 - 14.3)	10,143	8.0%	(7.4 - 8.7)	NS	642	5.1%	(3.7 - 7.1)	15,015	4.8%	(4.4 - 5.2)	NS	Yes
2012	683	6.7%	(5.0 - 9.0)	18,998	6.2%	(5.8 - 6.6)	NS	266	8.9%	(6.0 - 13.1)	7,806	7.8%	(7.1 - 8.5)	NS	417	4.5%	(2.9 - 6.9)	11,192	4.6%	(4.2 - 5.1)	NS	No
2013	574	6.4%	(4.3 - 9.3)	16,935	6.2%	(5.7 - 6.7)	NS	236	9.2%	(5.5 - 15.0)	6,882	7.7%	(7.0 - 8.6)	NS	338	3.5%	(2.1 - 5.9)	10,053	4.7%	(4.1 - 5.3)	NS	No
2014	962	6.1%	(4.7 - 7.8)	22,180	6.0%	(5.6 - 6.4)	NS	418	7.0%	(5.0 - 9.7)	9,493	7.4%	(6.8 - 8.1)	NS	544	5.1%	(3.5 - 7.5)	12,687	4.6%	(4.1 - 5.0)	NS	No
2015	728	7.5%	(5.7 - 9.8)	17,383	5.8%	(5.4 - 6.3)	NS	354	9.3%	(6.6 - 13.0)	7,503	7.5%	(6.7 - 8.3)	NS	374	5.6%	(3.5 - 8.8)	9,880	4.3%	(3.9 - 4.8)	NS	No
2016	661	6.0%	(4.4 - 8.1)	15,021	5.8%	(5.4 - 6.3)	NS	278	5.4%	(3.5 - 8.4)	6,558	6.9%	(6.2 - 7.7)	NS	383	6.6%	(4.4 - 10.0)	8,463	4.7%	(4.1 - 5.3)	NS	No
Ever told they had a stroke																						
2011	1,040	3.5%	(2.3 - 5.3)	25,355	2.6%	(2.4 - 2.9)	NS	386	4.2%	(2.2 - 7.7)	10,209	2.4%	(2.1 - 2.8)	NS	654	2.9%	(1.8 - 4.6)	15,146	2.8%	(2.5 - 3.2)	NS	No
2012	688	2.7%	(1.6 - 4.3)	19,118	2.4%	(2.2 - 2.7)	NS	268	3.4%	(1.7 - 6.5)	7,851	2.7%	(2.3 - 3.1)	NS	420	2.0%	(1.0 - 3.8)	11,267	2.2%	(1.9 - 2.6)	NS	No
2013	581	2.2%	(1.4 - 3.6)	17,080	2.5%	(2.2 - 2.8)	NS	243	1.5%	(0.7 - 3.5)	6,954	2.2%	(1.9 - 2.6)	NS	338	2.9%	(1.6 - 5.2)	10,126	2.8%	(2.4 - 3.3)	NS	No
2014	969	2.5%	(1.7 - 3.7)	22,359	2.6%	(2.4 - 2.9)	NS	422	2.4%	(1.3 - 4.4)	9,576	2.7%	(2.3 - 3.1)	NS	547	2.7%	(1.6 - 4.3)	12,783	2.6%	(2.2 - 3.0)	NS	No
2015	731	3.4%	(2.3 - 5.0)	17,509	2.5%	(2.3 - 2.9)	NS	354	3.8%	(2.2 - 6.4)	7,550	2.7%	(2.2 - 3.1)	NS	377	3.0%	(1.7 - 5.4)	9,959	2.4%	(2.1 - 2.8)	NS	No
2016	664	2.4%	(1.5 - 3.9)	15,154	2.8%	(2.5 - 3.2)	NS	279	2.3%	(1.1 - 4.9)	6,627	2.6%	(2.1 - 3.1)	NS	385	2.6%	(1.4 - 4.5)	8,527	3.0%	(2.5 - 3.6)	NS	No
Blood Pressure and Cholesterol																						
Had blood pressure checked in past year																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	267	87.6%	(80.1 - 92.6)	7,804	84.6%	(83.1 - 86.0)	NS	117	85.9%	(73.2 - 93.2)	3,150	81.2%	(78.8 - 83.4)	NS	150	89.3%	(79.7 - 94.7)	4,654	87.8%	(85.8 - 89.5)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	331	82.1%	(75.8 - 87.1)	7,947	88.0%	(86.6 - 89.2)	NS	153	77.4%	(67.3 - 85.2)	3,461	85.2%	(83.1 - 87.1)	NS	178	86.7%	(78.5 - 92.1)	4,486	90.6%	(88.8 - 92.2)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Ever told they have high blood pressure (excluding pregnancy) ^a																						
2011	1,040	30.1%	(27.0 - 33.5)	25,356	28.5%	(27.8 - 29.3)	NS	385	29.6%	(24.7 - 35.0)	10,212	30.3%	(29.1 - 31.5)	NS	655	30.7%	(26.9 - 34.8)	15,144	26.9%	(25.9 - 27.9)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	582	29.7%	(25.7 - 34.1)	17,085	30.3%	(29.2 - 31.4)	NS	243	27.0%	(21.4 - 33.5)	6,956	32.5%	(30.8 - 34.1)	NS	339	32.5%	(26.9 - 38.6)	10,129	28.2%	(26.9 - 29.6)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	734	30.9%	(27.3 - 34.8)	17,515	29.9%	(28.9 - 30.9)	NS	357	33.9%	(28.4 - 39.8)	7,546	32.6%	(31.1 - 34.2)	NS	377	27.9%	(23.3 - 33.1)	9,969	27.2%	(26.0 - 28.5)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Currently taking blood pressure medication, among those ever told they have high BP																						
2011	382	79.5%	(72.8 - 84.9)	9,505	77.9%	(76.5 - 79.2)	NS	141	76.7%	(65.5 - 85.1)	3,877	72.0%	(69.8 - 74.1)	NS	241	82.2%	(74.0 - 88.2)	5,628	84.2%	(82.5 - 85.7)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	233	87.3%	(79.7 - 92.4)	6,747	78.5%	(76.6 - 80.3)	NS	93	88.8%	(78.1 - 94.7)	2,828	73.1%	(70.2 - 75.9)	+	140	86.1%	(74.0 - 93.1)	3,919	84.5%	(82.3 - 86.4)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	274	84.4%	(78.3 - 89.0)	6,685	77.8%	(75.9 - 79.6)	NS	140	77.6%	(68.1 - 84.9)	3,016	73.0%	(70.1 - 75.7)	NS	134	92.3%	(84.8 - 96.3)	3,669	83.4%	(80.9 - 85.6)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Indicators	Overall						Men						Women						LHD Gender Diff. ^e			
	East Central			State of NE			East Central			State of NE			East Central			State of NE						
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d
Had cholesterol checked in past 5 years^a																						
2011	1,014	69.9%	(65.9 - 73.7)	24,606	71.8%	(71.0 - 72.7)	NS	377	66.4%	(59.9 - 72.4)	9,923	67.9%	(66.6 - 69.3)	NS	637	73.5%	(68.6 - 77.9)	14,683	75.6%	(74.5 - 76.7)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	569	73.7%	(67.6 - 79.0)	16,649	74.0%	(72.8 - 75.2)	NS	235	69.3%	(60.2 - 77.2)	6,804	71.1%	(69.2 - 72.9)	NS	334	77.9%	(69.6 - 84.5)	9,845	76.9%	(75.3 - 78.4)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	708	75.7%	(71.5 - 79.5)	16,986	75.1%	(73.9 - 76.2)	NS	347	70.0%	(63.6 - 75.7)	7,354	71.8%	(70.0 - 73.5)	NS	361	81.5%	(75.9 - 86.1)	9,632	78.2%	(76.8 - 79.7)	NS	Yes
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Ever told they have high cholesterol, among those who have ever had it checked^a																						
2011	847	40.2%	(36.4 - 44.1)	20,831	38.3%	(37.3 - 39.3)	NS	304	42.2%	(35.9 - 48.7)	8,015	40.6%	(39.1 - 42.1)	NS	543	38.4%	(34.0 - 43.0)	12,816	36.3%	(35.1 - 37.6)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	503	39.0%	(34.0 - 44.2)	14,365	37.4%	(36.1 - 38.6)	NS	199	40.9%	(32.8 - 49.5)	5,672	40.0%	(38.0 - 41.9)	NS	304	37.3%	(31.2 - 43.7)	8,693	35.0%	(33.5 - 36.6)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	601	31.8%	(27.8 - 36.1)	14,651	35.1%	(34.0 - 36.3)	NS	277	34.2%	(28.1 - 40.8)	6,128	37.5%	(35.7 - 39.4)	NS	324	29.7%	(24.5 - 35.5)	8,523	33.0%	(31.5 - 34.5)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Diabetes																						
Ever told they have diabetes (excluding pregnancy)^a																						
2011	1,041	7.6%	(6.1 - 9.5)	25,393	8.4%	(7.9 - 8.8)	NS	387	6.5%	(4.6 - 9.2)	10,222	8.6%	(7.9 - 9.3)	NS	654	8.8%	(6.6 - 11.6)	15,171	8.2%	(7.6 - 8.8)	NS	No
2012	690	7.8%	(5.9 - 10.2)	19,156	8.1%	(7.6 - 8.6)	NS	268	9.2%	(6.3 - 13.2)	7,861	8.3%	(7.6 - 9.1)	NS	422	6.4%	(4.2 - 9.5)	11,295	7.9%	(7.3 - 8.5)	NS	No
2013	583	9.2%	(7.0 - 12.1)	17,110	9.2%	(8.5 - 9.9)	NS	243	9.6%	(6.2 - 14.6)	6,968	10.1%	(9.0 - 11.2)	NS	340	8.7%	(6.2 - 12.2)	10,142	8.3%	(7.5 - 9.2)	NS	No
2014	970	10.3%	(8.3 - 12.7)	22,388	9.2%	(8.6 - 9.7)	NS	422	9.2%	(6.6 - 12.9)	9,598	9.7%	(8.9 - 10.6)	NS	548	11.4%	(8.7 - 14.8)	12,790	8.6%	(7.9 - 9.3)	NS	No
2015	733	9.2%	(7.2 - 11.7)	17,547	8.8%	(8.2 - 9.4)	NS	356	9.9%	(7.0 - 13.7)	7,565	9.0%	(8.2 - 9.9)	NS	377	8.6%	(6.0 - 12.2)	9,982	8.6%	(7.8 - 9.3)	NS	No
2016	665	8.7%	(6.6 - 11.2)	15,171	8.8%	(8.2 - 9.5)	NS	280	10.5%	(7.4 - 14.8)	6,630	8.7%	(7.8 - 9.7)	NS	385	6.7%	(4.5 - 9.9)	8,541	8.9%	(8.1 - 9.8)	NS	No
Ever told they have pre-diabetes (excluding pregnancy)																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	286	5.3%	(3.3 - 8.2)	8,549	5.5%	(4.8 - 6.3)	NS	110	6.1%	(3.1 - 11.6)	3,452	5.9%	(4.8 - 7.2)	NS	176	4.5%	(2.5 - 8.1)	5,097	5.1%	(4.1 - 6.2)	NS	No
2014	492	7.0%	(4.7 - 10.3)	11,165	5.8%	(5.1 - 6.5)	NS	229	6.3%	(3.4 - 11.5)	4,723	5.8%	(4.8 - 6.9)	NS	263	7.7%	(4.7 - 12.6)	6,442	5.7%	(4.9 - 6.7)	NS	No
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	664	5.5%	(4.0 - 7.5)	14,986	6.0%	(5.5 - 6.6)	NS	280	3.9%	(2.2 - 6.9)	6,547	5.3%	(4.6 - 6.2)	NS	384	7.0%	(4.8 - 10.2)	8,439	6.7%	(5.9 - 7.6)	NS	No
Cancer																						
Ever told they have skin cancer																						
2011	1,039	6.4%	(4.9 - 8.3)	25,359	5.6%	(5.3 - 6.0)	NS	385	7.8%	(5.3 - 11.1)	10,205	6.3%	(5.8 - 6.8)	NS	654	5.0%	(3.6 - 6.9)	15,154	5.0%	(4.6 - 5.5)	NS	No
2012	690	6.2%	(4.6 - 8.4)	19,133	5.6%	(5.2 - 6.0)	NS	268	6.0%	(3.7 - 9.4)	7,859	5.8%	(5.3 - 6.4)	NS	422	6.5%	(4.3 - 9.5)	11,274	5.4%	(4.9 - 6.0)	NS	No
2013	582	5.6%	(4.1 - 7.7)	17,087	5.9%	(5.5 - 6.3)	NS	242	5.8%	(3.6 - 9.2)	6,956	6.3%	(5.7 - 7.1)	NS	340	5.4%	(3.6 - 8.2)	10,131	5.4%	(4.9 - 6.0)	NS	No
2014	970	6.0%	(4.7 - 7.7)	22,370	5.7%	(5.4 - 6.1)	NS	421	6.7%	(4.7 - 9.6)	9,586	5.9%	(5.4 - 6.5)	NS	549	5.3%	(3.8 - 7.3)	12,784	5.6%	(5.1 - 6.1)	NS	No
2015	732	6.0%	(4.5 - 7.9)	17,512	6.0%	(5.6 - 6.4)	NS	357	5.8%	(3.9 - 8.4)	7,566	6.4%	(5.7 - 7.0)	NS	375	6.2%	(4.1 - 9.2)	9,956	5.6%	(5.1 - 6.2)	NS	No
2016	665	4.8%	(3.5 - 6.6)	15,150	5.5%	(5.0 - 5.9)	NS	280	3.9%	(2.3 - 6.5)	6,616	5.8%	(5.1 - 6.5)	NS	385	5.8%	(3.9 - 8.4)	8,534	5.2%	(4.6 - 5.8)	NS	No
Ever told they have cancer other than skin cancer																						
2011	1,041	7.8%	(6.3 - 9.5)	25,369	6.6%	(6.2 - 7.0)	NS	387	5.1%	(3.4 - 7.5)	10,219	5.0%	(4.6 - 5.5)	NS	654	10.5%	(8.3 - 13.2)	15,150	8.1%	(7.5 - 8.6)	NS	Yes
2012	688	7.3%	(5.4 - 9.8)	19,136	6.5%	(6.0 - 6.9)	NS	268	6.4%	(4.0 - 9.9)	7,858	5.0%	(4.5 - 5.6)	NS	420	8.3%	(5.6 - 12.3)	11,278	7.9%	(7.2 - 8.5)	NS	No
2013	582	6.3%	(4.6 - 8.6)	17,104	6.8%	(6.3 - 7.3)	NS	243	5.6%	(3.4 - 9.0)	6,965	5.6%	(5.0 - 6.4)	NS	339	7.1%	(4.7 - 10.6)	10,139	8.0%	(7.3 - 8.8)	NS	No
2014	969	6.2%	(4.9 - 8.0)	22,380	6.1%	(5.7 - 6.5)	NS	421	3.0%	(1.8 - 4.7)	9,590	4.6%	(4.1 - 5.1)	NS	548	9.5%	(7.2 - 12.6)	12,790	7.6%	(7.0 - 8.3)	NS	Yes
2015	733	5.9%	(4.4 - 7.8)	17,524	6.9%	(6.4 - 7.3)	NS	356	5.2%	(3.4 - 8.0)	7,557	5.2%	(4.6 - 5.8)	NS	377	6.5%	(4.4 - 9.4)	9,967	8.5%	(7.8 - 9.2)	NS	No
2016	665	6.4%	(4.9 - 8.3)	15,165	6.9%	(6.3 - 7.4)	NS	280	5.8%	(3.8 - 8.8)	6,629	5.5%	(4.9 - 6.2)	NS	385	7.0%	(5.0 - 9.7)	8,536	8.2%	(7.4 - 9.0)	NS	No
Ever told they have cancer (in any form)																						
2011	1,038	13.2%	(11.1 - 15.5)	25,315	11.2%	(10.7 - 11.7)	NS	385	11.7%	(8.7 - 15.5)	10,192	10.1%	(9.5 - 10.8)	NS	653	14.7%	(12.0 - 17.7)	15,123	12.2%	(11.5 - 12.9)	NS	No
2012	688	12.0%	(9.6 - 15.0)	19,100	10.8%	(10.3 - 11.4)	NS	268	11.2%	(7.9 - 15.6)	7,846	9.6%	(8.9 - 10.4)	NS	420	12.8%	(9.5 - 17.2)	11,254	11.9%	(11.2 - 12.7)	NS	No
2013	581	11.2%	(8.9 - 14.0)	17,062	11.4%	(10.8 - 12.1)	NS	242	10.6%	(7.5 - 14.9)	6,946	10.6%	(9.7 - 11.6)	NS	339	11.8%	(8.7 - 15.9)	10,116	12.3%	(11.4 - 13.2)	NS	No
2014	968	11.0%	(9.2 - 13.2)	22,338	10.7%	(10.2 - 11.2)	NS	420	8.7%	(6.4 - 11.7)	9,568	9.3%	(8.6 - 10.0)	NS	548	13.4%	(10.7 - 16.8)	12,770	12.1%	(11.4 - 12.9)	NS	No
2015	731	10.5%	(8.5 - 12.9)	17,481	11.6%	(11.0 - 12.2)	NS	356	9.6%	(7.0 - 13.0)	7,541	10.2%	(9.5 - 11.1)	NS	375	11.4%	(8.5 - 15.1)	9,940	12.9%	(12.1 - 13.8)	NS	No
2016	665	10.1%	(8.1 - 12.4)	15,132	11.2%	(10.6 - 11.9)	NS	280	9.0%	(6.4 - 12.6)	6,607	10.1%	(9.3 - 11.1)	NS	385	11.2%	(8.5 - 14.5)	8,525	12.3%	(11.3 - 13.3)	NS	No

Indicators	Overall						Men						Women						LHD Gender Diff. ^e			
	East Central			State of NE			East Central			State of NE			East Central			State of NE						
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d
Up-to-date on colon cancer screening, 50-75 year olds^a																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	333	56.4%	(49.8 - 62.8)	9,022	61.1%	(59.6 - 62.5)	NS	147	54.4%	(44.8 - 63.6)	3,733	58.4%	(56.1 - 60.6)	NS	186	59.2%	(50.6 - 67.2)	5,289	63.6%	(61.7 - 65.4)	NS	No
2013	279	63.7%	(56.2 - 70.6)	7,979	62.8%	(61.1 - 64.4)	NS	117	61.3%	(49.2 - 72.1)	3,275	61.0%	(58.5 - 63.6)	NS	162	66.0%	(57.0 - 74.0)	4,704	64.4%	(62.2 - 66.6)	NS	No
2014	438	58.4%	(52.9 - 63.7)	10,646	64.1%	(62.8 - 65.5)	NS	185	56.4%	(47.8 - 64.7)	4,681	63.0%	(61.0 - 65.1)	NS	253	60.0%	(52.9 - 66.8)	5,965	65.2%	(63.4 - 67.0)	NS	No
2015	323	57.4%	(51.1 - 63.5)	8,007	65.2%	(63.6 - 66.7)	-	155	61.0%	(51.5 - 69.8)	3,446	63.7%	(61.3 - 66.1)	NS	168	54.1%	(45.6 - 62.4)	4,561	66.6%	(64.6 - 68.5)	-	No
2016	292	57.8%	(51.3 - 64.1)	7,036	66.0%	(64.3 - 67.6)	-	130	55.0%	(45.4 - 64.3)	3,073	65.2%	(62.8 - 67.6)	NS	162	60.9%	(52.3 - 68.8)	3,963	66.7%	(64.5 - 68.9)	NS	No
Up-to-date on breast cancer screening, female 50-74 year olds^a																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	184	79.2%	(71.1 - 85.4)	5,200	74.9%	(73.2 - 76.5)	NS	-	-	-	-	-	-	-	184	79.2%	(71.1 - 85.4)	5,200	74.9%	(73.2 - 76.5)	NS	NA
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	247	74.8%	(68.1 - 80.5)	5,904	76.1%	(74.5 - 77.7)	NS	-	-	-	-	-	-	-	247	74.8%	(68.1 - 80.5)	5,904	76.1%	(74.5 - 77.7)	NS	NA
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	159	75.0%	(66.8 - 81.7)	3,914	73.4%	(71.3 - 75.4)	NS	-	-	-	-	-	-	-	159	75.0%	(66.8 - 81.7)	3,914	73.4%	(71.3 - 75.4)	NS	NA
Up-to-date on cervical cancer screening, female 21-65 year olds^a																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	190	84.8%	(77.0 - 90.4)	5,055	83.9%	(82.5 - 85.2)	NS	-	-	-	-	-	-	-	190	84.8%	(77.0 - 90.4)	5,055	83.9%	(82.5 - 85.2)	NS	NA
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	237	82.3%	(76.0 - 87.3)	5,779	81.7%	(80.0 - 83.3)	NS	-	-	-	-	-	-	-	237	82.3%	(76.0 - 87.3)	5,779	81.7%	(80.0 - 83.3)	NS	NA
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	180	81.7%	(75.0 - 87.0)	3,814	77.7%	(75.5 - 79.8)	NS	-	-	-	-	-	-	-	180	81.7%	(75.0 - 87.0)	3,814	77.7%	(75.5 - 79.8)	NS	NA
Arthritis																						
Ever told they have arthritis																						
2011	1,037	24.1%	(21.3 - 27.1)	25,285	23.4%	(22.8 - 24.1)	NS	385	20.5%	(16.6 - 25.0)	10,184	20.1%	(19.2 - 21.1)	NS	652	27.8%	(24.1 - 31.7)	15,101	26.6%	(25.7 - 27.6)	NS	No
2012	688	24.6%	(21.1 - 28.4)	19,089	24.6%	(23.8 - 25.4)	NS	268	23.6%	(18.6 - 29.6)	7,839	21.5%	(20.3 - 22.6)	NS	420	25.5%	(21.0 - 30.6)	11,250	27.7%	(26.6 - 28.8)	NS	No
2013	579	23.0%	(19.4 - 27.1)	17,017	24.7%	(23.8 - 25.7)	NS	242	19.0%	(14.1 - 25.1)	6,925	21.6%	(20.2 - 23.0)	NS	337	27.1%	(22.2 - 32.7)	10,092	27.8%	(26.5 - 29.2)	NS	No
2014	966	23.8%	(21.0 - 26.9)	22,307	24.6%	(23.8 - 25.4)	NS	419	20.4%	(16.6 - 24.8)	9,560	21.6%	(20.5 - 22.8)	NS	547	27.3%	(23.4 - 31.6)	12,747	27.4%	(26.3 - 28.6)	NS	No
2015	730	22.8%	(19.7 - 26.2)	17,472	23.4%	(22.6 - 24.3)	NS	354	19.4%	(15.4 - 24.1)	7,540	19.7%	(18.5 - 20.9)	NS	376	26.2%	(21.7 - 31.3)	9,932	27.1%	(25.9 - 28.4)	NS	No
2016	664	24.4%	(20.9 - 28.4)	15,137	24.6%	(23.6 - 25.6)	NS	280	24.2%	(18.7 - 30.7)	6,622	21.7%	(20.3 - 23.2)	NS	384	24.7%	(20.5 - 29.4)	8,515	27.4%	(26.0 - 28.8)	NS	No
Currently have activity limitations due to arthritis, among those ever told they have arthritis^a																						
2011	325	39.7%	(33.4 - 46.3)	7,973	45.2%	(43.6 - 46.8)	NS	107	39.6%	(29.1 - 51.1)	2,711	42.6%	(40.0 - 45.2)	NS	218	39.8%	(32.5 - 47.5)	5,262	47.1%	(45.1 - 49.2)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	180	41.6%	(33.2 - 50.5)	5,460	42.4%	(40.3 - 44.6)	NS	59	37.4%	(23.9 - 53.2)	1,861	41.0%	(37.4 - 44.6)	NS	121	44.5%	(34.6 - 55.0)	3,599	43.5%	(40.8 - 46.2)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	196	41.5%	(34.0 - 49.4)	5,146	44.0%	(41.9 - 46.1)	NS	78	51.3%	(39.3 - 63.1)	1,852	41.9%	(38.6 - 45.3)	NS	118	34.5%	(25.6 - 44.7)	3,294	45.5%	(42.9 - 48.1)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Asthma																						
Ever told they have asthma																						
2011	1,036	9.2%	(7.3 - 11.4)	25,327	11.5%	(10.9 - 12.1)	NS	385	6.3%	(4.2 - 9.3)	10,194	10.5%	(9.6 - 11.3)	-	651	12.1%	(9.2 - 15.6)	15,133	12.4%	(11.6 - 13.3)	NS	No
2012	688	7.9%	(5.4 - 11.4)	19,105	10.8%	(10.2 - 11.5)	NS	268	8.1%	(4.4 - 14.2)	7,847	9.7%	(8.8 - 10.7)	NS	420	7.7%	(4.9 - 12.0)	11,258	11.9%	(11.1 - 12.9)	NS	No
2013	581	9.1%	(6.6 - 12.3)	17,068	11.2%	(10.5 - 12.0)	NS	242	8.6%	(5.4 - 13.4)	6,946	9.6%	(8.6 - 10.8)	NS	339	9.6%	(6.3 - 14.3)	10,122	12.8%	(11.7 - 13.9)	NS	No
2014	965	9.5%	(7.5 - 12.1)	22,355	12.2%	(11.5 - 13.0)	NS	419	9.4%	(6.4 - 13.7)	9,583	10.8%	(9.8 - 11.9)	NS	546	9.7%	(7.3 - 12.7)	12,772	13.6%	(12.6 - 14.7)	NS	No
2015	729	10.2%	(7.9 - 13.2)	17,492	12.1%	(11.3 - 12.9)	NS	357	9.4%	(6.4 - 13.5)	7,554	10.7%	(9.6 - 12.0)	NS	372	11.1%	(7.8 - 15.7)	9,938	13.4%	(12.3 - 14.5)	NS	No
2016	665	8.9%	(6.7 - 11.8)	15,144	12.4%	(11.5 - 13.4)	NS	280	6.9%	(4.2 - 11.3)	6,622	10.4%	(9.2 - 11.8)	NS	385	10.9%	(7.8 - 15.2)	8,522	14.3%	(13.1 - 15.7)	NS	No
Currently have asthma																						
2011	1,034	4.7%	(3.5 - 6.2)	25,257	7.3%	(6.9 - 7.8)	-	384	2.0%	(1.1 - 3.7)	10,170	6.0%	(5.4 - 6.7)	-	650	7.3%	(5.3 - 10.0)	15,087	8.6%	(8.0 - 9.4)	NS	Yes
2012	688	6.3%	(4.1 - 9.7)	19,053	7.4%	(6.9 - 7.9)	NS	268	7.1%	(3.7 - 13.2)	7,832	6.1%	(5.4 - 6.9)	NS	420	5.5%	(3.2 - 9.5)	11,221	8.7%	(7.9 - 9.4)	NS	No
2013	579	6.6%	(4.6 - 9.4)	17,024	7.3%	(6.7 - 8.0)	NS	240	5.8%	(3.3 - 10.1)	6,930	5.5%	(4.8 - 6.4)	NS	339	7.3%	(4.6 - 11.5)	10,094	9.1%	(8.2 - 10.0)	NS	No
2014	960	6.9%	(5.2 - 9.0)	22,289	7.7%	(7.2 - 8.3)	NS	417	6.7%	(4.2 - 10.4)	9,562	6.2%	(5.5 - 7.0)	NS	543	7.1%	(5.1 - 9.7)	12,727	9.2%	(8.4 - 10.1)	NS	No
2015	727	6.9%	(5.0 - 9.4)	17,435	7.2%	(6.6 - 7.8)	NS	356	6.3%	(3.9 - 9.9)	7,533	5.4%	(4.7 - 6.2)	NS	371	7.5%	(4.8 - 11.5)	9,902	8.9%	(8.0 - 9.9)	NS	No
2016	665	6.2%	(4.4 - 8.8)	15,116	8.3%	(7.5 - 9.1)	NS	280	5.9%	(3.3 - 10.2)	6,609	6.1%	(5.2 - 7.1)	NS	385	6.6%	(4.2 - 10.1)	8,507	10.4%	(9.3 - 11.6)	NS	No

Indicators	Overall						Men						Women						LHD Gender Diff. ^e			
	East Central			State of NE			East Central			State of NE			East Central			State of NE						
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d
Chronic Obstructive Pulmonary Disease (COPD)																						
Ever told they have COPD																						
2011	1,036	5.5%	(4.1 - 7.4)	25,280	5.0%	(4.6 - 5.3)	NS	383	5.2%	(3.2 - 8.3)	10,171	4.4%	(3.9 - 4.9)	NS	653	5.8%	(4.0 - 8.3)	15,109	5.5%	(5.0 - 6.0)	NS	No
2012	686	4.8%	(3.2 - 7.1)	19,075	5.3%	(4.9 - 5.8)	NS	267	4.4%	(2.4 - 7.8)	7,832	4.7%	(4.1 - 5.3)	NS	419	5.2%	(3.0 - 8.9)	11,243	6.0%	(5.4 - 6.6)	NS	No
2013	577	5.3%	(3.7 - 7.4)	17,035	5.3%	(4.9 - 5.8)	NS	241	5.1%	(3.1 - 8.2)	6,932	4.8%	(4.2 - 5.5)	NS	336	5.5%	(3.3 - 8.9)	10,103	5.8%	(5.2 - 6.6)	NS	No
2014	967	6.2%	(4.7 - 8.2)	22,313	5.8%	(5.3 - 6.2)	NS	419	6.4%	(4.3 - 9.6)	9,555	5.5%	(4.9 - 6.2)	NS	548	6.1%	(4.2 - 8.6)	12,758	6.1%	(5.5 - 6.7)	NS	No
2015	729	5.3%	(3.8 - 7.3)	17,466	5.4%	(5.0 - 5.9)	NS	355	5.6%	(3.6 - 8.6)	7,536	4.8%	(4.2 - 5.4)	NS	374	5.0%	(3.0 - 8.1)	9,930	6.1%	(5.5 - 6.7)	NS	No
2016	661	4.9%	(3.3 - 7.1)	15,119	5.8%	(5.3 - 6.4)	NS	280	6.4%	(4.0 - 10.3)	6,612	5.1%	(4.4 - 6.0)	NS	381	3.3%	(1.7 - 6.1)	8,507	6.5%	(5.7 - 7.4)	NS	No
Kidney Disease																						
Ever told they have kidney disease																						
2011	1,038	2.5%	(1.4 - 4.3)	25,345	2.2%	(2.0 - 2.4)	NS	385	2.9%	(1.3 - 6.6)	10,208	2.1%	(1.8 - 2.5)	NS	653	2.0%	(1.1 - 3.6)	15,137	2.2%	(2.0 - 2.5)	NS	No
2012	687	2.9%	(1.8 - 4.8)	19,122	2.4%	(2.2 - 2.7)	NS	268	3.3%	(1.6 - 6.4)	7,850	2.2%	(1.8 - 2.6)	NS	419	2.6%	(1.2 - 5.4)	11,272	2.7%	(2.3 - 3.1)	NS	No
2013	583	2.6%	(1.5 - 4.2)	17,080	2.0%	(1.8 - 2.3)	NS	243	2.3%	(1.0 - 5.1)	6,953	1.9%	(1.5 - 2.4)	NS	340	2.8%	(1.5 - 5.3)	10,127	2.1%	(1.8 - 2.6)	NS	No
2014	969	1.9%	(1.2 - 2.9)	22,362	2.1%	(1.9 - 2.4)	NS	420	1.4%	(0.7 - 2.9)	9,586	2.0%	(1.7 - 2.4)	NS	549	2.3%	(1.4 - 4.0)	12,776	2.3%	(2.0 - 2.6)	NS	No
2015	733	3.1%	(2.0 - 5.0)	17,502	2.4%	(2.1 - 2.7)	NS	356	3.3%	(1.8 - 6.2)	7,550	2.2%	(1.8 - 2.7)	NS	377	3.0%	(1.5 - 5.8)	9,952	2.5%	(2.1 - 2.9)	NS	No
2016	663	2.3%	(1.4 - 3.9)	15,150	2.8%	(2.4 - 3.2)	NS	279	2.5%	(1.2 - 5.4)	6,624	2.2%	(1.8 - 2.8)	NS	384	2.2%	(1.1 - 4.1)	8,526	3.4%	(2.8 - 4.0)	NS	No
Tobacco & E-Cigarettes																						
Current cigarette smoking ^a																						
2011	1,038	14.4%	(11.7 - 17.5)	25,324	20.0%	(19.3 - 20.7)	-	384	15.1%	(11.0 - 20.4)	10,189	22.1%	(21.0 - 23.3)	-	654	13.6%	(10.6 - 17.2)	15,135	17.9%	(17.0 - 18.9)	NS	No
2012	685	17.7%	(14.0 - 22.2)	18,985	19.7%	(18.9 - 20.6)	NS	264	21.9%	(16.0 - 29.3)	7,801	21.4%	(20.1 - 22.7)	NS	421	13.6%	(9.4 - 19.1)	11,184	18.1%	(17.0 - 19.2)	NS	No
2013	571	17.2%	(13.1 - 22.2)	16,687	18.5%	(17.5 - 19.5)	NS	239	16.0%	(11.1 - 22.4)	6,790	19.8%	(18.3 - 21.4)	NS	332	18.4%	(12.3 - 26.7)	9,897	17.2%	(15.9 - 18.5)	NS	No
2014	935	14.8%	(12.2 - 17.8)	21,729	17.3%	(16.5 - 18.2)	NS	399	16.3%	(12.4 - 21.1)	9,311	18.5%	(17.3 - 19.9)	NS	536	13.4%	(10.2 - 17.3)	12,418	16.2%	(15.1 - 17.3)	NS	No
2015	711	17.1%	(13.9 - 21.0)	17,079	17.1%	(16.2 - 18.1)	NS	343	17.7%	(13.1 - 23.6)	7,355	18.4%	(17.0 - 19.9)	NS	368	16.5%	(12.2 - 21.9)	9,724	15.8%	(14.7 - 17.1)	NS	No
2016	653	13.6%	(10.6 - 17.1)	14,790	17.0%	(16.0 - 18.1)	NS	276	15.7%	(11.1 - 21.6)	6,463	18.6%	(17.1 - 20.3)	NS	377	11.4%	(8.2 - 15.6)	8,327	15.4%	(14.1 - 16.8)	NS	No
Attempted to quit smoking in past year, among current cigarette smokers																						
2011	119	53.3%	(42.3 - 64.0)	4,195	55.6%	(53.5 - 57.7)	NS	46	-*	-* - *	1,914	53.4%	(50.4 - 56.3)	NA	73	62.3%	(48.7 - 74.2)	2,281	58.3%	(55.4 - 61.2)	NS	NA
2012	95	46.3%	(34.0 - 59.2)	3,023	57.1%	(54.7 - 59.6)	NS	50	41.3%	(26.0 - 58.5)	1,406	55.2%	(51.7 - 58.7)	NA	45	-*	-* - *	1,617	59.3%	(55.9 - 62.7)	NA	Yes
2013	76	69.7%	(56.7 - 80.2)	2,546	57.1%	(54.1 - 60.2)	NS	38	-*	-* - *	1,147	55.9%	(51.5 - 60.3)	NA	38	-*	-* - *	1,399	58.5%	(54.3 - 62.6)	NA	NA
2014	120	59.1%	(49.0 - 68.5)	3,241	58.2%	(55.5 - 60.9)	NS	60	51.9%	(37.7 - 65.8)	1,489	57.9%	(54.0 - 61.8)	NS	60	67.6%	(53.2 - 79.3)	1,752	58.5%	(54.6 - 62.2)	NS	No
2015	104	54.9%	(43.4 - 65.9)	2,476	59.1%	(56.1 - 62.0)	NS	54	56.1%	(39.8 - 71.1)	1,145	59.2%	(54.8 - 63.5)	NS	50	53.7%	(37.7 - 69.0)	1,331	58.9%	(54.8 - 62.9)	NS	No
2016	73	54.2%	(41.3 - 66.6)	2,181	54.6%	(51.2 - 58.0)	NS	35	-*	-* - *	1,049	52.7%	(47.9 - 57.5)	NA	38	-*	-* - *	1,132	56.9%	(52.1 - 61.5)	NA	NA
Current smokeless tobacco use ^a																						
2011	1,042	4.0%	(2.7 - 6.1)	25,406	5.6%	(5.2 - 6.0)	NS	387	7.6%	(5.0 - 11.5)	10,231	10.5%	(9.7 - 11.4)	NS	655	0.4%	(0.1 - 2.9)	15,175	0.8%	(0.6 - 1.0)	NS	Yes
2012	687	3.8%	(2.3 - 6.2)	19,041	5.1%	(4.6 - 5.6)	NS	266	6.2%	(3.6 - 10.5)	7,828	9.5%	(8.7 - 10.5)	NS	421	1.5%	(0.5 - 4.3)	11,213	0.8%	(0.6 - 1.2)	NS	No
2013	571	3.3%	(2.0 - 5.4)	16,732	5.3%	(4.7 - 5.9)	NS	239	6.4%	(3.7 - 10.6)	6,813	10.1%	(9.0 - 11.2)	NS	332	0.2%	(0.0 - 1.1)	9,919	0.7%	(0.5 - 0.9)	NS	Yes
2014	935	4.0%	(2.8 - 5.8)	21,797	4.7%	(4.2 - 5.1)	NS	400	7.8%	(5.3 - 11.2)	9,340	8.5%	(7.7 - 9.3)	NS	535	0.4%	(0.1 - 1.8)	12,457	1.0%	(0.7 - 1.3)	NS	Yes
2015	712	4.7%	(3.1 - 7.1)	17,123	5.5%	(4.9 - 6.1)	NS	345	7.9%	(5.1 - 11.9)	7,372	9.9%	(8.9 - 11.1)	NS	367	1.5%	(0.4 - 5.3)	9,751	1.1%	(0.8 - 1.6)	NS	No
2016	657	5.1%	(3.4 - 7.4)	14,830	5.7%	(5.1 - 6.2)	NS	277	8.6%	(5.7 - 13.0)	6,478	10.5%	(9.5 - 11.7)	NS	380	1.4%	(0.6 - 3.4)	8,352	0.9%	(0.6 - 1.3)	NS	Yes
Has rule not allowing smoking anywhere inside their home																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	267	91.4%	(87.3 - 94.2)	7,750	88.7%	(87.4 - 89.8)	NS	117	88.7%	(81.5 - 93.3)	3,121	88.3%	(86.2 - 90.0)	NS	150	94.1%	(89.2 - 96.8)	4,629	89.1%	(87.5 - 90.5)	NS	No
2014	466	91.5%	(87.7 - 94.2)	10,582	89.0%	(87.9 - 90.0)	NS	218	88.9%	(82.4 - 93.3)	4,448	87.9%	(86.1 - 89.5)	NS	250	94.4%	(90.3 - 96.8)	6,134	90.0%	(88.6 - 91.2)	NS	No
2015	306	93.0%	(89.1 - 95.6)	7,816	90.1%	(88.9 - 91.1)	NS	151	91.9%	(85.4 - 95.6)	3,261	89.2%	(87.2 - 90.9)	NS	155	94.5%	(89.4 - 97.2)	4,555	90.9%	(89.6 - 92.1)	NS	No
2016	332	93.4%	(89.9 - 95.7)	7,109	90.8%	(89.6 - 91.8)	NS	132	93.4%	(87.5 - 96.6)	3,122	91.2%	(89.8 - 92.5)	NS	200	93.4%	(88.5 - 96.3)	3,987	90.4%	(88.5 - 92.0)	NS	No
Lifetime e-cigarette use																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	658	19.4%	(15.7 - 23.6)	14,819	22.6%	(21.4 - 23.9)	NS	277	23.3%	(17.4 - 30.5)	6,474	25.1%	(23.3 - 27.0)	NS	381	15.3%	(11.6 - 19.9)	8,345	20.2%	(18.7 - 21.9)	NS	No

Indicators	Overall						Men						Women						LHD Gender Diff. ^e				
	East Central			State of NE			East Central			State of NE			East Central			State of NE							
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	
Current e-cigarette use																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	658	5.4%	(3.5 - 8.2)	14,819	4.9%	(4.3 - 5.6)	NS	277	7.3%	(4.2 - 12.4)	6,474	5.3%	(4.5 - 6.4)	NS	381	3.5%	(1.8 - 6.6)	8,345	4.5%	(3.7 - 5.6)	NS	No	
Overweight and Obesity																							
Obese (BMI=30+) [^]																							
2011	982	31.9%	(28.4 - 35.7)	24,366	28.4%	(27.6 - 29.2)	NS	380	33.3%	(27.8 - 39.2)	10,102	29.2%	(28.0 - 30.4)	NS	602	30.4%	(26.2 - 35.1)	14,264	27.6%	(26.5 - 28.8)	NS	No	
2012	663	30.3%	(25.8 - 35.4)	18,385	28.6%	(27.7 - 29.6)	NS	265	31.4%	(24.7 - 38.9)	7,781	29.2%	(27.9 - 30.6)	NS	398	29.2%	(23.2 - 36.0)	10,604	28.1%	(26.8 - 29.3)	NS	No	
2013	544	28.9%	(24.0 - 34.4)	16,250	29.6%	(28.4 - 30.7)	NS	239	26.3%	(19.7 - 34.1)	6,860	30.8%	(29.1 - 32.5)	NS	305	31.7%	(24.8 - 39.5)	9,390	28.4%	(26.9 - 29.9)	NS	No	
2014	893	31.4%	(27.9 - 35.2)	21,130	30.2%	(29.2 - 31.3)	NS	402	33.2%	(27.9 - 38.9)	9,399	31.7%	(30.2 - 33.2)	NS	491	29.5%	(25.0 - 34.5)	11,731	28.7%	(27.4 - 30.1)	NS	No	
2015	672	31.8%	(27.8 - 36.0)	16,265	31.4%	(30.3 - 32.5)	NS	341	33.5%	(28.0 - 39.6)	7,323	32.9%	(31.3 - 34.6)	NS	331	29.8%	(24.4 - 35.9)	8,942	29.8%	(28.3 - 31.3)	NS	No	
2016	616	34.7%	(30.3 - 39.4)	14,173	32.0%	(30.8 - 33.2)	NS	275	40.6%	(34.0 - 47.6)	6,460	32.6%	(30.8 - 34.3)	NS	341	27.7%	(22.6 - 33.4)	7,713	31.4%	(29.7 - 33.1)	NS	Yes	
Overweight or Obese (BMI=25+)																							
2011	982	68.4%	(64.7 - 71.9)	24,366	64.9%	(64.0 - 65.8)	NS	380	76.6%	(70.8 - 81.6)	10,102	72.8%	(71.5 - 74.1)	NS	602	59.6%	(54.8 - 64.2)	14,264	56.8%	(55.5 - 58.1)	NS	Yes	
2012	663	66.4%	(61.3 - 71.2)	18,385	65.0%	(64.0 - 66.0)	NS	265	75.2%	(67.5 - 81.6)	7,781	72.3%	(70.8 - 73.7)	NS	398	56.9%	(50.0 - 63.6)	10,604	57.6%	(56.2 - 59.0)	NS	Yes	
2013	544	66.8%	(61.3 - 71.8)	16,250	65.5%	(64.2 - 66.7)	NS	239	69.3%	(60.8 - 76.7)	6,860	72.2%	(70.4 - 74.0)	NS	305	63.9%	(56.9 - 70.4)	9,390	58.5%	(56.8 - 60.2)	NS	No	
2014	893	67.6%	(63.6 - 71.2)	21,130	66.7%	(65.6 - 67.8)	NS	402	73.9%	(68.0 - 79.1)	9,399	73.8%	(72.3 - 75.3)	NS	491	60.5%	(55.3 - 65.5)	11,731	59.2%	(57.7 - 60.7)	NS	Yes	
2015	672	69.2%	(64.7 - 73.4)	16,265	67.0%	(65.8 - 68.2)	NS	341	79.2%	(73.1 - 84.2)	7,323	73.4%	(71.7 - 75.1)	NS	331	58.4%	(51.8 - 64.7)	8,942	60.2%	(58.6 - 61.9)	NS	Yes	
2016	616	69.1%	(64.8 - 73.1)	14,173	68.5%	(67.3 - 69.8)	NS	275	79.6%	(73.8 - 84.3)	6,460	74.9%	(73.1 - 76.6)	NS	341	56.7%	(50.6 - 62.7)	7,713	61.8%	(59.9 - 63.6)	NS	Yes	
Nutrition																							
Consumed sugar-sweetened beverages 1 or more times per day in past 30 days																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	270	23.0%	(17.3 - 30.1)	7,822	28.5%	(26.8 - 30.3)	NS	118	28.0%	(19.0 - 39.2)	3,164	35.8%	(33.1 - 38.5)	NS	152	18.1%	(11.8 - 26.6)	4,658	21.7%	(19.7 - 24.0)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Currently watching or reducing sodium or salt intake																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	268	51.2%	(43.5 - 58.8)	7,818	46.3%	(44.6 - 48.1)	NS	117	53.0%	(41.6 - 64.2)	3,165	43.4%	(40.8 - 46.0)	NS	151	49.3%	(39.2 - 59.4)	4,653	49.1%	(46.8 - 51.5)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	326	54.1%	(47.3 - 60.8)	7,892	46.8%	(45.0 - 48.5)	NS	150	48.1%	(38.1 - 58.1)	3,436	46.0%	(43.4 - 48.7)	NS	176	60.0%	(50.9 - 68.5)	4,456	47.5%	(45.2 - 49.8)	+	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Median times per day consumed fruits																							
2011	990	1.08	(1.01 - 1.15)	24,090	1.02	(1.02 - 1.04)	NS	366	1.00	(0.95 - 1.13)	9,660	0.99	(0.99 - 1.00)	NS	624	1.16	(1.11 - 1.37)	14,430	1.14	(1.13 - 1.14)	NS	No	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	541	0.99	(0.98 - 1.01)	15,949	1.00	(1.00 - 1.00)	NS	224	0.97	(0.74 - 0.99)	6,462	0.99	(0.99 - 1.00)	-	317	1.06	(0.99 - 1.16)	9,487	1.07	(1.06 - 1.14)	NS	Yes	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	658	0.99	(0.98 - 1.06)	16,135	1.00	(1.00 - 1.00)	NS	318	0.91	(0.69 - 0.99)	6,899	0.99	(0.98 - 1.00)	NS	340	1.04	(0.98 - 1.24)	9,236	1.03	(1.02 - 1.09)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Consumed fruits less than 1 time per day																							
2011	990	36.4%	(32.7 - 40.3)	24,090	40.1%	(39.2 - 41.1)	NS	366	41.5%	(35.6 - 47.7)	9,660	46.2%	(44.8 - 47.6)	NS	624	31.1%	(26.9 - 35.8)	14,430	34.3%	(33.1 - 35.6)	NS	No	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	541	39.7%	(34.4 - 45.3)	15,949	39.7%	(38.5 - 41.0)	NS	224	48.8%	(40.2 - 57.5)	6,462	45.4%	(43.4 - 47.3)	NS	317	30.7%	(24.6 - 37.6)	9,487	34.4%	(32.8 - 36.1)	NS	Yes	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	658	42.7%	(38.1 - 47.4)	16,135	41.1%	(39.9 - 42.4)	NS	318	51.4%	(44.7 - 58.0)	6,899	47.4%	(45.6 - 49.3)	NS	340	33.9%	(28.1 - 40.3)	9,236	35.1%	(33.5 - 36.7)	NS	Yes	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Indicators	Overall						Men						Women						LHD Gender Diff. ^e				
	East Central			State of NE			East Central			State of NE			East Central			State of NE							
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	
Median times per day consumed vegetables																							
2011	973	1.50	(1.43 - 1.57)	23,785	1.46	(1.44 - 1.50)	NS	360	1.42	(1.32 - 1.56)	9,534	1.35	(1.33 - 1.41)	NS	613	1.64	(1.51 - 1.76)	14,251	1.57	(1.57 - 1.61)	NS	No	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	529	1.45	(1.33 - 1.61)	15,700	1.57	(1.55 - 1.58)	NS	219	1.28	(1.18 - 1.48)	6,373	1.43	(1.42 - 1.50)	NS	310	1.63	(1.51 - 1.84)	9,327	1.70	(1.66 - 1.73)	NS	Yes	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	647	1.48	(1.35 - 1.60)	15,850	1.53	(1.50 - 1.58)	NS	313	1.42	(1.28 - 1.59)	6,786	1.42	(1.40 - 1.46)	NS	334	1.55	(1.37 - 1.73)	9,064	1.62	(1.58 - 1.69)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Consumed vegetables less than 1 time per day																							
2011	973	25.6%	(22.2 - 29.4)	23,785	26.2%	(25.4 - 27.1)	NS	360	29.0%	(23.6 - 35.1)	9,534	29.7%	(28.4 - 31.0)	NS	613	22.2%	(18.2 - 26.8)	14,251	22.9%	(21.8 - 24.1)	NS	No	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	529	25.1%	(20.2 - 30.6)	15,700	23.3%	(22.2 - 24.4)	NS	219	33.1%	(25.2 - 42.2)	6,373	26.6%	(25.0 - 28.4)	NS	310	17.2%	(12.4 - 23.4)	9,327	20.1%	(18.7 - 21.6)	NS	Yes	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	647	27.8%	(23.6 - 32.3)	15,850	24.7%	(23.7 - 25.9)	NS	313	29.1%	(23.2 - 35.7)	6,786	28.3%	(26.6 - 30.0)	NS	334	26.5%	(20.9 - 32.9)	9,064	21.4%	(20.1 - 22.8)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Physical Activity																							
No leisure-time physical activity in past 30 days [^]																							
2011	1,009	27.7%	(24.4 - 31.2)	24,433	26.3%	(25.5 - 27.1)	NS	375	30.6%	(25.3 - 36.4)	9,795	27.2%	(26.0 - 28.5)	NS	634	24.7%	(21.0 - 28.9)	14,638	25.4%	(24.3 - 26.5)	NS	No	
2012	690	21.8%	(18.3 - 25.9)	19,153	21.0%	(20.2 - 21.9)	NS	268	24.7%	(19.1 - 31.3)	7,865	20.4%	(19.3 - 21.7)	NS	422	19.0%	(14.8 - 24.0)	11,288	21.6%	(20.5 - 22.8)	NS	No	
2013	550	26.5%	(22.0 - 31.6)	16,158	25.3%	(24.2 - 26.4)	NS	227	30.5%	(23.2 - 39.0)	6,567	26.3%	(24.7 - 28.1)	NS	323	22.7%	(17.9 - 28.4)	9,591	24.3%	(22.9 - 25.8)	NS	No	
2014	968	21.9%	(19.1 - 25.1)	22,397	21.3%	(20.4 - 22.1)	NS	420	21.9%	(17.7 - 26.8)	9,599	21.2%	(20.0 - 22.5)	NS	548	22.0%	(18.3 - 26.2)	12,798	21.4%	(20.2 - 22.5)	NS	No	
2015	667	30.3%	(26.3 - 34.6)	16,319	25.3%	(24.3 - 26.4)	NS	321	30.5%	(24.7 - 36.9)	6,997	25.3%	(23.8 - 26.9)	NS	346	30.1%	(24.8 - 36.0)	9,322	25.4%	(24.0 - 26.8)	NS	No	
2016	663	22.4%	(19.1 - 26.1)	15,169	22.4%	(21.4 - 23.5)	NS	279	22.2%	(17.4 - 27.7)	6,633	20.7%	(19.3 - 22.3)	NS	384	22.6%	(18.2 - 27.7)	8,536	24.1%	(22.7 - 25.6)	NS	No	
Met aerobic physical activity recommendation [^]																							
2011	966	47.7%	(43.8 - 51.6)	23,735	49.0%	(48.0 - 49.9)	NS	363	43.1%	(37.1 - 49.3)	9,544	47.2%	(45.8 - 48.6)	NS	603	52.5%	(47.7 - 57.1)	14,191	50.6%	(49.4 - 51.9)	NS	No	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	533	49.1%	(43.4 - 54.7)	15,730	50.1%	(48.8 - 51.4)	NS	220	40.9%	(32.8 - 49.5)	6,416	48.8%	(46.9 - 50.7)	NS	313	56.9%	(49.9 - 63.8)	9,314	51.4%	(49.7 - 53.1)	NS	Yes	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	645	44.4%	(39.8 - 49.1)	15,878	51.3%	(50.0 - 52.5)	-	308	42.8%	(36.2 - 49.7)	6,832	51.1%	(49.2 - 53.0)	NS	337	46.0%	(39.8 - 52.4)	9,046	51.4%	(49.8 - 53.1)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Met muscle strengthening recommendation [^]																							
2011	996	23.3%	(20.0 - 26.8)	24,204	28.1%	(27.3 - 29.0)	-	370	23.0%	(18.0 - 28.9)	9,697	32.0%	(30.6 - 33.4)	-	626	23.5%	(19.7 - 27.9)	14,507	24.5%	(23.4 - 25.6)	NS	No	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	545	21.0%	(16.8 - 25.9)	16,021	28.4%	(27.2 - 29.6)	-	224	21.1%	(14.8 - 29.2)	6,499	31.0%	(29.2 - 32.8)	-	321	20.9%	(15.8 - 27.0)	9,522	26.0%	(24.5 - 27.6)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	659	27.2%	(23.2 - 31.6)	16,117	31.2%	(30.1 - 32.5)	NS	318	29.3%	(23.5 - 35.8)	6,893	34.9%	(33.1 - 36.8)	NS	341	25.2%	(19.9 - 31.3)	9,224	27.7%	(26.2 - 29.3)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Met both aerobic physical activity and muscle strengthening recommendations [^]																							
2011	959	15.7%	(13.1 - 18.8)	23,567	19.0%	(18.2 - 19.8)	NS	359	13.8%	(10.1 - 18.7)	9,477	19.7%	(18.5 - 20.9)	NS	600	17.7%	(14.2 - 21.7)	14,090	18.4%	(17.4 - 19.4)	NS	No	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	530	13.6%	(10.4 - 17.5)	15,635	18.8%	(17.8 - 19.9)	-	218	9.9%	(6.2 - 15.6)	6,366	19.4%	(17.9 - 21.0)	-	312	17.0%	(12.4 - 22.9)	9,269	18.2%	(16.8 - 19.6)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	639	15.9%	(12.8 - 19.6)	15,724	21.8%	(20.7 - 22.9)	-	306	18.0%	(13.3 - 24.0)	6,757	23.3%	(21.6 - 25.1)	NS	333	13.8%	(10.1 - 18.7)	8,967	20.3%	(18.9 - 21.7)	-	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Walk for at least 10 minutes at a time for any reason during a usual week																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	325	82.4%	(76.6 - 87.0)	7,895	84.6%	(83.3 - 85.8)	NS	152	82.3%	(72.9 - 88.9)	3,442	84.2%	(82.2 - 86.0)	NS	173	82.6%	(74.9 - 88.3)	4,453	85.1%	(83.4 - 86.6)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Indicators	Overall						Men						Women						LHD Gender Diff. ^e				
	East Central			State of NE			East Central			State of NE			East Central			State of NE							
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	
Have access to safe places to walk in their neighborhood																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	326	83.3%	(78.0 - 87.5)	7,893	88.4%	(87.2 - 89.4)	NS	151	83.4%	(75.3 - 89.2)	3,439	88.8%	(87.2 - 90.3)	NS	175	83.2%	(75.8 - 88.7)	4,454	87.9%	(86.3 - 89.3)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Injury																							
Always wear a seatbelt when driving or riding in a car [^]																							
2011	996	64.1%	(60.2 - 67.8)	24,208	71.3%	(70.5 - 72.1)	-	369	56.4%	(50.2 - 62.4)	9,683	63.7%	(62.4 - 65.0)	-	627	71.8%	(67.2 - 75.9)	14,525	78.6%	(77.5 - 79.5)	-	Yes	
2012	677	62.0%	(57.0 - 66.9)	18,851	69.7%	(68.7 - 70.6)	-	263	53.4%	(45.7 - 60.9)	7,731	61.7%	(60.2 - 63.2)	NS	414	70.7%	(64.1 - 76.5)	11,120	77.3%	(76.1 - 78.4)	NS	Yes	
2013	544	66.1%	(60.3 - 71.4)	16,053	74.1%	(73.0 - 75.2)	-	223	58.6%	(49.8 - 66.9)	6,520	67.0%	(65.3 - 68.7)	NS	321	73.2%	(65.7 - 79.6)	9,533	80.8%	(79.5 - 82.1)	NS	No	
2014	926	61.5%	(57.6 - 65.3)	21,599	72.4%	(71.5 - 73.3)	-	396	47.4%	(41.5 - 53.4)	9,241	64.7%	(63.2 - 66.2)	-	530	75.2%	(70.4 - 79.4)	12,358	79.8%	(78.7 - 80.9)	NS	Yes	
2015	658	70.3%	(65.8 - 74.4)	16,136	75.4%	(74.4 - 76.4)	-	316	62.7%	(56.0 - 69.0)	6,900	68.2%	(66.5 - 69.9)	NS	342	77.7%	(71.9 - 82.7)	9,236	82.3%	(81.1 - 83.4)	NS	Yes	
2016	649	66.0%	(61.4 - 70.3)	14,628	73.8%	(72.7 - 74.9)	-	273	54.1%	(47.2 - 60.8)	6,370	66.8%	(65.0 - 68.5)	-	376	78.3%	(73.0 - 82.8)	8,258	80.6%	(79.2 - 81.8)	NS	Yes	
Texted while driving in past 30 days																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	360	22.6%	(17.2 - 29.1)	11,451	26.8%	(25.6 - 27.9)	NS	133	27.0%	(18.4 - 37.9)	4,757	29.2%	(27.5 - 31.0)	NS	227	18.6%	(12.6 - 26.6)	6,694	24.4%	(22.8 - 26.0)	NS	No	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	303	19.9%	(14.4 - 26.8)	7,620	24.9%	(23.3 - 26.6)	NS	149	17.3%	(11.1 - 25.9)	3,209	27.6%	(25.0 - 30.3)	NS	154	23.1%	(14.4 - 34.9)	4,411	22.3%	(20.3 - 24.4)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Talked on a cell phone while driving in past 30 days																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	360	67.5%	(61.3 - 73.2)	11,424	69.1%	(68.0 - 70.2)	NS	133	70.2%	(60.6 - 78.3)	4,742	71.5%	(69.9 - 73.2)	NS	227	65.1%	(56.7 - 72.6)	6,682	66.7%	(65.2 - 68.2)	NS	No	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	304	64.0%	(57.0 - 70.5)	7,604	67.0%	(65.3 - 68.6)	NS	150	67.3%	(57.8 - 75.6)	3,203	71.0%	(68.5 - 73.3)	NS	154	59.8%	(49.5 - 69.4)	4,401	63.1%	(60.8 - 65.2)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Had a fall in past year, aged 45 years and older																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	530	31.9%	(27.2 - 37.0)	13,738	28.8%	(27.7 - 29.9)	NS	203	34.6%	(27.2 - 42.7)	5,384	26.9%	(25.3 - 28.5)	NS	327	29.0%	(23.6 - 35.1)	8,354	30.5%	(29.1 - 31.9)	NS	No	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	654	24.2%	(20.6 - 28.3)	15,671	26.1%	(25.1 - 27.1)	NS	265	21.5%	(16.1 - 28.0)	6,513	24.5%	(23.0 - 26.1)	NS	389	26.5%	(21.8 - 31.8)	9,158	27.6%	(26.2 - 29.0)	NS	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	446	30.8%	(26.2 - 35.9)	10,369	29.0%	(27.7 - 30.3)	NS	186	32.1%	(25.1 - 40.0)	4,333	28.1%	(26.2 - 30.1)	NS	260	29.5%	(23.8 - 36.0)	6,036	29.7%	(28.0 - 31.5)	NS	No	
Injured due to a fall in past year, aged 45 years and older																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	530	11.6%	(8.5 - 15.6)	13,719	9.9%	(9.2 - 10.6)	NS	203	12.2%	(7.6 - 18.9)	5,377	7.7%	(6.7 - 8.7)	NS	327	11.0%	(7.4 - 15.9)	8,342	11.8%	(10.9 - 12.9)	NS	No	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	654	8.0%	(5.8 - 10.9)	15,647	8.8%	(8.2 - 9.5)	NS	265	7.2%	(4.2 - 12.1)	6,502	6.8%	(6.0 - 7.7)	NS	389	8.6%	(5.8 - 12.6)	9,145	10.6%	(9.7 - 11.6)	NS	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	446	12.1%	(8.8 - 16.3)	10,367	10.1%	(9.3 - 11.0)	NS	186	14.7%	(9.5 - 22.2)	4,333	7.8%	(6.8 - 9.0)	+	260	9.3%	(6.1 - 14.0)	6,034	12.2%	(11.0 - 13.6)	NS	No	
Mental Health																							
Ever told they have depression																							
2011	1,039	13.5%	(11.1 - 16.3)	25,333	16.8%	(16.2 - 17.5)	NS	387	10.3%	(7.2 - 14.6)	10,198	11.5%	(10.7 - 12.4)	NS	652	16.7%	(13.5 - 20.6)	15,135	22.0%	(21.0 - 23.0)	-	No	
2012	688	13.0%	(10.2 - 16.5)	19,115	16.7%	(16.0 - 17.5)	NS	268	8.6%	(5.6 - 13.1)	7,853	12.4%	(11.4 - 13.5)	NS	420	17.5%	(13.0 - 23.0)	11,262	20.9%	(19.8 - 22.1)	NS	No	
2013	582	14.6%	(11.5 - 18.5)	17,065	18.2%	(17.3 - 19.2)	NS	242	8.4%	(5.3 - 12.9)	6,940	12.9%	(11.6 - 14.2)	NS	340	21.0%	(15.8 - 27.3)	10,125	23.4%	(22.0 - 24.8)	NS	Yes	
2014	971	13.8%	(11.5 - 16.6)	22,346	17.7%	(16.9 - 18.6)	-	422	7.0%	(4.5 - 10.6)	9,582	13.0%	(11.8 - 14.2)	-	549	20.7%	(17.0 - 25.0)	12,764	22.3%	(21.1 - 23.5)	NS	Yes	
2015	733	16.2%	(13.2 - 19.8)	17,485	17.5%	(16.7 - 18.5)	NS	357	13.4%	(9.6 - 18.5)	7,534	12.4%	(11.3 - 13.7)	NS	376	19.1%	(14.7 - 24.4)	9,951	22.5%	(21.2 - 23.8)	NS	No	
2016	663	13.9%	(11.2 - 17.0)	15,138	17.8%	(16.8 - 18.8)	NS	279	9.6%	(6.5 - 14.1)	6,609	12.1%	(10.9 - 13.4)	NS	384	18.2%	(14.2 - 23.0)	8,529	23.4%	(21.8 - 25.0)	NS	Yes	

Indicators	Overall						Men						Women						LHD Gender Diff. ^e			
	East Central			State of NE			East Central			State of NE			East Central			State of NE						
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d
Frequent Mental Distress in past 30 days																						
2011	1,025	8.6%	(6.6 - 11.1)	25,036	9.2%	(8.7 - 9.7)	NS	383	7.4%	(4.6 - 11.6)	10,097	7.7%	(7.0 - 8.4)	NS	642	9.9%	(7.3 - 13.1)	14,939	10.7%	(9.9 - 11.5)	NS	No
2012	685	7.0%	(5.1 - 9.6)	18,935	9.0%	(8.4 - 9.7)	NS	265	5.6%	(3.3 - 9.3)	7,786	7.4%	(6.6 - 8.3)	NS	420	8.4%	(5.7 - 12.4)	11,149	10.6%	(9.7 - 11.5)	NS	No
2013	573	9.0%	(5.9 - 13.4)	16,889	8.9%	(8.2 - 9.6)	NS	242	7.3%	(3.7 - 13.8)	6,889	6.8%	(5.9 - 7.9)	NS	331	10.7%	(6.3 - 17.7)	10,000	10.9%	(9.8 - 12.0)	NS	No
2014	958	7.7%	(5.9 - 10.1)	22,132	8.2%	(7.6 - 8.8)	NS	417	6.7%	(4.2 - 10.3)	9,483	6.4%	(5.6 - 7.3)	NS	541	8.8%	(6.3 - 12.2)	12,649	9.9%	(9.0 - 10.8)	NS	No
2015	728	6.5%	(4.5 - 9.5)	17,369	8.9%	(8.2 - 9.6)	NS	355	7.4%	(4.2 - 12.7)	7,491	6.9%	(6.0 - 7.9)	NS	373	5.6%	(3.5 - 8.9)	9,878	10.8%	(9.8 - 11.9)	-	No
2016	664	6.5%	(4.7 - 9.0)	15,035	9.5%	(8.7 - 10.4)	NS	280	6.4%	(3.8 - 10.4)	6,568	7.0%	(6.0 - 8.1)	NS	384	6.7%	(4.3 - 10.2)	8,467	12.0%	(10.8 - 13.3)	-	No
Currently taking medication or receiving treatment for a mental health condition																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	293	10.1%	(6.1 - 16.3)	6,643	11.0%	(10.0 - 12.1)	NS	122	8.6%	(4.2 - 17.1)	2,693	7.4%	(6.2 - 8.9)	NS	171	11.7%	(5.8 - 22.1)	3,950	14.5%	(12.9 - 16.2)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Symptoms of serious mental illness in past 30 days																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	291	2.3%	(0.6 - 7.9)	6,555	3.2%	(2.6 - 3.9)	NS	121	1.6%	(0.4 - 6.4)	2,657	2.5%	(1.8 - 3.7)	NS	170	3.0%	(0.5 - 16.9)	3,898	3.8%	(2.9 - 4.9)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Alcohol and Drug Use																						
Any alcohol consumption in past 30 days																						
2011	989	64.0%	(60.2 - 67.6)	24,051	61.8%	(60.9 - 62.7)	NS	365	72.3%	(66.3 - 77.6)	9,597	67.7%	(66.4 - 69.1)	NS	624	55.5%	(50.9 - 60.0)	14,454	56.2%	(55.0 - 57.4)	NS	Yes
2012	679	63.0%	(57.8 - 67.8)	18,891	61.3%	(60.3 - 62.3)	NS	263	71.9%	(64.5 - 78.3)	7,749	68.7%	(67.2 - 70.1)	NS	416	54.1%	(47.3 - 60.8)	11,142	54.2%	(52.8 - 55.6)	NS	Yes
2013	566	57.5%	(51.9 - 62.9)	16,614	57.5%	(56.2 - 58.7)	NS	236	57.6%	(48.7 - 66.0)	6,754	63.3%	(61.4 - 65.2)	NS	330	57.4%	(50.5 - 63.9)	9,860	51.8%	(50.2 - 53.5)	NS	No
2014	924	60.9%	(57.0 - 64.7)	21,612	59.2%	(58.1 - 60.3)	NS	395	70.3%	(64.3 - 75.7)	9,246	65.2%	(63.6 - 66.8)	NS	529	51.9%	(46.8 - 56.9)	12,366	53.4%	(52.0 - 54.9)	NS	Yes
2015	706	56.8%	(52.4 - 61.2)	16,939	57.6%	(56.4 - 58.8)	NS	340	65.6%	(59.3 - 71.4)	7,282	63.8%	(62.0 - 65.5)	NS	366	48.0%	(42.0 - 54.1)	9,657	51.6%	(50.0 - 53.2)	NS	Yes
2016	649	57.4%	(52.9 - 61.8)	14,723	59.8%	(58.5 - 61.0)	NS	274	67.4%	(60.8 - 73.5)	6,421	68.0%	(66.1 - 69.8)	NS	375	47.0%	(41.3 - 52.9)	8,302	51.8%	(50.0 - 53.6)	NS	Yes
Binge drank in past 30 days^a																						
2011	980	25.9%	(22.4 - 29.9)	23,948	22.7%	(21.9 - 23.5)	NS	360	36.3%	(30.4 - 42.7)	9,533	30.2%	(28.9 - 31.5)	NS	620	15.6%	(12.1 - 19.8)	14,415	15.7%	(14.7 - 16.7)	NS	Yes
2012	672	25.2%	(20.9 - 30.1)	18,742	22.1%	(21.3 - 23.0)	NS	259	33.5%	(26.5 - 41.3)	7,664	29.1%	(27.6 - 30.5)	NS	413	17.0%	(12.4 - 22.9)	11,078	15.5%	(14.5 - 16.6)	NS	Yes
2013	564	22.1%	(17.6 - 27.4)	16,500	20.0%	(19.0 - 21.1)	NS	235	23.6%	(17.2 - 31.5)	6,687	25.2%	(23.6 - 26.9)	NS	329	20.5%	(14.6 - 28.1)	9,813	15.0%	(13.8 - 16.4)	NS	No
2014	912	21.6%	(18.4 - 25.1)	21,443	20.3%	(19.4 - 21.3)	NS	388	30.7%	(25.5 - 36.5)	9,149	26.8%	(25.3 - 28.3)	NS	524	12.8%	(9.5 - 17.0)	12,294	14.1%	(13.0 - 15.3)	NS	Yes
2015	702	19.1%	(15.7 - 23.0)	16,832	19.5%	(18.5 - 20.5)	NS	338	26.2%	(21.0 - 32.3)	7,216	26.0%	(24.4 - 27.8)	NS	364	12.0%	(8.2 - 17.3)	9,616	13.1%	(12.0 - 14.3)	NS	Yes
2016	645	20.0%	(16.7 - 23.8)	14,620	20.0%	(18.9 - 21.1)	NS	270	29.2%	(23.7 - 35.5)	6,367	27.2%	(25.4 - 29.0)	NS	375	10.7%	(7.6 - 14.9)	8,253	13.1%	(11.9 - 14.4)	NS	Yes
Heavy drinking in past 30 days																						
2011	983	8.0%	(6.1 - 10.5)	23,906	7.5%	(7.0 - 8.1)	NS	361	9.7%	(6.6 - 14.0)	9,514	9.2%	(8.4 - 10.2)	NS	622	6.3%	(4.2 - 9.2)	14,392	5.9%	(5.2 - 6.6)	NS	No
2012	670	6.2%	(4.0 - 9.4)	18,738	7.2%	(6.6 - 7.7)	NS	260	9.1%	(5.4 - 15.0)	7,668	8.5%	(7.7 - 9.4)	NS	410	3.3%	(1.6 - 6.5)	11,070	5.9%	(5.3 - 6.6)	NS	No
2013	562	9.3%	(6.0 - 14.1)	16,513	6.8%	(6.2 - 7.5)	NS	233	7.5%	(3.7 - 14.5)	6,698	7.3%	(6.4 - 8.3)	NS	329	11.1%	(6.4 - 18.6)	9,815	6.3%	(5.5 - 7.2)	NS	No
2014	916	6.8%	(5.0 - 9.1)	21,447	6.4%	(5.9 - 7.0)	NS	393	8.3%	(5.6 - 12.2)	9,158	7.5%	(6.7 - 8.5)	NS	523	5.3%	(3.4 - 8.4)	12,289	5.3%	(4.7 - 6.1)	NS	No
2015	705	6.5%	(4.6 - 9.2)	16,815	5.7%	(5.1 - 6.4)	NS	339	8.9%	(6.0 - 13.0)	7,214	7.0%	(6.0 - 8.1)	NS	366	4.2%	(2.1 - 8.2)	9,601	4.6%	(3.9 - 5.3)	NS	No
2016	645	6.7%	(4.8 - 9.2)	14,634	6.6%	(5.9 - 7.3)	NS	270	9.9%	(6.7 - 14.4)	6,376	8.0%	(7.0 - 9.1)	NS	375	3.4%	(1.9 - 6.1)	8,258	5.2%	(4.4 - 6.2)	NS	Yes
Alcohol impaired driving in past 30 days																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	680	4.8%	(2.9 - 7.7)	18,895	3.4%	(3.1 - 3.8)	NS	263	8.7%	(5.1 - 14.3)	7,741	5.5%	(4.9 - 6.3)	NS	417	1.0%	(0.3 - 3.0)	11,154	1.4%	(1.1 - 1.8)	NS	Yes
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	922	3.5%	(2.3 - 5.4)	21,627	2.5%	(2.2 - 2.9)	NS	393	5.8%	(3.7 - 9.2)	9,242	4.2%	(3.5 - 4.9)	NS	529	1.3%	(0.4 - 4.0)	12,385	1.0%	(0.7 - 1.3)	NS	No
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	650	5.2%	(3.5 - 7.5)	14,666	3.4%	(2.9 - 3.9)	NS	272	9.3%	(6.2 - 13.7)	6,383	5.1%	(4.3 - 6.0)	+	378	0.9%	(0.3 - 2.7)	8,283	1.7%	(1.3 - 2.4)	NS	Yes

Indicators	Overall						Men						Women						LHD Gender Diff. ^e				
	East Central			State of NE			East Central			State of NE			East Central			State of NE							
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	
Took pain medication prescribed by doctor in past year																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	372	25.1%	(20.1 - 30.9)	11,767	30.2%	(29.1 - 31.4)	NS	137	21.3%	(14.7 - 29.9)	4,835	27.3%	(25.7 - 29.0)	NS	235	28.5%	(21.5 - 36.6)	6,932	33.0%	(31.5 - 34.6)	NS	No	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	308	23.9%	(18.5 - 30.2)	7,858	33.5%	(31.9 - 35.1)	-	153	21.9%	(15.0 - 30.8)	3,283	28.9%	(26.6 - 31.4)	NS	155	26.3%	(18.6 - 35.9)	4,575	37.9%	(35.8 - 40.1)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Had leftover pain meds after last filled script, among those who took pain meds in past year																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	104	35.9%	(24.9 - 48.7)	3,848	49.2%	(46.9 - 51.4)	NS	32	-*	-* - *	1,423	43.9%	(40.4 - 47.4)	NA	72	42.3%	(28.1 - 57.9)	2,425	53.4%	(50.5 - 56.3)	NS	NA	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	84	49.4%	(36.0 - 62.9)	2,684	45.7%	(42.8 - 48.7)	NS	39	-*	-* - *	995	42.6%	(37.9 - 47.4)	NA	45	-*	-* - *	1,689	48.0%	(44.4 - 51.7)	NA	NA	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Used marijuana in past 30 days																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	636	1.5%	(0.7 - 3.1)	14,160	4.9%	(4.2 - 5.7)	-	266	2.3%	(1.0 - 5.4)	6,143	7.2%	(6.0 - 8.6)	-	370	0.6%	(0.1 - 2.9)	8,017	2.7%	(2.1 - 3.5)	NS	No	
Immunization and Infectious Disease																							
Had a flu vaccination in past year, aged 18 years and older																							
2011	995	42.3%	(38.7 - 46.1)	24,156	41.1%	(40.2 - 42.0)	NS	368	36.7%	(31.2 - 42.7)	9,663	35.1%	(33.8 - 36.5)	NS	627	47.9%	(43.4 - 52.6)	14,493	46.8%	(45.6 - 48.1)	NS	Yes	
2012	681	41.3%	(36.6 - 46.3)	18,903	42.2%	(41.2 - 43.2)	NS	265	32.9%	(26.6 - 40.0)	7,754	36.8%	(35.4 - 38.2)	NS	416	49.7%	(43.0 - 56.3)	11,149	47.5%	(46.1 - 48.8)	NS	Yes	
2013	541	48.1%	(42.6 - 53.7)	16,022	45.2%	(43.9 - 46.4)	NS	222	49.2%	(40.6 - 57.8)	6,506	41.2%	(39.4 - 43.1)	NS	319	47.2%	(40.2 - 54.2)	9,516	48.9%	(47.2 - 50.6)	NS	No	
2014	927	47.3%	(43.5 - 51.2)	21,638	43.9%	(42.9 - 45.0)	NS	398	40.5%	(34.9 - 46.3)	9,262	38.8%	(37.3 - 40.4)	NS	529	53.9%	(48.8 - 59.0)	12,376	48.9%	(47.4 - 50.3)	NS	Yes	
2015	652	46.3%	(41.7 - 50.9)	16,091	47.2%	(46.0 - 48.4)	NS	315	43.0%	(36.6 - 49.7)	6,883	40.8%	(39.0 - 42.6)	NS	337	49.6%	(43.2 - 56.0)	9,208	53.4%	(51.7 - 55.0)	NS	No	
2016	650	44.5%	(40.2 - 49.0)	14,685	44.4%	(43.1 - 45.7)	NS	273	38.3%	(32.0 - 45.0)	6,401	39.4%	(37.5 - 41.3)	NS	377	50.9%	(45.1 - 56.7)	8,284	49.3%	(47.6 - 51.1)	NS	Yes	
Had a flu vaccination in past year, aged 65 years and older ^h																							
2011	362	59.8%	(53.9 - 65.4)	8,185	61.8%	(60.3 - 63.3)	NS	122	56.0%	(46.0 - 65.6)	2,875	59.6%	(57.1 - 62.1)	NS	240	62.5%	(55.5 - 69.0)	5,310	63.4%	(61.5 - 65.3)	NS	No	
2012	259	58.5%	(50.8 - 65.8)	6,625	62.9%	(61.2 - 64.6)	NS	82	49.2%	(36.6 - 61.9)	2,327	60.9%	(58.1 - 63.6)	NS	177	65.9%	(57.0 - 73.7)	4,298	64.4%	(62.4 - 66.5)	NS	No	
2013	199	63.7%	(56.1 - 70.7)	5,652	66.2%	(64.2 - 68.1)	NS	64	77.5%	(65.2 - 86.3)	2,067	67.6%	(64.4 - 70.6)	NS	135	55.2%	(45.9 - 64.2)	3,585	65.0%	(62.6 - 67.4)	NS	Yes	
2014	324	70.0%	(63.9 - 75.5)	7,610	64.7%	(63.2 - 66.2)	NS	123	74.2%	(65.2 - 81.5)	2,971	65.9%	(63.5 - 68.3)	NS	201	67.2%	(58.9 - 74.6)	4,639	63.8%	(61.8 - 65.7)	NS	No	
2015	215	66.4%	(58.8 - 73.1)	5,578	65.2%	(63.4 - 67.0)	NS	97	67.6%	(56.4 - 77.1)	2,119	64.1%	(61.1 - 66.9)	NS	118	65.3%	(54.9 - 74.3)	3,459	66.1%	(63.9 - 68.2)	NS	No	
2016	212	69.2%	(61.9 - 75.7)	5,130	62.7%	(60.8 - 64.6)	NS	68	61.4%	(48.3 - 73.0)	1,967	62.8%	(59.8 - 65.6)	NS	144	74.5%	(66.1 - 81.4)	3,163	62.7%	(60.2 - 65.1)	+	No	
Ever had a pneumonia vaccination, aged 65 years and older ^h																							
2011	354	66.3%	(60.4 - 71.7)	7,997	70.3%	(68.8 - 71.7)	NS	118	67.4%	(57.1 - 76.3)	2,772	66.7%	(64.2 - 69.1)	NS	236	65.4%	(58.3 - 71.9)	5,225	72.9%	(71.2 - 74.5)	NS	No	
2012	250	65.1%	(57.3 - 72.1)	6,413	70.0%	(68.4 - 71.6)	NS	78	60.4%	(46.6 - 72.8)	2,225	66.9%	(64.1 - 69.6)	NS	172	68.7%	(60.3 - 76.1)	4,188	72.3%	(70.3 - 74.1)	NS	No	
2013	192	63.2%	(55.3 - 70.4)	5,478	71.7%	(69.8 - 73.4)	NS	61	66.0%	(52.0 - 77.7)	1,970	71.5%	(68.5 - 74.3)	NS	131	61.4%	(52.0 - 70.1)	3,508	71.8%	(69.4 - 74.0)	NS	No	
2014	310	68.9%	(62.4 - 74.7)	7,372	72.3%	(70.9 - 73.7)	NS	116	68.7%	(58.8 - 77.2)	2,849	70.3%	(67.9 - 72.5)	NS	194	68.9%	(60.2 - 76.5)	4,523	73.9%	(72.1 - 75.7)	NS	No	
2015	209	75.5%	(68.3 - 81.4)	5,452	73.8%	(72.1 - 75.4)	NS	93	74.1%	(63.5 - 82.5)	2,056	70.3%	(67.4 - 73.0)	NS	116	76.6%	(66.4 - 84.4)	3,396	76.5%	(74.5 - 78.4)	NS	No	
2016	210	68.9%	(61.2 - 75.7)	5,060	75.9%	(74.2 - 77.5)	NS	67	58.5%	(45.0 - 70.8)	1,927	73.7%	(70.9 - 76.3)	-	143	75.9%	(67.2 - 82.9)	3,133	77.6%	(75.5 - 79.7)	NS	No	
Had a tetanus vaccination since 2005																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	499	53.4%	(47.7 - 58.9)	14,650	60.2%	(58.9 - 61.5)	NS	208	60.0%	(51.2 - 68.2)	6,015	63.1%	(61.1 - 65.0)	NS	291	47.0%	(39.7 - 54.4)	8,635	57.4%	(55.6 - 59.1)	-	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	608	61.6%	(57.0 - 66.0)	13,574	64.2%	(62.9 - 65.4)	NS	255	66.0%	(59.2 - 72.3)	5,939	67.5%	(65.5 - 69.3)	NS	353	57.0%	(50.9 - 62.9)	7,635	60.9%	(59.2 - 62.7)	NS	No	

Indicators	Overall						Men						Women						LHD Gender Diff. ^e				
	East Central			State of NE			East Central			State of NE			East Central			State of NE							
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	
Ever had a shingles vaccination, aged 50 years and older																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	588	32.4%	(28.3 - 36.6)	14,246	27.9%	(26.9 - 28.9)	NS	240	30.2%	(24.1 - 37.1)	5,892	25.7%	(24.2 - 27.3)	NS	348	34.1%	(28.9 - 39.6)	8,354	29.8%	(28.4 - 31.3)	NS	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Ever been tested for HIV, 18-64 year olds (excluding blood donation)																							
2011	612	20.1%	(16.6 - 24.1)	15,561	30.8%	(29.7 - 31.8)	-	242	14.1%	(9.8 - 19.8)	6,612	28.4%	(27.0 - 29.9)	-	370	26.9%	(21.8 - 32.8)	8,949	33.1%	(31.7 - 34.6)	NS	Yes	
2012	416	24.1%	(19.1 - 29.9)	11,879	30.9%	(29.8 - 32.1)	NS	181	21.0%	(14.2 - 30.0)	5,254	27.9%	(26.3 - 29.5)	NS	235	27.3%	(20.5 - 35.4)	6,625	34.0%	(32.4 - 35.7)	NS	No	
2013	332	21.0%	(16.1 - 27.0)	10,049	31.8%	(30.3 - 33.3)	-	150	14.8%	(9.6 - 22.0)	4,304	29.1%	(27.0 - 31.3)	-	182	27.6%	(19.8 - 37.0)	5,745	34.4%	(32.5 - 36.4)	NS	No	
2014	583	21.6%	(18.0 - 25.8)	13,474	30.9%	(29.6 - 32.2)	-	264	19.2%	(14.3 - 25.3)	6,042	28.6%	(26.8 - 30.5)	-	319	24.2%	(19.1 - 30.2)	7,432	33.2%	(31.4 - 35.0)	-	No	
2015	423	25.7%	(20.6 - 31.5)	10,152	32.0%	(30.6 - 33.5)	NS	210	23.9%	(17.2 - 32.2)	4,604	29.2%	(27.2 - 31.4)	NS	213	27.5%	(20.4 - 35.9)	5,548	34.9%	(32.9 - 36.9)	NS	No	
2016	419	24.5%	(19.8 - 29.8)	9,145	31.9%	(30.4 - 33.5)	-	198	21.7%	(15.2 - 30.0)	4,263	28.5%	(26.4 - 30.7)	NS	221	27.7%	(21.5 - 34.9)	4,882	35.4%	(33.2 - 37.6)	NS	No	
Oral Health																							
Visited a dentist or dental clinic for any reason in past year ^a																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	687	61.2%	(56.0 - 66.2)	19,052	67.6%	(66.6 - 68.5)	-	268	56.3%	(48.4 - 63.8)	7,827	64.2%	(62.7 - 65.6)	NS	419	66.2%	(59.5 - 72.3)	11,225	70.9%	(69.6 - 72.1)	NS	No	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	960	64.0%	(60.3 - 67.7)	22,258	66.4%	(65.4 - 67.4)	NS	417	63.7%	(57.9 - 69.0)	9,544	63.2%	(61.7 - 64.8)	NS	543	64.4%	(59.4 - 69.2)	12,714	69.5%	(68.1 - 70.8)	NS	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	657	67.2%	(62.9 - 71.2)	15,089	68.7%	(67.5 - 69.9)	NS	277	61.1%	(54.4 - 67.4)	6,597	65.9%	(64.1 - 67.7)	NS	380	73.4%	(67.8 - 78.2)	8,492	71.4%	(69.8 - 73.0)	NS	Yes	
Had any permanent teeth extracted due to tooth decay or gum disease																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	679	46.3%	(41.4 - 51.4)	18,824	39.8%	(38.8 - 40.8)	+	264	44.4%	(37.1 - 52.0)	7,750	39.2%	(37.7 - 40.6)	NS	415	48.3%	(41.7 - 54.9)	11,074	40.4%	(39.1 - 41.7)	NS	No	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	953	44.3%	(40.5 - 48.1)	22,085	39.1%	(38.1 - 40.1)	+	413	39.2%	(33.9 - 44.8)	9,490	39.4%	(37.9 - 40.9)	NS	540	49.5%	(44.4 - 54.5)	12,595	38.9%	(37.5 - 40.2)	+	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	658	43.4%	(39.0 - 47.8)	14,988	38.2%	(37.0 - 39.4)	NS	276	46.3%	(39.6 - 53.0)	6,559	37.6%	(35.8 - 39.3)	+	382	40.4%	(35.0 - 46.2)	8,429	38.9%	(37.3 - 40.5)	NS	No	
Had any permanent teeth extracted due to tooth decay or gum disease, 45-64 year olds ^a																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	274	52.2%	(45.3 - 59.0)	7,138	47.7%	(46.1 - 49.3)	NS	124	52.6%	(42.6 - 62.4)	3,077	48.7%	(46.3 - 51.1)	NS	150	51.7%	(42.6 - 60.6)	4,061	46.7%	(44.6 - 48.8)	NS	No	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	336	49.8%	(43.7 - 55.8)	8,200	45.9%	(44.3 - 47.5)	NS	146	46.9%	(37.7 - 56.3)	3,631	47.5%	(45.1 - 50.0)	NS	190	52.6%	(44.8 - 60.2)	4,569	44.3%	(42.1 - 46.5)	NS	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	238	47.5%	(40.5 - 54.6)	5,356	45.1%	(43.1 - 47.1)	NS	120	51.2%	(41.3 - 61.0)	2,446	46.4%	(43.5 - 49.3)	NS	118	42.6%	(33.2 - 52.6)	2,910	43.8%	(41.2 - 46.5)	NS	No	
Had all permanent teeth extracted due to tooth decay or gum disease, aged 65 years and older																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	256	17.8%	(12.5 - 24.8)	6,502	13.4%	(12.3 - 14.5)	NS	79	16.1%	(8.1 - 29.3)	2,313	12.0%	(10.3 - 13.9)	NS	177	19.2%	(12.9 - 27.5)	4,189	14.4%	(13.0 - 16.0)	NS	No	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	326	17.1%	(12.4 - 22.9)	7,657	14.1%	(13.0 - 15.2)	NS	126	14.3%	(8.4 - 23.5)	3,010	14.4%	(12.8 - 16.3)	NS	200	19.1%	(12.9 - 27.3)	4,647	13.8%	(12.5 - 15.2)	NS	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	210	17.2%	(12.0 - 24.1)	5,179	13.2%	(11.9 - 14.6)	NS	67	18.0%	(9.5 - 31.3)	1,993	10.6%	(9.0 - 12.5)	NS	143	16.7%	(10.8 - 24.9)	3,186	15.3%	(13.5 - 17.3)	NS	No	
Had all permanent teeth extracted due to tooth decay or gum disease, 65-74 year olds ^a																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	110	14.9%	(8.1 - 25.8)	3,149	11.3%	(9.9 - 12.8)	NS	46	-*	-* - *	1,268	9.3%	(7.5 - 11.4)	NA	64	20.3%	(10.0 - 36.8)	1,881	13.1%	(11.1 - 15.3)	NS	NA	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	171	12.7%	(7.3 - 21.3)	4,089	10.9%	(9.6 - 12.3)	NS	70	4.9%	(1.7 - 13.5)	1,804	12.0%	(9.9 - 14.4)	NS	101	18.1%	(9.8 - 31.1)	2,285	9.8%	(8.3 - 11.7)	NS	No	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	98	11.5%	(5.6 - 22.2)	2,815	10.4%	(9.0 - 12.0)	NS	36	-*	-* - *	1,168	8.8%	(6.9 - 11.2)	NA	62	4.9%	(1.7 - 13.1)	1,647	11.8%	(9.9 - 14.1)	NS	NA	

Indicators	Overall						Men						Women						LHD Gender Diff. ^e			
	East Central			State of NE			East Central			State of NE			East Central			State of NE						
	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d	n ^a	mean or % ^b	95% C.I. ^c (Low - High)	n ^a		mean or % ^b	95% C.I. ^c (Low - High)	Sig ^d
Occupational Safety and Health																						
Work-related injury or illness in past year, among employed or recently out of work																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	161	5.9%	(2.7 - 12.5)	4,952	4.8%	(3.9 - 5.8)	NS	70	9.5%	(3.9 - 21.5)	2,246	6.1%	(4.8 - 7.7)	NS	91	1.8%	(0.6 - 5.7)	2,706	3.3%	(2.2 - 4.9)	NS	No
2014	299	7.2%	(3.3 - 14.8)	6,966	4.9%	(4.1 - 5.9)	NS	145	11.0%	(4.5 - 24.6)	3,403	5.4%	(4.4 - 6.7)	NS	154	3.0%	(1.0 - 8.7)	3,563	4.3%	(3.1 - 6.0)	NS	No
2015	240	3.5%	(1.7 - 7.1)	5,434	5.7%	(4.7 - 6.8)	NS	127	3.1%	(1.2 - 7.5)	2,727	7.1%	(5.6 - 9.0)	NS	113	4.0%	(1.3 - 11.7)	2,707	3.9%	(2.9 - 5.3)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Note: Data reflect the four county LHD region of Boon, Colfax, Nance, and Platte Counties

Note: Data reflect both landline and cell phone responses

Note: This table is not intended to be inclusive of all BRFSS indicators; some were excluded due to small numbers at the LHD level

Note: This table excludes 2011 BRFSS optional module and state added questions data due to the data being headline only

Note: The results in this table may be slightly different than results in previously published reports and tables due differences in the software used and/or how the statistical analysis code was written; these results were analyzed using SAS and SAS-callable SUDAAN software

^a Non-weighted sample size among adults 18 and older (unless different age group noted)

^b Weighted mean, median, or percentage (percentages are followed by the % symbol) among adults 18 and older (unless different age group noted)

^c Low and High are the lower and upper limits of the 95% confidence interval, respectively

^d Symbols represent: "+" = LHD value significantly higher than the state value; "-" = LHD value significantly lower than the state value; "NS" = LHD value not statistically different than the state value; significant differences based on 95% confidence interval overlap

^e Indicates whether there is a significant difference by gender within the LHD region, based on non-overlapping 95% confidence intervals; note that small sample sizes for males and females can make interpreting significance difficult due to large confidence intervals

^f Reflects a Nebraska Healthy People 2020 (HP2020) measure

* Data suppressed due to a small number of respondents (i.e., fewer than 50)

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS); January 2018

