





| Indicators                                                                          | Overall        |                           |                                       |                |                           |                                       | Men              |                |                           |                                       |                |                           | Women                                 |                  |                |                           |                                       |                | LHD<br>Gender<br>Diff. <sup>e</sup> |                           |                                       |                  |
|-------------------------------------------------------------------------------------|----------------|---------------------------|---------------------------------------|----------------|---------------------------|---------------------------------------|------------------|----------------|---------------------------|---------------------------------------|----------------|---------------------------|---------------------------------------|------------------|----------------|---------------------------|---------------------------------------|----------------|-------------------------------------|---------------------------|---------------------------------------|------------------|
|                                                                                     | Douglas County |                           |                                       | State of NE    |                           |                                       | Douglas County   |                |                           | State of NE                           |                |                           | Douglas County                        |                  |                | State of NE               |                                       |                |                                     |                           |                                       |                  |
|                                                                                     | n <sup>a</sup> | mean<br>or % <sup>b</sup> | 95% C.I. <sup>c</sup><br>(Low - High) | n <sup>a</sup> | mean<br>or % <sup>b</sup> | 95% C.I. <sup>c</sup><br>(Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean<br>or % <sup>b</sup> | 95% C.I. <sup>c</sup><br>(Low - High) | n <sup>a</sup> | mean<br>or % <sup>b</sup> | 95% C.I. <sup>c</sup><br>(Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean<br>or % <sup>b</sup> | 95% C.I. <sup>c</sup><br>(Low - High) | n <sup>a</sup> |                                     | mean<br>or % <sup>b</sup> | 95% C.I. <sup>c</sup><br>(Low - High) | Sig <sup>d</sup> |
| <b>Heart Disease and Stroke</b>                                                     |                |                           |                                       |                |                           |                                       |                  |                |                           |                                       |                |                           |                                       |                  |                |                           |                                       |                |                                     |                           |                                       |                  |
| Ever told they had a heart attack                                                   |                |                           |                                       |                |                           |                                       |                  |                |                           |                                       |                |                           |                                       |                  |                |                           |                                       |                |                                     |                           |                                       |                  |
| 2011                                                                                | 4,392          | 4.3%                      | (3.6 - 5.2)                           | 25,292         | 4.3%                      | (4.0 - 4.7)                           | NS               | 1,783          | 5.8%                      | (4.6 - 7.3)                           | 10,194         | 5.7%                      | (5.2 - 6.3)                           | NS               | 2,609          | 2.8%                      | (2.1 - 3.9)                           | 15,098         | 2.9%                                | (2.6 - 3.3)               | NS                                    | Yes              |
| 2012                                                                                | 3,565          | 3.7%                      | (3.1 - 4.4)                           | 19,102         | 4.1%                      | (3.7 - 4.4)                           | NS               | 1,484          | 4.9%                      | (3.8 - 6.2)                           | 7,842          | 5.3%                      | (4.8 - 6.0)                           | NS               | 2,081          | 2.6%                      | (1.9 - 3.4)                           | 11,260         | 2.9%                                | (2.5 - 3.2)               | NS                                    | Yes              |
| 2013                                                                                | 1,700          | 3.5%                      | (2.6 - 4.7)                           | 17,035         | 4.0%                      | (3.6 - 4.4)                           | NS               | 696            | 4.3%                      | (2.9 - 6.3)                           | 6,925          | 5.2%                      | (4.6 - 5.9)                           | NS               | 1,004          | 2.7%                      | (1.7 - 4.3)                           | 10,110         | 2.9%                                | (2.4 - 3.4)               | NS                                    | No               |
| 2014                                                                                | 2,623          | 3.1%                      | (2.5 - 3.9)                           | 22,309         | 3.8%                      | (3.5 - 4.2)                           | NS               | 1,104          | 4.4%                      | (3.3 - 5.9)                           | 9,541          | 5.1%                      | (4.6 - 5.6)                           | NS               | 1,519          | 1.9%                      | (1.3 - 2.8)                           | 12,768         | 2.6%                                | (2.3 - 3.0)               | NS                                    | Yes              |
| 2015                                                                                | 2,196          | 3.0%                      | (2.3 - 3.9)                           | 17,455         | 3.9%                      | (3.5 - 4.3)                           | NS               | 888            | 4.3%                      | (3.0 - 6.2)                           | 7,530          | 5.3%                      | (4.7 - 6.0)                           | NS               | 1,308          | 1.7%                      | (1.2 - 2.5)                           | 9,925          | 2.5%                                | (2.2 - 2.9)               | NS                                    | Yes              |
| 2016                                                                                | 1,609          | 3.5%                      | (2.7 - 4.5)                           | 15,111         | 4.0%                      | (3.6 - 4.4)                           | NS               | 704            | 4.6%                      | (3.4 - 6.3)                           | 6,598          | 5.0%                      | (4.4 - 5.6)                           | NS               | 905            | 2.5%                      | (1.6 - 3.7)                           | 8,513          | 3.0%                                | (2.6 - 3.6)               | NS                                    | No               |
| Ever told they have coronary heart disease                                          |                |                           |                                       |                |                           |                                       |                  |                |                           |                                       |                |                           |                                       |                  |                |                           |                                       |                |                                     |                           |                                       |                  |
| 2011                                                                                | 4,363          | 3.8%                      | (3.1 - 4.6)                           | 25,121         | 3.9%                      | (3.6 - 4.2)                           | NS               | 1,762          | 4.5%                      | (3.5 - 5.8)                           | 10,110         | 4.8%                      | (4.4 - 5.3)                           | NS               | 2,601          | 3.1%                      | (2.3 - 4.2)                           | 15,011         | 3.1%                                | (2.7 - 3.4)               | NS                                    | No               |
| 2012                                                                                | 3,541          | 3.1%                      | (2.5 - 3.8)                           | 18,988         | 3.9%                      | (3.6 - 4.3)                           | NS               | 1,478          | 3.9%                      | (3.0 - 5.0)                           | 7,796          | 4.9%                      | (4.4 - 5.5)                           | NS               | 2,063          | 2.4%                      | (1.8 - 3.2)                           | 11,192         | 3.0%                                | (2.6 - 3.4)               | NS                                    | No               |
| 2013                                                                                | 1,701          | 3.4%                      | (2.5 - 4.5)                           | 16,942         | 4.1%                      | (3.7 - 4.5)                           | NS               | 699            | 4.0%                      | (2.7 - 5.9)                           | 6,884          | 5.1%                      | (4.5 - 5.8)                           | NS               | 1,002          | 2.8%                      | (1.8 - 4.2)                           | 10,058         | 3.0%                                | (2.6 - 3.6)               | NS                                    | No               |
| 2014                                                                                | 2,617          | 3.5%                      | (2.8 - 4.3)                           | 22,202         | 3.9%                      | (3.6 - 4.3)                           | NS               | 1,101          | 4.6%                      | (3.5 - 6.1)                           | 9,509          | 4.8%                      | (4.3 - 5.4)                           | NS               | 1,516          | 2.5%                      | (1.8 - 3.4)                           | 12,693         | 3.1%                                | (2.7 - 3.5)               | NS                                    | Yes              |
| 2015                                                                                | 2,189          | 3.3%                      | (2.6 - 4.3)                           | 17,403         | 4.0%                      | (3.6 - 4.3)                           | NS               | 885            | 4.7%                      | (3.3 - 6.5)                           | 7,503          | 5.0%                      | (4.4 - 5.7)                           | NS               | 1,304          | 2.1%                      | (1.5 - 3.0)                           | 9,900          | 2.9%                                | (2.6 - 3.3)               | NS                                    | Yes              |
| 2016                                                                                | 1,605          | 3.6%                      | (2.8 - 4.6)                           | 15,078         | 3.8%                      | (3.4 - 4.2)                           | NS               | 702            | 4.0%                      | (2.9 - 5.6)                           | 6,590          | 4.4%                      | (3.9 - 5.0)                           | NS               | 903            | 3.1%                      | (2.2 - 4.5)                           | 8,488          | 3.1%                                | (2.7 - 3.7)               | NS                                    | No               |
| Ever told they had a heart attack or coronary heart disease                         |                |                           |                                       |                |                           |                                       |                  |                |                           |                                       |                |                           |                                       |                  |                |                           |                                       |                |                                     |                           |                                       |                  |
| 2011                                                                                | 4,365          | 5.9%                      | (5.1 - 6.9)                           | 25,158         | 6.4%                      | (6.0 - 6.7)                           | NS               | 1,767          | 7.5%                      | (6.1 - 9.2)                           | 10,143         | 8.0%                      | (7.4 - 8.7)                           | NS               | 2,598          | 4.4%                      | (3.5 - 5.6)                           | 15,015         | 4.8%                                | (4.4 - 5.2)               | NS                                    | Yes              |
| 2012                                                                                | 3,547          | 5.5%                      | (4.7 - 6.3)                           | 18,998         | 6.2%                      | (5.8 - 6.6)                           | NS               | 1,479          | 7.0%                      | (5.8 - 8.6)                           | 7,806          | 7.8%                      | (7.1 - 8.5)                           | NS               | 2,068          | 4.0%                      | (3.1 - 5.0)                           | 11,192         | 4.6%                                | (4.2 - 5.1)               | NS                                    | Yes              |
| 2013                                                                                | 1,697          | 4.9%                      | (3.8 - 6.3)                           | 16,935         | 6.2%                      | (5.7 - 6.7)                           | NS               | 695            | 5.8%                      | (4.2 - 8.0)                           | 6,882          | 7.7%                      | (7.0 - 8.6)                           | NS               | 1,002          | 4.1%                      | (2.8 - 5.9)                           | 10,053         | 4.7%                                | (4.1 - 5.3)               | NS                                    | No               |
| 2014                                                                                | 2,610          | 5.1%                      | (4.3 - 6.1)                           | 22,180         | 6.0%                      | (5.6 - 6.4)                           | NS               | 1,094          | 6.7%                      | (5.3 - 8.5)                           | 9,493          | 7.4%                      | (6.8 - 8.1)                           | NS               | 1,516          | 3.6%                      | (2.8 - 4.7)                           | 12,687         | 4.6%                                | (4.1 - 5.0)               | NS                                    | Yes              |
| 2015                                                                                | 2,183          | 4.8%                      | (3.8 - 5.9)                           | 17,383         | 5.8%                      | (5.4 - 6.3)                           | NS               | 883            | 6.5%                      | (4.8 - 8.7)                           | 7,503          | 7.5%                      | (6.7 - 8.3)                           | NS               | 1,300          | 3.1%                      | (2.3 - 4.2)                           | 9,880          | 4.3%                                | (3.9 - 4.8)               | NS                                    | Yes              |
| 2016                                                                                | 1,601          | 5.4%                      | (4.4 - 6.6)                           | 15,021         | 5.8%                      | (5.4 - 6.3)                           | NS               | 700            | 6.5%                      | (5.0 - 8.5)                           | 6,558          | 6.9%                      | (6.2 - 7.7)                           | NS               | 901            | 4.3%                      | (3.2 - 5.9)                           | 8,463          | 4.7%                                | (4.1 - 5.3)               | NS                                    | No               |
| Ever told they had a stroke                                                         |                |                           |                                       |                |                           |                                       |                  |                |                           |                                       |                |                           |                                       |                  |                |                           |                                       |                |                                     |                           |                                       |                  |
| 2011                                                                                | 4,402          | 2.2%                      | (1.7 - 2.9)                           | 25,355         | 2.6%                      | (2.4 - 2.9)                           | NS               | 1,782          | 1.9%                      | (1.3 - 2.9)                           | 10,209         | 2.4%                      | (2.1 - 2.8)                           | NS               | 2,620          | 2.5%                      | (1.8 - 3.5)                           | 15,146         | 2.8%                                | (2.5 - 3.2)               | NS                                    | No               |
| 2012                                                                                | 3,561          | 2.5%                      | (2.0 - 3.1)                           | 19,118         | 2.4%                      | (2.2 - 2.7)                           | NS               | 1,486          | 2.7%                      | (1.9 - 3.7)                           | 7,851          | 2.7%                      | (2.3 - 3.1)                           | NS               | 2,075          | 2.3%                      | (1.7 - 3.1)                           | 11,267         | 2.2%                                | (1.9 - 2.6)               | NS                                    | No               |
| 2013                                                                                | 1,705          | 2.1%                      | (1.5 - 2.9)                           | 17,080         | 2.5%                      | (2.2 - 2.8)                           | NS               | 700            | 1.3%                      | (0.7 - 2.5)                           | 6,954          | 2.2%                      | (1.9 - 2.6)                           | NS               | 1,005          | 2.7%                      | (1.8 - 4.1)                           | 10,126         | 2.8%                                | (2.4 - 3.3)               | NS                                    | No               |
| 2014                                                                                | 2,629          | 2.1%                      | (1.6 - 2.7)                           | 22,359         | 2.6%                      | (2.4 - 2.9)                           | NS               | 1,108          | 1.9%                      | (1.3 - 2.8)                           | 9,576          | 2.7%                      | (2.3 - 3.1)                           | NS               | 1,521          | 2.3%                      | (1.5 - 3.1)                           | 12,783         | 2.6%                                | (2.2 - 3.0)               | NS                                    | No               |
| 2015                                                                                | 2,207          | 2.7%                      | (2.0 - 3.5)                           | 17,509         | 2.5%                      | (2.3 - 2.9)                           | NS               | 891            | 2.2%                      | (1.5 - 3.3)                           | 7,550          | 2.7%                      | (2.2 - 3.1)                           | NS               | 1,316          | 3.1%                      | (2.2 - 4.3)                           | 9,959          | 2.4%                                | (2.1 - 2.8)               | NS                                    | No               |
| 2016                                                                                | 1,608          | 3.1%                      | (2.3 - 4.2)                           | 15,154         | 2.8%                      | (2.5 - 3.2)                           | NS               | 704            | 3.1%                      | (2.0 - 4.8)                           | 6,627          | 2.6%                      | (2.1 - 3.1)                           | NS               | 904            | 3.1%                      | (2.1 - 4.6)                           | 8,527          | 3.0%                                | (2.5 - 3.6)               | NS                                    | No               |
| <b>Blood Pressure and Cholesterol</b>                                               |                |                           |                                       |                |                           |                                       |                  |                |                           |                                       |                |                           |                                       |                  |                |                           |                                       |                |                                     |                           |                                       |                  |
| Had blood pressure checked in past year                                             |                |                           |                                       |                |                           |                                       |                  |                |                           |                                       |                |                           |                                       |                  |                |                           |                                       |                |                                     |                           |                                       |                  |
| 2011                                                                                | -              | -                         | -                                     | -              | -                         | -                                     | -                | -              | -                         | -                                     | -              | -                         | -                                     | -                | -              | -                         | -                                     | -              | -                                   | -                         | -                                     | -                |
| 2012                                                                                | -              | -                         | -                                     | -              | -                         | -                                     | -                | -              | -                         | -                                     | -              | -                         | -                                     | -                | -              | -                         | -                                     | -              | -                                   | -                         | -                                     | -                |
| 2013                                                                                | 738            | 84.5%                     | (80.1 - 88.0)                         | 7,804          | 84.6%                     | (83.1 - 86.0)                         | NS               | 284            | 81.6%                     | (74.6 - 87.0)                         | 3,150          | 81.2%                     | (78.8 - 83.4)                         | NS               | 454            | 86.6%                     | (80.6 - 91.0)                         | 4,654          | 87.8%                               | (85.8 - 89.5)             | NS                                    | No               |
| 2014                                                                                | -              | -                         | -                                     | -              | -                         | -                                     | -                | -              | -                         | -                                     | -              | -                         | -                                     | -                | -              | -                         | -                                     | -              | -                                   | -                         | -                                     | -                |
| 2015                                                                                | 1,002          | 87.3%                     | (83.4 - 90.4)                         | 7,947          | 88.0%                     | (86.6 - 89.2)                         | NS               | 403            | 87.4%                     | (81.8 - 91.4)                         | 3,461          | 85.2%                     | (83.1 - 87.1)                         | NS               | 599            | 87.2%                     | (81.3 - 91.5)                         | 4,486          | 90.6%                               | (88.8 - 92.2)             | NS                                    | No               |
| 2016                                                                                | -              | -                         | -                                     | -              | -                         | -                                     | -                | -              | -                         | -                                     | -              | -                         | -                                     | -                | -              | -                         | -                                     | -              | -                                   | -                         | -                                     | -                |
| Ever told they have high blood pressure (excluding pregnancy) <sup>a</sup>          |                |                           |                                       |                |                           |                                       |                  |                |                           |                                       |                |                           |                                       |                  |                |                           |                                       |                |                                     |                           |                                       |                  |
| 2011                                                                                | 4,403          | 27.3%                     | (25.5 - 29.1)                         | 25,356         | 28.5%                     | (27.8 - 29.3)                         | NS               | 1,783          | 29.2%                     | (26.4 - 32.0)                         | 10,212         | 30.3%                     | (29.1 - 31.5)                         | NS               | 2,620          | 25.5%                     | (23.2 - 27.9)                         | 15,144         | 26.9%                               | (25.9 - 27.9)             | NS                                    | No               |
| 2012                                                                                | -              | -                         | -                                     | -              | -                         | -                                     | -                | -              | -                         | -                                     | -              | -                         | -                                     | -                | -              | -                         | -                                     | -              | -                                   | -                         | -                                     | -                |
| 2013                                                                                | 1,702          | 28.9%                     | (26.2 - 31.7)                         | 17,085         | 30.3%                     | (29.2 - 31.4)                         | NS               | 697            | 30.5%                     | (26.4 - 35.0)                         | 6,956          | 32.5%                     | (30.8 - 34.1)                         | NS               | 1,005          | 27.4%                     | (24.0 - 31.0)                         | 10,129         | 28.2%                               | (26.9 - 29.6)             | NS                                    | No               |
| 2014                                                                                | -              | -                         | -                                     | -              | -                         | -                                     | -                | -              | -                         | -                                     | -              | -                         | -                                     | -                | -              | -                         | -                                     | -              | -                                   | -                         | -                                     | -                |
| 2015                                                                                | 2,202          | 28.5%                     | (26.2 - 30.9)                         | 17,515         | 29.9%                     | (28.9 - 30.9)                         | NS               | 889            | 30.5%                     | (26.9 - 34.4)                         | 7,546          | 32.6%                     | (31.1 - 34.2)                         | NS               | 1,313          | 26.6%                     | (23.8 - 29.7)                         | 9,969          | 27.2%                               | (26.0 - 28.5)             | NS                                    | No               |
| 2016                                                                                | -              | -                         | -                                     | -              | -                         | -                                     | -                | -              | -                         | -                                     | -              | -                         | -                                     | -                | -              | -                         | -                                     | -              | -                                   | -                         | -                                     | -                |
| Currently taking blood pressure medication, among those ever told they have high BP |                |                           |                                       |                |                           |                                       |                  |                |                           |                                       |                |                           |                                       |                  |                |                           |                                       |                |                                     |                           |                                       |                  |
| 2011                                                                                | 1,578          | 76.6%                     | (73.2 - 79.8)                         | 9,505          | 77.9%                     | (76.5 - 79.2)                         | NS               | 639            | 71.2%                     | (65.9 - 76.0)                         | 3,877          | 72.0%                     | (69.8 - 74.1)                         | NS               | 939            | 82.5%                     | (78.2 - 86.2)                         | 5,628          | 84.2%                               | (82.5 - 85.7)             | NS                                    | Yes              |
| 2012                                                                                | -              | -                         | -                                     | -              | -                         | -                                     | -                | -              | -                         | -                                     | -              | -                         | -                                     | -                | -              | -                         | -                                     | -              | -                                   | -                         | -                                     | -                |
| 2013                                                                                | 587            | 76.6%                     | (71.2 - 81.2)                         | 6,747          | 78.5%                     | (76.6 - 80.3)                         | NS               | 248            | 69.2%                     | (60.7 - 76.6)                         | 2,828          | 73.1%                     | (70.2 - 75.9)                         | NS               | 339            | 84.2%                     | (77.8 - 89.1)                         | 3,919          | 84.5%                               | (82.3 - 86.4)             | NS                                    | Yes              |
| 2014                                                                                | -              | -                         | -                                     | -              | -                         | -                                     | -                | -              | -                         | -                                     | -              | -                         | -                                     | -                | -              | -                         | -                                     | -              | -                                   | -                         | -                                     | -                |
| 2015                                                                                | 821            | 76.7%                     | (71.9 - 81.0)                         | 6,685          | 77.8%                     | (75.9 - 79.6)                         | NS               | 329            | 73.3%                     | (66.0 - 79.6)                         | 3,016          | 73.0%                     | (70.1 - 75.7)                         | NS               | 492            | 80.4%                     | (73.8 - 85.7)                         | 3,669          | 83.4%                               | (80.9 - 85.6)             | NS                                    | No               |
| 2016                                                                                | -              | -                         | -                                     | -              | -                         | -                                     | -                | -              | -                         | -                                     | -              | -                         | -                                     | -                | -              | -                         | -                                     | -              | -                                   | -                         | -                                     | -                |

| Indicators                                                      | Overall        |                        |                                    |                |                        |                                    | Men              |                |                        |                                    |                |                        | Women                              |                  |                |                        |                                    |                | LHD Gender Diff. <sup>e</sup> |                        |                                    |                  |
|-----------------------------------------------------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|
|                                                                 | Douglas County |                        |                                    | State of NE    |                        |                                    | Douglas County   |                |                        | State of NE                        |                |                        | Douglas County                     |                  |                | State of NE            |                                    |                |                               |                        |                                    |                  |
|                                                                 | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                               | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> |
| <b>Diabetes</b>                                                 |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| Ever told they have diabetes (excluding pregnancy) <sup>a</sup> |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011                                                            | 4,411          | 8.4%                   | (7.4 - 9.6)                        | 25,393         | 8.4%                   | (7.9 - 8.8)                        | NS               | 1,788          | 8.8%                   | (7.2 - 10.7)                       | 10,222         | 8.6%                   | (7.9 - 9.3)                        | NS               | 2,623          | 8.1%                   | (6.8 - 9.7)                        | 15,171         | 8.2%                          | (7.6 - 8.8)            | NS                                 | No               |
| 2012                                                            | 3,569          | 8.1%                   | (7.1 - 9.2)                        | 19,156         | 8.1%                   | (7.6 - 8.6)                        | NS               | 1,487          | 8.1%                   | (6.7 - 9.9)                        | 7,861          | 8.3%                   | (7.6 - 9.1)                        | NS               | 2,082          | 8.0%                   | (6.8 - 9.4)                        | 11,295         | 7.9%                          | (7.3 - 8.5)            | NS                                 | No               |
| 2013                                                            | 1,704          | 9.3%                   | (7.6 - 11.2)                       | 17,110         | 9.2%                   | (8.5 - 9.9)                        | NS               | 703            | 10.0%                  | (7.4 - 13.4)                       | 6,968          | 10.1%                  | (9.0 - 11.2)                       | NS               | 1,001          | 8.5%                   | (6.6 - 11.0)                       | 10,142         | 8.3%                          | (7.5 - 9.2)            | NS                                 | No               |
| 2014                                                            | 2,637          | 9.2%                   | (7.9 - 10.6)                       | 22,388         | 9.2%                   | (8.6 - 9.7)                        | NS               | 1,113          | 9.2%                   | (7.4 - 11.4)                       | 9,598          | 9.7%                   | (8.9 - 10.6)                       | NS               | 1,524          | 9.1%                   | (7.5 - 11.0)                       | 12,790         | 8.6%                          | (7.9 - 9.3)            | NS                                 | No               |
| 2015                                                            | 2,206          | 8.2%                   | (7.0 - 9.7)                        | 17,547         | 8.8%                   | (8.2 - 9.4)                        | NS               | 890            | 8.6%                   | (6.7 - 10.8)                       | 7,565          | 9.0%                   | (8.2 - 9.9)                        | NS               | 1,316          | 7.9%                   | (6.3 - 9.8)                        | 9,982          | 8.6%                          | (7.8 - 9.3)            | NS                                 | No               |
| 2016                                                            | 1,614          | 7.8%                   | (6.4 - 9.4)                        | 15,171         | 8.8%                   | (8.2 - 9.5)                        | NS               | 707            | 7.3%                   | (5.4 - 9.9)                        | 6,630          | 8.7%                   | (7.8 - 9.7)                        | NS               | 907            | 8.2%                   | (6.4 - 10.4)                       | 8,541          | 8.9%                          | (8.1 - 9.8)            | NS                                 | No               |
| Ever told they have pre-diabetes (excluding pregnancy)          |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011                                                            | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2012                                                            | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2013                                                            | 851            | 5.6%                   | (3.8 - 8.1)                        | 8,549          | 5.5%                   | (4.8 - 6.3)                        | NS               | 357            | 5.6%                   | (3.2 - 9.7)                        | 3,452          | 5.9%                   | (4.8 - 7.2)                        | NS               | 494            | 5.5%                   | (3.3 - 9.2)                        | 5,097          | 5.1%                          | (4.1 - 6.2)            | NS                                 | No               |
| 2014                                                            | 1,325          | 5.5%                   | (4.2 - 7.3)                        | 11,165         | 5.8%                   | (5.1 - 6.5)                        | NS               | 563            | 5.8%                   | (3.9 - 8.5)                        | 4,723          | 5.8%                   | (4.8 - 6.9)                        | NS               | 762            | 5.3%                   | (3.5 - 7.8)                        | 6,442          | 5.7%                          | (4.9 - 6.7)            | NS                                 | No               |
| 2015                                                            | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2016                                                            | 1,576          | 7.3%                   | (6.0 - 9.0)                        | 14,986         | 6.0%                   | (5.5 - 6.6)                        | NS               | 688            | 5.4%                   | (3.8 - 7.7)                        | 6,547          | 5.3%                   | (4.6 - 6.2)                        | NS               | 888            | 9.2%                   | (7.1 - 11.8)                       | 8,439          | 6.7%                          | (5.9 - 7.6)            | NS                                 | No               |
| <b>Cancer</b>                                                   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| Ever told they have skin cancer                                 |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011                                                            | 4,405          | 4.7%                   | (4.0 - 5.5)                        | 25,359         | 5.6%                   | (5.3 - 6.0)                        | NS               | 1,783          | 5.2%                   | (4.2 - 6.4)                        | 10,205         | 6.3%                   | (5.8 - 6.8)                        | NS               | 2,622          | 4.2%                   | (3.3 - 5.3)                        | 15,154         | 5.0%                          | (4.6 - 5.5)            | NS                                 | No               |
| 2012                                                            | 3,573          | 4.2%                   | (3.6 - 5.0)                        | 19,133         | 5.6%                   | (5.2 - 6.0)                        | -                | 1,490          | 4.4%                   | (3.4 - 5.6)                        | 7,859          | 5.8%                   | (5.3 - 6.4)                        | NS               | 2,083          | 4.0%                   | (3.2 - 5.0)                        | 11,274         | 5.4%                          | (4.9 - 6.0)            | NS                                 | No               |
| 2013                                                            | 1,703          | 4.7%                   | (3.7 - 5.9)                        | 17,087         | 5.9%                   | (5.5 - 6.3)                        | NS               | 700            | 5.3%                   | (3.9 - 7.3)                        | 6,956          | 6.3%                   | (5.7 - 7.1)                        | NS               | 1,003          | 4.0%                   | (2.9 - 5.6)                        | 10,131         | 5.4%                          | (4.9 - 6.0)            | NS                                 | No               |
| 2014                                                            | 2,634          | 5.0%                   | (4.2 - 6.0)                        | 22,370         | 5.7%                   | (5.4 - 6.1)                        | NS               | 1,112          | 5.5%                   | (4.3 - 6.9)                        | 9,586          | 5.9%                   | (5.4 - 6.5)                        | NS               | 1,522          | 4.6%                   | (3.5 - 6.1)                        | 12,784         | 5.6%                          | (5.1 - 6.1)            | NS                                 | No               |
| 2015                                                            | 2,203          | 5.3%                   | (4.4 - 6.3)                        | 17,512         | 6.0%                   | (5.6 - 6.4)                        | NS               | 889            | 6.2%                   | (4.9 - 7.9)                        | 7,556          | 6.4%                   | (5.7 - 7.0)                        | NS               | 1,314          | 4.4%                   | (3.4 - 5.6)                        | 9,956          | 5.6%                          | (5.1 - 6.2)            | NS                                 | No               |
| 2016                                                            | 1,611          | 4.3%                   | (3.5 - 5.3)                        | 15,150         | 5.5%                   | (5.0 - 5.9)                        | NS               | 706            | 3.9%                   | (2.9 - 5.4)                        | 6,616          | 5.8%                   | (5.1 - 6.5)                        | NS               | 905            | 4.6%                   | (3.4 - 6.1)                        | 8,534          | 5.2%                          | (4.6 - 5.8)            | NS                                 | No               |
| Ever told they have cancer other than skin cancer               |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011                                                            | 4,407          | 5.6%                   | (4.8 - 6.6)                        | 25,369         | 6.6%                   | (6.2 - 7.0)                        | NS               | 1,785          | 4.4%                   | (3.4 - 5.7)                        | 10,219         | 5.0%                   | (4.6 - 5.5)                        | NS               | 2,622          | 6.8%                   | (5.6 - 8.2)                        | 15,150         | 8.1%                          | (7.5 - 8.6)            | NS                                 | No               |
| 2012                                                            | 3,567          | 6.8%                   | (5.9 - 7.8)                        | 19,136         | 6.5%                   | (6.0 - 6.9)                        | NS               | 1,488          | 5.6%                   | (4.4 - 7.1)                        | 7,858          | 5.0%                   | (4.5 - 5.6)                        | NS               | 2,079          | 7.9%                   | (6.7 - 9.3)                        | 11,278         | 7.9%                          | (7.2 - 8.5)            | NS                                 | No               |
| 2013                                                            | 1,704          | 6.3%                   | (5.1 - 7.6)                        | 17,104         | 6.8%                   | (6.3 - 7.3)                        | NS               | 702            | 5.3%                   | (3.8 - 7.5)                        | 6,965          | 5.6%                   | (5.0 - 6.4)                        | NS               | 1,002          | 7.2%                   | (5.6 - 9.1)                        | 10,139         | 8.0%                          | (7.3 - 8.8)            | NS                                 | No               |
| 2014                                                            | 2,632          | 5.4%                   | (4.6 - 6.3)                        | 22,380         | 6.1%                   | (5.7 - 6.5)                        | NS               | 1,111          | 4.6%                   | (3.5 - 5.9)                        | 9,590          | 4.6%                   | (4.1 - 5.1)                        | NS               | 1,521          | 6.1%                   | (5.0 - 7.5)                        | 12,790         | 7.6%                          | (7.0 - 8.3)            | NS                                 | No               |
| 2015                                                            | 2,201          | 6.5%                   | (5.5 - 7.6)                        | 17,524         | 6.9%                   | (6.4 - 7.3)                        | NS               | 888            | 5.1%                   | (3.8 - 6.7)                        | 7,557          | 5.2%                   | (4.6 - 5.8)                        | NS               | 1,313          | 7.8%                   | (6.3 - 9.6)                        | 9,967          | 8.5%                          | (7.8 - 9.2)            | NS                                 | No               |
| 2016                                                            | 1,611          | 5.1%                   | (4.1 - 6.3)                        | 15,165         | 6.9%                   | (6.3 - 7.4)                        | -                | 706            | 4.2%                   | (3.0 - 6.0)                        | 6,629          | 5.5%                   | (4.9 - 6.2)                        | NS               | 905            | 6.0%                   | (4.5 - 7.8)                        | 8,536          | 8.2%                          | (7.4 - 9.0)            | NS                                 | No               |
| Ever told they have cancer (in any form)                        |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011                                                            | 4,400          | 9.7%                   | (8.7 - 10.9)                       | 25,315         | 11.2%                  | (10.7 - 11.7)                      | NS               | 1,782          | 9.0%                   | (7.5 - 10.6)                       | 10,192         | 10.1%                  | (9.5 - 10.8)                       | NS               | 2,618          | 10.4%                  | (8.9 - 12.2)                       | 15,123         | 12.2%                         | (11.5 - 12.9)          | NS                                 | No               |
| 2012                                                            | 3,565          | 10.0%                  | (8.9 - 11.1)                       | 19,100         | 10.8%                  | (10.3 - 11.4)                      | NS               | 1,487          | 8.9%                   | (7.4 - 10.6)                       | 7,846          | 9.6%                   | (8.9 - 10.4)                       | NS               | 2,078          | 11.0%                  | (9.6 - 12.6)                       | 11,254         | 11.9%                         | (11.2 - 12.7)          | NS                                 | No               |
| 2013                                                            | 1,700          | 10.2%                  | (8.7 - 11.9)                       | 17,062         | 11.4%                  | (10.8 - 12.1)                      | NS               | 699            | 9.7%                   | (7.6 - 12.4)                       | 6,946          | 10.6%                  | (9.7 - 11.6)                       | NS               | 1,001          | 10.7%                  | (8.7 - 13.0)                       | 10,116         | 12.3%                         | (11.4 - 13.2)          | NS                                 | No               |
| 2014                                                            | 2,629          | 9.5%                   | (8.4 - 10.8)                       | 22,338         | 10.7%                  | (10.2 - 11.2)                      | NS               | 1,110          | 9.0%                   | (7.4 - 10.8)                       | 9,568          | 9.3%                   | (8.6 - 10.0)                       | NS               | 1,519          | 10.0%                  | (8.4 - 11.9)                       | 12,770         | 12.1%                         | (11.4 - 12.9)          | NS                                 | No               |
| 2015                                                            | 2,198          | 10.7%                  | (9.4 - 12.1)                       | 17,481         | 11.6%                  | (11.0 - 12.2)                      | NS               | 887            | 10.0%                  | (8.2 - 12.1)                       | 7,541          | 10.2%                  | (9.5 - 11.1)                       | NS               | 1,311          | 11.3%                  | (9.5 - 13.3)                       | 9,940          | 12.9%                         | (12.1 - 13.8)          | NS                                 | No               |
| 2016                                                            | 1,607          | 8.5%                   | (7.3 - 10.0)                       | 15,132         | 11.2%                  | (10.6 - 11.9)                      | -                | 704            | 7.2%                   | (5.6 - 9.3)                        | 6,607          | 10.1%                  | (9.3 - 11.1)                       | NS               | 903            | 9.8%                   | (7.9 - 12.0)                       | 8,525          | 12.3%                         | (11.3 - 13.3)          | NS                                 | No               |

| Indicators                                                                                                         | Overall           |                       |                |                   |                       | Men              |                   |                       |                   |                       | Women             |                  |                       |                   |                       | LHD Gender Diff. <sup>e</sup> |                   |                       |                  |               |    |     |
|--------------------------------------------------------------------------------------------------------------------|-------------------|-----------------------|----------------|-------------------|-----------------------|------------------|-------------------|-----------------------|-------------------|-----------------------|-------------------|------------------|-----------------------|-------------------|-----------------------|-------------------------------|-------------------|-----------------------|------------------|---------------|----|-----|
|                                                                                                                    | Douglas County    |                       |                | State of NE       |                       | Sig <sup>d</sup> | Douglas County    |                       |                   | State of NE           |                   | Sig <sup>d</sup> | Douglas County        |                   |                       |                               | State of NE       |                       | Sig <sup>d</sup> |               |    |     |
|                                                                                                                    | mean              | 95% C.I. <sup>c</sup> | n <sup>a</sup> | mean              | 95% C.I. <sup>c</sup> |                  | mean              | 95% C.I. <sup>c</sup> | mean              | 95% C.I. <sup>c</sup> | mean              |                  | 95% C.I. <sup>c</sup> | mean              | 95% C.I. <sup>c</sup> |                               | mean              | 95% C.I. <sup>c</sup> |                  |               |    |     |
|                                                                                                                    | or % <sup>b</sup> | (Low - High)          |                | or % <sup>b</sup> | (Low - High)          |                  | or % <sup>b</sup> | (Low - High)          | or % <sup>b</sup> | (Low - High)          | or % <sup>b</sup> |                  | (Low - High)          | or % <sup>b</sup> | (Low - High)          |                               | or % <sup>b</sup> | (Low - High)          |                  |               |    |     |
| <b>Up-to-date on colon cancer screening, 50-75 year olds<sup>a</sup></b>                                           |                   |                       |                |                   |                       |                  |                   |                       |                   |                       |                   |                  |                       |                   |                       |                               |                   |                       |                  |               |    |     |
| 2011                                                                                                               | -                 | -                     | -              | -                 | -                     | -                | -                 | -                     | -                 | -                     | -                 | -                | -                     | -                 | -                     | -                             | -                 |                       |                  |               |    |     |
| 2012                                                                                                               | 1,488             | 64.2%                 | (60.9 - 67.3)  | 9,022             | 61.1%                 | (59.6 - 62.5)    | NS                | 613                   | 61.5%             | (56.4 - 66.4)         | 3,733             | 58.4%            | (56.1 - 60.6)         | NS                | 875                   | 66.7%                         | (62.6 - 70.6)     | 5,289                 | 63.6%            | (61.7 - 65.4) | NS | No  |
| 2013                                                                                                               | 720               | 64.5%                 | (59.8 - 69.0)  | 7,979             | 62.8%                 | (61.1 - 64.4)    | NS                | 297                   | 59.8%             | (52.5 - 66.6)         | 3,275             | 61.0%            | (58.5 - 63.6)         | NS                | 423                   | 68.8%                         | (62.4 - 74.5)     | 4,704                 | 64.4%            | (62.2 - 66.6) | NS | No  |
| 2014                                                                                                               | 1,169             | 70.1%                 | (66.6 - 73.4)  | 10,646            | 64.1%                 | (62.8 - 65.5)    | +                 | 505                   | 71.7%             | (66.6 - 76.4)         | 4,681             | 63.0%            | (61.0 - 65.1)         | +                 | 664                   | 68.5%                         | (63.6 - 73.0)     | 5,965                 | 65.2%            | (63.4 - 67.0) | NS | No  |
| 2015                                                                                                               | 971               | 68.1%                 | (64.2 - 71.8)  | 8,007             | 65.2%                 | (63.6 - 66.7)    | NS                | 358                   | 68.1%             | (61.5 - 74.1)         | 3,446             | 63.7%            | (61.3 - 66.1)         | NS                | 613                   | 68.1%                         | (63.3 - 72.5)     | 4,561                 | 66.6%            | (64.6 - 68.5) | NS | No  |
| 2016                                                                                                               | 705               | 69.0%                 | (64.7 - 73.0)  | 7,036             | 66.0%                 | (64.3 - 67.6)    | NS                | 296                   | 67.4%             | (60.8 - 73.4)         | 3,073             | 65.2%            | (62.8 - 67.6)         | NS                | 409                   | 70.4%                         | (64.6 - 75.6)     | 3,963                 | 66.7%            | (64.5 - 68.9) | NS | No  |
| <b>Up-to-date on breast cancer screening, female 50-74 year olds<sup>a</sup></b>                                   |                   |                       |                |                   |                       |                  |                   |                       |                   |                       |                   |                  |                       |                   |                       |                               |                   |                       |                  |               |    |     |
| 2011                                                                                                               | -                 | -                     | -              | -                 | -                     | -                | -                 | -                     | -                 | -                     | -                 | -                | -                     | -                 | -                     | -                             | -                 |                       |                  |               |    |     |
| 2012                                                                                                               | 870               | 78.3%                 | (74.7 - 81.5)  | 5,200             | 74.9%                 | (73.2 - 76.5)    | NS                | -                     | -                 | -                     | -                 | -                | -                     | -                 | 870                   | 78.3%                         | (74.7 - 81.5)     | 5,200                 | 74.9%            | (73.2 - 76.5) | NS | NA  |
| 2013                                                                                                               | -                 | -                     | -              | -                 | -                     | -                | -                 | -                     | -                 | -                     | -                 | -                | -                     | -                 | -                     | -                             | -                 |                       |                  |               |    |     |
| 2014                                                                                                               | 659               | 82.7%                 | (78.9 - 86.0)  | 5,904             | 76.1%                 | (74.5 - 77.7)    | +                 | -                     | -                 | -                     | -                 | -                | -                     | 659               | 82.7%                 | (78.9 - 86.0)                 | 5,904             | 76.1%                 | (74.5 - 77.7)    | +             | NA |     |
| 2015                                                                                                               | -                 | -                     | -              | -                 | -                     | -                | -                 | -                     | -                 | -                     | -                 | -                | -                     | -                 | -                     | -                             | -                 |                       |                  |               |    |     |
| 2016                                                                                                               | 400               | 76.1%                 | (70.4 - 80.9)  | 3,914             | 73.4%                 | (71.3 - 75.4)    | NS                | -                     | -                 | -                     | -                 | -                | -                     | 400               | 76.1%                 | (70.4 - 80.9)                 | 3,914             | 73.4%                 | (71.3 - 75.4)    | NS            | NA |     |
| <b>Up-to-date on cervical cancer screening, female 21-65 year olds<sup>a</sup></b>                                 |                   |                       |                |                   |                       |                  |                   |                       |                   |                       |                   |                  |                       |                   |                       |                               |                   |                       |                  |               |    |     |
| 2011                                                                                                               | -                 | -                     | -              | -                 | -                     | -                | -                 | -                     | -                 | -                     | -                 | -                | -                     | -                 | -                     | -                             | -                 |                       |                  |               |    |     |
| 2012                                                                                                               | 1,065             | 85.5%                 | (82.6 - 87.9)  | 5,055             | 83.9%                 | (82.5 - 85.2)    | NS                | -                     | -                 | -                     | -                 | -                | -                     | 1,065             | 85.5%                 | (82.6 - 87.9)                 | 5,055             | 83.9%                 | (82.5 - 85.2)    | NS            | NA |     |
| 2013                                                                                                               | -                 | -                     | -              | -                 | -                     | -                | -                 | -                     | -                 | -                     | -                 | -                | -                     | -                 | -                     | -                             | -                 |                       |                  |               |    |     |
| 2014                                                                                                               | 737               | 85.9%                 | (82.1 - 89.1)  | 5,779             | 81.7%                 | (80.0 - 83.3)    | NS                | -                     | -                 | -                     | -                 | -                | -                     | 737               | 85.9%                 | (82.1 - 89.1)                 | 5,779             | 81.7%                 | (80.0 - 83.3)    | NS            | NA |     |
| 2015                                                                                                               | -                 | -                     | -              | -                 | -                     | -                | -                 | -                     | -                 | -                     | -                 | -                | -                     | -                 | -                     | -                             | -                 |                       |                  |               |    |     |
| 2016                                                                                                               | 469               | 74.3%                 | (69.1 - 78.9)  | 3,814             | 77.7%                 | (75.5 - 79.8)    | NS                | -                     | -                 | -                     | -                 | -                | -                     | 469               | 74.3%                 | (69.1 - 78.9)                 | 3,814             | 77.7%                 | (75.5 - 79.8)    | NS            | NA |     |
| <b>Arthritis</b>                                                                                                   |                   |                       |                |                   |                       |                  |                   |                       |                   |                       |                   |                  |                       |                   |                       |                               |                   |                       |                  |               |    |     |
| <b>Ever told they have arthritis</b>                                                                               |                   |                       |                |                   |                       |                  |                   |                       |                   |                       |                   |                  |                       |                   |                       |                               |                   |                       |                  |               |    |     |
| 2011                                                                                                               | 4,392             | 20.8%                 | (19.2 - 22.4)  | 25,285            | 23.4%                 | (22.8 - 24.1)    | -                 | 1,778                 | 17.5%             | (15.5 - 19.8)         | 10,184            | 20.1%            | (19.2 - 21.1)         | NS                | 2,614                 | 23.8%                         | (21.6 - 26.2)     | 15,101                | 26.6%            | (25.7 - 27.6) | NS | Yes |
| 2012                                                                                                               | 3,561             | 22.6%                 | (21.0 - 24.2)  | 19,089            | 24.6%                 | (23.8 - 25.4)    | NS                | 1,486                 | 19.5%             | (17.2 - 22.1)         | 7,839             | 21.5%            | (20.3 - 22.6)         | NS                | 2,075                 | 25.4%                         | (23.3 - 27.7)     | 11,250                | 27.7%            | (26.6 - 28.8) | NS | Yes |
| 2013                                                                                                               | 1,692             | 22.5%                 | (20.2 - 25.1)  | 17,017            | 24.7%                 | (23.8 - 25.7)    | NS                | 696                   | 20.5%             | (17.0 - 24.5)         | 6,925             | 21.6%            | (20.2 - 23.0)         | NS                | 996                   | 24.5%                         | (21.4 - 28.0)     | 10,092                | 27.8%            | (26.5 - 29.2) | NS | No  |
| 2014                                                                                                               | 2,631             | 21.9%                 | (20.1 - 23.9)  | 22,307            | 24.6%                 | (23.8 - 25.4)    | NS                | 1,108                 | 19.7%             | (17.1 - 22.7)         | 9,560             | 21.6%            | (20.5 - 22.8)         | NS                | 1,523                 | 24.0%                         | (21.6 - 26.7)     | 12,747                | 27.4%            | (26.3 - 28.6) | NS | No  |
| 2015                                                                                                               | 2,196             | 21.3%                 | (19.4 - 23.4)  | 17,472            | 23.4%                 | (22.6 - 24.3)    | NS                | 889                   | 17.0%             | (14.4 - 20.0)         | 7,540             | 19.7%            | (18.5 - 20.9)         | NS                | 1,307                 | 25.4%                         | (22.6 - 28.4)     | 9,932                 | 27.1%            | (25.9 - 28.4) | NS | Yes |
| 2016                                                                                                               | 1,610             | 23.3%                 | (21.1 - 25.8)  | 15,137            | 24.6%                 | (23.6 - 25.6)    | NS                | 705                   | 19.8%             | (16.7 - 23.3)         | 6,622             | 21.7%            | (20.3 - 23.2)         | NS                | 905                   | 26.7%                         | (23.5 - 30.2)     | 8,515                 | 27.4%            | (26.0 - 28.8) | NS | Yes |
| <b>Currently have activity limitations due to arthritis, among those ever told they have arthritis<sup>a</sup></b> |                   |                       |                |                   |                       |                  |                   |                       |                   |                       |                   |                  |                       |                   |                       |                               |                   |                       |                  |               |    |     |
| 2011                                                                                                               | 1,244             | 47.2%                 | (43.0 - 51.5)  | 7,973             | 45.2%                 | (43.6 - 46.8)    | NS                | 414                   | 46.9%             | (40.2 - 53.7)         | 2,711             | 42.6%            | (40.0 - 45.2)         | NS                | 830                   | 47.5%                         | (42.1 - 53.0)     | 5,262                 | 47.1%            | (45.1 - 49.2) | NS | No  |
| 2012                                                                                                               | -                 | -                     | -              | -                 | -                     | -                | -                 | -                     | -                 | -                     | -                 | -                | -                     | -                 | -                     | -                             | -                 |                       |                  |               |    |     |
| 2013                                                                                                               | 441               | 44.2%                 | (37.9 - 50.6)  | 5,460             | 42.4%                 | (40.3 - 44.6)    | NS                | 149                   | 44.9%             | (34.6 - 55.6)         | 1,861             | 41.0%            | (37.4 - 44.6)         | NS                | 292                   | 43.6%                         | (36.1 - 51.4)     | 3,599                 | 43.5%            | (40.8 - 46.2) | NS | No  |
| 2014                                                                                                               | -                 | -                     | -              | -                 | -                     | -                | -                 | -                     | -                 | -                     | -                 | -                | -                     | -                 | -                     | -                             | -                 |                       |                  |               |    |     |
| 2015                                                                                                               | 627               | 44.9%                 | (39.8 - 50.1)  | 5,146             | 44.0%                 | (41.9 - 46.1)    | NS                | 200                   | 40.5%             | (32.3 - 49.3)         | 1,852             | 41.9%            | (38.6 - 45.3)         | NS                | 427                   | 47.7%                         | (41.4 - 54.1)     | 3,294                 | 45.5%            | (42.9 - 48.1) | NS | No  |
| 2016                                                                                                               | -                 | -                     | -              | -                 | -                     | -                | -                 | -                     | -                 | -                     | -                 | -                | -                     | -                 | -                     | -                             | -                 |                       |                  |               |    |     |
| <b>Asthma</b>                                                                                                      |                   |                       |                |                   |                       |                  |                   |                       |                   |                       |                   |                  |                       |                   |                       |                               |                   |                       |                  |               |    |     |
| <b>Ever told they have asthma</b>                                                                                  |                   |                       |                |                   |                       |                  |                   |                       |                   |                       |                   |                  |                       |                   |                       |                               |                   |                       |                  |               |    |     |
| 2011                                                                                                               | 4,390             | 11.8%                 | (10.5 - 13.2)  | 25,327            | 11.5%                 | (10.9 - 12.1)    | NS                | 1,780                 | 10.9%             | (9.0 - 13.0)          | 10,194            | 10.5%            | (9.6 - 11.3)          | NS                | 2,610                 | 12.6%                         | (10.9 - 14.6)     | 15,133                | 12.4%            | (11.6 - 13.3) | NS | No  |
| 2012                                                                                                               | 3,560             | 11.4%                 | (10.2 - 12.8)  | 19,105            | 10.8%                 | (10.2 - 11.5)    | NS                | 1,485                 | 10.0%             | (8.3 - 12.1)          | 7,847             | 9.7%             | (8.8 - 10.7)          | NS                | 2,075                 | 12.8%                         | (11.0 - 14.8)     | 11,258                | 11.9%            | (11.1 - 12.9) | NS | No  |
| 2013                                                                                                               | 1,706             | 10.9%                 | (9.1 - 13.1)   | 17,068            | 11.2%                 | (10.5 - 12.0)    | NS                | 702                   | 9.5%              | (6.9 - 12.8)          | 6,946             | 9.6%             | (8.6 - 10.8)          | NS                | 1,004                 | 12.3%                         | (9.9 - 15.2)      | 10,122                | 12.8%            | (11.7 - 13.9) | NS | No  |
| 2014                                                                                                               | 2,633             | 12.7%                 | (11.0 - 14.6)  | 22,355            | 12.2%                 | (11.5 - 13.0)    | NS                | 1,113                 | 10.6%             | (8.5 - 13.3)          | 9,583             | 10.8%            | (9.8 - 11.9)          | NS                | 1,520                 | 14.6%                         | (12.3 - 17.4)     | 12,772                | 13.6%            | (12.6 - 14.7) | NS | No  |
| 2015                                                                                                               | 2,197             | 13.6%                 | (11.7 - 15.7)  | 17,492            | 12.1%                 | (11.3 - 12.9)    | NS                | 889                   | 13.0%             | (10.2 - 16.4)         | 7,554             | 10.7%            | (9.6 - 12.0)          | NS                | 1,308                 | 14.2%                         | (11.7 - 17.0)     | 9,938                 | 13.4%            | (12.3 - 14.5) | NS | No  |
| 2016                                                                                                               | 1,606             | 12.6%                 | (10.6 - 15.0)  | 15,144            | 12.4%                 | (11.5 - 13.4)    | NS                | 702                   | 10.0%             | (7.4 - 13.4)          | 6,622             | 10.4%            | (9.2 - 11.8)          | NS                | 904                   | 15.1%                         | (12.2 - 18.6)     | 8,522                 | 14.3%            | (13.1 - 15.7) | NS | No  |
| <b>Currently have asthma</b>                                                                                       |                   |                       |                |                   |                       |                  |                   |                       |                   |                       |                   |                  |                       |                   |                       |                               |                   |                       |                  |               |    |     |
| 2011                                                                                                               | 4,372             | 7.7%                  | (6.7 - 8.9)    | 25,257            | 7.3%                  | (6.9 - 7.8)      | NS                | 1,773                 | 6.1%              | (4.8 - 7.8)           | 10,170            | 6.0%             | (5.4 - 6.7)           | NS                | 2,599                 | 9.2%                          | (7.7 - 11.0)      | 15,087                | 8.6%             | (8.0 - 9.4)   | NS | No  |
| 2012                                                                                                               | 3,545             | 7.6%                  | (6.6 - 8.8)    | 19,053            | 7.4%                  | (6.9 - 7.9)      | NS                | 1,480                 | 6.2%              | (4.8 - 7.9)           | 7,832             | 6.1%             | (5.4 - 6.9)           | NS                | 2,065                 | 9.0%                          | (7.6 - 10.7)      | 11,221                | 8.7%             | (7.9 - 9.4)   | NS | No  |
| 2013                                                                                                               | 1,703             | 6.9%                  | (5.5 - 8.7)    | 17,024            | 7.3%                  | (6.7 - 8.0)      | NS                | 701                   | 5.2%              | (3.4 - 8.0)           | 6,930             | 5.5%             | (4.8 - 6.4)           | NS                | 1,002                 | 8.5%                          | (6.5 - 11.0)      | 10,094                | 9.1%             | (8.2 - 10.0)  | NS | No  |
| 2014                                                                                                               | 2,630             | 7.4%                  | (6.2 - 8.8)    | 22,289            | 7.7%                  | (7.2 - 8.3)      | NS                | 1,112                 | 5.0%              | (3.6 - 6.9)           | 9,562             | 6.2%             | (5.5 - 7.0)           | NS                | 1,518                 | 9.6%                          | (7.8 - 11.8)      | 12,727                | 9.2%             | (8.4 - 10.1)  | NS | Yes |
| 2015                                                                                                               | 2,186             | 7.5%                  | (6.2 - 9.0)    | 17,435            | 7.2%                  | (6.6 - 7.8)      | NS                | 887                   | 5.5%              | (4.0 - 7.7)           | 7,533             | 5.4%             | (4.7 - 6.2)           | NS                | 1,299                 | 9.3%                          | (7.3 - 11.7)      | 9,902                 | 8.9%             | (8.0 - 9.9)   | NS | No  |
| 2016                                                                                                               | 1,601             | 9.3%                  | (7.5 - 11.5)   | 15,116            | 8.3%                  | (7.5 - 9.1)      | NS                | 699                   | 6.7%              | (4.5 - 9.7)           | 6,609             | 6.1%             | (5.2 - 7.1)           | NS                | 902                   | 11.7%                         | (9.1 - 15.1)      | 8,507                 | 10.4%            | (9.3 - 11.6)  | NS | No  |



| Indicators                                                                 | Overall        |               |                           |             |               | Men                       |      |       |               |                           | Women          |               |                           |             |       | LHD<br>Gender<br>Diff.º |               |                           |       |               |    |     |
|----------------------------------------------------------------------------|----------------|---------------|---------------------------|-------------|---------------|---------------------------|------|-------|---------------|---------------------------|----------------|---------------|---------------------------|-------------|-------|-------------------------|---------------|---------------------------|-------|---------------|----|-----|
|                                                                            | Douglas County |               |                           | State of NE |               | Douglas County            |      |       | State of NE   |                           | Douglas County |               |                           | State of NE |       |                         |               |                           |       |               |    |     |
|                                                                            | nª             | mean<br>or %ª | 95% C.I.ª<br>(Low - High) | nª          | mean<br>or %ª | 95% C.I.ª<br>(Low - High) | Sigª | nª    | mean<br>or %ª | 95% C.I.ª<br>(Low - High) | nª             | mean<br>or %ª | 95% C.I.ª<br>(Low - High) | Sigª        | nª    |                         | mean<br>or %ª | 95% C.I.ª<br>(Low - High) | Sigª  |               |    |     |
| Current e-cigarette use                                                    |                |               |                           |             |               |                           |      |       |               |                           |                |               |                           |             |       |                         |               |                           |       |               |    |     |
| 2011                                                                       | -              | -             | -                         | -           | -             | -                         | -    | -     | -             | -                         | -              | -             | -                         | -           | -     | -                       | -             | -                         | -     |               |    |     |
| 2012                                                                       | -              | -             | -                         | -           | -             | -                         | -    | -     | -             | -                         | -              | -             | -                         | -           | -     | -                       | -             | -                         | -     |               |    |     |
| 2013                                                                       | -              | -             | -                         | -           | -             | -                         | -    | -     | -             | -                         | -              | -             | -                         | -           | -     | -                       | -             | -                         | -     |               |    |     |
| 2014                                                                       | -              | -             | -                         | -           | -             | -                         | -    | -     | -             | -                         | -              | -             | -                         | -           | -     | -                       | -             | -                         | -     |               |    |     |
| 2015                                                                       | -              | -             | -                         | -           | -             | -                         | -    | -     | -             | -                         | -              | -             | -                         | -           | -     | -                       | -             | -                         | -     |               |    |     |
| 2016                                                                       | 1,580          | 5.1%          | (3.8 - 6.9)               | 14,819      | 4.9%          | (4.3 - 5.6)               | NS   | 692   | 6.4%          | (4.3 - 9.3)               | 6,474          | 5.3%          | (4.5 - 6.4)               | NS          | 888   | 3.9%                    | (2.4 - 6.2)   | 8,345                     | 4.5%  | (3.7 - 5.6)   | NS | No  |
| <b>Overweight and Obesity</b>                                              |                |               |                           |             |               |                           |      |       |               |                           |                |               |                           |             |       |                         |               |                           |       |               |    |     |
| Obese (BMI=30+)^                                                           |                |               |                           |             |               |                           |      |       |               |                           |                |               |                           |             |       |                         |               |                           |       |               |    |     |
| 2011                                                                       | 4,201          | 26.6%         | (24.7 - 28.6)             | 24,366      | 28.4%         | (27.6 - 29.2)             | NS   | 1,755 | 26.7%         | (24.0 - 29.6)             | 10,102         | 29.2%         | (28.0 - 30.4)             | NS          | 2,446 | 26.5%                   | (24.0 - 29.3) | 14,264                    | 27.6% | (26.5 - 28.8) | NS | No  |
| 2012                                                                       | 3,389          | 28.0%         | (26.1 - 30.0)             | 18,385      | 28.6%         | (27.7 - 29.6)             | NS   | 1,462 | 27.4%         | (24.6 - 30.3)             | 7,781          | 29.2%         | (27.9 - 30.6)             | NS          | 1,927 | 28.6%                   | (26.0 - 31.4) | 10,604                    | 28.1% | (26.8 - 29.3) | NS | No  |
| 2013                                                                       | 1,614          | 27.7%         | (24.9 - 30.6)             | 16,250      | 29.6%         | (28.4 - 30.7)             | NS   | 682   | 28.2%         | (24.0 - 32.8)             | 6,860          | 30.8%         | (29.1 - 32.5)             | NS          | 932   | 27.2%                   | (23.6 - 31.1) | 9,390                     | 28.4% | (26.9 - 29.9) | NS | No  |
| 2014                                                                       | 2,462          | 28.3%         | (26.0 - 30.8)             | 21,130      | 30.2%         | (29.2 - 31.3)             | NS   | 1,078 | 29.8%         | (26.4 - 33.4)             | 9,399          | 31.7%         | (30.2 - 33.2)             | NS          | 1,384 | 26.8%                   | (23.8 - 30.1) | 11,731                    | 28.7% | (27.4 - 30.1) | NS | No  |
| 2015                                                                       | 2,008          | 29.8%         | (27.2 - 32.5)             | 16,265      | 31.4%         | (30.3 - 32.5)             | NS   | 859   | 32.8%         | (28.9 - 37.0)             | 7,323          | 32.9%         | (31.3 - 34.6)             | NS          | 1,149 | 26.6%                   | (23.3 - 30.3) | 8,942                     | 29.8% | (28.3 - 31.3) | NS | No  |
| 2016                                                                       | 1,494          | 30.9%         | (28.1 - 33.9)             | 14,173      | 32.0%         | (30.8 - 33.2)             | NS   | 682   | 30.0%         | (25.9 - 34.4)             | 6,460          | 32.6%         | (30.8 - 34.3)             | NS          | 812   | 31.9%                   | (27.9 - 36.0) | 7,713                     | 31.4% | (29.7 - 33.1) | NS | No  |
| Overweight or Obese (BMI=25+)                                              |                |               |                           |             |               |                           |      |       |               |                           |                |               |                           |             |       |                         |               |                           |       |               |    |     |
| 2011                                                                       | 4,201          | 63.7%         | (61.5 - 65.8)             | 24,366      | 64.9%         | (64.0 - 65.8)             | NS   | 1,755 | 71.8%         | (68.7 - 74.6)             | 10,102         | 72.8%         | (71.5 - 74.1)             | NS          | 2,446 | 55.5%                   | (52.5 - 58.5) | 14,264                    | 56.8% | (55.5 - 58.1) | NS | Yes |
| 2012                                                                       | 3,389          | 62.7%         | (60.6 - 64.8)             | 18,385      | 65.0%         | (64.0 - 66.0)             | NS   | 1,462 | 70.4%         | (67.3 - 73.3)             | 7,781          | 72.3%         | (70.8 - 73.7)             | NS          | 1,927 | 55.0%                   | (52.1 - 57.9) | 10,604                    | 57.6% | (56.2 - 59.0) | NS | Yes |
| 2013                                                                       | 1,614          | 62.2%         | (58.9 - 65.3)             | 16,250      | 65.5%         | (64.2 - 66.7)             | NS   | 682   | 69.5%         | (64.6 - 74.0)             | 6,860          | 72.2%         | (70.4 - 74.0)             | NS          | 932   | 55.0%                   | (50.7 - 59.2) | 9,390                     | 58.5% | (56.8 - 60.2) | NS | Yes |
| 2014                                                                       | 2,462          | 64.1%         | (61.5 - 66.5)             | 21,130      | 66.7%         | (65.6 - 67.8)             | NS   | 1,078 | 70.8%         | (67.1 - 74.3)             | 9,399          | 73.8%         | (72.3 - 75.3)             | NS          | 1,384 | 57.1%                   | (53.5 - 60.6) | 11,731                    | 59.2% | (57.7 - 60.7) | NS | Yes |
| 2015                                                                       | 2,008          | 65.0%         | (62.1 - 67.7)             | 16,265      | 67.0%         | (65.8 - 68.2)             | NS   | 859   | 72.0%         | (67.8 - 75.8)             | 7,323          | 73.4%         | (71.7 - 75.1)             | NS          | 1,149 | 57.7%                   | (53.7 - 61.5) | 8,942                     | 60.2% | (58.6 - 61.9) | NS | Yes |
| 2016                                                                       | 1,494          | 67.8%         | (64.7 - 70.8)             | 14,173      | 68.5%         | (67.3 - 69.8)             | NS   | 682   | 75.8%         | (71.4 - 79.7)             | 6,460          | 74.9%         | (73.1 - 76.6)             | NS          | 812   | 59.6%                   | (55.3 - 63.8) | 7,713                     | 61.8% | (59.9 - 63.6) | NS | Yes |
| <b>Nutrition</b>                                                           |                |               |                           |             |               |                           |      |       |               |                           |                |               |                           |             |       |                         |               |                           |       |               |    |     |
| Consumed sugar-sweetened beverages 1 or more times per day in past 30 days |                |               |                           |             |               |                           |      |       |               |                           |                |               |                           |             |       |                         |               |                           |       |               |    |     |
| 2011                                                                       | -              | -             | -                         | -           | -             | -                         | -    | -     | -             | -                         | -              | -             | -                         | -           | -     | -                       | -             | -                         | -     | -             |    |     |
| 2012                                                                       | -              | -             | -                         | -           | -             | -                         | -    | -     | -             | -                         | -              | -             | -                         | -           | -     | -                       | -             | -                         | -     | -             |    |     |
| 2013                                                                       | 738            | 28.4%         | (23.9 - 33.4)             | 7,822       | 28.5%         | (26.8 - 30.3)             | NS   | 284   | 34.0%         | (26.7 - 42.2)             | 3,164          | 35.8%         | (33.1 - 38.5)             | NS          | 454   | 24.3%                   | (18.9 - 30.6) | 4,658                     | 21.7% | (19.7 - 24.0) | NS | No  |
| 2014                                                                       | -              | -             | -                         | -           | -             | -                         | -    | -     | -             | -                         | -              | -             | -                         | -           | -     | -                       | -             | -                         | -     | -             |    |     |
| 2015                                                                       | -              | -             | -                         | -           | -             | -                         | -    | -     | -             | -                         | -              | -             | -                         | -           | -     | -                       | -             | -                         | -     | -             |    |     |
| 2016                                                                       | -              | -             | -                         | -           | -             | -                         | -    | -     | -             | -                         | -              | -             | -                         | -           | -     | -                       | -             | -                         | -     | -             |    |     |
| Currently watching or reducing sodium or salt intake                       |                |               |                           |             |               |                           |      |       |               |                           |                |               |                           |             |       |                         |               |                           |       |               |    |     |
| 2011                                                                       | -              | -             | -                         | -           | -             | -                         | -    | -     | -             | -                         | -              | -             | -                         | -           | -     | -                       | -             | -                         | -     | -             |    |     |
| 2012                                                                       | -              | -             | -                         | -           | -             | -                         | -    | -     | -             | -                         | -              | -             | -                         | -           | -     | -                       | -             | -                         | -     | -             |    |     |
| 2013                                                                       | 738            | 47.8%         | (43.1 - 52.6)             | 7,818       | 46.3%         | (44.6 - 48.1)             | NS   | 286   | 46.1%         | (38.8 - 53.6)             | 3,165          | 43.4%         | (40.8 - 46.0)             | NS          | 452   | 49.1%                   | (42.9 - 55.3) | 4,653                     | 49.1% | (46.8 - 51.5) | NS | No  |
| 2014                                                                       | -              | -             | -                         | -           | -             | -                         | -    | -     | -             | -                         | -              | -             | -                         | -           | -     | -                       | -             | -                         | -     | -             |    |     |
| 2015                                                                       | 997            | 47.3%         | (43.0 - 51.5)             | 7,892       | 46.8%         | (45.0 - 48.5)             | NS   | 402   | 49.8%         | (43.3 - 56.3)             | 3,436          | 46.0%         | (43.4 - 48.7)             | NS          | 595   | 45.0%                   | (39.6 - 50.6) | 4,456                     | 47.5% | (45.2 - 49.8) | NS | No  |
| 2016                                                                       | -              | -             | -                         | -           | -             | -                         | -    | -     | -             | -                         | -              | -             | -                         | -           | -     | -                       | -             | -                         | -     | -             |    |     |
| Median times per day consumed fruits                                       |                |               |                           |             |               |                           |      |       |               |                           |                |               |                           |             |       |                         |               |                           |       |               |    |     |
| 2011                                                                       | 4,167          | 1.07          | (1.02 - 1.14)             | 24,090      | 1.02          | (1.02 - 1.04)             | NS   | 1,683 | 1.00          | (0.99 - 1.02)             | 9,660          | 0.99          | (0.99 - 1.00)             | NS          | 2,484 | 1.14                    | (1.10 - 1.30) | 14,430                    | 1.14  | (1.13 - 1.14) | NS | Yes |
| 2012                                                                       | -              | -             | -                         | -           | -             | -                         | -    | -     | -             | -                         | -              | -             | -                         | -           | -     | -                       | -             | -                         | -     | -             |    |     |
| 2013                                                                       | 1,589          | 1.02          | (1.00 - 1.11)             | 15,949      | 1.00          | (1.00 - 1.00)             | +    | 641   | 1.00          | (0.98 - 1.13)             | 6,462          | 0.99          | (0.99 - 1.00)             | NS          | 948   | 1.03                    | (1.00 - 1.14) | 9,487                     | 1.07  | (1.06 - 1.14) | NS | No  |
| 2014                                                                       | -              | -             | -                         | -           | -             | -                         | -    | -     | -             | -                         | -              | -             | -                         | -           | -     | -                       | -             | -                         | -     | -             |    |     |
| 2015                                                                       | 2,022          | 0.99          | (0.97 - 1.03)             | 16,135      | 1.00          | (1.00 - 1.00)             | NS   | 815   | 0.97          | (0.85 - 1.00)             | 6,899          | 0.99          | (0.98 - 1.00)             | NS          | 1,207 | 1.00                    | (0.99 - 1.09) | 9,236                     | 1.03  | (1.02 - 1.09) | NS | No  |
| 2016                                                                       | -              | -             | -                         | -           | -             | -                         | -    | -     | -             | -                         | -              | -             | -                         | -           | -     | -                       | -             | -                         | -     | -             |    |     |
| Consumed fruits less than 1 time per day                                   |                |               |                           |             |               |                           |      |       |               |                           |                |               |                           |             |       |                         |               |                           |       |               |    |     |
| 2011                                                                       | 4,167          | 37.8%         | (35.7 - 40.0)             | 24,090      | 40.1%         | (39.2 - 41.1)             | NS   | 1,683 | 42.8%         | (39.6 - 46.1)             | 9,660          | 46.2%         | (44.8 - 47.6)             | NS          | 2,484 | 33.2%                   | (30.4 - 36.1) | 14,430                    | 34.3% | (33.1 - 35.6) | NS | Yes |
| 2012                                                                       | -              | -             | -                         | -           | -             | -                         | -    | -     | -             | -                         | -              | -             | -                         | -           | -     | -                       | -             | -                         | -     | -             |    |     |
| 2013                                                                       | 1,589          | 38.3%         | (35.1 - 41.5)             | 15,949      | 39.7%         | (38.5 - 41.0)             | NS   | 641   | 40.3%         | (35.5 - 45.3)             | 6,462          | 45.4%         | (43.4 - 47.3)             | NS          | 948   | 36.4%                   | (32.3 - 40.7) | 9,487                     | 34.4% | (32.8 - 36.1) | NS | No  |
| 2014                                                                       | -              | -             | -                         | -           | -             | -                         | -    | -     | -             | -                         | -              | -             | -                         | -           | -     | -                       | -             | -                         | -     | -             |    |     |
| 2015                                                                       | 2,022          | 43.1%         | (40.2 - 46.1)             | 16,135      | 41.1%         | (39.9 - 42.4)             | NS   | 815   | 48.7%         | (44.3 - 53.2)             | 6,899          | 47.4%         | (45.6 - 49.3)             | NS          | 1,207 | 37.9%                   | (34.1 - 41.8) | 9,236                     | 35.1% | (33.5 - 36.7) | NS | Yes |
| 2016                                                                       | -              | -             | -                         | -           | -             | -                         | -    | -     | -             | -                         | -              | -             | -                         | -           | -     | -                       | -             | -                         | -     | -             |    |     |

| Indicators                                                                               | Overall        |                        |                                    |                |                        |                                    | Men              |                |                        |                                    |                |                        | Women                              |                  |                |                        |                                    |                | LHD Gender Diff. <sup>e</sup> |                        |                                    |                  |
|------------------------------------------------------------------------------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|
|                                                                                          | Douglas County |                        |                                    | State of NE    |                        |                                    | Douglas County   |                |                        | State of NE                        |                |                        | Douglas County                     |                  |                | State of NE            |                                    |                |                               |                        |                                    |                  |
|                                                                                          | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                               | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> |
| <b>Physical Activity</b>                                                                 |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| No leisure-time physical activity in past 30 days <sup>^</sup>                           |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011                                                                                     | 4,201          | 24.4%                  | (22.5 - 26.3)                      | 24,433         | 26.3%                  | (25.5 - 27.1)                      | NS               | 1,699          | 23.2%                  | (20.5 - 26.1)                      | 9,795          | 27.2%                  | (26.0 - 28.5)                      | NS               | 2,502          | 25.5%                  | (23.0 - 28.2)                      | 14,638         | 25.4%                         | (24.3 - 26.5)          | NS                                 | No               |
| 2012                                                                                     | 3,572          | 20.6%                  | (18.9 - 22.4)                      | 19,153         | 21.0%                  | (20.2 - 21.9)                      | NS               | 1,489          | 17.7%                  | (15.4 - 20.3)                      | 7,865          | 20.4%                  | (19.3 - 21.7)                      | NS               | 2,083          | 23.3%                  | (20.9 - 25.8)                      | 11,288         | 21.6%                         | (20.5 - 22.8)          | NS                                 | Yes              |
| 2013                                                                                     | 1,587          | 23.9%                  | (21.2 - 26.9)                      | 16,158         | 25.3%                  | (24.2 - 26.4)                      | NS               | 644            | 23.6%                  | (19.4 - 28.3)                      | 6,567          | 26.3%                  | (24.7 - 28.1)                      | NS               | 943            | 24.3%                  | (20.8 - 28.1)                      | 9,591          | 24.3%                         | (22.9 - 25.8)          | NS                                 | No               |
| 2014                                                                                     | 2,637          | 18.1%                  | (16.2 - 20.1)                      | 22,397         | 21.3%                  | (20.4 - 22.1)                      | -                | 1,112          | 16.7%                  | (14.0 - 19.8)                      | 9,599          | 21.2%                  | (20.0 - 22.5)                      | -                | 1,525          | 19.4%                  | (16.9 - 22.1)                      | 12,798         | 21.4%                         | (20.2 - 22.5)          | NS                                 | No               |
| 2015                                                                                     | 2,048          | 25.7%                  | (23.2 - 28.4)                      | 16,319         | 25.3%                  | (24.3 - 26.4)                      | NS               | 826            | 24.2%                  | (20.6 - 28.1)                      | 6,997          | 25.3%                  | (23.8 - 26.9)                      | NS               | 1,222          | 27.1%                  | (23.8 - 30.8)                      | 9,322          | 25.4%                         | (24.0 - 26.8)          | NS                                 | No               |
| 2016                                                                                     | 1,612          | 22.2%                  | (19.7 - 24.8)                      | 15,169         | 22.4%                  | (21.4 - 23.5)                      | NS               | 707            | 19.9%                  | (16.3 - 24.1)                      | 6,633          | 20.7%                  | (19.3 - 22.3)                      | NS               | 905            | 24.3%                  | (21.1 - 27.8)                      | 8,536          | 24.1%                         | (22.7 - 25.6)          | NS                                 | No               |
| Met aerobic physical activity recommendation <sup>^</sup>                                |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011                                                                                     | 4,079          | 49.6%                  | (47.3 - 51.8)                      | 23,735         | 49.0%                  | (48.0 - 49.9)                      | NS               | 1,656          | 49.6%                  | (46.3 - 52.9)                      | 9,544          | 47.2%                  | (45.8 - 48.6)                      | NS               | 2,423          | 49.5%                  | (46.5 - 52.5)                      | 14,191         | 50.6%                         | (49.4 - 51.9)          | NS                                 | No               |
| 2012                                                                                     | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2013                                                                                     | 1,553          | 48.3%                  | (45.0 - 51.6)                      | 15,730         | 50.1%                  | (48.8 - 51.4)                      | NS               | 634            | 47.3%                  | (42.3 - 52.4)                      | 6,416          | 48.8%                  | (46.9 - 50.7)                      | NS               | 919            | 49.2%                  | (44.9 - 53.5)                      | 9,314          | 51.4%                         | (49.7 - 53.1)          | NS                                 | No               |
| 2014                                                                                     | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2015                                                                                     | 1,993          | 51.0%                  | (48.1 - 53.9)                      | 15,878         | 51.3%                  | (50.0 - 52.5)                      | NS               | 807            | 53.0%                  | (48.6 - 57.4)                      | 6,832          | 51.1%                  | (49.2 - 53.0)                      | NS               | 1,186          | 49.1%                  | (45.2 - 53.0)                      | 9,046          | 51.4%                         | (49.8 - 53.1)          | NS                                 | No               |
| 2016                                                                                     | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| Met muscle strengthening recommendation <sup>^</sup>                                     |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011                                                                                     | 4,161          | 30.4%                  | (28.4 - 32.5)                      | 24,204         | 28.1%                  | (27.3 - 29.0)                      | NS               | 1,687          | 36.1%                  | (32.9 - 39.3)                      | 9,697          | 32.0%                  | (30.6 - 33.4)                      | NS               | 2,474          | 25.1%                  | (22.6 - 27.7)                      | 14,507         | 24.5%                         | (23.4 - 25.6)          | NS                                 | Yes              |
| 2012                                                                                     | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2013                                                                                     | 1,573          | 29.8%                  | (26.9 - 32.8)                      | 16,021         | 28.4%                  | (27.2 - 29.6)                      | NS               | 638            | 33.5%                  | (29.1 - 38.3)                      | 6,499          | 31.0%                  | (29.2 - 32.8)                      | NS               | 935            | 26.4%                  | (22.8 - 30.4)                      | 9,522          | 26.0%                         | (24.5 - 27.6)          | NS                                 | No               |
| 2014                                                                                     | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2015                                                                                     | 2,029          | 35.4%                  | (32.6 - 38.3)                      | 16,117         | 31.2%                  | (30.1 - 32.5)                      | +                | 817            | 39.8%                  | (35.5 - 44.3)                      | 6,893          | 34.9%                  | (33.1 - 36.8)                      | NS               | 1,212          | 31.3%                  | (27.8 - 34.9)                      | 9,224          | 27.7%                         | (26.2 - 29.3)          | NS                                 | Yes              |
| 2016                                                                                     | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| Met both aerobic physical activity and muscle strengthening recommendations <sup>^</sup> |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011                                                                                     | 4,048          | 20.8%                  | (19.0 - 22.7)                      | 23,567         | 19.0%                  | (18.2 - 19.8)                      | NS               | 1,649          | 22.6%                  | (19.9 - 25.5)                      | 9,477          | 19.7%                  | (18.5 - 20.9)                      | NS               | 2,399          | 19.0%                  | (16.7 - 21.5)                      | 14,090         | 18.4%                         | (17.4 - 19.4)          | NS                                 | No               |
| 2012                                                                                     | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2013                                                                                     | 1,542          | 18.9%                  | (16.5 - 21.5)                      | 15,635         | 18.8%                  | (17.8 - 19.9)                      | NS               | 628            | 20.2%                  | (16.6 - 24.4)                      | 6,366          | 19.4%                  | (17.9 - 21.0)                      | NS               | 914            | 17.7%                  | (14.7 - 21.2)                      | 9,269          | 18.2%                         | (16.8 - 19.6)          | NS                                 | No               |
| 2014                                                                                     | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2015                                                                                     | 1,977          | 25.9%                  | (23.3 - 28.7)                      | 15,724         | 21.8%                  | (20.7 - 22.9)                      | +                | 799            | 28.2%                  | (24.1 - 32.6)                      | 6,757          | 23.3%                  | (21.6 - 25.1)                      | NS               | 1,178          | 23.7%                  | (20.5 - 27.2)                      | 8,967          | 20.3%                         | (18.9 - 21.7)          | NS                                 | No               |
| 2016                                                                                     | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| Walk for at least 10 minutes at a time for any reason during a usual week                |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011                                                                                     | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2012                                                                                     | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2013                                                                                     | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2014                                                                                     | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2015                                                                                     | 993            | 84.8%                  | (81.6 - 87.6)                      | 7,895          | 84.6%                  | (83.3 - 85.8)                      | NS               | 401            | 85.6%                  | (80.7 - 89.5)                      | 3,442          | 84.2%                  | (82.2 - 86.0)                      | NS               | 592            | 84.1%                  | (79.5 - 87.8)                      | 4,453          | 85.1%                         | (83.4 - 86.6)          | NS                                 | No               |
| 2016                                                                                     | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |



| Indicators                                                          | Overall        |                        |                                    |                |                        |                                    | Men              |                |                        |                                    |                |                        | Women                              |                  |                |                        |                                    |                | LHD Gender Diff. <sup>e</sup> |                        |                                    |                  |     |   |
|---------------------------------------------------------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|-----|---|
|                                                                     | Douglas County |                        |                                    | State of NE    |                        |                                    | Douglas County   |                |                        | State of NE                        |                |                        | Douglas County                     |                  |                | State of NE            |                                    |                |                               |                        |                                    |                  |     |   |
|                                                                     | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                               | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> |     |   |
| Have access to safe places to walk in their neighborhood            |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |     |   |
| 2011                                                                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | -   | - |
| 2012                                                                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | -   | - |
| 2013                                                                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | -   | - |
| 2014                                                                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | -   | - |
| 2015                                                                | 994            | 93.3%                  | (90.5 - 95.3)                      | 7,893          | 88.4%                  | (87.2 - 89.4)                      | +                | 401            | 95.8%                  | (92.2 - 97.8)                      | 3,439          | 88.8%                  | (87.2 - 90.3)                      | +                | 593            | 91.1%                  | (86.6 - 94.2)                      | 4,454          | 87.9%                         | (86.3 - 89.3)          | NS                                 |                  | No  |   |
| 2016                                                                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | -   | - |
| <b>Injury</b>                                                       |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |     |   |
| Always wear a seatbelt when driving or riding in a car <sup>^</sup> |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |     |   |
| 2011                                                                | 4,153          | 80.4%                  | (78.6 - 82.1)                      | 24,208         | 71.3%                  | (70.5 - 72.1)                      | +                | 1,677          | 75.8%                  | (72.9 - 78.4)                      | 9,683          | 63.7%                  | (62.4 - 65.0)                      | +                | 2,476          | 84.8%                  | (82.5 - 86.9)                      | 14,525         | 78.6%                         | (77.5 - 79.5)          | +                                  |                  | Yes |   |
| 2012                                                                | 3,503          | 78.4%                  | (76.5 - 80.1)                      | 18,851         | 69.7%                  | (68.7 - 70.6)                      | +                | 1,460          | 72.6%                  | (69.6 - 75.4)                      | 7,731          | 61.7%                  | (60.2 - 63.2)                      | +                | 2,043          | 83.8%                  | (81.4 - 85.9)                      | 11,120         | 77.3%                         | (76.1 - 78.4)          | +                                  |                  | Yes |   |
| 2013                                                                | 1,572          | 82.9%                  | (80.1 - 85.4)                      | 16,053         | 74.1%                  | (73.0 - 75.2)                      | +                | 637            | 79.0%                  | (74.4 - 83.0)                      | 6,520          | 67.0%                  | (65.3 - 68.7)                      | +                | 935            | 86.4%                  | (83.0 - 89.2)                      | 9,533          | 80.8%                         | (79.5 - 82.1)          | +                                  |                  | No  |   |
| 2014                                                                | 2,524          | 81.1%                  | (78.9 - 83.1)                      | 21,599         | 72.4%                  | (71.5 - 73.3)                      | +                | 1,060          | 76.8%                  | (73.2 - 80.1)                      | 9,241          | 64.7%                  | (63.2 - 66.2)                      | +                | 1,464          | 85.1%                  | (82.3 - 87.4)                      | 12,358         | 79.8%                         | (78.7 - 80.9)          | +                                  |                  | Yes |   |
| 2015                                                                | 2,028          | 82.6%                  | (80.2 - 84.9)                      | 16,136         | 75.4%                  | (74.4 - 76.4)                      | +                | 815            | 76.5%                  | (72.4 - 80.2)                      | 6,900          | 68.2%                  | (66.5 - 69.9)                      | +                | 1,213          | 88.3%                  | (85.4 - 90.7)                      | 9,236          | 82.3%                         | (81.1 - 83.4)          | +                                  |                  | Yes |   |
| 2016                                                                | 1,558          | 82.1%                  | (79.4 - 84.4)                      | 14,628         | 73.8%                  | (72.7 - 74.9)                      | +                | 678            | 78.1%                  | (73.9 - 81.8)                      | 6,370          | 66.8%                  | (65.0 - 68.5)                      | +                | 880            | 85.8%                  | (82.5 - 88.6)                      | 8,258          | 80.6%                         | (79.2 - 81.8)          | +                                  |                  | Yes |   |
| Texted while driving in past 30 days                                |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |     |   |
| 2011                                                                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | -   | - |
| 2012                                                                | 2,567          | 26.7%                  | (24.4 - 29.2)                      | 11,451         | 26.8%                  | (25.6 - 27.9)                      | NS               | 1,069          | 26.7%                  | (23.4 - 30.2)                      | 4,757          | 29.2%                  | (27.5 - 31.0)                      | NS               | 1,498          | 26.8%                  | (23.6 - 30.3)                      | 6,694          | 24.4%                         | (22.8 - 26.0)          | NS                                 |                  | No  |   |
| 2013                                                                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | -   | - |
| 2014                                                                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | -   | - |
| 2015                                                                | 925            | 28.2%                  | (24.1 - 32.6)                      | 7,620          | 24.9%                  | (23.3 - 26.6)                      | NS               | 364            | 32.2%                  | (25.8 - 39.4)                      | 3,209          | 27.6%                  | (25.0 - 30.3)                      | NS               | 561            | 24.1%                  | (19.5 - 29.4)                      | 4,411          | 22.3%                         | (20.3 - 24.4)          | NS                                 |                  | No  |   |
| 2016                                                                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | -   | - |
| Talked on a cell phone while driving in past 30 days                |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |     |   |
| 2011                                                                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | -   | - |
| 2012                                                                | 2,562          | 66.6%                  | (64.3 - 68.9)                      | 11,424         | 69.1%                  | (68.0 - 70.2)                      | NS               | 1,068          | 69.0%                  | (65.4 - 72.3)                      | 4,742          | 71.5%                  | (69.9 - 73.2)                      | NS               | 1,494          | 64.4%                  | (61.3 - 67.5)                      | 6,682          | 66.7%                         | (65.2 - 68.2)          | NS                                 |                  | No  |   |
| 2013                                                                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | -   | - |
| 2014                                                                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | -   | - |
| 2015                                                                | 922            | 66.0%                  | (61.8 - 69.9)                      | 7,604          | 67.0%                  | (65.3 - 68.6)                      | NS               | 361            | 71.2%                  | (64.8 - 76.9)                      | 3,203          | 71.0%                  | (68.5 - 73.3)                      | NS               | 561            | 60.9%                  | (55.3 - 66.2)                      | 4,401          | 63.1%                         | (60.8 - 65.2)          | NS                                 |                  | No  |   |
| 2016                                                                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | -   | - |
| Had a fall in past year, aged 45 years and older                    |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |     |   |
| 2011                                                                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | -   | - |
| 2012                                                                | 2,255          | 28.0%                  | (25.7 - 30.5)                      | 13,738         | 28.8%                  | (27.7 - 29.9)                      | NS               | 902            | 24.1%                  | (20.7 - 27.9)                      | 5,384          | 26.9%                  | (25.3 - 28.5)                      | NS               | 1,353          | 31.7%                  | (28.5 - 35.0)                      | 8,354          | 30.5%                         | (29.1 - 31.9)          | NS                                 |                  | Yes |   |
| 2013                                                                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | -   | - |
| 2014                                                                | 1,728          | 24.5%                  | (22.0 - 27.2)                      | 15,671         | 26.1%                  | (25.1 - 27.1)                      | NS               | 707            | 22.4%                  | (18.9 - 26.4)                      | 6,513          | 24.5%                  | (23.0 - 26.1)                      | NS               | 1,021          | 26.3%                  | (22.9 - 30.1)                      | 9,158          | 27.6%                         | (26.2 - 29.0)          | NS                                 |                  | No  |   |
| 2015                                                                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | -   | - |
| 2016                                                                | 1,027          | 29.3%                  | (26.0 - 32.7)                      | 10,369         | 29.0%                  | (27.7 - 30.3)                      | NS               | 429            | 26.3%                  | (21.8 - 31.4)                      | 4,333          | 28.1%                  | (26.2 - 30.1)                      | NS               | 598            | 31.9%                  | (27.5 - 36.6)                      | 6,036          | 29.7%                         | (28.0 - 31.5)          | NS                                 |                  | No  |   |
| Injured due to a fall in past year, aged 45 years and older         |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |     |   |
| 2011                                                                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | -   | - |
| 2012                                                                | 2,249          | 9.5%                   | (8.1 - 11.1)                       | 13,719         | 9.9%                   | (9.2 - 10.6)                       | NS               | 901            | 6.8%                   | (5.1 - 9.1)                        | 5,377          | 7.7%                   | (6.7 - 8.7)                        | NS               | 1,348          | 12.0%                  | (9.9 - 14.5)                       | 8,342          | 11.8%                         | (10.9 - 12.9)          | NS                                 |                  | Yes |   |
| 2013                                                                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | -   | - |
| 2014                                                                | 1,725          | 8.0%                   | (6.6 - 9.8)                        | 15,647         | 8.8%                   | (8.2 - 9.5)                        | NS               | 707            | 6.2%                   | (4.3 - 8.8)                        | 6,502          | 6.8%                   | (6.0 - 7.7)                        | NS               | 1,018          | 9.7%                   | (7.7 - 12.3)                       | 9,145          | 10.6%                         | (9.7 - 11.6)           | NS                                 |                  | No  |   |
| 2015                                                                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | -   | - |
| 2016                                                                | 1,027          | 11.5%                  | (9.4 - 14.0)                       | 10,367         | 10.1%                  | (9.3 - 11.0)                       | NS               | 429            | 8.4%                   | (5.9 - 11.7)                       | 4,333          | 7.8%                   | (6.8 - 9.0)                        | NS               | 598            | 14.3%                  | (11.2 - 18.2)                      | 6,034          | 12.2%                         | (11.0 - 13.6)          | NS                                 |                  | No  |   |
| <b>Mental Health</b>                                                |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |     |   |
| Ever told they have depression                                      |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |     |   |
| 2011                                                                | 4,401          | 16.7%                  | (15.3 - 18.3)                      | 25,333         | 16.8%                  | (16.2 - 17.5)                      | NS               | 1,779          | 11.6%                  | (9.8 - 13.6)                       | 10,198         | 11.5%                  | (10.7 - 12.4)                      | NS               | 2,622          | 21.6%                  | (19.4 - 24.1)                      | 15,135         | 22.0%                         | (21.0 - 23.0)          | NS                                 |                  | Yes |   |
| 2012                                                                | 3,566          | 18.1%                  | (16.5 - 19.8)                      | 19,115         | 16.7%                  | (16.0 - 17.5)                      | NS               | 1,488          | 14.7%                  | (12.5 - 17.3)                      | 7,853          | 12.4%                  | (11.4 - 13.5)                      | NS               | 2,078          | 21.2%                  | (19.0 - 23.7)                      | 11,262         | 20.9%                         | (19.8 - 22.1)          | NS                                 |                  | Yes |   |
| 2013                                                                | 1,701          | 20.5%                  | (18.1 - 23.2)                      | 17,065         | 18.2%                  | (17.3 - 19.2)                      | NS               | 699            | 14.5%                  | (11.5 - 18.1)                      | 6,940          | 12.9%                  | (11.6 - 14.2)                      | NS               | 1,002          | 26.2%                  | (22.6 - 30.1)                      | 10,125         | 23.4%                         | (22.0 - 24.8)          | NS                                 |                  | Yes |   |
| 2014                                                                | 2,630          | 18.8%                  | (16.9 - 21.0)                      | 22,346         | 17.7%                  | (16.9 - 18.6)                      | NS               | 1,108          | 14.5%                  | (11.8 - 17.6)                      | 9,582          | 13.0%                  | (11.8 - 14.2)                      | NS               | 1,522          | 22.9%                  | (20.2 - 25.9)                      | 12,764         | 22.3%                         | (21.1 - 23.5)          | NS                                 |                  | Yes |   |
| 2015                                                                | 2,199          | 18.6%                  | (16.5 - 20.9)                      | 17,485         | 17.5%                  | (16.7 - 18.5)                      | NS               | 887            | 14.1%                  | (11.2 - 17.5)                      | 7,534          | 12.4%                  | (11.3 - 13.7)                      | NS               | 1,312          | 22.9%                  | (20.0 - 26.2)                      | 9,951          | 22.5%                         | (21.2 - 23.8)          | NS                                 |                  | Yes |   |
| 2016                                                                | 1,609          | 19.3%                  | (17.0 - 21.9)                      | 15,138         | 17.8%                  | (16.8 - 18.8)                      | NS               | 702            | 12.7%                  | (9.9 - 16.2)                       | 6,609          | 12.1%                  | (10.9 - 13.4)                      | NS               | 907            | 25.6%                  | (22.1 - 29.5)                      | 8,529          | 23.4%                         | (21.8 - 25.0)          | NS                                 |                  | Yes |   |



| Indicators                                                                                   | Overall        |                        |                                    |                |                        |                                    | Men              |                |                        |                                    |                |                        | Women                              |                  |                |                        |                                    |                | LHD Gender Diff. <sup>e</sup> |                        |                                    |                  |
|----------------------------------------------------------------------------------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|
|                                                                                              | Douglas County |                        |                                    | State of NE    |                        |                                    | Douglas County   |                |                        | State of NE                        |                |                        | Douglas County                     |                  |                | State of NE            |                                    |                |                               |                        |                                    |                  |
|                                                                                              | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                               | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> |
| Took pain medication prescribed by doctor in past year                                       |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2012                                                                                         | 2,653          | 31.3%                  | (29.0 - 33.6)                      | 11,767         | 30.2%                  | (29.1 - 31.4)                      | NS               | 1,090          | 27.7%                  | (24.5 - 31.2)                      | 4,835          | 27.3%                  | (25.7 - 29.0)                      | NS               | 1,563          | 34.6%                  | (31.5 - 37.8)                      | 6,932          | 33.0%                         | (31.5 - 34.6)          | NS                                 | Yes              |
| 2013                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2014                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2015                                                                                         | 962            | 34.0%                  | (30.1 - 38.1)                      | 7,858          | 33.5%                  | (31.9 - 35.1)                      | NS               | 377            | 28.0%                  | (22.6 - 34.3)                      | 3,283          | 28.9%                  | (26.6 - 31.4)                      | NS               | 585            | 39.8%                  | (34.7 - 45.2)                      | 4,575          | 37.9%                         | (35.8 - 40.1)          | NS                                 | Yes              |
| 2016                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| Had leftover pain meds after last filled script, among those who took pain meds in past year |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2012                                                                                         | 904            | 52.6%                  | (48.2 - 56.9)                      | 3,848          | 49.2%                  | (46.9 - 51.4)                      | NS               | 320            | 49.4%                  | (42.2 - 56.6)                      | 1,423          | 43.9%                  | (40.4 - 47.4)                      | NS               | 584            | 54.9%                  | (49.5 - 60.3)                      | 2,425          | 53.4%                         | (50.5 - 56.3)          | NS                                 | No               |
| 2013                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2014                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2015                                                                                         | 344            | 45.0%                  | (38.1 - 52.2)                      | 2,684          | 45.7%                  | (42.8 - 48.7)                      | NS               | 112            | 42.0%                  | (30.7 - 54.1)                      | 995            | 42.6%                  | (37.9 - 47.4)                      | NS               | 232            | 47.2%                  | (38.8 - 55.8)                      | 1,689          | 48.0%                         | (44.4 - 51.7)          | NS                                 | No               |
| 2016                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| Used marijuana in past 30 days                                                               |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2012                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2013                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2014                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2015                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2016                                                                                         | 1,496          | 7.1%                   | (5.4 - 9.2)                        | 14,160         | 4.9%                   | (4.2 - 5.7)                        | NS               | 644            | 10.2%                  | (7.3 - 14.2)                       | 6,143          | 7.2%                   | (6.0 - 8.6)                        | NS               | 852            | 4.1%                   | (2.7 - 6.4)                        | 8,017          | 2.7%                          | (2.1 - 3.5)            | NS                                 | Yes              |
| <b>Immunization and Infectious Disease</b>                                                   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| Had a flu vaccination in past year, aged 18 years and older                                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011                                                                                         | 4,140          | 43.2%                  | (41.1 - 45.4)                      | 24,156         | 41.1%                  | (40.2 - 42.0)                      | NS               | 1,670          | 36.4%                  | (33.4 - 39.6)                      | 9,663          | 35.1%                  | (33.8 - 36.5)                      | NS               | 2,470          | 49.7%                  | (46.7 - 52.6)                      | 14,493         | 46.8%                         | (45.6 - 48.1)          | NS                                 | Yes              |
| 2012                                                                                         | 3,513          | 45.5%                  | (43.4 - 47.6)                      | 18,903         | 42.2%                  | (41.2 - 43.2)                      | +                | 1,463          | 40.1%                  | (37.0 - 43.2)                      | 7,754          | 36.8%                  | (35.4 - 38.2)                      | NS               | 2,050          | 50.7%                  | (47.9 - 53.5)                      | 11,149         | 47.5%                         | (46.1 - 48.8)          | NS                                 | Yes              |
| 2013                                                                                         | 1,565          | 45.0%                  | (41.8 - 48.3)                      | 16,022         | 45.2%                  | (43.9 - 46.4)                      | NS               | 633            | 42.5%                  | (37.6 - 47.5)                      | 6,506          | 41.2%                  | (39.4 - 43.1)                      | NS               | 932            | 47.3%                  | (43.1 - 51.6)                      | 9,516          | 48.9%                         | (47.2 - 50.6)          | NS                                 | No               |
| 2014                                                                                         | 2,530          | 47.5%                  | (44.9 - 50.1)                      | 21,638         | 43.9%                  | (42.9 - 45.0)                      | NS               | 1,063          | 42.6%                  | (38.9 - 46.4)                      | 9,262          | 38.8%                  | (37.3 - 40.4)                      | NS               | 1,467          | 52.0%                  | (48.5 - 55.5)                      | 12,376         | 48.9%                         | (47.4 - 50.3)          | NS                                 | Yes              |
| 2015                                                                                         | 2,022          | 48.3%                  | (45.4 - 51.2)                      | 16,091         | 47.2%                  | (46.0 - 48.4)                      | NS               | 812            | 41.3%                  | (37.1 - 45.6)                      | 6,883          | 40.8%                  | (39.0 - 42.6)                      | NS               | 1,210          | 54.7%                  | (50.8 - 58.5)                      | 9,208          | 53.4%                         | (51.7 - 55.0)          | NS                                 | Yes              |
| 2016                                                                                         | 1,564          | 48.6%                  | (45.5 - 51.7)                      | 14,685         | 44.4%                  | (43.1 - 45.7)                      | NS               | 683            | 43.8%                  | (39.2 - 48.4)                      | 6,401          | 39.4%                  | (37.5 - 41.3)                      | NS               | 881            | 53.1%                  | (48.9 - 57.3)                      | 8,284          | 49.3%                         | (47.6 - 51.1)          | NS                                 | Yes              |
| Had a flu vaccination in past year, aged 65 years and older <sup>^</sup>                     |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011                                                                                         | 1,139          | 60.8%                  | (56.3 - 65.2)                      | 8,185          | 61.8%                  | (60.3 - 63.3)                      | NS               | 415            | 60.9%                  | (53.8 - 67.6)                      | 2,875          | 59.6%                  | (57.1 - 62.1)                      | NS               | 724            | 60.7%                  | (54.8 - 66.3)                      | 5,310          | 63.4%                         | (61.5 - 65.3)          | NS                                 | No               |
| 2012                                                                                         | 972            | 68.1%                  | (64.1 - 71.8)                      | 6,625          | 62.9%                  | (61.2 - 64.6)                      | NS               | 335            | 69.2%                  | (62.4 - 75.2)                      | 2,327          | 60.9%                  | (58.1 - 63.6)                      | NS               | 637            | 67.3%                  | (62.3 - 71.9)                      | 4,298          | 64.4%                         | (62.4 - 66.5)          | NS                                 | No               |
| 2013                                                                                         | 392            | 66.9%                  | (60.5 - 72.8)                      | 5,652          | 66.2%                  | (64.2 - 68.1)                      | NS               | 148            | 68.3%                  | (57.4 - 77.5)                      | 2,067          | 67.6%                  | (64.4 - 70.6)                      | NS               | 244            | 65.9%                  | (57.8 - 73.0)                      | 3,585          | 65.0%                         | (62.6 - 67.4)          | NS                                 | No               |
| 2014                                                                                         | 840            | 68.5%                  | (64.4 - 72.2)                      | 7,610          | 64.7%                  | (63.2 - 66.2)                      | NS               | 320            | 69.3%                  | (62.9 - 75.1)                      | 2,971          | 65.9%                  | (63.5 - 68.3)                      | NS               | 520            | 67.8%                  | (62.6 - 72.7)                      | 4,639          | 63.8%                         | (61.8 - 65.7)          | NS                                 | No               |
| 2015                                                                                         | 635            | 66.2%                  | (61.3 - 70.7)                      | 5,578          | 65.2%                  | (63.4 - 67.0)                      | NS               | 215            | 63.2%                  | (54.7 - 71.0)                      | 2,119          | 64.1%                  | (61.1 - 66.9)                      | NS               | 420            | 68.3%                  | (62.5 - 73.5)                      | 3,459          | 66.1%                         | (63.9 - 68.2)          | NS                                 | No               |
| 2016                                                                                         | 470            | 69.6%                  | (64.5 - 74.3)                      | 5,130          | 62.7%                  | (60.8 - 64.6)                      | NS               | 180            | 72.1%                  | (64.4 - 78.7)                      | 1,967          | 62.8%                  | (59.8 - 65.6)                      | NS               | 290            | 67.8%                  | (60.8 - 74.1)                      | 3,163          | 62.7%                         | (60.2 - 65.1)          | NS                                 | No               |
| Ever had a pneumonia vaccination, aged 65 years and older <sup>^</sup>                       |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011                                                                                         | 1,108          | 72.6%                  | (68.5 - 76.4)                      | 7,997          | 70.3%                  | (68.8 - 71.7)                      | NS               | 399            | 70.3%                  | (63.4 - 76.4)                      | 2,772          | 66.7%                  | (64.2 - 69.1)                      | NS               | 709            | 74.5%                  | (69.3 - 79.0)                      | 5,225          | 72.9%                         | (71.2 - 74.5)          | NS                                 | No               |
| 2012                                                                                         | 945            | 72.6%                  | (68.7 - 76.3)                      | 6,413          | 70.0%                  | (68.4 - 71.6)                      | NS               | 322            | 67.9%                  | (61.0 - 74.1)                      | 2,225          | 66.9%                  | (64.1 - 69.6)                      | NS               | 623            | 75.8%                  | (71.1 - 80.0)                      | 4,188          | 72.3%                         | (70.3 - 74.1)          | NS                                 | No               |
| 2013                                                                                         | 380            | 76.0%                  | (70.0 - 81.1)                      | 5,478          | 71.7%                  | (69.8 - 73.4)                      | NS               | 141            | 77.7%                  | (67.9 - 85.2)                      | 1,970          | 71.5%                  | (68.5 - 74.3)                      | NS               | 239            | 74.7%                  | (66.7 - 81.2)                      | 3,508          | 71.8%                         | (69.4 - 74.0)          | NS                                 | No               |
| 2014                                                                                         | 812            | 76.7%                  | (73.0 - 80.0)                      | 7,372          | 72.3%                  | (70.9 - 73.7)                      | NS               | 302            | 74.1%                  | (68.0 - 79.5)                      | 2,849          | 70.3%                  | (67.9 - 72.5)                      | NS               | 510            | 78.6%                  | (73.9 - 82.7)                      | 4,523          | 73.9%                         | (72.1 - 75.7)          | NS                                 | No               |
| 2015                                                                                         | 617            | 74.5%                  | (69.9 - 78.7)                      | 5,452          | 73.8%                  | (72.1 - 75.4)                      | NS               | 207            | 70.3%                  | (62.0 - 77.4)                      | 2,056          | 70.3%                  | (67.4 - 73.0)                      | NS               | 410            | 77.4%                  | (71.8 - 82.2)                      | 3,396          | 76.5%                         | (74.5 - 78.4)          | NS                                 | No               |
| 2016                                                                                         | 463            | 79.3%                  | (74.7 - 83.3)                      | 5,060          | 75.9%                  | (74.2 - 77.5)                      | NS               | 175            | 77.4%                  | (69.6 - 83.6)                      | 1,927          | 73.7%                  | (70.9 - 76.3)                      | NS               | 288            | 80.8%                  | (74.8 - 85.6)                      | 3,133          | 77.6%                         | (75.5 - 79.7)          | NS                                 | No               |
| Had a tetanus vaccination since 2005                                                         |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2012                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2013                                                                                         | 1,431          | 61.3%                  | (57.8 - 64.6)                      | 14,650         | 60.2%                  | (58.9 - 61.5)                      | NS               | 586            | 60.8%                  | (55.5 - 65.8)                      | 6,015          | 63.1%                  | (61.1 - 65.0)                      | NS               | 845            | 61.8%                  | (57.3 - 66.0)                      | 8,635          | 57.4%                         | (55.6 - 59.1)          | NS                                 | No               |
| 2014                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2015                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2016                                                                                         | 1,425          | 63.2%                  | (60.0 - 66.3)                      | 13,574         | 64.2%                  | (62.9 - 65.4)                      | NS               | 615            | 63.7%                  | (58.8 - 68.3)                      | 5,939          | 67.5%                  | (65.5 - 69.3)                      | NS               | 810            | 62.8%                  | (58.6 - 66.9)                      | 7,635          | 60.9%                         | (59.2 - 62.7)          | NS                                 | No               |

| Indicators                                                                                        | Overall        |                        |                                    |                |                        |                                    |                  | Men            |                        |                                    |                |                        |                                    |                  | Women          |                        |                                    |                |                        |                                    |                  | LHD Gender Diff.° |
|---------------------------------------------------------------------------------------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|-------------------|
|                                                                                                   | Douglas County |                        |                                    | State of NE    |                        |                                    | Sig <sup>d</sup> | Douglas County |                        |                                    | State of NE    |                        |                                    | Sig <sup>d</sup> | Douglas County |                        |                                    | State of NE    |                        |                                    | Sig <sup>d</sup> |                   |
|                                                                                                   | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) |                  | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) |                  | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) |                  |                   |
| Ever had a shingles vaccination, aged 50 years and older                                          |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                   |
| 2011                                                                                              | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  |                  |                   |
| 2012                                                                                              | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  |                  |                   |
| 2013                                                                                              | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  |                  |                   |
| 2014                                                                                              | 1,540          | 27.7%                  | (25.1 - 30.5)                      | 14,246         | 27.9%                  | (26.9 - 28.9)                      | NS               | 618            | 25.0%                  | (21.3 - 29.2)                      | 5,892          | 25.7%                  | (24.2 - 27.3)                      | NS               | 922            | 30.0%                  | (26.5 - 33.8)                      | 8,354          | 29.8%                  | (28.4 - 31.3)                      | NS               | No                |
| 2015                                                                                              | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  |                  |                   |
| 2016                                                                                              | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  |                  |                   |
| Ever been tested for HIV, 18-64 year olds (excluding blood donation)                              |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                   |
| 2011                                                                                              | 2,900          | 36.6%                  | (34.2 - 39.0)                      | 15,561         | 30.8%                  | (29.7 - 31.8)                      | +                | 1,218          | 33.1%                  | (29.8 - 36.6)                      | 6,612          | 28.4%                  | (27.0 - 29.9)                      | NS               | 1,682          | 39.9%                  | (36.6 - 43.3)                      | 8,949          | 33.1%                  | (31.7 - 34.6)                      | +                | Yes               |
| 2012                                                                                              | 2,446          | 37.2%                  | (34.8 - 39.6)                      | 11,879         | 30.9%                  | (29.8 - 32.1)                      | +                | 1,086          | 32.8%                  | (29.5 - 36.3)                      | 5,254          | 27.9%                  | (26.3 - 29.5)                      | NS               | 1,360          | 41.5%                  | (38.3 - 44.8)                      | 6,625          | 34.0%                  | (32.4 - 35.7)                      | +                | Yes               |
| 2013                                                                                              | 1,138          | 38.7%                  | (35.0 - 42.5)                      | 10,049         | 31.8%                  | (30.3 - 33.3)                      | +                | 476            | 37.0%                  | (31.5 - 42.8)                      | 4,304          | 29.1%                  | (27.0 - 31.3)                      | +                | 662            | 40.3%                  | (35.6 - 45.3)                      | 5,745          | 34.4%                  | (32.5 - 36.4)                      | NS               | No                |
| 2014                                                                                              | 1,610          | 38.5%                  | (35.5 - 41.5)                      | 13,474         | 30.9%                  | (29.6 - 32.2)                      | +                | 704            | 35.7%                  | (31.4 - 40.2)                      | 6,042          | 28.6%                  | (26.8 - 30.5)                      | +                | 906            | 41.2%                  | (37.1 - 45.3)                      | 7,432          | 33.2%                  | (31.4 - 35.0)                      | +                | No                |
| 2015                                                                                              | 1,337          | 40.9%                  | (37.5 - 44.4)                      | 10,152         | 32.0%                  | (30.6 - 33.5)                      | +                | 574            | 39.3%                  | (34.4 - 44.5)                      | 4,604          | 29.2%                  | (27.2 - 31.4)                      | +                | 763            | 42.4%                  | (37.9 - 47.1)                      | 5,548          | 34.9%                  | (32.9 - 36.9)                      | +                | No                |
| 2016                                                                                              | 1,050          | 39.0%                  | (35.4 - 42.7)                      | 9,145          | 31.9%                  | (30.4 - 33.5)                      | +                | 483            | 36.5%                  | (31.4 - 42.0)                      | 4,263          | 28.5%                  | (26.4 - 30.7)                      | +                | 567            | 41.4%                  | (36.6 - 46.5)                      | 4,882          | 35.4%                  | (33.2 - 37.6)                      | NS               | No                |
| <b>Oral Health</b>                                                                                |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                   |
| Visited a dentist or dental clinic for any reason in past year <sup>h</sup>                       |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                   |
| 2011                                                                                              | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  |                  |                   |
| 2012                                                                                              | 3,552          | 68.4%                  | (66.4 - 70.4)                      | 19,052         | 67.6%                  | (66.6 - 68.5)                      | NS               | 1,483          | 64.1%                  | (61.0 - 67.2)                      | 7,827          | 64.2%                  | (62.7 - 65.6)                      | NS               | 2,069          | 72.5%                  | (69.9 - 74.9)                      | 11,225         | 70.9%                  | (69.6 - 72.1)                      | NS               | Yes               |
| 2013                                                                                              | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  |                  |                   |
| 2014                                                                                              | 2,624          | 68.7%                  | (66.2 - 71.0)                      | 22,258         | 66.4%                  | (65.4 - 67.4)                      | NS               | 1,105          | 66.4%                  | (62.7 - 70.0)                      | 9,544          | 63.2%                  | (61.7 - 64.8)                      | NS               | 1,519          | 70.8%                  | (67.4 - 73.9)                      | 12,714         | 69.5%                  | (68.1 - 70.8)                      | NS               | No                |
| 2015                                                                                              | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  |                  |                   |
| 2016                                                                                              | 1,611          | 69.4%                  | (66.3 - 72.2)                      | 15,089         | 68.7%                  | (67.5 - 69.9)                      | NS               | 704            | 68.6%                  | (63.9 - 72.9)                      | 6,597          | 65.9%                  | (64.1 - 67.7)                      | NS               | 907            | 70.1%                  | (66.1 - 73.8)                      | 8,492          | 71.4%                  | (69.8 - 73.0)                      | NS               | No                |
| Had any permanent teeth extracted due to tooth decay or gum disease                               |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                   |
| 2011                                                                                              | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  |                  |                   |
| 2012                                                                                              | 3,518          | 37.0%                  | (35.0 - 39.0)                      | 18,824         | 39.8%                  | (38.8 - 40.8)                      | NS               | 1,475          | 35.8%                  | (32.9 - 38.8)                      | 7,750          | 39.2%                  | (37.7 - 40.6)                      | NS               | 2,043          | 38.0%                  | (35.4 - 40.8)                      | 11,074         | 40.4%                  | (39.1 - 41.7)                      | NS               | No                |
| 2013                                                                                              | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  |                  |                   |
| 2014                                                                                              | 2,597          | 35.4%                  | (33.1 - 37.8)                      | 22,085         | 39.1%                  | (38.1 - 40.1)                      | -                | 1,102          | 34.7%                  | (31.3 - 38.4)                      | 9,490          | 39.4%                  | (37.9 - 40.9)                      | NS               | 1,495          | 36.0%                  | (32.9 - 39.2)                      | 12,595         | 38.9%                  | (37.5 - 40.2)                      | NS               | No                |
| 2015                                                                                              | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  |                  |                   |
| 2016                                                                                              | 1,595          | 36.2%                  | (33.4 - 39.2)                      | 14,988         | 38.2%                  | (37.0 - 39.4)                      | NS               | 698            | 33.7%                  | (29.6 - 38.0)                      | 6,559          | 37.6%                  | (35.8 - 39.3)                      | NS               | 897            | 38.7%                  | (34.8 - 42.7)                      | 8,429          | 38.9%                  | (37.3 - 40.5)                      | NS               | No                |
| Had any permanent teeth extracted due to tooth decay or gum disease, 45-64 year olds <sup>h</sup> |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                   |
| 2011                                                                                              | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  |                  |                   |
| 2012                                                                                              | 1,281          | 47.2%                  | (43.8 - 50.6)                      | 7,138          | 47.7%                  | (46.1 - 49.3)                      | NS               | 563            | 47.5%                  | (42.5 - 52.7)                      | 3,077          | 48.7%                  | (46.3 - 51.1)                      | NS               | 718            | 46.8%                  | (42.3 - 51.4)                      | 4,061          | 46.7%                  | (44.6 - 48.8)                      | NS               | No                |
| 2013                                                                                              | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  |                  |                   |
| 2014                                                                                              | 907            | 43.3%                  | (39.4 - 47.3)                      | 8,200          | 45.9%                  | (44.3 - 47.5)                      | NS               | 398            | 44.7%                  | (39.0 - 50.6)                      | 3,631          | 47.5%                  | (45.1 - 50.0)                      | NS               | 509            | 41.8%                  | (36.6 - 47.2)                      | 4,569          | 44.3%                  | (42.1 - 46.5)                      | NS               | No                |
| 2015                                                                                              | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  |                  |                   |
| 2016                                                                                              | 556            | 44.7%                  | (40.0 - 49.6)                      | 5,356          | 45.1%                  | (43.1 - 47.1)                      | NS               | 248            | 42.0%                  | (35.0 - 49.3)                      | 2,446          | 46.4%                  | (43.5 - 49.3)                      | NS               | 308            | 47.4%                  | (41.0 - 53.8)                      | 2,910          | 43.8%                  | (41.2 - 46.5)                      | NS               | No                |
| Had all permanent teeth extracted due to tooth decay or gum disease, aged 65 years and older      |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                   |
| 2011                                                                                              | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  |                  |                   |
| 2012                                                                                              | 953            | 12.2%                  | (9.8 - 15.3)                       | 6,502          | 13.4%                  | (12.3 - 14.5)                      | NS               | 336            | 10.5%                  | (6.9 - 15.6)                       | 2,313          | 12.0%                  | (10.3 - 13.9)                      | NS               | 617            | 13.5%                  | (10.3 - 17.5)                      | 4,189          | 14.4%                  | (13.0 - 16.0)                      | NS               | No                |
| 2013                                                                                              | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  |                  |                   |
| 2014                                                                                              | 840            | 9.0%                   | (6.9 - 11.6)                       | 7,657          | 14.1%                  | (13.0 - 15.2)                      | -                | 325            | 10.8%                  | (7.3 - 15.6)                       | 3,010          | 14.4%                  | (12.8 - 16.3)                      | NS               | 515            | 7.7%                   | (5.5 - 10.6)                       | 4,647          | 13.8%                  | (12.5 - 15.2)                      | -                | No                |
| 2015                                                                                              | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  |                  |                   |
| 2016                                                                                              | 480            | 14.6%                  | (11.1 - 18.9)                      | 5,179          | 13.2%                  | (11.9 - 14.6)                      | NS               | 183            | 7.7%                   | (4.4 - 13.2)                       | 1,993          | 10.6%                  | (9.0 - 12.5)                       | NS               | 297            | 19.7%                  | (14.5 - 26.2)                      | 3,186          | 15.3%                  | (13.5 - 17.3)                      | NS               | Yes               |
| Had all permanent teeth extracted due to tooth decay or gum disease, 65-74 year olds <sup>h</sup> |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                   |
| 2011                                                                                              | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  |                  |                   |
| 2012                                                                                              | 460            | 10.7%                  | (7.6 - 15.0)                       | 3,149          | 11.3%                  | (9.9 - 12.8)                       | NS               | 186            | 7.3%                   | (3.6 - 14.3)                       | 1,268          | 9.3%                   | (7.5 - 11.4)                       | NS               | 274            | 13.5%                  | (9.1 - 19.5)                       | 1,881          | 13.1%                  | (11.1 - 15.3)                      | NS               | No                |
| 2013                                                                                              | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  |                  |                   |
| 2014                                                                                              | 478            | 6.8%                   | (4.5 - 9.9)                        | 4,089          | 10.9%                  | (9.6 - 12.3)                       | NS               | 208            | 8.0%                   | (4.4 - 14.1)                       | 1,804          | 12.0%                  | (9.9 - 14.4)                       | NS               | 270            | 5.6%                   | (3.4 - 9.2)                        | 2,285          | 9.8%                   | (8.3 - 11.7)                       | NS               | No                |
| 2015                                                                                              | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  |                  |                   |
| 2016                                                                                              | 290            | 10.6%                  | (7.3 - 15.3)                       | 2,815          | 10.4%                  | (9.0 - 12.0)                       | NS               | 115            | 6.9%                   | (3.2 - 14.4)                       | 1,168          | 8.8%                   | (6.9 - 11.2)                       | NS               | 175            | 13.6%                  | (8.8 - 20.3)                       | 1,647          | 11.8%                  | (9.9 - 14.1)                       | NS               | No                |

| Indicators                                                                                   | Overall        |                        |                                    |                |                        |                                    | Men              |                |                        |                                    |                |                        | Women                              |                  |                |                        |                                    |                | LHD Gender Diff. <sup>e</sup> |                        |                                    |                  |  |
|----------------------------------------------------------------------------------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|--|
|                                                                                              | Douglas County |                        |                                    | State of NE    |                        |                                    | Douglas County   |                |                        | State of NE                        |                |                        | Douglas County                     |                  |                | State of NE            |                                    |                |                               |                        |                                    |                  |  |
|                                                                                              | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                               | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> |  |
| Had teeth cleaned by dentist/hygienist in past year, among those with 1+ permanent teeth     |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| 2011                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2012                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2013                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2014                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2015                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2016                                                                                         | 1,479          | 67.4%                  | (64.2 - 70.5)                      | 13,764         | 67.4%                  | (66.1 - 68.6)                      | NS               | 660            | 65.5%                  | (60.6 - 70.1)                      | 6,092          | 63.9%                  | (62.0 - 65.8)                      | NS               | 819            | 69.3%                  | (65.0 - 73.3)                      | 7,672          | 70.8%                         | (69.1 - 72.5)          | NS                                 | No               |  |
| <b>Social Context</b>                                                                        |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| Housing insecurity in past year, among those who own or rent their home <sup>^</sup>         |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| 2011                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2012                                                                                         | 669            | 28.9%                  | (24.9 - 33.4)                      | 6,089          | 26.6%                  | (25.0 - 28.3)                      | NS               | 282            | 26.9%                  | (21.1 - 33.7)                      | 2,481          | 24.7%                  | (22.3 - 27.3)                      | NS               | 387            | 30.7%                  | (25.3 - 36.8)                      | 3,608          | 28.5%                         | (26.3 - 30.8)          | NS                                 | No               |  |
| 2013                                                                                         | 699            | 34.3%                  | (29.7 - 39.2)                      | 7,324          | 28.8%                  | (27.1 - 30.5)                      | NS               | 269            | 30.9%                  | (23.8 - 39.1)                      | 2,961          | 25.0%                  | (22.5 - 27.7)                      | NS               | 430            | 36.8%                  | (30.9 - 43.1)                      | 4,363          | 32.3%                         | (30.0 - 34.7)          | NS                                 | No               |  |
| 2014                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2015                                                                                         | 908            | 32.1%                  | (28.0 - 36.5)                      | 7,461          | 28.5%                  | (26.8 - 30.2)                      | NS               | 357            | 29.5%                  | (23.6 - 36.2)                      | 3,109          | 26.6%                  | (24.2 - 29.2)                      | NS               | 551            | 34.7%                  | (29.2 - 40.5)                      | 4,352          | 30.3%                         | (28.1 - 32.5)          | NS                                 | No               |  |
| 2016                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| Food insecurity in past year <sup>^</sup>                                                    |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| 2011                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2012                                                                                         | 730            | 19.8%                  | (16.3 - 23.7)                      | 6,621          | 17.6%                  | (16.2 - 19.0)                      | NS               | 312            | 14.7%                  | (10.3 - 20.6)                      | 2,684          | 13.9%                  | (12.1 - 16.0)                      | NS               | 418            | 24.4%                  | (19.5 - 30.1)                      | 3,937          | 21.1%                         | (19.1 - 23.2)          | NS                                 | No               |  |
| 2013                                                                                         | 737            | 21.6%                  | (17.8 - 26.1)                      | 7,828          | 19.0%                  | (17.6 - 20.6)                      | NS               | 283            | 16.3%                  | (10.9 - 23.6)                      | 3,159          | 15.4%                  | (13.4 - 17.7)                      | NS               | 454            | 25.7%                  | (20.5 - 31.6)                      | 4,669          | 22.5%                         | (20.5 - 24.6)          | NS                                 | No               |  |
| 2014                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2015                                                                                         | 967            | 24.4%                  | (20.9 - 28.3)                      | 7,918          | 21.0%                  | (19.5 - 22.5)                      | NS               | 379            | 20.7%                  | (15.7 - 26.8)                      | 3,309          | 17.9%                  | (15.8 - 20.2)                      | NS               | 588            | 28.1%                  | (23.4 - 33.3)                      | 4,609          | 24.0%                         | (22.1 - 26.1)          | NS                                 | No               |  |
| 2016                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| <b>Caregiving</b>                                                                            |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| Provided regular care/assistance in past month to friend or family member with health issue  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| 2011                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2012                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2013                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2014                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2015                                                                                         | 991            | 26.3%                  | (22.7 - 30.3)                      | 7,883          | 24.7%                  | (23.2 - 26.2)                      | NS               | 398            | 21.1%                  | (16.3 - 26.9)                      | 3,434          | 21.1%                  | (19.1 - 23.4)                      | NS               | 593            | 30.9%                  | (25.7 - 36.5)                      | 4,449          | 28.0%                         | (25.9 - 30.2)          | NS                                 | No               |  |
| 2016                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| <b>Cognitive Decline</b>                                                                     |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| Experienced more or worsening confusion or memory loss in past year, aged 45 years and older |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| 2011                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2012                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2013                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2014                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2015                                                                                         | 715            | 7.7%                   | (5.7 - 10.4)                       | 5,767          | 9.4%                   | (8.4 - 10.5)                       | NS               | 280            | 6.2%                   | (3.7 - 10.0)                       | 2,436          | 10.2%                  | (8.7 - 12.0)                       | NS               | 435            | 9.0%                   | (6.1 - 13.2)                       | 3,331          | 8.6%                          | (7.3 - 10.2)           | NS                                 | No               |  |
| 2016                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| <b>Inadequate Sleep</b>                                                                      |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| Get less than 7 hours of sleep per day                                                       |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| 2011                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2012                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2013                                                                                         | 1,694          | 35.8%                  | (32.8 - 39.0)                      | 16,972         | 31.8%                  | (30.6 - 33.0)                      | NS               | 697            | 36.5%                  | (31.9 - 41.4)                      | 6,927          | 32.6%                  | (30.8 - 34.4)                      | NS               | 997            | 35.2%                  | (31.3 - 39.2)                      | 10,045         | 31.0%                         | (29.5 - 32.6)          | NS                                 | No               |  |
| 2014                                                                                         | 2,615          | 30.1%                  | (27.8 - 32.5)                      | 22,172         | 30.0%                  | (29.0 - 31.0)                      | NS               | 1,108          | 31.0%                  | (27.5 - 34.6)                      | 9,527          | 30.7%                  | (29.2 - 32.2)                      | NS               | 1,507          | 29.3%                  | (26.3 - 32.5)                      | 12,645         | 29.4%                         | (28.1 - 30.7)          | NS                                 | No               |  |
| 2015                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2016                                                                                         | 1,606          | 30.6%                  | (27.8 - 33.6)                      | 15,097         | 29.6%                  | (28.4 - 30.8)                      | NS               | 706            | 31.2%                  | (27.0 - 35.8)                      | 6,610          | 29.7%                  | (27.9 - 31.5)                      | NS               | 900            | 30.0%                  | (26.3 - 33.9)                      | 8,487          | 29.5%                         | (27.9 - 31.2)          | NS                                 | No               |  |
| Average hours of sleep per day                                                               |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| 2011                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2012                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2013                                                                                         | 1,694          | 7.0                    | (6.9 - 7.0)                        | 16,972         | 7.1                    | (7.0 - 7.1)                        | NS               | 697            | 6.9                    | (6.8 - 7.1)                        | 6,927          | 7.0                    | (7.0 - 7.1)                        | NS               | 997            | 7.0                    | (6.9 - 7.1)                        | 10,045         | 7.1                           | (7.0 - 7.1)            | NS                                 | No               |  |
| 2014                                                                                         | 2,615          | 7.0                    | (6.9 - 7.1)                        | 22,172         | 7.1                    | (7.0 - 7.1)                        | NS               | 1,108          | 7.0                    | (6.9 - 7.1)                        | 9,527          | 7.0                    | (7.0 - 7.1)                        | NS               | 1,507          | 7.1                    | (7.0 - 7.1)                        | 12,645         | 7.1                           | (7.1 - 7.1)            | NS                                 | No               |  |
| 2015                                                                                         | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2016                                                                                         | 1,606          | 7.1                    | (7.0 - 7.2)                        | 15,097         | 7.1                    | (7.1 - 7.1)                        | NS               | 706            | 7.0                    | (6.9 - 7.1)                        | 6,610          | 7.1                    | (7.0 - 7.2)                        | NS               | 900            | 7.1                    | (7.0 - 7.3)                        | 8,487          | 7.1                           | (7.1 - 7.2)            | NS                                 | No               |  |

| Indicators                                                                          | Overall        |                        |                                    |                |                        |                                    |                  |                |                        | Men                                |                |                        |                                    |                  |                | Women                  |                                    |                |                        |                                    |                  | LHD Gender Diff. <sup>e</sup> |
|-------------------------------------------------------------------------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|-------------------------------|
|                                                                                     | Douglas County |                        |                                    | State of NE    |                        |                                    | Sig <sup>d</sup> | Douglas County |                        |                                    | State of NE    |                        |                                    | Sig <sup>d</sup> | Douglas County |                        |                                    | State of NE    |                        |                                    | Sig <sup>d</sup> |                               |
|                                                                                     | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) |                  | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) |                  | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) |                  |                               |
| <b>Occupational Safety and Health</b>                                               |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                               |
| Work-related injury or illness in past year, among employed or recently out of work |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                               |
| 2011                                                                                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                |                               |
| 2012                                                                                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                |                               |
| 2013                                                                                | 519            | 4.3%                   | (2.4 - 7.6)                        | 4,952          | 4.8%                   | (3.9 - 5.8)                        | NS               | 237            | 4.2%                   | (1.9 - 9.0)                        | 2,246          | 6.1%                   | (4.8 - 7.7)                        | NS               | 282            | 4.3%                   | (1.8 - 10.0)                       | 2,706          | 3.3%                   | (2.2 - 4.9)                        | NS               | No                            |
| 2014                                                                                | 773            | 4.7%                   | (2.7 - 7.9)                        | 6,966          | 4.9%                   | (4.1 - 5.9)                        | NS               | 348            | 4.6%                   | (2.5 - 8.3)                        | 3,403          | 5.4%                   | (4.4 - 6.7)                        | NS               | 425            | 4.7%                   | (2.0 - 10.7)                       | 3,563          | 4.3%                   | (3.1 - 6.0)                        | NS               | No                            |
| 2015                                                                                | 665            | 5.1%                   | (3.3 - 7.8)                        | 5,434          | 5.7%                   | (4.7 - 6.8)                        | NS               | 301            | 5.5%                   | (3.0 - 10.1)                       | 2,727          | 7.1%                   | (5.6 - 9.0)                        | NS               | 364            | 4.6%                   | (2.4 - 8.5)                        | 2,707          | 3.9%                   | (2.9 - 5.3)                        | NS               | No                            |
| 2016                                                                                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                |                               |

Note: Data reflect both landline and cell phone responses

Note: This table is not intended to be inclusive of all BRFSS indicators; some were excluded due to small numbers at the LHD level

Note: This table excludes 2011 BRFSS optional module and state added questions data due to the data being landline only

Note: The results in this table may be slightly different than results in previously published reports and tables due differences in the software used and/or how the statistical analysis code was written; these results were analyzed using SAS and SAS-callable SUDAAN software

<sup>a</sup> Non-weighted sample size among adults 18 and older (unless different age group noted)

<sup>b</sup> Weighted mean, median, or percentage (percentages are followed by the % symbol) among adults 18 and older (unless different age group noted)

<sup>c</sup> Low and High are the lower and upper limits of the 95% confidence interval, respectively

<sup>d</sup> Symbols represent: "+" = LHD value significantly higher than the state value; "-" = LHD value significantly lower than the state value; "NS" = LHD value not statistically different than the state value; significant differences based on 95% confidence interval overlap

<sup>e</sup> Indicates whether there is a significant difference by gender within the LHD region, based on non-overlapping 95% confidence intervals; note that small sample sizes for males and females can make interpreting significance difficult due to large confidence intervals

<sup>^</sup> Reflects a Nebraska Healthy People 2020 (HP2020) measure

\* Data suppressed due to a small number of respondents (i.e., fewer than 50)

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS); January 2018

