

BRFSS Detailed Summary Table for Dakota County Health Department Adults 18 and Older, 2011-2016

| Indicators  | Overall        |                        |                                    |                |                  | Men                    |                                    |                |                        |                  | Women                              |                |                        |                                    |                  | LHD Gender Diff. <sup>o</sup> |                |                        |                                    |               |    |     |
|---|----------------|------------------------|------------------------------------|----------------|------------------|------------------------|------------------------------------|----------------|------------------------|------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|-------------------------------|----------------|------------------------|------------------------------------|---------------|----|-----|
|   | Dakota County  |                        | State of NE                        |                | Sig <sup>d</sup> | Dakota County          |                                    | State of NE    |                        | Sig <sup>d</sup> | Dakota County                      |                | State of NE            |                                    | Sig <sup>d</sup> |                               |                |                        |                                    |               |    |     |
|   | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                  | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> |                  | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) |                  |                               | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) |               |    |     |
| <b>General Health Status</b>  |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| General health fair or poor   |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| 2011  | 929            | 22.7%                  | (17.0 - 29.6)                      | 25,347         | 14.3%            | (13.7 - 14.9)          | +                                  | 386            | 24.4%                  | (15.7 - 35.9)    | 10,198                             | 14.8%          | (13.9 - 15.7)          | NS                                 | 543              | 20.9%                         | (14.4 - 29.5)  | 15,149                 | 13.9%                              | (13.1 - 14.7) | NS | No  |
| 2012  | 732            | 25.1%                  | (16.9 - 35.7)                      | 19,132         | 14.4%            | (13.7 - 15.2)          | +                                  | 307            | 30.2%                  | (17.0 - 47.7)    | 7,855                              | 14.6%          | (13.5 - 15.7)          | +                                  | 425              | 20.2%                         | (12.2 - 31.5)  | 11,277                 | 14.3%                              | (13.4 - 15.2) | NS | No  |
| 2013  | 594            | 22.7%                  | (18.2 - 28.0)                      | 17,106         | 13.9%            | (13.1 - 14.8)          | +                                  | 212            | 24.9%                  | (17.7 - 33.9)    | 6,963                              | 13.4%          | (12.2 - 14.7)          | +                                  | 382              | 20.5%                         | (15.5 - 26.6)  | 10,143                 | 14.4%                              | (13.3 - 15.6) | NS | No  |
| 2014  | 546            | 19.5%                  | (14.7 - 25.3)                      | 22,370         | 13.2%            | (12.5 - 13.9)          | +                                  | 214            | 16.1%                  | (9.5 - 25.9)     | 9,585                              | 13.5%          | (12.4 - 14.5)          | NS                                 | 332              | 22.8%                         | (16.7 - 30.5)  | 12,785                 | 12.9%                              | (12.0 - 13.8) | +  | No  |
| 2015  | 513            | 19.7%                  | (15.3 - 24.8)                      | 17,539         | 13.9%            | (13.1 - 14.8)          | +                                  | 190            | 20.7%                  | (14.0 - 29.4)    | 7,564                              | 13.7%          | (12.5 - 14.9)          | NS                                 | 323              | 18.6%                         | (13.7 - 24.8)  | 9,975                  | 14.2%                              | (13.1 - 15.3) | NS | No  |
| 2016  | 536            | 16.0%                  | (11.7 - 21.5)                      | 15,166         | 14.7%            | (13.8 - 15.6)          | NS                                 | 202            | 12.4%                  | (7.2 - 20.3)     | 6,633                              | 13.8%          | (12.6 - 15.1)          | NS                                 | 334              | 19.6%                         | (13.4 - 27.7)  | 8,533                  | 15.5%                              | (14.3 - 16.8) | NS | No  |
| Average number of days physical health was not good in past 30 days                           |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| 2011  | 913            | 2.8                    | (1.9 - 3.6)                        | 24,901         | 3.2              | (3.0 - 3.3)            | NS                                 | 379            | 2.6                    | (1.3 - 3.8)      | 10,067                             | 2.9            | (2.7 - 3.1)            | NS                                 | 534              | 3.0                           | (1.8 - 4.1)    | 14,834                 | 3.4                                | (3.2 - 3.6)   | NS | No  |
| 2012  | 721            | 5.3                    | (2.6 - 8.1)                        | 18,819         | 3.2              | (3.1 - 3.4)            | NS                                 | 306            | 5.5                    | (0.6 - 10.4)     | 7,759                              | 2.9            | (2.7 - 3.1)            | NS                                 | 415              | 5.2                           | (2.6 - 7.7)    | 11,060                 | 3.6                                | (3.4 - 3.8)   | NS | No  |
| 2013  | 585            | 3.1                    | (2.3 - 4.0)                        | 16,808         | 3.1              | (2.9 - 3.3)            | NS                                 | 209            | 3.3                    | (1.9 - 4.7)      | 6,877                              | 2.8            | (2.5 - 3.0)            | NS                                 | 376              | 3.0                           | (2.2 - 3.8)    | 9,931                  | 3.4                                | (3.2 - 3.7)   | NS | No  |
| 2014  | 531            | 3.4                    | (2.5 - 4.3)                        | 22,024         | 3.0              | (2.9 - 3.1)            | NS                                 | 210            | 2.7                    | (1.5 - 3.9)      | 9,464                              | 2.8            | (2.6 - 3.0)            | NS                                 | 321              | 4.1                           | (2.8 - 5.5)    | 12,560                 | 3.2                                | (3.0 - 3.4)   | NS | No  |
| 2015  | 503            | 3.8                    | (2.8 - 4.8)                        | 17,315         | 3.1              | (3.0 - 3.3)            | NS                                 | 185            | 3.5                    | (1.8 - 5.2)      | 7,476                              | 2.8            | (2.6 - 3.0)            | NS                                 | 318              | 4.1                           | (2.9 - 5.2)    | 9,839                  | 3.5                                | (3.3 - 3.7)   | NS | No  |
| 2016  | 528            | 3.6                    | (2.5 - 4.7)                        | 14,984         | 3.3              | (3.1 - 3.5)            | NS                                 | 196            | 3.2                    | (1.6 - 4.8)      | 6,561                              | 2.9            | (2.6 - 3.1)            | NS                                 | 332              | 4.0                           | (2.6 - 5.4)    | 8,423                  | 3.7                                | (3.4 - 4.0)   | NS | No  |
| Physical health was not good on 14 or more of the past 30 days                                |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| 2011  | 913            | 8.6%                   | (5.9 - 12.3)                       | 24,901         | 9.6%             | (9.1 - 10.1)           | NS                                 | 379            | 8.9%                   | (5.0 - 15.3)     | 10,067                             | 9.0%           | (8.3 - 9.8)            | NS                                 | 534              | 8.3%                          | (5.1 - 13.2)   | 14,834                 | 10.1%                              | (9.4 - 10.8)  | NS | No  |
| 2012  | 721            | 17.0%                  | (9.4 - 28.8)                       | 18,819         | 9.8%             | (9.2 - 10.4)           | NS                                 | 306            | 17.5%                  | (6.3 - 40.0)     | 7,759                              | 8.6%           | (7.8 - 9.5)            | NS                                 | 415              | 16.6%                         | (9.0 - 28.6)   | 11,060                 | 11.0%                              | (10.1 - 11.8) | NS | No  |
| 2013  | 585            | 10.0%                  | (7.1 - 13.9)                       | 16,808         | 9.2%             | (8.5 - 9.9)            | NS                                 | 209            | 11.0%                  | (6.3 - 18.5)     | 6,877                              | 7.9%           | (7.0 - 8.9)            | NS                                 | 376              | 9.1%                          | (6.4 - 12.8)   | 9,931                  | 10.4%                              | (9.4 - 11.5)  | NS | No  |
| 2014  | 531            | 10.9%                  | (7.8 - 15.0)                       | 22,024         | 9.0%             | (8.4 - 9.6)            | NS                                 | 210            | 7.1%                   | (4.0 - 12.5)     | 9,464                              | 8.3%           | (7.4 - 9.1)            | NS                                 | 321              | 14.8%                         | (10.0 - 21.3)  | 12,560                 | 9.7%                               | (9.0 - 10.5)  | NS | No  |
| 2015  | 503            | 11.8%                  | (8.2 - 16.6)                       | 17,315         | 9.6%             | (9.0 - 10.3)           | NS                                 | 185            | 9.5%                   | (5.1 - 17.0)     | 7,476                              | 8.6%           | (7.7 - 9.6)            | NS                                 | 318              | 13.9%                         | (9.0 - 21.0)   | 9,839                  | 10.7%                              | (9.8 - 11.6)  | NS | No  |
| 2016  | 528            | 11.8%                  | (7.7 - 17.6)                       | 14,984         | 9.8%             | (9.1 - 10.6)           | NS                                 | 196            | 8.9%                   | (4.6 - 16.3)     | 6,561                              | 8.4%           | (7.4 - 9.4)            | NS                                 | 332              | 14.5%                         | (8.4 - 23.9)   | 8,423                  | 11.2%                              | (10.2 - 12.3) | NS | No  |
| Average number of days mental health was not good in past 30 days                             |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| 2011  | 912            | 2.6                    | (1.7 - 3.5)                        | 25,036         | 3.1              | (2.9 - 3.2)            | NS                                 | 375            | 1.9                    | (0.6 - 3.2)      | 10,097                             | 2.5            | (2.3 - 2.7)            | NS                                 | 537              | 3.3                           | (2.1 - 4.5)    | 14,939                 | 3.6                                | (3.4 - 3.8)   | NS | No  |
| 2012  | 722            | 3.0                    | (1.9 - 4.1)                        | 18,935         | 3.0              | (2.9 - 3.2)            | NS                                 | 307            | 2.6                    | (1.1 - 4.2)      | 7,786                              | 2.6            | (2.4 - 2.8)            | NS                                 | 415              | 3.3                           | (1.8 - 4.9)    | 11,149                 | 3.5                                | (3.3 - 3.7)   | NS | No  |
| 2013  | 584            | 2.4                    | (1.5 - 3.2)                        | 16,889         | 3.0              | (2.8 - 3.1)            | NS                                 | 208            | 1.9                    | (0.4 - 3.4)      | 6,889                              | 2.3            | (2.1 - 2.6)            | NS                                 | 376              | 2.8                           | (1.9 - 3.7)    | 10,000                 | 3.5                                | (3.3 - 3.8)   | NS | No  |
| 2014  | 538            | 3.5                    | (2.2 - 4.7)                        | 22,132         | 2.8              | (2.6 - 2.9)            | NS                                 | 213            | 3.5                    | (1.3 - 5.7)      | 9,483                              | 2.3            | (2.1 - 2.5)            | NS                                 | 325              | 3.4                           | (2.3 - 4.6)    | 12,649                 | 3.3                                | (3.1 - 3.5)   | NS | No  |
| 2015  | 507            | 2.1                    | (1.5 - 2.7)                        | 17,369         | 2.9              | (2.7 - 3.1)            | -                                  | 187            | 1.9                    | (1.1 - 2.6)      | 7,491                              | 2.3            | (2.1 - 2.6)            | NS                                 | 320              | 2.4                           | (1.5 - 3.2)    | 9,878                  | 3.5                                | (3.2 - 3.7)   | -  | No  |
| 2016  | 530            | 2.4                    | (1.5 - 3.3)                        | 15,035         | 3.2              | (3.0 - 3.4)            | NS                                 | 200            | 2.2                    | (0.7 - 3.7)      | 6,568                              | 2.4            | (2.1 - 2.6)            | NS                                 | 330              | 2.6                           | (1.5 - 3.6)    | 8,467                  | 4.0                                | (3.6 - 4.3)   | -  | No  |
| Mental health was not good on 14 or more of the past 30 days (i.e., frequent mental distress) |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| 2011  | 912            | 7.8%                   | (5.0 - 11.9)                       | 25,036         | 9.2%             | (8.7 - 9.7)            | NS                                 | 375            | 6.2%                   | (2.6 - 14.0)     | 10,097                             | 7.7%           | (7.0 - 8.4)            | NS                                 | 537              | 9.2%                          | (5.7 - 14.5)   | 14,939                 | 10.7%                              | (9.9 - 11.5)  | NS | No  |
| 2012  | 722            | 10.2%                  | (6.1 - 16.5)                       | 18,935         | 9.0%             | (8.4 - 9.7)            | NS                                 | 307            | 8.3%                   | (4.3 - 15.6)     | 7,786                              | 7.4%           | (6.6 - 8.3)            | NS                                 | 415              | 12.1%                         | (5.9 - 23.3)   | 11,149                 | 10.6%                              | (9.7 - 11.5)  | NS | No  |
| 2013  | 584            | 7.4%                   | (4.8 - 11.2)                       | 16,889         | 8.9%             | (8.2 - 9.6)            | NS                                 | 208            | 5.4%                   | (2.0 - 13.8)     | 6,889                              | 6.8%           | (5.9 - 7.9)            | NS                                 | 376              | 9.3%                          | (6.4 - 13.5)   | 10,000                 | 10.9%                              | (9.8 - 12.0)  | NS | No  |
| 2014  | 538            | 10.8%                  | (7.1 - 16.0)                       | 22,132         | 8.2%             | (7.6 - 8.8)            | NS                                 | 213            | 10.5%                  | (5.0 - 20.6)     | 9,483                              | 6.4%           | (5.6 - 7.3)            | NS                                 | 325              | 11.0%                         | (7.1 - 16.8)   | 12,649                 | 9.9%                               | (9.0 - 10.8)  | NS | No  |
| 2015  | 507            | 5.1%                   | (3.2 - 7.9)                        | 17,369         | 8.9%             | (8.2 - 9.6)            | -                                  | 187            | 3.4%                   | (1.6 - 7.0)      | 7,491                              | 6.9%           | (6.0 - 7.9)            | NS                                 | 320              | 6.7%                          | (3.8 - 11.7)   | 9,878                  | 10.8%                              | (9.8 - 11.9)  | NS | No  |
| 2016  | 530            | 7.9%                   | (4.8 - 12.8)                       | 15,035         | 9.5%             | (8.7 - 10.4)           | NS                                 | 200            | 7.4%                   | (3.2 - 15.9)     | 6,568                              | 7.0%           | (6.0 - 8.1)            | NS                                 | 330              | 8.5%                          | (4.7 - 15.1)   | 8,467                  | 12.0%                              | (10.8 - 13.3) | NS | No  |
| Average days poor physical or mental health limited usual activities in past 30 days          |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| 2011  | 923            | 2.0                    | (1.3 - 2.7)                        | 25,183         | 1.9              | (1.8 - 2.0)            | NS                                 | 383            | 2.1                    | (1.1 - 3.2)      | 10,136                             | 1.7            | (1.6 - 1.9)            | NS                                 | 540              | 1.8                           | (0.9 - 2.8)    | 15,047                 | 2.0                                | (1.9 - 2.1)   | NS | No  |
| 2012  | 727            | 1.9                    | (1.2 - 2.6)                        | 19,022         | 2.0              | (1.8 - 2.1)            | NS                                 | 305            | 1.8                    | (0.8 - 2.8)      | 7,819                              | 1.7            | (1.5 - 1.9)            | NS                                 | 422              | 2.0                           | (1.0 - 3.0)    | 11,203                 | 2.2                                | (2.0 - 2.4)   | NS | No  |
| 2013  | 587            | 1.6                    | (1.0 - 2.1)                        | 16,986         | 1.9              | (1.7 - 2.0)            | NS                                 | 210            | 1.6                    | (0.7 - 2.5)      | 6,936                              | 1.7            | (1.5 - 1.9)            | NS                                 | 377              | 1.6                           | (1.0 - 2.2)    | 10,050                 | 2.0                                | (1.9 - 2.2)   | NS | No  |
| 2014  | 539            | 2.2                    | (1.2 - 3.2)                        | 22,228         | 1.8              | (1.7 - 1.9)            | NS                                 | 213            | 2.1                    | (0.4 - 3.9)      | 9,541                              | 1.6            | (1.5 - 1.8)            | NS                                 | 326              | 2.3                           | (1.5 - 3.1)    | 12,687                 | 1.9                                | (1.8 - 2.1)   | NS | No  |
| 2015  | 511            | 2.4                    | (1.6 - 3.2)                        | 17,430         | 1.9              | (1.7 - 2.0)            | NS                                 | 189            | 1.9                    | (0.7 - 3.0)      | 7,529                              | 1.6            | (1.4 - 1.8)            | NS                                 | 322              | 3.0                           | (1.8 - 4.1)    | 9,901                  | 2.1                                | (1.9 - 2.3)   | NS | No  |
| 2016  | 531            | 1.4                    | (0.9 - 1.9)                        | 15,084         | 2.0              | (1.8 - 2.2)            | NS                                 | 199            | 0.6                    | (0.2 - 0.9)      | 6,592                              | 1.7            | (1.5 - 1.9)            | -                                  | 332              | 2.1                           | (1.3 - 3.0)    | 8,492                  | 2.3                                | (2.1 - 2.6)   | NS | Yes |
| Poor physical or mental health limited usual activities on 14 or more of the past 30 days     |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| 2011  | 923            | 7.8%                   | (4.9 - 12.0)                       | 25,183         | 5.8%             | (5.4 - 6.2)            | NS                                 | 383            | 10.2%                  | (5.6 - 17.9)     | 10,136                             | 5.4%           | (4.8 - 6.0)            | NS                                 | 540              | 5.4%                          | (2.7 - 10.3)   | 15,047                 | 6.2%                               | (5.7 - 6.8)   | NS | No  |
| 2012  | 727            | 6.6%                   | (4.0 - 10.5)                       | 19,022         | 6.4%             | (5.9 - 6.9)            | NS                                 | 305            | 6.3%                   | (3.5 - 11.2)     | 7,819                              | 5.3%           | (4.7 - 6.0)            | NS                                 | 422              | 6.8%                          | (3.2 - 13.8)   | 11,203                 | 7.4%                               | (6.7 - 8.2)   | NS | No  |
| 2013  | 587            | 5.6%                   | (3.8 - 8.1)                        | 16,986         | 5.8%             | (5.3 - 6.4)            | NS                                 | 210            | 6.0%                   | (3.2 - 11.0)     | 6,936                              | 5.2%           | (4.4 - 6.1)            | NS                                 | 377              | 5.1%                          | (3.3 - 7.8)    | 10,050                 | 6.5%                               | (5.7 - 7.3)   | NS | No  |
| 2014  | 539            | 6.0%                   | (3.4 - 10.4)                       | 22,228         | 5.8%             | (5.4 - 6.4)            | NS                                 | 213            | 5.9%                   | (2.2 - 15.2)     | 9,541                              | 5.3%           | (4.6 - 6.1)            | NS                                 | 326              | 6.1%                          | (3.6 - 10.2)   | 12,687                 | 6.4%                               | (5.7 - 7.1)   | NS | No  |
| 2015  | 511            | 9.2%                   | (6.2 - 13.7)                       | 17,430         | 5.9%             | (5.4 - 6.4)            | NS                                 | 189            | 6.5%                   | (3.2 - 12.9)     | 7,529                              | 5.1%           | (4.5 - 5.9)            | NS                                 | 322              | 12.0%                         | (7.3 - 18.9)   | 9,901                  | 6.6%                               | (6.0 - 7.3)   | +  | No  |
| 2016  | 531            | 4.6%                   | (2.6 - 8.0)                        | 15,084         | 6.2%             | (5.6 - 6.8)            | NS                                 | 199            | 1.5%                   | (0.6 - 3.7)      | 6,592                              | 4.9%           | (4.2 - 5.7)            | -                                  | 332              | 7.6%                          | (4.0 - 13.9)   | 8,492                  | 7.4%                               | (6.6 - 8.5)   | NS | Yes |

| Indicators   | Overall        |                        |                                    |                |                  | Men                    |                                    |                |                        |                  | Women                              |                |                        |                                    |                  | LHD Gender Diff. <sup>e</sup> |                |                        |                                    |               |    |     |
|--|----------------|------------------------|------------------------------------|----------------|------------------|------------------------|------------------------------------|----------------|------------------------|------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|-------------------------------|----------------|------------------------|------------------------------------|---------------|----|-----|
|  | Dakota County  |                        | State of NE                        |                | Sig <sup>d</sup> | Dakota County          |                                    | State of NE    |                        | Sig <sup>d</sup> | Dakota County                      |                | State of NE            |                                    | Sig <sup>d</sup> |                               |                |                        |                                    |               |    |     |
|  | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                  | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> |                  | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) |                  |                               | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) |               |    |     |
| <b>Health Care Access and Utilization</b>  |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| No health care coverage, 18-64 year olds   |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| 2011   | 578            | 28.6%                  | (21.1 - 37.5)                      | 16,614         | 19.1%            | (18.3 - 20.0)          | +                                  | 256            | 26.1%                  | (15.7 - 40.1)    | 7,107                              | 22.0%          | (20.7 - 23.4)          | NS                                 | 322              | 31.2%                         | (21.5 - 42.9)  | 9,507                  | 16.2%                              | (15.2 - 17.3) | +  | No  |
| 2012   | 436            | 33.7%                  | (23.0 - 46.3)                      | 12,310         | 18.0%            | (17.0 - 19.0)          | +                                  | 188            | 40.2%                  | (23.8 - 59.1)    | 5,450                              | 20.3%          | (18.8 - 21.8)          | +                                  | 248              | 27.1%                         | (16.0 - 42.1)  | 6,860                  | 15.7%                              | (14.5 - 17.0) | NS | No  |
| 2013   | 343            | 24.5%                  | (18.6 - 31.6)                      | 10,939         | 17.6%            | (16.4 - 18.9)          | NS                                 | 126            | 27.6%                  | (18.3 - 39.4)    | 4,720                              | 18.4%          | (16.6 - 20.4)          | NS                                 | 217              | 21.2%                         | (14.9 - 29.2)  | 6,219                  | 16.9%                              | (15.3 - 18.5) | NS | No  |
| 2014   | 309            | 23.0%                  | (16.8 - 30.7)                      | 14,323         | 15.3%            | (14.3 - 16.4)          | +                                  | 142            | 27.0%                  | (17.3 - 39.4)    | 6,443                              | 17.0%          | (15.4 - 18.7)          | NS                                 | 167              | 18.6%                         | (12.2 - 27.3)  | 7,880                  | 13.5%                              | (12.3 - 14.9) | NS | No  |
| 2015   | 266            | 18.9%                  | (13.5 - 25.9)                      | 11,342         | 14.4%            | (13.3 - 15.5)          | NS                                 | 112            | 21.9%                  | (13.7 - 33.1)    | 5,187                              | 15.4%          | (13.8 - 17.1)          | NS                                 | 154              | 15.7%                         | (9.7 - 24.4)   | 6,155                  | 13.4%                              | (12.0 - 14.9) | NS | No  |
| 2016   | 251            | 24.7%                  | (17.0 - 34.4)                      | 9,749          | 14.7%            | (13.6 - 16.0)          | +                                  | 111            | 27.1%                  | (16.0 - 42.1)    | 4,538                              | 15.0%          | (13.3 - 16.9)          | NS                                 | 140              | 21.8%                         | (12.8 - 34.6)  | 5,211                  | 14.4%                              | (12.9 - 16.2) | NS | No  |
| Has health care coverage, 18-64 year olds <sup>a</sup>   |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| 2011   | 578            | 71.4%                  | (62.5 - 78.9)                      | 16,614         | 80.9%            | (80.0 - 81.7)          | -                                  | 256            | 73.9%                  | (59.9 - 84.3)    | 7,107                              | 78.0%          | (76.6 - 79.3)          | NS                                 | 322              | 68.8%                         | (57.1 - 78.5)  | 9,507                  | 83.8%                              | (82.7 - 84.8) | -  | No  |
| 2012   | 436            | 66.3%                  | (53.7 - 77.0)                      | 12,310         | 82.0%            | (81.0 - 83.0)          | -                                  | 188            | 59.8%                  | (40.9 - 76.2)    | 5,450                              | 79.7%          | (78.2 - 81.2)          | -                                  | 248              | 72.9%                         | (57.9 - 84.0)  | 6,860                  | 84.3%                              | (83.0 - 85.5) | NS | No  |
| 2013   | 343            | 75.5%                  | (68.4 - 81.4)                      | 10,939         | 82.4%            | (81.1 - 83.6)          | NS                                 | 126            | 72.4%                  | (60.6 - 81.7)    | 4,720                              | 81.6%          | (79.6 - 83.4)          | NS                                 | 217              | 78.8%                         | (70.8 - 85.1)  | 6,219                  | 83.1%                              | (81.5 - 84.7) | NS | No  |
| 2014   | 309            | 77.0%                  | (69.3 - 83.2)                      | 14,323         | 84.7%            | (83.6 - 85.7)          | -                                  | 142            | 73.0%                  | (60.6 - 82.7)    | 6,443                              | 83.0%          | (81.3 - 84.6)          | NS                                 | 167              | 81.4%                         | (72.7 - 87.8)  | 7,880                  | 86.5%                              | (85.1 - 87.7) | NS | No  |
| 2015   | 266            | 81.1%                  | (74.1 - 86.5)                      | 11,342         | 85.6%            | (84.5 - 86.7)          | NS                                 | 112            | 78.1%                  | (66.9 - 86.3)    | 5,187                              | 84.6%          | (82.9 - 86.2)          | NS                                 | 154              | 84.3%                         | (75.6 - 90.3)  | 6,155                  | 86.6%                              | (85.1 - 88.0) | NS | No  |
| 2016   | 251            | 75.3%                  | (65.6 - 83.0)                      | 9,749          | 85.3%            | (84.0 - 86.4)          | -                                  | 111            | 72.9%                  | (57.9 - 84.0)    | 4,538                              | 85.0%          | (83.1 - 86.7)          | NS                                 | 140              | 78.2%                         | (65.4 - 87.2)  | 5,211                  | 85.6%                              | (83.8 - 87.1) | NS | No  |
| No personal doctor or health care provider   |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| 2011   | 931            | 25.2%                  | (18.2 - 33.8)                      | 25,340         | 18.4%            | (17.6 - 19.1)          | NS                                 | 386            | 37.6%                  | (26.4 - 50.3)    | 10,192                             | 25.1%          | (23.8 - 26.3)          | +                                  | 545              | 13.4%                         | (7.0 - 24.1)   | 15,148                 | 12.0%                              | (11.1 - 12.8) | NS | Yes |
| 2012   | 732            | 20.6%                  | (12.2 - 32.6)                      | 19,132         | 17.2%            | (16.4 - 18.1)          | NS                                 | 308            | 23.7%                  | (10.8 - 44.4)    | 7,847                              | 23.7%          | (22.3 - 25.1)          | NS                                 | 424              | 17.5%                         | (9.3 - 30.6)   | 11,285                 | 11.0%                              | (10.1 - 12.0) | NS | No  |
| 2013   | 594            | 18.6%                  | (13.9 - 24.4)                      | 17,093         | 20.9%            | (19.8 - 22.0)          | NS                                 | 212            | 26.8%                  | (18.6 - 36.9)    | 6,956                              | 27.5%          | (25.7 - 29.4)          | NS                                 | 382              | 10.6%                         | (6.9 - 15.8)   | 10,137                 | 14.4%                              | (13.2 - 15.7) | NS | Yes |
| 2014   | 543            | 25.6%                  | (19.7 - 32.6)                      | 22,354         | 20.2%            | (19.2 - 21.2)          | NS                                 | 214            | 38.6%                  | (28.9 - 49.2)    | 9,569                              | 27.0%          | (25.5 - 28.5)          | +                                  | 329              | 12.4%                         | (7.5 - 19.9)   | 12,785                 | 13.6%                              | (12.5 - 14.8) | NS | Yes |
| 2015   | 513            | 15.7%                  | (11.0 - 21.8)                      | 17,509         | 19.7%            | (18.7 - 20.8)          | NS                                 | 190            | 22.5%                  | (14.6 - 33.1)    | 7,542                              | 25.7%          | (24.1 - 27.5)          | NS                                 | 323              | 8.9%                          | (5.1 - 15.0)   | 9,967                  | 13.9%                              | (12.7 - 15.2) | NS | No  |
| 2016   | 536            | 20.2%                  | (14.0 - 28.1)                      | 15,138         | 19.1%            | (18.0 - 20.2)          | NS                                 | 202            | 24.5%                  | (15.1 - 37.2)    | 6,617                              | 24.5%          | (22.8 - 26.2)          | NS                                 | 334              | 15.9%                         | (9.0 - 26.5)   | 8,521                  | 13.8%                              | (12.5 - 15.2) | NS | No  |
| Has a personal doctor or health care provider (one or more than one) <sup>a</sup>                          |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| 2011   | 931            | 74.8%                  | (66.2 - 81.8)                      | 25,340         | 81.6%            | (80.9 - 82.4)          | NS                                 | 386            | 62.4%                  | (49.7 - 73.6)    | 10,192                             | 74.9%          | (73.7 - 76.2)          | -                                  | 545              | 86.6%                         | (75.9 - 93.0)  | 15,148                 | 88.0%                              | (87.2 - 88.9) | NS | Yes |
| 2012   | 732            | 79.4%                  | (67.4 - 87.8)                      | 19,132         | 82.8%            | (81.9 - 83.6)          | NS                                 | 308            | 76.3%                  | (55.6 - 89.2)    | 7,847                              | 76.3%          | (74.9 - 77.7)          | NS                                 | 424              | 82.5%                         | (69.4 - 90.7)  | 11,285                 | 89.0%                              | (88.0 - 89.9) | NS | No  |
| 2013   | 594            | 81.4%                  | (75.6 - 86.1)                      | 17,093         | 79.1%            | (78.0 - 80.2)          | NS                                 | 212            | 73.2%                  | (63.1 - 81.4)    | 6,956                              | 72.5%          | (70.6 - 74.3)          | NS                                 | 382              | 89.4%                         | (84.2 - 93.1)  | 10,137                 | 85.6%                              | (84.3 - 86.8) | NS | Yes |
| 2014   | 543            | 74.4%                  | (67.1 - 80.3)                      | 22,354         | 79.8%            | (78.8 - 80.8)          | NS                                 | 214            | 61.4%                  | (50.8 - 71.1)    | 9,569                              | 73.0%          | (71.5 - 74.5)          | -                                  | 329              | 87.6%                         | (80.1 - 92.5)  | 12,785                 | 86.4%                              | (85.2 - 87.5) | NS | Yes |
| 2015   | 513            | 84.3%                  | (78.2 - 89.0)                      | 17,509         | 80.3%            | (79.2 - 81.3)          | NS                                 | 190            | 77.5%                  | (66.9 - 85.4)    | 7,542                              | 74.3%          | (72.5 - 75.9)          | NS                                 | 323              | 91.1%                         | (85.0 - 94.9)  | 9,967                  | 86.1%                              | (84.8 - 87.3) | NS | No  |
| 2016   | 536            | 79.8%                  | (71.9 - 86.0)                      | 15,138         | 80.9%            | (79.8 - 82.0)          | NS                                 | 202            | 75.5%                  | (62.8 - 84.9)    | 6,617                              | 75.5%          | (73.8 - 77.2)          | NS                                 | 334              | 84.1%                         | (73.5 - 91.0)  | 8,521                  | 86.2%                              | (84.8 - 87.5) | NS | No  |
| Has a personal doctor or health care provider (one or more than one), aged 65 years and older <sup>a</sup> |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| 2011   | 350            | 96.1%                  | (93.6 - 97.6)                      | 8,584          | 95.7%            | (95.1 - 96.2)          | NS                                 | 129            | 92.0%                  | (86.1 - 95.6)    | 3,033                              | 94.4%          | (93.4 - 95.3)          | NS                                 | 221              | 98.4%                         | (95.9 - 99.4)  | 5,551                  | 96.6%                              | (95.9 - 97.1) | NS | Yes |
| 2012   | 289            | 91.6%                  | (83.9 - 95.8)                      | 6,711          | 95.6%            | (94.7 - 96.3)          | NS                                 | 117            | 85.2%                  | (71.5 - 92.9)    | 2,368                              | 93.6%          | (91.9 - 95.0)          | NS                                 | 172              | 96.7%                         | (94.4 - 99.4)  | 4,343                  | 97.1%                              | (96.3 - 97.7) | NS | No  |
| 2013   | 247            | 95.0%                  | (91.3 - 97.2)                      | 6,015          | 93.9%            | (92.9 - 94.8)          | NS                                 | 86             | 91.4%                  | (83.4 - 95.7)    | 2,188                              | 92.3%          | (90.4 - 93.8)          | NS                                 | 161              | 97.7%                         | (93.8 - 99.2)  | 3,827                  | 95.2%                              | (93.9 - 96.2) | NS | No  |
| 2014   | 234            | 95.9%                  | (91.6 - 98.0)                      | 7,833          | 95.1%            | (94.4 - 95.7)          | NS                                 | 72             | 91.6%                  | (80.7 - 96.6)    | 3,057                              | 93.5%          | (92.2 - 94.6)          | NS                                 | 162              | 98.3%                         | (94.3 - 99.5)  | 4,776                  | 96.4%                              | (95.7 - 96.9) | NS | No  |
| 2015   | 241            | 91.5%                  | (84.3 - 95.6)                      | 6,022          | 94.8%            | (93.9 - 95.5)          | NS                                 | 75             | 84.7%                  | (69.2 - 93.2)    | 2,297                              | 93.6%          | (92.1 - 94.8)          | NS                                 | 166              | 96.2%                         | (91.0 - 98.5)  | 3,725                  | 95.7%                              | (94.6 - 96.6) | NS | No  |
| 2016   | 278            | 97.9%                  | (95.9 - 98.9)                      | 5,270          | 95.1%            | (94.2 - 95.9)          | +                                  | 90             | 95.5%                  | (90.3 - 98.0)    | 2,025                              | 94.5%          | (93.1 - 95.6)          | NS                                 | 188              | 99.0%                         | (97.0 - 99.7)  | 3,245                  | 95.6%                              | (94.4 - 96.6) | +  | No  |
| Needed to see a doctor but could not due to cost in past year <sup>a</sup>                                 |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| 2011   | 930            | 21.5%                  | (15.5 - 29.1)                      | 25,350         | 12.5%            | (11.9 - 13.2)          | +                                  | 385            | 21.2%                  | (12.6 - 33.6)    | 10,203                             | 10.7%          | (9.9 - 11.6)           | +                                  | 545              | 21.8%                         | (14.4 - 31.7)  | 15,147                 | 14.2%                              | (13.4 - 15.2) | NS | No  |
| 2012   | 732            | 18.5%                  | (10.7 - 30.0)                      | 19,144         | 12.8%            | (12.1 - 13.6)          | NS                                 | 308            | 18.6%                  | (7.1 - 40.7)     | 7,859                              | 11.1%          | (10.0 - 12.2)          | NS                                 | 424              | 18.3%                         | (10.5 - 30.0)  | 11,285                 | 14.4%                              | (13.4 - 15.5) | NS | No  |
| 2013   | 593            | 10.3%                  | (7.5 - 14.1)                       | 17,103         | 13.0%            | (12.1 - 13.9)          | NS                                 | 211            | 6.0%                   | (3.0 - 11.6)     | 6,963                              | 10.9%          | (9.7 - 12.2)           | NS                                 | 382              | 14.6%                         | (10.3 - 20.2)  | 10,140                 | 15.0%                              | (13.8 - 16.4) | NS | No  |
| 2014   | 546            | 17.4%                  | (12.6 - 23.5)                      | 22,359         | 11.8%            | (11.1 - 12.6)          | +                                  | 215            | 16.2%                  | (9.2 - 26.8)     | 9,588                              | 10.2%          | (9.1 - 11.3)           | NS                                 | 331              | 18.6%                         | (13.0 - 25.9)  | 12,771                 | 13.4%                              | (12.4 - 14.6) | NS | No  |
| 2015   | 514            | 13.4%                  | (9.4 - 18.8)                       | 17,522         | 11.5%            | (10.7 - 12.3)          | NS                                 | 190            | 16.9%                  | (10.3 - 26.5)    | 7,559                              | 9.8%           | (8.7 - 11.1)           | NS                                 | 324              | 9.9%                          | (6.1 - 15.6)   | 9,963                  | 13.1%                              | (12.0 - 14.3) | NS | No  |
| 2016   | 534            | 7.6%                   | (4.3 - 13.2)                       | 15,156         | 12.1%            | (11.2 - 13.1)          | NS                                 | 201            | 6.2%                   | (2.2 - 16.0)     | 6,623                              | 10.1%          | (8.9 - 11.4)           | NS                                 | 333              | 9.1%                          | (4.6 - 17.0)   | 8,533                  | 14.0%                              | (12.7 - 15.5) | NS | No  |
| Had a routine checkup in past year   |                |                        |                                    |                |                  |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                  |                               |                |                        |                                    |               |    |     |
| 2011   | 915            | 55.9%                  | (48.5 - 63.1)                      | 24,983         | 57.7%            | (56.8 - 58.7)          | NS                                 | 377            | 44.6%                  | (34.3 - 55.4)    | 10,049                             | 50.6%          | (49.2 - 52.0)          | NS                                 | 538              | 67.1%                         | (58.5 - 74.7)  | 14,934                 | 64.6%                              | (63.4 - 65.8) | NS | Yes |
| 2012   | 726            | 69.8%                  | (61.7 - 76.9)                      | 18,929         | 60.4%            | (59.4 - 61.4)          | +                                  | 306            | 67.4%                  | (54.3 - 78.2)    | 7,789                              | 55.0%          | (53.5 - 56.6)          | NS                                 | 420              | 72.4%                         | (62.2 - 80.7)  | 11,140                 | 65.6%                              | (64.3 - 66.9) | NS | No  |
| 2013   | 588            | 66.6%                  | (60.3 - 72.4)                      | 16,919         | 61.6%            | (60.4 - 62.8)          | NS                                 | 212            | 61.6%                  | (51.3 - 71.0)    | 6,899                              | 56.2%          | (54.3 - 58.1)          | NS                                 | 376              | 71.6%                         | (64.5 - 77.8)  | 10,020                 | 66.8%                              | (65.3 - 68.4) | NS | No  |
| 2014   | 535            | 61.8%                  | (55.2 - 68.0)                      | 22,090         | 63.3%            | (62.3 - 64.4)          | NS                                 | 213            | 53.1%                  | (43.1 - 62.9)    | 9,488                              | 57.7%          | (56.1 - 59.3)          | NS                                 | 322              | 70.7%                         | (63.1 - 77.3)  | 12,602                 | 68.8%                              | (67.4 - 70.2) | NS | Yes |
| 2015   | 508            | 68.3%                  | (61.5 - 74.5)                      | 17,331         | 63.9%            | (62.8 - 65.1)          | NS                                 | 186            | 67.7%                  | (57.0 - 76.9)    | 7,470                              | 58.7%          | (56.9 - 60.5)          | NS                                 | 322              | 69.0%                         | (60.0 - 76.7)  | 9,861                  | 69.1%                              | (67.5 - 70.6) | NS | No  |
| 2016   | 533            | 67.3%                  | (59.0 - 74.6)                      | 15,060         | 65.4%            | (64.1 - 66.6)          | NS                                 | 202            | 60.6%                  | (47.5 - 72.3)    | 6,582                              | 60.6%          | (58.7 - 62.5)          | NS                                 | 331              | 73.9%                         | (64.0 - 81.8)  | 8,478                  | 70.0%                              | (68.4 - 71.6) | NS | No  |

| Indicators  | Overall        |                        |                                    |                |                        |                                    | Men              |                |                        |                                    |                |                        | Women                              |                  |                |                        |                                    |                | LHD Gender Diff. <sup>e</sup> |                        |                                    |                  |
|---|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|
|   | Dakota County  |                        |                                    | State of NE    |                        |                                    | Dakota County    |                |                        | State of NE                        |                |                        | Dakota County                      |                  |                | State of NE            |                                    |                |                               |                        |                                    |                  |
|   | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                               | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> |
| <b>Heart Disease and Stroke</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| Ever told they had a heart attack   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 927            | 5.1%                   | (3.2 - 8.1)                        | 25,292         | 4.3%                   | (4.0 - 4.7)                        | NS               | 383            | 8.2%                   | (4.5 - 14.4)                       | 10,194         | 5.7%                   | (5.2 - 6.3)                        | NS               | 544            | 2.1%                   | (1.4 - 3.2)                        | 15,098         | 2.9%                          | (2.6 - 3.3)            | NS                                 | Yes              |
| 2012  | 731            | 4.8%                   | (2.9 - 7.6)                        | 19,102         | 4.1%                   | (3.7 - 4.4)                        | NS               | 308            | 5.3%                   | (3.1 - 8.7)                        | 7,842          | 5.3%                   | (4.8 - 6.0)                        | NS               | 423            | 4.3%                   | (1.8 - 10.0)                       | 11,260         | 2.9%                          | (2.5 - 3.2)            | NS                                 | No               |
| 2013  | 593            | 5.2%                   | (3.6 - 7.4)                        | 17,035         | 4.0%                   | (3.6 - 4.4)                        | NS               | 212            | 7.2%                   | (4.4 - 11.4)                       | 6,925          | 5.2%                   | (4.6 - 5.9)                        | NS               | 381            | 3.2%                   | (1.9 - 5.5)                        | 10,110         | 2.9%                          | (2.4 - 3.4)            | NS                                 | No               |
| 2014  | 545            | 4.4%                   | (2.9 - 6.4)                        | 22,309         | 3.8%                   | (3.5 - 4.2)                        | NS               | 214            | 3.1%                   | (1.5 - 6.2)                        | 9,541          | 5.1%                   | (4.6 - 5.6)                        | NS               | 331            | 5.6%                   | (3.5 - 8.8)                        | 12,768         | 2.6%                          | (2.3 - 3.0)            | +                                  | No               |
| 2015  | 510            | 5.1%                   | (3.5 - 7.4)                        | 17,455         | 3.9%                   | (3.5 - 4.3)                        | NS               | 189            | 5.9%                   | (3.4 - 10.0)                       | 7,530          | 5.3%                   | (4.7 - 6.0)                        | NS               | 321            | 4.4%                   | (2.7 - 7.2)                        | 9,925          | 2.5%                          | (2.2 - 2.9)            | NS                                 | No               |
| 2016  | 532            | 3.2%                   | (1.9 - 5.2)                        | 15,111         | 4.0%                   | (3.6 - 4.4)                        | NS               | 200            | 3.4%                   | (1.7 - 6.6)                        | 6,598          | 5.0%                   | (4.4 - 5.6)                        | NS               | 332            | 3.0%                   | (1.5 - 6.1)                        | 8,513          | 3.0%                          | (2.6 - 3.6)            | NS                                 | No               |
| Ever told they have coronary heart disease  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 921            | 2.9%                   | (2.0 - 4.2)                        | 25,121         | 3.9%                   | (3.6 - 4.2)                        | NS               | 384            | 4.0%                   | (2.4 - 6.5)                        | 10,110         | 4.8%                   | (4.4 - 5.3)                        | NS               | 537            | 1.9%                   | (1.1 - 3.2)                        | 15,011         | 3.1%                          | (2.7 - 3.4)            | NS                                 | No               |
| 2012  | 727            | 4.6%                   | (2.8 - 7.6)                        | 18,988         | 3.9%                   | (3.6 - 4.3)                        | NS               | 307            | 5.5%                   | (3.3 - 9.0)                        | 7,796          | 4.9%                   | (4.4 - 5.5)                        | NS               | 420            | 3.7%                   | (1.3 - 10.0)                       | 11,192         | 3.0%                          | (2.6 - 3.4)            | NS                                 | No               |
| 2013  | 592            | 4.3%                   | (3.0 - 6.3)                        | 16,942         | 4.1%                   | (3.7 - 4.5)                        | NS               | 209            | 4.9%                   | (2.8 - 8.4)                        | 6,884          | 5.1%                   | (4.5 - 5.8)                        | NS               | 383            | 3.8%                   | (2.3 - 6.3)                        | 10,058         | 3.0%                          | (2.6 - 3.6)            | NS                                 | No               |
| 2014  | 544            | 3.3%                   | (2.1 - 5.0)                        | 22,202         | 3.9%                   | (3.6 - 4.3)                        | NS               | 214            | 3.9%                   | (2.2 - 6.8)                        | 9,509          | 4.8%                   | (4.3 - 5.4)                        | NS               | 330            | 2.6%                   | (1.3 - 5.3)                        | 12,693         | 3.1%                          | (2.7 - 3.5)            | NS                                 | No               |
| 2015  | 505            | 4.2%                   | (2.7 - 6.6)                        | 17,403         | 4.0%                   | (3.6 - 4.3)                        | NS               | 186            | 4.8%                   | (2.6 - 8.7)                        | 7,503          | 5.0%                   | (4.4 - 5.7)                        | NS               | 319            | 3.6%                   | (1.8 - 7.2)                        | 9,900          | 2.9%                          | (2.6 - 3.3)            | NS                                 | No               |
| 2016  | 530            | 2.6%                   | (1.5 - 4.5)                        | 15,078         | 3.8%                   | (3.4 - 4.2)                        | NS               | 199            | 2.0%                   | (0.7 - 5.4)                        | 6,590          | 4.4%                   | (3.9 - 5.0)                        | NS               | 331            | 3.1%                   | (1.6 - 5.9)                        | 8,488          | 3.1%                          | (2.7 - 3.7)            | NS                                 | No               |
| Ever told they had a heart attack or coronary heart disease                         |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 922            | 6.3%                   | (4.2 - 9.3)                        | 25,158         | 6.4%                   | (6.0 - 6.7)                        | NS               | 383            | 9.3%                   | (5.4 - 15.5)                       | 10,143         | 8.0%                   | (7.4 - 8.7)                        | NS               | 539            | 3.3%                   | (2.2 - 4.9)                        | 15,015         | 4.8%                          | (4.4 - 5.2)            | NS                                 | Yes              |
| 2012  | 726            | 6.3%                   | (4.2 - 9.3)                        | 18,998         | 6.2%                   | (5.8 - 6.6)                        | NS               | 307            | 7.3%                   | (4.7 - 11.3)                       | 7,806          | 7.8%                   | (7.1 - 8.5)                        | NS               | 419            | 5.3%                   | (2.5 - 10.9)                       | 11,192         | 4.6%                          | (4.2 - 5.1)            | NS                                 | No               |
| 2013  | 594            | 7.4%                   | (5.4 - 10.1)                       | 16,935         | 6.2%                   | (5.7 - 6.7)                        | NS               | 212            | 9.8%                   | (6.4 - 14.7)                       | 6,882          | 7.7%                   | (7.0 - 8.6)                        | NS               | 382            | 5.1%                   | (3.2 - 7.9)                        | 10,053         | 4.7%                          | (4.1 - 5.3)            | NS                                 | No               |
| 2014  | 543            | 5.9%                   | (4.2 - 8.1)                        | 22,180         | 6.0%                   | (5.6 - 6.4)                        | NS               | 214            | 5.6%                   | (3.3 - 9.3)                        | 9,493          | 7.4%                   | (6.8 - 8.1)                        | NS               | 329            | 6.1%                   | (3.9 - 9.4)                        | 12,687         | 4.6%                          | (4.1 - 5.0)            | NS                                 | No               |
| 2015  | 509            | 7.0%                   | (5.0 - 9.8)                        | 17,383         | 5.8%                   | (5.4 - 6.3)                        | NS               | 189            | 7.4%                   | (4.6 - 11.8)                       | 7,503          | 7.5%                   | (6.7 - 8.3)                        | NS               | 320            | 6.6%                   | (4.1 - 10.5)                       | 9,880          | 4.3%                          | (3.9 - 4.8)            | NS                                 | No               |
| 2016  | 526            | 4.0%                   | (2.6 - 6.0)                        | 15,021         | 5.8%                   | (5.4 - 6.3)                        | NS               | 197            | 3.4%                   | (1.8 - 6.6)                        | 6,558          | 6.9%                   | (6.2 - 7.7)                        | NS               | 329            | 4.5%                   | (2.6 - 7.6)                        | 8,463          | 4.7%                          | (4.1 - 5.3)            | NS                                 | No               |
| Ever told they had a stroke   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 929            | 2.9%                   | (1.5 - 5.7)                        | 25,355         | 2.6%                   | (2.4 - 2.9)                        | NS               | 386            | 4.3%                   | (1.7 - 10.4)                       | 10,209         | 2.4%                   | (2.1 - 2.8)                        | NS               | 543            | 1.6%                   | (1.0 - 2.8)                        | 15,146         | 2.8%                          | (2.5 - 3.2)            | NS                                 | No               |
| 2012  | 732            | 3.6%                   | (2.0 - 6.6)                        | 19,118         | 2.4%                   | (2.2 - 2.7)                        | NS               | 308            | 2.3%                   | (1.1 - 4.5)                        | 7,851          | 2.7%                   | (2.3 - 3.1)                        | NS               | 424            | 4.9%                   | (2.2 - 10.9)                       | 11,267         | 2.2%                          | (1.9 - 2.6)            | NS                                 | No               |
| 2013  | 594            | 3.0%                   | (2.0 - 4.5)                        | 17,080         | 2.5%                   | (2.2 - 2.8)                        | NS               | 212            | 2.8%                   | (1.4 - 5.4)                        | 6,954          | 2.2%                   | (1.9 - 2.6)                        | NS               | 382            | 3.2%                   | (1.9 - 5.2)                        | 10,126         | 2.8%                          | (2.4 - 3.3)            | NS                                 | No               |
| 2014  | 547            | 2.6%                   | (1.6 - 4.1)                        | 22,359         | 2.6%                   | (2.4 - 2.9)                        | NS               | 215            | 2.1%                   | (1.0 - 4.4)                        | 9,576          | 2.7%                   | (2.3 - 3.1)                        | NS               | 332            | 3.1%                   | (1.7 - 5.6)                        | 12,783         | 2.6%                          | (2.2 - 3.0)            | NS                                 | No               |
| 2015  | 510            | 1.9%                   | (1.1 - 3.1)                        | 17,509         | 2.5%                   | (2.3 - 2.9)                        | NS               | 187            | 2.0%                   | (0.8 - 4.6)                        | 7,550          | 2.7%                   | (2.2 - 3.1)                        | NS               | 323            | 1.8%                   | (1.0 - 3.0)                        | 9,959          | 2.4%                          | (2.1 - 2.8)            | NS                                 | No               |
| 2016  | 535            | 3.8%                   | (1.8 - 7.7)                        | 15,154         | 2.8%                   | (2.5 - 3.2)                        | NS               | 202            | 2.7%                   | (0.6 - 11.5)                       | 6,627          | 2.6%                   | (2.1 - 3.1)                        | NS               | 333            | 4.8%                   | (2.2 - 10.2)                       | 8,527          | 3.0%                          | (2.5 - 3.6)            | NS                                 | No               |
| <b>Blood Pressure and Cholesterol</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| Had blood pressure checked in past year   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2012  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2013  | 260            | 79.0%                  | (70.5 - 85.6)                      | 7,804          | 84.6%                  | (83.1 - 86.0)                      | NS               | 98             | 78.4%                  | (63.6 - 88.3)                      | 3,150          | 81.2%                  | (78.8 - 83.4)                      | NS               | 162            | 79.5%                  | (68.8 - 87.3)                      | 4,654          | 87.8%                         | (85.8 - 89.5)          | NS                                 | No               |
| 2014  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2015  | 228            | 88.8%                  | (82.5 - 93.1)                      | 7,947          | 88.0%                  | (86.6 - 89.2)                      | NS               | 90             | 87.5%                  | (75.9 - 94.0)                      | 3,461          | 85.2%                  | (83.1 - 87.1)                      | NS               | 138            | 89.9%                  | (81.7 - 94.6)                      | 4,486          | 90.6%                         | (88.8 - 92.2)          | NS                                 | No               |
| 2016  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| Ever told they have high blood pressure (excluding pregnancy) <sup>a</sup>          |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 927            | 30.5%                  | (24.9 - 36.7)                      | 25,356         | 28.5%                  | (27.8 - 29.3)                      | NS               | 387            | 35.0%                  | (25.7 - 45.7)                      | 10,212         | 30.3%                  | (29.1 - 31.5)                      | NS               | 540            | 26.0%                  | (20.2 - 32.8)                      | 15,144         | 26.9%                         | (25.9 - 27.9)          | NS                                 | No               |
| 2012  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2013  | 593            | 32.5%                  | (27.5 - 37.9)                      | 17,085         | 30.3%                  | (29.2 - 31.4)                      | NS               | 211            | 36.2%                  | (27.7 - 45.7)                      | 6,956          | 32.5%                  | (30.8 - 34.1)                      | NS               | 382            | 28.9%                  | (23.9 - 34.4)                      | 10,129         | 28.2%                         | (26.9 - 29.6)          | NS                                 | No               |
| 2014  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2015  | 512            | 29.5%                  | (24.6 - 35.0)                      | 17,515         | 29.9%                  | (28.9 - 30.9)                      | NS               | 190            | 29.9%                  | (22.4 - 38.7)                      | 7,546          | 32.6%                  | (31.1 - 34.2)                      | NS               | 322            | 29.1%                  | (23.0 - 36.1)                      | 9,969          | 27.2%                         | (26.0 - 28.5)          | NS                                 | No               |
| 2016  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| Currently taking blood pressure medication, among those ever told they have high BP |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 401            | 83.6%                  | (72.4 - 90.9)                      | 9,505          | 77.9%                  | (76.5 - 79.2)                      | NS               | 186            | 78.8%                  | (61.3 - 89.7)                      | 3,877          | 72.0%                  | (69.8 - 74.1)                      | NS               | 215            | 90.1%                  | (76.4 - 96.3)                      | 5,628          | 84.2%                         | (82.5 - 85.7)          | NS                                 | No               |
| 2012  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2013  | 272            | 73.9%                  | (62.5 - 82.7)                      | 6,747          | 78.5%                  | (76.6 - 80.3)                      | NS               | 106            | 65.9%                  | (48.4 - 79.9)                      | 2,828          | 73.1%                  | (70.2 - 75.9)                      | NS               | 166            | 83.6%                  | (74.7 - 89.8)                      | 3,919          | 84.5%                         | (82.3 - 86.4)          | NS                                 | No               |
| 2014  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2015  | 240            | 78.0%                  | (66.5 - 86.4)                      | 6,685          | 77.8%                  | (75.9 - 79.6)                      | NS               | 88             | 64.1%                  | (47.2 - 78.1)                      | 3,016          | 73.0%                  | (70.1 - 75.7)                      | NS               | 152            | 92.3%                  | (81.2 - 97.1)                      | 3,669          | 83.4%                         | (80.9 - 85.6)          | NS                                 | Yes              |
| 2016  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |



| Indicators   | Overall        |                        |                                    |                |                        |                                    | Men              |                |                        |                                    |                |                        | Women                              |                  |                |                        |                                    |                | LHD Gender Diff. <sup>e</sup> |                        |                                    |                  |    |
|--|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|----|
|  | Dakota County  |                        |                                    | State of NE    |                        |                                    | Dakota County    |                |                        | State of NE                        |                |                        | Dakota County                      |                  |                | State of NE            |                                    |                |                               |                        |                                    |                  |    |
|  | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                               | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> |    |
| <b>Up-to-date on colon cancer screening, 50-75 year olds<sup>a</sup></b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |    |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |    |
| 2012   | 386            | 58.4%                  | (48.0 - 68.2)                      | 9,022          | 61.1%                  | (59.6 - 62.5)                      | NS               | 165            | 63.4%                  | (50.4 - 74.7)                      | 3,733          | 58.4%                  | (56.1 - 60.6)                      | NS               | 221            | 55.0%                  | (40.4 - 68.8)                      | 5,289          | 63.6%                         | (61.7 - 65.4)          | NS                                 | No               |    |
| 2013   | 297            | 62.2%                  | (54.8 - 69.0)                      | 7,979          | 62.8%                  | (61.1 - 64.4)                      | NS               | 100            | 56.2%                  | (43.4 - 68.2)                      | 3,275          | 61.0%                  | (58.5 - 63.6)                      | NS               | 197            | 66.6%                  | (58.4 - 73.9)                      | 4,704          | 64.4%                         | (62.2 - 66.6)          | NS                                 | No               |    |
| 2014   | 261            | 53.2%                  | (45.0 - 61.1)                      | 10,646         | 64.1%                  | (62.8 - 65.5)                      | -                | 111            | 49.8%                  | (37.4 - 62.3)                      | 4,681          | 63.0%                  | (61.0 - 65.1)                      | NS               | 150            | 56.4%                  | (46.5 - 65.8)                      | 5,965          | 65.2%                         | (63.4 - 67.0)          | NS                                 | No               |    |
| 2015   | 248            | 54.5%                  | (45.7 - 63.1)                      | 8,007          | 65.2%                  | (63.6 - 66.7)                      | -                | 97             | 55.5%                  | (41.1 - 69.1)                      | 3,446          | 63.7%                  | (61.3 - 66.1)                      | NS               | 151            | 53.5%                  | (43.3 - 63.5)                      | 4,561          | 66.6%                         | (64.6 - 68.5)          | -                                  | No               |    |
| 2016   | 272            | 59.9%                  | (49.7 - 69.3)                      | 7,036          | 66.0%                  | (64.3 - 67.6)                      | NS               | 112            | 61.6%                  | (46.9 - 74.4)                      | 3,073          | 65.2%                  | (62.8 - 67.6)                      | NS               | 160            | 58.4%                  | (44.3 - 71.2)                      | 3,963          | 66.7%                         | (64.5 - 68.9)          | NS                                 | No               |    |
| <b>Up-to-date on breast cancer screening, female 50-74 year olds<sup>a</sup></b>                                   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |    |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |    |
| 2012   | 221            | 67.8%                  | (56.0 - 77.6)                      | 5,200          | 74.9%                  | (73.2 - 76.5)                      | NS               | -              | -                      | -                                  | -              | -                      | -                                  | -                | 221            | 67.8%                  | (56.0 - 77.6)                      | 5,200          | 74.9%                         | (73.2 - 76.5)          | NS                                 | NA               |    |
| 2013   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |    |
| 2014   | 146            | 67.1%                  | (57.5 - 75.5)                      | 5,904          | 76.1%                  | (74.5 - 77.7)                      | NS               | -              | -                      | -                                  | -              | -                      | -                                  | -                | 146            | 67.1%                  | (57.5 - 75.5)                      | 5,904          | 76.1%                         | (74.5 - 77.7)          | NS                                 | NA               |    |
| 2015   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |    |
| 2016   | 154            | 62.6%                  | (48.1 - 75.1)                      | 3,914          | 73.4%                  | (71.3 - 75.4)                      | NS               | -              | -                      | -                                  | -              | -                      | -                                  | -                | 154            | 62.6%                  | (48.1 - 75.1)                      | 3,914          | 73.4%                         | (71.3 - 75.4)          | NS                                 | NA               |    |
| <b>Up-to-date on cervical cancer screening, female 21-65 year olds<sup>a</sup></b>                                 |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |    |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |    |
| 2012   | 166            | 90.6%                  | (83.8 - 94.7)                      | 5,055          | 83.9%                  | (82.5 - 85.2)                      | NS               | -              | -                      | -                                  | -              | -                      | -                                  | -                | 166            | 90.6%                  | (83.8 - 94.7)                      | 5,055          | 83.9%                         | (82.5 - 85.2)          | NS                                 | NA               |    |
| 2013   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |    |
| 2014   | 110            | 86.7%                  | (76.7 - 92.8)                      | 5,779          | 81.7%                  | (80.0 - 83.3)                      | NS               | -              | -                      | -                                  | -              | -                      | -                                  | -                | 110            | 86.7%                  | (76.7 - 92.8)                      | 5,779          | 81.7%                         | (80.0 - 83.3)          | NS                                 | NA               |    |
| 2015   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |    |
| 2016   | 103            | 71.9%                  | (57.0 - 83.1)                      | 3,814          | 77.7%                  | (75.5 - 79.8)                      | NS               | -              | -                      | -                                  | -              | -                      | -                                  | -                | 103            | 71.9%                  | (57.0 - 83.1)                      | 3,814          | 77.7%                         | (75.5 - 79.8)          | NS                                 | NA               |    |
| <b>Arthritis</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |    |
| <b>Ever told they have arthritis</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |    |
| 2011   | 930            | 20.8%                  | (16.7 - 25.6)                      | 25,285         | 23.4%                  | (22.8 - 24.1)                      | NS               | 386            | 17.1%                  | (11.5 - 24.8)                      | 10,184         | 20.1%                  | (19.2 - 21.1)                      | NS               | 544            | 24.4%                  | (19.1 - 30.6)                      | 15,101         | 26.6%                         | (25.7 - 27.6)          | NS                                 | No               |    |
| 2012   | 732            | 21.1%                  | (16.4 - 26.7)                      | 19,089         | 24.6%                  | (23.8 - 25.4)                      | NS               | 308            | 17.6%                  | (11.6 - 25.9)                      | 7,839          | 21.5%                  | (20.3 - 22.6)                      | NS               | 424            | 24.5%                  | (18.0 - 32.4)                      | 11,250         | 27.7%                         | (26.6 - 28.8)          | NS                                 | No               |    |
| 2013   | 593            | 20.6%                  | (17.2 - 24.6)                      | 17,017         | 24.7%                  | (23.8 - 25.7)                      | NS               | 211            | 15.7%                  | (11.1 - 21.8)                      | 6,925          | 21.6%                  | (20.2 - 23.0)                      | NS               | 382            | 25.5%                  | (20.8 - 30.7)                      | 10,092         | 27.8%                         | (26.5 - 29.2)          | NS                                 | No               |    |
| 2014   | 545            | 23.3%                  | (19.1 - 28.1)                      | 22,307         | 24.6%                  | (23.8 - 25.4)                      | NS               | 214            | 17.3%                  | (12.3 - 23.8)                      | 9,560          | 21.6%                  | (20.5 - 22.8)                      | NS               | 331            | 29.2%                  | (23.0 - 36.3)                      | 12,747         | 27.4%                         | (26.3 - 28.6)          | NS                                 | No               |    |
| 2015   | 507            | 17.4%                  | (13.7 - 21.8)                      | 17,472         | 23.4%                  | (22.6 - 24.3)                      | -                | 184            | 16.4%                  | (10.8 - 24.0)                      | 7,540          | 19.7%                  | (18.5 - 20.9)                      | NS               | 323            | 18.4%                  | (14.1 - 23.5)                      | 9,932          | 27.1%                         | (25.9 - 28.4)          | -                                  | No               |    |
| 2016   | 535            | 24.0%                  | (18.6 - 30.3)                      | 15,137         | 24.6%                  | (23.6 - 25.6)                      | NS               | 201            | 18.4%                  | (11.5 - 28.2)                      | 6,622          | 21.7%                  | (20.3 - 23.2)                      | NS               | 334            | 29.4%                  | (22.1 - 38.0)                      | 8,515          | 27.4%                         | (26.0 - 28.8)          | NS                                 | No               |    |
| <b>Currently have activity limitations due to arthritis, among those ever told they have arthritis<sup>a</sup></b> |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |    |
| 2011   | 302            | 51.4%                  | (40.9 - 61.7)                      | 7,973          | 45.2%                  | (43.6 - 46.8)                      | NS               | 99             | 52.8%                  | (34.0 - 70.8)                      | 2,711          | 42.6%                  | (40.0 - 45.2)                      | NS               | 203            | 50.4%                  | (38.7 - 62.0)                      | 5,262          | 47.1%                         | (45.1 - 49.2)          | NS                                 | No               |    |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |    |
| 2013   | 199            | 44.6%                  | (36.1 - 53.4)                      | 5,460          | 42.4%                  | (40.3 - 44.6)                      | NS               | 60             | 46.4%                  | (30.7 - 62.8)                      | 1,861          | 41.0%                  | (37.4 - 44.6)                      | NS               | 139            | 43.5%                  | (34.1 - 53.3)                      | 3,599          | 43.5%                         | (40.8 - 46.2)          | NS                                 | No               |    |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |    |
| 2015   | 148            | 55.0%                  | (42.9 - 66.5)                      | 5,146          | 44.0%                  | (41.9 - 46.1)                      | NS               | 42             | -*                     | -*                                 | -*             | 1,852                  | 41.9%                              | (38.6 - 45.3)    | NA             | 106                    | 53.0%                              | (40.6 - 65.0)  | 3,294                         | 45.5%                  | (42.9 - 48.1)                      | NS               | NA |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |    |
| <b>Asthma</b>  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |    |
| <b>Ever told they have asthma</b>  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |    |
| 2011   | 929            | 8.0%                   | (5.4 - 11.7)                       | 25,327         | 11.5%                  | (10.9 - 12.1)                      | NS               | 385            | 5.5%                   | (3.3 - 9.0)                        | 10,194         | 10.5%                  | (9.6 - 11.3)                       | -                | 544            | 10.2%                  | (6.1 - 16.8)                       | 15,133         | 12.4%                         | (11.6 - 13.3)          | NS                                 | No               |    |
| 2012   | 732            | 6.4%                   | (4.2 - 9.7)                        | 19,105         | 10.8%                  | (10.2 - 11.5)                      | -                | 307            | 4.7%                   | (2.3 - 9.1)                        | 7,847          | 9.7%                   | (8.8 - 10.7)                       | NS               | 425            | 8.1%                   | (4.7 - 13.7)                       | 11,258         | 11.9%                         | (11.1 - 12.9)          | NS                                 | No               |    |
| 2013   | 594            | 6.6%                   | (4.5 - 9.7)                        | 17,068         | 11.2%                  | (10.5 - 12.0)                      | -                | 211            | 6.7%                   | (3.5 - 12.6)                       | 6,946          | 9.6%                   | (8.6 - 10.8)                       | NS               | 383            | 6.6%                   | (4.4 - 9.7)                        | 10,122         | 12.8%                         | (11.7 - 13.9)          | -                                  | No               |    |
| 2014   | 543            | 13.1%                  | (8.9 - 18.8)                       | 22,355         | 12.2%                  | (11.5 - 13.0)                      | NS               | 214            | 12.5%                  | (6.3 - 23.2)                       | 9,583          | 10.8%                  | (9.8 - 11.9)                       | NS               | 329            | 13.7%                  | (9.2 - 20.1)                       | 12,772         | 13.6%                         | (12.6 - 14.7)          | NS                                 | No               |    |
| 2015   | 512            | 7.3%                   | (4.4 - 11.8)                       | 17,492         | 12.1%                  | (11.3 - 12.9)                      | NS               | 188            | 3.0%                   | (1.2 - 7.4)                        | 7,554          | 10.7%                  | (9.6 - 12.0)                       | -                | 324            | 11.4%                  | (6.5 - 19.2)                       | 9,938          | 13.4%                         | (12.3 - 14.5)          | NS                                 | No               |    |
| 2016   | 536            | 9.9%                   | (6.1 - 15.7)                       | 15,144         | 12.4%                  | (11.5 - 13.4)                      | NS               | 202            | 9.8%                   | (4.6 - 19.8)                       | 6,622          | 10.4%                  | (9.2 - 11.8)                       | NS               | 334            | 10.1%                  | (5.5 - 17.8)                       | 8,522          | 14.3%                         | (13.1 - 15.7)          | NS                                 | No               |    |
| <b>Currently have asthma</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |    |
| 2011   | 925            | 7.0%                   | (4.5 - 10.7)                       | 25,257         | 7.3%                   | (6.9 - 7.8)                        | NS               | 384            | 4.8%                   | (2.8 - 8.2)                        | 10,170         | 6.0%                   | (5.4 - 6.7)                        | NS               | 541            | 9.0%                   | (5.0 - 15.7)                       | 15,087         | 8.6%                          | (8.0 - 9.4)            | NS                                 | No               |    |
| 2012   | 731            | 5.7%                   | (3.5 - 9.0)                        | 19,053         | 7.4%                   | (6.9 - 7.9)                        | NS               | 307            | 4.5%                   | (2.2 - 8.9)                        | 7,832          | 6.1%                   | (5.4 - 6.9)                        | NS               | 424            | 6.9%                   | (3.7 - 12.5)                       | 11,221         | 8.7%                          | (7.9 - 9.4)            | NS                                 | No               |    |
| 2013   | 594            | 4.2%                   | (2.7 - 6.5)                        | 17,024         | 7.3%                   | (6.7 - 8.0)                        | -                | 211            | 3.3%                   | (1.4 - 7.7)                        | 6,930          | 5.5%                   | (4.8 - 6.4)                        | NS               | 383            | 5.1%                   | (3.2 - 7.9)                        | 10,094         | 9.1%                          | (8.2 - 10.0)           | -                                  | No               |    |
| 2014   | 541            | 8.8%                   | (5.7 - 13.4)                       | 22,289         | 7.7%                   | (7.2 - 8.3)                        | NS               | 214            | 5.0%                   | (1.7 - 14.2)                       | 9,562          | 6.2%                   | (5.5 - 7.0)                        | NS               | 327            | 12.6%                  | (8.1 - 18.9)                       | 12,727         | 9.2%                          | (8.4 - 10.1)           | NS                                 | No               |    |
| 2015   | 512            | 6.1%                   | (3.5 - 10.5)                       | 17,435         | 7.2%                   | (6.6 - 7.8)                        | NS               | 188            | 1.2%                   | (0.4 - 3.6)                        | 7,533          | 5.4%                   | (4.7 - 6.2)                        | -                | 324            | 10.8%                  | (6.0 - 18.7)                       | 9,902          | 8.9%                          | (8.0 - 9.9)            | NS                                 | Yes              |    |
| 2016   | 534            | 6.3%                   | (3.6 - 10.9)                       | 15,116         | 8.3%                   | (7.5 - 9.1)                        | NS               | 201            | 3.1%                   | (1.0 - 9.1)                        | 6,609          | 6.1%                   | (5.2 - 7.1)                        | NS               | 333            | 9.5%                   | (5.0 - 17.4)                       | 8,507          | 10.4%                         | (9.3 - 11.6)           | NS                                 | No               |    |

| Indicators  | Overall        |                        |                                    |                |                        |                                    |                  | Men            |                        |                                    |                |                        |                                    |                  | Women          |                        |                                    |                |                        |                                    |                  | LHD Gender Diff. <sup>e</sup> |
|---|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|-------------------------------|
|   | Dakota County  |                        |                                    | State of NE    |                        |                                    | Sig <sup>d</sup> | Dakota County  |                        |                                    | State of NE    |                        |                                    | Sig <sup>d</sup> | Dakota County  |                        |                                    | State of NE    |                        |                                    | Sig <sup>d</sup> |                               |
|   | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) |                  | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) |                  | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) |                  |                               |
| <b>Chronic Obstructive Pulmonary Disease (COPD)</b>                     |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                               |
| Ever told they have COPD  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                               |
| 2011  | 924            | 4.6%                   | (2.9 - 7.3)                        | 25,280         | 5.0%                   | (4.6 - 5.3)                        | NS               | 382            | 3.9%                   | (2.0 - 7.2)                        | 10,171         | 4.4%                   | (3.9 - 4.9)                        | NS               | 542            | 5.3%                   | (2.8 - 9.9)                        | 15,109         | 5.5%                   | (5.0 - 6.0)                        | NS               | No                            |
| 2012  | 729            | 4.6%                   | (3.0 - 7.0)                        | 19,075         | 5.3%                   | (4.9 - 5.8)                        | NS               | 307            | 4.4%                   | (2.2 - 8.6)                        | 7,832          | 4.7%                   | (4.1 - 5.3)                        | NS               | 422            | 4.9%                   | (3.0 - 8.0)                        | 11,243         | 6.0%                   | (5.4 - 6.6)                        | NS               | No                            |
| 2013  | 593            | 7.1%                   | (4.7 - 10.6)                       | 17,035         | 5.3%                   | (4.9 - 5.8)                        | NS               | 211            | 8.9%                   | (4.9 - 15.8)                       | 6,932          | 4.8%                   | (4.2 - 5.5)                        | NS               | 382            | 5.4%                   | (3.5 - 8.3)                        | 10,103         | 5.8%                   | (5.2 - 6.6)                        | NS               | No                            |
| 2014  | 545            | 4.9%                   | (3.1 - 7.8)                        | 22,313         | 5.8%                   | (5.3 - 6.2)                        | NS               | 215            | 4.6%                   | (2.2 - 9.4)                        | 9,555          | 5.5%                   | (4.9 - 6.2)                        | NS               | 330            | 5.3%                   | (2.9 - 9.4)                        | 12,758         | 6.1%                   | (5.5 - 6.7)                        | NS               | No                            |
| 2015  | 511            | 4.1%                   | (2.7 - 6.0)                        | 17,466         | 5.4%                   | (5.0 - 5.9)                        | NS               | 188            | 3.1%                   | (1.8 - 5.5)                        | 7,536          | 4.8%                   | (4.2 - 5.4)                        | NS               | 323            | 5.0%                   | (2.9 - 8.3)                        | 9,930          | 6.1%                   | (5.5 - 6.7)                        | NS               | No                            |
| 2016  | 533            | 5.6%                   | (3.4 - 9.1)                        | 15,119         | 5.8%                   | (5.3 - 6.4)                        | NS               | 202            | 2.2%                   | (1.0 - 4.6)                        | 6,612          | 5.1%                   | (4.4 - 6.0)                        | NS               | 331            | 9.0%                   | (5.0 - 15.6)                       | 8,507          | 6.5%                   | (5.7 - 7.4)                        | NS               | Yes                           |
| <b>Kidney Disease</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                               |
| Ever told they have kidney disease                                      |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                               |
| 2011  | 929            | 2.5%                   | (1.2 - 5.3)                        | 25,345         | 2.2%                   | (2.0 - 2.4)                        | NS               | 386            | 3.3%                   | (1.1 - 9.8)                        | 10,208         | 2.1%                   | (1.8 - 2.5)                        | NS               | 543            | 1.8%                   | (1.0 - 3.1)                        | 15,137         | 2.2%                   | (2.0 - 2.5)                        | NS               | No                            |
| 2012  | 731            | 1.4%                   | (0.9 - 2.3)                        | 19,122         | 2.4%                   | (2.2 - 2.7)                        | NS               | 307            | 0.8%                   | (0.4 - 1.8)                        | 7,850          | 2.2%                   | (1.8 - 2.6)                        | -                | 424            | 2.1%                   | (1.1 - 3.7)                        | 11,272         | 2.7%                   | (2.3 - 3.1)                        | NS               | No                            |
| 2013  | 595            | 3.0%                   | (1.9 - 4.9)                        | 17,080         | 2.0%                   | (1.8 - 2.3)                        | NS               | 212            | 2.3%                   | (0.9 - 6.0)                        | 6,953          | 1.9%                   | (1.5 - 2.4)                        | NS               | 383            | 3.7%                   | (2.2 - 6.2)                        | 10,127         | 2.1%                   | (1.8 - 2.6)                        | NS               | No                            |
| 2014  | 545            | 3.8%                   | (2.2 - 6.7)                        | 22,362         | 2.1%                   | (1.9 - 2.4)                        | NS               | 215            | 2.4%                   | (1.1 - 4.9)                        | 9,586          | 2.0%                   | (1.7 - 2.4)                        | NS               | 330            | 5.3%                   | (2.5 - 10.8)                       | 12,776         | 2.3%                   | (2.0 - 2.6)                        | NS               | No                            |
| 2015  | 509            | 4.1%                   | (2.6 - 6.5)                        | 17,502         | 2.4%                   | (2.1 - 2.7)                        | NS               | 187            | 3.1%                   | (1.6 - 5.9)                        | 7,550          | 2.2%                   | (1.8 - 2.7)                        | NS               | 322            | 5.1%                   | (2.8 - 9.3)                        | 9,952          | 2.5%                   | (2.1 - 2.9)                        | NS               | No                            |
| 2016  | 534            | 1.6%                   | (0.9 - 2.9)                        | 15,150         | 2.8%                   | (2.4 - 3.2)                        | NS               | 200            | 1.5%                   | (0.6 - 3.6)                        | 6,624          | 2.2%                   | (1.8 - 2.8)                        | NS               | 334            | 1.7%                   | (0.8 - 3.8)                        | 8,526          | 3.4%                   | (2.8 - 4.0)                        | NS               | No                            |
| <b>Tobacco &amp; E-Cigarettes</b>                                       |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                               |
| Current cigarette smoking <sup>a</sup>                                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                               |
| 2011  | 927            | 23.1%                  | (17.7 - 29.5)                      | 25,324         | 20.0%                  | (19.3 - 20.7)                      | NS               | 387            | 21.8%                  | (14.7 - 31.1)                      | 10,189         | 22.1%                  | (21.0 - 23.3)                      | NS               | 540            | 24.4%                  | (16.9 - 33.7)                      | 15,135         | 17.9%                  | (17.0 - 18.9)                      | NS               | No                            |
| 2012  | 728            | 16.3%                  | (11.1 - 23.4)                      | 18,985         | 19.7%                  | (18.9 - 20.6)                      | NS               | 306            | 12.7%                  | (7.8 - 20.0)                       | 7,801          | 21.4%                  | (20.1 - 22.7)                      | -                | 422            | 19.9%                  | (11.5 - 32.0)                      | 11,184         | 18.1%                  | (17.0 - 19.2)                      | NS               | No                            |
| 2013  | 580            | 21.8%                  | (17.0 - 27.5)                      | 16,687         | 18.5%                  | (17.5 - 19.5)                      | NS               | 206            | 25.4%                  | (17.5 - 35.4)                      | 6,790          | 19.8%                  | (18.3 - 21.4)                      | NS               | 374            | 18.2%                  | (13.5 - 24.1)                      | 9,897          | 17.2%                  | (15.9 - 18.5)                      | NS               | No                            |
| 2014  | 529            | 19.8%                  | (14.8 - 26.0)                      | 21,729         | 17.3%                  | (16.5 - 18.2)                      | NS               | 210            | 24.2%                  | (16.0 - 34.9)                      | 9,311          | 18.5%                  | (17.3 - 19.9)                      | NS               | 319            | 15.3%                  | (10.6 - 21.6)                      | 12,418         | 16.2%                  | (15.1 - 17.3)                      | NS               | No                            |
| 2015  | 501            | 15.5%                  | (11.2 - 21.1)                      | 17,079         | 17.1%                  | (16.2 - 18.1)                      | NS               | 186            | 16.9%                  | (10.2 - 26.7)                      | 7,355          | 18.4%                  | (17.0 - 19.9)                      | NS               | 315            | 14.1%                  | (9.4 - 20.5)                       | 9,724          | 15.8%                  | (14.7 - 17.1)                      | NS               | No                            |
| 2016  | 520            | 18.6%                  | (13.4 - 25.3)                      | 14,790         | 17.0%                  | (16.0 - 18.1)                      | NS               | 196            | 20.8%                  | (12.7 - 32.1)                      | 6,463          | 18.6%                  | (17.1 - 20.3)                      | NS               | 324            | 16.3%                  | (10.6 - 24.3)                      | 8,327          | 15.4%                  | (14.1 - 16.8)                      | NS               | No                            |
| Attempted to quit smoking in past year, among current cigarette smokers |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                               |
| 2011  | 178            | 56.6%                  | (42.8 - 69.5)                      | 4,195          | 55.6%                  | (53.5 - 57.7)                      | NS               | 82             | 61.3%                  | (43.0 - 76.9)                      | 1,914          | 53.4%                  | (50.4 - 56.3)                      | NS               | 96             | 52.5%                  | (32.6 - 71.6)                      | 2,281          | 58.3%                  | (55.4 - 61.2)                      | NS               | No                            |
| 2012  | 123            | 57.6%                  | (39.2 - 74.1)                      | 3,023          | 57.1%                  | (54.7 - 59.6)                      | NS               | 52             | 63.2%                  | (43.0 - 79.7)                      | 1,406          | 55.2%                  | (51.7 - 58.7)                      | NS               | 71             | 54.0%                  | (27.5 - 78.4)                      | 1,617          | 59.3%                  | (55.9 - 62.7)                      | NS               | No                            |
| 2013  | 117            | 61.4%                  | (47.4 - 73.7)                      | 2,546          | 57.1%                  | (54.1 - 60.2)                      | NS               | 51             | 69.6%                  | (46.6 - 85.7)                      | 1,147          | 55.9%                  | (51.5 - 60.3)                      | NS               | 66             | 50.0%                  | (34.5 - 65.4)                      | 1,399          | 58.5%                  | (54.3 - 62.6)                      | NS               | No                            |
| 2014  | 85             | 65.8%                  | (50.7 - 78.2)                      | 3,241          | 58.2%                  | (55.5 - 60.9)                      | NS               | 39             | -*                     | -* - *                             | 1,489          | 57.9%                  | (54.0 - 61.8)                      | NA               | 46             | -*                     | -* - *                             | 1,752          | 58.5%                  | (54.6 - 62.2)                      | NA               | NA                            |
| 2015  | 68             | 41.3%                  | (25.2 - 59.5)                      | 2,476          | 59.1%                  | (56.1 - 62.0)                      | NS               | 25             | -*                     | -* - *                             | 1,145          | 59.2%                  | (54.8 - 63.5)                      | NS               | 43             | -*                     | -* - *                             | 1,331          | 58.9%                  | (54.8 - 62.9)                      | NA               | NA                            |
| 2016  | 81             | 40.9%                  | (25.6 - 58.2)                      | 2,181          | 54.6%                  | (51.2 - 58.0)                      | NS               | 33             | -*                     | -* - *                             | 1,049          | 52.7%                  | (47.9 - 57.5)                      | NA               | 48             | -*                     | -* - *                             | 1,132          | 56.9%                  | (52.1 - 61.5)                      | NA               | NA                            |
| Current smokeless tobacco use <sup>a</sup>                              |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                               |
| 2011  | 932            | 5.8%                   | (3.6 - 9.3)                        | 25,406         | 5.6%                   | (5.2 - 6.0)                        | NS               | 387            | 11.4%                  | (6.9 - 18.4)                       | 10,231         | 10.5%                  | (9.7 - 11.4)                       | NS               | 545            | 0.3%                   | (0.0 - 1.9)                        | 15,175         | 0.8%                   | (0.6 - 1.0)                        | NS               | Yes                           |
| 2012  | 730            | 9.0%                   | (3.2 - 23.0)                       | 19,041         | 5.1%                   | (4.6 - 5.6)                        | NS               | 307            | 17.9%                  | (6.6 - 40.3)                       | 7,828          | 9.5%                   | (8.7 - 10.5)                       | NS               | 423            | 0.3%                   | (0.1 - 1.0)                        | 11,213         | 0.8%                   | (0.6 - 1.2)                        | NS               | Yes                           |
| 2013  | 582            | 4.0%                   | (2.1 - 7.3)                        | 16,732         | 5.3%                   | (4.7 - 5.9)                        | NS               | 208            | 7.5%                   | (3.9 - 14.1)                       | 6,813          | 10.1%                  | (9.0 - 11.2)                       | NS               | 374            | 0.5%                   | (0.2 - 1.7)                        | 9,919          | 0.7%                   | (0.5 - 0.9)                        | NS               | Yes                           |
| 2014  | 528            | 4.6%                   | (2.5 - 8.2)                        | 21,797         | 4.7%                   | (4.2 - 5.1)                        | NS               | 210            | 7.5%                   | (3.7 - 14.5)                       | 9,340          | 8.5%                   | (7.7 - 9.3)                        | NS               | 318            | 1.6%                   | (0.6 - 4.3)                        | 12,457         | 1.0%                   | (0.7 - 1.3)                        | NS               | No                            |
| 2015  | 503            | 6.7%                   | (3.6 - 12.1)                       | 17,123         | 5.5%                   | (4.9 - 6.1)                        | NS               | 186            | 11.8%                  | (6.1 - 21.7)                       | 7,372          | 9.9%                   | (8.9 - 11.1)                       | NS               | 317            | 1.5%                   | (0.4 - 6.3)                        | 9,751          | 1.1%                   | (0.8 - 1.6)                        | NS               | No                            |
| 2016  | 520            | 6.3%                   | (3.4 - 11.2)                       | 14,830         | 5.7%                   | (5.1 - 6.2)                        | NS               | 196            | 10.5%                  | (5.3 - 19.6)                       | 6,478          | 10.5%                  | (9.5 - 11.7)                       | NS               | 324            | 1.9%                   | (0.5 - 7.2)                        | 8,352          | 0.9%                   | (0.6 - 1.3)                        | NS               | No                            |
| Has rule not allowing smoking anywhere inside their home                |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                               |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                |                               |
| 2012  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                |                               |
| 2013  | 255            | 85.6%                  | (80.2 - 89.7)                      | 7,750          | 88.7%                  | (87.4 - 89.8)                      | NS               | 96             | 89.8%                  | (83.0 - 94.1)                      | 3,121          | 88.3%                  | (86.2 - 90.0)                      | NS               | 159            | 82.2%                  | (74.0 - 88.2)                      | 4,629          | 89.1%                  | (87.5 - 90.5)                      | NS               | No                            |
| 2014  | 259            | 87.4%                  | (81.9 - 91.5)                      | 10,582         | 89.0%                  | (87.9 - 90.0)                      | NS               | 98             | 87.1%                  | (77.7 - 92.9)                      | 4,448          | 87.9%                  | (86.1 - 89.5)                      | NS               | 161            | 87.8%                  | (80.7 - 92.5)                      | 6,134          | 90.0%                  | (88.6 - 91.2)                      | NS               | No                            |
| 2015  | 224            | 91.3%                  | (86.5 - 94.5)                      | 7,816          | 90.1%                  | (88.9 - 91.1)                      | NS               | 73             | 96.5%                  | (90.4 - 98.7)                      | 3,261          | 89.2%                  | (87.2 - 90.9)                      | NS               | 151            | 86.8%                  | (79.0 - 92.0)                      | 4,555          | 90.9%                  | (89.6 - 92.1)                      | NS               | No                            |
| 2016  | 252            | 85.9%                  | (77.5 - 91.6)                      | 7,109          | 90.8%                  | (89.6 - 91.8)                      | NS               | 96             | 86.6%                  | (71.2 - 94.4)                      | 3,122          | 91.2%                  | (89.8 - 92.5)                      | NS               | 156            | 85.0%                  | (76.8 - 92.7)                      | 3,987          | 90.4%                  | (88.5 - 92.0)                      | NS               | No                            |
| Lifetime e-cigarette use  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                               |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                |                               |
| 2012  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                |                               |
| 2013  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                |                               |
| 2014  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                |                               |
| 2015  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                |                               |
| 2016  | 519            | 18.2%                  | (12.7 - 25.6)                      | 14,819         | 22.6%                  | (21.4 - 23.9)                      | NS               | 196            | 22.1%                  | (13.1 - 34.8)                      | 6,474          | 25.1%                  | (23.3 - 27.0)                      | NS               | 323            | 14.3%                  | (9.0 - 22.0)                       | 8,345          | 20.2%                  | (18.7 - 21.9)                      | NS               | No                            |

| Indicators   | Overall        |                        |                                    |                |                        |                                    | Men              |                |                        |                                    |                |                        | Women                              |                  |                |                        |                                    |                | LHD Gender Diff. <sup>e</sup> |                        |                                    |                  |  |
|--|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|--|
|  | Dakota County  |                        |                                    | State of NE    |                        |                                    | Dakota County    |                |                        | State of NE                        |                |                        | Dakota County                      |                  |                | State of NE            |                                    |                |                               |                        |                                    |                  |  |
|  | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                               | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> |  |
| Current e-cigarette use  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2013   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2015   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2016   | 519            | 4.3%                   | (2.1 - 8.7)                        | 14,819         | 4.9%                   | (4.3 - 5.6)                        | NS               | 196            | 5.2%                   | (1.8 - 13.9)                       | 6,474          | 5.3%                   | (4.5 - 6.4)                        | NS               | 323            | 3.5%                   | (1.4 - 8.2)                        | 8,345          | 4.5%                          | (3.7 - 5.6)            | NS                                 | No               |  |
| <b>Overweight and Obesity</b>  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| Obese (BMI=30+) <sup>^</sup>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| 2011   | 872            | 29.5%                  | (23.7 - 36.1)                      | 24,366         | 28.4%                  | (27.6 - 29.2)                      | NS               | 377            | 28.7%                  | (20.1 - 39.3)                      | 10,102         | 29.2%                  | (28.0 - 30.4)                      | NS               | 495            | 30.3%                  | (23.2 - 38.6)                      | 14,264         | 27.6%                         | (26.5 - 28.8)          | NS                                 | No               |  |
| 2012   | 708            | 34.2%                  | (26.7 - 42.5)                      | 18,385         | 28.6%                  | (27.7 - 29.6)                      | NS               | 305            | 42.7%                  | (30.1 - 56.3)                      | 7,781          | 29.2%                  | (27.9 - 30.6)                      | NS               | 403            | 24.8%                  | (17.7 - 33.6)                      | 10,604         | 28.1%                         | (26.8 - 29.3)          | NS                                 | No               |  |
| 2013   | 553            | 31.7%                  | (26.5 - 37.5)                      | 16,250         | 29.6%                  | (28.4 - 30.7)                      | NS               | 205            | 31.5%                  | (23.5 - 40.8)                      | 6,860          | 30.8%                  | (29.1 - 32.5)                      | NS               | 348            | 31.9%                  | (25.7 - 38.8)                      | 9,390          | 28.4%                         | (26.9 - 29.9)          | NS                                 | No               |  |
| 2014   | 507            | 36.1%                  | (30.0 - 42.7)                      | 21,130         | 30.2%                  | (29.2 - 31.3)                      | NS               | 209            | 37.5%                  | (28.3 - 47.6)                      | 9,399          | 31.7%                  | (30.2 - 33.2)                      | NS               | 298            | 34.6%                  | (27.0 - 43.1)                      | 11,731         | 28.7%                         | (27.4 - 30.1)          | NS                                 | No               |  |
| 2015   | 458            | 31.5%                  | (25.8 - 37.8)                      | 16,265         | 31.4%                  | (30.3 - 32.5)                      | NS               | 177            | 26.7%                  | (19.5 - 35.5)                      | 7,323          | 32.9%                  | (31.3 - 34.6)                      | NS               | 281            | 36.5%                  | (28.4 - 45.5)                      | 8,942          | 29.8%                         | (28.3 - 31.3)          | NS                                 | No               |  |
| 2016   | 488            | 44.8%                  | (36.8 - 53.0)                      | 14,173         | 32.0%                  | (30.8 - 33.2)                      | +                | 186            | 53.1%                  | (40.3 - 65.6)                      | 6,460          | 32.6%                  | (30.8 - 34.3)                      | +                | 302            | 37.0%                  | (27.8 - 47.4)                      | 7,713          | 31.4%                         | (29.7 - 33.1)          | NS                                 | No               |  |
| Overweight or Obese (BMI=25+)  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| 2011   | 872            | 70.1%                  | (63.2 - 76.2)                      | 24,366         | 64.9%                  | (64.0 - 65.8)                      | NS               | 377            | 82.7%                  | (72.7 - 89.6)                      | 10,102         | 72.8%                  | (71.5 - 74.1)                      | NS               | 495            | 56.9%                  | (48.0 - 65.4)                      | 14,264         | 56.8%                         | (55.5 - 58.1)          | NS                                 | Yes              |  |
| 2012   | 708            | 76.6%                  | (68.0 - 83.4)                      | 18,385         | 65.0%                  | (64.0 - 66.0)                      | +                | 305            | 87.4%                  | (77.5 - 93.3)                      | 7,781          | 72.3%                  | (70.8 - 73.7)                      | +                | 403            | 64.7%                  | (52.1 - 75.6)                      | 10,604         | 57.6%                         | (56.2 - 59.0)          | NS                                 | Yes              |  |
| 2013   | 553            | 69.9%                  | (63.6 - 75.5)                      | 16,250         | 65.5%                  | (64.2 - 66.7)                      | NS               | 205            | 76.7%                  | (65.8 - 84.9)                      | 6,860          | 72.2%                  | (70.4 - 74.0)                      | NS               | 348            | 62.6%                  | (55.4 - 69.3)                      | 9,390          | 58.5%                         | (56.8 - 60.2)          | NS                                 | No               |  |
| 2014   | 507            | 69.6%                  | (63.3 - 75.3)                      | 21,130         | 66.7%                  | (65.6 - 67.8)                      | NS               | 209            | 73.9%                  | (63.4 - 82.3)                      | 9,399          | 73.8%                  | (72.3 - 75.3)                      | NS               | 298            | 64.9%                  | (57.2 - 72.0)                      | 11,731         | 59.2%                         | (57.7 - 60.7)          | NS                                 | No               |  |
| 2015   | 458            | 71.3%                  | (64.0 - 77.6)                      | 16,265         | 67.0%                  | (65.8 - 68.2)                      | NS               | 177            | 71.6%                  | (59.9 - 81.0)                      | 7,323          | 73.4%                  | (71.7 - 75.1)                      | NS               | 281            | 70.9%                  | (62.0 - 78.5)                      | 8,942          | 60.2%                         | (58.6 - 61.9)          | +                                  | No               |  |
| 2016   | 488            | 73.8%                  | (66.2 - 80.1)                      | 14,173         | 68.5%                  | (67.3 - 69.8)                      | NS               | 186            | 81.9%                  | (69.5 - 90.0)                      | 6,460          | 74.9%                  | (73.1 - 76.6)                      | NS               | 302            | 66.3%                  | (56.4 - 75.0)                      | 7,713          | 61.8%                         | (59.9 - 63.6)          | NS                                 | No               |  |
| <b>Nutrition</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| Consumed sugar-sweetened beverages 1 or more times per day in past 30 days |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2013   | 261            | 36.2%                  | (28.8 - 44.2)                      | 7,822          | 28.5%                  | (26.8 - 30.3)                      | NS               | 97             | 48.3%                  | (36.4 - 60.5)                      | 3,164          | 35.8%                  | (33.1 - 38.5)                      | NS               | 164            | 26.8%                  | (18.9 - 36.6)                      | 4,658          | 21.7%                         | (19.7 - 24.0)          | NS                                 | No               |  |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2015   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| Currently watching or reducing sodium or salt intake                       |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2013   | 263            | 51.8%                  | (44.3 - 59.2)                      | 7,818          | 46.3%                  | (44.6 - 48.1)                      | NS               | 99             | 51.8%                  | (39.6 - 63.7)                      | 3,165          | 43.4%                  | (40.8 - 46.0)                      | NS               | 164            | 51.8%                  | (42.6 - 60.8)                      | 4,653          | 49.1%                         | (46.8 - 51.5)          | NS                                 | No               |  |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2015   | 226            | 52.9%                  | (44.7 - 60.9)                      | 7,892          | 46.8%                  | (45.0 - 48.5)                      | NS               | 89             | 58.5%                  | (46.2 - 69.8)                      | 3,436          | 46.0%                  | (43.4 - 48.7)                      | NS               | 137            | 48.7%                  | (38.0 - 59.5)                      | 4,456          | 47.5%                         | (45.2 - 49.8)          | NS                                 | No               |  |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| Median times per day consumed fruits                                       |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| 2011   | 893            | 0.99                   | (0.98 - 1.17)                      | 24,090         | 1.02                   | (1.02 - 1.04)                      | NS               | 365            | 0.96                   | (0.83 - 1.15)                      | 9,660          | 0.99                   | (0.99 - 1.00)                      | NS               | 528            | 1.03                   | (0.98 - 1.28)                      | 14,430         | 1.14                          | (1.13 - 1.14)          | NS                                 | No               |  |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2013   | 550            | 0.99                   | (0.94 - 1.00)                      | 15,949         | 1.00                   | (1.00 - 1.00)                      | NS               | 199            | 0.91                   | (0.66 - 0.99)                      | 6,462          | 0.99                   | (0.99 - 1.00)                      | -                | 351            | 0.99                   | (0.98 - 1.10)                      | 9,487          | 1.07                          | (1.06 - 1.14)          | NS                                 | No               |  |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2015   | 465            | 1.00                   | (0.92 - 1.07)                      | 16,135         | 1.00                   | (1.00 - 1.00)                      | NS               | 170            | 0.99                   | (0.77 - 1.14)                      | 6,899          | 0.99                   | (0.98 - 1.00)                      | NS               | 295            | 1.02                   | (0.92 - 1.13)                      | 9,236          | 1.03                          | (1.02 - 1.09)          | NS                                 | No               |  |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| Consumed fruits less than 1 time per day                                   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |  |
| 2011   | 893            | 37.5%                  | (30.9 - 44.6)                      | 24,090         | 40.1%                  | (39.2 - 41.1)                      | NS               | 365            | 41.5%                  | (31.1 - 52.9)                      | 9,660          | 46.2%                  | (44.8 - 47.6)                      | NS               | 528            | 33.6%                  | (25.7 - 42.5)                      | 14,430         | 34.3%                         | (33.1 - 35.6)          | NS                                 | No               |  |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2013   | 550            | 44.6%                  | (38.5 - 50.8)                      | 15,949         | 39.7%                  | (38.5 - 41.0)                      | NS               | 199            | 49.2%                  | (39.2 - 59.2)                      | 6,462          | 45.4%                  | (43.4 - 47.3)                      | NS               | 351            | 40.1%                  | (33.3 - 47.5)                      | 9,487          | 34.4%                         | (32.8 - 36.1)          | NS                                 | No               |  |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |
| 2015   | 465            | 38.3%                  | (31.8 - 45.2)                      | 16,135         | 41.1%                  | (39.9 - 42.4)                      | NS               | 170            | 40.3%                  | (30.3 - 51.2)                      | 6,899          | 47.4%                  | (45.6 - 49.3)                      | NS               | 295            | 36.3%                  | (28.4 - 45.0)                      | 9,236          | 35.1%                         | (33.5 - 36.7)          | NS                                 | No               |  |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  |                  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |  |

| Indicators   | Overall        |                        |                                    |                |                        |                                    | Men              |                |                        |                                    |                |                        | Women                              |                  |                |                        |                                    |                | LHD Gender Diff. <sup>e</sup> |                        |                                    |                  |   |
|--|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|---|
|  | Dakota County  |                        |                                    | State of NE    |                        |                                    | Dakota County    |                |                        | State of NE                        |                |                        | Dakota County                      |                  |                | State of NE            |                                    |                |                               |                        |                                    |                  |   |
|  | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                               | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> |   |
| Median times per day consumed vegetables   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | 881            | 1.34                   | (1.27 - 1.57)                      | 23,785         | 1.46                   | (1.44 - 1.50)                      | NS               | 359            | 1.32                   | (1.16 - 1.72)                      | 9,534          | 1.35                   | (1.33 - 1.41)                      | NS               | 522            | 1.35                   | (1.24 - 1.70)                      | 14,251         | 1.57                          | (1.57 - 1.61)          | NS                                 | No               |   |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2013   | 534            | 1.56                   | (1.41 - 1.66)                      | 15,700         | 1.57                   | (1.55 - 1.58)                      | NS               | 191            | 1.47                   | (1.28 - 1.66)                      | 6,373          | 1.43                   | (1.42 - 1.50)                      | NS               | 343            | 1.63                   | (1.43 - 1.85)                      | 9,327          | 1.70                          | (1.66 - 1.73)          | NS                                 | No               |   |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015   | 458            | 1.56                   | (1.38 - 1.80)                      | 15,850         | 1.53                   | (1.50 - 1.58)                      | NS               | 164            | 1.55                   | (1.29 - 1.89)                      | 6,786          | 1.42                   | (1.40 - 1.46)                      | NS               | 294            | 1.55                   | (1.32 - 1.95)                      | 9,064          | 1.62                          | (1.58 - 1.69)          | NS                                 | No               |   |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| Consumed vegetables less than 1 time per day   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | 881            | 30.6%                  | (24.4 - 37.6)                      | 23,785         | 26.2%                  | (25.4 - 27.1)                      | NS               | 359            | 31.6%                  | (21.9 - 43.2)                      | 9,534          | 29.7%                  | (28.4 - 31.0)                      | NS               | 522            | 29.6%                  | (22.4 - 38.0)                      | 14,251         | 22.9%                         | (21.8 - 24.1)          | NS                                 | No               |   |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2013   | 534            | 24.2%                  | (19.2 - 30.0)                      | 15,700         | 23.3%                  | (22.2 - 24.4)                      | NS               | 191            | 31.2%                  | (22.5 - 41.4)                      | 6,373          | 26.6%                  | (25.0 - 28.4)                      | NS               | 343            | 17.5%                  | (13.1 - 22.9)                      | 9,327          | 20.1%                         | (18.7 - 21.6)          | NS                                 | No               |   |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015   | 458            | 26.5%                  | (20.5 - 33.6)                      | 15,850         | 24.7%                  | (23.7 - 25.9)                      | NS               | 164            | 26.6%                  | (17.2 - 38.7)                      | 6,786          | 28.3%                  | (26.6 - 30.0)                      | NS               | 294            | 26.4%                  | (19.4 - 35.0)                      | 9,064          | 21.4%                         | (20.1 - 22.8)          | NS                                 | No               |   |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| <b>Physical Activity</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| No leisure-time physical activity in past 30 days <sup>a</sup>                           |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | 903            | 36.1%                  | (29.7 - 43.1)                      | 24,433         | 26.3%                  | (25.5 - 27.1)                      | +                | 368            | 35.2%                  | (25.5 - 46.3)                      | 9,795          | 27.2%                  | (26.0 - 28.5)                      | NS               | 535            | 37.0%                  | (29.1 - 45.7)                      | 14,638         | 25.4%                         | (24.3 - 26.5)          | +                                  | No               |   |
| 2012   | 732            | 33.6%                  | (24.9 - 43.5)                      | 19,153         | 21.0%                  | (20.2 - 21.9)                      | +                | 307            | 39.5%                  | (25.7 - 55.2)                      | 7,865          | 20.4%                  | (19.3 - 21.7)                      | +                | 425            | 27.7%                  | (19.2 - 38.2)                      | 11,288         | 21.6%                         | (20.5 - 22.8)          | NS                                 | No               |   |
| 2013   | 562            | 28.6%                  | (23.5 - 34.3)                      | 16,158         | 25.3%                  | (24.2 - 26.4)                      | NS               | 203            | 29.2%                  | (20.9 - 39.1)                      | 6,567          | 26.3%                  | (24.7 - 28.1)                      | NS               | 359            | 28.0%                  | (22.4 - 34.3)                      | 9,591          | 24.3%                         | (22.9 - 25.8)          | NS                                 | No               |   |
| 2014   | 546            | 27.0%                  | (21.7 - 33.0)                      | 22,397         | 21.3%                  | (20.4 - 22.1)                      | NS               | 215            | 24.5%                  | (17.0 - 34.0)                      | 9,599          | 21.2%                  | (20.0 - 22.5)                      | NS               | 331            | 29.4%                  | (22.7 - 37.2)                      | 12,798         | 21.4%                         | (20.2 - 22.5)          | +                                  | No               |   |
| 2015   | 474            | 34.5%                  | (28.1 - 41.5)                      | 16,319         | 25.3%                  | (24.3 - 26.4)                      | +                | 174            | 32.8%                  | (23.1 - 44.2)                      | 6,997          | 25.3%                  | (23.8 - 26.9)                      | NS               | 300            | 36.1%                  | (28.2 - 44.8)                      | 9,322          | 25.4%                         | (24.0 - 26.8)          | +                                  | No               |   |
| 2016   | 536            | 29.8%                  | (23.6 - 36.8)                      | 15,169         | 22.4%                  | (21.4 - 23.5)                      | +                | 202            | 24.6%                  | (16.5 - 35.1)                      | 6,633          | 20.7%                  | (19.3 - 22.3)                      | NS               | 334            | 34.8%                  | (26.5 - 44.2)                      | 8,536          | 24.1%                         | (22.7 - 25.6)          | +                                  | No               |   |
| Met aerobic physical activity recommendation <sup>a</sup>                                |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | 883            | 35.1%                  | (29.1 - 41.6)                      | 23,735         | 49.0%                  | (48.0 - 49.9)                      | -                | 362            | 34.1%                  | (24.5 - 45.1)                      | 9,544          | 47.2%                  | (45.8 - 48.6)                      | -                | 521            | 36.1%                  | (29.2 - 43.7)                      | 14,191         | 50.6%                         | (49.4 - 51.9)          | -                                  | No               |   |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2013   | 545            | 45.8%                  | (39.7 - 52.0)                      | 15,730         | 50.1%                  | (48.8 - 51.4)                      | NS               | 196            | 44.9%                  | (35.2 - 55.0)                      | 6,416          | 48.8%                  | (46.9 - 50.7)                      | NS               | 349            | 46.6%                  | (39.4 - 54.0)                      | 9,314          | 51.4%                         | (49.7 - 53.1)          | NS                                 | No               |   |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015   | 464            | 45.8%                  | (39.0 - 52.7)                      | 15,878         | 51.3%                  | (50.0 - 52.5)                      | NS               | 171            | 48.2%                  | (37.6 - 59.1)                      | 6,832          | 51.1%                  | (49.2 - 53.0)                      | NS               | 293            | 43.3%                  | (35.1 - 52.0)                      | 9,046          | 51.4%                         | (49.8 - 53.1)          | NS                                 | No               |   |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| Met muscle strengthening recommendation <sup>a</sup>                                     |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | 896            | 19.5%                  | (14.7 - 25.4)                      | 24,204         | 28.1%                  | (27.3 - 29.0)                      | -                | 366            | 24.9%                  | (16.6 - 35.6)                      | 9,697          | 32.0%                  | (30.6 - 33.4)                      | NS               | 530            | 14.4%                  | (9.9 - 20.6)                       | 14,507         | 24.5%                         | (23.4 - 25.6)          | -                                  | No               |   |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2013   | 557            | 20.7%                  | (15.6 - 26.8)                      | 16,021         | 28.4%                  | (27.2 - 29.6)                      | -                | 201            | 27.8%                  | (19.2 - 38.5)                      | 6,499          | 31.0%                  | (29.2 - 32.8)                      | NS               | 356            | 13.6%                  | (9.4 - 19.3)                       | 9,522          | 26.0%                         | (24.5 - 27.6)          | -                                  | No               |   |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015   | 470            | 17.9%                  | (12.8 - 24.5)                      | 16,117         | 31.2%                  | (30.1 - 32.5)                      | -                | 171            | 18.4%                  | (10.7 - 29.9)                      | 6,893          | 34.9%                  | (33.1 - 36.8)                      | -                | 299            | 17.5%                  | (11.7 - 25.3)                      | 9,224          | 27.7%                         | (26.2 - 29.3)          | -                                  | No               |   |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| Met both aerobic physical activity and muscle strengthening recommendations <sup>a</sup> |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | 878            | 10.5%                  | (7.4 - 14.8)                       | 23,567         | 19.0%                  | (18.2 - 19.8)                      | -                | 360            | 11.4%                  | (6.5 - 19.3)                       | 9,477          | 19.7%                  | (18.5 - 20.9)                      | NS               | 518            | 9.7%                   | (6.3 - 14.6)                       | 14,090         | 18.4%                         | (17.4 - 19.4)          | -                                  | No               |   |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2013   | 540            | 15.5%                  | (11.1 - 21.1)                      | 15,635         | 18.8%                  | (17.8 - 19.9)                      | NS               | 194            | 19.4%                  | (12.1 - 29.5)                      | 6,366          | 19.4%                  | (17.9 - 21.0)                      | NS               | 346            | 11.6%                  | (7.6 - 17.4)                       | 9,269          | 18.2%                         | (16.8 - 19.6)          | NS                                 | No               |   |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015   | 461            | 12.8%                  | (8.9 - 18.2)                       | 15,724         | 21.8%                  | (20.7 - 22.9)                      | -                | 169            | 11.8%                  | (6.6 - 20.1)                       | 6,757          | 23.3%                  | (21.6 - 25.1)                      | -                | 292            | 13.9%                  | (8.5 - 21.8)                       | 8,967          | 20.3%                         | (18.9 - 21.7)          | NS                                 | No               |   |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| Walk for at least 10 minutes at a time for any reason during a usual week                |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2013   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015   | 226            | 80.1%                  | (73.2 - 85.5)                      | 7,895          | 84.6%                  | (83.3 - 85.8)                      | NS               | 90             | 85.1%                  | (74.9 - 91.7)                      | 3,442          | 84.2%                  | (82.2 - 86.0)                      | NS               | 136            | 76.2%                  | (66.4 - 83.9)                      | 4,453          | 85.1%                         | (83.4 - 86.6)          | NS                                 | No               |   |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |





| Indicators  | Overall        |                        |                                    |                |                        |                                    | Men              |                |                        |                                    |                |                        | Women                              |                  |                |                        |                                    |                | LHD Gender Diff. <sup>e</sup> |                        |                                    |                  |
|---|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|
|   | Dakota County  |                        |                                    | State of NE    |                        |                                    | Dakota County    |                |                        | State of NE                        |                |                        | Dakota County                      |                  |                | State of NE            |                                    |                |                               |                        |                                    |                  |
|   | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                               | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> |
| <b>Frequent Mental Distress in past 30 days</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 912            | 7.8%                   | (5.0 - 11.9)                       | 25,036         | 9.2%                   | (8.7 - 9.7)                        | NS               | 375            | 6.2%                   | (2.6 - 14.0)                       | 10,097         | 7.7%                   | (7.0 - 8.4)                        | NS               | 537            | 9.2%                   | (5.7 - 14.5)                       | 14,939         | 10.7%                         | (9.9 - 11.5)           | NS                                 | No               |
| 2012  | 722            | 10.2%                  | (6.1 - 16.5)                       | 18,935         | 9.0%                   | (8.4 - 9.7)                        | NS               | 307            | 8.3%                   | (4.3 - 15.6)                       | 7,786          | 7.4%                   | (6.6 - 8.3)                        | NS               | 415            | 12.1%                  | (5.9 - 23.3)                       | 11,149         | 10.6%                         | (9.7 - 11.5)           | NS                                 | No               |
| 2013  | 584            | 7.4%                   | (4.8 - 11.2)                       | 16,889         | 8.9%                   | (8.2 - 9.6)                        | NS               | 208            | 5.4%                   | (2.0 - 13.8)                       | 6,889          | 6.8%                   | (5.9 - 7.9)                        | NS               | 376            | 9.3%                   | (6.4 - 13.5)                       | 10,000         | 10.9%                         | (9.8 - 12.0)           | NS                                 | No               |
| 2014  | 538            | 10.8%                  | (7.1 - 16.0)                       | 22,132         | 8.2%                   | (7.6 - 8.8)                        | NS               | 213            | 10.5%                  | (5.0 - 20.6)                       | 9,483          | 6.4%                   | (5.6 - 7.3)                        | NS               | 325            | 11.0%                  | (7.1 - 16.8)                       | 12,649         | 9.9%                          | (9.0 - 10.8)           | NS                                 | No               |
| 2015  | 507            | 5.1%                   | (3.2 - 7.9)                        | 17,369         | 8.9%                   | (8.2 - 9.6)                        | -                | 187            | 3.4%                   | (1.6 - 7.0)                        | 7,491          | 6.9%                   | (6.0 - 7.9)                        | NS               | 320            | 6.7%                   | (3.8 - 11.7)                       | 9,878          | 10.8%                         | (9.8 - 11.9)           | NS                                 | No               |
| 2016  | 530            | 7.9%                   | (4.8 - 12.8)                       | 15,035         | 9.5%                   | (8.7 - 10.4)                       | NS               | 200            | 7.4%                   | (3.2 - 15.9)                       | 6,568          | 7.0%                   | (6.0 - 8.1)                        | NS               | 330            | 8.5%                   | (4.7 - 15.1)                       | 8,467          | 12.0%                         | (10.8 - 13.3)          | NS                                 | No               |
| <b>Currently taking medication or receiving treatment for a mental health condition</b> |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2012  | 245            | 10.6%                  | (6.5 - 17.0)                       | 6,643          | 11.0%                  | (10.0 - 12.1)                      | NS               | 109            | 6.0%                   | (2.2 - 15.6)                       | 2,693          | 7.4%                   | (6.2 - 8.9)                        | NS               | 136            | 14.7%                  | (8.7 - 23.9)                       | 3,950          | 14.5%                         | (12.9 - 16.2)          | NS                                 | No               |
| 2013  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2014  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2015  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2016  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| <b>Symptoms of serious mental illness in past 30 days</b>                               |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2012  | 242            | 1.4%                   | (0.5 - 3.8)                        | 6,555          | 3.2%                   | (2.6 - 3.9)                        | NS               | 107            | 1.1%                   | (0.2 - 5.1)                        | 2,657          | 2.5%                   | (1.8 - 3.7)                        | NS               | 135            | 1.7%                   | (0.5 - 5.7)                        | 3,898          | 3.8%                          | (2.9 - 4.9)            | NS                                 | No               |
| 2013  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2014  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2015  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2016  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| <b>Alcohol and Drug Use</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| <b>Any alcohol consumption in past 30 days</b>  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 886            | 47.7%                  | (40.7 - 54.8)                      | 24,051         | 61.8%                  | (60.9 - 62.7)                      | -                | 360            | 54.7%                  | (42.6 - 66.2)                      | 9,597          | 67.7%                  | (66.4 - 69.1)                      | -                | 526            | 41.0%                  | (33.1 - 49.5)                      | 14,454         | 56.2%                         | (55.0 - 57.4)          | -                                  | No               |
| 2012  | 726            | 46.2%                  | (37.3 - 55.3)                      | 18,891         | 61.3%                  | (60.3 - 62.3)                      | -                | 306            | 60.2%                  | (46.7 - 72.3)                      | 7,749          | 68.7%                  | (67.2 - 70.1)                      | NS               | 420            | 32.3%                  | (24.2 - 41.6)                      | 11,142         | 54.2%                         | (52.8 - 55.6)          | -                                  | Yes              |
| 2013  | 573            | 46.0%                  | (40.0 - 52.1)                      | 16,614         | 57.5%                  | (56.2 - 58.7)                      | -                | 204            | 52.3%                  | (42.2 - 62.3)                      | 6,754          | 63.3%                  | (61.4 - 65.2)                      | NS               | 369            | 39.9%                  | (33.3 - 47.0)                      | 9,860          | 51.8%                         | (50.2 - 53.5)          | -                                  | No               |
| 2014  | 523            | 44.9%                  | (38.7 - 51.3)                      | 21,612         | 59.2%                  | (58.1 - 60.3)                      | -                | 207            | 53.1%                  | (43.0 - 63.0)                      | 9,246          | 65.2%                  | (63.6 - 66.8)                      | -                | 316            | 36.7%                  | (29.7 - 44.4)                      | 12,366         | 53.4%                         | (52.0 - 54.9)          | -                                  | No               |
| 2015  | 496            | 43.4%                  | (36.8 - 50.2)                      | 16,939         | 57.6%                  | (56.4 - 58.8)                      | -                | 185            | 53.5%                  | (43.1 - 63.6)                      | 7,282          | 63.8%                  | (62.0 - 65.5)                      | NS               | 311            | 33.1%                  | (25.2 - 42.1)                      | 9,657          | 51.6%                         | (50.0 - 53.2)          | -                                  | Yes              |
| 2016  | 514            | 45.2%                  | (37.4 - 53.3)                      | 14,723         | 59.8%                  | (58.5 - 61.0)                      | -                | 191            | 61.3%                  | (47.7 - 73.3)                      | 6,421          | 68.0%                  | (66.1 - 69.8)                      | NS               | 323            | 29.3%                  | (21.9 - 38.0)                      | 8,302          | 51.8%                         | (50.0 - 53.6)          | -                                  | Yes              |
| <b>Binge drank in past 30 days<sup>a</sup></b>  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 883            | 19.8%                  | (14.7 - 26.1)                      | 23,948         | 22.7%                  | (21.9 - 23.5)                      | NS               | 360            | 22.5%                  | (15.2 - 32.0)                      | 9,533          | 30.2%                  | (28.9 - 31.5)                      | NS               | 523            | 17.2%                  | (10.6 - 26.7)                      | 14,415         | 15.7%                         | (14.7 - 16.7)          | NS                                 | No               |
| 2012  | 721            | 20.8%                  | (13.0 - 31.7)                      | 18,742         | 22.1%                  | (21.3 - 23.0)                      | NS               | 301            | 31.8%                  | (18.2 - 49.4)                      | 7,664          | 29.1%                  | (27.6 - 30.5)                      | NS               | 420            | 10.1%                  | (5.6 - 17.6)                       | 11,078         | 15.5%                         | (14.5 - 16.6)          | NS                                 | Yes              |
| 2013  | 570            | 15.6%                  | (11.7 - 20.6)                      | 16,500         | 20.0%                  | (19.0 - 21.1)                      | NS               | 203            | 18.1%                  | (12.0 - 26.4)                      | 6,687          | 25.2%                  | (23.6 - 26.9)                      | NS               | 367            | 13.3%                  | (8.7 - 19.7)                       | 9,813          | 15.0%                         | (13.8 - 16.4)          | NS                                 | No               |
| 2014  | 521            | 17.9%                  | (13.2 - 23.8)                      | 21,443         | 20.3%                  | (19.4 - 21.3)                      | NS               | 206            | 29.7%                  | (21.2 - 39.9)                      | 9,149          | 26.8%                  | (25.3 - 28.3)                      | NS               | 315            | 6.3%                   | (3.4 - 11.2)                       | 12,294         | 14.1%                         | (13.0 - 15.3)          | -                                  | Yes              |
| 2015  | 490            | 12.7%                  | (8.6 - 18.4)                       | 16,832         | 19.5%                  | (18.5 - 20.5)                      | -                | 180            | 13.9%                  | (8.3 - 22.4)                       | 7,216          | 26.0%                  | (24.4 - 27.8)                      | -                | 310            | 11.5%                  | (6.2 - 20.3)                       | 9,616          | 13.1%                         | (12.0 - 14.3)          | NS                                 | No               |
| 2016  | 510            | 13.8%                  | (8.8 - 21.1)                       | 14,620         | 20.0%                  | (18.9 - 21.1)                      | NS               | 191            | 22.1%                  | (13.0 - 35.0)                      | 6,367          | 27.2%                  | (25.4 - 29.0)                      | NS               | 319            | 5.5%                   | (2.7 - 10.9)                       | 8,253          | 13.1%                         | (11.9 - 14.4)          | -                                  | Yes              |
| <b>Heavy drinking in past 30 days</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | 883            | 5.0%                   | (2.9 - 8.4)                        | 23,906         | 7.5%                   | (7.0 - 8.1)                        | NS               | 358            | 6.1%                   | (2.8 - 12.6)                       | 9,514          | 9.2%                   | (8.4 - 10.2)                       | NS               | 525            | 3.9%                   | (1.9 - 7.9)                        | 14,392         | 5.9%                          | (5.2 - 6.6)            | NS                                 | No               |
| 2012  | 720            | 5.0%                   | (2.8 - 8.5)                        | 18,738         | 7.2%                   | (6.6 - 7.7)                        | NS               | 300            | 6.2%                   | (3.3 - 11.4)                       | 7,668          | 8.5%                   | (7.7 - 9.4)                        | NS               | 420            | 3.8%                   | (1.3 - 10.4)                       | 11,070         | 5.9%                          | (5.3 - 6.6)            | NS                                 | No               |
| 2013  | 568            | 5.9%                   | (3.6 - 9.5)                        | 16,513         | 6.8%                   | (6.2 - 7.5)                        | NS               | 201            | 6.4%                   | (3.0 - 13.4)                       | 6,698          | 7.3%                   | (6.4 - 8.3)                        | NS               | 367            | 5.4%                   | (3.0 - 9.7)                        | 9,815          | 6.3%                          | (5.5 - 7.2)            | NS                                 | No               |
| 2014  | 518            | 4.3%                   | (2.3 - 8.0)                        | 21,447         | 6.4%                   | (5.9 - 7.0)                        | NS               | 205            | 7.4%                   | (3.6 - 14.8)                       | 9,158          | 7.5%                   | (6.7 - 8.5)                        | NS               | 313            | 1.3%                   | (0.5 - 3.1)                        | 12,289         | 5.3%                          | (4.7 - 6.1)            | -                                  | Yes              |
| 2015  | 493            | 6.8%                   | (3.6 - 12.3)                       | 16,815         | 5.7%                   | (5.1 - 6.4)                        | NS               | 184            | 10.8%                  | (5.3 - 20.9)                       | 7,214          | 7.0%                   | (6.0 - 8.1)                        | NS               | 309            | 2.7%                   | (0.9 - 7.8)                        | 9,601          | 4.6%                          | (3.9 - 5.3)            | NS                                 | No               |
| 2016  | 511            | 8.6%                   | (4.5 - 16.0)                       | 14,634         | 6.6%                   | (5.9 - 7.3)                        | NS               | 190            | 14.6%                  | (6.9 - 28.3)                       | 6,376          | 8.0%                   | (7.0 - 9.1)                        | NS               | 321            | 2.8%                   | (1.0 - 7.6)                        | 8,258          | 5.2%                          | (4.4 - 6.2)            | NS                                 | No               |
| <b>Alcohol impaired driving in past 30 days</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2012  | 723            | 1.6%                   | (0.8 - 3.1)                        | 18,895         | 3.4%                   | (3.1 - 3.8)                        | -                | 302            | 3.2%                   | (1.6 - 6.3)                        | 7,741          | 5.5%                   | (4.9 - 6.3)                        | NS               | 421            | 0.1%                   | (0.0 - 1.0)                        | 11,154         | 1.4%                          | (1.1 - 1.8)            | -                                  | Yes              |
| 2013  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2014  | 524            | 0.7%                   | (0.3 - 2.0)                        | 21,627         | 2.5%                   | (2.2 - 2.9)                        | -                | 208            | 1.5%                   | (0.5 - 4.0)                        | 9,242          | 4.2%                   | (3.5 - 4.9)                        | NS               | 316            | 0.0%                   | (0.0 - 0.0)                        | 12,385         | 1.0%                          | (0.7 - 1.3)            | -                                  | Yes              |
| 2015  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2016  | 516            | 1.4%                   | (0.2 - 7.2)                        | 14,666         | 3.4%                   | (2.9 - 3.9)                        | NS               | 196            | 2.7%                   | (0.5 - 13.4)                       | 6,383          | 5.1%                   | (4.3 - 6.0)                        | NS               | 320            | 0.0%                   | (0.0 - 0.0)                        | 8,283          | 1.7%                          | (1.3 - 2.4)            | -                                  | Yes              |

| Indicators   | Overall        |                        |                                    |                |                        |                                    | Men              |                |                        |                                    |                |                        | Women                              |                  |                |                        |                                    |                | LHD Gender Diff. <sup>e</sup> |                        |                                    |                  |   |
|--|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|---|
|  | Dakota County  |                        |                                    | State of NE    |                        |                                    | Dakota County    |                |                        | State of NE                        |                |                        | Dakota County                      |                  |                | State of NE            |                                    |                |                               |                        |                                    |                  |   |
|  | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                               | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> |   |
| Took pain medication prescribed by doctor in past year                                       |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2012   | 457            | 29.1%                  | (23.1 - 36.0)                      | 11,767         | 30.2%                  | (29.1 - 31.4)                      | NS               | 185            | 31.9%                  | (21.8 - 43.9)                      | 4,835          | 27.3%                  | (25.7 - 29.0)                      | NS               | 272            | 26.9%                  | (20.1 - 34.8)                      | 6,932          | 33.0%                         | (31.5 - 34.6)          | NS                                 | No               |   |
| 2013   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015   | 224            | 37.4%                  | (29.2 - 46.3)                      | 7,858          | 33.5%                  | (31.9 - 35.1)                      | NS               | 74             | 31.7%                  | (19.7 - 46.8)                      | 3,283          | 28.9%                  | (26.6 - 31.4)                      | NS               | 150            | 42.2%                  | (32.3 - 52.9)                      | 4,575          | 37.9%                         | (35.8 - 40.1)          | NS                                 | No               |   |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| Had leftover pain meds after last filled script, among those who took pain meds in past year |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2012   | 151            | 46.2%                  | (33.9 - 59.1)                      | 3,848          | 49.2%                  | (46.9 - 51.4)                      | NS               | 64             | 43.3%                  | (23.9 - 65.0)                      | 1,423          | 43.9%                  | (40.4 - 47.4)                      | NS               | 87             | 49.0%                  | (34.9 - 63.3)                      | 2,425          | 53.4%                         | (50.5 - 56.3)          | NS                                 | No               |   |
| 2013   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015   | 83             | 32.2%                  | (20.7 - 46.2)                      | 2,684          | 45.7%                  | (42.8 - 48.7)                      | NS               | 24             | -*                     | -* - *                             | 995            | 42.6%                  | (37.9 - 47.4)                      | NA               | 59             | 28.6%                  | (16.7 - 44.5)                      | 1,689          | 48.0%                         | (44.4 - 51.7)          | NS                                 | NA               |   |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| Used marijuana in past 30 days   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2013   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2016   | 491            | 4.6%                   | (1.8 - 11.7)                       | 14,160         | 4.9%                   | (4.2 - 5.7)                        | NS               | 187            | 8.7%                   | (3.3 - 21.0)                       | 6,143          | 7.2%                   | (6.0 - 8.6)                        | NS               | 304            | 0.0%                   | (0.0 - 0.0)                        | 8,017          | 2.7%                          | (2.1 - 3.5)            | -                                  | Yes              |   |
| <b>Immunization and Infectious Disease</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| Had a flu vaccination in past year, aged 18 years and older                                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | 890            | 39.5%                  | (32.9 - 46.6)                      | 24,156         | 41.1%                  | (40.2 - 42.0)                      | NS               | 363            | 33.3%                  | (23.2 - 45.1)                      | 9,663          | 35.1%                  | (33.8 - 36.5)                      | NS               | 527            | 45.4%                  | (37.2 - 53.8)                      | 14,493         | 46.8%                         | (45.6 - 48.1)          | NS                                 | No               |   |
| 2012   | 722            | 33.6%                  | (25.3 - 43.0)                      | 18,903         | 42.2%                  | (41.2 - 43.2)                      | NS               | 303            | 35.8%                  | (21.9 - 52.1)                      | 7,754          | 36.8%                  | (35.4 - 38.2)                      | NS               | 419            | 31.7%                  | (24.0 - 40.4)                      | 11,149         | 47.5%                         | (46.1 - 48.8)          | -                                  | No               |   |
| 2013   | 558            | 40.1%                  | (34.6 - 46.0)                      | 16,022         | 45.2%                  | (43.9 - 46.4)                      | NS               | 203            | 29.1%                  | (21.7 - 37.8)                      | 6,506          | 41.2%                  | (39.4 - 43.1)                      | -                | 355            | 51.2%                  | (43.9 - 58.4)                      | 9,516          | 48.9%                         | (47.2 - 50.6)          | NS                                 | Yes              |   |
| 2014   | 525            | 33.5%                  | (28.2 - 39.2)                      | 21,638         | 43.9%                  | (42.9 - 45.0)                      | -                | 208            | 29.2%                  | (21.8 - 37.8)                      | 9,262          | 38.8%                  | (37.3 - 40.4)                      | NS               | 317            | 37.8%                  | (30.9 - 45.2)                      | 12,376         | 48.9%                         | (47.4 - 50.3)          | -                                  | No               |   |
| 2015   | 467            | 42.0%                  | (35.4 - 48.8)                      | 16,091         | 47.2%                  | (46.0 - 48.4)                      | NS               | 169            | 36.0%                  | (26.6 - 46.7)                      | 6,883          | 40.8%                  | (39.0 - 42.6)                      | NS               | 298            | 47.7%                  | (39.3 - 56.3)                      | 9,208          | 53.4%                         | (51.7 - 55.0)          | NS                                 | No               |   |
| 2016   | 516            | 38.5%                  | (31.3 - 46.3)                      | 14,685         | 44.4%                  | (43.1 - 45.7)                      | NS               | 196            | 27.2%                  | (17.7 - 39.3)                      | 6,401          | 39.4%                  | (37.5 - 41.3)                      | NS               | 320            | 50.4%                  | (40.8 - 60.0)                      | 8,284          | 49.3%                         | (47.6 - 51.1)          | NS                                 | Yes              |   |
| Had a flu vaccination in past year, aged 65 years and older <sup>h</sup>                     |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | 330            | 57.1%                  | (51.2 - 62.8)                      | 8,185          | 61.8%                  | (60.3 - 63.3)                      | NS               | 119            | 54.8%                  | (45.4 - 63.9)                      | 2,875          | 59.6%                  | (57.1 - 62.1)                      | NS               | 211            | 58.4%                  | (50.9 - 65.6)                      | 5,310          | 63.4%                         | (61.5 - 65.3)          | NS                                 | No               |   |
| 2012   | 283            | 51.7%                  | (44.8 - 58.6)                      | 6,625          | 62.9%                  | (61.2 - 64.6)                      | -                | 114            | 47.6%                  | (36.6 - 58.9)                      | 2,327          | 60.9%                  | (58.1 - 63.6)                      | NS               | 169            | 54.9%                  | (46.2 - 63.3)                      | 4,298          | 64.4%                         | (62.4 - 66.5)          | NS                                 | No               |   |
| 2013   | 237            | 57.0%                  | (49.7 - 64.0)                      | 5,652          | 66.2%                  | (64.2 - 68.1)                      | -                | 82             | 47.3%                  | (35.6 - 59.2)                      | 2,067          | 67.6%                  | (64.4 - 70.6)                      | -                | 155            | 64.0%                  | (55.1 - 72.0)                      | 3,585          | 65.0%                         | (62.6 - 67.4)          | NS                                 | No               |   |
| 2014   | 224            | 61.9%                  | (53.9 - 69.2)                      | 7,610          | 64.7%                  | (63.2 - 66.2)                      | NS               | 70             | 62.8%                  | (47.9 - 75.6)                      | 2,971          | 65.9%                  | (63.5 - 68.3)                      | NS               | 154            | 61.3%                  | (52.0 - 69.9)                      | 4,639          | 63.8%                         | (61.8 - 65.7)          | NS                                 | No               |   |
| 2015   | 221            | 66.8%                  | (59.3 - 73.6)                      | 5,578          | 65.2%                  | (63.4 - 67.0)                      | NS               | 67             | 72.5%                  | (59.5 - 82.5)                      | 2,119          | 64.1%                  | (61.1 - 66.9)                      | NS               | 154            | 63.0%                  | (53.8 - 71.4)                      | 3,459          | 66.1%                         | (63.9 - 68.2)          | NS                                 | No               |   |
| 2016   | 270            | 53.6%                  | (44.6 - 62.2)                      | 5,130          | 62.7%                  | (60.8 - 64.6)                      | NS               | 87             | 40.7%                  | (26.8 - 56.3)                      | 1,967          | 62.8%                  | (59.8 - 65.6)                      | -                | 183            | 60.0%                  | (49.4 - 69.8)                      | 3,163          | 62.7%                         | (60.2 - 65.1)          | NS                                 | No               |   |
| Ever had a pneumonia vaccination, aged 65 years and older <sup>h</sup>                       |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | 321            | 65.7%                  | (59.9 - 71.1)                      | 7,997          | 70.3%                  | (68.8 - 71.7)                      | NS               | 115            | 62.2%                  | (52.7 - 70.9)                      | 2,772          | 66.7%                  | (64.2 - 69.1)                      | NS               | 206            | 67.6%                  | (60.2 - 74.2)                      | 5,225          | 72.9%                         | (71.2 - 74.5)          | NS                                 | No               |   |
| 2012   | 274            | 62.4%                  | (55.3 - 69.0)                      | 6,413          | 70.0%                  | (68.4 - 71.6)                      | NS               | 110            | 58.0%                  | (46.0 - 69.1)                      | 2,225          | 66.9%                  | (64.1 - 69.6)                      | NS               | 164            | 65.8%                  | (57.5 - 73.3)                      | 4,188          | 72.3%                         | (70.3 - 74.1)          | NS                                 | No               |   |
| 2013   | 228            | 64.9%                  | (57.6 - 71.5)                      | 5,478          | 71.7%                  | (69.8 - 73.4)                      | NS               | 77             | 60.3%                  | (47.6 - 71.7)                      | 1,970          | 71.5%                  | (68.5 - 74.3)                      | NS               | 151            | 68.1%                  | (59.6 - 75.6)                      | 3,508          | 71.8%                         | (69.4 - 74.0)          | NS                                 | No               |   |
| 2014   | 219            | 63.2%                  | (55.1 - 70.6)                      | 7,372          | 72.3%                  | (70.9 - 73.7)                      | -                | 67             | 61.2%                  | (46.1 - 74.5)                      | 2,849          | 70.3%                  | (67.9 - 72.5)                      | NS               | 152            | 64.3%                  | (54.7 - 72.8)                      | 4,523          | 73.9%                         | (72.1 - 75.7)          | NS                                 | No               |   |
| 2015   | 217            | 71.8%                  | (64.3 - 78.2)                      | 5,452          | 73.8%                  | (72.1 - 75.4)                      | NS               | 64             | 74.1%                  | (59.8 - 84.6)                      | 2,056          | 70.3%                  | (67.4 - 73.0)                      | NS               | 153            | 70.4%                  | (61.6 - 77.9)                      | 3,396          | 76.5%                         | (74.5 - 78.4)          | NS                                 | No               |   |
| 2016   | 266            | 73.5%                  | (64.7 - 80.8)                      | 5,060          | 75.9%                  | (74.2 - 77.5)                      | NS               | 85             | 76.0%                  | (61.1 - 86.5)                      | 1,927          | 73.7%                  | (70.9 - 76.3)                      | NS               | 181            | 72.3%                  | (61.1 - 81.3)                      | 3,133          | 77.6%                         | (75.5 - 79.7)          | NS                                 | No               |   |
| Had a tetanus vaccination since 2005   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |   |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2013   | 507            | 53.1%                  | (46.6 - 59.5)                      | 14,650         | 60.2%                  | (58.9 - 61.5)                      | NS               | 184            | 57.8%                  | (47.2 - 67.7)                      | 6,015          | 63.1%                  | (61.1 - 65.0)                      | NS               | 323            | 48.3%                  | (40.7 - 55.9)                      | 8,635          | 57.4%                         | (55.6 - 59.1)          | NS                                 | No               |   |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2015   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                | - |
| 2016   | 479            | 59.8%                  | (51.6 - 67.5)                      | 13,574         | 64.2%                  | (62.9 - 65.4)                      | NS               | 183            | 66.0%                  | (53.3 - 76.7)                      | 5,939          | 67.5%                  | (65.5 - 69.3)                      | NS               | 296            | 53.2%                  | (43.0 - 63.1)                      | 7,635          | 60.9%                         | (59.2 - 62.7)          | NS                                 | No               |   |

| Indicators  | Overall        |                        |                                    |                |                        |                                    |                  | Men            |                        |                                    |                |                        |                                    |                  | Women          |                        |                                    |                |                        |                                    |                  | LHD Gender Diff. <sup>e</sup> |   |
|---|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|-------------------------------|---|
|   | Dakota County  |                        |                                    | State of NE    |                        |                                    | Sig <sup>d</sup> | Dakota County  |                        |                                    | State of NE    |                        |                                    | Sig <sup>d</sup> | Dakota County  |                        |                                    | State of NE    |                        |                                    | Sig <sup>d</sup> |                               |   |
|   | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) |                  | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) |                  | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) |                  |                               |   |
| Ever had a shingles vaccination, aged 50 years and older  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                               |   |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -                             | - |
| 2012  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -                             | - |
| 2013  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -                             | - |
| 2014  | 373            | 18.6%                  | (14.7 - 23.3)                      | 14,246         | 27.9%                  | (26.9 - 28.9)                      | -                | 140            | 13.1%                  | (8.5 - 19.9)                       | 5,892          | 25.7%                  | (24.2 - 27.3)                      | -                | 233            | 23.4%                  | (17.8 - 30.1)                      | 8,354          | 29.8%                  | (28.4 - 31.3)                      | NS               | No                            |   |
| 2015  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -                             |   |
| 2016  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -                             | - |
| Ever been tested for HIV, 18-64 year olds (excluding blood donation)                              |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                               |   |
| 2011  | 548            | 30.4%                  | (22.9 - 39.2)                      | 15,561         | 30.8%                  | (29.7 - 31.8)                      | NS               | 238            | 24.6%                  | (14.8 - 38.0)                      | 6,612          | 28.4%                  | (27.0 - 29.9)                      | NS               | 310            | 36.7%                  | (26.7 - 48.0)                      | 8,949          | 33.1%                  | (31.7 - 34.6)                      | NS               | No                            |   |
| 2012  | 425            | 32.0%                  | (22.6 - 43.3)                      | 11,879         | 30.9%                  | (29.8 - 32.1)                      | NS               | 183            | 20.4%                  | (11.9 - 32.8)                      | 5,254          | 27.9%                  | (26.3 - 29.5)                      | NS               | 242            | 43.2%                  | (29.3 - 58.3)                      | 6,625          | 34.0%                  | (32.4 - 35.7)                      | NS               | No                            |   |
| 2013  | 311            | 21.7%                  | (16.4 - 28.1)                      | 10,049         | 31.8%                  | (30.3 - 33.3)                      | -                | 117            | 19.8%                  | (13.0 - 29.0)                      | 4,304          | 29.1%                  | (27.0 - 31.3)                      | NS               | 194            | 23.7%                  | (16.4 - 33.1)                      | 5,745          | 34.4%                  | (32.5 - 36.4)                      | NS               | No                            |   |
| 2014  | 290            | 20.9%                  | (15.1 - 28.1)                      | 13,474         | 30.9%                  | (29.6 - 32.2)                      | -                | 133            | 18.5%                  | (10.7 - 30.0)                      | 6,042          | 28.6%                  | (26.8 - 30.5)                      | NS               | 157            | 23.6%                  | (16.2 - 33.1)                      | 7,432          | 33.2%                  | (31.4 - 35.0)                      | NS               | No                            |   |
| 2015  | 234            | 28.3%                  | (21.2 - 36.7)                      | 10,152         | 32.0%                  | (30.6 - 33.5)                      | NS               | 97             | 23.0%                  | (14.1 - 35.1)                      | 4,604          | 29.2%                  | (27.2 - 31.4)                      | NS               | 137            | 34.0%                  | (23.9 - 45.7)                      | 5,548          | 34.9%                  | (32.9 - 36.9)                      | NS               | No                            |   |
| 2016  | 232            | 26.0%                  | (18.2 - 35.7)                      | 9,145          | 31.9%                  | (30.4 - 33.5)                      | NS               | 104            | 26.9%                  | (15.9 - 41.7)                      | 4,263          | 28.5%                  | (26.4 - 30.7)                      | NS               | 128            | 24.7%                  | (15.6 - 36.9)                      | 4,882          | 35.4%                  | (33.2 - 37.6)                      | NS               | No                            |   |
| <b>Oral Health</b>  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                               |   |
| Visited a dentist or dental clinic for any reason in past year <sup>a</sup>                       |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                               |   |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -                             | - |
| 2012  | 731            | 57.9%                  | (48.3 - 67.0)                      | 19,052         | 67.6%                  | (66.6 - 68.5)                      | NS               | 306            | 57.4%                  | (42.3 - 71.3)                      | 7,827          | 64.2%                  | (62.7 - 65.6)                      | NS               | 425            | 58.4%                  | (46.4 - 69.4)                      | 11,225         | 70.9%                  | (69.6 - 72.1)                      | -                | No                            |   |
| 2013  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -                             | - |
| 2014  | 539            | 54.6%                  | (48.3 - 60.8)                      | 22,258         | 66.4%                  | (65.4 - 67.4)                      | -                | 211            | 46.0%                  | (36.5 - 55.8)                      | 9,544          | 63.2%                  | (61.7 - 64.8)                      | -                | 328            | 63.1%                  | (55.5 - 70.1)                      | 12,714         | 69.5%                  | (68.1 - 70.8)                      | NS               | No                            |   |
| 2015  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -                             | - |
| 2016  | 534            | 66.3%                  | (58.8 - 73.1)                      | 15,089         | 68.7%                  | (67.5 - 69.9)                      | NS               | 201            | 61.2%                  | (48.9 - 72.2)                      | 6,597          | 65.9%                  | (64.1 - 67.7)                      | NS               | 333            | 71.2%                  | (62.2 - 78.8)                      | 8,492          | 71.4%                  | (69.8 - 73.0)                      | NS               | No                            |   |
| Had any permanent teeth extracted due to tooth decay or gum disease                               |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                               |   |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -                             | - |
| 2012  | 727            | 49.5%                  | (40.5 - 58.5)                      | 18,824         | 39.8%                  | (38.8 - 40.8)                      | NS               | 306            | 48.1%                  | (34.4 - 62.1)                      | 7,750          | 39.2%                  | (37.7 - 40.6)                      | NS               | 421            | 50.8%                  | (39.4 - 62.1)                      | 11,074         | 40.4%                  | (39.1 - 41.7)                      | NS               | No                            |   |
| 2013  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -                             | - |
| 2014  | 535            | 50.7%                  | (44.4 - 57.0)                      | 22,085         | 39.1%                  | (38.1 - 40.1)                      | +                | 209            | 46.2%                  | (36.6 - 56.1)                      | 9,490          | 39.4%                  | (37.9 - 40.9)                      | NS               | 326            | 55.2%                  | (47.3 - 62.9)                      | 12,595         | 38.9%                  | (37.5 - 40.2)                      | +                | No                            |   |
| 2015  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -                             | - |
| 2016  | 524            | 44.3%                  | (36.9 - 52.0)                      | 14,988         | 38.2%                  | (37.0 - 39.4)                      | NS               | 199            | 38.5%                  | (27.7 - 50.6)                      | 6,559          | 37.6%                  | (35.8 - 39.3)                      | NS               | 325            | 50.1%                  | (40.6 - 59.6)                      | 8,429          | 38.9%                  | (37.3 - 40.5)                      | +                | No                            |   |
| Had any permanent teeth extracted due to tooth decay or gum disease, 45-64 year olds <sup>a</sup> |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                               |   |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -                             | - |
| 2012  | 285            | 51.1%                  | (39.6 - 62.5)                      | 7,138          | 47.7%                  | (46.1 - 49.3)                      | NS               | 120            | 48.0%                  | (32.8 - 63.5)                      | 3,077          | 48.7%                  | (46.3 - 51.1)                      | NS               | 165            | 53.4%                  | (37.2 - 69.0)                      | 4,061          | 46.7%                  | (44.6 - 48.8)                      | NS               | No                            |   |
| 2013  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -                             | - |
| 2014  | 194            | 54.8%                  | (45.0 - 64.2)                      | 8,200          | 45.9%                  | (44.3 - 47.5)                      | NS               | 89             | 51.8%                  | (37.2 - 66.0)                      | 3,631          | 47.5%                  | (45.1 - 50.0)                      | NS               | 105            | 58.3%                  | (46.4 - 69.3)                      | 4,569          | 44.3%                  | (42.1 - 46.5)                      | NS               | No                            |   |
| 2015  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -                             | - |
| 2016  | 170            | 57.0%                  | (45.4 - 67.9)                      | 5,356          | 45.1%                  | (43.1 - 47.1)                      | NS               | 76             | 58.0%                  | (40.6 - 73.6)                      | 2,446          | 46.4%                  | (43.5 - 49.3)                      | NS               | 94             | 55.9%                  | (40.9 - 70.0)                      | 2,910          | 43.8%                  | (41.2 - 46.5)                      | NS               | No                            |   |
| Had all permanent teeth extracted due to tooth decay or gum disease, aged 65 years and older      |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                               |   |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -                             | - |
| 2012  | 284            | 26.3%                  | (20.4 - 33.3)                      | 6,502          | 13.4%                  | (12.3 - 14.5)                      | +                | 115            | 24.5%                  | (15.2 - 37.0)                      | 2,313          | 12.0%                  | (10.3 - 13.9)                      | +                | 169            | 27.8%                  | (20.8 - 36.2)                      | 4,189          | 14.4%                  | (13.0 - 16.0)                      | +                | No                            |   |
| 2013  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -                             | - |
| 2014  | 227            | 25.6%                  | (19.4 - 32.9)                      | 7,657          | 14.1%                  | (13.0 - 15.2)                      | +                | 70             | 20.2%                  | (11.3 - 33.4)                      | 3,010          | 14.4%                  | (12.8 - 16.3)                      | NS               | 157            | 28.4%                  | (20.7 - 37.7)                      | 4,647          | 13.8%                  | (12.5 - 15.2)                      | +                | No                            |   |
| 2015  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -                             | - |
| 2016  | 267            | 19.8%                  | (12.9 - 29.0)                      | 5,179          | 13.2%                  | (11.9 - 14.6)                      | NS               | 87             | 7.9%                   | (3.5 - 16.9)                       | 1,993          | 10.6%                  | (9.0 - 12.5)                       | NS               | 180            | 26.1%                  | (16.6 - 38.6)                      | 3,186          | 15.3%                  | (13.5 - 17.3)                      | NS               | No                            |   |
| Had all permanent teeth extracted due to tooth decay or gum disease, 65-74 year olds <sup>a</sup> |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                               |   |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -                             | - |
| 2012  | 158            | 19.0%                  | (13.4 - 26.2)                      | 3,149          | 11.3%                  | (9.9 - 12.8)                       | +                | 69             | 18.8%                  | (10.7 - 30.8)                      | 1,268          | 9.3%                   | (7.5 - 11.4)                       | NS               | 89             | 19.1%                  | (12.2 - 28.7)                      | 1,881          | 13.1%                  | (11.1 - 15.3)                      | NS               | No                            |   |
| 2013  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -                             | - |
| 2014  | 112            | 17.6%                  | (10.7 - 27.7)                      | 4,089          | 10.9%                  | (9.6 - 12.3)                       | NS               | 44             | -*                     | -*                                 | 1,804          | 12.0%                  | (9.9 - 14.4)                       | NA               | 68             | 13.8%                  | (6.3 - 27.5)                       | 2,285          | 9.8%                   | (8.3 - 11.7)                       | NS               | NA                            |   |
| 2015  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -                             | - |
| 2016  | 126            | 10.0%                  | (4.9 - 19.1)                       | 2,815          | 10.4%                  | (9.0 - 12.0)                       | NS               | 47             | -*                     | -*                                 | 1,168          | 8.8%                   | (6.9 - 11.2)                       | NA               | 79             | 12.1%                  | (5.2 - 25.7)                       | 1,647          | 11.8%                  | (9.9 - 14.1)                       | NS               | NA                            |   |

| Indicators   | Overall        |                        |                                    |                |                        |                                    |                  | Men            |                        |                                    |                |                        | Women            |                                    |                |                        |                                    | LHD Gender Diff. <sup>e</sup> |                  |                |                        |                                    |   |   |   |   |   |   |   |
|--|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------|------------------------------------|----------------|------------------------|------------------------------------|-------------------------------|------------------|----------------|------------------------|------------------------------------|---|---|---|---|---|---|---|
|  | Dakota County  |                        |                                    | State of NE    |                        |                                    | Sig <sup>d</sup> | Dakota County  |                        |                                    | State of NE    |                        | Sig <sup>d</sup> | Dakota County                      |                |                        | State of NE                        |                               | Sig <sup>d</sup> |                |                        |                                    |   |   |   |   |   |   |   |
|  | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) |                  | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> |                  | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) |                               |                  | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) |   |   |   |   |   |   |   |
| Had teeth cleaned by dentist/hygienist in past year, among those with 1+ permanent teeth     |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                               |                  |                |                        |                                    |   |   |   |   |   |   |   |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| 2013   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| 2015   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| 2016   | 449            | 62.5%                  | (54.2 - 70.2)                      | 13,764         | 67.4%                  | (66.1 - 68.6)                      | NS               | 175            | 54.5%                  | (41.6 - 66.8)                      | 6,092          | 63.9%                  | (62.0 - 65.8)    | NS                                 | 274            | 70.8%                  | (60.5 - 79.3)                      | 7,672                         | 70.8%            | (69.1 - 72.5)  | NS                     | No                                 |   |   |   |   |   |   |   |
| <b>Social Context</b>  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                               |                  |                |                        |                                    |   |   |   |   |   |   |   |
| Housing insecurity in past year, among those who own or rent their home <sup>a</sup>         |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                               |                  |                |                        |                                    |   |   |   |   |   |   |   |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| 2012   | 234            | 47.7%                  | (28.9 - 67.1)                      | 6,089          | 26.6%                  | (25.0 - 28.3)                      | +                | 105            | 46.7%                  | (17.2 - 78.7)                      | 2,481          | 24.7%                  | (22.3 - 27.3)    | NS                                 | 129            | 48.5%                  | (28.7 - 68.9)                      | 3,608                         | 28.5%            | (26.3 - 30.8)  | NS                     | No                                 |   |   |   |   |   |   |   |
| 2013   | 248            | 29.5%                  | (22.7 - 37.3)                      | 7,324          | 28.8%                  | (27.1 - 30.5)                      | NS               | 93             | 17.2%                  | (10.1 - 27.7)                      | 2,961          | 25.0%                  | (22.5 - 27.7)    | NS                                 | 155            | 38.8%                  | (29.3 - 49.3)                      | 4,363                         | 32.3%            | (30.0 - 34.7)  | NS                     | Yes                                |   |   |   |   |   |   |   |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| 2015   | 217            | 31.2%                  | (23.7 - 39.9)                      | 7,461          | 28.5%                  | (26.8 - 30.2)                      | NS               | 70             | 34.1%                  | (21.7 - 49.1)                      | 3,109          | 26.6%                  | (24.2 - 29.2)    | NS                                 | 147            | 28.9%                  | (20.3 - 39.3)                      | 4,352                         | 30.3%            | (28.1 - 32.5)  | NS                     | No                                 |   |   |   |   |   |   |   |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| Food insecurity in past year <sup>a</sup>  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                               |                  |                |                        |                                    |   |   |   |   |   |   |   |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| 2012   | 243            | 29.4%                  | (11.6 - 57.0)                      | 6,621          | 17.6%                  | (16.2 - 19.0)                      | NS               | 107            | 40.8%                  | (12.1 - 77.6)                      | 2,684          | 13.9%                  | (12.1 - 16.0)    | NS                                 | 136            | 19.3%                  | (6.1 - 46.8)                       | 3,937                         | 21.1%            | (19.1 - 23.2)  | NS                     | No                                 |   |   |   |   |   |   |   |
| 2013   | 263            | 20.2%                  | (14.9 - 26.9)                      | 7,828          | 19.0%                  | (17.6 - 20.6)                      | NS               | 98             | 15.0%                  | (8.0 - 26.2)                       | 3,159          | 15.4%                  | (13.4 - 17.7)    | NS                                 | 165            | 24.2%                  | (17.2 - 33.1)                      | 4,669                         | 22.5%            | (20.5 - 24.6)  | NS                     | No                                 |   |   |   |   |   |   |   |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| 2015   | 228            | 20.7%                  | (14.1 - 29.3)                      | 7,918          | 21.0%                  | (19.5 - 22.5)                      | NS               | 74             | 18.9%                  | (9.0 - 35.4)                       | 3,309          | 17.9%                  | (15.8 - 20.2)    | NS                                 | 154            | 22.2%                  | (14.8 - 32.0)                      | 4,609                         | 24.0%            | (22.1 - 26.1)  | NS                     | No                                 |   |   |   |   |   |   |   |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| <b>Caregiving</b>  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                               |                  |                |                        |                                    |   |   |   |   |   |   |   |
| Provided regular care/assistance in past month to friend or family member with health issue  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                               |                  |                |                        |                                    |   |   |   |   |   |   |   |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| 2013   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| 2015   | 228            | 23.4%                  | (17.3 - 30.7)                      | 7,883          | 24.7%                  | (23.2 - 26.2)                      | NS               | 90             | 21.9%                  | (13.6 - 33.4)                      | 3,434          | 21.1%                  | (19.1 - 23.4)    | NS                                 | 138            | 24.5%                  | (16.5 - 34.6)                      | 4,449                         | 28.0%            | (25.9 - 30.2)  | NS                     | No                                 |   |   |   |   |   |   |   |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| <b>Cognitive Decline</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                               |                  |                |                        |                                    |   |   |   |   |   |   |   |
| Experienced more or worsening confusion or memory loss in past year, aged 45 years and older |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                               |                  |                |                        |                                    |   |   |   |   |   |   |   |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| 2013   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| 2014   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| 2015   | 192            | 15.8%                  | (10.8 - 22.3)                      | 5,767          | 9.4%                   | (8.4 - 10.5)                       | +                | 74             | 22.0%                  | (13.5 - 33.7)                      | 2,436          | 10.2%                  | (8.7 - 12.0)     | +                                  | 118            | 11.1%                  | (6.1 - 19.2)                       | 3,331                         | 8.6%             | (7.3 - 10.2)   | NS                     | No                                 |   |   |   |   |   |   |   |
| 2016   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| <b>Inadequate Sleep</b>  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                               |                  |                |                        |                                    |   |   |   |   |   |   |   |
| Get less than 7 hours of sleep per day   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                               |                  |                |                        |                                    |   |   |   |   |   |   |   |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| 2013   | 587            | 32.1%                  | (26.8 - 38.0)                      | 16,972         | 31.8%                  | (30.6 - 33.0)                      | NS               | 209            | 28.9%                  | (20.7 - 38.7)                      | 6,927          | 32.6%                  | (30.8 - 34.4)    | NS                                 | 378            | 35.3%                  | (28.9 - 42.3)                      | 10,045                        | 31.0%            | (29.5 - 32.6)  | NS                     | No                                 |   |   |   |   |   |   |   |
| 2014   | 543            | 29.6%                  | (24.2 - 35.6)                      | 22,172         | 30.0%                  | (29.0 - 31.0)                      | NS               | 214            | 34.0%                  | (25.4 - 43.8)                      | 9,527          | 30.7%                  | (29.2 - 32.2)    | NS                                 | 329            | 25.2%                  | (19.2 - 32.3)                      | 12,645                        | 29.4%            | (28.1 - 30.7)  | NS                     | No                                 |   |   |   |   |   |   |   |
| 2015   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| 2016   | 530            | 32.1%                  | (25.3 - 39.8)                      | 15,097         | 29.6%                  | (28.4 - 30.8)                      | NS               | 201            | 33.8%                  | (23.3 - 46.1)                      | 6,610          | 29.7%                  | (27.9 - 31.5)    | NS                                 | 329            | 30.4%                  | (22.3 - 39.9)                      | 8,487                         | 29.5%            | (27.9 - 31.2)  | NS                     | No                                 |   |   |   |   |   |   |   |
| Average hours of sleep per day   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                  |                                    |                |                        |                                    |                               |                  |                |                        |                                    |   |   |   |   |   |   |   |
| 2011   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| 2012   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| 2013   | 587            | 7.0                    | (6.9 - 7.2)                        | 16,972         | 7.1                    | (7.0 - 7.1)                        | NS               | 209            | 7.1                    | (6.9 - 7.4)                        | 6,927          | 7.0                    | (7.0 - 7.1)      | NS                                 | 378            | 7.0                    | (6.8 - 7.2)                        | 10,045                        | 7.1              | (7.0 - 7.1)    | NS                     | No                                 |   |   |   |   |   |   |   |
| 2014   | 543            | 7.1                    | (6.9 - 7.2)                        | 22,172         | 7.1                    | (7.0 - 7.1)                        | NS               | 214            | 6.9                    | (6.6 - 7.2)                        | 9,527          | 7.0                    | (7.0 - 7.1)      | NS                                 | 329            | 7.3                    | (7.0 - 7.5)                        | 12,645                        | 7.1              | (7.1 - 7.1)    | NS                     | No                                 |   |   |   |   |   |   |   |
| 2015   | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                | -                                  | -              | -                      | -                                  | -                             | -                | -              | -                      | -                                  | - | - | - | - | - | - | - |
| 2016   | 530            | 7.0                    | (6.8 - 7.3)                        | 15,097         | 7.1                    | (7.1 - 7.1)                        | NS               | 201            | 6.9                    | (6.6 - 7.2)                        | 6,610          | 7.1                    | (7.0 - 7.2)      | NS                                 | 329            | 7.2                    | (6.8 - 7.5)                        | 8,487                         | 7.1              | (7.1 - 7.2)    | NS                     | No                                 |   |   |   |   |   |   |   |

| Indicators  | Overall        |                        |                                    |                |                        |                                    | Men              |                |                        |                                    |                |                        | Women                              |                  |                |                        |                                    |                | LHD Gender Diff. <sup>e</sup> |                        |                                    |                  |
|---|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|------------------------|------------------------------------|------------------|----------------|------------------------|------------------------------------|----------------|-------------------------------|------------------------|------------------------------------|------------------|
|   | Dakota County  |                        |                                    | State of NE    |                        |                                    | Dakota County    |                |                        | State of NE                        |                |                        | Dakota County                      |                  |                | State of NE            |                                    |                |                               |                        |                                    |                  |
|   | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> | n <sup>a</sup> | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | n <sup>a</sup> |                               | mean or % <sup>b</sup> | 95% C.I. <sup>c</sup> (Low - High) | Sig <sup>d</sup> |
| <b>Occupational Safety and Health</b>   |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| Work-related injury or illness in past year, among employed or recently out of work |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                        |                                    |                  |                |                        |                                    |                |                               |                        |                                    |                  |
| 2011  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2012  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  | -                |
| 2013  | 166            | 4.2%                   | (1.7 - 10.0)                       | 4,952          | 4.8%                   | (3.9 - 5.8)                        | NS               | 63             | 8.4%                   | (3.4 - 19.1)                       | 2,246          | 6.1%                   | (4.8 - 7.7)                        | NS               | 103            | 0.0%                   | (0.0 - 0.0)                        | 2,706          | 3.3%                          | (2.2 - 4.9)            | -                                  | Yes              |
| 2014  | 140            | 4.5%                   | (2.1 - 9.1)                        | 6,966          | 4.9%                   | (4.1 - 5.9)                        | NS               | 66             | 4.7%                   | (1.4 - 14.3)                       | 3,403          | 5.4%                   | (4.4 - 6.7)                        | NS               | 74             | 4.3%                   | (1.8 - 9.6)                        | 3,563          | 4.3%                          | (3.1 - 6.0)            | NS                                 | No               |
| 2015  | 139            | 8.3%                   | (4.1 - 16.1)                       | 5,434          | 5.7%                   | (4.7 - 6.8)                        | NS               | 70             | 12.4%                  | (5.5 - 25.7)                       | 2,727          | 7.1%                   | (5.6 - 9.0)                        | NS               | 69             | 3.6%                   | (1.0 - 11.9)                       | 2,707          | 3.9%                          | (2.9 - 5.3)            | NS                                 | No               |
| 2016  | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                      | -                                  | -                | -              | -                      | -                                  | -              | -                             | -                      | -                                  |                  |

Note: Data reflect both landline and cell phone responses

Note: This table is not intended to be inclusive of all BRFSS indicators; some were excluded due to small numbers at the LHD level

Note: This table excludes 2011 BRFSS optional module and state added questions data due to the data being landline only

Note: The results in this table may be slightly different than results in previously published reports and tables due differences in the software used and/or how the statistical analysis code was written; these results were analyzed using SAS and SAS-callable SUDAAN software

<sup>a</sup> Non-weighted sample size among adults 18 and older (unless different age group noted)

<sup>b</sup> Weighted mean, median, or percentage (percentages are followed by the % symbol) among adults 18 and older (unless different age group noted)

<sup>c</sup> Low and High are the lower and upper limits of the 95% confidence interval, respectively

<sup>d</sup> Symbols represent: "+" = LHD value significantly higher than the state value; "-" = LHD value significantly lower than the state value; "NS" = LHD value not statistically different than the state value; significant differences based on 95% confidence interval overlap

<sup>e</sup> Indicates whether there is a significant difference by gender within the LHD region, based on non-overlapping 95% confidence intervals; note that small sample sizes for males and females can make interpreting significance difficult due to large confidence intervals

<sup>f</sup> Reflects a Nebraska Healthy People 2020 (HP2020) measure

\* Data suppressed due to a small number of respondents (i.e., fewer than 50)

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS); January 2018

