

BRFSS Detailed Summary Table for Central District Health Department Adults 18 and Older, 2011-2016

Indicators	Overall					Men				Women				LHD Gender Diff. <sup>o</sup>									
	Central District		State of NE		Sig <sup>d</sup>	Central District		State of NE		Sig <sup>d</sup>	Central District		State of NE		Sig <sup>d</sup>								
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>			95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)				
<b>General Health Status</b>																							
General health fair or poor																							
2011	1,018	18.8%	(15.9 - 22.0)	25,347	14.3%	(13.7 - 14.9)	+	422	19.3%	(15.0 - 24.4)	10,198	14.8%	(13.9 - 15.7)	NS	596	18.3%	(14.8 - 22.5)	15,149	13.9%	(13.1 - 14.7)	+	No	
2012	747	14.7%	(11.7 - 18.3)	19,132	14.4%	(13.7 - 15.2)	NS	317	16.5%	(12.2 - 21.9)	7,855	14.6%	(13.5 - 15.7)	NS	430	12.9%	(9.0 - 18.1)	11,277	14.3%	(13.4 - 15.2)	NS	No	
2013	698	19.1%	(15.5 - 23.3)	17,106	13.9%	(13.1 - 14.8)	+	290	20.2%	(14.9 - 26.8)	6,963	13.4%	(12.2 - 14.7)	+	408	18.1%	(13.6 - 23.7)	10,143	14.4%	(13.3 - 15.6)	NS	No	
2014	917	20.4%	(16.8 - 24.6)	22,370	13.2%	(12.5 - 13.9)	+	371	24.1%	(18.3 - 30.9)	9,585	13.5%	(12.4 - 14.5)	+	546	16.8%	(12.8 - 21.8)	12,785	12.9%	(12.0 - 13.8)	NS	No	
2015	671	17.6%	(13.9 - 22.1)	17,539	13.9%	(13.1 - 14.8)	NS	277	15.7%	(10.8 - 22.2)	7,564	13.7%	(12.5 - 14.9)	NS	394	19.6%	(14.4 - 26.0)	9,975	14.2%	(13.1 - 15.3)	NS	No	
2016	636	13.5%	(10.5 - 17.2)	15,166	14.7%	(13.8 - 15.6)	NS	261	11.5%	(7.6 - 17.1)	6,633	13.8%	(12.6 - 15.1)	NS	375	15.4%	(11.3 - 20.8)	8,533	15.5%	(14.3 - 16.8)	NS	No	
Average number of days physical health was not good in past 30 days																							
2011	988	3.5	(2.9 - 4.0)	24,901	3.2	(3.0 - 3.3)	NS	415	3.1	(2.2 - 3.9)	10,067	2.9	(2.7 - 3.1)	NS	573	3.8	(3.1 - 4.6)	14,834	3.4	(3.2 - 3.6)	NS	No	
2012	737	2.8	(2.3 - 3.4)	18,819	3.2	(3.1 - 3.4)	NS	313	2.4	(1.7 - 3.2)	7,759	2.9	(2.7 - 3.1)	NS	424	3.2	(2.5 - 4.0)	11,060	3.6	(3.4 - 3.8)	NS	No	
2013	683	3.5	(2.8 - 4.3)	16,808	3.1	(2.9 - 3.3)	NS	288	3.6	(2.5 - 4.8)	6,877	2.8	(2.5 - 3.0)	NS	395	3.4	(2.6 - 4.3)	9,931	3.4	(3.2 - 3.7)	NS	No	
2014	903	3.4	(2.7 - 4.1)	22,024	3.0	(2.9 - 3.1)	NS	369	3.5	(2.5 - 4.6)	9,464	2.8	(2.6 - 3.0)	NS	534	3.2	(2.4 - 4.1)	12,560	3.2	(3.0 - 3.4)	NS	No	
2015	660	3.8	(2.9 - 4.6)	17,315	3.1	(3.0 - 3.3)	NS	272	3.0	(1.8 - 4.1)	7,476	2.8	(2.6 - 3.0)	NS	388	4.5	(3.2 - 5.8)	9,839	3.5	(3.3 - 3.7)	NS	No	
2016	624	2.7	(2.1 - 3.2)	14,984	3.3	(3.1 - 3.5)	NS	256	2.6	(1.8 - 3.5)	6,561	2.9	(2.6 - 3.1)	NS	368	2.7	(2.0 - 3.5)	8,423	3.7	(3.4 - 4.0)	NS	No	
Physical health was not good on 14 or more of the past 30 days																							
2011	988	11.0%	(8.9 - 13.6)	24,901	9.6%	(9.1 - 10.1)	NS	415	9.1%	(6.4 - 12.8)	10,067	9.0%	(8.3 - 9.8)	NS	573	12.9%	(9.9 - 16.8)	14,834	10.1%	(9.4 - 10.8)	NS	No	
2012	737	8.1%	(6.2 - 10.5)	18,819	9.8%	(9.2 - 10.4)	NS	313	6.7%	(4.5 - 10.0)	7,759	8.6%	(7.8 - 9.5)	NS	424	9.4%	(6.7 - 13.1)	11,060	11.0%	(10.1 - 11.8)	NS	No	
2013	683	10.7%	(8.0 - 14.3)	16,808	9.2%	(8.5 - 9.9)	NS	288	12.0%	(7.7 - 18.4)	6,877	7.9%	(7.0 - 8.9)	NS	395	9.4%	(6.6 - 13.3)	9,931	10.4%	(9.4 - 11.5)	NS	No	
2014	903	10.1%	(7.7 - 13.2)	22,024	9.0%	(8.4 - 9.6)	NS	369	11.4%	(7.6 - 16.8)	9,464	8.3%	(7.4 - 9.1)	NS	534	8.8%	(6.3 - 12.2)	12,560	9.7%	(9.0 - 10.5)	NS	No	
2015	660	10.6%	(7.7 - 14.6)	17,315	9.6%	(9.0 - 10.3)	NS	272	8.8%	(4.9 - 15.3)	7,476	8.6%	(7.7 - 9.6)	NS	388	12.4%	(8.4 - 17.9)	9,839	10.7%	(9.8 - 11.6)	NS	No	
2016	624	8.1%	(5.9 - 11.0)	14,984	9.8%	(9.1 - 10.6)	NS	256	7.8%	(4.8 - 12.3)	6,561	8.4%	(7.4 - 9.4)	NS	368	8.4%	(5.6 - 12.5)	8,423	11.2%	(10.2 - 12.3)	NS	No	
Average number of days mental health was not good in past 30 days																							
2011	999	3.7	(3.1 - 4.4)	25,036	3.1	(2.9 - 3.2)	NS	418	3.1	(2.3 - 4.0)	10,097	2.5	(2.3 - 2.7)	NS	581	4.4	(3.5 - 5.2)	14,939	3.6	(3.4 - 3.8)	NS	No	
2012	742	2.3	(1.8 - 2.8)	18,935	3.0	(2.9 - 3.2)	-	315	1.9	(1.2 - 2.5)	7,786	2.6	(2.4 - 2.8)	NS	427	2.7	(2.0 - 3.4)	11,149	3.5	(3.3 - 3.7)	NS	No	
2013	688	4.0	(3.1 - 5.0)	16,889	3.0	(2.8 - 3.1)	+	286	3.5	(2.1 - 4.8)	6,889	2.3	(2.1 - 2.6)	NS	402	4.6	(3.4 - 5.8)	10,000	3.5	(3.3 - 3.8)	NS	No	
2014	911	2.3	(1.8 - 2.8)	22,132	2.8	(2.6 - 2.9)	NS	370	1.6	(1.0 - 2.3)	9,483	2.3	(2.1 - 2.5)	NS	541	2.9	(2.2 - 3.7)	12,649	3.3	(3.1 - 3.5)	NS	No	
2015	666	3.2	(2.4 - 3.9)	17,369	2.9	(2.7 - 3.1)	NS	275	2.2	(1.2 - 3.2)	7,491	2.3	(2.1 - 2.6)	NS	391	4.1	(3.0 - 5.2)	9,878	3.5	(3.2 - 3.7)	NS	No	
2016	628	2.4	(1.7 - 3.1)	15,035	3.2	(3.0 - 3.4)	NS	257	1.9	(0.8 - 3.1)	6,568	2.4	(2.1 - 2.6)	NS	371	2.9	(2.0 - 3.8)	8,467	4.0	(3.6 - 4.3)	NS	No	
Mental health was not good on 14 or more of the past 30 days (i.e., frequent mental distress)																							
2011	999	12.4%	(10.0 - 15.3)	25,036	9.2%	(8.7 - 9.7)	+	418	11.2%	(7.9 - 15.6)	10,097	7.7%	(7.0 - 8.4)	NS	581	13.7%	(10.5 - 17.7)	14,939	10.7%	(9.9 - 11.5)	NS	No	
2012	742	6.2%	(4.5 - 8.5)	18,935	9.0%	(8.4 - 9.7)	NS	315	4.3%	(2.5 - 7.5)	7,786	7.4%	(6.6 - 8.3)	NS	427	8.1%	(5.4 - 11.8)	11,149	10.6%	(9.7 - 11.5)	NS	No	
2013	688	12.1%	(9.0 - 15.9)	16,889	8.9%	(8.2 - 9.6)	NS	286	10.3%	(6.3 - 16.4)	6,889	6.8%	(5.9 - 7.9)	NS	402	13.8%	(9.7 - 19.2)	10,000	10.9%	(9.8 - 12.0)	NS	No	
2014	911	6.6%	(4.7 - 9.0)	22,132	8.2%	(7.6 - 8.8)	NS	370	4.5%	(2.5 - 8.1)	9,483	6.4%	(5.6 - 7.3)	NS	541	8.6%	(5.9 - 12.3)	12,649	9.9%	(9.0 - 10.8)	NS	No	
2015	666	10.4%	(7.7 - 14.0)	17,369	8.9%	(8.2 - 9.6)	NS	275	7.8%	(4.3 - 13.7)	7,491	6.9%	(6.0 - 7.9)	NS	391	13.1%	(9.3 - 18.2)	9,878	10.8%	(9.8 - 11.9)	NS	No	
2016	628	7.2%	(5.0 - 10.4)	15,035	9.5%	(8.7 - 10.4)	NS	257	6.1%	(3.1 - 11.5)	6,568	7.0%	(6.0 - 8.1)	NS	371	8.4%	(5.5 - 12.7)	8,467	12.0%	(10.8 - 13.3)	NS	No	
Average days poor physical or mental health limited usual activities in past 30 days																							
2011	1,004	2.3	(1.8 - 2.7)	25,183	1.9	(1.8 - 2.0)	NS	416	1.9	(1.2 - 2.6)	10,136	1.7	(1.6 - 1.9)	NS	588	2.6	(1.9 - 3.3)	15,047	2.0	(1.9 - 2.1)	NS	No	
2012	742	1.6	(1.1 - 2.0)	19,022	2.0	(1.8 - 2.1)	NS	313	1.3	(0.7 - 1.9)	7,819	1.7	(1.5 - 1.9)	NS	429	1.8	(1.2 - 2.4)	11,203	2.2	(2.0 - 2.4)	NS	No	
2013	690	2.3	(1.6 - 3.0)	16,986	1.9	(1.7 - 2.0)	NS	288	2.9	(1.6 - 4.1)	6,936	1.7	(1.5 - 1.9)	NS	402	1.8	(1.1 - 2.4)	10,050	2.0	(1.9 - 2.2)	NS	No	
2014	913	1.7	(1.2 - 2.2)	22,228	1.8	(1.7 - 1.9)	NS	371	1.5	(0.8 - 2.2)	9,541	1.6	(1.5 - 1.8)	NS	542	1.9	(1.3 - 2.5)	12,687	1.9	(1.8 - 2.1)	NS	No	
2015	667	2.0	(1.4 - 2.5)	17,430	1.9	(1.7 - 2.0)	NS	276	1.0	(0.5 - 1.6)	7,529	1.6	(1.4 - 1.8)	NS	391	2.9	(1.9 - 3.8)	9,901	2.1	(1.9 - 2.3)	NS	Yes	
2016	631	1.7	(1.2 - 2.3)	15,084	2.0	(1.8 - 2.2)	NS	259	2.0	(1.1 - 2.8)	6,592	1.7	(1.5 - 1.9)	NS	372	1.5	(0.9 - 2.1)	8,492	2.3	(2.1 - 2.6)	NS	No	
Poor physical or mental health limited usual activities on 14 or more of the past 30 days																							
2011	1,004	7.1%	(5.4 - 9.1)	25,183	5.8%	(5.4 - 6.2)	NS	416	5.9%	(3.8 - 9.1)	10,136	5.4%	(4.8 - 6.0)	NS	588	8.2%	(5.8 - 11.3)	15,047	6.2%	(5.7 - 6.8)	NS	No	
2012	742	4.9%	(3.4 - 6.9)	19,022	6.4%	(5.9 - 6.9)	NS	313	3.8%	(2.2 - 6.7)	7,819	5.3%	(4.7 - 6.0)	NS	429	5.8%	(3.7 - 9.1)	11,203	7.4%	(6.7 - 8.2)	NS	No	
2013	690	7.1%	(4.9 - 10.2)	16,986	5.8%	(5.3 - 6.4)	NS	288	9.4%	(5.8 - 15.1)	6,936	5.2%	(4.4 - 6.1)	NS	402	4.9%	(2.9 - 7.9)	10,050	6.5%	(5.7 - 7.3)	NS	No	
2014	913	6.0%	(4.4 - 8.3)	22,228	5.8%	(5.4 - 6.4)	NS	371	5.3%	(3.0 - 9.0)	9,541	5.3%	(4.6 - 6.1)	NS	542	6.8%	(4.6 - 10.0)	12,687	6.4%	(5.7 - 7.1)	NS	No	
2015	667	6.6%	(4.4 - 9.6)	17,430	5.9%	(5.4 - 6.4)	NS	276	2.4%	(1.1 - 5.3)	7,529	5.1%	(4.5 - 5.9)	NS	391	10.7%	(6.9 - 16.1)	9,901	6.6%	(6.0 - 7.3)	NS	Yes	
2016	631	5.5%	(3.6 - 8.1)	15,084	6.2%	(5.6 - 6.8)	NS	259	6.2%	(3.5 - 10.6)	6,592	4.9%	(4.2 - 5.7)	NS	372	4.7%	(2.6 - 8.4)	8,492	7.4%	(6.6 - 8.5)	NS	No	

Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>						
	Central District			State of NE		Sig <sup>d</sup>	Central District			State of NE		Sig <sup>d</sup>	Central District				State of NE		Sig <sup>d</sup>			
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)
<b>Health Care Access and Utilization</b>																						
No health care coverage, 18-64 year olds																						
2011	662	22.6%	(18.6 - 27.1)	16,614	19.1%	(18.3 - 20.0)	NS	290	22.7%	(17.0 - 29.7)	7,107	22.0%	(20.7 - 23.4)	NS	372	22.5%	(17.3 - 28.6)	9,507	16.2%	(15.2 - 17.3)	NS	No
2012	468	19.2%	(14.3 - 25.2)	12,310	18.0%	(17.0 - 19.0)	NS	202	21.3%	(14.5 - 30.2)	5,450	20.3%	(18.8 - 21.8)	NS	266	17.2%	(10.9 - 26.0)	6,860	15.7%	(14.5 - 17.0)	NS	No
2013	412	22.8%	(17.2 - 29.5)	10,939	17.6%	(16.4 - 18.9)	NS	179	22.8%	(15.2 - 32.8)	4,720	18.4%	(16.6 - 20.4)	NS	233	22.8%	(15.4 - 32.4)	6,219	16.9%	(15.3 - 18.5)	NS	No
2014	548	18.2%	(13.7 - 23.8)	14,323	15.3%	(14.3 - 16.4)	NS	224	16.0%	(9.7 - 25.1)	6,443	17.0%	(15.4 - 18.7)	NS	324	20.5%	(14.6 - 27.9)	7,880	13.5%	(12.3 - 14.9)	NS	No
2015	430	21.1%	(15.8 - 27.5)	11,342	14.4%	(13.3 - 15.5)	+	185	21.5%	(13.6 - 32.2)	5,187	15.4%	(13.8 - 17.1)	NS	245	20.7%	(14.5 - 28.6)	6,155	13.4%	(12.0 - 14.9)	NS	No
2016	374	16.6%	(11.9 - 22.8)	9,749	14.7%	(13.6 - 16.0)	NS	156	17.7%	(10.7 - 27.7)	4,538	15.0%	(13.3 - 16.9)	NS	218	15.5%	(9.8 - 23.6)	5,211	14.4%	(12.9 - 16.2)	NS	No
Has health care coverage, 18-64 year olds <sup>a</sup>																						
2011	662	77.4%	(72.9 - 81.4)	16,614	80.9%	(80.0 - 81.7)	NS	290	77.3%	(70.3 - 83.0)	7,107	78.0%	(76.6 - 79.3)	NS	372	77.5%	(71.4 - 82.7)	9,507	83.8%	(82.7 - 84.8)	NS	No
2012	468	80.8%	(74.8 - 85.7)	12,310	82.0%	(81.0 - 83.0)	NS	202	78.7%	(69.8 - 85.5)	5,450	79.7%	(78.2 - 81.2)	NS	266	82.8%	(74.0 - 89.1)	6,860	84.3%	(83.0 - 85.5)	NS	No
2013	412	77.2%	(70.5 - 82.8)	10,939	82.4%	(81.1 - 83.6)	NS	179	77.2%	(67.2 - 84.8)	4,720	81.6%	(79.6 - 83.4)	NS	233	77.2%	(67.6 - 84.6)	6,219	83.1%	(81.5 - 84.7)	NS	No
2014	548	81.8%	(76.2 - 86.3)	14,323	84.7%	(83.6 - 85.7)	NS	224	84.0%	(74.9 - 90.3)	6,443	83.0%	(81.3 - 84.6)	NS	324	79.5%	(72.1 - 85.4)	7,880	86.5%	(85.1 - 87.7)	NS	No
2015	430	78.9%	(72.5 - 84.2)	11,342	85.6%	(84.5 - 86.7)	-	185	78.5%	(67.8 - 86.4)	5,187	84.6%	(82.9 - 86.2)	NS	245	79.3%	(71.4 - 85.5)	6,155	86.6%	(85.1 - 88.0)	NS	No
2016	374	83.4%	(77.2 - 88.1)	9,749	85.3%	(84.0 - 86.4)	NS	156	82.3%	(72.3 - 89.3)	4,538	85.0%	(83.1 - 86.7)	NS	218	84.5%	(76.4 - 90.2)	5,211	85.6%	(83.8 - 87.1)	NS	No
No personal doctor or health care provider																						
2011	1,017	21.9%	(18.4 - 25.8)	25,340	18.4%	(17.6 - 19.1)	NS	422	28.4%	(22.9 - 34.6)	10,192	25.1%	(23.8 - 26.3)	NS	595	15.6%	(11.7 - 20.5)	15,148	12.0%	(11.1 - 12.8)	NS	Yes
2012	748	20.2%	(15.9 - 25.3)	19,132	17.2%	(16.4 - 18.1)	NS	317	26.5%	(20.0 - 34.4)	7,847	23.7%	(22.3 - 25.1)	NS	431	13.9%	(9.0 - 21.0)	11,285	11.0%	(10.1 - 12.0)	NS	No
2013	697	23.0%	(18.5 - 28.1)	17,093	20.9%	(19.8 - 22.0)	NS	290	30.8%	(23.7 - 38.9)	6,956	27.5%	(25.7 - 29.4)	NS	407	15.3%	(10.6 - 21.5)	10,137	14.4%	(13.2 - 15.7)	NS	Yes
2014	915	23.2%	(18.8 - 28.4)	22,354	20.2%	(19.2 - 21.2)	NS	372	27.0%	(20.2 - 35.0)	9,569	27.0%	(25.5 - 28.5)	NS	543	19.5%	(14.3 - 26.1)	12,785	13.6%	(12.5 - 14.8)	NS	No
2015	669	20.6%	(16.3 - 25.6)	17,509	19.7%	(18.7 - 20.8)	NS	275	26.1%	(19.2 - 34.3)	7,542	25.7%	(24.1 - 27.5)	NS	394	15.2%	(10.5 - 21.4)	9,967	13.9%	(12.7 - 15.2)	NS	No
2016	636	19.8%	(15.6 - 24.9)	15,138	19.1%	(18.0 - 20.2)	NS	260	28.3%	(21.3 - 36.6)	6,617	24.5%	(22.8 - 26.2)	NS	376	11.4%	(7.3 - 17.3)	8,521	13.8%	(12.5 - 15.2)	NS	Yes
Has a personal doctor or health care provider (one or more than one) <sup>a</sup>																						
2011	1,017	78.1%	(74.2 - 81.6)	25,340	81.6%	(80.9 - 82.4)	NS	422	71.6%	(65.4 - 77.1)	10,192	74.9%	(73.7 - 76.2)	NS	595	84.4%	(79.5 - 88.3)	15,148	88.0%	(87.2 - 88.9)	NS	Yes
2012	748	79.8%	(74.7 - 84.1)	19,132	82.8%	(81.9 - 83.6)	NS	317	73.5%	(65.6 - 80.0)	7,847	76.3%	(74.9 - 77.7)	NS	431	86.1%	(79.0 - 91.0)	11,285	89.0%	(88.0 - 89.9)	NS	No
2013	697	77.0%	(71.9 - 81.5)	17,093	79.1%	(78.0 - 80.2)	NS	290	69.2%	(61.1 - 76.3)	6,956	72.5%	(70.6 - 74.3)	NS	407	84.7%	(78.5 - 89.4)	10,137	85.6%	(84.3 - 86.8)	NS	Yes
2014	915	76.8%	(71.6 - 81.2)	22,354	79.8%	(78.8 - 80.8)	NS	372	73.0%	(65.0 - 79.8)	9,569	73.0%	(71.5 - 74.5)	NS	543	80.5%	(73.9 - 85.7)	12,785	86.4%	(85.2 - 87.5)	NS	No
2015	669	79.4%	(74.4 - 83.7)	17,509	80.3%	(79.2 - 81.3)	NS	275	73.9%	(65.7 - 80.8)	7,542	74.3%	(72.5 - 75.9)	NS	394	84.8%	(78.6 - 89.5)	9,967	86.1%	(84.8 - 87.3)	NS	No
2016	636	80.2%	(75.1 - 84.4)	15,138	80.9%	(79.8 - 82.0)	NS	260	71.7%	(63.4 - 78.7)	6,617	75.5%	(73.8 - 77.2)	NS	376	88.6%	(82.7 - 92.7)	8,521	86.2%	(84.8 - 87.5)	NS	Yes
Has a personal doctor or health care provider (one or more than one), aged 65 years and older <sup>a</sup>																						
2011	351	95.9%	(92.6 - 97.7)	8,584	95.7%	(95.1 - 96.2)	NS	130	95.4%	(89.8 - 98.0)	3,033	94.4%	(93.4 - 95.3)	NS	221	96.2%	(91.2 - 98.4)	5,551	96.6%	(95.9 - 97.1)	NS	No
2012	275	89.2%	(78.4 - 94.9)	6,711	95.6%	(94.7 - 96.3)	NS	113	84.5%	(67.1 - 93.6)	2,368	93.6%	(91.9 - 95.0)	NS	162	94.1%	(78.3 - 98.6)	4,343	97.1%	(96.3 - 97.7)	NS	No
2013	276	94.8%	(90.8 - 97.1)	6,015	93.9%	(92.9 - 94.8)	NS	107	95.4%	(89.0 - 98.2)	2,188	92.3%	(90.4 - 93.8)	NS	169	94.3%	(88.1 - 97.4)	3,827	95.2%	(93.9 - 96.2)	NS	No
2014	358	93.0%	(85.7 - 96.8)	7,833	95.1%	(94.4 - 95.7)	NS	145	91.0%	(75.8 - 97.0)	3,057	93.5%	(92.2 - 94.6)	NS	213	95.1%	(89.9 - 97.6)	4,776	96.4%	(95.7 - 96.9)	NS	No
2015	232	96.1%	(92.9 - 97.9)	6,022	94.8%	(93.9 - 95.5)	NS	88	94.5%	(88.1 - 97.5)	2,297	93.6%	(92.1 - 94.8)	NS	144	97.6%	(94.2 - 99.1)	3,725	95.7%	(94.6 - 96.6)	NS	No
2016	260	93.2%	(87.7 - 96.3)	5,270	95.1%	(94.2 - 95.9)	NS	102	89.6%	(80.2 - 94.8)	2,025	94.5%	(93.1 - 95.6)	NS	158	96.2%	(87.7 - 98.9)	3,245	95.6%	(94.4 - 96.6)	NS	No
Needed to see a doctor but could not due to cost in past year <sup>a</sup>																						
2011	1,012	14.2%	(11.5 - 17.3)	25,350	12.5%	(11.9 - 13.2)	NS	420	10.8%	(7.5 - 15.3)	10,203	10.7%	(9.9 - 11.6)	NS	592	17.5%	(13.7 - 22.1)	15,147	14.2%	(13.4 - 15.2)	NS	No
2012	747	12.6%	(9.3 - 16.9)	19,144	12.8%	(12.1 - 13.6)	NS	317	10.2%	(6.4 - 15.7)	7,859	11.1%	(10.0 - 12.2)	NS	430	15.0%	(10.0 - 21.9)	11,285	14.4%	(13.4 - 15.5)	NS	No
2013	697	16.3%	(12.3 - 21.4)	17,103	13.0%	(12.1 - 13.9)	NS	290	12.3%	(7.6 - 19.3)	6,963	10.9%	(9.7 - 12.2)	NS	407	20.3%	(14.3 - 28.1)	10,140	15.0%	(13.8 - 16.4)	NS	No
2014	916	14.1%	(10.8 - 18.1)	22,359	11.8%	(11.1 - 12.6)	NS	372	12.8%	(8.1 - 19.7)	9,588	10.2%	(9.1 - 11.3)	NS	544	15.3%	(11.2 - 20.5)	12,771	13.4%	(12.4 - 14.6)	NS	No
2015	669	14.7%	(11.0 - 19.4)	17,522	11.5%	(10.7 - 12.3)	NS	276	11.5%	(6.5 - 19.4)	7,559	9.8%	(8.7 - 11.1)	NS	393	17.9%	(13.1 - 24.1)	9,963	13.1%	(12.0 - 14.3)	NS	No
2016	637	11.2%	(8.3 - 14.9)	15,156	12.1%	(11.2 - 13.1)	NS	261	8.3%	(5.0 - 13.7)	6,623	10.1%	(8.9 - 11.4)	NS	376	14.0%	(9.8 - 19.7)	8,533	14.0%	(12.7 - 15.5)	NS	No
Had a routine checkup in past year																						
2011	994	53.7%	(49.7 - 57.5)	24,983	57.7%	(56.8 - 58.7)	NS	412	45.5%	(39.8 - 51.3)	10,049	50.6%	(49.2 - 52.0)	NS	582	61.6%	(56.3 - 66.5)	14,934	64.6%	(63.4 - 65.8)	NS	Yes
2012	738	56.2%	(51.2 - 61.0)	18,929	60.4%	(59.4 - 61.4)	NS	312	48.6%	(41.5 - 55.7)	7,789	55.0%	(53.5 - 56.6)	NS	426	63.4%	(56.6 - 69.8)	11,140	65.6%	(64.3 - 66.9)	NS	Yes
2013	990	56.4%	(51.1 - 61.6)	16,919	61.6%	(60.4 - 62.8)	NS	288	50.2%	(42.6 - 57.8)	6,899	56.2%	(54.3 - 58.1)	NS	402	62.5%	(55.3 - 69.2)	10,020	66.8%	(65.3 - 68.4)	NS	No
2014	610	62.4%	(57.6 - 67.0)	22,090	63.3%	(62.3 - 64.4)	NS	369	58.6%	(51.0 - 65.7)	9,488	57.7%	(56.1 - 59.3)	NS	541	66.2%	(60.2 - 71.8)	12,602	68.8%	(67.4 - 70.2)	NS	No
2015	660	60.7%	(55.4 - 65.8)	17,331	63.9%	(62.8 - 65.1)	NS	269	51.6%	(43.4 - 59.8)	7,470	58.7%	(56.9 - 60.5)	NS	391	69.5%	(63.0 - 75.4)	9,861	69.1%	(67.5 - 70.6)	NS	Yes
2016	629	63.0%	(57.5 - 68.1)	15,060	65.4%	(64.1 - 66.6)	NS	258	56.8%	(48.4 - 64.8)	6,582	60.6%	(58.7 - 62.5)	NS	371	69.0%	(62.2 - 75.1)	8,478	70.0%	(68.4 - 71.6)	NS	No

Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>			
	Central District			State of NE			Sig <sup>d</sup>	Central District			State of NE			Sig <sup>d</sup>	Central District			State of NE			Sig <sup>d</sup>	
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)
<b>Heart Disease and Stroke</b>																						
Ever told they had a heart attack																						
2011	1,010	4.5%	(3.4 - 5.9)	25,292	4.3%	(4.0 - 4.7)	NS	419	5.6%	(3.9 - 8.0)	10,194	5.7%	(5.2 - 6.3)	NS	591	3.4%	(2.2 - 5.1)	15,098	2.9%	(2.6 - 3.3)	NS	No
2012	745	2.8%	(1.9 - 4.1)	19,102	4.1%	(3.7 - 4.4)	NS	317	3.5%	(2.1 - 5.9)	7,842	5.3%	(4.8 - 6.0)	NS	428	2.1%	(1.1 - 3.7)	11,260	2.9%	(2.5 - 3.2)	NS	No
2013	694	3.2%	(2.2 - 4.6)	17,035	4.0%	(3.6 - 4.4)	NS	290	4.2%	(2.6 - 6.6)	6,925	5.2%	(4.6 - 5.9)	NS	404	2.2%	(1.2 - 4.0)	10,110	2.9%	(2.4 - 3.4)	NS	No
2014	914	4.1%	(3.0 - 5.6)	22,309	3.8%	(3.5 - 4.2)	NS	371	5.8%	(4.0 - 8.5)	9,541	5.1%	(4.6 - 5.6)	NS	543	2.4%	(1.4 - 4.0)	12,768	2.6%	(2.3 - 3.0)	NS	No
2015	666	4.4%	(2.8 - 6.7)	17,455	3.9%	(3.5 - 4.3)	NS	275	6.5%	(3.8 - 10.9)	7,530	5.3%	(4.7 - 6.0)	NS	391	2.3%	(1.1 - 4.5)	9,925	2.5%	(2.2 - 2.9)	NS	No
2016	636	4.3%	(3.0 - 6.2)	15,111	4.0%	(3.6 - 4.4)	NS	260	4.6%	(2.8 - 7.4)	6,598	5.0%	(4.4 - 5.6)	NS	376	4.0%	(2.3 - 7.0)	8,513	3.0%	(2.6 - 3.6)	NS	No
Ever told they have coronary heart disease																						
2011	1,002	4.4%	(3.2 - 5.8)	25,121	3.9%	(3.6 - 4.2)	NS	415	5.3%	(3.5 - 7.8)	10,110	4.8%	(4.4 - 5.3)	NS	587	3.5%	(2.3 - 5.2)	15,011	3.1%	(2.7 - 3.4)	NS	No
2012	741	4.6%	(3.3 - 6.4)	18,988	3.9%	(3.6 - 4.3)	NS	316	5.9%	(3.9 - 9.0)	7,796	4.9%	(4.4 - 5.5)	NS	425	3.2%	(1.9 - 5.6)	11,192	3.0%	(2.6 - 3.4)	NS	No
2013	691	3.6%	(2.5 - 5.3)	16,942	4.1%	(3.7 - 4.5)	NS	287	4.9%	(2.9 - 8.0)	6,884	5.1%	(4.5 - 5.8)	NS	404	2.4%	(1.4 - 4.1)	10,058	3.0%	(2.6 - 3.6)	NS	No
2014	912	4.9%	(3.7 - 6.7)	22,202	3.9%	(3.6 - 4.3)	NS	368	6.4%	(4.3 - 9.4)	9,509	4.8%	(4.3 - 5.4)	NS	544	3.5%	(2.2 - 5.5)	12,693	3.1%	(2.7 - 3.5)	NS	No
2015	663	3.8%	(2.5 - 5.8)	17,403	4.0%	(3.6 - 4.3)	NS	273	5.3%	(3.0 - 9.1)	7,503	5.0%	(4.4 - 5.7)	NS	390	2.4%	(1.4 - 4.1)	9,900	2.9%	(2.6 - 3.3)	NS	No
2016	637	2.8%	(1.9 - 4.1)	15,078	3.8%	(3.4 - 4.2)	NS	261	2.9%	(1.7 - 5.1)	6,590	4.4%	(3.9 - 5.0)	NS	376	2.7%	(1.6 - 4.6)	8,488	3.1%	(2.7 - 3.7)	NS	No
Ever told they had a heart attack or coronary heart disease																						
2011	1,003	7.4%	(5.9 - 9.2)	25,158	6.4%	(6.0 - 6.7)	NS	418	8.9%	(6.6 - 11.9)	10,143	8.0%	(7.4 - 8.7)	NS	585	5.9%	(4.3 - 8.1)	15,015	4.8%	(4.4 - 5.2)	NS	No
2012	740	5.6%	(4.2 - 7.4)	18,998	6.2%	(5.8 - 6.6)	NS	316	7.0%	(4.8 - 10.2)	7,806	7.8%	(7.1 - 8.5)	NS	424	4.1%	(2.6 - 6.5)	11,192	4.6%	(4.2 - 5.1)	NS	No
2013	691	5.4%	(4.0 - 7.3)	16,935	6.2%	(5.7 - 6.7)	NS	288	7.4%	(5.0 - 10.9)	6,882	7.7%	(7.0 - 8.6)	NS	403	3.5%	(2.2 - 5.6)	10,053	4.7%	(4.1 - 5.3)	NS	No
2014	913	6.8%	(5.3 - 8.7)	22,180	6.0%	(5.6 - 6.4)	NS	371	8.5%	(6.1 - 11.8)	9,493	7.4%	(6.8 - 8.1)	NS	542	5.1%	(3.5 - 7.4)	12,687	4.6%	(4.1 - 5.0)	NS	No
2015	664	6.2%	(4.4 - 8.6)	17,383	5.8%	(5.4 - 6.3)	NS	275	8.6%	(5.5 - 13.1)	7,503	7.5%	(6.7 - 8.3)	NS	389	3.8%	(2.3 - 6.3)	9,880	4.3%	(3.9 - 4.8)	NS	No
2016	636	5.3%	(3.9 - 7.3)	15,021	5.8%	(5.4 - 6.3)	NS	260	5.4%	(3.5 - 8.3)	6,558	6.9%	(6.2 - 7.7)	NS	376	5.3%	(3.3 - 8.4)	8,463	4.7%	(4.1 - 5.3)	NS	No
Ever told they had a stroke																						
2011	1,018	3.3%	(2.2 - 4.9)	25,355	2.6%	(2.4 - 2.9)	NS	423	3.6%	(2.2 - 5.9)	10,209	2.4%	(2.1 - 2.8)	NS	595	3.1%	(1.6 - 5.7)	15,146	2.8%	(2.5 - 3.2)	NS	No
2012	749	3.1%	(1.7 - 5.4)	19,118	2.4%	(2.2 - 2.7)	NS	318	3.8%	(1.6 - 8.8)	7,851	2.7%	(2.3 - 3.1)	NS	431	2.4%	(1.4 - 4.1)	11,267	2.2%	(1.9 - 2.6)	NS	No
2013	696	1.9%	(1.0 - 3.4)	17,080	2.5%	(2.2 - 2.8)	NS	289	2.7%	(1.3 - 5.8)	6,954	2.2%	(1.9 - 2.6)	NS	407	1.0%	(0.4 - 2.5)	10,126	2.8%	(2.4 - 3.3)	NS	No
2014	915	3.9%	(2.5 - 6.2)	22,359	2.6%	(2.4 - 2.9)	NS	371	5.4%	(2.9 - 9.7)	9,576	2.7%	(2.3 - 3.1)	NS	544	2.5%	(1.4 - 4.4)	12,783	2.6%	(2.2 - 3.0)	NS	No
2015	670	2.7%	(1.6 - 4.5)	17,509	2.5%	(2.3 - 2.9)	NS	276	3.9%	(2.0 - 7.5)	7,550	2.7%	(2.2 - 3.1)	NS	394	1.6%	(0.9 - 2.8)	9,959	2.4%	(2.1 - 2.8)	NS	No
2016	635	2.2%	(1.4 - 3.5)	15,154	2.8%	(2.5 - 3.2)	NS	260	2.0%	(1.0 - 4.0)	6,627	2.6%	(2.1 - 3.1)	NS	375	2.3%	(1.2 - 4.4)	8,527	3.0%	(2.5 - 3.6)	NS	No
<b>Blood Pressure and Cholesterol</b>																						
Had blood pressure checked in past year																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	302	82.8%	(75.9 - 88.0)	7,804	84.6%	(83.1 - 86.0)	NS	131	81.0%	(70.0 - 88.7)	3,150	81.2%	(78.8 - 83.4)	NS	171	84.6%	(75.6 - 90.7)	4,654	87.8%	(85.8 - 89.5)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	291	83.8%	(76.4 - 89.2)	7,947	88.0%	(86.6 - 89.2)	NS	111	77.1%	(63.1 - 86.9)	3,461	85.2%	(83.1 - 87.1)	NS	180	89.2%	(81.8 - 93.8)	4,486	90.6%	(88.8 - 92.2)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Ever told they have high blood pressure (excluding pregnancy) <sup>a</sup>																						
2011	1,017	31.8%	(28.5 - 35.2)	25,356	28.5%	(27.8 - 29.3)	NS	422	32.4%	(27.4 - 37.8)	10,212	30.3%	(29.1 - 31.5)	NS	595	31.2%	(27.1 - 35.7)	15,144	26.9%	(25.9 - 27.9)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	696	32.2%	(28.0 - 36.7)	17,085	30.3%	(29.2 - 31.4)	NS	289	35.4%	(28.9 - 42.6)	6,956	32.5%	(30.8 - 34.1)	NS	407	29.1%	(24.1 - 34.6)	10,129	28.2%	(26.9 - 29.6)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	670	30.9%	(26.7 - 35.5)	17,515	29.9%	(28.9 - 30.9)	NS	276	32.2%	(25.8 - 39.5)	7,546	32.6%	(31.1 - 34.2)	NS	394	29.6%	(24.3 - 35.4)	9,969	27.2%	(26.0 - 28.5)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Currently taking blood pressure medication, among those ever told they have high BP																						
2011	402	77.1%	(70.4 - 82.6)	9,505	77.9%	(76.5 - 79.2)	NS	165	67.5%	(57.3 - 76.3)	3,877	72.0%	(69.8 - 74.1)	NS	237	86.7%	(78.1 - 92.2)	5,628	84.2%	(82.5 - 85.7)	NS	Yes
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	290	79.9%	(72.7 - 85.6)	6,747	78.5%	(76.6 - 80.3)	NS	120	76.7%	(65.1 - 85.3)	2,828	73.1%	(70.2 - 75.9)	NS	170	83.7%	(75.2 - 89.7)	3,919	84.5%	(82.3 - 86.4)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	254	75.6%	(67.4 - 82.3)	6,685	77.8%	(75.9 - 79.6)	NS	111	68.5%	(55.9 - 78.9)	3,016	73.0%	(70.1 - 75.7)	NS	143	83.2%	(73.1 - 90.1)	3,669	83.4%	(80.9 - 85.6)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>			
	Central District			State of NE			Central District			State of NE			Central District			State of NE						
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>
<b>Diabetes</b>																						
Ever told they have diabetes (excluding pregnancy) <sup>a</sup>																						
2011	1,017	8.7%	(7.1 - 10.7)	25,393	8.4%	(7.9 - 8.8)	NS	422	9.4%	(6.9 - 12.6)	10,222	8.6%	(7.9 - 9.3)	NS	595	8.0%	(6.1 - 10.5)	15,171	8.2%	(7.6 - 8.8)	NS	No
2012	749	7.8%	(5.8 - 10.5)	19,156	8.1%	(7.6 - 8.6)	NS	318	9.6%	(6.3 - 14.3)	7,861	8.3%	(7.6 - 9.1)	NS	431	6.2%	(4.2 - 9.0)	11,295	7.9%	(7.3 - 8.5)	NS	No
2013	699	10.2%	(7.6 - 13.5)	17,110	9.2%	(8.5 - 9.9)	NS	291	13.4%	(9.1 - 19.4)	6,968	10.1%	(9.0 - 11.2)	NS	408	7.0%	(4.7 - 10.3)	10,142	8.3%	(7.5 - 9.2)	NS	No
2014	916	9.3%	(7.3 - 11.7)	22,388	9.2%	(8.6 - 9.7)	NS	371	11.7%	(8.5 - 16.0)	9,598	9.7%	(8.9 - 10.6)	NS	545	6.9%	(4.9 - 9.6)	12,790	8.6%	(7.9 - 9.3)	NS	No
2015	671	9.8%	(7.5 - 12.7)	17,547	8.8%	(8.2 - 9.4)	NS	277	7.9%	(5.3 - 11.5)	7,565	9.0%	(8.2 - 9.9)	NS	394	11.7%	(8.2 - 16.4)	9,982	8.6%	(7.8 - 9.3)	NS	No
2016	637	10.3%	(8.0 - 13.2)	15,171	8.8%	(8.2 - 9.5)	NS	261	8.2%	(5.3 - 12.3)	6,630	8.7%	(7.8 - 9.7)	NS	376	12.4%	(9.1 - 16.8)	8,541	8.9%	(8.1 - 9.8)	NS	No
Ever told they have pre-diabetes (excluding pregnancy)																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	369	4.3%	(2.6 - 7.3)	8,549	5.5%	(4.8 - 6.3)	NS	143	4.8%	(2.3 - 9.8)	3,452	5.9%	(4.8 - 7.2)	NS	226	3.9%	(1.8 - 8.2)	5,097	5.1%	(4.1 - 6.2)	NS	No
2014	460	4.1%	(2.4 - 6.9)	11,165	5.8%	(5.1 - 6.5)	NS	176	7.2%	(3.6 - 13.6)	4,723	5.8%	(4.8 - 6.9)	NS	284	2.1%	(1.0 - 4.4)	6,442	5.7%	(4.9 - 6.7)	-	No
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	633	4.2%	(2.7 - 6.4)	14,986	6.0%	(5.5 - 6.6)	NS	259	5.2%	(3.1 - 8.6)	6,547	5.3%	(4.6 - 6.2)	NS	374	3.2%	(1.5 - 6.6)	8,439	6.7%	(5.9 - 7.6)	NS	No
<b>Cancer</b>																						
Ever told they have skin cancer																						
2011	1,015	7.2%	(5.7 - 9.1)	25,359	5.6%	(5.3 - 6.0)	NS	420	8.2%	(5.7 - 11.6)	10,205	6.3%	(5.8 - 6.8)	NS	595	6.3%	(4.8 - 8.3)	15,154	5.0%	(4.6 - 5.5)	NS	No
2012	749	5.8%	(4.3 - 7.6)	19,133	5.6%	(5.2 - 6.0)	NS	318	7.0%	(4.7 - 10.2)	7,859	5.8%	(5.3 - 6.4)	NS	431	4.6%	(3.0 - 6.9)	11,274	5.4%	(4.9 - 6.0)	NS	No
2013	697	5.7%	(4.3 - 7.6)	17,087	5.9%	(5.5 - 6.3)	NS	291	6.4%	(4.2 - 9.7)	6,956	6.3%	(5.7 - 7.1)	NS	406	5.0%	(3.4 - 7.5)	10,131	5.4%	(4.9 - 6.0)	NS	No
2014	915	5.8%	(4.1 - 8.0)	22,370	5.7%	(5.4 - 6.1)	NS	370	6.7%	(4.1 - 11.0)	9,586	5.9%	(5.4 - 6.5)	NS	545	4.8%	(3.3 - 7.0)	12,784	5.6%	(5.1 - 6.1)	NS	No
2015	669	7.3%	(5.4 - 9.8)	17,512	6.0%	(5.6 - 6.4)	NS	277	7.1%	(4.4 - 11.3)	7,556	6.4%	(5.7 - 7.0)	NS	392	7.5%	(5.1 - 10.7)	9,956	5.6%	(5.1 - 6.2)	NS	No
2016	636	7.1%	(5.3 - 9.3)	15,150	5.5%	(5.0 - 5.9)	NS	260	7.3%	(4.9 - 10.8)	6,616	5.8%	(5.1 - 6.5)	NS	376	6.8%	(4.6 - 10.1)	8,534	5.2%	(4.6 - 5.8)	NS	No
Ever told they have cancer other than skin cancer																						
2011	1,014	7.7%	(6.2 - 9.6)	25,369	6.6%	(6.2 - 7.0)	NS	421	4.8%	(3.3 - 7.0)	10,219	5.0%	(4.6 - 5.5)	NS	593	10.6%	(8.0 - 13.8)	15,150	8.1%	(7.5 - 8.6)	NS	Yes
2012	749	6.9%	(5.3 - 8.9)	19,136	6.5%	(6.0 - 6.9)	NS	318	6.1%	(4.0 - 9.0)	7,858	5.0%	(4.5 - 5.6)	NS	431	7.8%	(5.5 - 10.8)	11,278	7.9%	(7.2 - 8.5)	NS	No
2013	697	9.4%	(7.2 - 12.2)	17,104	6.8%	(6.3 - 7.3)	NS	291	9.1%	(6.1 - 13.4)	6,965	5.6%	(5.0 - 6.4)	NS	406	9.7%	(6.7 - 13.8)	10,139	8.0%	(7.3 - 8.8)	NS	No
2014	916	6.3%	(4.8 - 8.2)	22,380	6.1%	(5.7 - 6.5)	NS	371	5.5%	(3.6 - 8.4)	9,590	4.6%	(4.1 - 5.1)	NS	545	7.1%	(5.0 - 9.9)	12,790	7.6%	(7.0 - 8.3)	NS	No
2015	669	6.7%	(5.1 - 8.9)	17,524	6.9%	(6.4 - 7.3)	NS	277	4.2%	(2.6 - 6.6)	7,557	5.2%	(4.6 - 5.8)	NS	392	9.3%	(6.6 - 12.9)	9,967	8.5%	(7.8 - 9.2)	NS	No
2016	637	8.5%	(6.4 - 11.0)	15,165	6.9%	(6.3 - 7.4)	NS	261	8.7%	(5.7 - 13.1)	6,629	5.5%	(4.9 - 6.2)	NS	376	8.2%	(5.9 - 11.4)	8,536	8.2%	(7.4 - 9.0)	NS	No
Ever told they have cancer (in any form)																						
2011	1,010	13.7%	(11.6 - 16.1)	25,315	11.2%	(10.7 - 11.7)	NS	418	11.3%	(8.5 - 15.0)	10,192	10.1%	(9.5 - 10.8)	NS	592	16.0%	(13.0 - 19.5)	15,123	12.2%	(11.5 - 12.9)	+	No
2012	749	11.1%	(9.0 - 13.6)	19,100	10.8%	(10.3 - 11.4)	NS	318	11.4%	(8.4 - 15.2)	7,846	9.6%	(8.9 - 10.4)	NS	431	10.8%	(8.1 - 14.3)	11,254	11.9%	(11.2 - 12.7)	NS	No
2013	695	12.6%	(10.1 - 15.5)	17,062	11.4%	(10.8 - 12.1)	NS	291	13.0%	(9.5 - 17.6)	6,946	10.6%	(9.7 - 11.6)	NS	404	12.1%	(8.9 - 16.3)	10,116	12.3%	(11.4 - 13.2)	NS	No
2014	913	11.2%	(8.9 - 13.9)	22,338	10.7%	(10.2 - 11.2)	NS	369	11.2%	(7.8 - 15.8)	9,568	9.3%	(8.6 - 10.0)	NS	544	11.2%	(8.6 - 14.5)	12,770	12.1%	(11.4 - 12.9)	NS	No
2015	668	12.9%	(10.4 - 15.9)	17,481	11.6%	(11.0 - 12.2)	NS	277	10.0%	(6.8 - 14.4)	7,541	10.2%	(9.5 - 11.1)	NS	391	15.8%	(12.2 - 20.2)	9,940	12.9%	(12.1 - 13.8)	NS	No
2016	636	14.1%	(11.4 - 17.2)	15,132	11.2%	(10.6 - 11.9)	NS	260	14.5%	(10.5 - 19.5)	6,607	10.1%	(9.3 - 11.1)	NS	376	13.7%	(10.4 - 17.9)	8,525	12.3%	(11.3 - 13.3)	NS	No

Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>			
	Central District			State of NE			Central District			State of NE			Central District			State of NE						
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		Sig <sup>d</sup>		
Up-to-date on colon cancer screening, 50-75 year olds <sup>a</sup>																						
2011	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-			
2012	366	58.4%	(51.9 - 64.7)	9,022	61.1%	(59.6 - 62.5)	NS	159	57.9%	(47.9 - 67.2)	3,733	58.4%	(56.1 - 60.6)	NS	207	59.1%	(50.6 - 67.1)	5,289	63.6%	(61.7 - 65.4)	NS	No
2013	350	62.1%	(55.6 - 68.3)	7,979	62.8%	(61.1 - 64.4)	NS	146	59.0%	(49.0 - 68.4)	3,275	61.0%	(58.5 - 63.6)	NS	204	65.4%	(57.2 - 72.8)	4,704	64.4%	(62.2 - 66.6)	NS	No
2014	454	67.9%	(61.8 - 73.4)	10,646	64.1%	(62.8 - 65.5)	NS	199	64.3%	(55.3 - 72.4)	4,681	63.0%	(61.0 - 65.1)	NS	255	72.1%	(63.9 - 79.0)	5,965	65.2%	(63.4 - 67.0)	NS	No
2015	310	64.9%	(57.5 - 71.5)	8,007	65.2%	(63.6 - 66.7)	NS	127	61.7%	(50.1 - 72.1)	3,446	63.7%	(61.3 - 66.1)	NS	183	67.7%	(58.5 - 75.8)	4,561	66.6%	(64.6 - 68.5)	NS	No
2016	282	64.0%	(56.6 - 70.7)	7,036	66.0%	(64.3 - 67.6)	NS	106	56.6%	(44.6 - 67.8)	3,073	65.2%	(62.8 - 67.6)	NS	176	70.0%	(61.5 - 77.3)	3,963	66.7%	(64.5 - 68.9)	NS	No
Up-to-date on breast cancer screening, female 50-74 year olds <sup>a</sup>																						
2011	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-			
2012	197	71.3%	(62.4 - 78.9)	5,200	74.9%	(73.2 - 76.5)	NS	-	-	-	-	-	-	-	197	71.3%	(62.4 - 78.9)	5,200	74.9%	(73.2 - 76.5)	NS	NA
2013	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-			
2014	248	79.3%	(71.7 - 85.3)	5,904	76.1%	(74.5 - 77.7)	NS	-	-	-	-	-	-	-	248	79.3%	(71.7 - 85.3)	5,904	76.1%	(74.5 - 77.7)	NS	NA
2015	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-			
2016	182	72.8%	(64.5 - 79.7)	3,914	73.4%	(71.3 - 75.4)	NS	-	-	-	-	-	-	-	182	72.8%	(64.5 - 79.7)	3,914	73.4%	(71.3 - 75.4)	NS	NA
Up-to-date on cervical cancer screening, female 21-65 year olds <sup>a</sup>																						
2011	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-			
2012	188	83.2%	(75.9 - 88.7)	5,055	83.9%	(82.5 - 85.2)	NS	-	-	-	-	-	-	-	188	83.2%	(75.9 - 88.7)	5,055	83.9%	(82.5 - 85.2)	NS	NA
2013	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-			
2014	243	84.4%	(77.3 - 89.5)	5,779	81.7%	(80.0 - 83.3)	NS	-	-	-	-	-	-	-	243	84.4%	(77.3 - 89.5)	5,779	81.7%	(80.0 - 83.3)	NS	NA
2015	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-			
2016	157	80.4%	(71.7 - 86.8)	3,814	77.7%	(75.5 - 79.8)	NS	-	-	-	-	-	-	-	157	80.4%	(71.7 - 86.8)	3,814	77.7%	(75.5 - 79.8)	NS	NA
<b>Arthritis</b>																						
Ever told they have arthritis																						
2011	1,013	25.6%	(22.7 - 28.7)	25,285	23.4%	(22.8 - 24.1)	NS	421	21.2%	(17.4 - 25.7)	10,184	20.1%	(19.2 - 21.1)	NS	592	29.8%	(25.7 - 34.2)	15,101	26.6%	(25.7 - 27.6)	NS	Yes
2012	748	23.1%	(19.8 - 26.8)	19,089	24.6%	(23.8 - 25.4)	NS	318	21.5%	(16.9 - 27.0)	7,839	21.5%	(20.3 - 22.6)	NS	430	24.7%	(20.2 - 30.0)	11,250	27.7%	(26.6 - 28.8)	NS	No
2013	694	29.9%	(25.7 - 34.4)	17,017	24.7%	(23.8 - 25.7)	NS	289	29.3%	(23.2 - 36.2)	6,925	21.6%	(20.2 - 23.0)	+	405	30.5%	(24.9 - 36.7)	10,092	27.8%	(26.5 - 29.2)	NS	No
2014	912	27.5%	(24.0 - 31.3)	22,307	24.6%	(23.8 - 25.4)	NS	370	26.7%	(21.4 - 32.7)	9,560	21.6%	(20.5 - 22.8)	NS	542	28.3%	(24.0 - 33.1)	12,747	27.4%	(26.3 - 28.6)	NS	No
2015	666	24.7%	(20.7 - 29.2)	17,472	23.4%	(22.6 - 24.3)	NS	276	21.5%	(15.9 - 28.4)	7,540	19.7%	(18.5 - 20.9)	NS	390	27.8%	(22.4 - 33.9)	9,932	27.1%	(25.9 - 28.4)	NS	No
2016	637	22.0%	(18.5 - 25.9)	15,137	24.6%	(23.6 - 25.6)	NS	261	22.0%	(16.7 - 28.3)	6,622	21.7%	(20.3 - 23.2)	NS	376	22.0%	(17.7 - 27.0)	8,515	27.4%	(26.0 - 28.8)	NS	No
Currently have activity limitations due to arthritis, among those ever told they have arthritis <sup>a</sup>																						
2011	328	44.5%	(38.2 - 51.0)	7,973	45.2%	(43.6 - 46.8)	NS	107	32.0%	(23.1 - 42.4)	2,711	42.6%	(40.0 - 45.2)	NS	221	52.9%	(45.0 - 60.7)	5,262	47.1%	(45.1 - 49.2)	NS	Yes
2012	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-			
2013	242	44.6%	(36.5 - 53.0)	5,460	42.4%	(40.3 - 44.6)	NS	93	44.4%	(32.2 - 57.3)	1,861	41.0%	(37.4 - 44.6)	NS	149	44.7%	(34.3 - 55.7)	3,599	43.5%	(40.8 - 46.2)	NS	No
2014	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-			
2015	188	49.4%	(39.5 - 59.4)	5,146	44.0%	(41.9 - 46.1)	NS	64	59.7%	(42.2 - 75.0)	1,852	41.9%	(38.6 - 45.3)	NS	124	41.6%	(30.5 - 53.7)	3,294	45.5%	(42.9 - 48.1)	NS	No
2016	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-			
<b>Asthma</b>																						
Ever told they have asthma																						
2011	1,016	11.4%	(9.1 - 14.1)	25,327	11.5%	(10.9 - 12.1)	NS	423	8.9%	(6.1 - 12.8)	10,194	10.5%	(9.6 - 11.3)	NS	593	13.9%	(10.6 - 17.9)	15,133	12.4%	(11.6 - 13.3)	NS	No
2012	744	11.5%	(8.3 - 15.6)	19,105	10.8%	(10.2 - 11.5)	NS	316	7.7%	(4.8 - 12.2)	7,847	9.7%	(8.8 - 10.7)	NS	428	15.2%	(10.1 - 22.1)	11,258	11.9%	(11.1 - 12.9)	NS	No
2013	699	8.1%	(6.0 - 10.8)	17,068	11.2%	(10.5 - 12.0)	NS	291	7.4%	(4.7 - 11.5)	6,946	9.6%	(8.6 - 10.8)	NS	408	8.7%	(5.9 - 12.8)	10,122	12.8%	(11.7 - 13.9)	NS	No
2014	916	12.1%	(9.4 - 15.4)	22,355	12.2%	(11.5 - 13.0)	NS	371	11.0%	(7.5 - 15.9)	9,583	10.8%	(9.8 - 11.9)	NS	545	13.1%	(9.4 - 18.0)	12,772	13.6%	(12.6 - 14.7)	NS	No
2015	671	10.5%	(7.9 - 13.9)	17,492	12.1%	(11.3 - 12.9)	NS	277	6.6%	(4.0 - 10.6)	7,554	10.7%	(9.6 - 12.0)	NS	394	14.4%	(10.2 - 20.1)	9,938	13.4%	(12.3 - 14.5)	NS	No
2016	634	12.2%	(9.2 - 16.1)	15,144	12.4%	(11.5 - 13.4)	NS	259	12.9%	(8.4 - 19.3)	6,622	10.4%	(9.2 - 11.8)	NS	375	11.6%	(8.0 - 16.4)	8,522	14.3%	(13.1 - 15.7)	NS	No
Currently have asthma																						
2011	1,012	7.3%	(5.6 - 9.5)	25,257	7.3%	(6.9 - 7.8)	NS	422	4.9%	(3.1 - 7.7)	10,170	6.0%	(5.4 - 6.7)	NS	590	9.6%	(6.9 - 13.3)	15,087	8.6%	(8.0 - 9.4)	NS	No
2012	744	6.8%	(4.8 - 9.7)	19,053	7.4%	(6.9 - 7.9)	NS	316	4.8%	(2.6 - 8.9)	7,832	6.1%	(5.4 - 6.9)	NS	428	8.7%	(5.6 - 13.3)	11,221	8.7%	(7.9 - 9.4)	NS	No
2013	699	6.0%	(4.3 - 8.3)	17,024	7.3%	(6.7 - 8.0)	NS	291	6.2%	(3.8 - 10.0)	6,930	5.5%	(4.8 - 6.4)	NS	408	5.8%	(3.7 - 9.0)	10,094	9.1%	(8.2 - 10.0)	NS	No
2014	911	7.7%	(5.8 - 10.3)	22,289	7.7%	(7.2 - 8.3)	NS	370	7.5%	(4.8 - 11.6)	9,562	6.2%	(5.5 - 7.0)	NS	541	7.9%	(5.4 - 11.4)	12,727	9.2%	(8.4 - 10.1)	NS	No
2015	667	7.4%	(5.1 - 10.5)	17,435	7.2%	(6.6 - 7.8)	NS	277	3.9%	(1.9 - 7.7)	7,533	5.4%	(4.7 - 6.2)	NS	390	10.8%	(7.1 - 16.1)	9,902	8.9%	(8.0 - 9.9)	NS	No
2016	633	7.7%	(5.4 - 10.9)	15,116	8.3%	(7.5 - 9.1)	NS	259	8.9%	(5.3 - 14.7)	6,609	6.1%	(5.2 - 7.1)	NS	374	6.5%	(4.1 - 10.1)	8,507	10.4%	(9.3 - 11.6)	NS	No

Indicators	Overall							Men					Women					LHD Gender Diff. <sup>e</sup>				
	Central District			State of NE			Sig <sup>d</sup>	Central District		State of NE			Sig <sup>d</sup>	Central District		State of NE			Sig <sup>d</sup>			
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)			n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)
<b>Chronic Obstructive Pulmonary Disease (COPD)</b>																						
Ever told they have COPD																						
2011	1,015	6.2%	(4.8 - 7.9)	25,280	5.0%	(4.6 - 5.3)	NS	420	6.1%	(4.2 - 8.9)	10,171	4.4%	(3.9 - 4.9)	NS	595	6.2%	(4.4 - 8.5)	15,109	5.5%	(5.0 - 6.0)	NS	No
2012	747	5.1%	(3.5 - 7.3)	19,075	5.3%	(4.9 - 5.8)	NS	317	5.5%	(3.2 - 9.4)	7,832	4.7%	(4.1 - 5.3)	NS	430	4.6%	(2.9 - 7.4)	11,243	6.0%	(5.4 - 6.6)	NS	No
2013	699	8.5%	(6.1 - 11.6)	17,035	5.3%	(4.9 - 5.8)	+	291	10.7%	(6.8 - 16.5)	6,932	4.8%	(4.2 - 5.5)	+	408	6.3%	(4.2 - 9.5)	10,103	5.8%	(5.2 - 6.6)	NS	No
2014	912	6.8%	(5.1 - 9.0)	22,313	5.8%	(5.3 - 6.2)	NS	368	8.1%	(5.4 - 12.0)	9,555	5.5%	(4.9 - 6.2)	NS	544	5.4%	(3.6 - 8.1)	12,758	6.1%	(5.5 - 6.7)	NS	No
2015	670	5.2%	(3.5 - 7.7)	17,466	5.4%	(5.0 - 5.9)	NS	277	4.0%	(2.0 - 7.7)	7,536	4.8%	(4.2 - 5.4)	NS	393	6.5%	(4.0 - 10.3)	9,930	6.1%	(5.5 - 6.7)	NS	No
2016	634	6.7%	(4.8 - 9.4)	15,119	5.8%	(5.3 - 6.4)	NS	261	7.5%	(4.6 - 12.2)	6,612	5.1%	(4.4 - 6.0)	NS	373	6.0%	(3.9 - 9.0)	8,507	6.5%	(5.7 - 7.4)	NS	No
<b>Kidney Disease</b>																						
Ever told they have kidney disease																						
2011	1,012	3.4%	(2.2 - 5.3)	25,345	2.2%	(2.0 - 2.4)	NS	421	4.1%	(2.3 - 7.4)	10,208	2.1%	(1.8 - 2.5)	NS	591	2.8%	(1.5 - 5.1)	15,137	2.2%	(2.0 - 2.5)	NS	No
2012	748	3.4%	(2.1 - 5.5)	19,122	2.4%	(2.2 - 2.7)	NS	317	1.4%	(0.7 - 2.9)	7,850	2.2%	(1.8 - 2.6)	NS	431	5.4%	(3.0 - 9.4)	11,272	2.7%	(2.3 - 3.1)	NS	Yes
2013	694	3.4%	(1.8 - 6.2)	17,080	2.0%	(1.8 - 2.3)	NS	287	4.8%	(2.3 - 9.6)	6,953	1.9%	(1.5 - 2.4)	NS	407	2.1%	(0.7 - 6.2)	10,127	2.1%	(1.8 - 2.6)	NS	No
2014	914	2.4%	(1.6 - 3.6)	22,362	2.1%	(1.9 - 2.4)	NS	369	2.9%	(1.7 - 5.0)	9,586	2.0%	(1.7 - 2.4)	NS	545	1.8%	(1.0 - 3.4)	12,776	2.3%	(2.0 - 2.6)	NS	No
2015	668	3.3%	(2.0 - 5.5)	17,502	2.4%	(2.1 - 2.7)	NS	276	3.1%	(1.4 - 6.8)	7,550	2.2%	(1.8 - 2.7)	NS	392	3.5%	(1.8 - 6.6)	9,952	2.5%	(2.1 - 2.9)	NS	No
2016	637	3.4%	(2.1 - 5.6)	15,150	2.8%	(2.4 - 3.2)	NS	261	2.1%	(1.0 - 4.4)	6,624	2.2%	(1.8 - 2.8)	NS	376	4.7%	(2.5 - 8.9)	8,526	3.4%	(2.8 - 4.0)	NS	No
<b>Tobacco &amp; E-Cigarettes</b>																						
Current cigarette smoking <sup>a</sup>																						
2011	1,015	21.3%	(18.1 - 24.7)	25,324	20.0%	(19.3 - 20.7)	NS	420	23.3%	(18.7 - 28.7)	10,189	22.1%	(21.0 - 23.3)	NS	595	19.2%	(15.3 - 23.9)	15,135	17.9%	(17.0 - 18.9)	NS	No
2012	741	20.6%	(16.9 - 24.9)	18,985	19.7%	(18.9 - 20.6)	NS	314	25.9%	(20.2 - 32.6)	7,801	21.4%	(20.1 - 22.7)	NS	427	15.4%	(11.2 - 21.0)	11,184	18.1%	(17.0 - 19.2)	NS	No
2013	683	21.3%	(17.1 - 26.1)	16,687	18.5%	(17.5 - 19.5)	NS	285	24.0%	(17.6 - 32.0)	6,790	19.8%	(18.3 - 21.4)	NS	398	18.6%	(14.0 - 24.2)	9,897	17.2%	(15.9 - 18.5)	NS	No
2014	879	16.2%	(12.9 - 20.3)	21,729	17.3%	(16.5 - 18.2)	NS	354	17.5%	(12.1 - 24.5)	9,311	18.5%	(17.3 - 19.9)	NS	525	15.1%	(11.3 - 19.7)	12,418	16.2%	(15.1 - 17.3)	NS	No
2015	656	18.7%	(14.6 - 23.6)	17,079	17.1%	(16.2 - 18.1)	NS	269	20.7%	(14.5 - 28.7)	7,355	18.4%	(17.0 - 19.9)	NS	387	16.7%	(11.8 - 23.1)	9,724	15.8%	(14.7 - 17.1)	NS	No
2016	622	12.4%	(9.3 - 16.2)	14,790	17.0%	(16.0 - 18.1)	NS	254	12.9%	(8.3 - 19.4)	6,463	18.6%	(17.1 - 20.3)	NS	368	11.8%	(8.2 - 16.7)	8,327	15.4%	(14.1 - 16.8)	NS	No
Attempted to quit smoking in past year, among current cigarette smokers																						
2011	169	56.9%	(47.9 - 65.4)	4,195	55.6%	(53.5 - 57.7)	NS	81	46.9%	(34.8 - 59.4)	1,914	53.4%	(50.4 - 56.3)	NS	88	68.5%	(56.8 - 78.3)	2,281	58.3%	(55.4 - 61.2)	NS	No
2012	122	53.4%	(42.6 - 63.8)	3,023	57.1%	(54.7 - 59.6)	NS	67	49.3%	(35.8 - 62.9)	1,406	55.2%	(51.7 - 58.7)	NS	55	60.1%	(43.5 - 74.7)	1,617	59.3%	(55.9 - 62.7)	NS	No
2013	114	49.8%	(38.0 - 61.7)	2,546	57.1%	(54.1 - 60.2)	NS	50	47.6%	(30.6 - 65.2)	1,147	55.9%	(51.5 - 60.3)	NS	64	52.7%	(37.8 - 67.1)	1,399	58.5%	(54.3 - 62.6)	NS	No
2014	121	63.7%	(51.5 - 74.4)	3,241	58.2%	(55.5 - 60.9)	NS	44	-*	-* - *	1,489	57.9%	(54.0 - 61.8)	NA	77	63.6%	(49.0 - 76.1)	1,752	58.5%	(54.6 - 62.2)	NS	NA
2015	89	56.9%	(43.1 - 69.8)	2,476	59.1%	(56.1 - 62.0)	NS	46	-*	-* - *	1,145	59.2%	(54.8 - 63.5)	NA	43	-*	-* - *	1,331	58.9%	(54.8 - 62.9)	NA	NA
2016	68	51.3%	(36.5 - 65.8)	2,181	54.6%	(51.2 - 58.0)	NS	25	-*	-* - *	1,049	52.7%	(47.9 - 57.5)	NA	43	-*	-* - *	1,132	56.9%	(52.1 - 61.5)	NA	NA
Current smokeless tobacco use <sup>a</sup>																						
2011	1,018	6.4%	(4.6 - 8.8)	25,406	5.6%	(5.2 - 6.0)	NS	423	11.3%	(8.2 - 15.5)	10,231	10.5%	(9.7 - 11.4)	NS	595	1.6%	(0.5 - 5.1)	15,175	0.8%	(0.6 - 1.0)	NS	Yes
2012	746	6.2%	(4.1 - 9.2)	19,041	5.1%	(4.6 - 5.6)	NS	317	11.8%	(7.7 - 17.5)	7,828	9.5%	(8.7 - 10.5)	NS	429	0.7%	(0.2 - 2.7)	11,213	0.8%	(0.6 - 1.2)	NS	Yes
2013	684	6.5%	(4.2 - 9.9)	16,732	5.3%	(4.7 - 5.9)	NS	285	12.3%	(8.0 - 18.6)	6,813	10.1%	(9.0 - 11.2)	NS	399	0.9%	(0.2 - 4.2)	9,919	0.7%	(0.5 - 0.9)	NS	Yes
2014	884	6.4%	(4.3 - 9.4)	21,797	4.7%	(4.2 - 5.1)	NS	357	12.6%	(8.5 - 18.2)	9,340	8.5%	(7.7 - 9.3)	NS	527	0.3%	(0.1 - 1.1)	12,457	1.0%	(0.7 - 1.3)	NS	Yes
2015	657	7.2%	(4.8 - 10.7)	17,123	5.5%	(4.9 - 6.1)	NS	270	13.7%	(9.0 - 20.3)	7,372	9.9%	(8.9 - 11.1)	NS	387	0.8%	(0.2 - 3.0)	9,751	1.1%	(0.8 - 1.6)	NS	Yes
2016	625	5.9%	(3.7 - 9.3)	14,830	5.7%	(5.1 - 6.2)	NS	256	11.2%	(7.0 - 17.6)	6,478	10.5%	(9.5 - 11.7)	NS	369	0.7%	(0.1 - 4.7)	8,352	0.9%	(0.6 - 1.3)	NS	Yes
Has rule not allowing smoking anywhere inside their home																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	301	88.2%	(81.6 - 92.6)	7,750	88.7%	(87.4 - 89.8)	NS	130	85.2%	(74.1 - 92.0)	3,121	88.3%	(86.2 - 90.0)	NS	171	91.4%	(83.7 - 95.7)	4,629	89.1%	(87.5 - 90.5)	NS	No
2014	430	92.3%	(89.1 - 94.7)	10,582	89.0%	(87.9 - 90.0)	NS	167	92.6%	(87.3 - 95.8)	4,448	87.9%	(86.1 - 89.5)	NS	263	92.1%	(87.5 - 95.1)	6,134	90.0%	(88.6 - 91.2)	NS	No
2015	315	88.8%	(80.8 - 93.8)	7,816	90.1%	(88.9 - 91.1)	NS	130	90.5%	(74.6 - 96.8)	3,261	89.2%	(87.2 - 90.9)	NS	185	87.3%	(77.2 - 93.3)	4,555	90.9%	(89.6 - 92.1)	NS	No
2016	278	94.6%	(90.6 - 97.0)	7,109	90.8%	(89.6 - 91.8)	NS	105	95.2%	(87.9 - 98.2)	3,122	91.2%	(89.8 - 92.5)	NS	173	94.2%	(88.3 - 97.4)	3,987	90.4%	(88.5 - 92.0)	NS	No
Lifetime e-cigarette use																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2016	624	16.6%	(12.4 - 21.8)	14,819	22.6%	(21.4 - 23.9)	NS	255	21.6%	(14.7 - 30.5)	6,474	25.1%	(23.3 - 27.0)	NS	369	11.6%	(7.8 - 17.0)	8,345	20.2%	(18.7 - 21.9)	-	No

Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>				
	Central District			State of NE			Central District			State of NE			Central District			State of NE							
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	
Current e-cigarette use																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	624	5.5%	(3.0 - 9.9)	14,819	4.9%	(4.3 - 5.6)	NS	255	8.0%	(3.7 - 16.4)	6,474	5.3%	(4.5 - 6.4)	NS	369	3.1%	(1.3 - 7.1)	8,345	4.5%	(3.7 - 5.6)	NS	No	
<b>Overweight and Obesity</b>																							
Obese (BMI=30+)^																							
2011	963	32.6%	(29.0 - 36.5)	24,366	28.4%	(27.6 - 29.2)	NS	415	31.4%	(26.2 - 37.1)	10,102	29.2%	(28.0 - 30.4)	NS	548	33.9%	(29.0 - 39.1)	14,264	27.6%	(26.5 - 28.8)	+	No	
2012	716	33.3%	(28.9 - 38.0)	18,385	28.6%	(27.7 - 29.6)	NS	314	38.5%	(31.9 - 45.7)	7,781	29.2%	(27.9 - 30.6)	+	402	27.9%	(22.6 - 33.9)	10,604	28.1%	(26.8 - 29.3)	NS	No	
2013	662	35.7%	(30.7 - 41.0)	16,250	29.6%	(28.4 - 30.7)	NS	284	39.6%	(32.4 - 47.2)	6,860	30.8%	(29.1 - 32.5)	NS	378	31.7%	(25.0 - 39.2)	9,390	28.4%	(26.9 - 29.9)	NS	No	
2014	853	36.5%	(31.9 - 41.4)	21,130	30.2%	(29.2 - 31.3)	+	364	39.6%	(32.8 - 47.0)	9,399	31.7%	(30.2 - 33.2)	NS	489	32.9%	(27.0 - 39.4)	11,731	28.7%	(27.4 - 30.1)	NS	No	
2015	623	29.8%	(25.3 - 34.7)	16,265	31.4%	(30.3 - 32.5)	NS	270	25.7%	(19.6 - 32.9)	7,323	32.9%	(31.3 - 34.6)	NS	353	34.2%	(28.0 - 41.0)	8,942	29.8%	(28.3 - 31.3)	NS	No	
2016	596	38.2%	(33.0 - 43.7)	14,173	32.0%	(30.8 - 33.2)	NS	254	42.2%	(34.4 - 50.5)	6,460	32.6%	(30.8 - 34.3)	+	342	34.0%	(27.5 - 41.1)	7,713	31.4%	(29.7 - 33.1)	NS	No	
Overweight or Obese (BMI=25+)																							
2011	963	69.0%	(65.1 - 72.6)	24,366	64.9%	(64.0 - 65.8)	NS	415	75.9%	(70.2 - 80.8)	10,102	72.8%	(71.5 - 74.1)	NS	548	61.7%	(56.4 - 66.7)	14,264	56.8%	(55.5 - 58.1)	NS	Yes	
2012	716	69.3%	(64.7 - 73.6)	18,385	65.0%	(64.0 - 66.0)	NS	314	78.9%	(72.5 - 84.2)	7,781	72.3%	(70.8 - 73.7)	NS	402	59.4%	(52.7 - 65.8)	10,604	57.6%	(56.2 - 59.0)	NS	Yes	
2013	662	71.7%	(66.8 - 76.1)	16,250	65.5%	(64.2 - 66.7)	+	284	82.3%	(75.9 - 87.3)	6,860	72.2%	(70.4 - 74.0)	+	378	60.7%	(53.6 - 67.4)	9,390	58.5%	(56.8 - 60.2)	NS	Yes	
2014	853	70.6%	(66.0 - 74.8)	21,130	66.7%	(65.6 - 67.8)	NS	364	78.3%	(71.5 - 83.9)	9,399	73.8%	(72.3 - 75.3)	NS	489	61.8%	(55.6 - 67.6)	11,731	59.2%	(57.7 - 60.7)	NS	Yes	
2015	623	70.8%	(65.6 - 75.5)	16,265	67.0%	(65.8 - 68.2)	NS	270	75.4%	(67.5 - 81.9)	7,323	73.4%	(71.7 - 75.1)	NS	353	65.7%	(58.8 - 72.0)	8,942	60.2%	(58.6 - 61.9)	NS	No	
2016	596	75.1%	(70.2 - 79.4)	14,173	68.5%	(67.3 - 69.8)	+	254	81.3%	(74.2 - 86.8)	6,460	74.9%	(73.1 - 76.6)	NS	342	68.5%	(61.6 - 74.6)	7,713	61.8%	(59.9 - 63.6)	NS	No	
<b>Nutrition</b>																							
Consumed sugar-sweetened beverages 1 or more times per day in past 30 days																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	305	33.7%	(26.7 - 41.4)	7,822	28.5%	(26.8 - 30.3)	NS	135	43.3%	(32.6 - 54.7)	3,164	35.8%	(33.1 - 38.5)	NS	170	22.5%	(15.6 - 31.2)	4,658	21.7%	(19.7 - 24.0)	NS	Yes	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Currently watching or reducing sodium or salt intake																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	307	53.4%	(46.1 - 60.5)	7,818	46.3%	(44.6 - 48.1)	NS	136	52.3%	(41.4 - 63.0)	3,165	43.4%	(40.8 - 46.0)	NS	171	54.6%	(45.2 - 63.7)	4,653	49.1%	(46.8 - 51.5)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	291	39.8%	(32.7 - 47.3)	7,892	46.8%	(45.0 - 48.5)	NS	111	33.8%	(23.6 - 45.7)	3,436	46.0%	(43.4 - 48.7)	NS	180	44.7%	(35.6 - 54.1)	4,456	47.5%	(45.2 - 49.8)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Median times per day consumed fruits																							
2011	948	0.99	(0.98 - 1.00)	24,090	1.02	(1.02 - 1.04)	-	395	0.98	(0.76 - 0.99)	9,660	0.99	(0.99 - 1.00)	NS	553	0.99	(0.96 - 1.13)	14,430	1.14	(1.13 - 1.14)	NS	No	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	649	0.97	(0.94 - 1.05)	15,949	1.00	(1.00 - 1.00)	NS	264	0.83	(0.63 - 0.95)	6,462	0.99	(0.99 - 1.00)	-	385	1.20	(1.00 - 1.59)	9,487	1.07	(1.06 - 1.14)	NS	Yes	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	613	0.99	(0.97 - 1.07)	16,135	1.00	(1.00 - 1.00)	NS	248	0.83	(0.57 - 0.94)	6,899	0.99	(0.98 - 1.00)	-	365	1.15	(1.00 - 1.36)	9,236	1.03	(1.02 - 1.09)	NS	Yes	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Consumed fruits less than 1 time per day																							
2011	948	43.8%	(39.9 - 47.9)	24,090	40.1%	(39.2 - 41.1)	NS	395	49.2%	(43.2 - 55.2)	9,660	46.2%	(44.8 - 47.6)	NS	553	38.6%	(33.5 - 43.9)	14,430	34.3%	(33.1 - 35.6)	NS	No	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	649	43.7%	(38.6 - 48.9)	15,949	39.7%	(38.5 - 41.0)	NS	264	54.1%	(46.3 - 61.7)	6,462	45.4%	(43.4 - 47.3)	NS	385	33.7%	(27.7 - 40.2)	9,487	34.4%	(32.8 - 36.1)	NS	Yes	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	613	43.8%	(38.5 - 49.3)	16,135	41.1%	(39.9 - 42.4)	NS	248	54.8%	(46.1 - 63.1)	6,899	47.4%	(45.6 - 49.3)	NS	365	33.4%	(27.6 - 39.8)	9,236	35.1%	(33.5 - 36.7)	NS	Yes	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Indicators	Overall							Men							Women							LHD Gender Diff. <sup>e</sup>
	Central District			State of NE			Sig <sup>d</sup>	Central District			State of NE			Sig <sup>d</sup>	Central District			State of NE			Sig <sup>d</sup>	
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		
<b>Median times per day consumed vegetables</b>																						
2011	932	1.38	(1.30 - 1.44)	23,785	1.46	(1.44 - 1.50)	NS	388	1.27	(1.16 - 1.40)	9,534	1.35	(1.33 - 1.41)	NS	544	1.43	(1.38 - 1.57)	14,251	1.57	(1.57 - 1.61)	NS	No
2012	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-			
2013	639	1.57	(1.44 - 1.72)	15,700	1.57	(1.55 - 1.58)	NS	261	1.43	(1.22 - 1.62)	6,373	1.43	(1.42 - 1.50)	NS	378	1.73	(1.50 - 1.98)	9,327	1.70	(1.66 - 1.73)	NS	No
2014	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-			
2015	604	1.42	(1.34 - 1.57)	15,850	1.53	(1.50 - 1.58)	NS	244	1.30	(1.13 - 1.43)	6,786	1.42	(1.40 - 1.46)	NS	360	1.58	(1.45 - 1.73)	9,064	1.62	(1.58 - 1.69)	NS	Yes
2016	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-			
<b>Consumed vegetables less than 1 time per day</b>																						
2011	932	28.0%	(24.4 - 31.9)	23,785	26.2%	(25.4 - 27.1)	NS	388	34.5%	(28.8 - 40.7)	9,534	29.7%	(28.4 - 31.0)	NS	544	21.6%	(17.5 - 26.2)	14,251	22.9%	(21.8 - 24.1)	NS	Yes
2012	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-			
2013	639	25.3%	(20.7 - 30.5)	15,700	23.3%	(22.2 - 24.4)	NS	261	30.5%	(23.6 - 38.4)	6,373	26.6%	(25.0 - 28.4)	NS	378	20.4%	(14.7 - 27.6)	9,327	20.1%	(18.7 - 21.6)	NS	No
2014	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-			
2015	604	28.0%	(23.1 - 33.4)	15,850	24.7%	(23.7 - 25.9)	NS	244	34.5%	(26.5 - 43.4)	6,786	28.3%	(26.6 - 30.0)	NS	360	21.9%	(16.8 - 28.1)	9,064	21.4%	(20.1 - 22.8)	NS	No
2016	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-			
<b>Physical Activity</b>																						
<b>No leisure-time physical activity in past 30 days<sup>^</sup></b>																						
2011	977	31.8%	(28.2 - 35.6)	24,433	26.3%	(25.5 - 27.1)	+	403	29.5%	(24.4 - 35.2)	9,795	27.2%	(26.0 - 28.5)	NS	574	34.0%	(29.2 - 39.2)	14,638	25.4%	(24.3 - 26.5)	+	No
2012	749	22.9%	(19.0 - 27.2)	19,153	21.0%	(20.2 - 21.9)	NS	318	20.0%	(15.2 - 25.9)	7,865	20.4%	(19.3 - 21.7)	NS	431	25.6%	(20.1 - 32.1)	11,288	21.6%	(20.5 - 22.8)	NS	No
2013	655	33.9%	(29.1 - 39.0)	16,158	25.3%	(24.2 - 26.4)	+	266	36.6%	(29.2 - 44.7)	6,567	26.3%	(24.7 - 28.1)	+	389	31.3%	(25.4 - 37.8)	9,591	24.3%	(22.9 - 25.8)	NS	No
2014	918	28.3%	(24.2 - 32.8)	22,397	21.3%	(20.4 - 22.1)	+	372	29.8%	(23.5 - 36.9)	9,599	21.2%	(20.0 - 22.5)	+	546	26.9%	(21.9 - 32.6)	12,798	21.4%	(20.2 - 22.5)	NS	No
2015	623	31.4%	(26.8 - 36.5)	16,319	25.3%	(24.3 - 26.4)	+	249	30.5%	(23.7 - 38.2)	6,997	25.3%	(23.8 - 26.9)	NS	374	32.3%	(26.1 - 39.1)	9,322	25.4%	(24.0 - 26.8)	NS	No
2016	636	25.4%	(21.3 - 29.9)	15,169	22.4%	(21.4 - 23.5)	NS	261	25.7%	(19.7 - 32.8)	6,633	20.7%	(19.3 - 22.3)	NS	375	25.1%	(20.0 - 31.1)	8,536	24.1%	(22.7 - 25.6)	NS	No
<b>Met aerobic physical activity recommendation<sup>^</sup></b>																						
2011	951	45.3%	(41.4 - 49.2)	23,735	49.0%	(48.0 - 49.9)	NS	394	44.3%	(38.5 - 50.3)	9,544	47.2%	(45.8 - 48.6)	NS	557	46.2%	(41.1 - 51.4)	14,191	50.6%	(49.4 - 51.9)	NS	No
2012	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-			
2013	641	45.3%	(40.3 - 50.4)	15,730	50.1%	(48.8 - 51.4)	NS	257	45.0%	(37.4 - 52.9)	6,416	48.8%	(46.9 - 50.7)	NS	384	45.6%	(39.2 - 52.1)	9,314	51.4%	(49.7 - 53.1)	NS	No
2014	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-			
2015	607	47.1%	(41.6 - 52.6)	15,878	51.3%	(50.0 - 52.5)	NS	246	48.7%	(40.1 - 57.4)	6,832	51.1%	(49.2 - 53.0)	NS	361	45.5%	(38.8 - 52.4)	9,046	51.4%	(49.8 - 53.1)	NS	No
2016	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-			
<b>Met muscle strengthening recommendation<sup>^</sup></b>																						
2011	966	18.8%	(15.9 - 22.1)	24,204	28.1%	(27.3 - 29.0)	-	399	22.2%	(17.6 - 27.6)	9,697	32.0%	(30.6 - 33.4)	-	567	15.5%	(12.3 - 19.3)	14,507	24.5%	(23.4 - 25.6)	-	No
2012	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-			
2013	652	23.6%	(19.5 - 28.3)	16,021	28.4%	(27.2 - 29.6)	NS	264	24.0%	(17.9 - 31.4)	6,499	31.0%	(29.2 - 32.8)	NS	388	23.3%	(18.2 - 29.4)	9,522	26.0%	(24.5 - 27.6)	NS	No
2014	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-			
2015	612	25.4%	(20.5 - 31.1)	16,117	31.2%	(30.1 - 32.5)	NS	244	31.6%	(23.5 - 41.0)	6,893	34.9%	(33.1 - 36.8)	NS	368	19.7%	(14.6 - 26.1)	9,224	27.7%	(26.2 - 29.3)	-	No
2016	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-			
<b>Met both aerobic physical activity and muscle strengthening recommendations<sup>^</sup></b>																						
2011	940	12.3%	(10.0 - 15.0)	23,567	19.0%	(18.2 - 19.8)	-	390	14.3%	(10.7 - 18.8)	9,477	19.7%	(18.5 - 20.9)	NS	550	10.4%	(7.9 - 13.5)	14,090	18.4%	(17.4 - 19.4)	-	No
2012	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-			
2013	638	14.9%	(11.5 - 19.0)	15,635	18.8%	(17.8 - 19.9)	NS	256	13.5%	(8.8 - 20.2)	6,366	19.4%	(17.9 - 21.0)	NS	382	16.1%	(11.7 - 21.7)	9,269	18.2%	(16.8 - 19.6)	NS	No
2014	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-			
2015	599	15.2%	(11.2 - 20.4)	15,724	21.8%	(20.7 - 22.9)	-	241	19.9%	(12.9 - 29.4)	6,757	23.3%	(21.6 - 25.1)	NS	358	11.0%	(7.5 - 15.8)	8,967	20.3%	(18.9 - 21.7)	-	No
2016	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-			
<b>Walk for at least 10 minutes at a time for any reason during a usual week</b>																						
2011	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-			
2012	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-			
2013	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-			
2014	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-			
2015	291	82.7%	(76.6 - 87.5)	7,895	84.6%	(83.3 - 85.8)	NS	111	82.6%	(72.7 - 89.4)	3,442	84.2%	(82.2 - 86.0)	NS	180	82.8%	(74.2 - 88.9)	4,453	85.1%	(83.4 - 86.6)	NS	No
2016	-	-	-	-	-	-		-	-	-	-	-		-	-	-	-	-	-			



Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>					
	Central District			State of NE			Sig <sup>d</sup>	Central District			State of NE			Sig <sup>d</sup>	Central District			State of NE			Sig <sup>d</sup>			
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)		
Have access to safe places to walk in their neighborhood																								
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	290	86.9%	(81.1 - 91.1)	7,893	88.4%	(87.2 - 89.4)	NS	111	87.8%	(79.2 - 93.2)	3,439	88.8%	(87.2 - 90.3)	NS	179	86.1%	(77.6 - 91.8)	4,454	87.9%	(86.3 - 89.3)	NS	No		
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
<b>Injury</b>																								
Always wear a seatbelt when driving or riding in a car <sup>^</sup>																								
2011	972	65.5%	(61.6 - 69.2)	24,208	71.3%	(70.5 - 72.1)	-	401	55.5%	(49.5 - 61.3)	9,683	63.7%	(62.4 - 65.0)	-	571	75.3%	(70.6 - 79.5)	14,525	78.6%	(77.5 - 79.5)	NS	Yes		
2012	738	61.4%	(56.4 - 66.2)	18,851	69.7%	(68.7 - 70.6)	-	313	55.6%	(48.4 - 62.6)	7,731	61.7%	(60.2 - 63.2)	NS	425	67.1%	(59.9 - 73.5)	11,120	77.3%	(76.1 - 78.4)	-	No		
2013	654	67.9%	(62.9 - 72.5)	16,053	74.1%	(73.0 - 75.2)	-	265	60.6%	(52.9 - 67.8)	6,520	67.0%	(65.3 - 68.7)	NS	389	74.8%	(68.1 - 80.4)	9,533	80.8%	(79.5 - 82.1)	NS	Yes		
2014	872	69.7%	(65.0 - 73.9)	21,599	72.4%	(71.5 - 73.3)	NS	351	62.0%	(54.5 - 68.9)	9,241	64.7%	(63.2 - 66.2)	NS	521	77.2%	(71.9 - 81.7)	12,358	79.8%	(78.7 - 80.9)	NS	Yes		
2015	617	66.0%	(60.4 - 71.2)	16,136	75.4%	(74.4 - 76.4)	-	247	57.3%	(48.4 - 65.7)	6,900	68.2%	(66.5 - 69.9)	-	370	74.2%	(67.6 - 79.8)	9,236	82.3%	(81.1 - 83.4)	-	Yes		
2016	613	68.8%	(63.4 - 73.7)	14,628	73.8%	(72.7 - 74.9)	NS	251	61.9%	(53.4 - 69.7)	6,370	66.8%	(65.0 - 68.5)	NS	362	75.6%	(69.0 - 81.3)	8,258	80.6%	(79.2 - 81.8)	NS	No		
Texted while driving in past 30 days																								
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	378	22.8%	(17.6 - 29.1)	11,451	26.8%	(25.6 - 27.9)	NS	152	20.1%	(12.9 - 30.0)	4,757	29.2%	(27.5 - 31.0)	NS	226	25.2%	(18.3 - 33.8)	6,694	24.4%	(22.8 - 26.0)	NS	No		
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	309	16.6%	(11.6 - 23.2)	7,620	24.9%	(23.3 - 26.6)	-	131	16.0%	(9.6 - 25.6)	3,209	27.6%	(25.0 - 30.3)	NS	178	17.2%	(10.4 - 27.2)	4,411	22.3%	(20.3 - 24.4)	NS	No		
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Talked on a cell phone while driving in past 30 days																								
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	375	70.4%	(64.6 - 75.7)	11,424	69.1%	(68.0 - 70.2)	NS	151	70.3%	(61.0 - 78.2)	4,742	71.5%	(69.9 - 73.2)	NS	224	70.5%	(63.0 - 77.1)	6,682	66.7%	(65.2 - 68.2)	NS	No		
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	310	64.3%	(56.7 - 71.3)	7,604	67.0%	(65.3 - 68.6)	NS	131	63.6%	(51.6 - 74.2)	3,203	71.0%	(68.5 - 73.3)	NS	179	65.0%	(55.3 - 73.6)	4,401	63.1%	(60.8 - 65.2)	NS	No		
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Had a fall in past year, aged 45 years and older																								
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	544	26.9%	(22.5 - 31.8)	13,738	28.8%	(27.7 - 29.9)	NS	231	23.9%	(17.9 - 31.1)	5,384	26.9%	(25.3 - 28.5)	NS	313	30.1%	(24.0 - 36.9)	8,354	30.5%	(29.1 - 31.9)	NS	No		
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	676	24.0%	(20.1 - 28.3)	15,671	26.1%	(25.1 - 27.1)	NS	278	24.6%	(18.8 - 31.5)	6,513	24.5%	(23.0 - 26.1)	NS	398	23.3%	(18.5 - 28.8)	9,158	27.6%	(26.2 - 29.0)	NS	No		
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2016	461	29.5%	(24.5 - 35.0)	10,369	29.0%	(27.7 - 30.3)	NS	180	27.1%	(19.9 - 35.7)	4,333	28.1%	(26.2 - 30.1)	NS	281	31.7%	(25.2 - 38.9)	6,036	29.7%	(28.0 - 31.5)	NS	No		
Injured due to a fall in past year, aged 45 years and older																								
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	544	9.1%	(6.6 - 12.5)	13,719	9.9%	(9.2 - 10.6)	NS	231	5.4%	(2.9 - 10.0)	5,377	7.7%	(6.7 - 8.7)	NS	313	13.0%	(9.0 - 18.5)	8,342	11.8%	(10.9 - 12.9)	NS	No		
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	676	7.5%	(5.2 - 10.6)	15,647	8.8%	(8.2 - 9.5)	NS	278	7.8%	(4.4 - 13.4)	6,502	6.8%	(6.0 - 7.7)	NS	398	7.1%	(4.7 - 10.7)	9,145	10.6%	(9.7 - 11.6)	NS	No		
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2016	461	9.1%	(6.3 - 13.1)	10,367	10.1%	(9.3 - 11.0)	NS	180	6.4%	(3.1 - 12.6)	4,333	7.8%	(6.8 - 9.0)	NS	281	11.6%	(7.5 - 17.4)	6,034	12.2%	(11.0 - 13.6)	NS	No		
<b>Mental Health</b>																								
Ever told they have depression																								
2011	1,015	20.4%	(17.5 - 23.6)	25,333	16.8%	(16.2 - 17.5)	NS	423	12.8%	(9.5 - 16.9)	10,198	11.5%	(10.7 - 12.4)	NS	592	27.9%	(23.5 - 32.7)	15,135	22.0%	(21.0 - 23.0)	+	Yes		
2012	746	15.7%	(12.7 - 19.2)	19,115	16.7%	(16.0 - 17.5)	NS	317	10.7%	(7.3 - 15.4)	7,853	12.4%	(11.4 - 13.5)	NS	429	20.6%	(15.9 - 26.1)	11,262	20.9%	(19.8 - 22.1)	NS	Yes		
2013	697	20.1%	(16.5 - 24.2)	17,065	18.2%	(17.3 - 19.2)	NS	290	13.8%	(9.5 - 19.6)	6,940	12.9%	(11.6 - 14.2)	NS	407	26.3%	(21.0 - 32.3)	10,125	23.4%	(22.0 - 24.8)	NS	Yes		
2014	915	15.3%	(12.4 - 18.6)	22,346	17.7%	(16.9 - 18.6)	NS	371	10.7%	(7.3 - 15.5)	9,582	13.0%	(11.8 - 14.2)	NS	544	19.8%	(15.6 - 24.7)	12,764	22.3%	(21.1 - 23.5)	NS	Yes		
2015	667	20.9%	(16.9 - 25.4)	17,485	17.5%	(16.7 - 18.5)	NS	276	14.9%	(9.7 - 22.2)	7,534	12.4%	(11.3 - 13.7)	NS	391	26.9%	(21.5 - 33.0)	9,951	22.5%	(21.2 - 23.8)	NS	No		
2016	637	16.5%	(13.1 - 20.6)	15,138	17.8%	(16.8 - 18.8)	NS	261	10.4%	(6.5 - 16.3)	6,609	12.1%	(10.9 - 13.4)	NS	376	22.6%	(17.5 - 28.6)	8,529	23.4%	(21.8 - 25.0)	NS	Yes		

Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>			
	Central District			State of NE			Central District			State of NE			Central District			State of NE						
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>
<b>Frequent Mental Distress in past 30 days</b>																						
2011	999	12.4%	(10.0 - 15.3)	25,036	9.2%	(8.7 - 9.7)	+	418	11.2%	(7.9 - 15.6)	10,097	7.7%	(7.0 - 8.4)	NS	581	13.7%	(10.5 - 17.7)	14,939	10.7%	(9.9 - 11.5)	NS	No
2012	742	6.2%	(4.5 - 8.5)	18,935	9.0%	(8.4 - 9.7)	NS	315	4.3%	(2.5 - 7.5)	7,786	7.4%	(6.6 - 8.3)	NS	427	8.1%	(5.4 - 11.8)	11,149	10.6%	(9.7 - 11.5)	NS	No
2013	688	12.1%	(9.0 - 15.9)	16,889	8.9%	(8.2 - 9.6)	NS	286	10.3%	(6.3 - 16.4)	6,889	6.8%	(5.9 - 7.9)	NS	402	13.8%	(9.7 - 19.2)	10,000	10.9%	(9.8 - 12.0)	NS	No
2014	911	6.6%	(4.7 - 9.0)	22,132	8.2%	(7.6 - 8.8)	NS	370	4.5%	(2.5 - 8.1)	9,483	6.4%	(5.6 - 7.3)	NS	541	8.6%	(5.9 - 12.3)	12,649	9.9%	(9.0 - 10.8)	NS	No
2015	666	10.4%	(7.7 - 14.0)	17,369	8.9%	(8.2 - 9.6)	NS	275	7.8%	(4.3 - 13.7)	7,491	6.9%	(6.0 - 7.9)	NS	391	13.1%	(9.3 - 18.2)	9,878	10.8%	(9.8 - 11.9)	NS	No
2016	628	7.2%	(5.0 - 10.4)	15,035	9.5%	(8.7 - 10.4)	NS	257	6.1%	(3.1 - 11.5)	6,568	7.0%	(6.0 - 8.1)	NS	371	8.4%	(5.5 - 12.7)	8,467	12.0%	(10.8 - 13.3)	NS	No
<b>Currently taking medication or receiving treatment for a mental health condition</b>																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	328	13.2%	(8.8 - 19.3)	6,643	11.0%	(10.0 - 12.1)	NS	153	7.2%	(3.3 - 15.2)	2,693	7.4%	(6.2 - 8.9)	NS	175	20.3%	(12.9 - 30.6)	3,950	14.5%	(12.9 - 16.2)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
<b>Symptoms of serious mental illness in past 30 days</b>																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	319	3.8%	(1.9 - 7.5)	6,555	3.2%	(2.6 - 3.9)	NS	150	2.6%	(0.9 - 7.5)	2,657	2.5%	(1.8 - 3.7)	NS	169	5.3%	(2.2 - 12.4)	3,898	3.8%	(2.9 - 4.9)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
<b>Alcohol and Drug Use</b>																						
<b>Any alcohol consumption in past 30 days</b>																						
2011	966	56.6%	(52.6 - 60.5)	24,051	61.8%	(60.9 - 62.7)	-	398	66.3%	(60.4 - 71.7)	9,597	67.7%	(66.4 - 69.1)	NS	568	47.3%	(42.2 - 52.4)	14,454	56.2%	(55.0 - 57.4)	-	Yes
2012	739	58.0%	(53.0 - 62.8)	18,891	61.3%	(60.3 - 62.3)	NS	313	64.8%	(57.8 - 71.3)	7,749	68.7%	(67.2 - 70.1)	NS	426	51.4%	(44.6 - 58.0)	11,142	54.2%	(52.8 - 55.6)	NS	No
2013	680	50.9%	(45.8 - 56.0)	16,614	57.5%	(56.2 - 58.7)	-	281	54.3%	(46.7 - 61.6)	6,754	63.3%	(61.4 - 65.2)	NS	399	47.7%	(41.0 - 54.6)	9,860	51.8%	(50.2 - 53.5)	NS	No
2014	876	49.9%	(45.1 - 54.7)	21,612	59.2%	(58.1 - 60.3)	-	355	57.3%	(49.9 - 64.5)	9,246	65.2%	(63.6 - 66.8)	NS	521	42.4%	(36.7 - 48.4)	12,366	53.4%	(52.0 - 54.9)	-	Yes
2015	647	49.7%	(44.4 - 55.0)	16,939	57.6%	(56.4 - 58.8)	-	266	53.1%	(44.8 - 61.3)	7,282	63.8%	(62.0 - 65.5)	-	381	46.4%	(39.8 - 53.1)	9,657	51.6%	(50.0 - 53.2)	NS	No
2016	623	52.9%	(47.6 - 58.2)	14,723	59.8%	(58.5 - 61.0)	-	255	60.3%	(52.0 - 68.1)	6,421	68.0%	(66.1 - 69.8)	NS	368	45.6%	(38.8 - 52.5)	8,302	51.8%	(50.0 - 53.6)	NS	No
<b>Binge drank in past 30 days<sup>a</sup></b>																						
2011	960	19.9%	(16.7 - 23.5)	23,948	22.7%	(21.9 - 23.5)	NS	393	31.3%	(25.9 - 37.4)	9,533	30.2%	(28.9 - 31.5)	NS	567	9.0%	(6.4 - 12.7)	14,415	15.7%	(14.7 - 16.7)	-	Yes
2012	735	18.6%	(15.1 - 22.7)	18,742	22.1%	(21.3 - 23.0)	NS	310	28.3%	(22.3 - 35.1)	7,664	29.1%	(27.6 - 30.5)	NS	425	9.3%	(6.0 - 14.2)	11,078	15.5%	(14.5 - 16.6)	-	Yes
2013	678	18.7%	(14.7 - 23.4)	16,500	20.0%	(19.0 - 21.1)	NS	279	22.4%	(16.1 - 30.2)	6,687	25.2%	(23.6 - 26.9)	NS	399	15.1%	(10.7 - 21.0)	9,813	15.0%	(13.8 - 16.4)	NS	No
2014	870	16.6%	(13.1 - 20.9)	21,443	20.3%	(19.4 - 21.3)	NS	353	24.5%	(18.4 - 31.9)	9,149	26.8%	(25.3 - 28.3)	NS	517	8.7%	(6.0 - 12.5)	12,294	14.1%	(13.0 - 15.3)	-	Yes
2015	642	15.8%	(12.1 - 20.3)	16,832	19.5%	(18.5 - 20.5)	NS	264	20.9%	(14.9 - 28.6)	7,216	26.0%	(24.4 - 27.8)	NS	378	10.7%	(7.0 - 16.1)	9,616	13.1%	(12.0 - 14.3)	NS	No
2016	619	17.8%	(13.7 - 22.9)	14,620	20.0%	(18.9 - 21.1)	NS	252	25.8%	(18.9 - 34.3)	6,367	27.2%	(25.4 - 29.0)	NS	367	9.9%	(6.2 - 15.5)	8,253	13.1%	(11.9 - 14.4)	NS	Yes
<b>Heavy drinking in past 30 days</b>																						
2011	961	6.2%	(4.5 - 8.5)	23,906	7.5%	(7.0 - 8.1)	NS	395	8.3%	(5.6 - 12.1)	9,514	9.2%	(8.4 - 10.2)	NS	566	4.2%	(2.4 - 7.1)	14,392	5.9%	(5.2 - 6.6)	NS	No
2012	735	7.3%	(5.1 - 10.3)	18,738	7.2%	(6.6 - 7.7)	NS	311	9.6%	(6.0 - 15.1)	7,668	8.5%	(7.7 - 9.4)	NS	424	5.1%	(3.0 - 8.4)	11,070	5.9%	(5.3 - 6.6)	NS	No
2013	678	4.8%	(2.9 - 7.6)	16,513	6.8%	(6.2 - 7.5)	NS	279	5.1%	(2.4 - 10.4)	6,698	7.3%	(6.4 - 8.3)	NS	399	4.6%	(2.4 - 8.5)	9,815	6.3%	(5.5 - 7.2)	NS	No
2014	871	5.0%	(3.3 - 7.7)	21,447	6.4%	(5.9 - 7.0)	NS	352	5.7%	(2.9 - 10.9)	9,158	7.5%	(6.7 - 8.5)	NS	519	4.3%	(2.7 - 6.9)	12,289	5.3%	(4.7 - 6.1)	NS	No
2015	643	2.6%	(1.5 - 4.3)	16,815	5.7%	(5.1 - 6.4)	-	262	2.6%	(1.2 - 5.5)	7,214	7.0%	(6.0 - 8.1)	-	381	2.5%	(1.2 - 5.1)	9,601	4.6%	(3.9 - 5.3)	NS	No
2016	620	5.8%	(3.6 - 9.3)	14,634	6.6%	(5.9 - 7.3)	NS	253	6.7%	(3.5 - 12.4)	6,376	8.0%	(7.0 - 9.1)	NS	367	5.0%	(2.4 - 10.1)	8,258	5.2%	(4.4 - 6.2)	NS	No
<b>Alcohol impaired driving in past 30 days</b>																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	741	2.8%	(1.6 - 4.8)	18,895	3.4%	(3.1 - 3.8)	NS	315	5.1%	(2.8 - 8.9)	7,741	5.5%	(4.9 - 6.3)	NS	426	0.5%	(0.1 - 3.3)	11,154	1.4%	(1.1 - 1.8)	NS	No
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2014	875	1.6%	(0.7 - 3.3)	21,627	2.5%	(2.2 - 2.9)	NS	351	2.2%	(0.8 - 5.8)	9,242	4.2%	(3.5 - 4.9)	NS	524	1.0%	(0.4 - 2.8)	12,385	1.0%	(0.7 - 1.3)	NS	No
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2016	614	1.9%	(0.7 - 4.7)	14,666	3.4%	(2.9 - 3.9)	NS	250	3.8%	(1.5 - 9.3)	6,383	5.1%	(4.3 - 6.0)	NS	364	0.0%	(0.0 - 0.0)	8,283	1.7%	(1.3 - 2.4)	-	Yes

Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>				
	Central District			State of NE			Central District			State of NE			Central District			State of NE							
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	
Took pain medication prescribed by doctor in past year																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	392	24.2%	(19.5 - 29.7)	11,767	30.2%	(29.1 - 31.4)	NS	154	18.3%	(12.5 - 26.1)	4,835	27.3%	(25.7 - 29.0)	NS	238	29.3%	(22.4 - 37.2)	6,932	33.0%	(31.5 - 34.6)	NS	No	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	318	32.9%	(26.5 - 40.1)	7,858	33.5%	(31.9 - 35.1)	NS	132	24.8%	(16.6 - 35.2)	3,283	28.9%	(26.6 - 31.4)	NS	186	40.5%	(31.5 - 50.3)	4,575	37.9%	(35.8 - 40.1)	NS	No	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Had leftover pain meds after last filled script, among those who took pain meds in past year																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	118	54.4%	(42.7 - 65.6)	3,848	49.2%	(46.9 - 51.4)	NS	33	-*	-*	1,423	43.9%	(40.4 - 47.4)	NA	85	58.9%	(44.5 - 71.9)	2,425	53.4%	(50.5 - 56.3)	NS	NA	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	103	46.5%	(34.1 - 59.3)	2,684	45.7%	(42.8 - 48.7)	NS	35	-*	-*	995	42.6%	(37.9 - 47.4)	NA	68	43.1%	(28.8 - 58.7)	1,689	48.0%	(44.4 - 51.7)	NS	NA	
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Used marijuana in past 30 days																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2016	599	2.9%	(1.4 - 5.9)	14,160	4.9%	(4.2 - 5.7)	NS	244	3.3%	(1.2 - 8.6)	6,143	7.2%	(6.0 - 8.6)	NS	355	2.5%	(0.9 - 6.9)	8,017	2.7%	(2.1 - 3.5)	NS	No	
<b>Immunization and Infectious Disease</b>																							
Had a flu vaccination in past year, aged 18 years and older																							
2011	971	42.3%	(38.5 - 46.1)	24,156	41.1%	(40.2 - 42.0)	NS	400	35.4%	(30.0 - 41.1)	9,663	35.1%	(33.8 - 36.5)	NS	571	49.0%	(43.9 - 54.1)	14,493	46.8%	(45.6 - 48.1)	NS	Yes	
2012	740	40.4%	(35.8 - 45.2)	18,903	42.2%	(41.2 - 43.2)	NS	314	38.2%	(31.7 - 45.2)	7,754	36.8%	(35.4 - 38.2)	NS	426	42.6%	(36.3 - 49.1)	11,149	47.5%	(46.1 - 48.8)	NS	No	
2013	654	48.0%	(43.0 - 53.1)	16,022	45.2%	(43.9 - 46.4)	NS	264	44.4%	(37.0 - 52.1)	6,506	41.2%	(39.4 - 43.1)	NS	390	51.4%	(44.8 - 57.9)	9,516	48.9%	(47.2 - 50.6)	NS	No	
2014	875	45.3%	(40.6 - 50.1)	21,638	43.9%	(42.9 - 45.0)	NS	353	44.5%	(37.4 - 51.8)	9,262	38.8%	(37.3 - 40.4)	NS	522	46.1%	(40.2 - 52.2)	12,376	48.9%	(47.4 - 50.3)	NS	No	
2015	616	45.0%	(39.8 - 50.4)	16,091	47.2%	(46.0 - 48.4)	NS	246	35.2%	(27.8 - 43.4)	6,883	40.8%	(39.0 - 42.6)	NS	370	54.0%	(47.2 - 60.7)	9,208	53.4%	(51.7 - 55.0)	NS	Yes	
2016	617	36.2%	(31.5 - 41.2)	14,685	44.4%	(43.1 - 45.7)	-	251	27.4%	(21.1 - 34.6)	6,401	39.4%	(37.5 - 41.3)	-	366	44.9%	(38.3 - 51.6)	8,284	49.3%	(47.6 - 51.1)	NS	Yes	
Had a flu vaccination in past year, aged 65 years and older <sup>h</sup>																							
2011	334	63.7%	(57.9 - 69.1)	8,185	61.8%	(60.3 - 63.3)	NS	121	61.6%	(51.8 - 70.6)	2,875	59.6%	(57.1 - 62.1)	NS	213	65.2%	(58.1 - 71.6)	5,310	63.4%	(61.5 - 65.3)	NS	No	
2012	272	61.6%	(53.3 - 69.3)	6,625	62.9%	(61.2 - 64.6)	NS	112	56.6%	(44.1 - 68.3)	2,327	60.9%	(58.1 - 63.6)	NS	160	67.1%	(56.7 - 76.0)	4,298	64.4%	(62.4 - 66.5)	NS	No	
2013	262	64.6%	(57.6 - 71.0)	5,652	66.2%	(64.2 - 68.1)	NS	100	70.8%	(59.9 - 79.7)	2,067	67.6%	(64.4 - 70.6)	NS	162	59.8%	(50.6 - 68.3)	3,585	65.0%	(62.6 - 67.4)	NS	No	
2014	344	71.4%	(65.3 - 76.8)	7,610	64.7%	(63.2 - 66.2)	NS	138	76.4%	(67.2 - 83.7)	2,971	65.9%	(63.5 - 68.3)	NS	206	66.4%	(58.2 - 73.6)	4,639	63.8%	(61.8 - 65.7)	NS	No	
2015	213	64.1%	(55.5 - 72.0)	5,578	65.2%	(63.4 - 67.0)	NS	78	58.4%	(44.4 - 71.1)	2,119	64.1%	(61.1 - 66.9)	NS	135	69.3%	(58.9 - 78.0)	3,459	66.1%	(63.9 - 68.2)	NS	No	
2016	252	63.6%	(56.1 - 70.5)	5,130	62.7%	(60.8 - 64.6)	NS	98	61.5%	(49.6 - 72.2)	1,967	62.8%	(59.8 - 65.6)	NS	154	65.4%	(55.7 - 74.0)	3,163	62.7%	(60.2 - 65.1)	NS	No	
Ever had a pneumonia vaccination, aged 65 years and older <sup>h</sup>																							
2011	320	70.1%	(64.1 - 75.4)	7,997	70.3%	(68.8 - 71.7)	NS	115	64.8%	(54.4 - 74.0)	2,772	66.7%	(64.2 - 69.1)	NS	205	73.8%	(66.8 - 79.8)	5,225	72.9%	(71.2 - 74.5)	NS	No	
2012	262	62.7%	(54.1 - 70.6)	6,413	70.0%	(68.4 - 71.6)	NS	108	54.4%	(41.8 - 66.5)	2,225	66.9%	(64.1 - 69.6)	NS	154	71.2%	(60.3 - 80.1)	4,188	72.3%	(70.3 - 74.1)	NS	No	
2013	253	67.4%	(60.2 - 73.9)	5,478	71.7%	(69.8 - 73.4)	NS	95	72.2%	(61.0 - 81.1)	1,970	71.5%	(68.5 - 74.3)	NS	158	63.8%	(54.3 - 72.4)	3,508	71.8%	(69.4 - 74.0)	NS	No	
2014	337	75.3%	(68.3 - 81.2)	7,372	72.3%	(70.9 - 73.7)	NS	132	68.2%	(56.0 - 78.3)	2,849	70.3%	(67.9 - 72.5)	NS	205	82.3%	(76.2 - 87.1)	4,523	73.9%	(72.1 - 75.7)	+	No	
2015	209	78.9%	(71.7 - 84.8)	5,452	73.8%	(72.1 - 75.4)	NS	76	82.1%	(70.8 - 89.7)	2,056	70.3%	(67.4 - 73.0)	NS	133	76.1%	(66.1 - 83.8)	3,396	76.5%	(74.5 - 78.4)	NS	No	
2016	250	71.5%	(63.8 - 78.1)	5,060	75.9%	(74.2 - 77.5)	NS	97	73.4%	(61.5 - 82.6)	1,927	73.7%	(70.9 - 76.3)	NS	153	69.8%	(59.3 - 78.6)	3,133	77.6%	(75.5 - 79.7)	NS	No	
Had a tetanus vaccination since 2005																							
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	604	52.0%	(46.7 - 57.2)	14,650	60.2%	(58.9 - 61.5)	-	245	54.3%	(46.2 - 62.2)	6,015	63.1%	(61.1 - 65.0)	NS	359	49.8%	(43.0 - 56.7)	8,635	57.4%	(55.6 - 59.1)	NS	No	
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2016	567	61.0%	(55.4 - 66.3)	13,574	64.2%	(62.9 - 65.4)	NS	233	69.1%	(60.4 - 76.6)	5,939	67.5%	(65.5 - 69.3)	NS	334	53.2%	(46.0 - 60.3)	7,635	60.9%	(59.2 - 62.7)	NS	Yes	





Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>			
	Central District			State of NE			Central District			State of NE			Central District			State of NE						
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>
<b>Occupational Safety and Health</b>																						
Work-related injury or illness in past year, among employed or recently out of work																						
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2013	206	1.1%	(0.4 - 3.0)	4,952	4.8%	(3.9 - 5.8)	-	88	0.7%	(0.1 - 5.0)	2,246	6.1%	(4.8 - 7.7)	NS	118	1.5%	(0.5 - 4.7)	2,706	3.3%	(2.2 - 4.9)	NS	No
2014	288	4.5%	(2.3 - 8.6)	6,966	4.9%	(4.1 - 5.9)	NS	134	5.3%	(2.2 - 12.4)	3,403	5.4%	(4.4 - 6.7)	NS	154	3.6%	(1.5 - 8.5)	3,563	4.3%	(3.1 - 6.0)	NS	No
2015	205	7.1%	(3.3 - 14.6)	5,434	5.7%	(4.7 - 6.8)	NS	92	10.7%	(4.4 - 23.8)	2,727	7.1%	(5.6 - 9.0)	NS	113	3.1%	(0.8 - 11.0)	2,707	3.9%	(2.9 - 5.3)	NS	No
2016	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Note: Data reflect the three county health department region of Hall, Hamilton, and Merrick Counties

Note: Data reflect both landline and cell phone responses

Note: This table is not intended to be inclusive of all BRFSS indicators; some were excluded due to small numbers at the LHD level

Note: This table excludes 2011 BRFSS optional module and state added questions data due to the data being landline only

Note: The results in this table may be slightly different than results in previously published reports and tables due differences in the software used and/or how the statistical analysis code was written; these results were analyzed using SAS and SAS-callable SUDAAN software

<sup>a</sup> Non-weighted sample size among adults 18 and older (unless different age group noted)

<sup>b</sup> Weighted mean, median, or percentage (percentages are followed by the % symbol) among adults 18 and older (unless different age group noted)

<sup>c</sup> Low and High are the lower and upper limits of the 95% confidence interval, respectively

<sup>d</sup> Symbols represent: "+" = LHD value significantly higher than the state value; "-" = LHD value significantly lower than the state value; "NS" = LHD value not statistically different than the state value; significant differences based on 95% confidence interval overlap

<sup>e</sup> Indicates whether there is a significant difference by gender within the LHD region, based on non-overlapping 95% confidence intervals; note that small sample sizes for males and females can make interpreting significance difficult due to large confidence intervals

<sup>f</sup> Reflects a Nebraska Healthy People 2020 (HP2020) measure

\* Data suppressed due to a small number of respondents (i.e., fewer than 50)

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS); January 2018

