Person Centered Planning (PCP)

HCBS Work Group 3/3/16

Bernie Hascall & Jillion Lieske

Agenda for today

- Welcome!!!
- Handouts
- Sign in for attendance
- Introductions
- Questions before we start??
- Power Point
- Goals for workgroup
- Review assignments
- Next meeting – 3/17/16 1:30-3:30 NSOB LLF

Nothing about me, without me!

How did we get here?

- The Division of Developmental Disabilities submitted our wavier renewals in September of 2015. CMS identified MANY questions that needed clarified.
- It was important to our new leadership that we take a serious look at what was submitted to CMS for our waiver renewals.
- Ultimately, it was decided that the Division of Developmental Disabilities with support from our Medicaid Division that we should withdrawal our application for waiver renewal.
- Under the direction of Director Miller it was decided that we needed to host workgroups over the next few months to gather input from our internal and external partners to increase transparency.

GOALS

- Our priority is to identify what we need to fix in our waivers NOW

- We will record any suggested future changes to share when we address changes in our Long Term Services and Supports redesign in 2017.

What is a waiver?

- **1915(c) Home & Community-Based Waivers**
- The 1915(c) waivers are one of many options available to states to allow the provision of long term care services in home and community based settings under the Medicaid Program. States can offer a variety of services under an HCBS Waiver program. Programs can provide a combination of standard medical services and non-medical services. Standard services include but are not limited to: case management (i.e. supports and service coordination), homemaker, home health aide, personal care, adult day health services, habilitation (both day and residential), and respite care. States can also propose "other" types of services that may assist in diverting and/or transitioning individuals from institutional settings into their homes and community.
- (https://www.medicaid.gov/medicaid-chip-program-information/by-topics/waivers/home-and-community-based-1915-c-waivers.html)

Nebraska's Waivers:

- Medicaid & Long Term Cares Waivers:
  - Traumatic Brain Injury (TBI) Waiver
  - Aged and Disabled (A&D) Wavier
- Developmental Disabilities Waivers:
  - Adult Comprehensive (DDAC) Waiver
  - Adult Day (DDAD) Waiver
  - Children with Developmental Disabilities and Their Families (CDD) Waiver

Our workgroups focus is the DDAC & DDAD Waiver regarding PCP

CMS defines Person Centered Planning as

"Person-centered planning is a process, directed by the family or the individual with long term care needs, intended to identify the strengths, capacities, preferences, needs and desired outcomes of the individual. The family or individual directs the family or person-centered planning process. The process includes participants freely chosen by the family or individual who are able to serve as important contributors. The family or participants in the person-centered planning process enables and assists the individual to identify and access a personalized mix of paid and non-paid services and supports that will assist him/her to achieve personally-defined outcomes in the most inclusive community setting. The individual identifies planning goals to achieve these personal outcomes in collaboration with those that the individual has identified, including medical and professional staff. The identified personally-defined outcomes and the training supports, therapies, treatments, and or other services the individual is to receive to achieve those outcomes becomes part of the plan of care." – CMS, January 2014

https://www.providerexpress.com/content/dam/ope-provexpr/us/pdfs/clinResourcesMain/rrToolkit/rrPCPdef.pdf

Important to remember…

- Medicaid will not cover home and community-based services (HCBS) without a person-centered service plan (Individual Support Plan - ISP) that addresses the individual's long term care needs as an alternative to institutionalization.

- The individual directs the planning process with input from a selected team of individuals who are aware of their strengths and capacities. The ISP is created using information gathered during this process and the result of medical assessments.

- Medicaid compliance requires that all service are documented in the plan.

Person-centered planning is not planning for someone. Person-centered planning is not planning with someone. Person-centered planning is assisting someone to plan for themselves.

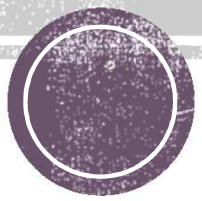
Martin Gould, EdD (formerly with National Council on Disability)

DDAD & DDAC Waivers that were submitted

- You can locate the DDAD and the DDAC Waivers by going to our Public DHHS Developmental Disabilities Home Page: http://dhhs.ne.gov/developmental_disabilities/Pages/developmental_disabilities_index.aspx

CMS Informal Waiver Review Questions

See Handout/PowerPoint



How do YOU want to proceed?

- Divide and address questions in Sub-Workgroups
- Address questions during our workgroup sessions
- What format do we want to use for tracking and discussion
- Other ideas….

Thank you for your attendance and participation in this workgroup!

We feel passionate about Person Centered Planning and appreciate the input so we can do the BEST job possible for the individuals and families we have the opportunity to work with!

Bernie Hascall – Community Liaison (402)440-4129

Jillion Lieske – Administrator of Services (402)471-4406