Medication Management

Definition
Medication management is the level of outpatient treatment where the sole service rendered by a qualified physician, or others whose scope of practice includes prescribing medication, is the initial evaluation of the patient's need for psychotropic medications, the provision of a prescription, and, as-needed, ongoing medical monitoring/evaluation related to the patient’s use of the psychotropic medication. Interactive psychotherapy is not being rendered at this time by the physician/prescriber, but may be provided by another clinician.

Policy
Medication Management services are available to Medicaid Managed Care eligible adult members, age 21 and over.

Licensing/Accreditation
NA

Service Expectations
- Medical evaluation
- Medication monitoring routinely and as needed
- Client education pertaining to the medication to support the individual in making an informed decision for its use.
- The service provider must make a good faith attempt to coordinate care with the individual’s primary medical provider.

Staffing
Psychiatrist, or other physician qualified to evaluate the need for medication and provide this service, Advanced Practice Registered Nurse (APRN), Physician Assistant (PA) or Nurse Practitioner (NP) supervised by a psychiatrist or other physician qualified to evaluate the need or and provide this service.

Clinical Guidelines: Medication Management

Admission Guidelines
All of the following Guidelines are necessary.
1. All of the admission Guidelines for Outpatient Services.
2. There is a need for prescribing and monitoring psychotropic drugs.
3. A specific level of GAF is not necessary.

Exclusion Guidelines
The following guideline is sufficient for exclusion from this level of care:
1. The individual does not require psychotropic medication treatment.

Continuing Stay Guidelines
The following guideline is necessary for continuing treatment at this level of care:
1. All of the Admission Guidelines continue to be applicable.
Discharge Guidelines

The following guideline may be sufficient for discharge from this level of care:

1. The individual no longer requires psychotropic medication.

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