

Outpatient Medication Management - Adults, Adolescent and Child

Definition

Medication management must be conducted by a qualified professional whose scope of practice includes prescribing medication. Medication management is the initial evaluation of the client's need for psychotropic medications, the provision of a prescription, and, as-needed, ongoing medical monitoring/evaluation related to the client's use of the psychotropic medication. Interactive psychotherapy is not being rendered by the physician/prescriber during the delivery of this treatment service. At a minimum the service must meet the CTP definition for medication management; however, there are other codes available to provide medication management/interactive psychotherapy.

Policy

Medication Management services are available to Medicaid Managed Care eligible clients of all ages.

Licensing/Accreditation

N/A

Service Expectations

- Medical evaluation
- Medication monitoring routinely and as needed
- Individual/parent/guardian education pertaining to the medication to support the individual and parent/guardian in making an informed decision for its use.
- The therapist/provider must make a good faith attempt to coordinate care with the individual's primary medical provider, and the medical provider should also make attempts to coordinate with the therapist/provider.

Staffing

Psychiatrist, or other practitioner qualified to prescribe and manage medication may provide this service. An Advanced Practice Registered Nurse (APRN), Physician Assistant (PA) or Nurse Practitioner (NP) is able to provide this service when practicing within their scope with appropriate supervision.

Documentation

The prescriber must maintain written records of the following:

- The diagnostic assessment.
- The current treatment plan.
- An updated list of all medications and doses, including prescription, over-the-counter, herbal, vitamins, minerals and nutritional supplements.
- Periodic assessments, on a regular basis, of the patient's mental health status, the progress in response to treatment, changes in the diagnoses, the treatment plan/goals and/or medications. The date, the type and duration of the service provided and the plan for future services should be included in the documentation.
- Collaboration with the patient's mental health providers and other healthcare providers.

- Information provided by collateral sources, including hospital discharge summaries, lab results or school reports.

Clinical Guidelines: Outpatient Medication Management – Adults, Adolescent and Child

Admission Guidelines

All of the following Guidelines are necessary.

1. All of the admission Guidelines for *Outpatient Services* are met.
2. There is a need for prescribing and monitoring psychotropic drugs

Exclusion Guidelines

The following guideline is sufficient for exclusion from this level of care:

1. The individual does not require psychotropic medication treatment.

Continuing Stay Guidelines

The following guideline is necessary for continuing treatment at this level of care:

1. All of the Admission Guidelines continue to be applicable.

Discharge Guidelines

The following guideline may be sufficient for discharge from this level of care:

1. The individual no longer requires psychotropic medication.

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