

Members in attendance: Dr. Carnazzo, Dr. Knowles, Dr. Werner, Dr. Woodruff, Sen. Gloor,

Members not in attendance: Dr. Darst, Dr. Wergin

DHHS Staff in attendance: Margaret Brockman, Susie Lyness, Stacey Dangler

Approval of May 23, 2012 and August 28, 2012 Meeting Minutes and Approval of Agenda

The meeting convened at 1:22 pm. The agenda and the meeting minutes were approved as written.

Elect Chair

The Chair position for the council was to be determined at this meeting.

**MOTION: Dr. Woodruff moved to retain Dr. Werner as Chair for the Council.** Dr. Knowles seconded. Dr. Werner accepted the nomination. Voting yes: Woodruff, Knowles, Carnazzo.

Staff Update

Margaret Brockman presented the staff update.

- Stacey Dangler (DHHS) was introduced to the council. Stacey is taking over the data analysis, and will be an integral part of the final report.
- The number of Medicaid participants has declined since the implementation of managed care, by about 200 members a month. If a participant is dropped from eligibility and then re-qualifies, they will not be put back into the pilot practice but assigned to a managed care program. Anticipate approximately 1/3 population drop by end of pilot. Important that this be noted in final report.
- TransforMed contracted ended September 21, 2012.
- See Power Point hand-out from BCBS

TransforMed Update

Margaret Brockman presented the TransforMed update.

- Ms. Brockman attended the Nebraska Care Manager Training on September 5, 2012 in Kearney that TransforMed presented for the pilot practices and their care coordinators. One of their objectives was to help identify patient populations. (See handout). There was a good turnout and it was well received.

- The quarterly report and progress reports for both Kearney Clinic and Plum Creek Medical Group were handed out.
- Dr. Knowles asked what happens after the funding ends for the practices. Ms. Brockman reported that Arbor Health has purposed continuing with both practices.
- A PEET survey will be conducted again in January to complete the two year pilot.

### Review of DHHS Data

There was no data to review for this meeting. Sometime in November reports will be available. Ms. Brockman will email them to the council when ready and they can be discussed at the next meeting.

### Legislative Update

Senator Gloor provided the following:

LR 513 Update for Medicaid Medical Home Advisory Council  
October 24, 2012

LR 513 is an interim study with the goal of encouraging private payers to participate in PCMH voluntarily and to create a multi-payer system.

Two meetings have been held with the three largest private pay insurance companies, Coventry, United Health Care, and Nebraska Blue Cross Blue Shield.

The first meeting was information sharing about current pilot programs each company is planning or has in progress. A letter of intent to participate in this effort to create a multi-payer PCMH structure in Nebraska was requested. BCBS has submitted a letter of intent.

The second meeting held Oct. 17<sup>th</sup>, United reported they will not be submitting a letter of intent but they were encourage to continue to participate in this working group discussion. A grant opportunity through the National Academy of State Health Policy (NASHP) is available. Although the grant opportunity asks for Medicaid participation, Medicaid has declined to participate until the results of the pilot program warrant expansion of PCMH. A discussion with NASHP revealed some flexibility, therefore, our work group will still be attempting to put together an application for the grant opportunity for technical assistance in creating a multi-payer PCMH structure.

The definition of PCMH adopted by the Medicaid Pilot Program was agreed upon by the LR 513 group as a starting point for their discussions. Medicare Quality Performance Standards for Accountable Care Organization will be sent out to participants and will be discussed at the next meeting. A subgroup composed of Senator Gloor, Dr. Bob Rauner, and legislative staff Margaret Kohl and Roger Keetle is designing a proposed work plan for the LR 513 participants.

Next meeting will be in early December.

## Discussion with Pilot Practices

Care Coordinators, Serena Phillips of Kearney Clinic and Chrystal Dowling of Plum Creek updated the council via telephone.

Both Ms. Phillips and Ms. Dowling enjoyed the Nebraska Care Manager Training on Sept. 5<sup>th</sup>. When asked however, both felt that vital information was provided that would have been more beneficial earlier in the pilot, perhaps six months ago or at the end of the first year. Many of the Plum Creek nursing staff also attended and the training was very useful for them, an “ah ha” moment!

Ms. Phillips discussed how she was trying to transition her diabetes communication into regular visits and that it is hard to get compliance. She discussed how the hospital has gotten involved with the care manager model for patents released from the hospital. She felt the medical home pilot had stirred up a lot of talk in town and made people ask questions.

Ms. Dowling felt that because their practice was smaller, they didn't have as many resources. She has been working with the hospital and readmission rates. The hospital has hired their own care coordinator.

The council asked if the care coordinators felt that the practices could have transformed into a medical home without the help of TransforMed. It was agreed that if there was a model that could be referenced it might have been possible, but felt that TM did serve a purpose. The council also asked what will happen in the practices when the pilot ends in January. And both felt that the question would be “How will we pay for it?” and that the doctors want to see the numbers that prove the care coordinator pays for itself.

Ms. Phillips with Kearny Clinic felt that the key role of the care coordinator was as follows:

- With the 20+ doctors and nurses in the practice they were able to redirect the work flow
- Review of discharges, follow up with patients, all relieve nurses of those duties
- They are another resource, an extra person
- Decrease in ER visits. Brochures were sent to over-users, letting them know that the office is aware.
- The care coordinators are bringing in more people and generating revenue for the clinic which more than pays for their salary.

What does the next 5 month plan for TransforMed look like? Streamline before patient arrives for the appointment, less wait time, more doctor time. Create care plans for patient with the doctors; help them take better care of themselves. Both Ms. Phillips and Ms. Dowling said “I work for the patients.”

## Final Report

The final report is officially due to the legislature in June 2014, but the anticipated finish date from DHHS is June or July 2013.

Pat Taft has created a check list as to what should be included. Data, and observations on data, recommendations were mentioned by Dr. Werner. Dr. Carnazzo wanted to include how they met

their goals, how it all works. The official definition of what a medical home is. People will look at the report for future practices. Show how the practices were transformed. Definitions leading up to data. Dr. Knowles suggested,” in retrospect, this is what we would have done differently. What worked and what didn’t.

Ms. Brockman read the legislative directives

A partial list:

- Quarterly reports
- Final summary to include care coordinators
- Antidotal
- Outcomes
- TransforMed quarterly reports and final report
- PEET Data
- Summary

It was recommended that the care coordinators gather their comments prior to the end of the year.

#### Next Meetings

The next meeting is scheduled for Tuesday, March 26, 2013 at 1:00pm at the State office building in Lincoln. More frequent meetings will need to be scheduled as the final report progresses.

#### Public Comment

Brenda Thompson with the Health Center Association wanted to add that the Care Coordinator positions add financial gain to practices, and if those positions did go away data should be collected six months later to show the drop in revenue.

Dr. Werner adjourned the meeting at 3:05 pm.