



Nebraska Department of Health and Human Services
Health Plan Advisory **No. 17- 08**

DATE: June 23, 2017

TO: Nebraska Heritage Health Plans

FROM: Thomas 'Rocky' Thompson, Interim Director
Division of Medicaid & Long-Term Care

TNT

BY: Heather Leschinsky, Deputy Director
Delivery Systems

RE: Authorization for Behavioral Health outpatient services

This Health Plan Advisory (HPA) is being issued to provide guidance to the Heritage Health Plans regarding authorization of Behavioral Health outpatient services. Effective thirty days post-publication of this HPA, the Heritage Health Plans must suspend authorization of or concurrent review of outpatient behavioral health individual, group, and family therapy services. This guidance will remain in effect until MLTC completes the Mental Health Parity and Addiction Equity Act review of plan benefits, which is due to CMS by October 1, 2017.

This guidance does not prevent the health plan from post payment review activities outlined in the Heritage Health contract.

If you have any questions about this advisory, please contact MLTC by email at DHHS.MedicaidMHSU@nebraska.gov. Health plans should also copy their contract manager.