

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State/Territory: Nebraska

DEFINITION OF SPECIALIZED SERVICES

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For the preadmission screening and annual resident review process (PASARR), the Nebraska Medical Assistance Program defines Specialized Services as follows:

Specialized Services for Individuals with Mental Illness: Services which result in the continuous and aggressive implementation of an individualized plan of care that -

1. Is developed and supervised by an interdisciplinary team, which includes a physician, qualified mental health professional, and as appropriate, other professionals;
2. Prescribed specific therapies and activities for the treatment of persons experiencing an acute episode of serious mental illness, which necessitates supervision by trained mental health personnel; and
3. Is directed toward diagnosing and reducing the resident's behavioral symptoms that necessitated institutionalization, improving his/her level of independent functioning, and achieving a functioning level that permits reduction in the intensity of mental health services to below the level of specialized services at the earliest possible time.

These services are commonly provided in an IMD facility, inpatient psychiatric facility, or an equally intensive facility, e.g., crisis unit.

Specialized Services for Individuals with Mental Retardation or a Related Condition: A continuous program for each individual, which includes aggressive, consistent implementation of a program of specialized and generic training, treatment, health services, and related services that is directed towards -

1. The acquisition of the skills necessary for the individual to function with as much self-determination and independence as possible; and
2. The prevention or deceleration of regression or loss of current optimal functional status.

These services are commonly provided in an ICF/MR or a community-based developmental disability services (CBDDS) program.

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