

PROGRAM INSTRUCTION

SUA-16-PI-14

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TO: Area Agency on Aging Directors
FROM: Cynthia Brammeier, Administrator, State Unit on Aging
BY: Amy Hochstetler, IT Business Analyst, State Unit on Aging
SUBJECT: FROGS and other non-evidenced based group programs

CONTENT: Beginning July 1, 2016; health promotion/disease prevention programs that are not evidence-based can be funded with Federal III-B funds. They should be documented in the Supportive Services Taxonomy. The taxonomy states:

35. SUPPORTIVE SERVICES (1 HOUR) – Provision of a broad spectrum of services; including but not limited to health, socialization, educational opportunities, recreation, general information, interpretation / translation for the older person. This should be entered as group utilization in NAMIS.

Some examples of non-evidence based programs are:

- FROGS (Fitness Reaching Older Generations)
- Non-certified/no instructor led evidence based programs
- General work out videos done in a group setting

Federal III-D funds can only be used for evidence based programs.

Supportive Services has a different unit of service from Health Promotion/Disease Prevention. Supportive Services records hours, while Health Promotion/Disease Prevention uses number of contacts (participants). By recording Supportive Services under group utilization, two items may be recorded – the quantity (hours), as well as the number served (participants).

If an AAA would like to track a non-evidence based program separately from senior center hours, the State Unit on Aging can create sub-services in NAMIS. Sub-services can be customized to meet a single AAA's needs. Sub-services are not mandatory, but are available at the AAA's discretion.

These non-evidence based program services must be recorded via group utilization in NAMIS. AAAs can develop an internal policy to track non-evidence based

program participants at the client level. Client level tracking is not mandatory. When NAMIS is replaced, all taxonomies will be reviewed, including how non-evidence based programs will be tracked.

If you have questions with NAMIS data entry or sub-service creation please contact Amy Hochstetler at (402) 471-4781. If you have questions on an evidence based programs, please contact Erik White at (402) 471-4732. Both Amy and Erik can be reached via DHHS.Aging@Nebraska.gov